

# inside OAKLAND

A newsletter for Oakland University colleagues

## An open-minded approach



Lynne C. Schaefer

**New vice president of finance vows 'employees will find the opportunity to be creative and take risks under my leadership'**

*Lynne C. Schaefer believes in open and direct communication with employees.*

The new Oakland University vice president for Finance and Administration and treasurer to the Board of Trustees has spent the last 10 years working for Wayne State University, where she held positions ranging from vice

president of administrative services to director of the budget office.

For the past six months, she has served as a financial management consultant for the Barbara Ann Karmanos Cancer Institute. She also spent nine years working in Lansing for the Michigan Department of Treasury and the Michigan Department of Management and Budget.

In this interview, Schaefer discusses her plans, expectations and management style.

**INSIDE OAKLAND:** What are your plans?

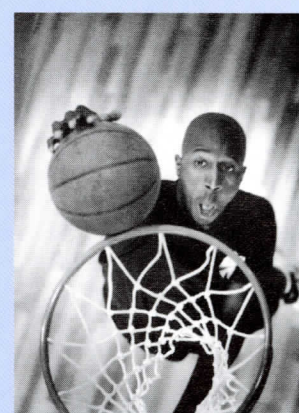
**LYNNE SCHAEFER:** One of my first goals will be to work with my management team to evaluate our

current budget and existing programs and business processes with the objective of creating and maintaining the best possible environment for students, faculty, staff, alumni, and business and community partners. I plan to work with President Russi as a member of his team to find ways to further enhance OU's distinctive identity, within our community and beyond. I will work very closely with academic leadership to help provide instructional and research resources that will meet the needs of our students, faculty and staff.

**IO:** What should OU employees expect under your leadership?

**LS:** Employees can expect very clear, open and direct communications and guidance regarding Finance and Administration policies, programs and processes. They can expect to be asked for their input on issues that directly affect them, and that I will strive to keep an open mind during such discussions. I place a very high priority on fiscal responsibility, and would expect employees to also serve as stewards for the

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**Marcus Jackson, athletic facilities coordinator, Department of Athletics, shoots the first baskets ever in the recreation gym (see special section inside). "This will be the best place to play indoor basketball in the area," he says of the three standard high school-sized courts in the recreation gym, which feature college regulation three point lines. For faculty and staff, this will be the best possible place to maintain a healthy lifestyle." In addition to basketball, Jackson plans to participate in aerobics sessions and wellness seminars and use the center's strength-building machines.**

## Inching closer to understanding cancer cells

**Oakland researcher wins prestigious grants to study cell structure**

An Oakland University professor has won prestigious grants totaling nearly \$1 million to study how cells work. Her findings could help in understanding diseases such as cancer and arthritis.

Anne Hitt, assistant professor, Biological Sciences, College of Arts and Sciences, won a five-year, \$800,000 grant from the National Institute of Arthritis and Musculo-skeletal and Skin Diseases, a component of the world leader in biomedical research, the National Institutes

of Health. She also won the NIH's competitive Shannon Award for \$100,000 over two years, starting in 1997.

Hitt is studying how a cell's outer membrane interacts with the cytoskeleton or understructure. This interaction is involved in many cellular processes such as how cells move, eat and stick to each other, she says.

The organism Hitt works with is the soil amoeba *Dictyostelium*, an organism that eats bacteria in a manner similar to some cells in the human immune system. *Dictyostelium* amoeba also crawl around like metastatic cancer cells.

These traits make *Dictyostelium* cells an ideal cell to study when trying to find out more about how human immune or cancerous cells work. In addition, *Dictyostelium* are inexpensive to grow and make it possible to model human cells without the need to use animals.

Working with *Dictyostelium* is easier than using human immune cells, neutrophils, which die quickly and are difficult to collect in sufficient quantities to be useful for research.

"*Dictyostelium* is a really good model for studying how cancer cells work," Hitt says. "The more we know about how cells work, the more we can understand how diseases are caused."

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## breaking NEWS

**Grounds projects are completed**

An increase in campus construction created a rise in repair projects totaling \$91,000 this summer, according to Grounds Supervisor Randy Drewry.

**Projects completed:**

- Repair sidewalks throughout campus
- Replace asphalt pathway with grass north of the Oakland Center
- Replace Beer Lake fountain
- Add new topsoil and grass along campus pathways
- Replace stones in Parking Lot 1 (across from the foundation halls)
- Paint curbs and parking lots
- Repair all irrigation systems broken during campus construction
- Plant shrubs north of Oakland Center and east of North Foundation Hall

**Projects to be completed this fall:**

- Plant grass and flowers between Kresge Library and O'Dowd Hall
- Install new varsity softball field near lower fields
- Finish Kresge Library mall landscaping
- Add landscaping around new Recreation and Athletic Center and O'Dowd parking lot
- Grade and seed areas around The Bubble, relocated near the lower fields for indoor soccer use.

bits and **PIECES**



**You've got questions, they've got answers**  
20-20 means more than good eyesight at Oakland University.  
2020 Info is the new campus information center, which opened July 1 on the first floor of the Oakland Center, next to Fireside Lounge. Student employees offer information about OU departments, programs, services, events and activities. They also provide information about surrounding communities, accommodations, shopping and

events, directions to lost-and-found sites and a book of menus from nearby restaurants.  
Tentative fall hours are 8 a.m.-10 p.m.  
**Stop — in the name of copies**  
Oakland University's new Copy Stop Etc. opened August 24 in the Oakland Center, across from the new 2020 Information Desk.  
The full-service copy center offers such services as high-speed copying, fax, notary public, digital color copying, resumes, dissertations, thesis, laminating, coil binding, stapling and collating. The center, which houses Mac and IBM computers, also provides services needed to complete printing projects.  
"The 'etc.' portion of our service

center offers United States Postal Service, UPS and Fed Ex and all packaging materials needed to use these services," Center Coordinator Kathleen Osentoski says.  
Osentoski and Dave Lewis, the assistant coordinator, welcome OU employees to stop by for a visit.  
Fall hours of operation are 8 a.m. through 8 p.m. Monday through Friday.  
Call 2851 for more information.

**Center chooses OU student for prestigious internship**  
Oakland University biology major Jennifer Rhora joined top researchers and students this summer at the renowned Marine Biological Laboratory, Woods Hole, Massachusetts.  
Rhora is among only 13 under-

graduate interns selected for the program from across the United States and United Kingdom. The MBL is one of the country's most active centers of research in marine science and biology.  
**Oakland joins Harvard research project**  
Oakland University has been selected as one of 10 institutions across the country to participate in a research project at Harvard University.  
Funded by the Pew Charitable Trusts, the Harvard Project on Faculty Appointments is a multi-year project designed to establish a national resource for academic personnel policies and for data on the operation of these policies, and to undertake policy-oriented research on faculty appointment practices.

