

Complementary and Integrative Health study abroad opportunity to China planned for spring

Eastern medicine is known for its rich tradition in complementary and holistic treatment options.

And, from May 9-31, 2018, a select group of Oakland University students will have the opportunity to learn more about the health benefits of these techniques thanks to a newly-created study abroad opportunity. [Nursing Research in China](#) will include a three-week excursion to Shiyang and Beijing, China.

The international experience embedded in the course will help students to better understand the evidence-based research process in a real-world context. Traditional Chinese medicine and its complementary treatment remedies are important research topics that students will learn about on this trip. They may choose to perform their own research in the future or use this experience to help critically examine data from the current medical and nursing literatures.

“This type of overseas experience provides a great learning environment,” said Assistant Professor Lan Yao, Ph.D., R.N., who developed the idea. “Learning these skills in China, where many of the techniques began, will help students comprehend this knowledge in a multi-cultural and multi-dimensional way. It will impact their understanding of well-being, patient-centered care, inter-professional research and healthcare choices in a country with different philosophies of healing than they may be accustomed to.”

While in China, students will learn about the Chinese healthcare system, nursing education and health promotion by interacting with medical and nursing students at Hubei University of Medicine. OU students will also learn about Tai Chi, acupuncture, herbal medicines and mind-body practices.

Students will also visit culturally and historically significant sites, including Great Wall of China and the Forbidden City.

Students can take this course as Research Basics in Nursing II or as an Independent Study and research practicum. In addition, the Office of the Provost is providing scholarship opportunities to help make the program affordable and within reach for most students interested in participating.

[About International Education:](#)

OU students can study abroad in more than 40 countries around the world or study away at nearly 200 universities in North America. From foreign language and art to business, engineering and nursing, OU offers a variety of international education options for all interests. Participants have the opportunity to live, study or work side-by-side in communities or universities throughout the world.

[About the School of Nursing:](#)

The Oakland University Board of Trustees established the School of Nursing (SON) in 1974, and the first students were admitted in the fall of 1975. At that time, the Bachelor of Science in Nursing (BSN) degree was the only academic degree awarded by the SON. Graduate nursing programs began in 1984 leading to the Master of Science in Nursing (MSN) degree. The Doctorate of Nursing Practice (DNP) program was established in 2006.

All of the Oakland University School of Nursing academic programs are fully accredited by the Commission on Collegiate Nursing Education (CCNE).



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