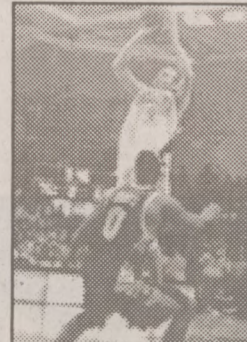


Sign language doesn't fulfill language requirement



Finals mean stress; Check out ways to calm down

The Beatles revolutionize music... AGAIN!



OU beats U-M, falls to MSU

Snow High 37



INSIDE

News Column A3
Perspectives A4
Etc. A8
Get Out B8

NEWS edge

•The Meadow Brook Hall Holiday Walk 2000 will start Dec. 1. Admission for students is \$6 and includes a walk through the 110 room mansion to see all the holiday decorations. Reservations required.

•A holiday art, book and gift fair will take place from 9 a.m.-4 p.m., Dec. 5 in the Oakland Center.

•Psi Chi, the psychology club, will meet from noon-1 p.m. on Dec. 5 in Lake Superior room A. Dr. Stewart will speak at the meeting, and a free lunch will be served.

•Be on the look-out for an ADPi member. To win prizes, register at the Alpha Delta Pi table from 11 a.m.-1 p.m., this Wed.-Thur. in the Oakland Center.

•OU's annual end of semester holiday festival, December to Remember, will take place Dec. 4-9. Come out and celebrate the spirit of Christmas, Ramadan, Hanukah and Kwanzaa.

•This is religious diversity week.

•December 1 is OU/world AIDS day.

THE OAKLAND POST

Weekly campus newspaper serving the Oakland University community 10 cents

Wednesday • November 29, 2000 •

www.oakpostonline.com

Award-winning independent newspaper THE OAKLAND SAIL, INC.

Another year for Aramark

By Tracy Minnis & Cara Plowman
THE OAKLAND POST

Aramark, the sole provider of food service for OU, is still negotiating adding an extra year on their initial four year contract, but administrators said that they will receive the extension.

Mary Beth Snyder, Vice President for Student Affairs, said, "We're working to achieve (an extension). It's just a matter of who owes who money."

Snyder added that the university fought for and was granted an increase in commission (from five percent to six percent).

Student Congress President Adam Kochenderfer has welcomed student input about Aramark, but said he hasn't gotten a lot of feedback.

"There's no indication that (students are) saying we need to break away from Aramark," he said. "There's complaints about Aramark and (students are) saying we need to fix things, big time."

Negotiations to extend the contract for one year began about three months ago. Snyder said that they hope to settle by the end of this week.

Since the contract extension will expire May 2002, other companies will be able to begin bidding for the spot

next fall semester, according to Snyder. Aramark may also decide to bid, but Snyder wasn't sure if they would.

Some students on campus have filed complaints with Aramark, even dubbing it 'Aramark-up.' OUSC, Aramark and the administration have tried to address the problems and get student feedback about the company.

"We continue to try to address student complaints and use their ideas," said Snyder. "I do think Aramark has worked hard...to improve food service."

Kochenderfer added, "There's really not a whole lot of corporations that could service a place as large as OU."



Dan McDuffee/The Oakland Post

PRETZEL LOGIC: Aramark will be around for at least another year. The company was negotiating an extension with OU, which will probably be approved this week

CTs still waiting for negotiations to end

By Tracy Minnis
MANAGING EDITOR

Christmas is coming, but a new contract settlement for OU's clerical and technical staff seems about as likely to materialize as a fat guy in a red suit.

In an effort to make students more aware of the situation, Karen Meyer, secretary for the department of political science asked student congress at their Nov. 27 meeting to rally student support during these negotiations.

"This is going to be a very unhappy holiday season for many of us if this goes unresolved, and I think you'll probably see us taking this outside of the university," said Meyer. "We've been nice, and playing along, and not wanting to tarnish the image and the student community of Oakland University, but if things don't resolve themselves quickly, there is going to be more going on than just an article in the paper."

At the time this information was presented Student Congress was undecided as to what their course of action or involvement will be in regard to

this issue.

The staff members have been working on the basis of a day-to-day extension of their former contracts since June 30, 1999. They have received no pay increases since July 1, 1998.

According to Linda Price, an Office Assistant III in University Services, "Negotiations are not going well. Our union officers have advised to keep working, to not make students suffer for these problems. But the university doesn't want to recognize the hard work that goes into the services we provide," said Price.

At last month's Board of Trustees meeting, Susan Russell, President of the Oakland University Professional Support Association, presented a statement in regard to settlement issues. Rising health care costs were addressed as being a major point of contention, and a main exception in the struggle for settlement.

"Our members are being asked to accept co-pays for prescription drugs that are twice as high as those you just approved for the faculty and nearly

CT continues on A8

SETTING their sails



Dan McDuffee/The Oakland Post

ERD IS OUT: ERD was renamed to Pursuit of Excellence. The program launched yesterday, and Board of Trustee Lynne Shaefer spoke about the changes in the department. The event was held from noon-3 p.m. in the ERD hallway of North Foundation Hall.

Senate resists current Master Planning, land development

By Matthew Bunk
THE OAKLAND POST

OU's Senate expressed their disapproval of updates to the Master Plan which Lynne Schaefer, vice president of finance and administration presented on Nov. 16.

Much of the disapproval was over a stretch of land in the southwest corner of campus that borders Squirrel Road.

According to the current master planning draft, the land would be used for the future expansion of a corporate park for research and development.

The designation by the Master Planning

Board does not mean that the land is scheduled to be used or that it will be used at all. If the land is used it would likely be for utility buildings, and would not experience high traffic, Schaefer explained.

Through comments made by Senate, it was apparent that the majority of them would rather see the land remain untouched and even designated as reserve land.

Student Congress only echoed the opinion of the Senate when Kimberley Langley, Kelly Cole, and Adam Kochenderfer all spoke in support of land preservation.

They also stated that OUSC had passed

resolution 01-02 that stated a desire by students to preserve the last of OU's untouched land.

One reason that Senate opposes the plan is because the Early Childhood Education program uses the land to teach. The land is also used for fieldtrips by the Lowry Child Care Center.

Associate Professor for the education department and Senator Sandra Alber, spoke for Senate and said, "young children are valuable and a priority in this case."

Senate will discuss the master plan again at their next meeting on Dec. 7.



Dan McDuffee/The Oakland Post

PLAY TIME: The Lowry Center is operating smoothly without a director. Plans for a new Education building in the future will relocate the childrens center.

Lowry Center move nurtures child development

By Chelsea Charles
THE OAKLAND POST

The Matthew Lowry Early Childhood Education Center is currently operating without a director.

Even though Lowry is temporarily without a director, Mary Otto, Dean of the School of Education and Human Services said that Lowry has very solid security methods, and a flawless safety record.

"Parents must sign authorization cards every day to drop off and pick up their children. When children are signed up for the program, the parents must submit a list of other individuals who

will be allowed to pick up their son or daughter," Lamb said.

Family members and people from the School of Education must also wear name cards when they visit the center.

The old chicken coops of Meadow Brook Hall used to nurture baby chickens but have housed the Lowry center for the past 25 years. Now, the center will be relocated.

Otto said the department does not want to make any hasty decisions in choosing a director because of the move.

"We didn't rush out and fill that position because we wanted to concentrate on how the new Lowry Center will interact with the rest of

the School of Education," Otto said.

Construction will begin on a new School of Education and Human Services Building next to Varner Hall. The Lowry Center for Early Education will occupy most of the first floor.

Associate professor Sandra Alber is heading the search for a director and put together the new job description. The education center wants to hire strong leaders who will move the new Lowry Center forward. They are toying with the idea of attaching the position to a doctorate program so that the director is very involved and working toward his or her doctorate.

LOWRY continues on A8



prepaid wireless as low as
15¢ a minute.
what are you waiting for,
permission?



Now getting wireless is easy:

- No credit checks, monthly bills or annual contracts.
- Package includes the latest Motorola V2397 phone with changeable faceplate, headset and \$25 airtime card.
- Plus features like VoiceMail, Caller ID, Call Waiting, and more.
- Free2Go Wireless™ service is as low as 15¢ a minute with purchase of \$200 airtime card on the Local Calling Plan.



WIRELESS FROM AT&T.
YOUR WORLD. CLOSE AT HAND.



att.com/getconnected

1 800-IMAGINE®

Important Information

©2000 AT&T. Service not available for purchase in all areas. Compatible Digital multi-network phone required. AT&T Wireless Services will provide wireless long distance. Digital PCS features not available in all areas. Rates not available outside the 50 U.S. or when calls require a credit card to complete. International rates vary by destination. Airtime for each call is measured in full minutes and rounded up to the next full minute. Coverage available in most areas. Cards available in the following airtime values: \$25, \$50, \$100 and \$200. Phone and cards are not refundable. Minutes deposited in your account expire after 90 days. Fifteen cent rate only available with \$200 airtime value card for calls placed from the Home Calling Area on the Local Calling Plan. Roaming and directory assistance additional. Full card value must be used for rates to apply. Full terms and conditions are contained in the AT&T Welcome Guide and other prepaid materials. If purchased through an AT&T Wireless Services Authorized Dealer, equipment price and availability may vary. Call ahead for details. **Motorola Mail-In Rebate Offer:** Rebate coupon will be provided in phone box providing choice of MTV-TRL messenger bag and CD or \$30 mail-in rebate offer. You may choose either rebate offer. One rebate per purchase of each new Motorola V2397 phone. To be eligible, phone must remain on AT&T service for at least 30 days and phone must be active on AT&T service at the time rebate is processed. Certain restrictions apply. See Motorola mail-in rebate coupon for full terms and conditions. Void where prohibited. Phone must be purchased by 1/6/01 and activated by 2/6/01 to be eligible for this offer.



CRIME watch

• Four larcenies were reported on campus in the last week. On Nov. 13, a faculty member allegedly dropped his wallet in the SEB. When he returned later that day the wallet was there but missing \$150. On Nov. 14 a student left his pants in a locker in the Recreation Center. When he returned three hours later, his wallet was missing. On Nov. 16, a games machine vender in Bumpers Games Room in the OC reported that \$1,400 in a canvas bag was allegedly stolen while he was emptying the machines. On Nov. 17, a student allegedly left his bookbag in the storage bins of the bookstore. When he finished shopping, his bag was missing which held approximately \$410 in books and supplies.

