

Medical Library

Medical Library NEWS

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Newsletter Archive

May is National Health Month

Mental Health and the Medical Library

For 2021's Mental Health Awareness Month, the <u>National Alliance on Mental Health</u> is continuing to promote its message of "You Are Not Alone." This is a particularly relevant message as we continue to move through this pandemic, where feelings of loneliness and helplessness can be particularly difficult for both students and faculty alike.

The Medical Library, in response to this message, will continue to do what it does best in providing resources and informational assistance in regards to this topic and anything else around mental health and its medical ramifications.

The National Library of Medicine also has a relevant travelling exhibit called <u>Care and Custody: Past Responses to Mental Health</u>, which can be viewed on their website right now. This exhibit highlights the history of mental health in the United States, how it has helped shape policy, and how the population has responded to its emergence as one of the most vital aspects of health.

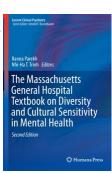
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Some Relevant Books in our Collection Regarding Mental Health

Parekh R, Trinh NH. Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health. 2nd ed. Humana, Cham, 2019

- The Massachusetts General Hospital Textbook on Diversity and Cultural Sensitivity in Mental Health, Second Edition, is an excellent resource for all clinicians working with diverse populations, including psychiatrists, primary care physicians, emergency room physicians, early career physicians and trainees, psychologists, nurses, social workers, researchers, and medical educators.

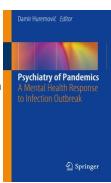




Zappetti D, Avery JD. Medical Student Well-Being. Springer, Cham, 2019

- *Medical Student Well-being* is a vital resource for all professionals seeking to address physician wellness within medical schools, including medical students, medical education professionals, psychiatrists, addiction medicine specialists, hospitalists, residents, and psychologists.

Huremovic D (ed). Psychiatry of Pandemics: A Mental Mental Health Response to Infection Outbreak. Springer, Cham, 2019. - Written by experts in the field, Psychiatry of Pandemics is an excellent resource for infectious disease specialists, psychiatrists, psychologists, immunologists, hospitalists, public health officials, nurses, and medical professionals who may work patients in an infectious disease outbreak.



New Additions to the Collection

Check out the January - March 2020 New Titles List featuring our latest eBooks and print books including:

 A Not Entirely Benign Procedure: Four Years as a Medical Student, by Perri Klass. Available for checkout - R 154 .K356 A3 2010.

Five Days at Memorial: Life and Death in a Storm-



Ravaged Hospital, by Sheri Fink. Available for checkout - RA 975 .D57 F56 2016. Also an [eBook].

- <u>Distracted: Why Students Can't Focus and What</u>
 <u>You Can Do About It</u>, by James M. Lang [eBook].
- USMLE Step 2 CS Practice Cases: Prep + Proven Strategies. Available for use in the Medical Study Room - R 834.5 .U853 2021.

Memorial Day Closure

A reminder that the Kresge Library as well as the Medical Library will be closed on May 31st for Memorial Day. Current hours, listed below, weill resume in June. Masks and Grizzcards are still required for entry.

Monday - Friday: 8:00am - 8:00pm

Saturday: Closed

• Sunday: 10:00am - 6:00pm

Remember that masks must be worn at all times within the library and appropriate social distancing must be observed. Please help us keep the library a safe place to work and study by following public health guidelines: Wash your hands, disinfect surfaces, wear a mask, socially distance, and stay home if you are sick. Grizzlies Protect Grizzlies!

Virtual Reference & Research Consultations: Though the Medical Library Office remains open Monday - Friday, 8am - 5pm, with one staff member onsite for any questions, our work remains primarily online. Reach out to us by:

- Emailing us directly
- Signing up for a one-on-one virtual consultation using our Librarian Appointment Calendar

Where to Submit Publications?

We've had some questions recently about where to submit publications, and with the plethora of options available, as well as the risk of falling into a predatory publishing trap, we wanted to highlight some of our resources for proper publication submissions.

First and foremost, check out our full guide to to <u>Strategies for Publishing</u>. The librarians have detailed multple levels of steps on how to get your work published.

Of particular note in said guide is the <u>JANE (Journal/Author Name Estimator)</u>, which offers a simple way to input desired metrics and automates applicable journals to publish in.

Our medical libarians are also available for consulation regarding publishing articles. We've worked

very hard to identify the right strategies for safe publishing. Last year, Stephanie Swanberg and Nancy Bulgareli published an article investigating faculty knowledge and attitudes regarding predatory OA journals, which can be found here.

And lastly, don't forget that every quarter and year <u>we compile a list of published articles</u> and book/book chapters from our faculty and student population. This can be another resource of high quality journals to draw from, with the security of knowing your fellow colleagues have used the same sources before!

Medical Library - More Than Just Books!

In case you didn't know, the Medical Library's collection has many items that do not even resemble a book. We have bone sets, skeletons, and other models for use in the library, in addition to a laptop with Comprehensive Meta-Analysis installed for your research needs and iPads loaded with helpful apps that can be checked-out from the Medical Library Office during our business hours. Peruse the items on our website and fill out the loan form and then come pick up your items! Students can also use the bone sets in the study rooms now due to quarantine changes we've recently adopted.

Questions? Comments?

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