



Monday, December 4, 2000

Swimming and diving teams defend Mid-Con titles

OU's men's and women's swimming and diving teams set Mid-Continent Conference records while defending their titles as conference champions and taking top Mid-Con honors for Athlete of the Year, Newcomer of the Year and Coach of the Year.

Oakland's men's and women's teams wrapped up the 40-event championship, which took place November 30-December 2, with first-place finishes in 37 events.

The men's team finished with a Mid-Con record 1042 points in front of Western Illinois (593), IUPUI (548) and Valparaiso (513). The OU women claimed first with a Mid-Con record 1093 points. They were followed by Valparaiso (675), Western Illinois (550), IUPUI (427) and Youngstown State (364).

Oakland's Haitham Hassan (senior, Alexandria, Egypt) and Tamara Swaby (junior, Kingston, Jamaica) were named the 2000 Mid-Con Athletes of the Year, while OU's Sean Broadbent (freshman, Windsor, Ontario) and Shelley Aurit (freshman, Batavia, Illinois) earned 2000 Mid-Con Newcomer of the Year honors.

Oakland's head coach Pete Hovland was named the 2000 Mid-Con Women's Coach of the Year and co-2000 Mid-Con Men's Coach of the Year along with IUPUI Coach Jim Shuck

Throughout the three-day competition, eight Mid-Con and one OU Aquatics Center pool records were set.

Hassan led the way for OU's men's team as he set Mid-Con records in the 100 fly (48.70), also a pool record, and 200 IM (1:50.60) on December 2. He also was part of the first-place 200 medley relay team with Jim Kanak, Joel Wallace and Doug Drazin. Oakland's Danielle Ward (sophomore, Brighton) set a Mid-Con record finishing first in the 500 free in 5:00.26.

SUMMARY

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Created by CareTech Administrator (webservices@caretechsolutions.com) on Monday, December 4, 2000
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