• While patrolling the Hamlin Circle on Nov. 20, an OUPD Officer ran a stolen vehicle check on a car parked in the circle and found that it was allegedly stolen from a gas station in Detroit on Nov. 11. The Officer pulled the car over in a parking lot, and arrested the driver of the vehicle. A search was done of the car, but nothing of great value was found. The driver was photographed and fingerprinted and taken to the Oakland County Jail. He was also cited for driving without an operator's license.

• Police responded to an alleged missing vehicle report on Nov. 13 in the P-1 parking lot. The student reported that she parked her 1995 brown Saturn in row G at 9:10 a.m. and when she returned at 1 p.m. the same day the car was missing. On Nov. 14, an OUPD Officer was on patrol when he observed a vehicle fitting the same description parked in row N of the P-1 lot. No damage was found, and the vehicle did not appear to have been moved.

OU quickly becoming 'Grow U'



Dan McDuffee/The Oakland Post

FIGHTING THE CROWD: Some students, faculty and staff question whether OU is prepared for growth or if changes are necessary.

By Tracy Minnis
MANAGING EDITOR

What do OU's future and Michigan winters have in common? According to Student Congress, unpredictability and a pronounced effect on the climate of the on campus community. OUSC took a hard look at some cold facts regarding future enrollment growth at their Nov. 20 meeting.

The issues came down in a fast and furious blizzard which brought a storm of debate among those students, faculty and congress members present. The issues discussed included OUSC's resolution addressing the need for a 24-hour computer lab and study area to be put in the OC, the much-discussed Master Plan for campus restructuring, remodeling of residence halls, and the need for a more community-oriented, 7-day a week type of campus.

An OC computer lab and study area is already in the works, according to Student Body President Adam Kochenderfer.

"We should see this plan come to fruition within 6-9 months, due in large

part to student feedback on this issue," said Kochenderfer. "Much like OUSC's resolution in response to the Master Plan to build over green space, student feedback was once again the driving force of support."

This facility will not initially be a 24-hour area due to issues that need to be addressed in other areas, such as security, Kochenderfer added.

When the topic of directions for future enrollment growth was addressed, the room resounded with a flurry of responses.

Mike Ginger, legislator, felt that future campus growth won't even become an issue if things don't change in the feel of the campus students presently have.

"If we're looking to grow and increase student residency, we need to find a sense of community on this campus. We don't have a 'college town' atmosphere, because everything closes on the weekends," said Ginger. "We are not viewed by other colleges as a university, but as a 'commuter college'. We can't continue to increase on campus living if there's no continual on campus life."

Several faculty members at the meet-

ing stressed the importance of maintaining a clear line of vision regarding where OU is now, and where it plans to go in the future.

"There is a lot of talk about enrollment increases, but as things stand now, we are ill-prepared to handle those increases," said Dr. Kevin Early, associate professor of sociology. "We are currently in a situation where our faculty is constantly looking for classrooms to teach in, and we are relying too much on part-time staff."

Assistant Dean of Students Karen Lloyd also addressed the importance of vision by echoing Kochenderfer's views on the value of student involvement.

"We can't grow inside of a box. The key to all of this is our vision and our understanding of what we're trying to accomplish overall," said Lloyd. "Students should seek out information on long-term growth. OUSC is extremely supportive in offering students knowledge to help them examine these issues."

While the myriad of views expressed

GROWTH continues on A8

S.A.D.D. speaks out on rape aggression

By Jessica L. Jefferson
THE OAKLAND POST

The main question asked by the national student organization Students Against Destructive Decisions (formerly known as Students Against Driving Drunk) has been, "What can we do to avoid destructive situations?" Yesterday the OU chapter of S.A.D.D., along with Rape Aggression and Defense (R.A.D.) sponsored an informational panel in the OC to advise and aid students in their future choices.

Seven panelists spoke, representing a variety of sources in our community. Included in the discussion were speakers from Haven in Pontiac, which is a shelter aiding victims of domestic and sexual violence, medical experts from OU's Graham Health Center, an officer from OU Police Department, and also speaker Paul Sullivan, representing a group called "Concerned Men For Rape Prevention" from Royal Oak.

One of the main issues addressed was the fact that "society is cloudy in their definition of what rape is," said OU S.A.D.D. president, Rebecca Leftera.

When rape occurs, questions are asked as if the victim actually had taken part in the crime.

"When someone is car-jacked, people don't ask 'what were you doing or wearing to provoke it?' When a woman is raped, those are the first questions in people's minds," said Leftera.

Sullivan demonstrated this theory by giving examples of field tests done in area high schools, a main task of the group.

The tests consisted of separating male and female students into different rooms and asking them to answer a series of questions like, "Is it okay to rape a woman." Though typically they received a strong 'no' to that question, when asked the question, "Is it okay to force a woman into sex?" 40 percent of those same people responded 'yes.'

Other issues brought up were media's portrayal of rape. Television and media do nothing but exacerbate the ambiguous definitions of the crime, as women are often portrayed as merely symbols of pleasure to men, OUPD police officer Nan Gelman discussed. By promoting women in this manner, she said, "We live in a society of rape culture."

SIGN OF THE TIMES: American Sign Language is a course offered at OU, but does not fulfill the foreign language requirement towards graduation.

Dan McDuffee/The Oakland Post



No sign of ASL fulfilling language requirement

By Sara McDowell
LIFE EDITOR

You use it everyday. You need it to communicate with others, to express yourself, and to understand one another. Languages are an important part of everyday life.

OU recognizes Chinese, French, German, Hindi-Urdu, Italian, Russian, Spanish, the Humanity of Language (ALS 176) and tutorials in foreign languages as fulfilling the language area of the general education requirements. However, it does not allow American Sign Language (ASL) to fulfill the requirement.

ASL is considered a language even though it does not use spoken or written words. By using hand, finger and arm gestures combined with facial expressions and shifts of the body, ASL allows communication among hearing impaired and other people. But efforts over the years to get the class approved have fallen on deaf ears.

According to Mary Papazian, the Associate Dean of College of Arts and Sciences, a push for ASL to fulfill the general education requirements, has not occurred in about three or four years.

"We have not heard anything subsequent regarding the possible change since then," said Papazian.

For the College of Arts and Sciences, its Committee on Instruction (COI) makes curriculum decisions. It recognizes ASL as a language with a culture but has two main concerns

when it comes to ASL fulfilling the language requirement.

"(ASL) doesn't enable people to understand and communicate with people of another nation," said David Lau, director of the communication program (which offers the class), despite the fact that some of his fellow colleagues disagree.

Quinn Clarke, a communication special lecturer who teaches ASL, said, "ASL doesn't teach people about another nation. However, it is derived from French Sign Language, and so there is a historical connection. In addition, ASL is the primary language of people who classify themselves as deaf. These people have a distinct culture. One feature of that culture is the language. Learning about a culture different from your own and being able to communicate within that culture is certainly the goal of foreign language learning."

Shea Howell, chair of the Rhetoric, Communication and Journalism Department, believes there is more to why ASL doesn't fulfill the requirement.

"My sense of all of this is that people are guarding turf battles. It's not because there is any intellectual basis to deny this," Howell said. "(ASL) is a valid language that should be recognized and supported. As a university that is concerned with community outreach, for us to not create a viable program around sign language is an embarrassment. I think it is a political issue that if people take sign language, they won't be taking something else."

Sherman Wilcox, Ph.D., an Associate Professor of the

ASL continues on A8

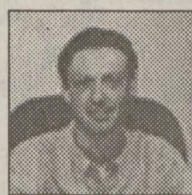
OUSC bookswap gives students a cash advantage on textbooks

You've been there. Finals are over, exhaustion is setting in from last night's cram session, and you're standing in an endless line trying to sell your used textbooks. The line inches forward and you glance at students walking away. They look more than displeased as they fumble through the five-dollar bills they've just received. Knowing the inevitable, you approach the bookstore employee and hand over your books. The cashier scans each book that you've paid \$50+ for and reads off the amount you'll receive. "\$10.50", "\$14.75", "\$8.25"

This scene is all too familiar for college students. When selling used textbooks back to the bookstore, you're likely to receive a small fraction of what you paid

four months ago. That's why Student Congress will be holding a Bookswap on December 13-20 and on January 8-12. It involves students selling their books directly to other students, cutting out the "middle man" of a bookstore. Plus, you set your own prices!

Here's how it works. Student Congress will be collecting books during the week of finals in the Fireside Lounge (Oakland Center). Simply bring us your books, give us your contact information, and set your own prices. Student Congress will then try to sell these books during January 8-12 in the Fireside Lounge. If one or more of your books are sold, we'll mail the check to you. You can



Adam Kochenderfer

then pick up any unsold books in the Student Congress office. If you haven't bought your own textbooks for Winter semester, stop by the Fireside after break. You'll probably pick up some great deals, courtesy of fellow students!

If you can't make it to the Fireside Lounge on the dates above, visit Student Congress's website at www.oakland.edu/ousc. Click on the link at the bottom of the page, and you'll be taken to our online Bookswap. Here, students can post their prices themselves and have a larger market to sell to. You'll also have access to books that students are selling from universities across the nation. The

Fireside Lounge Bookswap has wide visibility, and the online Bookswap is available year-round. See what option works best for you!

It's definitely a win-win situation for OU students. Students buying textbooks are probably getting them at a cheaper price than the bookstore. And students selling them get all the profits with no risk. I've personally had a lot of success with my own textbooks, doubling what I would have received at the bookstore. It's just another service that Student Congress provides to the OU community, and I highly encourage you to take advantage of it!

Adam Kochenderfer is Student Body President. He can be reached at x4290.

PERSPECTIVES

SECTION A

WEDNESDAY • NOVEMBER 29, 2000

PAGE 4

THE OAKLAND POST

Oakland University • 61 Oakland Center • Rochester • MI • 48309
E-Mail address: oakpost@oakland.edu • Web address: http://www.oakpostonline.com
An independent award-winning paper serving Oakland University since 1976.
Advisor, Jane Briggs-Bunting.
Free to OU students. Subscriptions available to all others by calling 248-370-4269.

