

Annual Report

2012 - 2013

**Senate Athletics Committee
Oakland University**

**Submitted by Robby Stewart, Chair, FAR
June 10, 2013**

Senate Athletics Committee Annual Report 2012 - 2013

Executive Summary

Membership

Faculty: Dave Dulio (Political Science, CAS), Buck Dillon (Accounting & Finance, SBA), Sue Saliga (Physical Therapy, SHS), Dororth Hawthorne-Durdine, SON), Robby Stewart (CAS/Psychology, Faculty Athletic Representative)

Administration: Lorin Bartony (Professional Advisors Committee), David Tindall (Director of Development, SEHS), Tracy Huth (Athletics), Holly Kerstner (Athletics, ex officio)

External Community: John White

Student-Athlete Advisory Council Representatives (SAAC): Alanna Gerber, Pat Richardson

Meetings

The Senate Athletics Committee (SAC) met face-to-face every other week throughout the Fall 2012 and Winter 2013 semesters (10 meetings). The committee regularly utilized an eSpace site to permit asynchronous deliberations of committee issues.

Most Significant Committee Actions

- Detailed discussion of FARA suggestions for building collaboration between faculty and athletics on campus resulted in the creation of an event named “Teaching, Learning and Academic Success”. Student-athletes with outstanding academic standing nominated the faculty mentors who were instrumental in their academic accomplishment, and 131 of these faculty attended a breakfast held so their contributions could be officially recognized.
- Assisted members of SAAC in launching a four-year Student-Athlete Leadership Development curriculum. (See Appendix B for details)
- Explored additional means of identifying student-athletes who might be at risk academically, so appropriate interventions might be created.
- Met with head coaches to discuss their potential to become more sensitive to and supportive of the academic demands faced by student-athletes.
- Monitored the processes student-athletes and faculty were experiencing as they negotiated excused absences; far fewer issues arose with the policy this year.

Other Important Information

- 71% of the student-athletes earned semester GPAs greater than 3.0 during the Fall 2012 semester, and this level of accomplishment was replicated during the Winter 2013 semester.
- These figures can be compared to the 64% and 68.5% observed in the Fall 2011 and Winter 2012 semesters, respectively, and mark the third year in a row we have seen significant increases in academic performances over the previous year.
- For the 2012-13 year, Oakland had the most student-athletes earn academic honor roll selections with 220, followed by South Dakota State with 216 and Western Illinois with 189. This marks the eighth consecutive year that OU has led The Summit League with the most student-athletes on the academic honor roll list.
- Our student athletes donated time and resources to many community organizations in the 2010-2011 academic year.
- Our student-athletes continue to live up to their goals to be “Graduates and Champions”.

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Summary of SAC Activities for 2012-2013

September 8

- Introduction of new members, review of committee charge and the 2011-2012 annual report
- Review of primary agenda items of the upcoming Summit League FAR teleconference and the FARA annual meeting that are pertinent to student-athlete well-being
- Issues identified in the 2012 End of Season Survey that need our attention
 - Publicity/attendance concerns; we will explore means to assist SAs to distinguish between the two concerns and to find ways to enhance both
 - Coaches sensitivity to academic demands, capacity to establish and maintain a healthy and positive environment (two coaches are particular concerns)
 - Need for additional information concerning nutrition
- Importance of establishing a regular interface with SAAC; meets on Sunday afternoons soon after our face-to-face meetings; what do we want to communicate with them? how can we establish a dialog beyond the fact that two SAAC representatives sit on SAC and Stewart attends all SAAC meetings?
- Creation of a student-athlete leadership program underway by SAAC
- CHAMPS/Lifeskills schedule
 - Is this part of a larger “curriculum”? Could we enhance SA development?
 - Discussion of communications on campus as it applies to SAs knowing about various academic, cultural, or personal growth opportunities
 - Discussion of what parts of the CHAMPS schedule might be considered “core” (required) and what might be electives