**Carry less cash with new SpiritCard**  
Oakland University students, faculty and staff this fall will use new convenient ID cards that will allow them to check out library materials, do their banking, enter buildings and pay for items from books to meals.  
The SpiritCard includes the holder's picture and signature and a magnetic strip on the back, like conventional credit, debit or ATM

cards. The campus is being wired now to enable communication between points of service and a computer in the Oakland Center, which keeps track of transactions.  
Holders can put money in their account by making deposits in the ID card office, 112 OC. Plans also call for a value transfer station, which is an electronic deposit machine, in the OC. Holders would use the card to pay for bookstore items, meals at Oakland Center's Pioneer Court, and later at vending machines, the OC's pool tables and the newly opened Copy Stop Etc.  
After opening an optional account with the Michigan State University

Federal Credit Union, holders can use the card at automatic teller machines. Eventually, the SpiritCard will allow access into buildings including computer labs, residence halls and the new Recreation and Athletic Center. It only takes about 4 minutes to produce a card using digital cameras.  
To get your free card, go to the ID express line for OU employees at 112 OC during the following hours:

- 10 a.m.-7 p.m. September 8
- 10 a.m.-7 p.m. September 9
- 10 a.m.-7 p.m. September 10
- 10 a.m.-4 p.m. September 11
- 9 a.m.-6 p.m. September 14

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campus **REGISTRY**

**Sheldon Appleton**, Political Science, presented a paper April 23 in Chicago to the Midwest Political Science Association on *The Mystery of the Kennedy Assassination: What the American Public Believes*. Appleton was also interviewed and quoted in the *Washington Post* on the legacy of Dr. Martin Luther King Jr.  
**Carl F. Barnes Jr.**, Art and Art History, presented a paper, *Architectural Terminology in the Portfolio of Villard de Honnecourt*, at the annual meetings of the Midwest Art History Society in Chicago.  
**Judith K. Brown**, Anthropology, learned the University of Illinois will publish a second, expanded edition of a book she co-edited in 1992. The new volume, *To Have and to Hit: Anthropological Perspectives on Wife-Beating*, will contain an updated introductory chapter she has authored. Brown also contributed a chapter, *Lives of Middle-Aged Women*, to the book, *Women in the Third World: An Encyclopedia of Contemporary Issues*.  
**Thomas W. Casstevens**, Political Science, gave two seminars on American Politics and one lecture on British Politics at Marie Curie-Sklodowska University in Lublin, Poland, in May.  
**Brian A. Connery** presented a paper, *The Drapier's Sermons: Jonathan Swift in Ireland, 1715-1725*, at the annual meeting of the Johnson Society of the Central Region, April 24-25, University of Indiana, Bloomington.  
**Jane Donahue Eberwein**, English, conducted a July 18 workshop-discussion at the 10th anniversary meeting of the Emily Dickinson International Society at the University of Colorado. She edited *An Emily Dickinson Encyclopedia*, which was released by Greenwood Press. A reference book prepared with the assistance of contributing scholars from Australia, Japan, and Europe as well as the United States and Canada, the encyclopedia provides information on

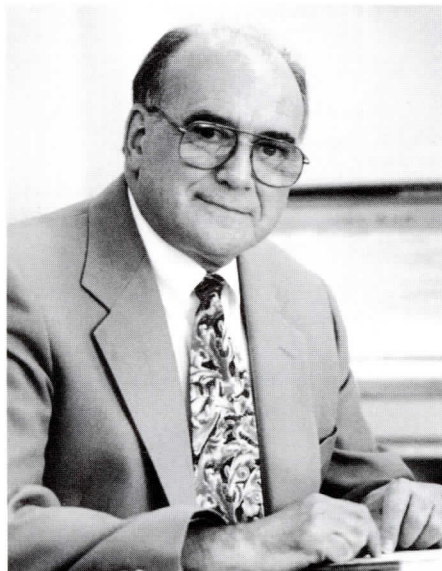
the poet's background, friendships, editorial history, influences and stylistic traits in alphabetically arranged entries ranging from *A Narrow Fellow in the Grass* to *The Yellow Rose of Texas*. Oakland University graduates who contributed entries include Kathryn Balteff, Terry Blackhawk, Alisa Clapp and Rebecca Roberts. Roberts also served as editorial assistant.  
**Augustin K. Fosu**, Economics, presented the seminar, *Transforming Growth to Economic Development in Sub-Saharan Africa: The Role of Elite Political Instability*, at Cornell University, Ithaca, New York, in April. He was invited by the Netherlands Economic Institute to participate in a seminar on *Economic Growth and Its Determinants*, held at the Ministry of Foreign Affairs at the Hague in March. He discussed the following paper by William Easterly of the World Bank at the Hague seminar, *The Joys and Sorrows of Openness*. He was an invited panelist for the session, *A Solid Basis for Sustainable Development: Balancing Trade, Aid and Market Structure*, at a joint Georgetown/UNDP conference held at Georgetown University, Washington, D.C., last February. His paper, *Labor Force Participation of U.S. Married Women: Do Regions Matter?* has recently been accepted for publication in the scholarly journal, *The American Economist*.  
**Robert J. Goldstein**, Political Science, was interviewed in May and June by five radio programs, including the Voice of America's World-wide Service, in connection with his research on the flag desecration controversy. An editorial column by Goldstein giving his views on the subject was syndicated nationally by the Knight-Ridder newspaper chain in May and published in at least five affiliated papers, and Goldstein's views were also quoted in a front-page *USA Today* story on the subject.  
**James T. Hansen**, Counseling, wrote an article, *Do mental health counselors require training in the treatment of mentally disordered clients? A challenge to the conclusions of Vacc, Loesch, and Guilbert*, which was published in the April 1998 *Journal of Mental Health Counseling*.