CARA PLOWMAN Editor In Chief

TRACY MINNIS
Managing Editor

RAMEZ KHURI
Sports Editor

ANDREA PORTER
Advertising Assistant

LISA REMSING
News Editor

LISA CALI
Assistant Sports Editor

DAN McDUFFEE
Photography Editor

SARA MCDOWELL
Life & Get Out Editor

MICHAEL HOSKINS
Local Editor

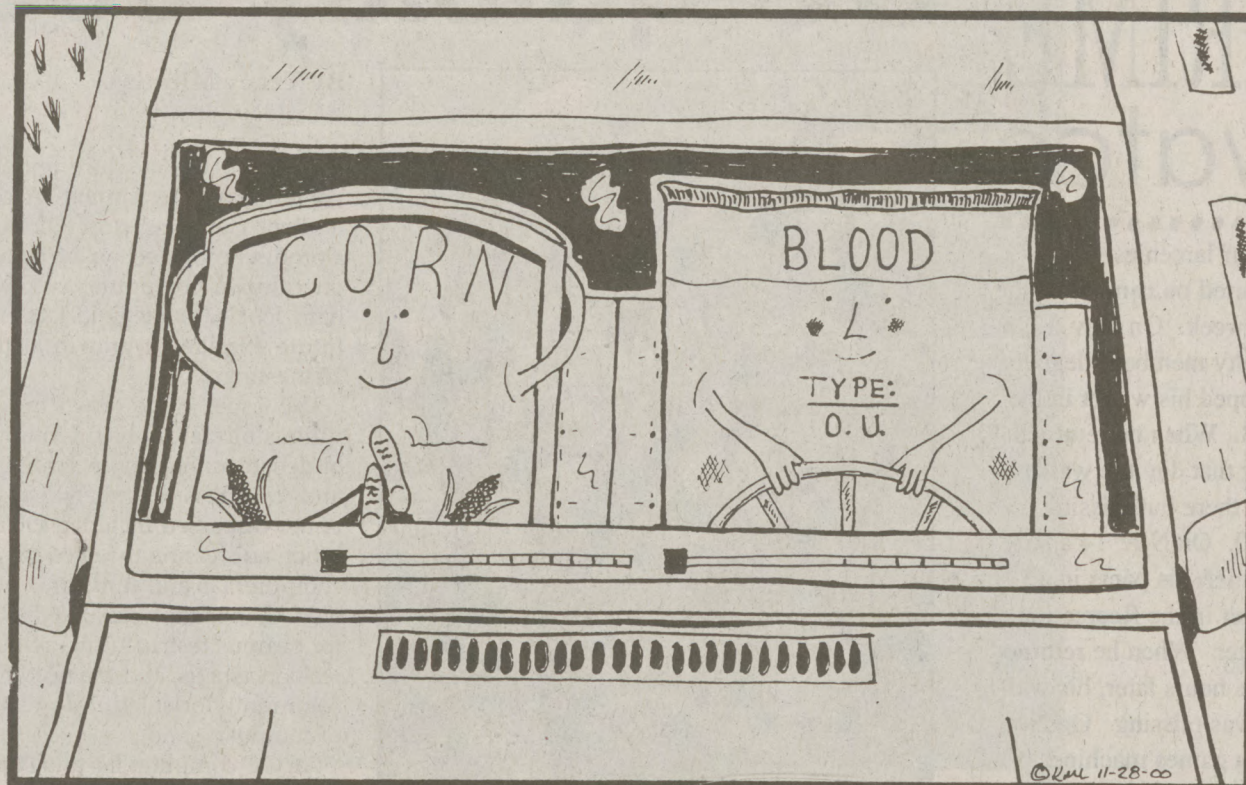
JEREMY BARBER
Assistant Photography

RACHEL RYBICKI
Assistant Life Editor

JENNIFER CORDER
Advertising Manager

JASON HAMMONDS
Web Master

KEVIN LUDWIG Illustrator



'Tis the season for a food & blood drive.

LETTERS TO THE EDITOR

The Oakland Post welcomes your letters to the editor. All Letters to the Editor must include a name, phone number, class rank and field of study or Oakland University affiliation. Please limit letters to less than 400 words. Letters may be edited. The editor may use discretion in rejecting any letter for publication. Letters become property of The Oakland Post.

EDITOR'S view

Shoppers beware this holiday season

The giving season is here, and malls everywhere are filling up with shoppers.

Imagine you're at the mall with friends or family. You stop by the ATM machine to get some money and begin your holiday shopping. You walk into a store, pick out the perfect gift for your friend and walk up to the counter. As you're purchasing the item, you set your wallet down on the counter. For a split second, you turn to talk to your friend. When you reach again for your wallet, it's gone.

Credit cards, bags filled with gifts and purses are all as good as cash to thieves.

In the past, stories have been reported on the news where people have been lured into mall parking lots thinking they were helping a stranded motorist, only to be mugged. This sort of crime doesn't just happen in big cities any more.

Security during the holidays is usually increased, especially in larger malls. But parking lots, bathrooms and food courts are still great places for thieves to steal from unaware patrons.

Last week money was stolen from Bumpers Game Room in the Oakland Center. A vending service man was emptying the money from the games, filled a plain bag and set it on the floor. Even though he was about 15 feet away from it at all times, the bag, which contained \$1,400, was taken. No one in the room saw anyone leave with the bag, according to the OUPD report.

Whoever left with the bag may eventually be caught. There are video cameras in the lower level of the Oakland Center, and the tapes from that afternoon are being reviewed by OUPD.

Even though most malls do have surveillance videos, shoppers aren't always lucky enough to get their things back. With identity fraud occurring more and more, shoppers need to be even more cautious about what they carry with them.

Oakland County sees its fair share of larceny. There's really no where to go to escape crime. But shoppers can avoid being robbed just by watching out for their things.

According to Michigan Attorney General Jennifer Granholm, 17 percent of all items scanned are priced incorrectly. Check your receipts, as well. Try not to get robbed twice.

Cara Plowman
Editor In Chief
caplowma@oakland.edu

STAFF connection

Editor In Chief
Managing Editor
News
Local News
Life

(248) 370-4268
(248) 370-4268
(248) 370-4267
(248) 370-2848
(248) 370-4266

Sports
Photography
Advertising
Campus Forum
Fax

(248) 370-4263
(248) 370-2849
(248) 370-4269
(248) 370-5395
(248) 370-4264

via e-mail oakpost@oakland.edu

Volume 27 Issue 12

SETTING IT straight

In the Nov. 15 issue, in the article titled "SS number key to theft," it was written that students shouldn't carry their student ID cards. This is incorrect. The cards do not allow anyone access to personal information, and should be carried on campus at all times.

LETTERS to the editor

Parking situation unsafe for residents

Dear Editor,

After reading the Nov. 8 article, "Students Speak Out On Parking Situation," I became slightly outraged at what I read. I could not believe the ignorance of Richard Leonard, the Director of Police Materials Management, when he said, "We don't have a parking problem, we have a walking problem" and then continued to say that the numerous parking spaces available are just not convenient.

I'm sorry, but yes, I find walking from the overflow lot to Hamlin at night extremely inconvenient. I am afraid for my safety to walk all the way across the dark parking lot by myself.

What about the parking situation for Anibal and Fitzgerald Houses where girls are terrified to walk all the way past married housing to the upper fields to get to their cars?

How dare Leonard say that the fears of the female residents are merely 'inconvenient'? Unless OUPD is prepared to make us feel safe by providing constant police presence in these areas, the university needs to provide its students with better spacing.

As for those students that complained about paying for more parking, I pose a question: What's more important to you, an extra fee on your bill or your own life?

Name Withheld

False fire alarms numerous in dorms

Dear Editor,

In response to the Nov. 15 article "False Alarms Annoy Dorms," I would like to say that the writer was misinformed. She claimed that two out of four fire alarms in Hamlin Hall were false. The writer also claimed that Vandenberg Hall had three out of seven false fire alarms, and VanWagoner had two out of three false alarms.

After talking to the OU Housing Office, I found out that all of the residence halls on campus have only had one planned fire alarm. All of the rest of the alarms that were set in the halls have been false alarms.

I would like to add that the writer was correct in relaying the attitude felt in the residence halls. Everyone is irritated by having to leave the buildings every time the alarm goes off, but I would like to encourage everyone to leave the hall whenever a fire alarm goes off, because failure to do so could put your life in jeopardy if the alarm was real.

Desmond VanHouten
RHC President

To send a letter to the editor,
drop it off at 61 Oakland Center,
or email oakpost@oakland.edu

CAMPUS forum



370-5395

email: oakpost@oakland.edu

Last week's question:
What is your opinion of the election so far?
Could this happen again?

I'm tired of all the flip-flopping. I just want this all to be over with. The media coverage is getting out of hand. One day it'll say Bush wins, and the next it's Gore. I guess the electoral college vote will finally tell us who wins. Until then, we just have to wait. I just wish the media would stop declaring things when they don't really know what the truth is.

It is so obvious that Bush is pushing the election in his own favor. There is no way that Bush would win if the ballots had been counted fairly and correctly. Something needs to be done to fix a system that is so obviously broken. The government has the next four years to think about how messed up this whole situation has been.

The Oakland Post's Campus Forum is an anonymous call-in system that allows readers to voice their opinions on any topic for 20 seconds.

2000 PRESENTS 2000 BATTLE OF THE BANDS

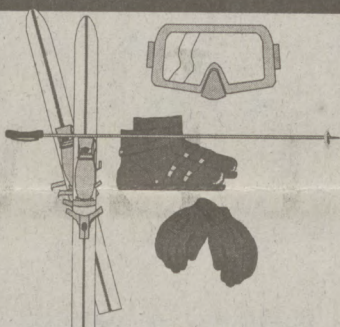
Friday @ 8pm in the Gold Rooms, OC
Come and see the best that Oakland has to offer. See
your fellow students battle it out for prizes. This
events is free and the food is **GREAT**

Coming soon!!

Tickets to SKI TRIP 2001

February 9-11, 2001

Call 248.370.4295 for more info



GARBAGE pickup
Tuesdays & Thursdays.

If you're buying overpackaged or throwaway products, you're essentially buying trash. That means some of what's on your shopping list wastes energy, wastes natural resources and even increases pollution. So the next time you're in the store, look for less packaging, and choose stuff that's refillable and reusable. What's in your cart could make a world of difference. For a free shopping guide, please call 1-800-2-RECYCLE.

BUY SMART. WASTE LESS. SAVE MORE.

AGI
www.environmentaldefense.org
ENVIRONMENTAL DEFENSE
Finding the ways that work

RETIREMENT INSURANCE MUTUAL FUNDS TRUST SERVICES TUITION FINANCING

TIAA-CREF provides financial solutions to last a lifetime.

Call us for a free consultation

Building your assets is one thing. Figuring out how those assets can provide you with a comfortable retirement is quite another.

