



OAKLAND UNIVERSITY WILLIAM BEAUMONT

Medical Library

Medical Library *NEWS*

Volume 8, Issue 11 *November/December 2018*

[*Newsletter Archive*](#)

OU Libraries' Finals Frenzy Week: Coffee, Puppies, & More!

It is a stressful time of year and it is important to keep yourself healthy. OU Libraries are here to help by hosting a series of relaxation events leading up to final exams from Monday, December 10 - Wednesday, December 12. No registration required!

Monday, December 10

- **Chair Massages** (10:00 - 4:00pm; Popular Reading Area behind the cafe) Relax as you get a short massage from a licensed massage therapist!
- **Movie Night** (4:00 - 6:30pm; KL Room 242) - Enjoy some popcorn as you watch *Incredibles 2*!



Tuesday, December 11

- **Pause for Puppies** (12:00 - 3:00pm; Popular Reading Area) - Take a much deserved study break to pet some puppies!

Wednesday, December 12

[Subscribe](#) to our email list.

Henna Tattoos (10:00 - 11:00am; Popular Reading Area) - Get a beautifully designed henna tattoo while you take a moment to relax.

- **Mini-Mindfulness Sessions** (11:00am - 12:30pm; KL Room 224) - Join our own Dr. Thomas Ferrari to learn basic mindfulness and mediation techniques in 15-minute, mini-mindfulness sessions. You are welcome to drop-in at any point during this time!
- **Knitting** (12:00 - 2:00pm in the Popular Reading Area) - Learn knitting basics from our librarian experts; supplies will be provided!

Free Coffee will also be available in the Kresge Library Lobby on the nights of Friday, December 7 through Tuesday, December 11.

These events are co-sponsored by OU Libraries and the Oakland University Credit Union. For more information, follow OU Libraries on [Facebook](#), [Twitter](#), or [Instagram](#).

Photo Credits: Sleeping Puppy ([CC0 Public Domain](#)); Knitting Practice ([CC BY 2.0](#)); Henna Workshop ([CC BY-SA 2.0](#)); Meditate with Me ([CC BY-SA 4.0](#))

Student Corner

Hours During Holiday Break

Kresge Library, including all Medical Library spaces, will have the following hours in December leading to and during the holiday break:

- **Monday, December 17:** open midnight - 6:00pm
- **Tuesday, December 18 - Friday, December 21:** open 7:30am - 6:00pm
- **Saturday, December 22 - Tuesday, January 1, 2019:** CLOSED
- **Wednesday, January 2, 2019:** opens at 7:30am, 24/7 hours resume

For current library hours, please visit the [Hours](#) page.

Information Mastery Skills: Searching & Organizing the Literature Recap

As your Embark projects progress throughout your four years at OUWB or as you participate in other research projects, you're going to be searching, synthesizing, and organizing the literature. Finding too many or too few results? Not sure how to efficiently store the literature you find? For students in any class, here are some refresher quick guides and other resources to help you!

Searching

- [PubMed Quick Guide](#) [PDF] - reviews basic search techniques and tricks for using PubMed.
- [Database Comparison Sheet](#) [PDF] - summarizes and compares the major literature databases provided by OU Libraries including PubMed, Embase, CINAHL, ERIC, and PsycINFO.
- [Literature Searching Google Site](#) - website compiling tutorials, handouts, and practice search exercises for literature searching in various databases.

Organizing

- [MyNCBI Quick Guide](#) [PDF]- reviews the advantages of setting up a free [MyNCBI account](#) within the PubMed interface including how to save searches, set-up email alerts, and store citations to PubMed articles.
- [Mendeley Quick Guide](#) [PDF] - step-by-step instructions with screenshots on how to register

and start using [Mendeley](#) to store and organize literature.

As always, your personal librarian is here to help you! Feel free to book a consultation with us through the [Librarian Appointment Calendar](#) or email us directly.

Highlighted OUWB Publications

Epling JW, Heidelbaugh JJ, Woolever D, Castelli G, **Mi M**, Mader EM, Morley CP. [Examining an Evidence-Based Medicine Culture in Residency Education](#). *Fam Med*. 2018;50(10):751-755. *Dr. Misa Mi is Director of Curriculum Evaluation and Professor in the Department of Foundational Medical Studies at OUWB.*

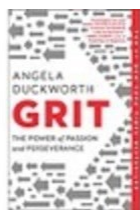
VanDam I, **Dai J**, Rosenman K. [Role of Diabetes Management in Occupational Health](#). *J Occup Environ Med*. October 2018;1. *Jessica Dai is currently an MS3 in the Class of 2020 at OUWB.*

Arianpour K, Forman SN, **Karabon P**, **Thottam PJ**. [Pediatric acquired subglottic stenosis: Associated costs and comorbidities of 7,981 hospitalizations](#). *Int J Pediatr Otorhinolaryngol*. 2019;117:51-56.

