

THE OAKLAND POST 7

OCTOBER

OAKLAND UNIVERSITY'S INDEPENDENT STUDENT NEWSPAPER — 2015 —



Photo by Dani Cojocari / The Oakland Post

REAL-WORLD INVESTING

KRESGE FOUNDATION PROVIDES \$2 MILLION FOR STUDENT-MANAGED INVESTMENT FUND

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TRI SIGMA.

New sorority set in motion
PAGE 7

GIVING BACK.

Alumna makes generous donation
PAGE 12

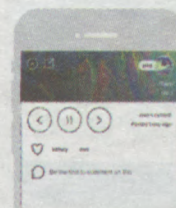
OGBONNA.

Taking skills from Ireland to the U.S.
PAGE 20

thisweek

October 7, 2015 // Volume 41. Issue 6

cymbal



on the web

New music discovery app makes it easy for students to find and share new artists. Read the extended interview from page 13 at oaklandpostonline.com.



PHOTO OF THE WEEK

SISTER, SISTER // This past weekend marked the annual sorority formal recruitment where over 130 young women joined the current on campus chapters, making the average chapter count 98 members.

Photo contributed by Madison Kubinski

Submit a photo to editor@oaklandpostonline.com for a chance to be featured. View all submissions at oaklandpostonline.com



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OU STUDENT ORGANIC FARMERS
Aside from the fresh produce available at reasonable prices, the student run organization is expanding rapidly thanks to volunteer dedication.



14

TICKETS GALORE
Hidden in the underbelly of the Oakland Center is the gateway to cheap entertainment for students struggling to find something to do while on a budget.



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THE GERALD WAY
Senior soccer player Gerald Ben's faith and work ethic are impressing all those around him.

POLL OF THE WEEK

What is your attitude towards McDonalds having all day breakfast?

- A I'm happy about it, pancakes all day!
- B I don't really care, call me when Chipotle delivers.
- C Boo! McDonalds should be ashamed!
- D I CAN'T HEAR YOU OVER ALL THESE HASH BROWNS.

Vote at www.oaklandpostonline.com

LAST WEEK'S POLL

Are you ready for fall?

- A) No, summer was tragically cut too short!
8 votes
- B) Yes, my fall fashion sense is always #OnFleek.
11 votes
- C) Maybe, I'm really not looking forward to the colder weather.
6 votes
- D) JUST SHOVE AN ENTIRE PUMPKIN IN MY A**!
21 votes

THIS WEEK IN HISTORY

October 9, 1991

Vandenberg Hall residents had the unfortunate experience of their rooms leaking during rainstorms, causing minor damage to peoples belongings.

October 6, 1993

Oakland University enrollment dropped from 13,068 to 12,895. Despite this, 64% of students were still female.

October 4, 1995

WXOU was denied by the FCC to be broadcast on FM radio signals due to a form being filled out incorrectly.

— Compiled by Cheyanne Kramer, Staff Reporter

BY THE NUMBERS

Mass shootings

1/3

of victims of mass shootings are under 18

297

mass shootings were recorded in the U.S. as of Oct. 6

45

of those mass shootings were in schools

4

of said shootings were in October alone

9,956

people have been killed in 2015 as a result of gun violence

Editorial

Editorial: It's a responsibility, not a right

Jackson Gilbert
Sports Editor

As I read the text from my father, I thought to myself, "I don't want to do this again today."

"10 dead, 20 wounded in a shooting at a college in Oregon," the message said.

I packed up my bag and headed home from Oakland University to turn on the news networks. It's what I do when these things happen.

It's what I did in July 2012 when 12 patrons were executed at a movie theater in Colorado. It's what I did on Dec. 14, 2012, when 20 children were slaughtered in Connecticut. And it's what I've done pretty much every time something like this happens in America.

Needless to say, I've been watching too much CNN over the last few years.

I hate it when this happens for obvious reasons. It happened at a community college — it could've just as easily been my own classroom that was hit. It could've been my friends.

I hate that I know the name of each of the mass shooters in this country, but I know very few of the names of the victims. This time is no different.

I hate that within a couple days, I'll be seeing people posting on social media about the conspiracy theories associated with this event.

To suggest that these events are government-orchestrated to push our country towards gun legislation — well, I can't

even fathom how someone could make the statement.

Oh wait, yes I can. Because it happens every time.

We've found out in the days since the Oregon shooting that the sheriff investigating the event posted on his social media about conspiracy theories involving Sandy Hook.

I'm hoping something happens in response to the Umpqua Community College shooting. The obsession with guns in the U.S. is disgusting to me. They haven't been a cool thing to me since I was in middle school. But part of growing up is developing an understanding of the consequences of our actions. My views changed.

We understand that automobiles cause a lot of deaths in this country so we make them safer. Sure, there's always going to be an inherent risk every time you enter a vehicle, but the productive outcome is transportation.

There's an inherent risk, too, every time you pick up a gun. But what is the productive value in it?

There isn't any.

But since I know that some Americans will never give up their Second Amendment rights, I have to hope for something more reasonable.

In 1996, 35 people were killed and 23 wounded on an Australian island by a man with a long record of mental illness and violent behavior. He used two semi-automatic rifles that had no business being in the hands of a man with his history.

Strict gun laws were enacted within months of the Port Arthur massacre in Australia.

The gun deaths in Australia fell by about 50 percent immediately after the laws were enacted. It currently sits at about one death each year per 100,000 people from gun violence according to the CDC.

The rate is 10 times as high in the United States. We have more guns than anyone. There have been 297 incidents of four or more people being shot so far this year in our country.

I know that the Second Amendment exists, although I sometimes question its relevance in the 21st century.

My call to action is to both gun owners and to the government.

First, I hope the government will take action to prevent the production and sale of semi-automatic and automatic weapons. They have no purpose besides killing.

I also hope the government will create a transparent database of people that cannot legally own guns, similar to a sex offender registry with people with violent backgrounds and obvious mental health red flags being on this list.

Secondly, I hope that our obsession with guns will subside. I hope that people will stop bragging about the fact that they own them. It's not something to be proud of. It's a huge responsibility to own a gun and one that I hope will become much more difficult to achieve in the coming years.

The views expressed in Perspectives do not necessarily represent those of The Oakland Post.



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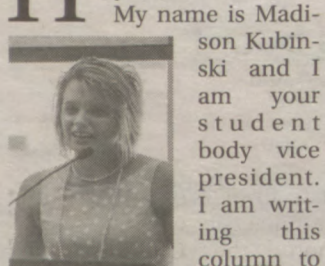
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Catching up with OUSC legislators

Madison Kubinski
Contributor

Hello Oakland University!



Madison Kubinski
Student Body
Vice President

My name is Madison Kubinski and I am your student body vice president. I am writing this column to update you with what's going on inside the Student Congress, mostly to do with legislative updates.

Legislator positions

There are currently 16 legislators serving as I write this, however, we could very well have a new addition after our meeting Monday night. A legislator's job is mostly done in our general body meetings, where they vote on issues pertaining to the student body as a whole as well as student congress issues. Other parts of their job center on working in and out of the office, volunteering with events we put on, or helping e-board members with their committees or other legislative committees.

Individual initiatives

Another big portion of the legislature job is working on their individual initiative, they are as unique and diverse as our legislators are themselves. One of our legislators has a short term project that she hopes evolves into as OUSC tradition.

Kat Cotton is currently looking into a program that would adopt locally struggling families during the holidays at the end of the semester. This would entail OU students donating slightly used toys as presents to these families, and in return the students would receive free OU swag!

Lena Mishack is currently working with our Environ-

ment Health and Wellness Director Katie Rose to bring more nutrition facts and continued healthy options to the newly renovated Pioneer Café and to Au Bon Pain. While Chartwells has done a great job bringing newer and healthier options in the Oakland Center, both Lena and Katie would like to see nutritional information posted both in person where students purchase meals, but more in detail information available online. Also they are also working towards getting allergy labels on food that would help students who have different allergies.

Dema Iskander, a recent addition to the congress, is focusing on trying to bring a resume workshop to student who are making the difficult transition from student to professional. Dema's vision is for students to have an easier job transitioning from student life by showing them how to tailor a resume to a specific job that they are looking to interview for, and to hopefully be hired for.

An inclusive initiative

Zack Thomas is currently in works to have an Application Inclusion initiative, which focuses on adding options to the many Oakland University application documents that allow one to identify as transgender/gender-nonconforming, as well as gay, lesbian, bisexual, etc. This will allow for students to officially identify with their gender/orientation, and allows OU to track the retention rates of those students, which has the potential to increase LGBTIQ outreach on campus. It would also benefit groups like the Gender and Sexuality Center, which supports this initiative. Zack is also happy to report that administrators have been largely in support of this, and that this should be happening, and hopefully soon.

Thanks for reading my update and I look forward to more to come!

A better yOU: Grizzlies need to step up their recycling game

Making recycling your priority can help make it Oakland's priority

Katie Rose
Contributor

What do you do when you eat all your Bear



Katie Rose
Environment,
Health and
Wellness Director

Cave pizza and you're left with a pizza box and a bunch of crumpled napkins?