With TIAA-CREF, we can help you with both. You can count on us not only while you're saving and planning for retirement, but in retirement, too.

Just call us. We'll show you how our flexible range of payout options can meet your retirement goals.

With TIAA-CREF, you benefit from something few other companies can offer: a total commitment to your financial well-being, today and tomorrow.

*Note: Availability may depend on your employer's retirement plan provisions contract. Under federal tax law, withdrawals prior to age 59½ may be subject to restrictions, and may also be subject to a 10% additional tax. Additional restrictions also apply to the TIAA Traditional Annuity.

With TIAA-CREF, you can receive:*

- Cash withdrawals
- Systematic or fixed-period payments**
- Interest-only payments
- Lifetime income payments**
- A combination of these

**Guaranteed by our claims-paying ability

CREF GROWTH ACCOUNT ¹		
26.70%	27.87%	26.60%
1 YEAR AS OF 6/30/00	5 YEARS 6/30/00	SINCE INCEPTION 4/29/94

CREF Growth is one of many CREF variable annuities



Ensuring the future for those who shape it.™

1.800.842.2776

www.tiaa-cref.org

For more complete information on our securities products, please call 1.800.842.2733, ext. 5509, to request prospectuses. Read them carefully before you invest. 1. Due to current market volatility, our securities products' performance today may be less than shown above. The investment results shown for CREF Growth variable annuity reflects past performance and are not indicative of future rates of return. These returns are the value of the principal you have invested will fluctuate, so the shares you own may be more or less than their original price upon redemption. *TIAA-CREF Individual and Institutional Services, Inc. (TIAA-CREF) and TIAA Real Estate variable annuities. *Teachers Personal Investors Services, Inc. distributes the Personal Annuity variable annuity component. 1. For additional information, contact TIAA-CREF Life Insurance Co., New York, NY, issue its terms and conditions. *TIAA-CREF Trust Company, FSB provides trust services. *Investment products are not FDIC insured, may lose value and are not bank guaranteed. © 2000 TIAA-CREF 08/03

SAMSUNG DIGITall
everyone's invited™

Equip smart.™

A laser printer for the price of an inkjet?

Cool. Just \$199.

Now you can have your very own laser printer. At a breakthrough price.

Fast. Sharp. Clean. Compact. With a toner cartridge that should last you all year. And at a per page cost that's 70% less than inkjet. Plus a Toner Save button that extends the life another 30%.

Papers that stand out in a teacher's grading stack. Professional resumes. Articles fit to submit for publication. All for the price of a half-dozen inkjet cartridges.

Better think twice. Everyone in the dorm's gonna want to use it.

Grab one at your campus bookstore. Order online. Or by phone at 800-459-3272. Go to www.samsungusa.com/Xtreme for more information.



The Samsung ML-4500 Laser Printer. "16-pages-on-1" print feature and Last Page Reprint button. Microsoft 2000 and Linux compatible.

SAMSUNG

Score this \$199* flat-panel monitor.

Drop into the Samsung National Xtreme Sweepstakes and you could land this Samsung SyncMaster™ 1540p 15" high flat-panel monitor, with built-in TV tuner and stereo speakers. Simply go to www.samsungusa.com/Xtreme to enter the sweepstakes. Or mail in an entry form available at participating campus bookstores.

© 2000 Samsung Electronics America. SyncMaster is a trademark of Samsung Electronics America

Laser Hair Removal and Aesthetics, P.C. of Birmingham

Mitchell S. Shek, M.D., F.A.C.P.
Shimran Michaels, R.N., B.S.N.
Nicole McBain, L.P.N.
Lisa Henson, B.S.B.A.

Laser Hair Removal
Botox
Schlerotherapy of Leg Veins
Laser Facial Vein Removal
Laser Facial Resurfacing
Obagi Blue Peel
Neostrata Peel

(248) 593-6236
www.shekmd.com

20 % off
First Treatment

PURCHASE NECESSARY VOID WHERE PROHIBITED. Open to legal residents of the U.S., except AK, FL, HI, and PR. 18 years of age or older. Subject to Official Rules available online at www.samsungusa.com/Xtreme. Sweepstakes ends January 1, 2001. Sponsored by Samsung Electronics America, Inc., 135 Chanhassen Road, Richardson, TX 75080.

CLASSIFIEDS

Special Events Staff For Upcoming events. Now hiring smiling faces with positive attitudes. Flexible hours, weekly pay, and free banquet serving training. Work when you want. Opportunities for fund raising for your school or clubs. For more information call 1.800.968.9795.

Babysitter Needed: 4 yr old girl and 2 yr old boy. Bloomfield hills. \$8.00 per hour. Call Michele at 248.540.2535

Looking to make some extra money! Franklin Kids' Club is now hiring enthusiastic staff. Weekends or evenings available. Pay: \$6.00-\$12.50. Call 248.352.5437 ask for Melissa during the week & Malinda on the Weekends.

Boys and Girls Clubs is in need of Sports Instructor, Education Instructor, Arts Instructor. For Auburn Hills or Shelby Township location. 25 hrs. per week. \$7.00-\$10.00 per hour. Call 248.852.1336.

Management Positions Available Great Resume Builder, Good money. Now accepting applications. For further information call 888.277.7962.

Is your **Resume** boring? In one summer you can build a resume employers look for? Visit: www.collegepro.com or you can call us at 1.888.427.7672 ext. 533.

Spring Break 2001 Hiring On-Campus Reps, Sell trips, earn cash, go free!! Student Travel Services, America's #1 Student Tour Operator, Jamaica, Mexico, Bahamas, Europe, and Florida. Call 1.800.648.4849.

Sales Associate needed for shoe store at Great Lakes Crossing. Full or Part time. Fun Job. Call Cheryl Cox @ 248.334.8116

Star Theatres Cast Member Opportunities Competitive Wages, Sales Incentive Bonus, Health Benefits, Retirement Plan (401k), Tuition \$\$\$ For College. Must be at least 17 years old. Positions available at: Star Southfield-Star John R., Star Rochester, Star Taylor, Star Lincoln Park, Star Gratiot, Star Fairlane, Star Grand Rapids, and Star Holland. Volcano Grill hiring for part time and weekend waitstaff. Apply in person. Located in the lobby of Star Southfield. 248.372.0100.

Warehouse Worker-Auburn Hills area. Flexible hours \$8.50-\$10.00 per hour depending on experience. Job responsibilities include shipping and packaging. Please call 248.373.2900 or fax resume @ 248.373.5962

There is a combined AA/Alanon meeting every, Wednesday at noon in the Counseling Center's Conference Room, Graham Health Center.

Travel Reservations & Admin. assistant. Part Time. Approx. 24 hrs./wk. Shifts avail. between 9AM & 7PM. (9:30 am-3pm, Sat/Sun.) Near Campus-691 Squirrel. Full Training provided. CAN-AM world wide travel call us at 370.trip.

Part-time nanny to nurture and care for our 5 month old son. Experience with infants and excellent references required. Non-smoker, excellent driving record. Two days per week at \$7.00 per hour. Call 248.814.7043.

Tanning Salon-Must be neat in appearance, energetic, hard worker, good people skills, willing to work with others, transportation. Please call Joe @ 248.884.8000.

Wanted! Spring Breakers! Cancun, Bahamas, Florida, Jamaica & Mazatlan. Call Sun Coast Vacations for a free brochure and ask us how you can organize a small group & eat, drink, travel free & earn cash! Call 1.888.777.4642.

Nanny wanted-active, energetic nonsmoking person with reliable transportation and excellent references needed to provide attention and loving care to our child in our Troy home. Call 248.362.4190 or e-mail basilem@aol.com.

We are currently seeking motivated freshman, sophomore and junior undergraduates to fill summer internship positions. Interns are paid a salary of \$400 per week plus profit sharing bonus based on performance. Positions are limited; application deadline is November 27th, 2000. Act today. For more information email Pauvans@aol.com.

Affairs STUDENT UPDATING OU

ATTENTION STUDENTS.

Placement & Career Services

Brush up on your interviewing skills! Placement & Career Services is conducting behavioral interview practice clinics throughout November. Open to all students and alumni. Call (248) 370-3250 to reserve a spot.

•Placement & Career Services Career Resource Center in 154 North Foundation Hall is offering a free career assessment package which will help you identify your interests, abilities and values. Career counselors will work with you to explore the many career options available to you and help you gain direction. Call 370-3263 to schedule an appointment or stop in and visit us!

•Graham Counseling Center: If you are experiencing problems with stress, anxiety or depression, contact the Oakland University Graham Counseling Center located in the Graham Health Center building, ext. 2341. The first six visits are free, and the professional staff is eager to help. Please take advantage of this student service.

Pic-A-Deli snack bar is now open in the Rec Center from 7 a.m.-2 p.m. M-F for breakfast and lunch!

•Dynamic Students Wanted! Do you want phenomenal leadership experience this summer? Are you interested in getting paid for embarking on an adventurous experience? If you answered yes to both questions, then you will make the perfect orientation group leader!

THIS WEEK

•Friday, December 1, 7 PM-Residence Halls Programming wraps its Friday Night live 2000 series with comedian Tom Cotter's high energy, rapid fire style of comedy. You may have seen him in dozens of TV commercials for McDonald's, Doritos, Pepsi, and Amstel Lite, just to name a few. Free admission. Vandenberg Cafeteria.

•Sunday, December 10, 2001, 3:52 PM in the O'rena-Support OU's WJLB Radio Stars, \$5/person. This will be an outstanding display of basketball skills and fitness you do not want to miss. For further information contact Felecia Bumpus at 248-370-4885.

UPCOMING EVENTS

•The Ultimate Sports Challenge has been rescheduled for Saturday, January 20, 2001. Sign up at our Campus Recreation table in the Oakland Center or call ext. 4732 for more information.

•Friday, December 1, 7PM-Residence Halls Programming wraps up its Friday Night Live 2000 series with comedian Tom Cotter's. Free admission. Vandenberg Cafeteria.

•Graham Health Center-Graham Health Center reminds you to learn to control your stress level. There are basic management techniques, such as getting up 10 minutes early each day, eating a well balanced diet, and planning ahead. If you need further information call GHC at ext. 2341.

New at the Rec Center:
All-Star Basketball. Games are on Wednesdays at 7 PM. Come out and watch the following teams play: Dunk City, Da Ruckuz, Pebble Fella, Records, Untouchables, Briscos, Water Ink, Hackers, R.A.N, and Spartans.