September 26

- Summit League FAR teleconference, September 18, 2012 11 am to 12:30 pm -- Brief summary of event by R Stewart; improvements in our APR scores, retention and graduation rates; Summit League FARs to share best practices concerning academic support, priority registration, missed class policies
- FARA national conference coming, November 8 – 10, 2012; program agenda includes
 - Changes in Institutional Certification Program; report from President's Working Group; FAR relationships with faculty governance; lessons learned from crises; bystander intervention
 - Expectation to obtain new institutional evaluation guidelines at FARA for discussion later
- SAAC is working on writing a constitution and structuring itself around three subcommittees (Academic Development, Athletic Development, Community Involvement) rather than 16 teams; they are also establishing procedures for a Student-Athlete Leadership Program
- Detailed discussion of some FARA suggestions for building collaboration between faculty and athletics on campus.

October 10

- Stewart will meet with all head coaches on October 18 to discuss coach sensitivity to and support of academic mission. We hope to create interest in exploring means of creating supportive and positively motivating atmospheres for each team.
- A relatively loose and unstructured “brain storming” session focused on various strategies that might be adopted to meet the broad agenda of finding a campus appropriate means to encourage faculty-athletics collaboration.
- Agreement to explore in greater detail the potential of “saying thank you” to the faculty of student-athletes who have been especially successful in the classroom. How might we do this?

October 24

- Stewart gave a report of comments from coaches concerning their potential to become more sensitive of academic demands the student-athletes face; SAC discussed the following:
 - Include new coaches with new faculty orientation sessions so they can learn about “the academic side of the house”.
 - Include a session at new faculty orientation where someone (Stewart, Kerstner, etc.) from athletics can explain the excused absence policy and reinforce the commitment to academic success held within athletics.
 - Should at least one head coach be on the committee?
 - Create a stronger tie between athletics and graduation; in addition to the scholar-athlete cords we might consider holding a reception for SAs who graduate and invite the faculty who attended graduation, or invite those faculty who played a role with the currently graduating SAs' academic success.
 - Create a ceremonial event as part of the fall SA orientation to introduce freshmen and new transfers to “the family” of academic support and emphasize the value of

SA academic success; this should be primarily from SAAC rather than administration as a sort of big brother/big sister program

- Hold a ceremony in the Fall to honor students who have achieved high academic success and recognize the contributions of their faculty; then invite these faculty to attend the “Graduates and Champions” dinner in the Spring to see the results of their commitment/efforts/assistance.

November 7

- Committed to sponsor a faculty-recognition event early in the Winter 2013 semester to thank all faculty who are identified as mentors by student-athletes; details to be deliberated in near future
- Discussion of report entitled “Trust, Accountability, and Integrity” published by the Association of Governing Boards of Universities and Colleges
 - Special attention devoted to the section asking how much an institution’s board understands about the academic experience of student-athletes
 - The data in this report indicates that the information obtained by most boards is rather limited

December 5

- Faculty recognition will take place on Tuesday, Feb 26 from 8 to 10 am in the Banquet rooms; more details to follow as plans are finalized
- Data for first-year retention rates for the 2009, 2010 and 2011 cohorts and the six-year graduation rates for the 2004, 2005 and 2006 cohorts have been obtained; these data are partitioned by gender and by engagement in collegiate athletics
 - Male athletes are retained and graduate at a much higher rate than their non-athlete counterparts; female athletes are retained and graduate at a rate higher than their non-athlete counterparts, though the difference is not as great

January 14

- Stewart presented information revealing that the average GPA of all student-athletes during the Fall 2012 was a 3.20, the highest ever recorded, that team GPA’s ranged from 3.50 (Women’s Swim & Dive) to 2.79 (Men’s Basketball, and this was a substantial increase for them)
- A year ago we asked what we might do to raise the GPAs of the student-athletes with lower GPAs; the following suggestions were implemented since that time can be assumed to have contributed to this increase in performance
 - Single case analysis was suggested to clarify the probable cause of the lack of success
 - Suggestions of using “behavioral contracts” to shape good academic behavior and to encourage more interaction with faculty associated with the courses where the SA was experiencing difficulty
 - Peer counselors/tutors were recommended to assist SAs experiencing difficulty
- Updates from SAAC concerning the leadership program now known as GOLD – Grizzlies Outstanding Leadership Development program were presented
 - The program seeks to guide, encourage, and support Student-Athletes as they strive for excellence in the areas of academics, athletics, and service.

