

Oakland University's Center for Human Animal Interventions will host a workshop on therapeutic approaches in equine-assisted interventions for counselors and social workers on Friday, June 23.

This hands-on workshop, which runs from 10 a.m. – 4 p.m., will be held at Hidden Promise Ranch in Fenton, Michigan and will focus on how working with horses improves self-esteem, relieves anxiety symptoms, assists in growth in self-awareness and other positive effects.

The day starts with an introduction on basic concepts of equine-assisted interventions and continues with hands-on work with the beautiful horses at Hidden Promise Ranch.

Continuing Education Units are available for counselors, social workers and teachers.

Kim Cardeccia, a Licensed Professional Counselor who has operated her counseling practice with equine-assisted interventions since 2001, will lead the workshop. With a combination of professional skills and a passion for horses, she helps people improve their emotional quality of life. Her unique style of compassionate guidance emphasizes communication and physical and emotional safety in her work with people and horses.



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Hidden Promise Ranch is located at 7601 Allen Road, Fenton, Michigan. Cost of the conference is \$169. Early bird rates apply if attendee register by May 31.

Visit oakland.edu/animalassistedtherapy for more information or contact Jennifer Cepnick at jecepni2@oakland.edu.