DECEMBER TO REMEMBER



Sharing Traditions & Making Some of Our Own December 4 - 9, 2000 • Oakland University

The entire OU community is joyfully invited to celebrate the holidays on OU's campus through these exciting activities:

All Week

• **Hugs for the Holidays**
Donate a stuffed animal to be distributed by Pontiac's 4-H club of Pontiac to those children in need. Place it in our Toy Box located in the Fireside Lounge, OC.

Monday, December 4

• **Human Unity Chain**
Calling all OU community members: Let's do something that's never been done before - We are challenging you to make an entire human chain around the Lake. Meet at the Lake at Noon. Dress appropriately.

• **CSA brings the Andover High School Jills.**

These ladies will be singing and ringing some favorite holiday melodies from Noon to 1:00 p.m., Fireside Lounge, OC.

• **Women's Basketball**
OU vs Youngstown State. 7:00 p.m., O'Rena Athletic Center.

Tuesday, December 5

• **Art, Book and Gift Fair**
9:00 a.m. - 4:00 p.m., Fireside Lounge and Main Hallway, OC

• **ARAMARK's Holiday Luncheon Buffet** with all the traditional trimmings for \$5.75 per person. 11:30 a.m. - 1:30 p.m., Gold Rooms, OC. Reservations required: contact 248-370-3230

• **SPB Mainstage** presents comedian Brett Duggan, 7:38 p.m., Pioneer Food Court

Wednesday, December 6

• **SPB Stress Free Zone**
10:00 a.m. - 5:00 p.m., Fireside Lounge, OC.

• **Backgammon Challenge**
Noon - 1:00 p.m. in the Bumpers Games Room.

• **ABS Remembering the Motherland: A Kwanzaa Celebration**
7:00 p.m. - 9:30 p.m., Gold Rooms, OC.

Thursday, December 7

• **CSA Holiday Crafts**
Make a picture frame to take home to your family or friends. 11:00 a.m. - 1:00 p.m., Exhibit Lounge, OC.

• **SPB presents:** Mike and Tim's Totally Stupid Game Show. Come join the fun at Noon, Fireside Lounge, OC.

• **Holiday Reception** for Student and Greek Organizations 4:00 - 6:00 p.m., Heritage Room, OC.

• **Muslim Student Association Breaks The Fast**
Come learn about Ramadan and break the traditional fast. 5:00 p.m., Heritage Room, OC.

• **Women's Basketball**
OU vs Rochester College. 7:00 p.m., O'Rena Athletic Center.

Friday, December 8

• **Good Luck on Finals**
CSA hopes everyone is prepared for their exams. Samples of Lucky Charms cereal will be passed out at 11:00 a.m., Fireside Lounge, OC.

• **Akanke Dance Troupe**
African Dance performance from Noon - 1:00 p.m., Fireside Lounge, OC.

• **SPB and ABS present: Jabali Afrika.** Appearing at 8:00 p.m. in 201 Dodge Hall.

• **RHC's Ice-Cream On The Bridge**
Bring in the New Year early with our Midnight celebration. Midnight, Bridge over The Lake.

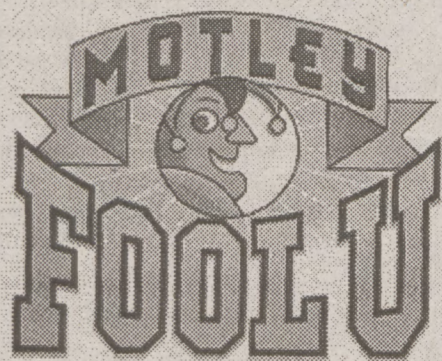
Saturday, December 9

• **SPB Underground Coffee House: Open Mic Night**
Coffee house starts at 8:00 p.m., Heritage Room, OC.

December to Remember is coordinated by the Center for Student Activities and Leadership Development (248) 370-2400.

CHECK OUT THE OAKLAND POST ONLINE

@www.oakpostonline.com



Extra Credit

Q. I had a credit card of my own (with a \$500 limit) before I got married. Now I use my husband's credit card for our purchases. Do those payments count toward credit for me too if we were to separate? Should I simply get my name put on the account as a joint holder?—J.H., via the Internet

A. You definitely need to establish and keep a credit rating of your own. But it's not as simple as having your name put on the account and engraved in that gold card.

Any resident of the known universe can be added to your husband's account as an "authorized user." Adding authorized users equals more money for the credit card company. But your husband, as the main account holder, is solely responsible for paying off those charges. As the owner of the account, his is the only name that is reported to credit agencies. In other words, being an "authorized user" does diddly for your credit rating.

Being a joint holder is different, but it's not simple to become one. In an informal survey of some credit card companies we called, one of the three said it didn't allow joint accounts anymore. All it offered was authorized user status. The others would allow joint accounts, but required more paperwork (similar to opening a joint bank account) and even separate credit applications in some instances.

With a joint account, both you and your husband will be responsible for paying that bill. That's something to consider if you have any concerns about your financial compatibility. The future lasts a long time, and people change.

A "joint" credit card will affect the credit records of both spouses. Think about that. Is your hubby someone you want to have influencing your credit? (That's probably a question everyone should examine *before* the wedding.) Every couple needs to work out their own style of handling money. You can go for all joint accounts, totally separate accounts or some blend. About the only thing you don't want to do is have everything in one name. It's not just because of divorce. People die, become incapacitated, or go missing in the Nevada desert and come back... well, just different. All of us need to have a personal history of financial responsibility, so that whatever life hands us, we can cope.

But you have to have a simple solution. You already have a credit card in your name. Use it! Even with a limit of only \$500, you can use it to buy groceries and other small items. Just pay off your balances every month so you can show a history of timely payments. Once you establish that history, the credit card companies are usually very happy to increase your limit.

WHAT NOW?

Even if you both have spotless credit histories, you (like most newlyweds) will be under a fair amount of spending pressure as you set up your life together. You may want to review what can go wrong with credit cards to help stave off temptation at www.fool.com/credit/credit.htm will help.

WRITE TO US! The Motley Fool aims to inform, amuse, and enrich every day at www.fool.com. Ask the Fool your own question, or submit stories or tips to FoolU@fool.com.

Copyright 2000. Motley Fool
Distributed by Universal Press Syndicate

STRESSED OUT?

Semester's end triggers more stress

By Michael Hoskins
LOCAL EDITOR

The countdown to the end of the semester has begun, and the pressure is quickly building.

Finals are quickly approaching and professors are assigning more work, multi-page papers are due, and massive reviewing is becoming priority as students are starting to feel the stressful burdens of this time of the year.

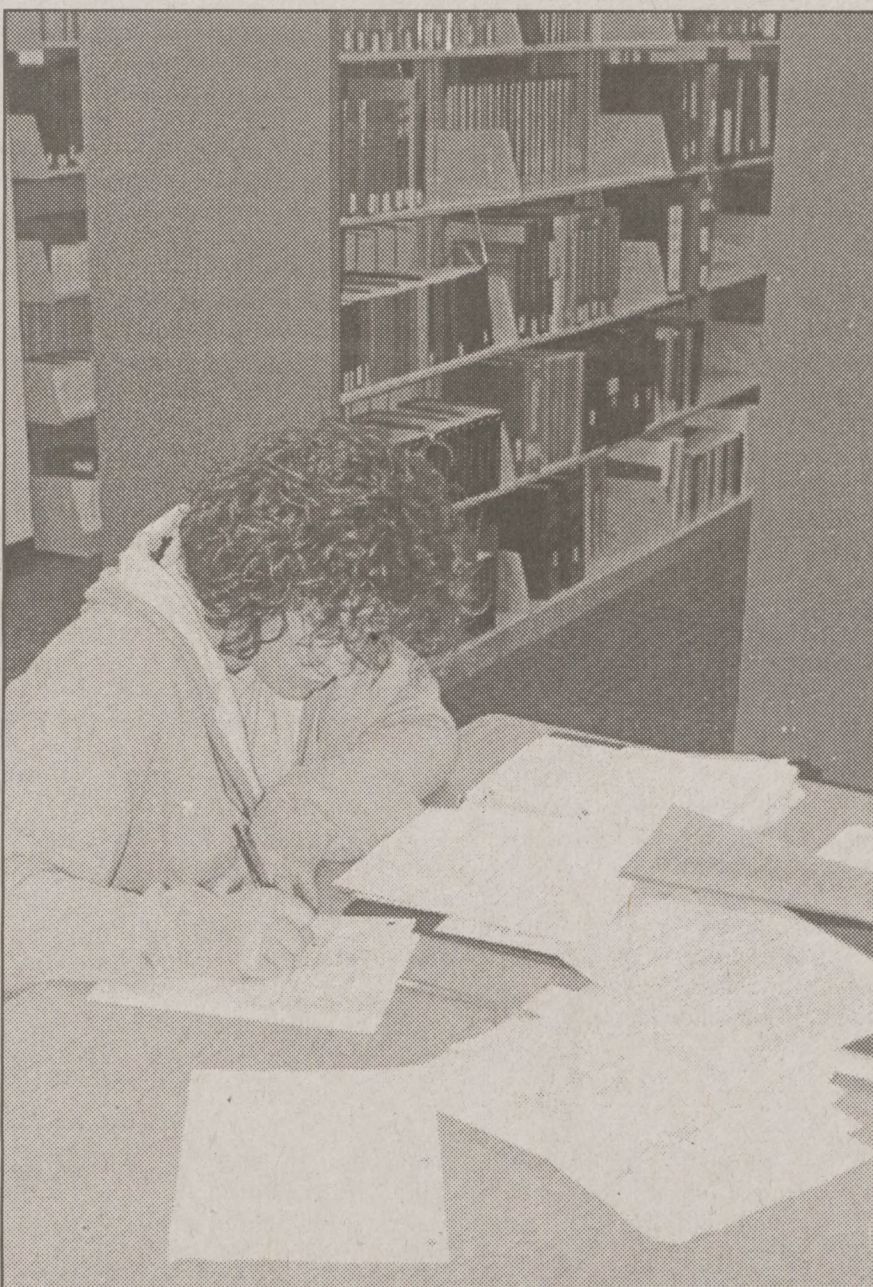
In a National Health Interview Survey conducted by the Health Resource Network (www.stresscure.com/hrn/facts.html), 75 percent of the general population experiences at least "some stress" every two weeks. Half of those people surveyed experience moderate or high levels of stress during the same two-week period.