- Student-Athletes should use the GOLD Suggested Milestones page to help guide them in the process of selecting activities to put in their portfolio.
- Student-Athletes will create a portfolio showcasing their excellence in academics, athletics, and service. This portfolio will become a valuable tool to utilize as the Student-Athletes embark on their careers.
- Participation in the program also allows Student-Athletes to graduate with Black and Gold Cords.
- See Appendix B for a detailed program description

February 11 (event, not a committee meeting)

- Details concerning Faculty recognition event; final name of event is “Teaching, Learning and Academic Success; student-athletes and teams, with outstanding academic standing will be recognized via scrolling Powerpoint display; Recognitions of the faculty who contributed to this success
 - Which individuals?
 - Any student-athlete with a Fall 2012 GPA greater than or equal to 3.0; N = 225 possible, but no one should skip class to come
 - N = 137 faculty nominated by these student-athletes
 - Speakers will include Stewart, Huth, Hovland, and a SA representative
 - Announcement of event and letter faculty appear in Appendix A.

March 25

- Upcoming events/activities
 - Preparation of annual report on this committee’s activities this year; all should engage in process of determining what we wish to report.
 - The NCAA has selected OU to participate in the Pilot Campus Visit Program. Three NCAA staff members will visit OU on Wednesday, June 19 and Thursday, June 20. These staff members will visit with a number of OU officials and department heads. The preliminary information sent to us indicates they wish to meet with SAC members.
 - The End of Season survey will be distributed to the student-athletes as soon as possible (as soon as Stewart can get the updated email distribution list). If we follow our standard practice, these will be due on Sunday before classes end.

April 8

- The first set of GOLD statements associated with the Leadership program are due to be submitted by student athletes. These need to be reviewed and a determination made if the submitter should be declared a recipient of an honor cord to be worn at graduation. The process for this review and the distribution of these cords has not yet been “set in stone”.
 - Stewart, Dillon and Dulio will review statements
- Joi Cunningham, chair of the Title IX committee met with SAC to discuss the results of her surveys addressing the questions of gender equity on campus (as it relates to sport opportunity) and the potential for modifying the current array of teams at OU.
- Preliminary results of the End of Season survey (aggregate categorical responses) were distributed
 - Coach sensitivity to academic demands on student-athletes remains an issue

- Coach ability to provide a healthy and motivating environment is still a concern
- Worries about publicity continue
- Overall data is quite good, though a few concerns will require a more detailed analysis

April 18 (event, not a committee meeting)

- Annual Graduate and Champions reception held in the O'Rena.
- Twelve senior student-athletes were recognized for being the first cohort to complete the GOLD leadership program; they received black and gold honor cords in recognition of this accomplishment

May 6

- SAC meets with President Russi to hear a presentation by Athletic Director Huth concerning move to the Horizon League
 - We discuss the implications of this move for the student-athletes
 - A motion to approve the move to the Horizon League, effective, July 1, 2013, is approved unanimously, 10-0.

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Appendix A
Teaching, Learning and Academic Success

1. Announcement
2. Sample Letter to Recognized Faculty
3. List of Faculty Recognized

Teaching, Learning and Academic Success

The Senate Athletic Committee
would like to invite you to a celebration of academic achievement.

OU student-athletes continue their long tradition of being successful in the classroom. Our commitment to “**Graduates and Champions**” has been recognized at the state and national levels, and the committee would like to acknowledge the contributions of those who have made this possible.