Where do you put the waste when you're done? It better be the recycling bin. Recycling is really just common sense. You reduce waste that goes to the landfill by recycling, which reduces water pollution, carbon emissions, energy, space, and money. Here, at Oakland University, our recycling program is not the best. If you sit in Pioneer Food Court for an hour and watch what people throw away, the majority of it is recyclable materials. We are a big school and we create a lot of waste. Why is it that we don't make the extra effort to put our materials in the correct bins around campus? The reason is because our school does not make recycling a priority. There are recycling programs at other universities that put ours to shame. Let us take a look at which ones.

Pepperdine University in Malibu, California is ranked as the university with the number one recycling program. Out of the total waste produced on their campus, 78% is recycled. Computers, printers, cell phones, and batteries are recycled on campus or are donated to an IT center. Food waste and green waste (such as grass and tree clippings) are com-

posted to create fertilizer. Pepperdine is clearly reducing their carbon footprint by making it a priority on campus. There are more schools like Pepperdine that are dedicated to reducing waste.

American University in Washington DC strives to reduce waste through an extensive recycling program. Their motto is "throw away doesn't mean go away so we're on our way to zero waste". They recycle everything from basic paper and plastic products to electronics and clothing. They have specific bins placed all throughout campus and educate students on what precisely goes in each bin. They also compost paper towels from restrooms, and kitchen waste. Next time you go to the bathroom at OU, take notice of all the paper towels in the trashcan. That could all be recycled or composted, yet it is all sent to the landfill.

Other notable schools with excellent recycling programs include Valencia College, College of the Atlantic, Kalamazoo College, Chatham University, and Harvard University as well as many others. Oakland University has one of the fastest growing campus populations in Michigan within the past 10 years. More people equals more waste. Don't you think that we should start to make recycling a priority too? With students taking recycling more seriously, and administration providing more information and resources to recycle, we could potentially aim for zero waste (or at least get close). Just think of all the waste we could reduce if we tried.

UPCOMING EVENTS: ENVIRONMENTAL, HEALTH & WELLNESS

OCT. 7	10 a.m.-12 p.m. Leaders for Environmental Awareness and Protection Weekly Clean, Riverbends Park
OCT. 7	2-3 p.m. Aspiring Surgeons General Meeting, Gold Room B
OCT. 8	11 a.m.-1 p.m. Student Congress Talkin' Trash Campus Clean-up, meet in Fireside Lounge
OCT. 8	12-1 p.m. Psi Chi - Psychology Student Association Suicide and Awareness Prevention Workshop, Lake Huron Room
OCT. 13	11 a.m.-1 p.m. PATCH A Health Care Collaboration, Banquet Rooms

What can I recycle?

- Metals (aluminum foil, cans, etc.)
- Paper/cardboard
- Glass
- Plastics
- Batteries
- Light bulbs
- Electronics

What can't I recycle?

- Ribbons and bows
- Food waste
- Styrofoam
- Ceramics
- Mirrors

LETTER TO THE EDITOR

'Don't believe the stories being told to us'

In response to tuition increase, student body have right to know entire story, details of Hynd's plan

Chase Chulderman
Contributor

The recent Op-Ed, "Editorial: Who's really to blame for the tuition raise," addresses an important issue. Its suggestion is that our State Government is to blame. Yet, the truth is that it's far more complicated than that, and both the premise and rationale for the dramatic Oakland University tuition increase deserves further scrutiny.



Chase Chulderman

The cost of higher education has grown dramatically over the past three decades well beyond what inflation or relevant indices might predict. These trends are decoupled, largely, from lagging government funding. President Hynd and other college presidents have blamed public funding for financial woes, but this is not a novel argument, nor is it the first time that it has been made. It is true that public funding has not kept up with cost, but it is not a central driver for increasing costs at universities across the country. In fact, it is a harmful distractor and obfuscates the true impetuses for skyrocketing tuition rates.

OU claims that current enrollment growth should be a primary motivator for more state funding. But since

the recession, Lansing has based funding on a performance model. Despite increasing enrollment year over year, documents on OU's website indicate very little progress meeting performance metrics. In fact, the next highest funded state university, GVSU, outperforms OU by wide margins in both retention and graduation rates. Enrollment has increased, but that is a very weak foundation for claiming that the University is more successful or prosperous.

Despite OU's strategic plan and efforts to clean up its own expenditure, there have been a dearth of specific details for why the tuition hike was necessary to hit performance targets or enable the university to educate its students better.

President Hynd has requested that students shoulder more cost in order to improve the university because of a deficit in public funding. Yet, it is concerning that Pres. Hynd was hired on last year at a rate 10% higher than his predecessor and is the fourth-highest paid state university president in the state despite not being hired to helm a university of equal caliber. Furthermore, the Office of the President has seen its budget increased more than any other department in the very same year that tuition increased so dramatically.

It is reductionistic to assume that ballooning administrative cost growth is to blame for tuition increases, but we need to delve deeper. We should not simply accept the narrative provided us.

The Real Deal: Avoiding shutdown, false prophets

Student sheds light on government shutdowns, why they happen, what they mean for the American people

Joshua Koss
Contributor

This past week our government avoided a shutdown, much to the relief of many across the nation. For those who may be unfamiliar with exactly what it means to have the federal government shutdown, I will offer a brief explanation.



Joshua Koss

Our government shuts down when Congress creates a "funding gap" by failing to pass appropriations for government agencies within a full-year; the last time this occurred was in 2013 during a failed attempt to defund Obamacare.

The reason why the federal government was at risk of shutting down this past week was the question of whether or not Planned Parenthood should receive federal subsidies, an inquiry raised through the controversial and doctored videos released that accused PP of selling the parts of aborted fetuses.

I'll save the discussion of Planned Par-

enthood for a future contributor; however, the key question behind this debacle is why should we care if the government is shut down?

During a shutdown many government employees find themselves furloughed, temporarily relieved from work, while others who perform essential tasks, such as those in active military duty, may find delays in their paychecks.

In 2013, The Economist estimated that 800,000 federal employees sat at home without work and another 1.3 million endured delayed paychecks. With so many people either off work or having less disposable funds, you can easily imagine that there are economic ramifications. According to ABC News, the 16 day shutdown took approximately \$24 billion from the economy.

It is explicitly against the interests of the American people for Congress to shut down the government. Frankly, no party or member of Congress should have the right to hold our government hostage no matter what the subject is, be it abortion, healthcare, the environment, gun control, or any other wedge issue for that matter.

The threat of a shutdown should be a force that motivates bipartisan coop-

eration and compromise, but today some members of Congress have sought to use it as a tool to either gain political capital or demonstrate their commitment to their principals.

To the extreme ends of the political structure, the word "compromise" has become synonymous with "corrupt." This phenomenon is the product of many politicians, namely "new bloods" to Washington, making grandiose promises for change and unflinching devotion to principals while ignoring that the other side holds just as steadfast to their own beliefs. This method of preying upon the idealism of the base gives the impression that serious progress can be made on controversial issues, when reality demonstrates otherwise.

Ultimately, compromise is necessary on both sides of the aisle. When Speaker of the House John Boehner announced his retirement, he warned of "false prophets," noting that many elected officials mislead the public on what they can achieve in Washington, all but naming presidential candidate and Texas Senator Ted Cruz as one of them. It should be noted that the spending bill passed to prevent the government shutdown is merely a

"During a shutdown, many government employees find themselves furloughed, temporarily relieved from work, while others who perform essential tasks, such as military duty, may find delays in their paychecks."

temporary provision only postponing the budget battle until this December. Members of both parties in the Senate agreed to the spending bill with the exception of 20 Republicans and 2 Republican abstentions. Notably, Presidential candidates Ted Cruz and Rand Paul voted against keeping the government open, and fellow Republican candidates Marco Rubio and Lindsey Graham abstained from the vote, likely a political move to avoid backlash but not lose appeal with the conservative base.

Hopefully, when appropriation talks resume, our politicians remember how many lives can be adversely affected when our government does not remain open.

Grizzlies on the Prowl



"What are your thoughts on the Oregon college shooting?"



Nicole Bridges, sophomore, creative writing

"It was absolutely horrible. Instead of focusing on gun control or mental issues, we should try to find a pattern. Society should take a step towards erasing the dominant white alpha male mentality."



Emilio Cabello, sophomore, health sciences

"It's a tragedy. We should focus on troubled kids at school to prevent them from having these issues. As for gun control, I think we should limit access to them, make it harder to own the non-hunting and sporting guns."



Ed Bragg, freshman, Japanese language

"I know a little bit about the hero, but I heard about the shooter first. I think it's a tragedy that they're focusing on the shooter and not the hero."



Danielle Bridges, sophomore, history and secondary education

"I think it's completely horrible. I don't think the primary focus should be on the mental health issue, but on gun control. I also think that if anyone deserves to be remembered from this shooting, it should be the hero not the shooter."

— Compiled by Nowshin Chowdhury, Photographer

POLICE BRIEFS

Stalking outside Hamlin Hall

On Sept. 14, OUPD received a complaint that a student was being stalked and sent officers to Hamlin Hall. The student said after breaking up with her boyfriend he wouldn't leave her alone. She said he was constantly badgering her with texts and calls, as many as 15, and would send his friends to OU to talk to her. The student also said that her ex's new girlfriend was harassing her on Facebook. The student did not want to press charges, but did ask OUPD to contact the young man. They did as she asked and called him asking that he stop bothering her.

