



Monday, March 20, 2000

OU joins nation in Workout for Hope

Rochester, Michigan, March 20, 2000 — Oakland University is joining the nationwide Workout for Hope on Saturday, April 29, from 9 a.m. - noon in the Recreation Center on the university's campus.

"This is the first time the university has hosted Workout for Hope and we look forward to many participants," said David DeAngelo, coordinator, Facility Operations, Campus Recreation. "This is a great opportunity for people to get some exercise and help a great cause."

All money raised in this aerobic event will be donated to the City of Hope, which helps people living with AIDS.

Registration will begin at 8 a.m. and the aerobic workout will start at 9 a.m. and is open to the public. For more information or to obtain a pledge sheet, contact Jessica Birchler at (248) 370-4911.

Oakland University is a comprehensive state-supported institution of higher education located in suburban Oakland County, Michigan. OU offers undergraduate programs in 74 areas and graduate programs in 59 areas. Dedicated to preparing learners for the 21st-century workplace and society, the university is organized into the College of Arts and Sciences and the schools of Business Administration, Education and Human Services, Engineering and Computer Science, Health Sciences, and Nursing.

SUMMARY

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