In college students, there is more stress than usual. Adjusting to a new lifestyle, a larger amount of responsibility, more complex homework assignments, and maintaining a job all add to the load. It is especially difficult during the end of a semester, when the workload gets heavier.

Jane Wolfe, Associate Professor of Educational Foundations at Bowling Green State University (BGSU), conducted a research project that compared graduate and undergraduate students' perceptions of stress in the college environment.

"Stress is an accepted part of life for all col-

STRESS continues on B7



CRAMMING FOR FINALS: Students feel the stress as they review classwork and prepare for their final exams.

Americans prefer work over sleep

By Michael Hoskins
LOCAL EDITOR

Increased workload, deadline pressure, and an insatiable urge to stay up later leaves college students, as well as many Americans, deprived of the sleep they once took for granted as children.

"Since I've come to college, I haven't been able to sleep when I need to, or stay awake when I have to," said Nate Silverman, freshman, business. "I fall asleep in class all the time."

Cornell University psychologist and sleep researcher James Maas, Ph.D., wrote in his book "Power Sleep" (Villard, 1998), that "people think it's macho to get by on small amounts of sleep, then wonder why they're groggy and exhausted by mid-day."

In his study, Maas found that most people need at least eight or nine hours of sleep each night, but the average person gets far less than that. A survey by the National Sleep Foundation found that only 35 percent of adults say they get eight or more hours of sleep on week nights.

About 12 million Americans have sleep apnea, but fewer than two million of them have been diagnosed, said the American Sleep Apnea Association's website.

College students are no exception. Most only get six hours of sleep a night, according to a study of Cornell University undergradu-

SLEEP continues on B7

Caffeine boosts students' energy

By Cara Plowman
EDITOR IN CHIEF

Whether a student is pulling an all-nighter to study or to party, one substance that may be keeping them awake is caffeine.

Millions of Americans everyday line up in cafes, gas stations and grocery stores in search of a hot cup of coffee. The number of people addicted to coffee increases every year, and students seem to be picking up coffee more and more for its caffeine.

A number of products are out on the market to cater to people looking for caffeine but don't necessarily like the taste of coffee. Many of the drinks water-down the coffee taste with milk, sugar and artificial flavors.

ExtremeCoffee.com sells "Shock Latte," which swears to have more caffeine and more coffee taste than other drinks like it.

Shock's sales pitch says, "Shock is the most potent, butt-kicking blend of coffee beans ever assembled... So don't operate any heavy machinery or any-

thing after you've powered down more than a few of these in one sitting."

Starbucks also makes a frappuccino drink in different flavors. These drinks, along with more conventional ways of obtaining the caffeine jolt, are growing in popularity on college campuses.

Starbucks can be found on OU's campus as well, which insinuates that students are becoming more dependent on caffeine than ever before.

A study performed at the Stanford University Center of Excellence for the Diagnosis and Treatment of Sleep Disorders reported, "Each of us has a specific daily sleep requirement. The average sleep requirement for college students is well over eight hours, and the majority of students would fall within the range of this value plus or minus one hour."

The 1997 study, lead by William Dement, M.D., Ph.D., established that loss of sleep can create a sleep debt, which doesn't decrease.

"All lost sleep accumulates progressively as a larger and larger sleep indebtedness," Dement reported. "The

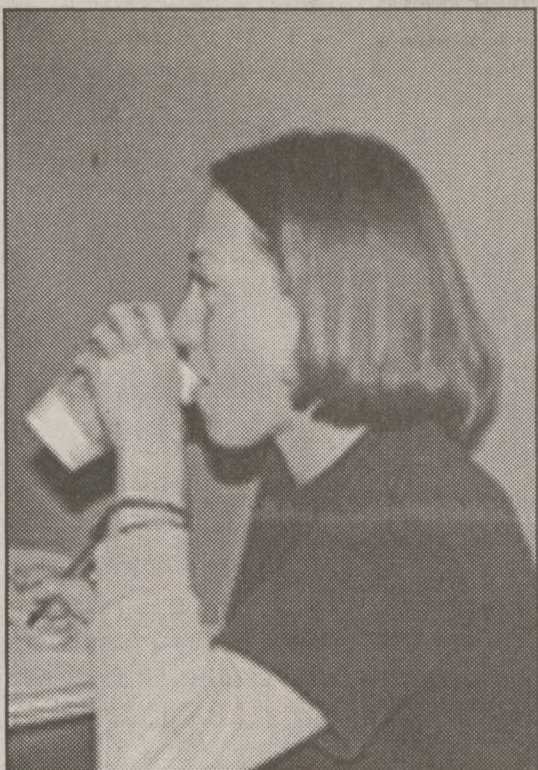
only way to reduce your individual sleep debt is by obtaining extra sleep over and above your daily requirement."

According to TheCaffeinePage.com, caffeine is an alkaloid and a stimulant that almost immediately affects the brain, central nervous system, respiratory system and kidneys. Caffeine molecules block the brain cells that slow down the body for sleep. As a result, cell activity increases and blood vessels in the brain constrict, which triggers the body to produce adrenaline. The overall effect is increased energy throughout the body.

TheCaffeinePage.com warns that the effects of caffeine are numerous.

On one hand, it reports that caffeine "increases performance of simple intellectual tasks and enhances rapid processing of information. Users report increased alertness and ability to concentrate." Also, it claims that the metabolic rate increases.

But, it warns that the quality of sleep is reduced, shortened and easily interrupted.



JAVA UNIVERSITY: Students turn to caffeinated drinks like coffee to get them through the day.

MBT celebrates 35 years in community

By Kathy Sauer
THE OAKLAND POST

Meadow Brook Theatre (MBT), Michigan's largest university-affiliated professional theater is located on the OU campus in Wilson Hall and is celebrating its thirty-fifth season this year, despite financial hurdles in the past.

MBT survived a devastating \$400,000 budget cut from Governor Engler in the early 1990's. Today the numbers are significantly lower. The total box office revenue for the 1999-2000 season was \$2.36 million, \$87,000 less than expected.

Gifts and grants covered the

shortfall. University support equaled \$163,000, state funds \$142,000 and gifts/sponsorships \$616,000.

The goal is to choose shows that are "appropriate to families and schools," said Peggy Cooke, Director of Auxiliary Services for the last six years. Shows are chosen by the artistic director, managing director, marketing director and other production staff.

Under Cooke's direction, MBT has developed a mission and vision statement to reach into the community to entertain, educate and provide a professional venue for new

talent. Corporate sponsors include GMAC, DaimlerChrysler and Ford Motor Company. These monies also support the educational programs, brochures and teaching materials as the box office sales only cover 70 percent of the overall cost.

The theater accommodates 584 patrons in 19 rows - making every seat a great one. Ticket prices range from \$21 to \$39.50, and all OU students receive a 20 percent discount on up to two tickets purchased in advance for all performances except for Friday or Saturday night.

Budget At A Glance:

Total Box Office Revenue:	\$2,358,724.73
Operating Expenses:	- \$3,108,075.53
Production Expenses:	\$152,400.00
Deficit:	(\$901,750.80)
Gifts/Grants Revenue:	+ \$920,690.05
Surplus:	\$18,939.25

Courtesy of www.weather.com

Four Day

weather

Thursday



Mostly Cloudy
High - 38°
Low - 24°

Friday



Snow Showers
High - 36°
Low - 22°

Saturday



Partly Cloudy
High - 32°
Low - 21°

Sunday



Partly Cloudy
High - 38°
Low - 26°

ASL

continued from A3

Department of Linguistics at the University of New Mexico and author of various books on deaf culture and sign language touches on this point in an article he wrote titled, "American Sign Language as Foreign Language."

"Some might wonder whether offering ASL as a foreign language option will cause a decline in enrollment in other foreign languages. The evidence from those universities which accept ASL as a foreign language is precisely the opposite. ASL students report that they are more interested in other languages and indeed more likely to take a traditional, spoken foreign language as the result of their ASL study," he wrote.

According to Lau, roughly 50% of Communication majors take a foreign language with Spanish as the most popular choice followed by French and German. The other 50% choose to take sign language (COM 114 and 115). ASL satisfies the COM major's internal language requirement.

According to the 1999-2000 OU Undergraduate Catalog, the language portion of the general education requirement states, "Language both shapes and reflects human culture. The systematic study of a foreign language or of language systems will help students become aware that people think, behave, and perceive reality in ways related to the languages they speak."

Wilcox also feels this way. "I find it interesting that people make a direct and singular link between a foreign language and a nationality. Do they think the most important intellectual and educational goal of foreign language study is learning about a nation, or is it about a cultural and linguistic entity, a nation, a region, a community, a culture, different than the student's own?"

Some OU students feel the same way.

"If the reason that sign language doesn't count for the language requirement is that it does not teach us about another nation, why is it that I took ALS 176 (Humanity of Language) for my language requirement? That did not teach me about another nation. We have International Studies courses to teach us about other nations," said Sarah Wollerman, elementary education, senior.

Wally Andersen, undecided, freshman also feels strongly about this issue. "It seems as if anything teaching a language and that also has a separate culture should be considered to fulfill the language requirement."

Some scholars do see ASL as teaching about another nation.

Wilcox said, "Some people may suggest that ASL lacks an international scope. In the hearing world of international world affairs this is true. It is also true for many of the spoken languages traditionally

accepted to fulfill foreign language requirements. On the other hand, in the deaf world, ASL is quite an important language on the international scene. ASL is often an official language of international conferences."

According to Lau, the other concern the COI has with ASL fulfilling the language requirement is that there is no one person with a doctorate degree to oversee the sign language program.

Gallaudet University (the only deaf university in the world) offers a Bachelor's in ASL, a Masters in Linguistics and a Masters in Sign Language Interpretation. "I'm not aware of any Ph.D. programs in sign language. One could exist, but we (Gallaudet University) are not aware of one," said Laura Jacobi, Coordinator of Reference and Instruction at Gallaudet.

"I would guess that if you cannot yet earn a Ph.D. it is because ASL is still a relatively new area of study. Only recently have colleges and universities begun to accept ASL as a foreign language credit. A person could have a Ph.D. in Intercultural Communication or maybe Linguistics or another field with fluency in ASL and extensive study in the field and be qualified to head up a department that teaches ASL as a foreign language," said Clarke.

Howell agreed, "It's (ASL) not sanctioned in the academic world, it evolved out of people's lives."

OU doesn't accept ASL as fulfilling the language requirement at OU but many other universities do.