Substance abuse on campus

OUPD received a call on Sept. 16 reporting a student smoking marijuana and snorting Xanax. The student who called stated that she had also heard the student speaking about doing meth, cocaine and taking pills. Upon entering the student's room, OUPD was able to find the drugs the student had been accused of doing, which had been put in pill bottles. When OUPD spoke with the accused student, she stated that she had never seen the drugs before and was unsure as to how they ended up in her room.

Compiled by Shelby Tankersley, Staff Reporter

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Photograph courtesy of the Tri Sigma sorority

Sigma Sigma Sigma (known as Tri Sigma) looks for potential sisters who want to focus on leadership, academics and their community.

New sorority aims to give back

Tri Sigma focuses on Therapeutic Play for chronically ill children

Jake Smith
Staff Intern

With signs, free t-shirts, buttons and cupcakes at every turn, it was nearly impossible to miss the letters of the newest members of Oakland's Greek community, Sigma Sigma Sigma (Tri Sigma).

From now through Oct. 15, interested Oakland women can apply to join the newest addition to the Greek community.

"After we had the opportunity to meet with the governing body of the sororities on campus, our organization was impressed by the students and the amount of service going on and we knew we wanted to start at chapter at OU," assistant executive director of Sigma Sigma Sigma Lorin Phillips said.

"Following submitting their application, new members will schedule a personal meeting with our team. We're looking for women who are focused on leadership, academics, and giving back to the community."

Tri Sigma's main philanthropic focus

is on therapeutic play, providing places for chronically ill children in hospitals.

According to an article published on the Tri Sigma Foundation website, providing children with therapeutic play prevents chronic illness from hindering development and it helps them to understand their illness and decrease anxiety.

Oakland's Greek community has shown a positive reaction to the arrival of a new sorority. "They've been so supportive, welcoming, and encouraging," Phillips said. "This has been the Disney World of campuses."

For their first event on campus this semester, Tri Sigma will sponsor a week of service starting Monday Oct. 12. To kick off the event, they'll be bringing in Jess Erksom from Headbands of Hope.

"She'll be speaking about giving back to the community and the importance of inspiring people to do it rather than making service a requirement," Phillips said.

Tri Sigma will also be putting on a "Sunshine Kit" packing Oct. 7 and 9 in the Lake Superior B room in the OC where 300 activity kits will be prepped for local children's agencies that will let kids make their own coloring books or journals.

Tri Sigma will hand out their bids for the fall semester on Oct. 18.

October Events

Oct. 5: Alternative Spring Break informal meeting from 12-2 p.m. in the OC

Oct. 5 through 9: Baldwin Center Holiday store set up from 11-2 p.m.

Oct. 7: Sunshine Kit Packing in Lake Superior B at 4:30 p.m.

Oct. 8: Golden Key fundraiser to benefit the Spark A Change foundation in the OC from 12-2 p.m.

Oct. 9: Sunshine Kit Packing in Lake Superior B at 12 p.m.

Oct. 14: River cleanup put on by L.E.A.P. (more details on their Facebook page)

Students lead the way to make OU more handicap accessible

Shelby Tankersley
Staff Reporter

Sophomore Ryan Fox and freshman Elijah Sanders are hoping to make improvements around campus that would lead to easier navigation for handicapped or injured individuals.

Fox and Sanders, along with 21 other students, met on Tuesday, Oct. 6 to discuss what improvements they feel should be made.

"We're taking baby steps here," Fox said. "Our first step is to try and get buttons installed in the bathrooms of the Oakland Center, which we would like to see done by next school year. This would allow the doors to stay open so anyone who cannot walk through the door would have a clear passageway."

Sanders, being a disabled student himself, said that this is a problem he currently faces when trying to get through doors. That's part of the reason why he feels this project is something that needs to be set in motion.

They also spoke on other issues that anyone who cannot walk, whether it is on crutches or a wheelchair, may face.

"The sidewalks by Bear Lake have a lot of holes and cracks in them which can be problematic, so we want to get those fixed," Fox said. "Also, when they expand the Oakland Center, we want to try and get more accessible elevators put into place there."

Fox said that he and Sanders know that taking their plan to OUSC first may be seen as slightly unorthodox, but they think if the students are the ones to present the issue Oakland faculty will take it more seriously.

"This is the first time anyone has tried to do this through student congress," Fox said. "But, if they pass the bill it will then go straight to the Board of Trustees and they have the power to say yes or no. That's why we want student support."

According to Fox, OUSC President Nick Walter and Vice President of Student Affairs Glenn MacIntosh are in support of the change and they, along with the 21 students who signed the bill, are hoping significant change will soon be made.

Farmers foresee future fortune

Oakland University volunteers harvest their rewards of manual labor

Sean Gardner
Web Editor

Every Thursday, fresh produce is sold outside the Oakland Center. This produce is grown, harvested and sold by students, from a farm on campus.

"The farm was initiated and started by a group of students and a few faculty [in 2009]," Jarred Hanna, farm coordinator, said. "Business students and environmental science students wanted a way to teach each other how to grow food, so why not learn how to do it at the university?"

In 2010, the farm had its first ever growing season. But it took another year for things to pick up pace.

A grant for STEM (science, technology, engineering and mathematics) education brought forth food related STEM courses with service learning components.

The grant, along with a collabora-

tion between the Student Organic Farmers at Oakland University and the biological sciences department helped to make the farm thrive - due to the offered classes and an active student club.

"[The] classes are an excellent way to recruit new club members and volunteers to our community," Katelyn Walton, president of the Student Organic Farmers at OU, said. "Students learn that you don't necessarily have to be a science major to be passionate about sustainable farming and nutritious food."

According to Hanna, anywhere between 200-300 people a year get involved with the farm. This ranges from volunteers, to other departments around the university utilizing the farm.

"We have volunteers, events, and the farm stand, which serves over 100 people a week and people from the community come and purchase our

produce, not just students on campus," Hanna said.

The popularity of farm has helped in more than one way and has raised significant funds to further it. This has all happened without university funding.

"The farm has received generous donations from the community, as well as grants for the hoop house, student employment, research and more," Hanna said. "We have also received support from the Biological Sciences and the College of Arts and Sciences for our academic courses and student learning."

The farm is located on Adams road and Butler road, at the Matilda Dodge farm, on a seven acre site. However, the farmers can only use a half acre of that, with a quarter acre of that space used for growing.

Even with limited space, Hanna states that they grow 6,000-10,000 pounds of food a year.

"Everything we do, plan, and teach we make available for a low cost for the



Dave Jackson / The Oakland Post

Student volunteers partner with the local community to produce quality produce.

university through our campus farm stands," said Hanna.

With popularity of the farm growing beyond campus and supply and demand becoming the biggest challenge, Walton would like to see more expansion.

"It is our dream to expand the farm on a larger scale - maybe more hoop houses, which would allow us to have greater crop yields, Walton said. "But with expanding fields, that means we need more helping hands around the farm."

New student organization on campus brings interest to fields unknown

With meetings being interactive, educational, Pediatric Heart Circle promises experience worthy of future employers

Grace Turner
Life Editor

A new student org wants to get blood flowing. The Pediatric Heart Circle is a club dedicated to studying the heart in adults and children.

The goal of the club is "to give students a hands-on experience and outlook into the pre-health field with a focus in cardiology," said Tara Mary Aziz, biology major and president and founder.

Aziz said she wanted the club to focus on the heart because congenital heart defects - structural heart problems that are present at birth - are the most common type of birth defect, according to the National Heart, Lung, and

Blood Institute.

The club focuses on pediatrics as well, even though it's usually studied separately from the rest of medicine.

"It starts with the children," said Nasam Jajou, health science major and vice president.

The club has three meetings planned so far. At the first meeting on Thursday, Oct. 8, groups of students will perform mock-examinations on hired actors who have pre-set medical complaints and diseases. Each actor will have a patient history form. The groups will discuss their findings after.

At the second meeting, an emergency medical technician (EMT) will demonstrate what to do when someone

goes into cardiac arrest. The EMT will give participants a hypothetical situation, and the participants will perform CPR on a dummy accordingly.

At the third meeting, a pediatric cardiologist, or heart doctor for children, will offer students an interactive activity that allows them to hear heart murmurs, or unusual sounds within a heartbeat, according to the National Heart, Lung, and Blood Institute.

The pediatric cardiologist will also talk about potential career paths and the ethical side of a pediatric career, which is especially important since parents must make medical decisions for their children.

Members will receive a cer-



Erika Barker / The Oakland Post

President of her new organization, Tara Mary Aziz and her vice president Nasam Jajou are excited for the new school year.

tificate of completion after each meeting.

Because each event requires so much planning, Pediatric Heart Circle will have four or five meetings each semester. But the work is worth it to Aziz and Jajou.

"We want to show people the fun side of health care," Aziz said.

However, this club isn't just for students who plan to work in the medical field. Aziz and

Jajou want to offer fun, interactive activities for students of all majors.

Its first meeting is 1:15 to about 2:30 on Thursday, Oct. 8 in South Foundation Hall 170.

Students interested in attending a Pediatric Heart Circle event should join the club on GrizzOrgs. For more information, visit pediatricheartcircle.com or find the group on Instagram. The group keeps its website updated.

Students entrusted with \$2 million investment fund



Dani Cojocari / The Oakland Post

Data analysis lab is now equipped with a real-time stock market ticker and plasma screens.

