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Sharpen study skills at ASC workshops

By **Jeff Samoray**, OU Web Writer

Many Oakland University students are aware that the **Academic Skills Center** (ASC) offers free peer tutoring and supplemental instruction in a wide variety of subjects. However, they may not know of the free study skills workshops the center offers on a variety of topics that can help new and experienced students with their academics.

"The information available through these workshops can be very beneficial to all students," said Ivy Horn, ASC assistant director and study skills workshop coordinator. "Students who are truly serious about their academic development just need to walk through the door to benefit from all the information we have to offer."

Scheduled workshops include the following:

Introduction Series – Monday, Jan. 26, through Thursday, Jan. 29

These sessions provide a general overview of strategies and techniques students can apply to their studies. Students also are given an overview of each upcoming workshop.

Memorizing Techniques – Monday, Feb. 2, and Tuesday, Feb. 3

Students learn helpful memorization techniques and examine learning styles in conjunction with brain functions. An emphasis is placed on comprehension and retention.

Study Skills and Test Taking – Wednesday, Feb. 4, and Thursday, Feb. 5

This workshop increases students' awareness of the theory behind the different types of assessments professors use. An emphasis is placed on reducing test anxiety and building confidence.

Time Management – Monday, Feb. 9, and Tuesday, Feb. 10

Students who may have difficulty managing academics with their work and personal lives will find this workshop helpful. Participants learn how to manage a 24-hour day while carving out a realistic amount of time for classes and studies.

Listening and Note Taking – Wednesday, Feb. 11, and Thursday, Feb. 12

This workshop places an emphasis on developing effective listening skills, including recognition of cue words and phrases to help students prepare better class notes.

Research Paper Development – By appointment

This in-depth workshop focuses on the entire research and writing process. Students learn how to explore topics, find articles, organize their thoughts, how to use the Internet as a research tool, write concise information, and more.

All workshops are conducted by ASC administrators and are from noon-1 p.m. and 6-7 p.m. at the Academic Skills Center, 103 North Foundation Hall. Handouts and materials for some of the workshops are available on the **Academic Skills Center** Web site.

Students are encouraged to register for workshops in advance. To register or obtain more information, contact the ASC at (248) 370-4215 or asc@oakland.edu.

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