Please join us

Tuesday, February 26th in Banquet Room A
8:00 - 10:00 a.m.

light refreshments | brief presentation
recognition of faculty who have assisted our scholar-athletes in their pursuits in the classroom

If you are able to attend, please RSVP to
Brittany Carnago at blcarnag@oakland.edu by February 14, 2013



GRADUATES & CHAMPIONS



College of Arts and Sciences
Office of the Dean

Rochester, Michigan 48309-4401
(248) 370-2140 Fax: (248) 370-4280
www.oakland.edu/cas

February 4, 2013

Dear <<First Name>> <<Last Name>>>,

On behalf of the Senate Athletic Committee, it is my pleasure to invite you to join us in Banquet Room A of the Oakland Center on Tuesday, February 25th from 8:00 to 10:00 am as we gather to recognize and show appreciation for the contributions you have made to our mission. We have asked our top scholar-athletes to nominate those professors and instructors who have been especially instrumental in assisting them in and out of the classroom. I am pleased to inform you that you have been nominated by one or more of our scholar-athletes to be recognized for your contributions.

There is a long-standing tradition within the Athletic Department at Oakland University to recognize the "Graduates and Champions" among the student-athletes; those student-athletes who excel in the classroom and earn academic honors and scholarships, as well as acknowledge the accomplishments of individuals and teams that achieve excellence in athletic competition. This year we are extending this tradition to recognize the contributions of the people who assist our student-athletes as they pursue their academic goals. To that end, I hope you are able to join us for light refreshments and a brief presentation honoring the faculty members who our scholar-athletes. If you are unable to attend I hope you are pleased to at least learn that your efforts have been recognized and appreciated by a student you may not have even known to be a student-athlete, as well as by the staff and administrators who work with these individuals.

If you are able to attend, please RSVP to Brittany Carnago at blcarnag@oakland.edu by February 14, 2013.

Thank you, and congratulations.

Robby Stewart
Faculty Athletic Representative
Chair, Senate Athletic Committee
Associate Dean, CAS

cc: <<dean>>
<<chair>>

	E	F	G	H
1		Faculty to be Recognized at TLAS Breakfast		
2	Last Name	First Name	College/School	Department/Course
3	Adamisin	Meredith	College of Arts and Sciences	Art and Art History
4	Goody	Dick	College of Arts and Sciences	Art and Art History
5	Hesse	Gary	College of Arts and Sciences	Art and Art History
6	Voronovich	Donna	College of Arts and Sciences	Art and Art History
7	Bee	Mary	College of Arts and Sciences	Biological Sciences
8	Dvir	Arik	College of Arts and Sciences	Biological Sciences
9	Greiner	Holly	College of Arts and Sciences	Biological Sciences
10	Kauhn	Christopher	College of Arts and Sciences	Biological Sciences
11	Madlambayan	Gerard	College of Arts and Sciences	Biological Sciences
12	Yates	Jonathan	College of Arts and Sciences	Biological Sciences
13	Bates	Carly	College of Arts and Sciences	Chemistry
14	Hayden	Charlene	College of Arts and Sciences	Chemistry
15	Campbell	Lisa	College of Arts and Sciences	Communication and Journalism
16	Fugate	Paul	College of Arts and Sciences	Communication and Journalism
17	Gilbert	Gary	College of Arts and Sciences	Communication and Journalism
18	Gilbert	Holly	College of Arts and Sciences	Communication and Journalism
19	Li	You	College of Arts and Sciences	Communication and Journalism
20	Meyer	Erin	College of Arts and Sciences	Communication and Journalism
21	Schneeweis	Adina	College of Arts and Sciences	Communication and Journalism
22	Talbert	Beth	College of Arts and Sciences	Communication and Journalism
23	Apap	Christopher	College of Arts and Sciences	English
24	Hayes	Tara	College of Arts and Sciences	English
25	Knutson	Andrea	College of Arts and Sciences	English
26	Meyers	Charlene	College of Arts and Sciences	English
27	Plantus	Doris	College of Arts and Sciences	English
28	Spearman	Amy	College of Arts and Sciences	English
29	Moran	Sean	College of Arts and Sciences	History
30	Zellers	Bruce	College of Arts and Sciences	History
31	Li	Yan	College of Arts and Sciences	International Studies Program
32	Oza	Tushar	College of Arts and Sciences	International Studies Program
33	Wrobel	Janusz	College of Arts and Sciences	International Studies Program
34	Levinson	Lisa	College of Arts and Sciences	Linguistics
35	Vervinck	Melissa	College of Arts and Sciences	Linguistics
36	Cesmelioglu	Aycil	College of Arts and Sciences	Mathematics and Statistics
37	Connolly	Robert	College of Arts and Sciences	Mathematics and Statistics
38	Li	Li	College of Arts and Sciences	Mathematics and Statistics
39	Lolla	Madhuri	College of Arts and Sciences	Mathematics and Statistics
40	Near	Mark	College of Arts and Sciences	Mathematics and Statistics
41	Schmidt	Darrell	College of Arts and Sciences	Mathematics and Statistics
42	Shaska	Tony	College of Arts and Sciences	Mathematics and Statistics
43	Stanesa	Annette	College of Arts and Sciences	Mathematics and Statistics
44	Wickland	Laura	College of Arts and Sciences	Mathematics and Statistics
45	Zimmerman	Sherri	College of Arts and Sciences	Mathematics and Statistics
46	Donaj	Aleksandra	College of Arts and Sciences	Modern Languages and Literatures
47	Greig	Diana	College of Arts and Sciences	Modern Languages and Literatures
48	Greig	Diana	College of Arts and Sciences	Modern Languages and Literatures
49	Pobutsky	Aldona	College of Arts and Sciences	Modern Languages and Literatures
50	Walker	Holly	College of Arts and Sciences	Modern Languages and Literatures
51	Walker	Holly	College of Arts and Sciences	Modern Languages and Literatures
52	Brown	Jenine	College of Arts and Sciences	Music, Theatre and Dance

