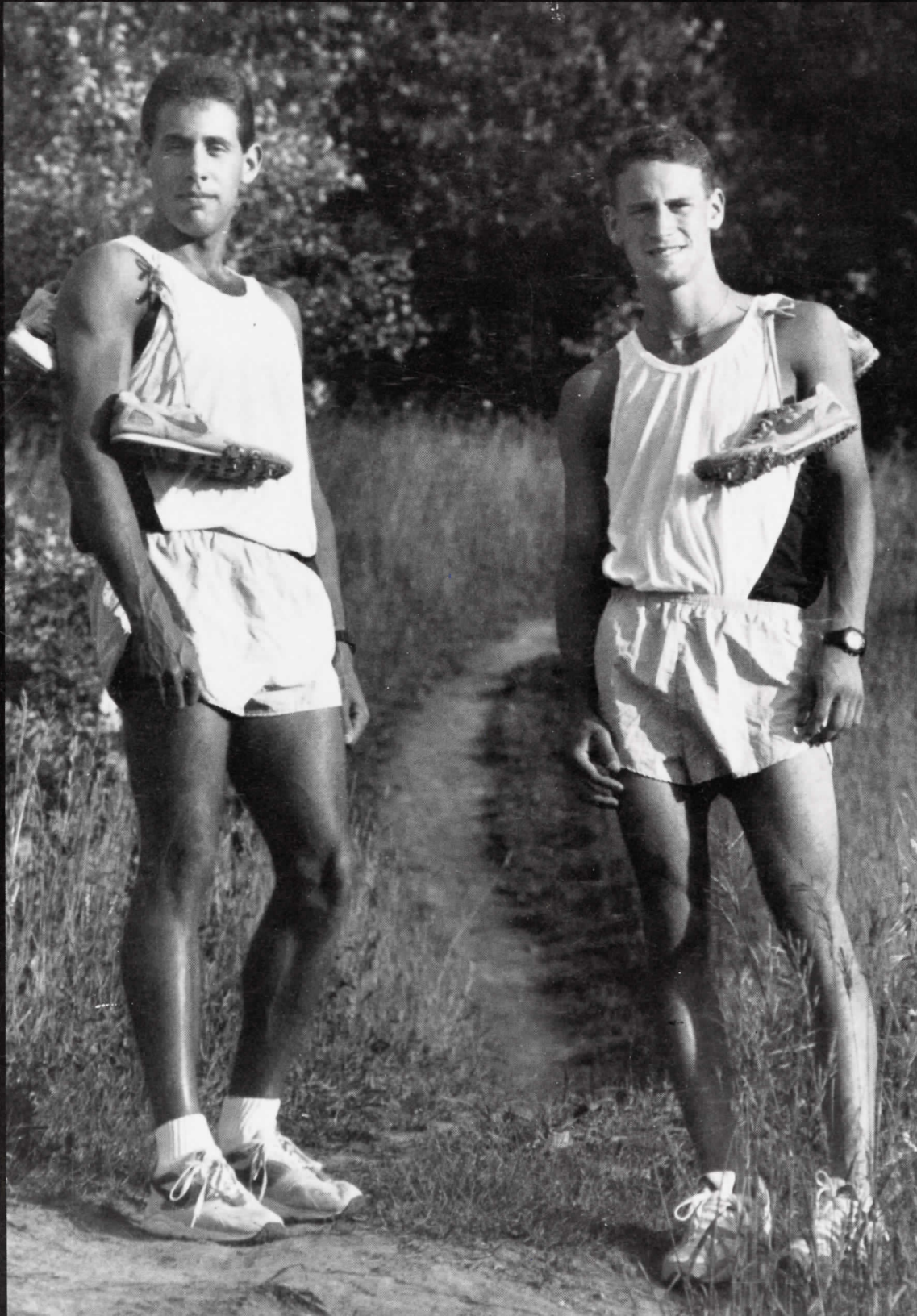


OAKLAND UNIVERSITY

1992 CROSS COUNTRY



OAKLAND UNIVERSITY

A Beautiful Place to Run



Home of the 1992 GLIAC Championship



1992 OAKLAND UNIVERSITY CROSS COUNTRY GUIDE

1992 OAKLAND UNIVERSITY CROSS COUNTRY SCHEDULE

Sat., Sep. 12	Upper Peninsula Classic at Marquette, MI
Sat., Sep. 19	at Malone College Invitational
Fri., Sep. 25	Monarch Invitational at Warren, MI
Sat., Sep. 26	Bulldog Invitational at Big Rapids, MI
Fri., Oct. 2	Roadrunner Invitational at Dowagiac, MI
Fri., Oct. 9	Michigan Collegiate Championships at Mt. Pleasant, MI
Sat., Oct. 24	GLIAC Championships at Rochester, MI
Sat., Nov. 7	NCAA Division II Great Lakes Regionals at Big Rapids, MI
Sat., Nov. 21	NCAA Division II Championships at Slippery Rock, PA