Dani Cojocari
Photo Editor

Oakland put \$2 million into the hands of its finest: the students.

On Wednesday, Sept. 30, the Kresge Foundation and Oakland University announced a new student-managed investment fund that will provide students with a real-world experience of managing stocks.

"This investment will open the doors to great possibilities for our students and faculty," President George Hynd said as he began the announcement ceremony held in Elliott Hall's data analysis lab.

Undergraduate students who take the 400-level business course, Managing Investment Funds, will learn the essentials of portfolio management, stock selection and portfolio evaluation while managing the investment provided by the Kresge Foundation.

OU alum Rob Manilla, Vice President and Chief Investment Officer of the Kresge Foundation investment team, was the first guest speaker to address the new fund and course.

"This is not just about the two million. It's really the curriculum," Manilla said. "The students led through this curriculum will actually pick a stock, and they'll learn how to value stocks and how to create portfolios. They'll learn what risk measures are."

Not only will students be exposed to real-world situations, they will also be able to immerse themselves in a realistic setting.

The data analysis lab was renovated to

include two large plasma screen televisions to show stocks and a real-time stock market ticker along the wall. However, the most impressive upgrade is ten dual screen Bloomberg terminals — special computers that can access the Bloomberg Professional service to monitor and analyze market data.

"The beauty of the lab is that it gives students the tools they will use in the real world," Manilla said. "It gives students a glimpse into what this profession is. Graduates from Oakland will have one step up against the competition."

Rip Rapson, President and CEO of the Kresge Foundation, praised the concept of putting students in control of the investment fund.

"The students, together with the faculty, are going to make this project hum in ways we can't even begin to imagine," Rapson said. "We'll see the success of the program when other Michigan companies — the GMs, the Fords, the Strikers — are fighting to hire graduates of this program."

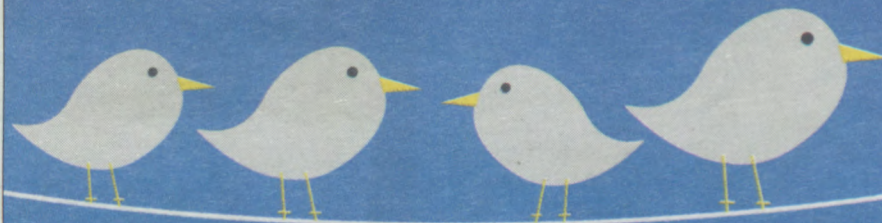
Hannah Becker, a senior majoring in Finance, decided to take the class for the real world experience.

"It's like having an internship, but it's a class," she explained. "It's a great thing to put on a resume."

The experiences and lessons learned during this course will give Oakland University graduates a big advantage in the business and investment field.

Manilla said it best when giving his final piece of advice for the students taking the course. "Learn Excel and Bloomberg. Get good at them and you are like gold."

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SPB calling talented Golden Grizzlies

All students welcome to participate in, support annual 'OU's Got Talent' show

Sarah Lawrence
Staff Intern

As a way to broadcast the creative performances that many at Oakland University have to offer, the Student Program Board is preparing for their annual production of OU's Got Talent.

"OU's Got Talent is one of the Student Program Board's annual mainstage events," Director of Annual Events for the Student Program Board Cassie Hock said. "The idea is to mirror America's Got Talent. There are many students who audition, and some will move on to participate in the full talent show at Meadow Brook Theater."

"Auditions will be held in the Oakland Center on Oct. 5-7 from 6-8 p.m. If someone is unable to make those times, they may submit an online audition."

Abby Godwin
SPB Mainstage Director

How to get involved

For those looking to become involved with the show, there are some important details to keep in mind.

"We welcome all talent to participate in our show," Abby Godwin, Student Program Board's mainstage events director, said. "Auditions will be held in the Oakland Center on Oct. 5-7 from 6-8 p.m. If someone is unable to make those times, they may submit an online audition at oakland.edu/spb."

Open-mic Hump Day

The Student Program Board will be holding an open-mic Hump Day event on Wednesday, Oct. 14 from 12-2 p.m. in the Oakland Center. Those who are looking to participate in the open-mic lineup should arrive at 11:30 a.m. to sign up.

You won't want to miss out on this opportunity to see the talent OU students have to offer. "OU's Got Talent" will be taking place, free of charge, at Meadowbrook Theater on Thursday, Oct. 26 at 7 p.m. Doors will open at 6 p.m. Cash prizes of \$300, \$200 and \$150 will be awarded to the first and second place winners, along with the night's fan favorite.



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HOWIE MAUI	\$8	\$10	\$13	\$16
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UPCOMING EVENTS OFFERED BY THE CSA

The fall 2015 semester is in full swing, and with it comes more and more interesting events offered by the Center for Student Activities and Leadership Development.

From trips to our nation's capital to thrill-filled adventures, the fun has just begun at Oakland. Check out some of the remaining major events of the semester.

WASHINGTON, D.C. TRIP // The Student Program Board's annual trip will take students to the capital. Tickets are on sale now for \$200 including travel and lodging. The trip is on Nov. 5-8.

CEDAR POINT TRIP // Student Program Board is offering a day long trip to the nation's roller coaster capital on Oct. 24. Tickets are available at the CSA window.

COLLEGE NIGHT AT THE DIA // Transportation to and from the museum, admission to 30 exhibits, live music, cash bar and more, all for free. The event will take place on Oct. 23 from 6:30 pm to 11 pm. Pick up your tickets at the CSA service window.

OU'S GOT TALENT // This talent showcase for students is complete with cash prizes for first, second and third place winners. Digital auditions are currently being accepted, with in-person auditions held on Oct. 5-7. The event will take place on Oct. 26 at 7 p.m. in Meadow Brook Theatre.

MAKE A DIFFERENCE DAY // One way to give back this semester is volunteering on this national day of service, held on Oct. 24. Students will meet in Fireside Lounge and disperse to three different service locations for the day. Sign up is available on GrizzOrgs.

— Compiled by Rachel Williams,
Staff Reporter

YAKS of the WEEK

Yik Yak:
The voice of the people



1. "I hate it when you compliment someone on their mustache and suddenly she's not friends with you anymore."

2. "I got a blank space baby and I'll write your name... Even though I did the whole dang partner project."

3. "Walks up two stairs *takes 20 minute break*"

4. "Just saw two construction workers laughing. You know what they were building? Friendship."

5. "College is like when you go from first to 11th place in Mario Kart because you slipped on your own banana."

6. "PSA: Go back to sleep."

7. "Coffee makes me feel like I can take over the world."

8. "Happy Halloween 1st."

9. "Thank you student loans for getting me through college, I don't think there's any way I can repay you."

10. "If you want the wind to leave you alone just tell it you already have a boyfriend."

— Compiled by Shelby Tankersley,
Staff Reporter

TOP TUNES

wxou albums of the month

1. Alex G — "Beach Music"
2. Beach House — "Depression Cherry"
3. Jr Jr — "Jr Jr"
4. Mac DeMarco — "Another One"
5. Yo La Tengo — "Stuff Like That There"
6. Mild High Club — "Timeline"
7. World is a Beautiful Place and I Am No Longer Afraid to Die — "Harmlessness"
8. Beirut — "No No No"
9. Ought — "Sun Coming Down"
10. Homeshake — "Midnight Snack"

ALBUM SPOTLIGHT:



Alex G "Beach Music"

Sometimes it's the saddest songs that make us feel the best.

On his seventh album, Philadelphia's Alex G puts together one of his most varied batches of songs to date. From Elliott Smith-style whispered ballads ("Thorns") to 90's-style rockers ("Kicker") to sad sonic weirdness ("Station"), Alex G covers most of the indie rock bases and then some.

"Beach Music" is Alex G's first album on Domino Records, a step above his former label, Orchid Tapes. Though he has made the step to a major label, Alex G's songs still possess the same warmth and honesty of his previous albums that were recorded in his bedroom. His muse still draws from loneliness, confusion and uncertainty, making "Beach Music" a perfect listen on a walk to class as the leaves begin to change.

Recommended if you like: Elliott Smith, Pavement, Elvis Depressedly

Start with: "Kicker," "Ready," and "Bug"

— Anthony Spak, WXOU Music Director

Alumna, mentor dedicates \$25,000 to OU community

Donation to provide funds for scholarships, student orgs, trips

Rachel Williams
Staff Reporter

Jean Ann Miller, director of student activities and leadership development, has dedicated \$25,000 to the university as part of the All University Fund Drive (AUFD).

The gift will be spread out over the span of five years and fund specific organizations each year including Alternative Spring Break, Student Organic Farmers, WXOU, the Honors College, the psychology department, the health sciences department, men's and women's basketball and the Critical Difference Scholarship.

Miller wanted an eclectic and

comprehensive group of student organizations and scholarship funds in order to give back to the entire Oakland community.

As part of the AUFD, President Hynd will match all donations, including Miller's.

Miller graduated from Oakland with a degree in psychology and later came to work in University housing.

"Even from when I was an undergraduate here, I felt that it was my home away from home," Miller said. "It still feels that way to me."

It is this feeling of community that motivated her to make this dedication, as well as helping the students, faculty and staff.

This dedication will provide funds for scholarships and help with out-of-pocket expenses for trips such as Alternative Spring Break.