	E	F	G	H
2	Last Name	First Name	College/School	Department/Course
53	Hoag	Bret	College of Arts and Sciences	Music, Theatre and Dance
54	Navin	Mark	College of Arts and Sciences	Philosophy
55	Surdutovich	Eugene	College of Arts and Sciences	Physics
56	Woo	Byungwon	College of Arts and Sciences	Political Science
57	Feravich	Annette	College of Arts and Sciences	Psychology
58	Jackson	Melissa	College of Arts and Sciences	Psychology
59	Kozak	Andrea	College of Arts and Sciences	Psychology
60	Lewis	Mary	College of Arts and Sciences	Psychology
61	Linden	Richard	College of Arts and Sciences	Psychology
62	Williams	Keith	College of Arts and Sciences	Psychology
63	Burgess-Proctor	Amanda	College of Arts and Sciences	Sociology and Anthropology
64	Eastwood	William	College of Arts and Sciences	Sociology and Anthropology
65	Smith	Scott	College of Arts and Sciences	Sociology and Anthropology
66	Patterson	Katherine	College of Arts and Sciences	Women and Gender Studies
67	Chrobak	Jill	College of Arts and Sciences	Writing and Rhetoric
68	Colbeck	Laura	College of Arts and Sciences	Writing and Rhetoric
69	Dickens	LaWanda	College of Arts and Sciences	Writing and Rhetoric
70	Doyle	Anne	College of Arts and Sciences	Writing and Rhetoric
71	Gabrion	Laura	College of Arts and Sciences	Writing and Rhetoric
72	Haar	Catherine	College of Arts and Sciences	Writing and Rhetoric
73	Lawson	Kathleen	College of Arts and Sciences	Writing and Rhetoric
74	Moore	Christina	College of Arts and Sciences	Writing and Rhetoric
75	Pokrzywa	Cornelia	College of Arts and Sciences	Writing and Rhetoric
76	Rinke	Lauren	College of Arts and Sciences	Writing and Rhetoric
77	Smith	Craig	College of Arts and Sciences	Writing and Rhetoric
78	Trupiano	Carol	College of Arts and Sciences	Writing and Rhetoric
79	Dorko	Lori	School of Business Administration	ACC 200
80	Free	Donna	School of Business Administration	ACC 411
81	Isken	Mark	School of Business Administration	Decision and Information Systems
82	Coppin	Addington	School of Business Administration	Economics
83	Folland	Sherman	School of Business Administration	Economics
84	ioannatos	Petros	School of Business Administration	Economics
85	Sieber	Soo	School of Business Administration	Economics
86	Silberman	Jonathon	School of Business Administration	Economics
87	Hoffman	Frederick	School of Business Administration	Legal Environment of Business
88	Savage	Nancy	School of Business Administration	Management
89	Cardimen	Frank	School of Business Administration	MGT 110
90	Roshanaei	Homa	School of Business Administration	MGT 235
91	Miree-Coppin	Cynthia	School of Business Administration	MGT 435
92	Jiang	Joy	School of Business Administration	MGT423
93	Ochs	Laura	School of Business Administration	MLS 205
94	O'Malley	JoAnn	School of Business Administration	MLS 430 MLS 432
95	Lim	Christina	School of Business Administration	MLS 432 Lab
96	Barclay	Liz	School of Business Administration	ORG 434
97	Wharton	TJ	School of Business Administration	QMM 240
98	Staron	Stanley	School of Education and Human Services	EED 312
99	Bolak	Karen	School of Education and Human Services	FE 406
100	MacDonald	Michael	School of Education and Human Services	FE 406
101	Doman	Mark	School of Education and Human Services	HRD 304
102	Watza	Linda	School of Education and Human Services	HRD 306
103	Wenson	Jennifer	School of Education and Human Services	HRD 351
104	Colbert-James	Neena	School of Education and Human Services	HRD 367

