



OAKLAND UNIVERSITY WILLIAM BEAUMONT

Medical Library

Medical Library *NEWS*

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Medical Library Resources & Services "At Your Place"

[National Library Week \(April 19 - 25, 2020\)](#) annually recognizes the essential role of libraries in providing free, quality information resources and services to our communities. This year's theme was originally "Find Your Place at the Library" but due to the COVID-19 pandemic, it aptly became "Find the Library *at Your Place*."

Though our physical spaces remain closed, the Medical Library is well-positioned to maintain our high level of support through our digital collections and virtual services, highlighted on our [OUWB Medical Library Remote Services webpage](#). Many of you have already found us! Check out a snapshot of our activities since the library building closed compared to this time last year:

[Subscribe](#) to our email list.

MEDICAL LIBRARY Fast Stats

Since building closure on March 16, 2020

REFERENCE

TOTAL

173

REQUESTS

▲ 88%
over last
year

RESEARCH SUPPORT

51

REQUESTS

▲ 200%
over last
year

CURRICULUM SUPPORT

NEWLY PUBLISHED ONLINE GUIDES

7

- Addiction Medicine Elective
- COVID-19 Elective
- Online Teaching
- Pediatrics Sub-I
- Public Health Elective
- Resources for Online Teaching Alternatives
- Surgery Sub-I

WEBSITE

TOTAL

3,005

VISITS

TOP VISITED PAGES BY # VIEWS

Databases	1,606	▲ 24%
M1/M2 Guides	461	▲ 81%
Books	296	▼ 24%
M3/M4 Guides	269	▲ 161%

TOP VISITED GUIDES BY # VIEWS

Review & USMLE	130	▲ 25%
COVID-19 Elective	115	---
Surgery Clerkship	98	▲ 61%
AFCP	97	▲ 16%

As you continue to transition to remote instruction, we have published two new subject guides for all faculty on online teaching:

- [Online Teaching Guide](#) - discover best practices and pedagogies for teaching online with links to online readings and resources to help you transition to a virtual teaching environment.
- [Resources for Online Teaching Alternatives](#) - locate online alternatives for your in-person teaching including cases, videos, and ready-made teaching materials from our library-subscribed collections and the web.

All of our new and legacy online guides can be accessed via our [Course & Subject Guide webpage](#).

Contact Us!

We are in this together and here to support you in your teaching, learning, and research initiatives!

Contact us via:

- Emailing [library faculty or staff directly](#)
- Email medref@oakland.edu
- Beginning on Monday, May 4, log on to our [Virtual Library Office Hours](#), Monday - Friday, 11 a.m. to 1 p.m. on Google Meet

New Additions to our Collections

The Medical Library has purchased several new databases, eBooks, print books and other resources in our continued support of remote teaching, learning, and research. Check out our [January - March OUWB Medical Library New Titles List](#) and the new resources below:



As part of the larger suite of AccessMedicine products, [AccessObGyn](#) is dedicated to obstetrics and gynecology clinical practice and learning through eBooks, videos, cases, and review questions.

[Cabell's](#) is an online journal directory featuring a 'whitelist' of quality journals and a 'blacklist' of questionable/predatory

CABELLS

journals. Search by journal name or discipline and find information such as acceptance rate, peer review, publication timelines, author guidelines, and metrics.



With the increasing number of systematic reviews being conducted by OUWB medical students and faculty, we have upgraded our Covidence license from 50 reviews to unlimited reviews. If you would like to learn more about how to use [Covidence](#) or set-up a review for your project, contact us.

Computing Safely & Comfortably at Home

by Margie Suchyta, Medical Library Technology Specialist

As we adjust to our remote study and work environments, we rely on our electronic devices more and more to keep us working and connecting with others. Here are a few tips for work safety:

- **Stay Safe Online** - Watch for posts, offers, emails, or messages that attempt to create a sense of urgency or from someone pretending to be someone you know or in your organization. Before clicking a link or survey, **Stop. Think. Verify** the source by hovering over the link to see if it is valid. Contact IT or the source by phone if you are unsure.
- **Secure your Home Network** - Most home wireless networks are controlled by your internet router or a separate, dedicated wireless access point. It is safest to plug your devices directly into a port with a network cable; otherwise make sure your Wi-Fi password is strong. Also, change the administrator account password on your network devices as the default password is easy to break. If your router has the ability to set up a guest network with client isolation, use it to prevent other devices on the same network from directly accessing your computer.
- **Revisit Passwords** - Passwords are another easy entry point for attackers, especially when reused. Create a unique password for each site you visit, and consider using a passphrase instead (**Thetreeoutsidemymywindowisnice**) as it is more secure. Consider a password manager if you can't remember all those passwords and use two-step verification if available.
- **Update your Software** - Operating system, apps, and browsers are constantly updated as vulnerabilities are found. To keep your system safe, apply all updates as soon as possible.