Among scholarships, it will

go towards organizations who encourage and inspire students to get involved on campus. The organizations to whom funds are given will stay consistent throughout the five years, though funds may vary depending on specific needs by an organization.

"It's just a giving back to the university that's been such an important part of my life, from the time I was a student here into being a professional," Miller said.

"It's just acknowledging that. I'm so grateful and this is one way of showing how grateful I am to the whole Oakland University community."

Miller's dedication and passion for the university is evident in her words, work and monetary gift.

She finds the greatest reward in her work through the collaboration with staff, faculty,



Photo contributed to the Oakland Post

Director of Student Activities and Leadership Development Jean Ann Miller's dedication to the university. This will go towards a variety of organizations.

students and alumni, while also building relationships with students and encouraging them to graduate and be successful.

She encourages students to get involved and make Oakland feel like a home for commuters and those residing here.

These funds will provide more opportunities for students, faculty and staff, encouraging

them in their work.

The passion and encouragement of faculty and staff like Miller is what makes the university so special for all who attend, providing great possibilities for students.

"There's no limit to what you can achieve in your life," Miller said.

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TEDx Oakland University speaker series: Mark Ostach and Dr. Kim B. Serota

Rachel Williams
Staff Reporter

Mark Ostach, director of account services at Skidmore Studio, is set to present on Oct. 23 at the TEDx Oakland conference.

Ostach studied neuroscience and psychology at Albion College and graduated with a master's in information systems from Walsh College. He has worked in Detroit for about 12 years, seeking innovation to help propel the city into the future.

Skidmore Studio was founded in 1959 in Detroit. The studio started as an illustration organization but now focuses on marketing and branding for companies directed towards millennials.

Outside of his work at Skidmore Studio, for the past six years Ostach has explored how neuroscience and computer technology intersect, thus creating his research, which he calls Digital Nutrition 101.

According to tedxoaklanduniversity.com, "Digital Nutrition 101 explores a range of social, emotional and cog-

nitive impacts of our technology use (and overuse) and provides solutions to help maximize the benefits of devices and avoid the pitfalls of digital drama and burnout."

Simply put, Ostach hopes to accomplish and educate others on the need for digital balance.

From Digital Nutrition 101 comes the title of Ostach's TEDx Oakland talk: "Is your phone turning you into an adrenaline junkie?"

He will explain how technology, specifically cell phones, can change users' biochemistry.

"Our interactions with our phones are literally creating more adrenaline and cortisol, which are stress hormones and transmitters in the body, so that over time, you feel exhausted and always feel like you're on, with a sense of urgency," Ostach said.

He went on to explain how people's phones function as an extension of their identity with an incessant need to multi-task and stay "connected."

Ostach hopes his talk will inspire audience members to have a "heightened sense of wanting to set their phone

down from time to time, and be in relation with more people."

For more information on Skidmore Studio or Mark Ostach, visit skidmores-tudio.com, or markostach.com.

Dr. Kim B. Serota

Dr. Serota will be also presenting at TEDx on Oct. 23.

Serota is a special instructor in the school of business administration and teaches marketing and consumer behavior and marketing research, and will be instructing a new course called sustainability marketing and management this winter.

According to tedxoaklanduniversity.com, "Serota was trained as a social science researcher focusing on persuasion and politics." He now devotes his time to teaching and researching the idea of deception processes.

Serota's TEDx Oakland talk is titled "Why People Lie."

His experience in marketing research has made him skilled in persuading consumers. A "seller" is expected to tell the consumer what they want to hear. Serota describes this as a



Photos courtesy of the speakers

Mark Ostach and Dr. Kim B. Serota will be speaking at the TEDx talks.

"one-sided argument" or a "lie of omission."

"We associate lying with criminal acts, like cheating or stealing," Serota said.

"My talk will suggest that most lying is far more mundane; that it is a natural consequence of the way we think and talk about things in everyday life."

Serota hopes to challenge audience members to think of lying beyond this and provide a better understanding of lies and deception.

Serota presented his academic research at the "Decepticon" conference this year, which was held at the University of Cambridge. He also presented at Oakland University's Winter College.

Cymbal: The 'Instagram' of music sharing apps

Grad students create app that allows for a more interactive experience when listening to music

Zach Micklea
Contributor

Former Tufts University undergrads have created an app that has thundered onto the scene: Cymbal, a music-sharing platform, is similar to Instagram, with its simple interface and stunning graphics.

Cymbal's Head of Growth and only non-Tufts grad, Charlie Kaplan, recently contacted me about featuring WXOU, Oakland University's student-run radio station, on the app. Fast forward a month and WXOU is a verified account and gaining followers fast as wildfire.

The app is set to launch a college radio vertical — a featured section on the app, dedicated to college radio stations — and Kaplan took time to answer a few questions about the up-

and-coming social networking app.

What is Cymbal and why do we need it?

Cymbal is a music discovery app for the iPhone. It's commonly compared to Instagram, but rather than posting photos or videos, you post songs. You follow friends, as well as favorite blogs, artists ...your feed becomes a fully-playable, constantly-updated playlist, curated by people who matter.

People love Cymbal for different reasons, so I'll speak for myself. I need Cymbal because, despite all its convenience, the advent of digital music made it too easy for me to enjoy music in isolation. Cymbal helps me get recommendations from sources I'm interested in ... instead of faceless algorithms. Not only does that make it

easier to find music, it makes music I find significant. Hearing a punk song is one thing; hearing it from my friend who knows more about punk than anyone is another. Much of your feelings about a song are formed by whom it came from. Cymbal is bringing that back to music.

Explain the college vertical and why the app focuses on college radio.

Most of the Cymbal team had radio shows in college and loved them. But college stations face a common problem: It's hard getting people to listen. This is odd, because college radio has long been the place where alternative and emerging music has found its first home ...

So this is weird, right? People care about what college radio is doing and

yet don't listen. Considering four-fifths of Cymbal were college students as of May, this seemed like an immediate problem.

It also seemed like an obvious way to find the right users for Cymbal. We want to be the world's best community for music lovers and college radio stations have already done the hard work of finding them.

What does Cymbal's future look like?

The goal is to make Cymbal the universal listening room. No matter what you like to listen to, you should be able to get on Cymbal and find your community.

We've got work ahead of us. We're working on a web and Android app and will be launching more app integrations to join Soundcloud and Spotify. Then we get to have fun, figuring out new ways to get people the music that matters, to bring artists and listeners closer, to help musicians get the word out about what they're doing. That all starts with amazing people sharing their music, and that's already happening fast.

For the full Q&A with Charlie Kaplan, and for more information on Cymbal, visit oaklandpostonline.com

OU's hidden gold mine: The CSA ticket window

Service window offers wide variety of tickets for on-, off-campus events

Alexus Bomar
Staff Reporter

A social life gold mine is buried deep in the OC at the Center for Student Activities and Leadership Development (CSA) service window, which offers students discounted tickets and trips.

"There are so many discounts available for students, their friends and family as well as the community and I've been to a few shows myself and the seats are amazing," Jean Ann Miller, director of the CSA, said.

The CSA service window offers a wide variety of tickets for on-campus activities and events including Student Life Lecture Board lectures, ticketed student organization events and discounted tickets for area theaters such as the Detroit Opera House and Fox Theatre.

For sports fans, the CSA partnered with the Detroit Pistons, the Detroit Red Wings and the Detroit Tigers to offer discounted tickets for specific games throughout the season.

The service window does not sell athletic tickets for OU games or tickets to Meadow Brook Theatre or Meadow Brook Music Festival.

The CSA service window is an extension of the on-campus ticketing service for Music, Theatre and Dance (MTD). MTD tickets can be purchased at the window with cash, checks, credit cards and SpiritCash. A \$2 per ticket service fee is added to all tickets sold at the service window for performances, with the exception of the MTD tickets.

Tickets for Student Program Board's trip to Washington, D.C. are now on sale at the CSA ticket window. The cost is \$200 and students will depart from OU on Nov. 5 and return on Nov. 8.

"Transportation and hotel accommodations is included in the price but students can plan what they want to do, meaning there is no set itinerary for the trip," Miller said.

Some students are concerned that the trip to Washington D.C. is more



Dongfu Han / The Oakland Post

The CSA ticket window offers many discounted tickets and trips for students.

expensive than last year's trips. However, this is not true. The winter 2015 trip to New Orleans cost up to \$300 and the fall 2014 trip to New York City cost \$200.

Miller is also planning future events, such as College Night on Oct. 23 at the Detroit Institute of Arts and a trip to the Library of Michigan in Lansing on Nov. 14.

"It is so important to get involved while being a student because without being involved you wouldn't really have your OU experience, so take advantage of everything around campus," Miller said.

Updated information about shows, ticket prices and service window hours are available on the Center for Student Activities' website, www.oakland.edu/csa.

Emily DeLano, the Leadership and Service Learning coordinator, wants students to become involved and make the best of their college experience. "Being involved is very vital because employers ask about the different experiences a student has with being a leader," DeLano said.

The CSA also offers programs that are designed to help students become better leaders and to give back to the community. For more information of volunteer and leadership programs, visit www.oakland.edu/csa/volunteer.