**Christina Leibold Sieloff**, School of Nursing, was appointed as chair of the American Nurses' Association Congress on Nursing Practice for a two-year term starting in June 1998. The group recommends policy on nursing practice issues to the ANA board of directors.  
**Eileen Peacock**, Accounting and Finance, won two Lybrand merit certificates last June from the Institute of Management Accountants. The IMA honored her for submitting to its magazine, *Management Accounting*, two articles: *Using the IMA's Practice Analysis to Reengineer Management Accounting Education*, and *Corporate Academic Meetings: Try Them! You'll Like Them! The Story of the Detroit Area's Attempt at Dialog*. The articles will be published in the coming year. The magazine's acceptance rate for articles is less than 5 percent.  
**Luellen Ramey**, Counseling, published *The Use of Gestalt Interventions in the Treatment of the Resistant Alcohol-Dependent Client* in the July 1998 issue of the *Journal of Mental Health Counseling*.  
**Phyllis Rooney**, Philosophy, has been awarded a fellowship for 1998-99 by the American Council of Learned Societies. The award of \$30,000 is for work on her book project, *Reason, Gender, and Culture*.  
**Sally Silk**, Modern Languages and Literatures, will serve as acting director of the Honors College during the fall 1998 semester while **Brian Murphy** is on sabbatical.  
**Ronald Sudol**, Rhetoric, has been appointed to a three-year term on the Greater West Bloomfield Cable Advisory Council. In addition, for the 12th consecutive year, he served as a faculty consultant reader of Advanced Placement Examinations in English Language and Composition for Educational Testing Services in San Antonio, Texas.  
**Christine Zambrieki**, Anesthesia Program, received an extramural award from the Department of Health and Human Services for her project, *Nurse Anesthetist Education Program*.

**new faces**

- **Lynn Anderson**, external relations manager, Meadow Brook Hall
- **Nicole Artanowicz**, clerk III, Library
- **Carolyn Bercant**, custodian I, CFO-Cleaning
- **Mary Booth**, lab compliance manager, Risk Management and Contracting
- **Cory Borton**, special program/facilities coordinator, Meadow Brook Health Enhancement Institute
- **Patrick Bracco**, senior programmer analyst, OCIS
- **Kelly Carter**, receivable/cashier manager, Financial Aid Accounting
- **Mei-Chih Chiu**, computer facilities manager, School of Business Administration
- **Ronald Cigna**, vice provost/Information Technology, OCIS
- **Dennis Collins**, campus photographer, University Communications and Marketing
- **Ann Friedman**, curator of collections, Meadow Brook Hall
- **Christopher Green**, financial aid adviser, Financial Aid
- **Alice Hine**, clerk/receptionist II, Disability/International Services
- **Kevin Hanser**, mail supervisor/computer technician, University Services
- **Kristine Kaiser**, instructional assistant, Lowry
- **Patricia Kish**, program manager, School of Business Administration
- **Ellen Kord**, police officer, OU Police Department
- **Monica Long**, counselor/program coordinator, Academic Services
- **Jeffrey Mitchell**, clerk-receptionist, Admissions
- **George Pappas**, systems programmer II, OCIS, ACS
- **Adelaide Phelps**, coordinator, Education Resource Lab, ERL
- **MoNique Price**, job locator developer coordinator, Placement and Career Services
- **Michael Rossi**, aquatic coordinator, Campus Recreation
- **Sylvia Rowe**, accounting clerk II, Athletics
- **Frances Schulte**, senior executive secretary, General Counsel/Board of Trustees
- **Troy Scott**, police officer, OU Police Department
- **Dawn Stewart**, graphic designer, University Communications and Marketing
- **Colleen Stroup**, practicum lab coordinator, Counseling
- **Debra Wicks**, associate artistic director, Meadow Brook Theatre
- **Steven Wosina**, coordinator, primary prevention program, Meadow Brook Health Enhancement Institute
- **Jay Wren**, communications administrator, ACS/NIS/OCIS
- **Angela Wright**, accounting clerk II, Student Accounts
- **Tamara Wyatt**, instructional assistant, Lowry

## It's a homecoming — of sorts



Ron Cigna

### Angler, racing fan and beach-lover, Ron Cigna travels from Rochester to Rochester to expand OU's use of information technology

For Ron Cigna, taking the new position as Oakland University's vice provost for information technology was a homecoming of sorts.

He's originally from Rochester, New York, so he's used to life among lakes and woods. Cigna is an avid angler and stock car racing fan. And he loves the beach.

"This area is actually quite good for the kinds of things I like to do," he says.

The challenges of a new position and OU's reputation convinced him to make the move from Indiana University Purdue University Fort Wayne (IPFW), a regional campus for Indiana University and Purdue University. He had been director of computing and data processing services at IPFW since 1991.

Cigna started at Oakland on July 1.

"It's a university on the move," he says. "The new position attracted me — it's an excellent opportunity."

Cigna's task is to expand the university's use of information technologies, working closely with administrators, deans, faculty, staff, students and the local technical community.

"In the long term, we'll be focusing on the stability of the networks, Internet access and implementation of the SCT Banner 2000 system, the integrated administrative computer system for human resources,

finance and students," Cigna says. "It's all about making it easier to access data."

Banner implementation will be spread over the next year and a half, he says.

Meanwhile, he'll be getting used to life in and around his new Rochester.

### Ron Cigna up close

**What he did on his last vacation:** I went to Venice, a small town on the gulf coast of Florida, and spent a week on the beach.

**What he does for exercise:** I like to walk and ride a bicycle.

**If he weren't an information technology professional:** When I retire from this business, I'll probably be an educated beach bum.



### Painting the town

Taking a break, OU President Gary D. Russi chats with State Rep. Hubert Price (D-Pontiac) and volunteer during Paint the Town August 8 in Pontiac. President's office volunteers spent the day painting and fixing up a home that had fallen into disrepair.

### An open-minded approach

Continued from page 1

university's resources. Employees will find the opportunity to be creative and take risks under my leadership, as we search for new and better ways to accomplish OU's goals. Finally, I hope OU employees will share my belief that work can be not only challenging and rewarding, but fun as well.

**IO:** What will be the areas you will likely focus on the most?

**LS:** In order to support OU as it continues to grow and to develop in new directions, I expect to focus my efforts on making sure there are resources available to finance that expansion. I will also work with my management team to continue their efforts to focus on customer needs and service orientation.

**IO:** What is the one thing you would like OU employees to know about your work/management style?

**LS:** I tend to have very high expectations for myself and those who work with me. I also will work very hard to provide the support and resources necessary to meet those expectations. I really enjoy my work, and will try to find ways to help others enjoy theirs as well. I take my responsibilities very seriously, but I try not to take myself too seriously.

### Bits and Pieces

Continued from page 2

from external community solicited; September 18-25, second draft and executive summary reviewed by Cabinet, Deans' Council, Steering

Committee, Departments and Divisions; September 25-October 8, open hearings on campus; October 8, final draft copy available for review; October 15, review by University Senate; October 30, final draft of report and executive summary completed and sent to printer; November 1, advance packet sent to NCA evaluation team; November 15, final report sent to NCA evaluation team; January, informational presentations to units; February 15, NCA site visit begins.