OU ATHLETIC DIRECTORY

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Equipment Manager:	Tom Zelinski
Head Athletic Trainer:	Tom Ford
Team Physician:	Dr. Dan Bielak
Head Cross Country Coach:	Dave McCauley
1991 GLIAC Finish:	4th of 9
Athletic Department Phone:	(313) 370-3190
Sports Information Phone:	O - (313) 370-4008 H - (313) 726-1321 Fax - (313) 370-4056

ON THE COVER - OU's cross country standouts, defending GLIAC Champion senior John Myatt (l) and GLIAC runner-up junior Paul Rice.

DAVE MCCAULEY

Cross Country Coach

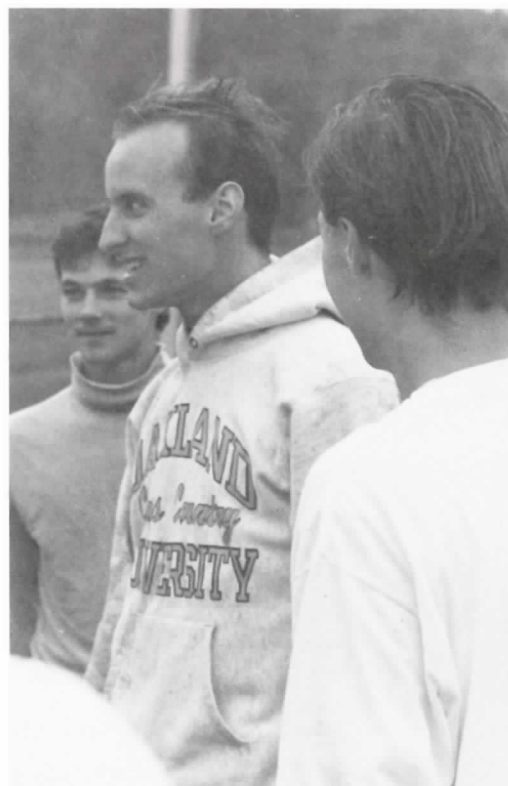
Dave McCauley is in his second year as the Pioneer cross country coach. The former Oakland harrier took over the squad last season, and had the top two finishers in the GLIAC Championship meet in current senior John Myatt and junior Paul Rice.

McCauley was a three-year letterwinner at OU, running cross country from 1984-86. He was Oakland's number one runner as a junior, finishing first for the Pioneers in five of the eight events. During his senior year he was OU's number two runner behind Ken Osmun, who went on to become the school's first cross country All-American and an NCAA Post-Graduate Scholarship winner.

McCauley's previous coaching experience includes a year as an assistant cross country coach at Macomb Community College, as well as two years as track coach at Richmond High School. He has also coached varsity high school volleyball at Oakland Catholic High School.

"I know how far the program has come since the years I ran at Oakland," McCauley said. "I plan to do everything possible to keep the cross country program moving forward."

The 29-year-old McCauley is single and lives in Auburn Hills.



1992 OAKLAND UNIVERSITY CROSS COUNTRY ROSTER

NAME	HT.	WT.	CL.	HOMETOWN/HIGH SCHOOL
Ed CHURCH	5-10	145	Fr.	Dearborn, MI/Dearborn
Jim HAVILAND	5-9	130	So.	Clarkston, MI/Clarkston
Paul HORVATH	6-1	150	Sr.	Sterling Heights, MI/Sterling Heights
Jeff KELKE	5-10	150	Jr.	Mt. Clemens, MI/Mt. Clemens
Tony MARKEL	5-7	135	So.	Marine City, MI/Marine City
John MYATT	5-10	150	Sr.	Auburn Hills, MI/Avondale
John NEMENS	6-0	145	Jr.	Warren, MI/East Detroit
John QUIRK	6-1	160	Sr.	Sterling Heights, MI/HW Notre Dame
Paul RICE	5-8	125	Jr.	Eastpointe, MI/East Detroit
Derek STARK	5-6	150	So.	Woodhaven, MI/Monroe Catholic Central
Paul WAKULAT	5-8	140	So.	Charlevoix, MI/Charlevoix

HEAD COACH: Dave McCAULEY

MYATT, RICE POINT OU TOWARDS GLIAC CHAMPIONSHIP

With the top two runners in the GLIAC returning and an outstanding recruiting class, second year Oakland University cross country coach Dave McCauley thinks this could be the best group of harriers in school history. Senior John Myatt, the defending GLIAC Champion, and junior Paul Rice, the league runner-up, lead a group of eight returnees and three newcomers that could be the finest ever to run at OU.