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Grizzlies publish Grizzlies in student journal

Honors College Critical and Creative Society hopes for smooth fourth year of publishing, aims to be more known

Shelby Tankersley
Staff Reporter

The Honors College thrives on the intellect and creativity of its students. A group of four students in the Honors College who call themselves the Honors College Critical and Creative Society (HCCCS) take that a step further by highlighting the best of art and science from Oakland University.

According to Jacob Nick, the society's vice president, HCCCS accepts short stories, essays, poems, photos and research papers from OU students and puts them together into a creative journal. Their mission is to get Grizzlies published.

"If you can write creatively or write research that you think is Honors College quality and want it published, send it in and we will consider it,"

Katy Hayward, president of HCCCS, said.

The students edit all of the submissions as a group and decide what they want to publish. Hayward said that when they run into conflicting opinions, they discuss the piece and make a decision based on the group's opinion. That way, the submissions are looked at by more than one set of eyes.

Due to change of leadership and loss of the majority of their board, the students had a rough time getting started this year.

"We have experienced some difficulty in figuring out what we need to do moving forward, but Dr. Harper from the Honors College has been great in helping us get started this year," Nick said.

HCCCS has been able to get the publishing of their second edition in motion. They are hoping to have the issue avail-

able within the next week. Reece Scheuer, treasurer for HCCCS, said that they will work on getting the third edition published in the winter so they can give their full attention to their fourth edition, which they are now accepting submissions for.

"We want to make a name for ourselves and become a popular creative journal," Scheuer said. They hope to be known on campus and a tool students use.

Despite all of the work they do together, they are a close-knit group of friends who like to see newcomers help out with the journal and have a good time reading the submissions together.

"One of the main reasons I was looking forward to coming back to OU this year was HCCCS," Cory Quigley, secretary for the society, said. "It's truly a great time. I get to hang



Dongfu Han / The Oakland Post

The Honors College Critical and Creative Society (HCCCS) publishes a journal of student work and is looking for editors and submissions.

out with great people and read what students have written."

While it only allows Honors College students to join the society as members and editors, the group allows any OU student to submit writing or art to them.

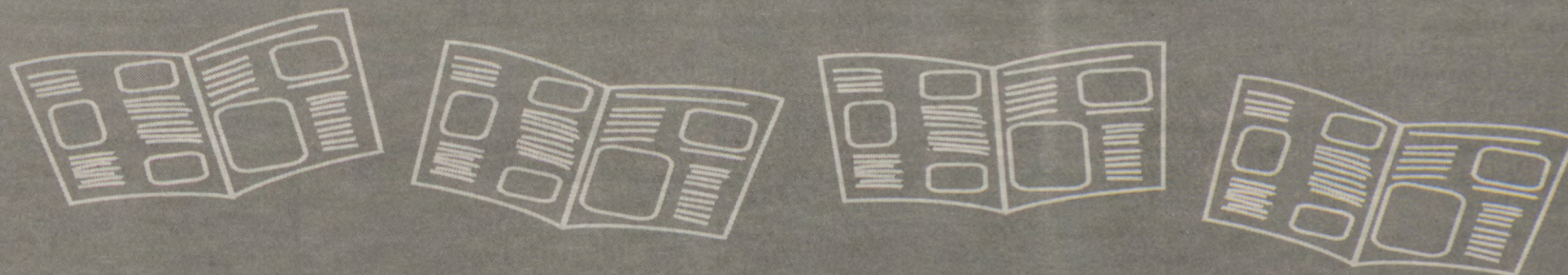
For this school year, HCCCS is looking for Honors College students to join their editorial team.

"All our editors have to do is come to a monthly meeting.

We look through and proof the works submitted. It's very laid back," Scheuer said. "Since there are a few of us we all look through most of the pieces, so we don't require our editors to have a vast knowledge of creative writing or science. For the most part, you read what interests you."

Submissions and position inquiries can be sent to HCCCS at echocognito@oakland.edu.

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OU looks towards future with increased housing

With more students than ever applying to live on campus, new plans are needed to accommodate them

Cheyenne Kramer
Staff Reporter

With over 20,000 students, and over 17,000 of those being commuter students, it may not seem obvious that Oakland University is putting a new focus on its housing facilities and the 13 percent of the OU population that lives there.

However, after the Board of Trustees meeting last week, a new dorm proposal is in the works with an estimated cost of \$77 million.

Director of Oakland University housing James Zentmeyer said that when students come to college, there is often the mindset that they are "going away to school," which can include moving onto campus.

"There's a nice mix of an urban environment and a lot of green space and elbow room," Zentmeyer said. "This mix gives Oakland a unique look and feel."

Below is a list of the top reasons why Oakland is becoming a residential campus, courtesy of James Zentmeyer.

The campus culture

Zentmeyer explained that on campus, you can rarely walk from one end to the other without running into someone who waves to you and knows you by name.

"And we're intrusive," Zentmeyer said, "If a student has a shaky mid-semester evaluation, someone will be knocking on your door to help you onto the right path. There's always support, and someone who can help."

No mandatory first year

At most universities, at least the first-year students are required to live on campus, which leads to many more disciplinary actions, according to Zentmeyer.

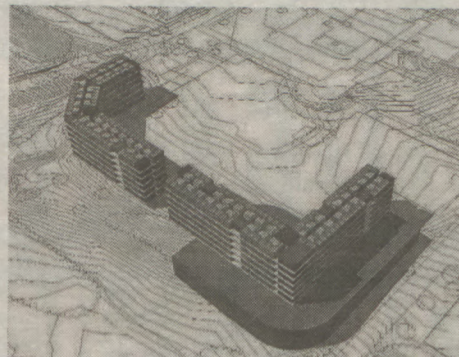
However, at Oakland University, there is no requirement, meaning the students who are living on campus are living there because they want to.

"The students are more committed to a positive outcome than students who feel forced into a housing system," Zentmeyer said.

Housing is growing

In the past six years, University Housing has changed a lot. Today, there are 24 Academic Peer Mentors (APMs). However, six years ago there was only one. According to Zentmeyer, there is a higher student-to-tutor interactions at tutor nights than even at the tutoring center.

In addition to the new proposed dorm, OU Housing has changed the way in which stu-



Dani Cojocari / The Oakland Post

The proposed new resident hall would have six stories and 750 beds, costing \$55 million dollars.

dents can voice complaints about food quality and issues regarding the meal options.

Zentmeyer told the Oakland Post that there is now Chartwells Focus Groups on October 7, from the mid-morning until 2 p.m. These groups are chosen by Chartwells to gather responses about food quality from students and get responses on what they can do better.

In addition, the next Town Hall Meeting is coming up in a few weeks.

The date will be announced on the Oakland Post Facebook page when more details are available.

Students thoughts on residential living

"I like living on campus because I love the environment and community. Everyone is so friendly, welcoming and accepting: I feel like I truly fit in on OU's campus" —Bailey Lynch, Sophomore

"I like the community and the freedom of being away from parents" —Kristina Whitaker, Nightwatch Worker

"I like the major-related activities and learning how to live 'on your own'" —Natalie Kreps, Bear Bus Driver

"There's friends here, it's easier to be involved in campus activities and the food here is 'uncanny'" —Jeff Langolf, Sophomore

What it means to catcall, why it is still an issue

After experiencing verbal assault, resident assistant discusses how to handle similar situations

Cheyenne Kramer
Staff Reporter

Lilanie Karunanayake is a resident assistant on the first floor of Oak View Hall.

In addition to helping her students and doing her job as expected of her, she also has recently had to worry about verbal harassment known as "catcalling."

"Most people never say anything," Karunanayake said. "And, a lot of the time, girls leave the situation saying 'I wish I would have said something.'"

Karunanayake said that though she couldn't speak for every student who catcalls another student, that it may be men attempting compliments in the wrong way or who may find it funny.

She added that what students don't

know is that catcalling is "actually a form of verbal assault."

However, Mark Gordon, Chief of Oakland University Police Department, said that catcalling isn't against the law in any way. Therefore, no statistics are available about how often catcalling takes place on campus.

Erin Meyers, assistant professor of communication, said that catcalling is one of the side effects of a society that thinks feminism is over.

"Some people think that we don't need feminism anymore, yet they continue to do these things that call up these inequalities," Meyers said. "It's a way of exercising power."

Recent studies done by the New York Times suggest that between 70 and 99 percent of females have experienced catcall-

ing in their lifetime.

Just recently, a BBC reporter named Sara Teale was catcalled while recording a segment on street harassment.

This trend carries over to Oakland University as well, as Karunanayake was catcalled twice in the same weekend by two separate people.

Though OU has been considered a safe campus, and hailed as one of the safest in the state, 13 reported cases of sexual assault happened on campus in 2014 alone, according to the information OUPD released via the Clery Act last week.

However, there are several ways in which catcalling, and assault in general, can be avoided.

Karunanayake said she would recommend Rape Aggression Defence (RAD) classes, which are put on by OUPD.

"It teaches you how to be aware of your surroundings and to say no," she said.

She also mentioned how even though

she hasn't taken karate in a few years, the skills she learned from it help her feel safe on campus.

Grace Wojcik, Coordinator of the Gender and Sexuality Center, also said that the GSC can act as a moderator between the student and the Dean of Students to report misconduct of any student who may catcall them that they know personally.