More than 100 different universities, including University of Chicago, Ohio State University, Stanford University, Texas A&M, University of Washington and Yale University use ASL to fulfill language requirements.

"ASL counts for credit as a foreign language, but not for every college on campus. For example, the college of Arts of Letters recognizes ASL as a foreign language. Some colleges have no foreign language requirement. The university in general approved ASL as a foreign language about 12 years ago, but each college has specific requirements," said Stewart of MSU.

ASL is not considered a foreign language by Western Michigan University (WMU), but it does meet the language proficiency requirement for graduation.

According to Lau, OU's communication program does accept ASL as meeting the language requirement if ALS 176 is also taken by the student. By taking COM 114, COM 115 (the two sign language courses at OU) and ALS 176, a communication major will fulfill the general education, college distribution and program requirements for a language.

GROWTH

continued from A3

at this meeting were both contrasting and controversial, Kochenderfer's overall view was that if OU is growing and in such high demand, it can only mean positive things for the future.

"I think it's great that OU wants to plow ahead in terms of our growth, but we just need to make sure that our resources stay in step with that growth," said Kochenderfer. "And if we can do that, it can only mean positive

things for the good of the university. But the question is 'if', and that's the question that Student Congress wants to address."

The enrollment goal discussed at this meeting was 20,000 by the year 2010. As things stand now, enrollment is at 15,000 plus. As an example of resources needing to keep up with enrollment, Kresge Library is currently only set up to service 10,000 students.

BiZaRo by Dan Piraro



CT

continued from A1

two to four times higher than those currently being paid," said Russell. "Why should the lowest paid group of employees pay more for prescription drugs than other employees?"

Price, who also serves on the Michigan Education Association (MEA) committee, said "The MEA has gone all out to help us resolve this, but the negotiating team for the university has dug their heels in and won't budge. Christmas is coming, and we'd all like to see this settled before the holidays," said

Price.

Price also cited the rising costs of medical premiums as an additional problem. The CT staff is affiliated with Blue Cross, which has had a premium increase, but as Price notes "Nearly all the major health plans have been going through premium increases."

Aside from coming to a settlement, Price felt that some form of an explanation from the university would be greatly appreciated.

"We're not sure where their decisions are coming from. They're not telling us the how and why of these negotiations," said Price.

READ The Oakland Post online @
www.oakpostonline.com

Web Girl

Web Girl is the coolest web-surfer at The Oakland Post. Check out this space every week as she takes you on a trip through cyberspace, exploring the strangest, funniest and most interesting websites on the Internet. Take it away Web Girl...

www.santa.com

It's official- Thanksgiving is over, and the winter holidays are here. Go check out this site because Santa will show you how to decorate for the holidays and give tips on entertaining. There are also craft and gift ideas available.

www.nitpickers.com

If you love watching movies and always seem to find the mistakes the director, actors and producers made, this site chronicals all those nit-picked blunders! You can also add your own.

www.virtualkiss.com

Go to kissing school and learn all the right moves! Here, you can learn how to be a great pucker, or you can send some lips to your lover! There is even an area where you can sign up for emails that'll give you a daily dose of lip smacking information!

www.happybirthday.com

Happy Birthday to all the December babies out there. Anybody who was actually born can go to this site to see trivia about a birthday and have fun getting to know more about themselves. You can plan a party and also join a special club!

www.hair.com

This site has left me a little stunned! Check out the 'headlines' section and see all the different stories about... HAIR! Hair care, hair styling products, hair styles and hair stories are all included. Lather, rinse, repeat - and don't forget that conditioner!

If you have any questions, comments or cool websites you can contact Web Girl at

ajporter@oakland.edu

LOWRY

continued from A1

"It means looking at several options rather than dwelling on the past," Carol Swift, Chair of the Department of Human Services said.

Although the Lowry Center is leaving a rich, historical location, the move offers advantages.

"It will be nice to have children right on campus. There it will remind everyone that education is a lifelong process. It starts when you're very young, and you keep doing it until you're very old," Otto said.

The Lowry program, which is accredited by the National Association for the Education of Young Children and is fully licensed by the Department of Social Services, has two main purposes.

The first is to connect it with the School of Education's academic program. Lowry serves as a place for OU students in the program to do internships for their masters degree. These interns, also known as Early Development Specialists, must have a bachelors degree in early childhood education to participate in the program.

Lowry offers up to eight academic credits for interns and also helps students fulfill mandatory child contact hours for the education department.

Lowry's other purpose is to provide a high-quality educational experience for young children. The self-supporting center offers half day and full day sessions, and the children must be registered for a minimum of six hours per week.

Otto said that the concept of the Lowry center has gone from that of a daycare, to one of early child-

hood education. "There has always been an education focus, but in the past it was viewed as a daycare center with educational programs, now we view it as an early childhood education center with some daycare functions."

The center follows a very specific curriculum, including math, science and computers. The children's interests and abilities determine the topics studied.

Each classroom has a colorful, laminated daily routine posted near the entrance. This schedule includes planning time, large and small group experiences, naptime, outdoor play, and recall, where children relay what they learned for the day. The kids engage in activities like painting, nature walks, feeding Mr. Moon, the classroom guinea pig, and answering a question of the day like, "Is fog spooky?" The morning session (8:30 a.m.-11:30 p.m.) and the afternoon session (12:30 p.m.-3:30 p.m.) are identical, but still provide different learning experiences for a child attending both.

Jim Potvin, a father who sends his young son to Lowry, said he would recommend the program to any parent.

"My other son went to preschool at Rochester schools, and I find that the Lowry Center has a more fun and interesting atmosphere for the children," he said.

The center, housed in the converted chicken coops on the southeast corner of campus, aims to provide an educational setting for the young children of OU students, staff and community families. The center is comprised of three programs for toddlers, preschoolers, and kindergartners, each with its own building and playground.

**WHAT YOU
THINK
DOES
MATTER..**

**Call the
Campus
Forum!!!
x5395
OR,
email
oakpost@
oakland.edu**

Sorry, FROSTY, but if we don't get fresh water soon, we're ALL going to die.



BiZaRo by Dan Piraro

LIFE edge

ON CAMPUS

•Meadow Brook Theatre will present the holiday favorite, Charles Dickens', "A CHRISTMAS CAROL" at 8 p.m. on Friday, Dec. 1. Tickets are on sale now. For more information or to purchase tickets, please call Meadow Brook Theatre Box Office at 377-3300 or Ticketmaster at 645-6666.

•Meadow Brook Art Gallery will present an educational and hands-on exhibition of PRINTS AND PRINTMAKING, from 4 p.m. to 7 p.m. on Dec. 1 through Dec. 23. For more dates and times to see this exhibit, please check out their website at www.oakland.edu/mbag.

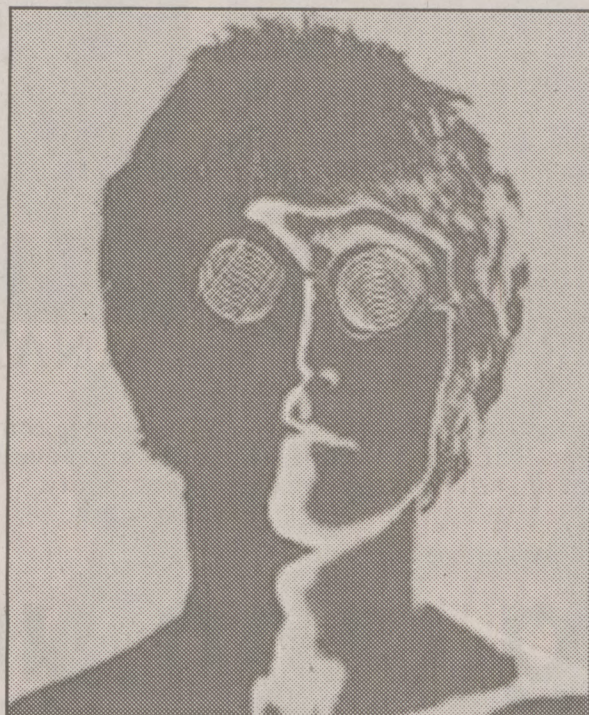
•CSA will be sponsoring a place for students to trace their hands on a display board to symbolize their support in the fight against the AIDS epidemic. This Friday is **WORLD AIDS DAY**, so stop by between 11 a.m. and 1 p.m. in Fireside Lounge to show your support. Free condoms and candy will be passed out.

•SPB will present another free event -- OU's own, **BATTLE OF THE BANDS** at 8 p.m. this Friday, in the Gold Rooms of the OC.

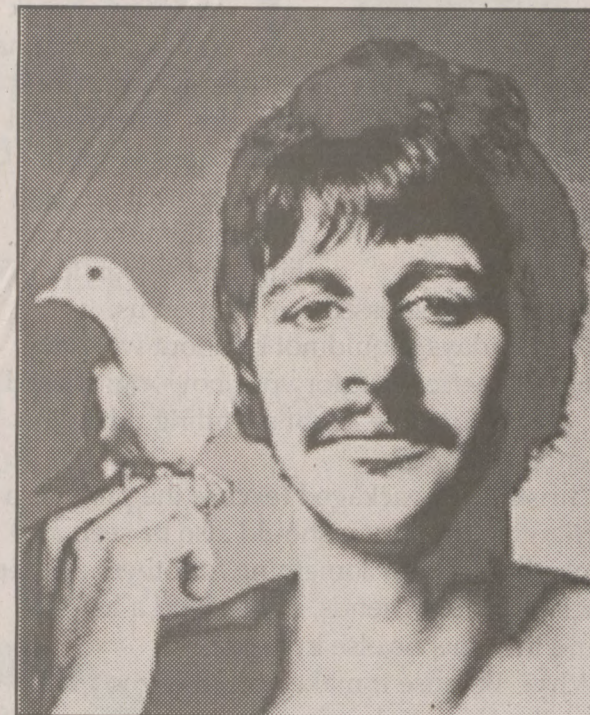
•**TUESDAY NIGHT COMEDY** with Brett Duggan at 7:38 p.m., on Dec. 5, in the Pioneer Food Court is another free event SPB sponsors.

•SPB will be hosting a night of laughs and smiles with **'MIKE'S AND TIM'S TOTALLY STUPID GAME SHOW.'** Come and see these guys at noon on Thursday, Dec. 7, in the OC. Have questions? Please call SPB at (248) 370-4295.

•Residence Hall Programming will present **FRIDAY NIGHT LIVE** with comedian, Tom Cotter, at 7 p.m. this Friday in the Vandenberg Cafeteria.