### Center chooses OU student for prestigious internship

Oakland University biology major Jennifer Rhora joined top researchers and students this summer at the renowned Marine Biological Laboratory, Woods Hole, Massachusetts.

Rhora is among only 13 undergraduate interns selected for the program from across the United States and United Kingdom. The MBL is one of the country's most active centers of research in marine science and biology.

### Oakland joins Harvard research project

Oakland University has been selected as one of 10 institutions across the country to participate in a research project at Harvard University.

Funded by the Pew Charitable Trusts, the Harvard Project on Faculty Appointments is a multi-year project designed to establish a national resource for academic personnel policies and for data on the operation of these policies, and to undertake policy-oriented research on faculty appointment practices.

### Kresge Library to launch Voyager computer system

Oakland University's Kresge Library will dedicate its new Voyager on-line computer information management system at 10 a.m. September 3.

Voyager, which replaces the LUIS information system, uses Microsoft Windows and is compatible with OU's new campus administrative system, Banner.



Glenn McIntosh

an innovative student services center this fall.

The Advising Resource Center will connect new students with OU advisers, peer mentors, graduate assistants, faculty and various support services on campus to provide a more effective student experience, especially during the critical first year. The center will be equipped to create a technology supported academic advising environment that will provide students and advising staff access to information resources. This will enhance the adviser-student interaction process, says Glenn McIntosh center director and director, Office of Equity.

Center goals are to increase connections among new students, faculty and staff, provide a friendly, consolidated, student-centered advising program, and enhance the retention of all students, particularly undecided students, through the advising process.

"Outcomes are anticipated to be improved student retention, higher graduation rates, more student involvement on campus, and new programs and services," says McIntosh. "We will be very active in the lives of students until graduation. We will counsel and advise them on a regular basis, tracking their success and identifying problems before they can hinder academic and social success."

### Inching closer to understanding cancer cells

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Although there is a great deal known about cells, scientists still don't understand how immune cells work, she says. If Hitt's findings advance this understanding, her work could serve as a foundation for research everywhere, says Virinder Moudgil, department chair.

## oakland WAY OF LIFE

### OU goes fat-free with healthy meal choices in the Oakland Center

A new Oakland University committee is on the lookout for your health.

The nutritional subcommittee is providing guidelines — and healthy meal options — for people eating on campus, says Fred Stransky, director, Meadow Brook Health Enhancement Institute.

"Most Americans eat a fat-rich diet where 33 percent of their calories are from fat," he says. "As a progressive, health-conscious university, we're not only concerned with creating strong minds but healthy bodies. That's why we're encouraging faculty, staff and students to consider a diet that restricts fat to just 20 percent of their total calories."

The committee will help you find low-fat campus alternatives by identifying healthy foods with a special sticker.

"You might be surprised how many foods in the Oakland Center have less than 20 percent fat content," Stransky says. "Try the garden salad or grilled chicken breast salad without cheese with fat-free dressing. Or enjoy bagels, yogurt and fresh fruit."

Other options:

- Burger King's B-K Broiler without mayonnaise; catsup, barbecue sauce and mustard are acceptable fat-free condiments.
- DC Subs' sandwiches made with Healthy Choice meats and topped with mustard, fat-free dressing or vinegar.
- Center Stage's stir fry prepared without oil.

"If you adopt our lower fat guidelines, you'll take in fewer calories and manage your weight better," Stransky says. "Most important, you'll help reduce your risk for heart disease, cancer, diabetes and other chronic degenerative diseases."

For more information, call registered dietitian Yvonne Moses at the Meadow Brook Health Enhancement Institute at 4523.

*Next issue: Guest editorial on personal observations of a corporate wellness program.*



Hitt joined OU last year after serving as a senior research associate with the Worcester Foundation for Biomedical Research. She teaches introductory and cell biology at Oakland.

"Oakland undergraduate students have the rare opportunity to work side by side with research leaders such as Dr. Hitt," Moudgil says. "They can acquire the scientific experience that can give them the edge when they apply for graduate or medical school or advanced positions in industry."

get to **KNOW**

**EMPLOYEES WHO LIKE TO GARDEN**

A feature highlighting specific groups of university colleagues.

What is in your garden?

What is your favorite plant, flower or vegetable and why?

What is your favorite part of gardening?

What is your least favorite part?

What is your secret or best tip to successful gardening?



**BARBARA HAMILTON**  
Associate Professor, Rhetoric, Communication and Journalism

Lots of perennials, including roses, hydrangeas, lilies and hostas.

That's like asking the name of your favorite child. They are all wonderful.

Finding and growing new flowers every year; watching the garden develop new colors and contours.

Discovering that a charming little addition to the garden is highly invasive and having to dig it out of every nook and cranny.

Keep amending the soil every year. Find a friend with a horse (or a sheep farm) and add kitchen compost as well.



**JUDY AMIR**  
Office Assistant II, University Relations

I have perennial gardens, masses of impatiens and lots of hostas, ferns, bird baths, a fountain and ground covers of ivy, pachysandra and ajuga.

My favorite annuals include cosmos and alyssum and my favorite perennials are rudbeckia and lilies.

Believe it or not, I love to weed and deadhead my plants. It's very relaxing and it all looks so neat afterwards.

I hate to stake things so my husband, Abe, does that.

The key is that my husband and I enjoy gardening and we work together.



**SANDY KERN**  
Office Assistant II, Payroll

Mostly flowering plants. Vegetables need more attention than I can give them at this time.

The hosta. It has more than 100 varieties to choose from, and I plan to try most of them.

Reaping the rewards. It is fun to brag and show people what I have growing in my yard.

Watering. I do not have the privilege of an automatic sprinkler system.

The more love you put into that dirt, the better the results.



**KIM CARLSEN**  
Administrative Secretary, Oakland Center

Roses, perennials, annuals, impatiens, snaps.

Peonies because the flowers are so lovely; impatiens because they are so colorful and sugar snap peas because my dog and I love them.

Cutting flowers to use indoors.

Not enough time to spend gardening.

If you crowd it and ignore it, it will grow.



