

Tuesday, September 23, 2008

Advising Resource Center offers career workshops

The Advising Resource Center will host a series of workshops geared toward students who are undecided on an academic major or career path. Through personality and career assessments, major exploration and career counseling, students can learn about themselves and explore potential majors and careers. The following workshops will be offered:

Career expedition

This four-week workshop allows students to explore majors and careers in a small group setting. Students will take personality and interest assessments, utilize on-line career resources, set educational and career goals and create a plan to achieve those goals. Students who sign up for this workshop must attend all four sessions.

Thursdays, Oct 9, Oct. 16, Oct. 23, Oct. 30
Noon to 12:50 p.m.
121 North Foundation Hall

What can I do with a major in...?

Students will utilize online resources to research majors and occupations. These tools will help students become more knowledgeable about job responsibilities, educational requirements, salary and job outlook.

Monday, Oct. 20
4 to 4:50 p.m.
Kresge Library 225A

Tuesday, Oct. 21
Noon to 12:50 p.m.
Kresge Library 225A

So many choices! How do I decide on a major?

Students will engage in activities to guide them through the decision-making process. They will explore how personal values relate to career options and develop educational and career goals.

Monday, Nov. 17
4 to 4:50 p.m.
126 Oakland Center

Tuesday, Nov. 18
Noon to 12:50 p.m.
Oakland Center Lake Michigan Room

The workshops are free and open to all OU students. To register, visit www.oakland.edu/claw.

SUMMARY

The Advising Resource Center will host a series of workshops geared toward students who are undecided on an academic major or career path. Through personality and career assessments, major exploration and career counseling, students can learn about themselves and explore potential majors and careers.

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Modified by CareTech Administrator (webservices@caretechsolutions.com) on Friday, September 26, 2008
Article Start Date: Tuesday, September 23, 2008