	E	F	G	H
2	Last Name	First Name	College/School	Department/Course
105	Curtis-Hendley	Melissa	School of Education and Human Services	HRD 402
106	Scott	Chaunda	School of Education and Human Services	HRD 506
107	McMillon	Gwendolyn	School of Education and Human Services	RDG 331
108	Guzniczak	Liz	School of Education and Human Services	RDG 333
109	Leigh	Rebecca	School of Education and Human Services	RDG 333
110	Majeske	Daniel	School of Education and Human Services	SE300
111	Bowe	Anica	School of Education and Human Services	
112	Marsh	Jerry	School of Engineering and Computer Science	CIT 122
113	Wu	Mike	School of Engineering and Computer Science	CIT 122
114	Dean	Brian	School of Engineering and Computer Science	Electrical and Computer Engineering
115	Zou	Beth	School of Engineering and Computer Science	Mechanical Engineering
116	Hanna	Darrin	School of Engineering and Computer Science	
117	Cukr	Mary	School of Health Sciences	EXS 207
118	Marks	Charles	School of Health Sciences	EXS 304
119	Hew	Tamara	School of Health Sciences	EXS 350
120	Patricia	Wren	School of Health Sciences	HS 201
121	Lucarelli	Jennifer	School of Health Sciences	HS 301
122	Reznar	Melissa	School of Health Sciences	HS 302
123	Jarski	Robert	School of Health Sciences	HS 441
124	Lynch	Amanda	School of Health Sciences	HS201
125	Ford	Tom	School of Health Sciences	Physical Therapy
126	Stover	Christine	School of Health Sciences	Physical Therapy
127	Wilson	Chris	School of Health Sciences	Physical Therapy
128	Sternburgh	Lucy	School of Health Sciences	WHP 300
129	Dibble	Terry	School of Health Sciences	WHP 315
130	Dallo	Florence	School of Health Sciences	WHP 350
131	Brennan	Thomas	School of Health Sciences	
132	Vallie	Stephanie	School of Nursing	NRS 308
133	Riley-Doucet	Cheryl	School of Nursing	NRS 470

Appendix B
Student-Athlete Leadership Curriculum

1. Summary of Grizzlies Outstanding Leadership Development program
2. Cover statement and Event reporting form.

OAKLAND UNIVERSITY

DEPARTMENT OF ATHLETICS

GOLD

PROGRAM GUIDELINES

PROGRAM DESCRIPTION

The Grizzlies Outstanding Leadership Development (GOLD) program was developed in accordance with the mission statement of the Oakland University Department of Athletics. The program seeks to guide, encourage, and support Student-Athletes as they strive for excellence in the areas of academics, athletics, and service. Student-Athletes should use the GOLD Suggested Milestones page to help guide them in the process of selecting activities to put in their portfolio. As participants in the GOLD program, Student-Athletes will create a portfolio showcasing their excellence in academics, athletics, and service. This portfolio will become a valuable tool to utilize as the Student-Athletes embark on their careers. Participation in the program also allows Student-Athletes to graduate with Black and Gold Cords.