**Lending a hand in Nicaragua**

**Rikki Schwartz, director, Environmental Health and Safety, Risk Management and Contracting, played Jane of All Trades this summer to help improve life for war-torn Nicaraguans. She spent July 3-17 in the city of Leon, constructing new churches and assisting in an orphanage, a nursing home and prosthetics' clinic to fit land-mine victims with lower limbs. Schwartz also worked on finding a low-cost way to test and treat**

**for e-coli contamination in community water wells. Schwartz's congregation, Kensington Community Church in Troy, sponsored the mission. Each volunteer paid his/her own way, raising at least \$1,000 (many by collecting donations from friends and family). "It was the most exciting thing I ever thought about doing," Schwartz says. "I wasn't even sure I was capable of it, so I was a little nervous, but it was a terrific experience. I expected that it would be rewarding, and it exceeded my expectations."**

calendar of **EVENTS**

People with disabilities who need special assistance to attend any of the events listed may call the sponsoring unit or the Office of Disability Support Services at 3266.  
Meadow Brook Hall tours, 1:30 p.m. daily and from 1 p.m.- 5 p.m. Sundays (last tour begins at 3:45 p.m.).

**SEPTEMBER**

- 2-3 Fall Registration
- 3 Voyager Inauguration, 10 a.m., Kresge Library; Dean Suzanne Frankie retirement reception to follow
- 4 Volleyball vs. Virginia Commonwealth (Indiana State Tournament), 5 p.m.
- 5 Men's soccer at Marquette, 7 p.m.
- 5 Volleyball vs. Austin Peay (Indiana State Tournament), 3 p.m.
- 5 Volleyball vs. Indiana State (Indiana State Tournament), 7 p.m.
- 6 Women's soccer at Grand Valley State, 2 p.m.
- 7 Men's soccer, home, Dayton, 4 p.m.
- 7-11 Welcome Week activities
- 8 Classes begin
- 8 Club Cappuccino opens in the Recreation and Athletic Center
- 8-11 Campus "carding" event (faculty and staff pictures taken for new I.D. card)
- 9 Recreation and Athletic Center Grand Opening (everyone on campus invited)
- 9 Women's soccer at Eastern Michigan, 3:30 p.m.
- 9 Volleyball, home, Eastern Michigan, 7 p.m.
- 10 New Student Convocation
- 12 Men's soccer, home, Michigan (Rochester Adams HS), 7 p.m.
- 12 Women's soccer at Iowa State, 1 p.m.
- 12 Volleyball at Central Michigan, 7 p.m.
- 13 Fall Commencement
- 15 Volleyball at Bowling Green State, 7 p.m.
- 17 Volleyball, home, West Virginia, 7 p.m.
- 18 Volleyball vs. Alabama (Indiana Tournament), 5 p.m.
- 19 Volleyball at Indiana (Indiana Tournament), 10 a.m.
- 19 Volleyball vs. Eastern Washington (Indiana Tournament), 5:30 p.m.
- 19 Seniors Set Your Sails
- 19 SOCCER WORLD CLASSIC - Detroit vs. Eastern Michigan, 1 p.m.
- 19 Oakland vs. Northeastern, 3:30 p.m.
- 19-20 Meadow Brook Theatre's Guild Craft Show, Meadow Brook Hall, 10 a.m.-5 p.m.
- 20 SOCCER WORLD CLASSIC- Northeastern vs. Detroit, 1 p.m.
- 20 Eastern Michigan vs. Oakland, 3:30 p.m.
- 20 Women's soccer, home, Central Michigan, 10:30 a.m.
- 23 School of Nursing/School of Health Sciences Job Fair
- 23 Women's soccer, home, Toledo, 4 p.m.
- 25 Men's soccer at Butler, 7:30 p.m.
- 25 Women's soccer at Oral Roberts, 7:30 p.m.
- 25 Volleyball, home, Chicago State, 7 p.m.
- 26 Volleyball, home Western State, 3 p.m.
- 27 Men's soccer, home, Valparaiso, 2:30 p.m.
- 27 Women's soccer vs. Tulsa (at Oral Roberts), 1 p.m.

**OCTOBER**

- 1-3 WOCO
- 3 Fall Scramble, Katke-Cousins Golf Course
- 9 Music, Theatre and Dance Season Opening Gala, Varner Recital Hall, 8:15 p.m.
- 19-24 National Alcohol Awareness Week

**In the driver's seat**

**Chrysler Chairman Robert J. Eaton and Oakland University Meadow Brook Hall Director Lisa Ashby take a break during the 1998 Concours d'Elegance August 2. Sunny skies were partly responsible for drawing record crowds to the 20th Annual classic car show, one of the three most prestigious concours events in the world. About 23,000 attended, topping last year's total of 20,000. Featured were major Chrysler and Porsche autos, along with 250 vintage, classic, sports, racing and 1950s cars from around the world. Aficionados said the Concours d'Elegance was a once-in-a-lifetime event because it showcased nine rare Chrysler Airflows, a model built between 1934 and 1937 and lauded for its futuristic, aerodynamic design. Next year's event will feature Packard and Bugatti automobiles.**



# inside RECREATION

A special supplement to *Inside Oakland*

## Let's get physical

**More than a workout facility or hangout, Recreation and Athletic Center to open September 8 with 'something for everyone'**

September 8 is the end of the wait. That's the opening day for the Recreation and Athletic Center the Oakland University community has been watching take shape since the December 1996 groundbreaking.

The center isn't just a bigger Lepley Sports Center, the former site it was built around. The center's 140,000 square feet of state-of-the-art space, facilities and equipment is dedicated to improving the lives of, among others, OU employees and their families. The center offers something for everyone, from beginner to advanced member.

### What's in it for you

#### Facilities:

- 50-meter pool
- Bubble pool (a warm whirlpool for about 30 bathers)
- 12-person hot whirlpool on the pool deck

- Three-court recreation gym for basketball, volleyball and badminton
- Four-lane running and walking track
- Three racquetball/walleyball courts
- Squash court
- 70 strength and cardiovascular machines
- Fitness rooms
- Locker rooms
- Family changing rooms
- Classroom
- Team sport gym
- Social lounge
- Vending machines
- Large-screen TV area
- Club Cappuccino snack bar offering deli and bagel sandwiches, garden and pasta salads, soups, fruit, baked goods, frozen yogurt, bottled juices and waters and fat-free slushes. Have your healthy meal made while you work out. It'll be ready when you're done.