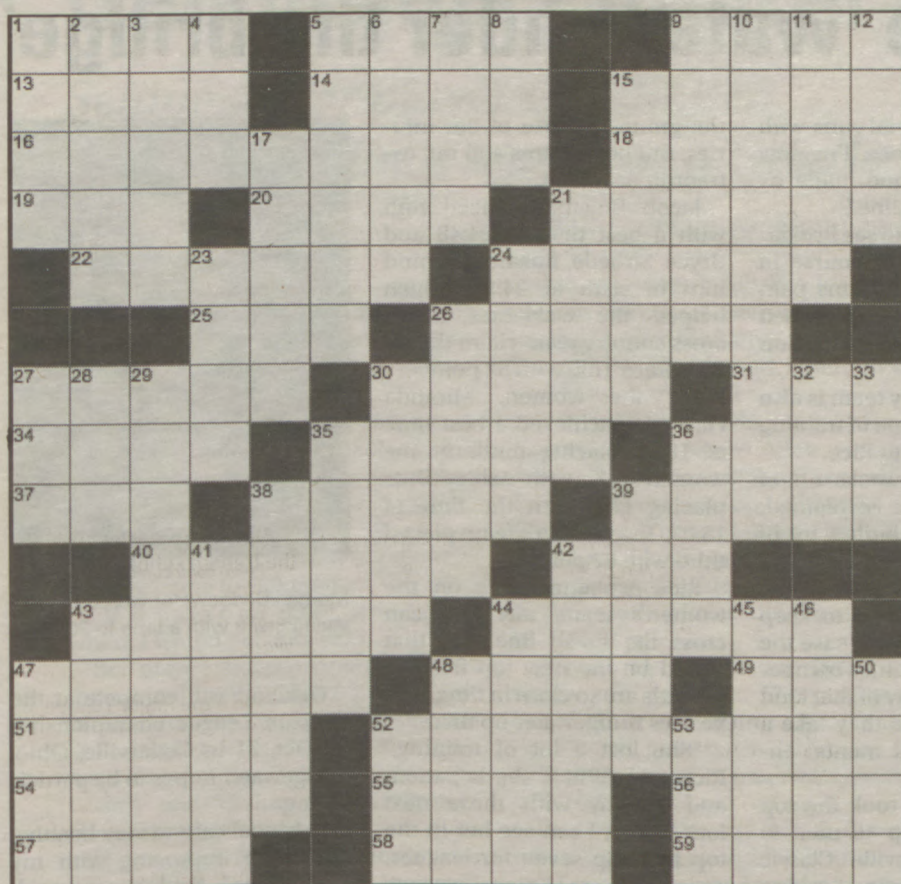
"But there's still the problem of people thinking its innocuous now, and that any incidents are isolated, but it's not, especially in public spaces," Meyers said.

Karunanayake said that students should always walk with a friend if possible, and pay attention to your surroundings when walking alone.

"I shouldn't have been looking on my phone when I was walking, I wasn't paying attention," she said.

Meyers said that even though catcalling is a prevalent problem in society, there is also some form of pushback from women.

Puzzles



Across

- 1: Word on a gift tag
- 5: Wearing wedgies, say
- 9: Trudge, as through sludge
- 13: Like a wet noodle
- 14: Gray wolf
- 15: Prepare eggs, in a way
- 16: Taverns
- 18: Inner legbone
- 19: Barrel of suds
- 20: Feel sorry for
- 21: Defaced
- 22: Glossy fabrics
- 24: Subdued shade
- 25: Show of affection
- 26: Most reasonable
- 27: Strong animosity
- 30: Props for fops
- 31: Go over
- 34: Finishes first
- 35: Fence pickets
- 36: Happy time?
- 37: Part of a journey
- 38: Shoe inserts
- 39: Far from tanned
- 40: Deplanes, in a crisis
- 42: Wharf pest
- 43: Butcher's hardware
- 44: Most minimal
- 47: Order taker

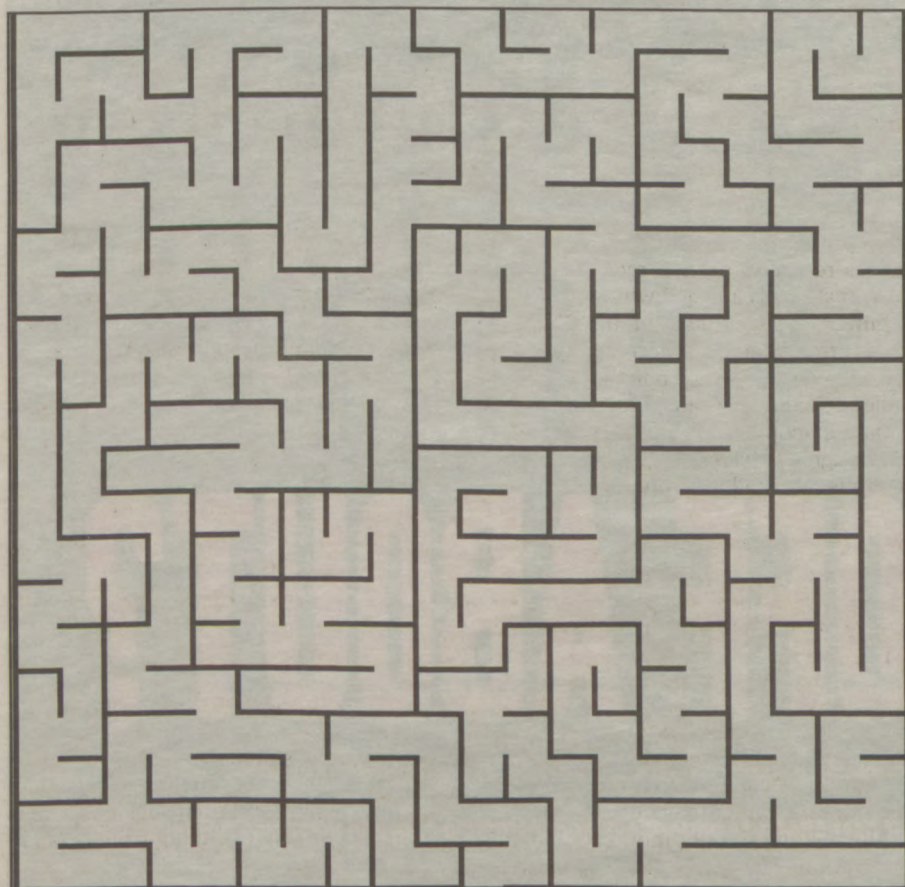
48: 'Spenser: For ____' (Urich series)

- 49: 'Sister Act' extra
- 51: Ultraviolet ray absorber
- 52: Significant stage
- 54: Scoundrels
- 55: They're beaten in the kitchen
- 56: Kind of acid
- 57: A bit too interested
- 58: Perk up, as an appetite
- 59: Call's partner

Down

- 1: Criticism
- 2: Gets to
- 3: Rolex rival
- 4: Speed meas.
- 5: Swinging around
- 6: Party throwers
- 7: Listen to
- 8: Fancy affairs
- 9: Skivvies' uppers
- 10: Operatic texts
- 11: Corbeled-out window
- 12: Diploma holder
- 15: Balanced states
- 17: Addictive narcotic
- 21: Crowning glories, of a sort
- 23: Like so

- 24: Glass squares
- 26: Popeye's buddies
- 27: Temple student
- 28: Fade away
- 29: Showing inventiveness and skill
- 30: Groups of actors
- 32: Away from the office
- 33: Get nosy
- 35: An expectant father, e.g.
- 36: Really dislike
- 38: Flood stoppers
- 39: Cuts
- 41: Small bus
- 42: Least well done
- 43: It may give you a buzz
- 44: Nonsense
- 45: Dagwood's 'SKNXX-X'
- 46: Officer's jacket
- 47: Showing overuse
- 48: Like a piccolo's range
- 50: Part of a violin
- 52: Kitten's cry
- 53: Place for a rubber duckie



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Runner's setbacks become 'water under the bridge'

Morgan Bridgewater trains hard, overcomes obstacles, wins 5K race

Katlynn Emaus
Staff Reporter

The Golden Grizzlies had one of its very own runners win the Viking Invite on Sept. 25. Senior Morgan Bridgewater won the 5K with a time of 20:40. The course, according to Bridgewater, was a difficult one to maneuver.

"You really have to push yourself to try and keep your pace going uphill," Bridgewater said. "It didn't help that the course was a loop that you had to run twice, we had to do the hills twice."

The hilly course is not the only thing that had an effect on the runners — it was also quite hot.

"Temperature plays a huge role, especially when it's hot," Bridgewater explained. "To

overcome the heat and the hills, I just kept telling myself to keep pushing forward. You have to stay mentally strong which is what I tried to do."

Bridgewater added 1:29 to her overall best time — 19:11. However, according to Bridgewater, "Your time always depends on the course."

Another factor that has played a role in Bridgewater's season are her feet. Feet are, obviously, critical for cross country runners, but according to Paul Rice, head coach of Oakland's cross country team, Bridgewater has extremely flat feet.

"Her feet have a ground up effect on her," Rice said. "They start bothering her shins, knees and sometimes even her hips. She does not have pretty feet for a cross country runner."

Over the years, Bridgewater has been trying new shoes and inserts to try to accommodate her flat feet.