PORTFOLIO DESCRIPTION AND GUIDELINES

Your portfolio is meant to become a tool you can use as you move into your future career. Your portfolio will display your accomplishments and leadership in the areas of academics, athletics, and service. Each year leading up to your final year, a committee of student-athlete leaders will review your portfolio. Before or during your final semester, Oakland University's Senate Athletic Committee will review your portfolio.

The following are some of the suggested contents of the portfolio:

1. Cover Page: Containing Professional Photo, Name, Degree, University, Expected Graduation Year
2. Cover Letter
3. Table of Contents
4. Resume relevant to degree
5. Personal Statement- Your Oakland University Student-Athlete Experience Story (see guidelines sheet)

Items 1-5 should be in the order listed. The portfolio should then contain appendices to collect information pertinent to the three areas described below. These are not required until your senior year. Your portfolio should be in a state of constant revision up until the day you submit it for evaluation. You are encouraged to use the GOLD Leadership Event Reporting Form available in the Grizz Center to summarize individual events. Information contained in the Student-Athlete Portfolio should be factual and concise, yet fully representative of all your major accomplishments at Oakland University.

A. Academics

- Letter of Recommendation from a mentor in your field of study
- Evidence of scholarships and academic awards (Presidential Scholarship, Distinguished Scholar, etc.)
- Course work/reflections a future employer would find relevant
- Individual events pertinent to academic growth and development

B. Athletics

- Letter of recommendation from a coaching staff member or Oakland University Department of Athletics staff member
- Evidence of any Athletics related awards (All-Conference, Academic All-American, Summit League Commissioner's List, etc.)
- Individual events pertinent to leadership as it applies to athletics

C. Service

- List of community service roles
- Personal reflections commenting on community service activities
- Flyers, announcements, or other publicity for community service roles
- Individual events pertinent to acts of leadership for community service activities
- Photos with captions, notes displaying community service roles

OAKLAND UNIVERSITY DEPARTMENT OF ATHLETICS

GOLD PROGRAM

SUGGESTED MILESTONES



Explore

- ◆ Meet with your academic adviser
- ◆ Introduce yourself to faculty & explore major options
- ◆ Get involved at OU:
 - Join a student club
 - Start a study group
 - Participate in community service events
- ◆ Meet with Career Services
- ◆ Create resume and portfolio
- ◆ Achieve sophomore status

Engage

- ◆ Attend Celebrate 28
- ◆ Attend Degree & Major Fair
- ◆ Get involved at OU:
 - Attend leadership training
 - Participate/Lead Service Events
 - Lead a student group
 - Register with Career Athletes
- ◆ Meet with your academic adviser
- ◆ Meet with faculty/staff members and continue to build relationships
- ◆ Meet with Career Services
- ◆ Revise resume and portfolio
- ◆ Use CAPP to check degree progress

Enrich

- ◆ Get involved at OU:
 - Consider study abroad
 - Participate in research
 - Participate /Lead service events
 - Lead a student group
 - Attend Career Services Events
- ◆ Meet with your academic adviser
- ◆ Meet with faculty
 - Ask about grad school tests & preparation
 - Ask about career options
- ◆ Ask faculty member to review portfolio
- ◆ Revise resume and portfolio
- ◆ Use CAPP to check degree progress
- ◆ Meet with Career Services

Embark

- ◆ Ask your academic adviser for a graduation audit in your 1st semester
- ◆ Get involved at OU:
 - Complete an internship
 - Attend grad open house
 - Lead an event for student-athletes
 - Attend an event involving alumni
- ◆ Meet with Career Services
- ◆ Participate in senior exit interview
- ◆ Apply for graduate school or start your job search
- ◆ Apply for graduation
- ◆ Attend Graduation Fair
- ◆ Attend Commencement

Enjoy

- ◆ Register for the OU Alumni Association
- ◆ Become a member of the Varsity O
- ◆ Get involved as an Alumni
- ◆ Visit Campus annually for Homecoming