#### Programs:

- Group fitness sessions such as step and hi-lo aerobics. All fitness sessions are drop in — none require registration.
- Fitness assessments
- Aquatic sports such as inner-tube water polo

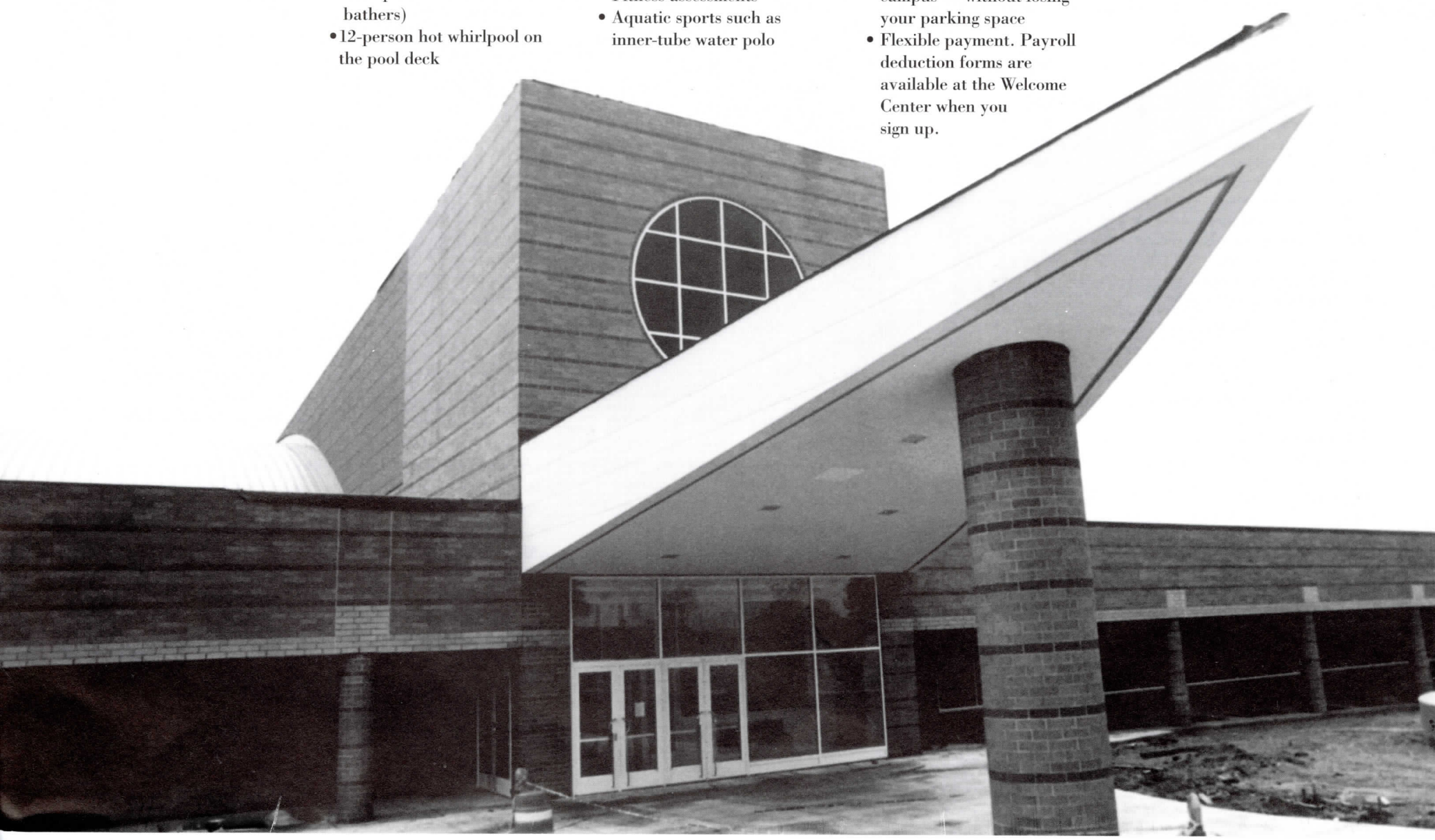
- Open swimming
- Open gym (for pickup basketball, volleyball and badminton)
- Strength training
- Intramural sports
- Wellness programs including weight and stress management and smoking cessation
- Instruction in how to use equipment
- Family nights and children's programs
- Club sports

#### Advantages:

- Early and late hours. For fall and winter semesters, hours are Monday- Friday, 6 a.m.-11 p.m.; Saturday and Sunday, 9 a.m.-10 p.m. Spring and summer hours are Monday-Friday, 6 a.m.-10 p.m.; Saturday and Sunday, 10 a.m.-9 p.m. During academic breaks, Monday-Sunday, 9 a.m.-9 p.m. (or as posted). Plenty of time to work in a workout, before work, at lunch or after work.
- Location, location, location. You can walk to your workout within 10 minutes from sites on the main campus — without losing your parking space
- Flexible payment. Payroll deduction forms are available at the Welcome Center when you sign up.