Creating Comfortable Spaces While at Home

In addition to your device maintenance, be sure to also take care of yourself. Difficulty concentrating and uncomfortable working positions cause stress on your mind and body:

- **Find a Comfortable Place to Work** - Using your laptop on your lap is not recommended as it will overheat the laptop and is not good ergonomically. Find a good desk or table and a comfortable chair where your feet touch the ground and your elbows are flush with the table height. Find more tips at [ehstoday](#).
- **Keep Moving** - For every 20 minutes looking at a computer screen, spend 20 seconds looking at something else 20 feet away. This gives your eye muscles a break and helps reduce eye strain. It is easy to forget to get up and walk around so try using a mindfulness bell app that will remind you to get up throughout the day. Find it on [iOS](#) or [Android](#).
- **Stay Motivated** - [SelfControl](#) is a free app for macOS that lets you block distracting websites, email, or any site on the Internet. Just set a period of time to block it for, add sites to your blacklist, and click "Start." Until the timer expires, you cannot access those sites - even if you

restart your computer or delete the application.

- **Destress** - These are stressful times so remember to take care of yourself and others. Try [DeStress Monday](#), which shares regular [tips and guides](#) to help you start every week with a positive frame of mind. Many people also find meditation helpful to relieve stress and muscle tension from working too long at your computer. Try something like [insighttimer](#), which has a large library of free guided meditations.

Service Tip of the Month: Measuring your Impact through Scholarly Metrics

by Nancy Bulgarelli, Medical Library Director

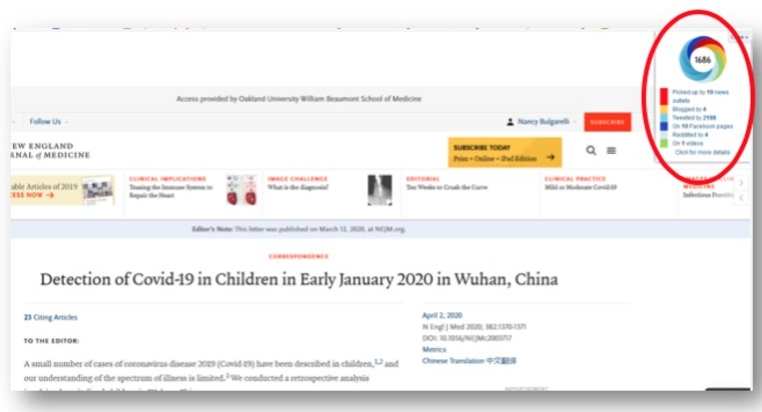
As scholars and researchers, we are often challenged with measuring the impact of our work. Traditionally this has been done through such bibliographic measures as impact factors for journals, citation counts for individual articles, and the h-index for overall author productivity and influence. More recently, various forms of altmetrics have been used to quantify impact through mentions in social media – news items, Twitter, Facebook, and more.

A number of databases available through the Medical Library and online provide scholarly metrics that can help build a profile of scholarly impact:

- [Journal Citation Reports](#) (in Web of Science) - Find a journal's impact factor, along with other useful publication information. The quantile rank by subject category is very helpful in understanding a journal's relative importance in its field.
- [Scopus](#) - Use the author profile feature to locate your h-index and citation counts – including counts by year, who has cited your work, and how many times your citations have been downloaded by others. Scopus also provides additional journal metrics.
- [Web of Science](#) - Use the "Create Citation Report" feature after doing an author search to locate your h-index and other citation metrics. Integration with Publons, an author profile system, is new and looks promising.
- [Google Scholar](#) - Creating a "My Profile" page will allow you to track your h-index, i10-index, and citation counts.

Note that metrics vary across these systems because their databases and the publications they track are different. For example, the h-index reported by Google Scholar tends to be higher than those reported by Scopus and Web of Science because Google Scholar indexes non-traditional materials as well as scholarly articles.

A useful tool for tracking scholarly impact across social media is the [Bookmarklet for Researchers](#) browser plugin from Altmetric. It's simple to install on the bookmarks toolbar in Chrome, Firefox, or Safari. Pull up an article, click the "Altmetric it!" plugin, and it will display the number of times the article has been mentioned in news outlets, on blogs, Twitter, and other platforms in a small box at the top of the screen. Click the "donut," and a new page with even more detailed information will display (shown below). This is powerful information on the reach of your scholarship.



If you'd like to learn more about using these tools, use our [appointment calendar](#) or email medref@oakland.edu to schedule a research consultation. We are happy to meet with you remotely!

Questions? Comments?

Contact Stephanie Swanberg, Editor, Medical Library News at swanberg@oakland.edu

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