



Wednesday, May 14, 2003

Golf center offers professional instruction

By **Jeff Samoray**, OU Web Writer

Oakland University's **Golf and Learning Center** is providing great opportunities this summer for golfers to improve their game by learning from some of the nation's top professional instructors. Three separate clinics are planned for golfers of all skill levels:

- Mike Adams will teach elements of the golf swing May 20 and 21 from 8:30 a.m. to 5 p.m. The clinic fee is \$395, or \$595 for both days. The clinic is limited to 24 golfers.
- Kellie Stenzel Garvin will provide instruction for women golfers June 3 and 4 from 8:30 a.m. to 4 p.m. The fee is \$295, or \$495 for both days. The clinic is limited to 16 golfers.
- Deborah Graham and Jon Stabler will discuss the mental side of golf June 11 at 6 p.m. The fee is \$20. There is no limit on the number of golfers for this clinic.

"When Rick Smith designed the R&S Sharf Golf Course (which opened in 2000), he also built an excellent instructional facility," said OU Head Golf Professional Larry Hamilton. "Golfers can take a lesson at nearly any course in the area, but our goal is to bring nationally recognized instructors here that are renowned for being leaders in their field."

Adams is one of the nation's most sought-after golf instructors. Both "Golf Magazine" and "Golf Digest" rank him as one of the top golf instructors in the world. He has been the personal trainer of tour players and sports celebrities including Michelle McGann, Briny Baird, Rosie Jones, Bob Estes, Mark Brooks, Betsy King, Mike Spasa, Jim Palmer and others.

Adams teaches the basic elements of the golf swing and follows the philosophy of adjusting an individual's swing to his or her build and physical capabilities, thereby enhancing their performance and enjoyment of the game.

Stenzel Garvin, a PGA and LPGA class-A teaching professional who specializes in teaching beginning women golfers, has been golfing since she was 3 years old. "Golf for Women" magazine rated her one of its Top 50 Teachers in 2000. Her book "The Women's Guide to Golf" is aimed at women who are new to the game and provides instruction on all aspects of the game. She also wrote "The Women's Guide to Consistent Golf," which targets the advanced beginner to intermediate student and helps them with the next stage of their game.

Graham and Stabler have a special interest in sports psychology and examining the mental aspects of golf. They co-founded "**GolfPsych**," a system of evaluating a golfer's personality and comparing it to those of champion tour professionals and advising how to mentally emulate the champions while playing. Graham currently works with more than 200 PGA, LPGA and Senior PGA players. She and Stabler also co-authored "The Eight Traits of Champion Golfers."

"Each spring, we plan on scheduling clinics like these," Hamilton said. "We're also hoping to have enough interest in Graham and Stabler's clinic to bring them back this summer for a day-long class."

OU's Golf and Learning Center has three professionals who offer instruction. Hamilton's fees are \$50 per half hour or \$135 for three lessons. Assistant Golf Professionals Karl Borbi and Kirk Miller charge \$40 per half hour or \$105 for three lessons.

Lessons and clinics are open to all golfers. To schedule lessons or register for a clinic, call the Golf and Learning Center at (248) 370-4150.

R&S Sharf and Katke-Cousins golf courses are open to OU students, faculty, staff, President's Club affiliates and their guests. Katke-Cousins also is open to OU Alumni Association members. The courses are open Tuesday through Sunday from March through November (weather permitting).

Visit the **OU Golf and Learning Center** Web site for more information on the courses and staff, including fees, tee times, scheduled outings and clinics and course regulations. Visit the **Oakland University Alumni Association** and **President's Club** Web sites for information on memberships and the wide range of benefits members enjoy.

SUMMARY

OU's Golf and Learning Center is providing great opportunities this summer for golfers to improve their game by learning from some of the nation's top professional instructors. Three separate clinics are planned for golfers of all skill levels. OU's Golf and Learning Center has three professionals who offer instruction. Lessons and clinics are open to all golfers.

Created by CareTech Administrator (webservices@caretechsolutions.com) on Wednesday, May 14, 2003

Modified by CareTech Administrator (webservices@caretechsolutions.com) on Wednesday, May 14, 2003

Article Start Date: Friday, October 17, 2003