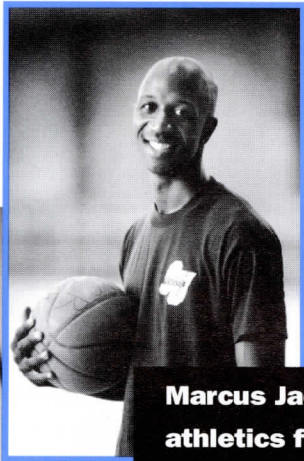
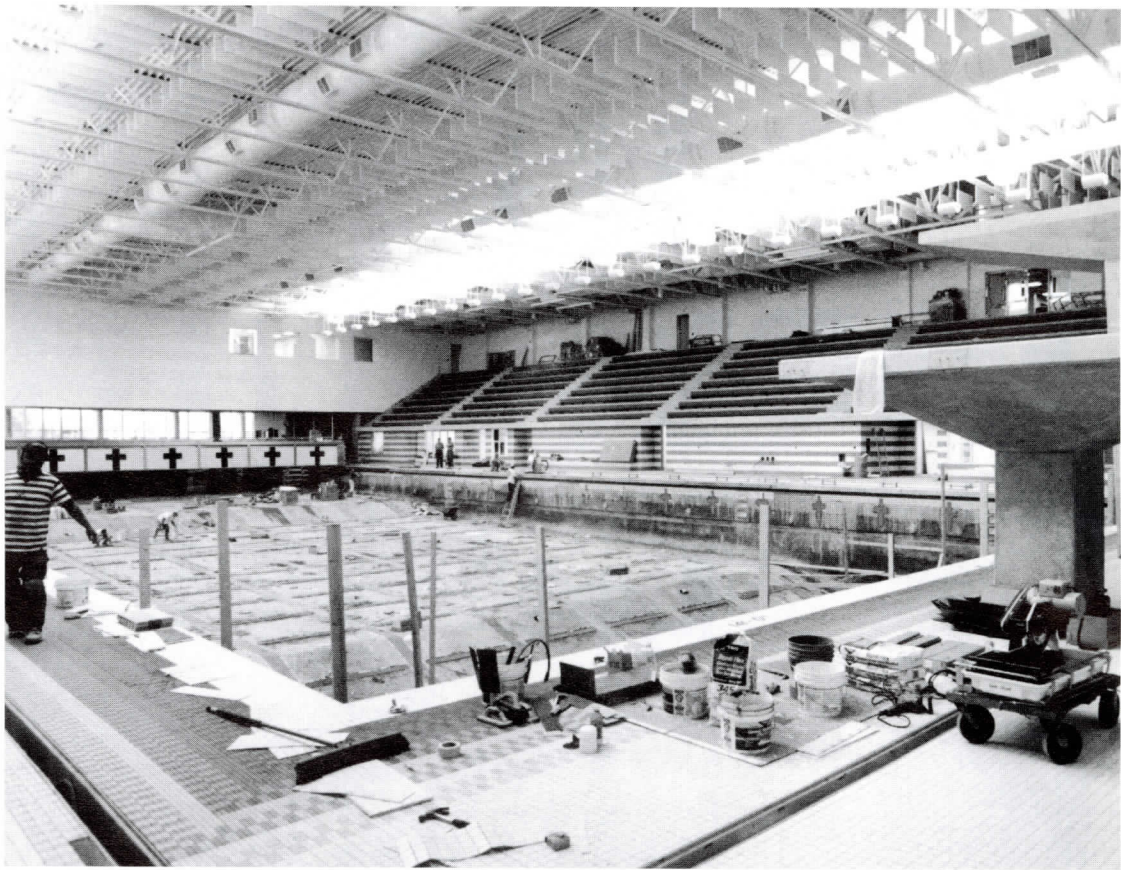
- Annual membership discount. OU employees can save \$60 by buying a 12-month membership for \$300. Otherwise it's \$120 for each semester. Employees' spouses or significant others and their children can also join for an additional fee.
- More for your money. Members get more services and amenities for a lower fee compared to other local gyms, says Greg Jordan, director, Department of Campus Recreation. "Private fitness center rates constantly fluctuate according to sales and specials," Jordan says. "Yet our general rates still come out ahead, even during their sales pushes. Plus, we offer a full-service facility with an aquatic center, weight training area, jogging track and more. No other center in our area can claim that." With all the center offers, members could develop interests in other fitness activities, he says.

**Continued on page 2**



Did you know?

- The pool's bulkheads were designed for OU. One person at each end can move the floating dividers after they fill with air. The bulkheads, which total 29,000 pounds, can divide the pool five ways.
- The pool contains 768,000 gallons of water.
- The pool's filters will process 2,133 gallons of water per minute.
- 3,750 gallons of water will evaporate from the pool each day.
- The group fitness session room, Studio 897, was named for its elevation above sea level.
- Zolatone is a black-and-gray speckled paint finish sprayed on most walls of nonactivity space. It looks like granite countertops.



**Marcus Jackson, athletics facilities coordinator, takes a break from shooting baskets in the new recreation gym.**

**The new Recreation and Athletic Center will be dedicated on September 9, 1998**

SPECIAL EVENTS

CENTER PRE-OPENING TOURS

will be offered September 1-3 at 5 p.m. Meet inside near the circular window on the building's west side.

FACULTY AND STAFF OPEN HOUSE,

September 8, 4-7 p.m. All OU employees are invited to tour the center and use the facilities.

DEDICATION.

The entire university community is invited, September 9, 2:30 p.m., in the arena.

What's in a name?

The new Recreation and Athletic Center is home to two departments: Campus Recreation (DCR) and Athletics. DCR is a new unit in the Division of Student Affairs. The department is responsible for the management of the Recreation Center and provides facilities, programs and services to meet the recreational, fitness, wellness and personal development needs of the entire Oakland University community.

The Department of Athletics is responsible for management of athletic competition with other institutions of higher education. The NCAA and Mid Continent Conference regulate and administer competition in 14 varsity sports at OU.



Continued from page 1

- No extra charges. Most other gyms add charges for programs such as fitness sessions, but most center sessions won't require additional fees.
- Expanded aquatic program. Lepley pool had a limited schedule for open lap

swimming. Now, lap swimming is available virtually whenever the center is open.

- More time for workouts. The Lepley Sports Center used to close for basketball or volleyball games in the arena. "At the new center,

we're maintaining and protecting the opportunity for informal sports," Jordan says. "When there's an event in the arena, recreation will still be available. You can still get your workout."

- Trained, friendly staff help

tailor exercise programs to meet your needs. Some other private gyms just help members in the beginning. But the center's professionals are always available.

# Get to know the recreation staff

Center staff: (left to right) Greg Jordan, Mila Padgett, Donna Pankratz, Robin McGrath, Maura Selahowski, Felecia Bumpus, Terri Eudy-Teeters, Dave De Angelo and Mike Rossi.



**Greg Jordan**, director, Campus Recreation. Jordan holds a BS and MS in physical education from Indiana University. Jordan came to OU in October 1996 after 16 years at Bowling Green State University as director, student recreation center operations, and ice arena director. He and his wife live in the university subdivision.

**Robin McGrath**, office manager. McGrath has been with Oakland 20 years, working in Continuing Education, Academic Advising and General Studies, Alumni Relations, and most recently the Dean of Students office before joining Campus Recreation in March. She, her husband and son live in Romeo.

**Terri Eudy-Teeters**, assistant director, Aquatics. Eudy-Teeters holds a BS and MS from Michigan State University in physical education and exercise science. She had worked at OU's Meadow Brook Health Enhancement Institute as coordinator, health enhancement programs, since 1992 before starting with Campus Recreation last March. She and her husband, Scott Teeters, OU women's swim coach, live in Holly.

**Dave DeAngelo**, coordinator, Facility Operations. DeAngelo holds a BS and MS from Ohio State University. He comes to OU from the University of Northern Kentucky, where he was facility operations coordinator.

**Mila Padgett**, coordinator, Fitness and Wellness. Padgett holds a BS from Ferris State and an MS from the University of Southern Mississippi. Her position at OU is the third in which she's been involved with the opening of a recreation center: She was on staff for the opening of the University of Southern Mississippi's Payne Center and she was fitness director at Ohio University when the Ping Center opened in January 1996. Padgett and her husband live in Clarkston.

**Felecia Bumpus**, coordinator, Campus Recreation Programs. Bumpus joined the Campus Recreation staff August 10. She holds a BS from OU and an MS from Eastern Michigan University. Bumpus has worked at Oakland since 1992, most recently as coordinator, Intercultural Programs and Organizations, Center for Student Activities. She and her daughter live in Rochester Hills.

