



Thursday, April 1, 2004

Ballroom dance lessons held in MBH ballroom

A formal waltz. A sensual salsa. A rowdy East Coast swing. These famous dances are part of the fabric of American culture, and now they find their way to **Meadow Brook Hall**. Matilda Dodge Wilson once entertained her guests with lively and elegant dances in her grand ballroom, and now couples are invited to continue this American tradition with ballroom dance lessons.

The series kicks off Thursday, April 8, with a lesson in salsa, the Latin American dance that continues to take the world by storm. On Thursday, April 15, guests will learn one of the most beloved dances of the twentieth century, the fox trot. Bring your bobby socks for the Thursday, April 22, lesson to learn the heart-pumping East Coast swing. On Thursday, April 29, dancers will learn the sweeping, elegant waltz that has dominated formal ballrooms for centuries. The series wraps up Thursday, May 6, with a lively cha-cha lesson.

Paulette Brockington, a choreographer, dancer and actress who has had roles in feature/industrial films, television and radio commercials, will teach each lesson. Brockington is the event director for Artspectrum's Detroit Dance Festival and its workshop weekends, including Motor City Jam, Take Your Vitamins, Eat Your Wheaties, March Madness, Swing Fling and The American Lindy Hop Championships. She leads "A Company of Dancers" and its alter ego, the "Detroit Jazz Kings," two groups that tour, give lectures, demonstrations and dance concerts.

Couples can sign up for just one class or complete their dance portfolio by attending all five. Lessons begin at 7 p.m. in Meadow Brook Hall's grand ballroom. Admission is \$25 per couple, per class. Reservations are required.

For more information, visit the **Meadow Brook Hall** Web site or call (248) 370-3140.

SUMMARY

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