"Good shoes are a huge part of running, especially for how much we run," Bridgewater

said. "After a few trial runs with many different shoes, I'm now in a supportive shoe made by Brooks, the Adrenaline."

Rice was excited to see Bridgewater run a difficult course in less than ideal conditions pain free. Her injuries have caused some setbacks and frustration with training.

The cross country team is also doing a different type of training this fall, according to Rice.

"We took four weeks off of competition," Rice explained. "This summer we built a lot of strength. We focused on more volume of our mileage over the quality. Then we tried to keep up the volume and increase the quality. And sometimes competitions get in the way of that kind of training because they take a lot of physical and mental energy."

On Oct. 3, Rice took the top 10 women and top 10 men to the Greater Louisville Classic to test his hypothesis of taking four weeks off of competition. Bridgewater was absent from

the group because of her injuries, but both teams still ran extraordinarily well.

Jacob Bowman placed fifth with a best time of 24:48 and Bryce Stroede finished behind him in sixth at 24:55, which helped the Oakland's men's cross country team claim the 8K Blue Race Title with 52 points.

For the women, Miranda Haas also achieved a best time of 18:06 placing ninth in the women's 5K, with Ashley Burr placing 11th with the time of 18:07. The women's team placed third with 97 points.

Rice explained how on the women's team, any five can cross the finish line and that would be the new top five. All the girls are so close in time, and he sees Bridgewater up there.

"She lost a lot of training," Rice said. "But if she is patient and healthy with these next four weeks, I can see her in the top five, top seven for leagues, which is where I know she wants to be. She would rather be participating than looking in."



Photo contributed by Jose Juarez
Morgan Bridgewater won the Viking Invite with a time of 20:40.

Oakland will compete at the Horizon League championship on Oct. 31 in Cedarville, Ohio. Bridgewater hopes to be participating.

"My goals are to stay healthy, and keep improving with my teammates," Bridgewater said. "Just hoping things will keep going up from here."

GOT SOMETHING TO MOUTH OFF ABOUT?

The Oakland Post is looking for satirical scribes and comical columnists. Submit your best efforts to editor@oaklandpostonline.com and you could get published.

Ben brings cultural diversity to the field

Senior soccer player Gerald Ben prepares for final season as a Grizzly

Ally Racey
Staff Reporter

Senior Gerald Ben is a student, an athlete and a dedicated practicing Muslim at Oakland University.

The Minnesota native was born in Liberia and said he got involved with soccer because it's the only sport they have. He said former head soccer coach Gary Parson and former assistant coach Andy Wagstaff are the reasons he came to Oakland.

"If it wasn't for them, who knows where I would be," Ben said.

Ben played soccer on many different teams, including Wings FC, Minnesota Thunder Academy, his high school at Prairie Seeds Academy, North Iowa Area Community College, Westmont College and Michigan Bucks Professional Development League.

"Coming from Liberia, I didn't even have college on my mind. It wasn't until my second year of high school

until I started to think about it," Ben said.

Ben has been a Muslim his entire life, but did not start seriously practicing the Muslim faith until high school. He said his friends and family interested him in the faith.

"I love Allah and whenever I pray or do anything to praise Allah it makes me feel better as a person," Ben said.

Ben said his faith doesn't really co-exist with his game, but he tries not to lose sight in his beliefs.

Since living miles away from his hometown in Minnesota, Ben misses his family most.

"I miss my mother and father, my nieces and nephews. They are wonderful. They are getting big now and I'm glad I'll have more time to spend with them since I'm graduating soon," Ben said.

Ben went on to say that is doesn't get easier being away from home.

"It's never easy. Especially when you go home for the holidays and you

"Coming from Liberia, I didn't even have college on my mind. It wasn't until my second year of high school until I started to think about it."

Gerald Ben
Senior men's soccer player

get comfortable with not doing anything at all and your mother treating you like you're in high school again," Ben said. "My mother calls me quite often which helps a lot."

Outside of school, soccer and practicing Muslim, Ben enjoys playing FIFA with his teammates.

"I'm the best FIFA player on the team, by the way," Ben said.

Ben wants to work hard and do whatever he needs to in order to lead his team this season.

"Whether it's scoring goals, assisting, defending, cheerleading which I could improve on. But anything really," Ben said.

Ben's goals for this season are to make and win the conference tournament, go back to the NCAA tourna-



Nowshin Chowdhury / The Oakland Post

Senior Gerald Ben was named Horizon League Tournament MVP in 2014.

ment and make it past where he and his team fell last season.

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The event will consist of four panels representing Physicians, Physical Therapists, Nurses and Physician Assistants. Each panel will contain three speakers; a professional in the field, a current student and an admissions representative. The event will be in a Q&A format where students drive the discussion and can come and go as they please. The topics will involve the professional's career, educational path, admissions process and a wide variety of other aspects that are essential to a student's path in health care. A free lunch will be provided.

Oakland's lucky charm

Women's soccer player from Ireland contributes early for Black and Gold

Ally Racey
Staff Reporter

Oakland University is home to hundreds of students who come from different states and countries.

Nessa Ogbonna, a sophomore on the women's soccer team, recently moved to the United States — thousands of miles away from her hometown of Tramore, Ireland.

"Being Irish is very special to me. I wasn't born in Ireland, I was born in Nigeria, but moved when I was five so I grew up 'Irish.' Personally, I would consider myself Irish, but I'm a Nigerian and Irish citizen," she said.

Ogbonna came to the U.S. not just for a good education opportunity, but also to further her soccer career.

"I've known close friends that have come to America for college soccer and every time they came back they had great experiences and the opportunity soccer-wise is second to none for women's soccer anywhere else in the world. The best players have come through this system and I want to be one of them," Ogbonna said.

Several universities stateside contacted Ogbonna, but she decided to make Oakland her home for many reasons.

"I chose Oakland because it was one of the best college options I got, Division I soccer and a good college. I'm getting the best of both worlds academically and athletically," Ogbonna said.

Before coming to Oakland, Ogbonna played soccer for Tramore AFC, her home club, since she was about seven years old. During that same time, she also played on county and interprovincial teams that offered extra training outside her main team.

In 2014 she signed with Cork City Women's FC, a team in the Women's National League in Ireland.

Ogbonna was a student-athlete at University College Cork in Ireland before coming to Oakland.

"I really like the diversity involved in soccer. There's different ways to play the game and make it beautiful," Ogbonna added.

Ogbonna said it gets easier being away from her friends and family in Ireland.

"I see it as, I'm here for a reason, I came here out of my own will for an ad-



Nowshin Chowdhury / The Oakland Post

Ogbonna moved to the U.S. from her hometown in Ireland to further her soccer career.

venture to get something positive out of it so no matter how much I miss home, I'm in the best place to become the person I want to be and support from home really grounds me," Ogbonna said.

The transition from Ireland to Michigan was difficult because she came at such a hot time of the year and found it hard to train in the humid conditions.

"There were days at training when I had to sit out and I couldn't last very long in games but I got used to it and loved the sun, then it got cold out of nowhere so I'm sad now and not looking forward to the snow at all," Ogbonna said.

Ogbonna is already starting to lose her Irish accent.

"I'm starting to sound less Irish solely because no one used to understand my slang so I have to tone it down so I don't have to explain every single word," she said.

Ogbonna also mentioned being an athlete in the U.S. has a more positive reaction than in Ireland.

"Being an athlete here feels much more of a privilege and it's looked on greatly. It makes all the hard work we put in feel worth it because people appreciate that little bit more," Ogbonna said. "You're representing much more than yourself and team."

Her goal for her team this season is to be known as people who don't give up.

"If our best is not enough then so be it, but I don't want anyone to ever doubt that," Ogbonna said. "I want everyone, as well as myself, to feel like 'Yes we're good, but we can always get better.'"

Ogbonna and the rest of her team showed they are ready to make a comeback in the game against Valparaiso University Oct. 3. Ogbonna scored her second goal of the season, helping her team take home a 3-1 win.

The Golden Grizzlies will travel to Dayton, Ohio to compete against Wright State Oct. 10.

THE SPORTING BLITZ

Volleyball

The women's volleyball team went the road over the weekend to play the two Chicago area Horizon League schools. On Friday night, Oakland took on Valparaiso. Oakland captured the first set of the match but then fell in the second set 25-16. After half-time, Oakland managed a thrilling comeback after being down 24-21, capturing a 27-25 victory of the set. The team then took the fourth set 25-23 to capture the match.

On Saturday night, the Golden Grizzlies dominated the UIC Flames in three straight sets. The team is now 9-9 overall after the two victories and holds a 3-1 conference record. They will play Cleveland State on Friday at

7 p.m. and Youngstown State on Saturday at 4 p.m.

Women's Soccer

The Oakland University women's soccer team took on conference rival Valparaiso on Saturday night. The team dominated in a 3-1 victory with goals from Katy Wagner, Nessa Ogbonna, and Sydney Duggan. Valparaiso was originally picked as the favorite in the Horizon League by the coaches. Both teams now sit at 2-1 in league play. They'll travel to Wright State on Saturday night for a showdown with the Raiders.

Men's Soccer

The Golden Grizzly men's soccer team played Northern Kentucky over the weekend in Highland Heights, Kentucky. The teams finished in a tie at 1-1 after 110 minutes of play. Matt Dudley recorded his second goal of the season in the effort. The team will take on Cleveland State on Saturday night at home.

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