**Maura Selahowski**, assistant director, Marketing and Business Operations. Selahowski has a MS in developmental psychology from OU. She worked at Oakland most recently as the director of the former Campus Information Programs and Organization office until she started with Campus Recreation on September 1, 1997. She and her husband live in Holly with their three sons.

**Mike Rossi**, coordinator, Aquatics. Rossi holds a BS from Bowling Green State University. He brings to OU 20 years of aquatics experience, including work as a coach, official, instructor and director of an aquatic center. Rossi was on the City of Norwalk, Ohio, staff when it opened its new aquatic facility. Rossi is moving to Oakland County from Hastings, Michigan.

**Donna Pankratz**, account clerk. Pankratz has her BS from Northern Michigan University. Many OU employees know her from her position in the Department of Employee Relations, Staff Benefits. She took the Campus Recreation position July 16. She and her husband live in Rochester Hills.

## Programs for all skill levels, interests

All fitness sessions are drop in—none require registration or extra fees. Sessions are in Studio 897 or the Pioneer Room. Demonstrations are planned during the first week of school. These classes begin September 14. Pick up an official schedule at the center and choose the challenge that's right for you:

- **Get Fit**, for beginners or people who have been inactive for more than six months.
- **Step Combo**, a step workout and traditional aerobics session, each 20 minutes. Push-ups and abdominal work follow aerobics. Beginning to intermediate.

- **Total Body Workout** stresses cardiovascular fitness, muscular strength, endurance and flexibility. Step and floor aerobics. Beginning to intermediate.
- **Step & Stretch**, a cardiovascular workout and flexibility training. Beginning to intermediate.
- **Muscle Mania**, an excellent complement to your cardiovascular workout to promote strength and flexibility. Focuses on major muscle groups. Beginning to intermediate.
- **Step & Sculpt**, intermediate-level cardiovascular and strength training.

- **Just Step!** Warm-up and step combinations, then abdominal exercises, push-ups and stretches. Intermediate.
- **Interval Circuit**, a strenuous combination of cardiovascular exercise and muscular endurance. Intermediate to advanced.
- **Aero-Box**, incorporating punches, shuffle, kicks and hard core strength for 45 minutes. Intermediate to advanced.

## Having a ball

**Peggy Cooke**, director, Auxiliary Services (in white shorts) and **Bobbie Badgley**, assistant director, Auxiliary Services (in dark shorts), have played racquetball at OU for 10 years, even through Badgley's three pregnancies and one of Cooke's.



The center's racquetball courts were rebuilt on the same site of the previous Lepley courts. Cooke and Badgley say they look forward to playing more at the center because Lepley only had one good court. Now they have

three courts to choose from. "I think the center is great," Cooke says. "We're really lucky to have it," Badgley says, adding that she'll also use the strength-building machines and the track.

**RATES FOR EVERY BUDGET**

A 12-month membership for employees is \$300. Otherwise it's \$120 for each semester.

The guest rate (or daily fee rate for nonmembers) is \$6 a day or \$12 for a weekend (5 p.m. Friday-10 p.m. Sunday). If you're going to use the Center more than once a week, a membership will cost less than buying guest passes. Guests with no affiliation to OU must accompany a member or OU affiliate.

Employees and their spouses or significant others may join for \$225 a semester or \$585 (save \$90) a year. Employees' children may join for \$25 a semester each or \$75 annually each.

**Intramural sports are open to members**

Intramurals are team competition sports for recreation, open to any member.

Rules are eased to de-emphasize skill and encourage participation (no contact blocking in flag football, for example). New intramurals this year are floor hockey, racquetball, inner-tube water polo and indoor soccer. Basketball, volleyball, soccer and flag football are also offered.

The season opens with

softball (entries due September 14), flag football (entries due September 23) and soccer (entries due September 30). To sign up for any program, stop by the welcome center inside the main lobby.



**Maura Selahowski and Felcia Bumpus look down from balcony at running track.**

**The latest in recreation technology is available**

- The weight room will feature 70 exercise machines, some new on the market:
- The StairMaster Free Runner, an elliptical exercise machine that lessens loads on knees and ankles compared to conventional steppers.
  - Paramount ART (Advanced Rotary Technology) is a line of strength-building machines that provide a smoother workout with greater ranges of motion.
  - The center also features high-fidelity audio and video equipment. Twenty- three monitors throughout the building will show daily program schedules and cable-TV sports. Instructors will also use TVs in classrooms to enhance courses, showing videotapes to reinforce or introduce a lesson, for example.
  - Two bulkheads, or partitions, spanning the pool's width can divide the pool more formally than standard lane lines. These partitions can allow different events to go on at the same time. Even if the entire center pool is used for a large swim meet, lap swimming will still be available in the old Lepley pool.

**Put your name in brick**

The names of the center's charter members will appear on bricks in the center's garden. Others may donate \$150, \$250 or \$500 to put their names on three sizes of bricks. The fund raiser will help cover project shortfalls.

Panes on the west-side circular window will sell for \$1,000 a piece to raise money for installation of a stained glass window showing the OU sail.

To donate, contact Greg Jordan at 4732 or [Jordan@Oakland.edu](mailto:Jordan@Oakland.edu)

**For the bashful**

Some employees say they don't want to appear in workout clothes next to "young, good-looking, fit students."

Jordan has advice: "If you really look at our students, it's not that there aren't good-looking, fit students, but there aren't as many as one might think. More than likely, you're going to be in a room of people like you, because there hasn't been much of a recreation program here."

Group fitness sessions won't necessarily be visible to everyone. "Blinds will cover windows, so it'll just be you, other participants and the instructor," Jordan says.

Besides, almost every gym draws people of different fitness levels.

**Join today**

Call the Campus Recreation Department at 4REC (4732) to have a membership application sent to you.

Members will need a new OU SpiritCard to enter the center. To get your free picture ID card, go to the express line for OU employees at 112 OC during the following hours:

- September 8, 10 a.m.-7 p.m.
- September 9, 10 a.m.-7 p.m.
- September 10, 10 a.m.-7 p.m.
- September 11, 10 a.m.-4 p.m.
- September 14, 9 a.m.-6 p.m.



**Yes. I am interested in becoming a member.**  
**Please forward an application packet to:**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Day Telephone \_\_\_\_\_

Evening Telephone \_\_\_\_\_

Fax \_\_\_\_\_

Type of Membership \_\_\_\_\_

Mail to: Oakland University  
Campus Recreation  
Rochester, MI 48309-4401  
or Fax to (248) 370-4889