YOUR OAKLAND UNIVERSITY STUDENT- ATHLETE STORY

“Your Oakland University Student-Athlete Story” is the most important part of your portfolio packet. Your story is meant to reflect upon your experiences as a student-athlete leader in the areas of Athletics, Academics, and Service. This portion of the portfolio is the place to write about the experiences you have had as you became a leader during your time as a student-athlete at OU. This is your opportunity not only to summarize your experiences, but also to leave a legacy and a wealth of information for the student-athletes to follow you. Indeed, it might be helpful to think of this portion of the portfolio as your opportunity to write the “guide book” you did not have when you arrived at this campus years ago. This section should provide both warmth and depth to your portfolio. It should not be a relisting of what you included in your resume but a personal reflection about what the experiences you have had at OU have meant to you.

Be creative and personal, but avoid being “cutesy.” Themes and gimmicks may be effective, but they can easily be overdone to the point of becoming a disadvantage or even a distraction.

The following outline may help you develop “Your Story”. It is divided into parts simply to help you outline what you want to say about yourself. It is not necessary that you identify these parts in “Your Story”.

PART 1:

Introduce yourself. Include information about your age, interests, family, where you live, where you went to school, when and why you became involved as an OU student-athlete.

PART 2:

Tell about your leadership initiatives related to athletics. What was your role on your team? How did you see your influence as a leader develop over your time at OU? What things were you most successful in leading? What things did you find unsuccessful?

PART 3:

Discuss your leadership role with respect to your academic activities. What have you done to positively influence the growth in terms of academic or disciplinary knowledge and in your own career choice? What have you done to provide leadership to assist others in these domains? Have you been active in an academic organization? What have you done to provide leadership for this organization?

PART 4:

Describe the ways you have been a leader involving the service to others in the community. What projects or events have you led? What projects or events have you worked to create at OU? What did you learn by assuming a leadership role in these events?

PART 5:

Describe how participation as an OU student-athlete has helped you to gain an understanding of leadership as a whole. How do you expect your experiences as a student-athlete leader will influence your future?

GOLD Leadership Curriculum

Quality performance, whether you are engaged in athletic competition or training, in academic pursuits, or in activities related to personal growth and development, is enhanced if you can approach the activity with high levels of two critical characteristics: [1] mindfulness (an enhanced attention to and awareness of current experience or present reality), [2] cognitive engagement (a self-regulated learning process where learners plan and manage their own learning that allows the individual to establish different perspectives that relate back to their own world views). Learning how to focus on and actively engage in learning opportunities is essential for those who wish to be successful in any career. However, these are additional important skills that are not necessarily directly addressed in the classroom. Personal professional development, including developing leadership abilities and networking, should be an important part of your education. These can often best be developed through engagement with student professional organizations, contacts with mentors or campus leaders, or active attendance speakers who visit our campus.

To encourage your personal and professional development as a student athlete, you may earn “extra credit” by attending professional meetings sponsored by student organizations associated with your major, presentations by speakers from the business or scientific community, or personal growth seminars as sponsored through the CHAMPS/Lifeskills or other such organizations. Other organizations may also qualify, if approved - in advance - by Holly Kerstner. You should certainly attend meetings sponsored by the student group for your intended major.

The report form presented on the other side of this page should be used to summarize what you have learned from the various events included in the Student-Athlete Leadership Curriculum. Please see the matrix that summarizes this curriculum and note the following:

1. There are seven domains within the curriculum: *Academics, Life Skills, Community Outreach, Meaningful Relationships, Leadership, Compliance, and Career Placement*. You may recognize that these domains coincide with the “Expectations of the Oakland Student-Athlete” that is printed on the back cover of your SA handbook.
2. The seven domains can be approached at various levels as you progress through your collegiate career. We expect first year SAs to *explore* of the vast range of opportunities on found on campus. This activity should become more focused in the second and third years of college as you *engage* more exclusively in events pertaining to your academic and personal interests and *enrich* your skill sets and expertise through a deliberate accumulation of experiences. This purposeful and deliberate journey through the collegiate career will then position you to *embark* on your own career plans with the preparation necessary for success.