- Khashayar (Kash) Arianpour is currently an MS4 in the Class of 2019 at OUWB.
- Patrick Karabon serves as a biostatistician in the Department of Medical Education at OUWB.
- Dr. Prasad Thottam specializes in pediatric otolaryngology at Beaumont Hospital Royal Oak and serves as Assistant Professor in the Department of Surgery at OUWB.

Collection Spotlight: Books Highlighted at the AAMC Conference

Looking for reading material for over the holiday break? The recent Association of American Medical Colleges (AAMC) conference included talks by several authors, writing on a variety of topics. The Medical Library has purchased a copy of each of the books for our collection!

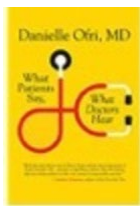
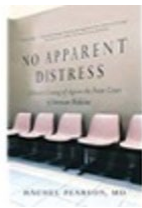


Angela Duckworth, PhD, author of “**Grit: The Power of Passion and Perseverance**,” talked about her NYT best seller and research on the correlation between grit and achievement in the opening plenary session.

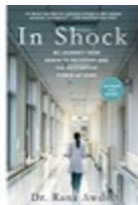


In “**Unhealthy Politics: The Battle Over Evidence-Based Medicine**” Eric Patashnik, PhD, explored the many factors – including political – undermining the effective and widespread adoption of EBM.

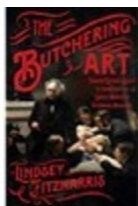
In her book “**No Apparent Distress: A Doctor’s Coming of Age on the Front Lines of American Medicine**” Rachel Pearson, MD, PhD, who is currently completing residency, shares her growing frustration with healthcare’s inequities.



This most recent work by Danielle Ofri, MD, practicing internist at Bellevue Hospital and prolific author, **"What Patients Say, What Doctors Hear"** focuses on what she believes to be the "single-most powerful diagnostic tool ... doctor-patient conversation." The library also has Dr. Ofri's other books – and they are all wonderful – "Medicine in Translation: Journeys with my Patients," "What Doctors Feel: How Emotions Affect the Practice of Medicine," and "Singular Intimacies: Becoming a Doctor at Bellevue."



"In Shock: My Journey from Death to Recovery and the Redemptive Power of Hope" by Rana Awdish, MD, chronicles her critical illness and how her experiences as a patient in her own hospital have impacted her role as a physician.



And for the history buffs, **"The Butchering Art: Joseph Lister's Quest to Transform the Grisly World of Victorian Medicine,"** by Lindsey Fitzharris, is a fascinating look back at surgery before anesthesia and antiseptic practices. Not for the faint at heart!

These books and more are on display in the OUWB Medical Library Collaborative Study Room and are available for check-out for your holiday reading pleasure!

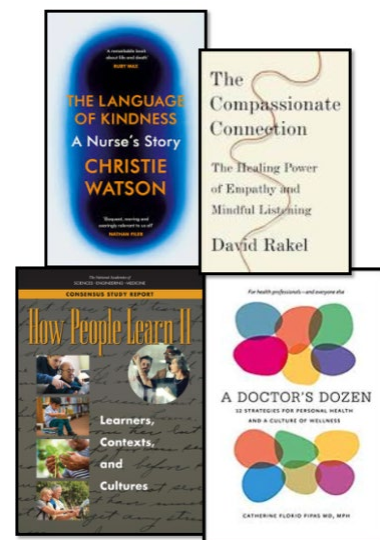
--- Nancy Bulgarelli, Medical Library Director

Resources News: New Additions to our Collection

Check out the complete [July - December 2018 New Titles List](#) featuring our new eBooks, print books, and DVDs.

Highlights include:

- **Against All Odds: Celebrating Black Women in Medicine** (2015) by Crystal Emery. KL 3rd Floor, R 154.E44 2015
- **The Compassionate Connection: The Healing Power of Empathy and Mindful Listening** (2018) by David Raket. KL 3rd Floor, R 726.5 R33 2018
- **A Doctor's Dozen: Twelve Strategies for Personal Health and A Culture of Wellness** (2018) by Catherine Florio Pipas. KL 3rd Floor RA 773.P57 2018
- **Health Literacy and Older Adults: Reshaping the Landscape** (2018) by the National Academies of



Sciences, Engineering, and Medicine

- [How People Learn II: Learners, Contexts, and Cultures](#) (2018) by the National Academies of Sciences, Engineering, and Medicine
- *The Language of Kindness: A Nurse's Story* (2018) by Christie Watson. KL 3rd Floor RT 36.W38 2018
- *Tears of Salt: A Doctor's Story* (2018) by Pietro Bartolo and Lidia Tilotta. KL 3rd Floor R 690.B376 2018

Questions? Comments?

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[Medical Library Office Hours](#)

Mon: 7:30am - 5:00pm
Tue - Fri: 7:30am - 8:00pm
Sat: 8:00am - 4:30pm

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