"I'm excited about the upcoming season because of how hard everyone worked during the summer," McCauley said. "This team is dedicated to the goals of winning the GLIAC title and qualifying for the NCAA Division II National Championship."

Myatt's GLIAC championship was his third All-Conference performance in three seasons. With Rice finishing right behind, OU had the top two runners in the GLIAC for the first time in school history. Along with their conference accolades, both Myatt and Rice earned All-Region honors.

"Myatt and Rice worked very well together last year in pushing each other to a higher level of success," McCauley said. "We have had the conference champion two years in a row now (Ken Osmun in 1990), and that shows the state that Oakland is proving itself as a very strong and consistent cross country program."

McCauley added a pair of runners of Myatt-Rice calibre in Macomb Community College transfers John Nemens and Jeff Kelke. Nemens was a junior college All-American in both cross country and track at Macomb. His All-America time of 31:40 was a full two minutes faster than Myatt's GLIAC Championship time. Kelke was Macomb's cross country MVP in 1989 and 1990. Both runners have two years of eligibility remaining.

"Nemens and Kelke will make an instant impact on our program," McCauley said. "They are proven distance runners who know what it takes to succeed physically and mentally at five miles and 10,000 meters. They will bring consistency and experience to our program."

Senior Paul Horvath was 17th in the GLIAC a year ago, and is the top candidate for the number five spot. Sophomores Jim Haviland, Tony Markel, and Paul Wakulat could all be in contention for that spot as well. Senior John Quirk and sophomore Derek Stark could also battle their way into the top seven. The squad's lone freshman is Ed Church from Dearborn High School.

"Myatt, Rice, Nemens, and Kelke should be our top four," McCauley said. "After that I can see as many as seven runners battling for the fifth through seventh spot."

Oakland's quality of runners and depth has McCauley very optimistic. OU's possible number five runner this year was 17th in the GLIAC a year ago. Five runners in the top 17 could mean a title for OU, its first, in a meet which will be run this year on the OU campus in the Pioneers' back yard.



OU's All-GLIAC and All-Region harriers, Paul Rice (l) and John Myatt.



Senior Paul Horvath will likely be one of OU's top five runners this year.

JOHN MYATT



5-10, 150, Senior
Rochester Hills, MI/Auburn Hills
Avondale High School
 Captured the GLIAC cross country championship last year at Northern Michigan, touring the 10,000 meter course in 33:39...a three-time All-GLIAC runner in three seasons...earned All-Region honors by placing 12th at the Great Lakes Regional meet at Edwardsville, Illinois...dropped four seconds off of his GLIAC title time in that race, finishing in 33:35...was OU's top finisher in five of its

seven meets last year...finished second at the Ferris State Bulldog Invitational...his best 8,000 meter time last year was 25:42 at the Michigan Collegiate Championships...finished third in the GLIAC as a sophomore, two spots behind OU's GLIAC champ Ken Osmun...he completed the 10,000 meter course in Houghton in 33:29...was 49th at the Great Lakes Regional, finishing in 33:34...ran a 25:46 for 8,000 meters at the Upper Peninsula Classic at Lake Superior State...was OU's top finisher in its last seven races during his freshman year...was 14th in the GLIAC at 33:56, and 55th in the region at 35:19...finished third at the Pioneer Invitational and fifth at the Monarch Invitational...a graduate of Auburn Hills Avondale High School, where he was an honorable mention All-Stater in both cross country and track...was the Metro Conference cross country champion...also played football and basketball as a prepster...majoring in mechanical engineering.

PAUL RICE



5-8, 125, Junior
Eastpointe, MI/East
Detroit
High School
 Earned a spot on the All-Region squad as a sophomore by placing 15th in the Great Lakes Regional meet with a time of 33:51...also earned All-Conference honors by placing second in the GLIAC meet last

fall...combined with teammate John Myatt to give OU the 1-2 finishers in the league...ran a 10,000 meter time of 33:49 in the league championship meet...was OU's top finisher last year at the University of Detroit Mercy Invitational and the Roadrunner Invitational...ran a four-mile time of 21:16 at the U-DM meet, and an 8,000 meter time of 27:08 to place fourth at the Roadrunner Invitational...his best 8,000 meter time last year was 25:42 at the Michigan Collegiate Championships...was 27th in the GLIAC and 47th in the region as a freshman...his best 8,000 meter time as a frosh was 26:07, good for 18th place at the Upper Peninsula Classic...earned All-State honors as a prep runner at East Detroit High School...his team was fifth in the state as a senior...a state finalist in the two-mile run...also a state ranked wrestler...majoring in mechanical engineering.

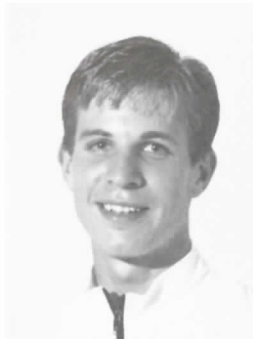
PAUL HORVATH



6-1, 150, Senior
Sterling Heights, MI/Sterling Heights High School
 OU's number three finisher in the regional

last year, placing 64th at 35:41...was 17th in the GLIAC at 34:53, just missing All-League honors...his top 8,000 meter time was 27:05, good for 18th at the Ferris State Bulldog Invitational...was 55th in the GLIAC and 88th in the region as a sophomore...was 18th at the Calvin Invitational, and 28th at the Roadrunner Invitational that year...only ran in one meet as a freshman...was the conference and county cross country champion at Sterling Heights High School...a three-year letterwinner as a prepster...majoring in accounting with a 3.73 GPA.

JOHN QUIRK



6-1, 160, Senior
Sterling Heights, MI/Harper Woods Notre Dame High School
 OU's number six finisher in the GLIAC

meet last year, placing 42nd at 36:28...his best 8,000 meter time was 27:42, good for 25th at the Ferris State Bulldog Invitational...transferred to Oakland from Macomb Community College, where he ran for two seasons...a four-year letterwinner in cross country and track at Harper Woods Notre Dame High School, where he earned All-Region and All-Catholic honors in both...majoring in business management.

JIM HAVILAND



5-9, 130, Sophomore
Clarkston, MI/Clarkston High School
 Ran a best 8,000 meter time of 27:29 at the

Michigan Collegiate Championships last year as a freshman...finished 16th at the Upper Peninsula Classic...finished 10th in the state as a senior at Clarkston High School to earn All-State honors...Clarkston was fourth in Oakland County that year...was third in the county at 3200 meters as a senior...a three-year letterwinner in cross country and four-year letterwinner in track...a biology major with a 3.79 GPA.

TONY MARKEL



5-7, 135,
Sopho-
more
Marine
City, MI/
Marine
City High
School
A member
of OU's
seven-man
regional
and league

meet team as a freshman...ran an 8,000 meter best time of 27:45 at the Michigan Collegiate Championships, and finished 31st at the Ferris State Bulldog Invitational...a two-year captain in both cross country and track at Marine City High School...a four-year letterwinner in both cross country and track as a prepster...league champion in the 3,200 meters...state qualifier in that event...has a 3.77 GPA.

DEREK STARK



5-6, 150,
Sopho-
more
Woodhaven,
MI/Monroe
Catholic
Central
High
School
Ran in a
pair of
meets for
the

Pioneers last year, seeing action in both the GLIAC Championship and the Michigan Collegiate Championship...a four-year letterwinner in cross country, twice earning All-League and All-County honors while at Monroe Catholic Central High School...also ran two years of track and was a state qualifier as a wrestler while at Monroe CC.

PAUL WAKULUT



5-8, 140,
Sopho-
more
Charlevoix,
MI/
Charlevoix
High
School
Placed
31st in the
GLIAC
Champi-
onship

meet as a freshman, posting a time of 35:51...overcame injury trouble to race in the Pioneers' last three meets of the season, including the Great Lakes Regional Championship meet...a member of the four time Class C cross country state champions from Charlevoix High School...two-time captain of both the cross country and track squads...earned All-State honors in both track and cross country as a senior.

JEFF KELKE



5-10, 150,
Junior
Mt.
Clemens,
MI/Mt.
Clemens
High
School
A transfer
from
Macomb
Communi-
ty

College who joins the OU harriers with two years of eligibility remaining...MCC's cross country MVP in 1989 and 1990...had a best time of 26:08 for five miles...an All-Stater in both cross country and track while at Mt. Clemens High School...a two-time All-County selection in cross country...two-time league champion...a three-time league champion in the two-mile run...won the county crown in that event as a senior...ran on a national championship cross country team for TAC/AAU nationals.

JOHN NEMENS



6-0, 145,
Junior
Warren,
MI/East
Detroit
High
School
A junior
college
All-
American
at
Macomb

Community College last year...comes to Oakland with two years of eligibility remaining...earned All-American honors in both cross country and track at MCC...ran a top 10,000 meter time of 31:40, and a best five-mile time of 25:36...earned All-State honors as a prep senior at East Detroit High School...was All-County in both cross country and track as a junior and senior...a three-time All-League honoree in both sports.

ED CHURCH



5-10, 145
Fresh-
man
Dearborn,
MI/
Dearborn
High
School
The only
freshman
on OU's
pre-
season

roster...a two-time All-League selection in both track and cross country while at Dearborn High School...also earn three All-City honors in track and one in cross country...a four-year letterwinner in both Track and cross country as a prepster...captained both teams as a senior...was a regional champion in track.

1991 FINAL CROSS COUNTRY RESULTS

Record: 46-23

FINISH	RACE	TOP OU RUNNER	TIME	DISTANCE
5 of 7	Upper Peninsula Classic	4-John Myatt	26:59	8 K
3 of 7	University of Detroit-Mercy Inv.	10-Paul Rice	21:16	4 miles
3 of 10	at Bulldog Invitational	2-John Myatt	26:14	8 K
2 of 11	at Roadrunner Invitational	4-Paul Rice	27:08	8 K
9 of 19	at Mich. Collegiate Championships	19-John Myatt	25:42	8 K
4 of 9	at GLIAC Championships	1-John Myatt	33:39	10 K
11 of 20	at NCAA Great Lakes Regional	12-John Myatt	33:35	10 K

1991 TOP TIMES

8,000 Meters

1. John Myatt, Mich. Collegiate Championships, 25:42
2. Paul Rice, Mich. Collegiate Championships, 25:43
3. John Myatt, Bulldog Invitational, 26:14
4. Paul Rice, Bulldog Invitational, 26:29
5. John Myatt, UP Classic, 26:59

10,000 Meters

1. John Myatt, Great Lakes Regional, 33:35
2. John Myatt, GLIAC Championship, 33:39
3. Paul Rice, GLIAC Championship, 33:49
4. Paul Rice, Great Lakes Regional, 33:51
5. Paul Horvath, GLIAC Championship, 34:53

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in America?**

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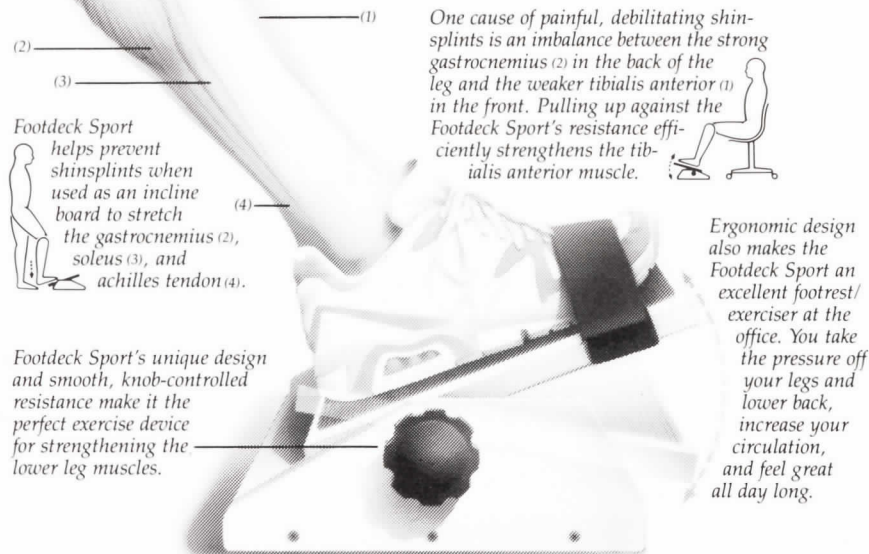




KEN OSMUN OU'S First Cross Country All-American

- ★ Placed 11th at the 1990 NCAA Division II Championships to become OU's first All-American in cross country
- ★ Also won the GLIAC Championship in 1990
- ★ A three-time All-GLIAC and two-time All-Region honoree
- ★ Earned an NCAA Post-Graduate Scholarship
- ★ Academic All-American and two-time Academic All-GLIAC selection

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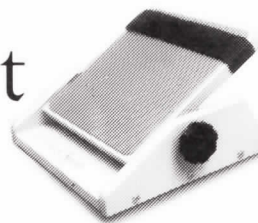


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