On Feb. 7, 1964 The Beatles first came to America. With them came a revolution of music and culture. Thirty-six years later, America is still enthralled by the band. The Beatles digitally remastered CD "1" is just that, number one on the charts in 19 countries, while "The Beatles Anthology" is number 2 on the New York Best Seller's List.



Every revolution begins with a single act of defiance

By Carl Savich
THE OAKLAND POST

On Nov. 14, Capitol Records released *The Beatles "1,"* a digitally remastered collection of 27 number one records in the US and UK during the period 1963-1970.

On Nov. 17, ABC aired the documentary "The Beatles Revolution" about the influence, legacy and impact of the band. TV Guide ran four different covers of *The Beatles* and a fifth cover, "The White Cover," on its website which also contained interviews, articles and analysis of the band's musical and cultural legacy.

In a special *Rolling Stone* edition titled "The Top 100 Pop Songs," "Yesterday" was named the number one pop song of all time, while "I Want to Hold Your Hand" was number six. "Yesterday," a song about inconsolable loss and hope, has been recorded by over 2,500 artists, the most in history.

This summer, a panel of songwriters named "In My Life" as the greatest song ever written. But wait...there is more. The Rock 'n' Roll Museum in Cleveland has just opened an exhibit celebrating the life and work of John Lennon, a massive and comprehensive tribute by his survived wife, Yoko Ono.

And on Oct. 9 - which would have been Lennon's sixtieth birthday - the John Lennon Museum opened near Tokyo.

At 9 p.m. on Dec. 3 NBC will air a two-hour movie entitled "In His Life: The John Lennon Story."

For three weeks, "The Beatles Anthology," an autobiography consisting entirely of reminiscences by *The Beatles* themselves and writings and interviews they gave over the years concerning their lives and careers, was number one on the bestseller lists (but has now moved to the number two spot).

The Beatles broke up 30 years ago but fans, old and new, are still interested in the band who not only brought about bowl-shaped haircuts, but changed music forever.



COVER ME: (above) The cover to the "Yesterday" single. (above right) The "1" album cover containing 27 Beatle hits.

Photos courtesy of EMI Records Ltd.

The CD collection includes the psychedelic 1967 photos of the band by Richard Avedon, many of the photo sleeves of the single records from around the world and an introductory essay by *The Beatles* producer, Sir George Martin, who

calls the release "a wonderful collection."

The Beatles, however, released only about half of their greatest works as singles or 45s, releasing concept albums like "Sgt. Pepper's Lonely Hearts Club Band" (1967) and "The White Album" (1968) instead.

This is why popular Beatles songs such as "Michelle," "All My Loving," "Helter Skelter," and "Lucy in the Sky with Diamonds" which were never released as singles, are not on the collection.

The CD went number one in nineteen countries during its first week of release and sold over 3 million copies. This shows the global influence of the band.

The songs on *The Beatles "1"* CD are not just any number one records. *The Beatles* changed the world, they created a revolution. And they did it primarily with music.

The sound quality of the CD collection is excellent. Songs like "From Me to You," "She Loves You," and "I Want to Hold Your Hand" sound cleaner. The voices, instruments and harmonies sound superb in the newly remastered versions such as is the case in "Eight Days a Week," "Help," and "Ticket to Ride."

"The Beatles Anthology" is the story of the bandmates as told by the Fab Four themselves. The book consists of a year-by-year account of their early years in Liverpool while grow-



BUGGIN' ON THE BAND: Pictured are *The Beatles*. (clockwise) Lennon, Starr, McCartney and Harrison.

Photos courtesy of EMI Records Ltd.

ing up on American 1950s rock 'n' roll. It also talks about the Hamburg period when they performed and recorded in Germany, their 1962 breakthrough with "Love Me Do" and the Ed Sullivan show appearance in 1964 (which set a new record of 72 million viewers).

The movies *A Hard Day's Night*, *Help!*, and *Yellow Submarine* are also talked about in the anthology. Also included are notes regarding the psychedelic Sgt. Pepper album, the Maharishi and the trip to India and their final album "Abbey Road."

The 368-page book even talks about the breakup of the band in 1970. It is an exhaustive and thorough history of *The Beatles* years, filled with 1300 color and black and white photographs, many never before published.

The book gives readers the band's recollections of what it was like to be at the center of unprecedented acclaim, inside the hollowness of fame and surrounded by the loneliness and emptiness of being a celebrity. These topics can be heard in songs like "Can't Buy Me Love" and Eleanor Rigby."

But instead of being destroyed or corrupted by any of this, the band used its career as a channel to explore human values and emotions. Evidence of this can be heard in songs like "All You Need is Love," and "Let it Be."

Ultimately, this is why the band matters today and why we still care. The anthology shows us how the band becomes famous, while "1" shows us why the Beatles are famous - for their music.

The Beatles are remembered today because they wrote and sang about timeless values that are universal and transcend time, language and cultures. Their music was always evolving, maturing and breaking new barriers. This could be a definition of what art is itself.

Both old and new fans will enjoy "1." If you want to know what all the fuss was about, why the Beatles had such an impact on a generation and still do, listen to the CD. Both the book and the CD are invaluable additions to any Beatles collection. You will not be disappointed.

Beatle Bites

•John Lennon once said the name for *The Beatles* "came in a vision. A man appeared in a flaming pie and said unto them 'From this day on you are Beatles with an A.'" Others believe Lennon named the band after Buddy Holly's *The Crickets*.

•*The Beatles* made some of their songs with anomalies in them so that when playing them backwards, other sounds or languages could be heard.

•Early names the band played under included, *Johnny & The Moondogs*, *The Silver Beats* and *The Silver Beetles*.

•"Dear Prudence" was written about Mia Farrow's sister, Prudence, when she wouldn't come out and play with Mia and *The Beatles* at a religious retreat in India.

•According to anti-gun billboards in L.A. in New York, over 676,000 people in the U.S.A. have been killed by guns since John Lennon's death.

•In April of 1964 the band had 12 songs on the hot 100 singles chart.

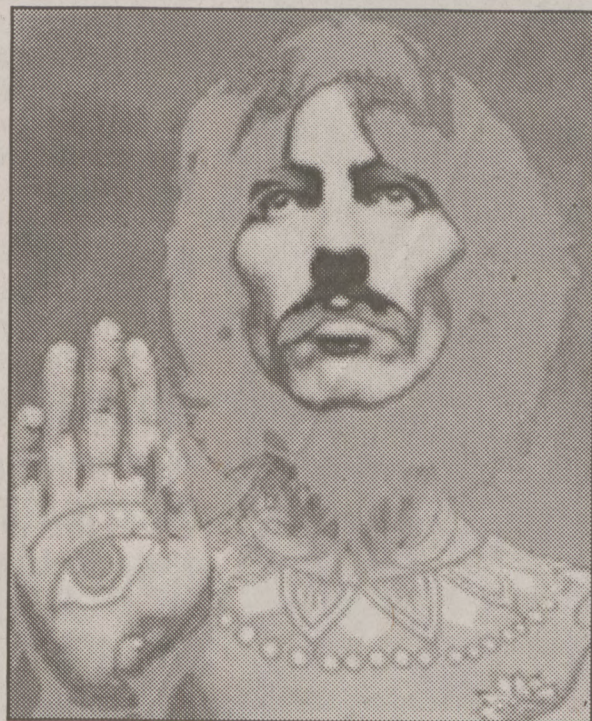
•John Lennon is quoted as having said, "We're more popular than Jesus now; I don't know which will go first - rock 'n' roll or Christianity."

•Musical influences of *The Beatles* included Lonnie Donegan, Elvis Presley, Little Richard, Buddy Holly and the Everly Brothers.

•*The Beatles* featured two left-handed members, Paul, whom everyone saw holding his Hofner bass left-handed, and Ringo, whose left-handedness is at least partially to blame for his 'original' drumming style.

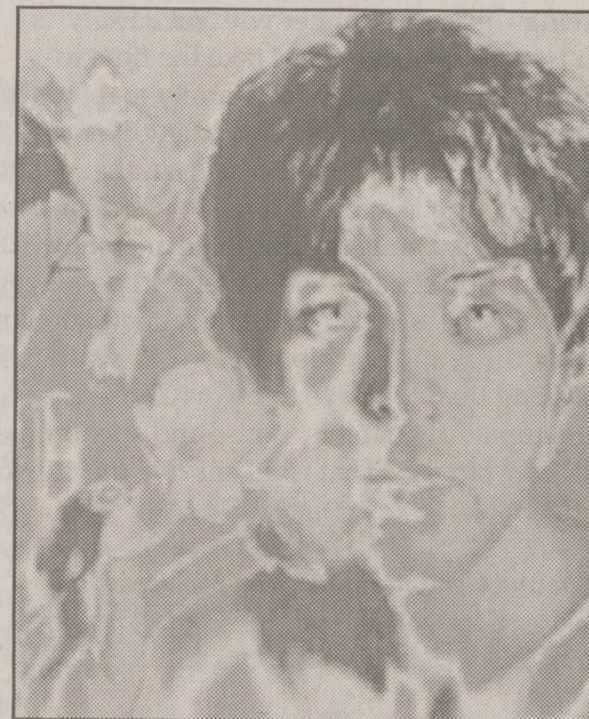
•Eric Clapton played the lead guitar in the song "While My Guitar Gently Weeps" written in 1968.

•"A Hard Day's Night" will return to theaters nationwide on Dec. 8, which also marks the twentieth anniversary of John Lennon's death.



"1" Songs

1. Love Me Do
2. From Me to You
3. She Loves You
4. I Want to Hold Your Hand
5. Can't Buy Me Love
6. A Hard Day's Night
7. I Feel Fine
8. Eight Days a Week
9. Ticket to Ride
10. Help!
11. Yesterday
12. Day Tripper
13. We Can Work It Out
14. Paperback Writer
15. Yellow Submarine
16. Eleanor Rigby
17. Penny Lane
18. All You Need Is Love
19. Hello, Goodbye
20. Lady Madonna
21. Hey Jude
22. Get Back
23. The Ballad of John and Yoko
24. Something
25. Come together
26. Let it Be
27. The Long and Winding Road



Christmas means more than presents



Sara McDowell

Thanksgiving was less than a week ago but Christmas fever has already struck. With lights, wreaths and decorations around town, crowded malls and endless shopping lines, the season for giving and being stressed out, is upon us.

The holidays should not be about worrying what the perfect gift for your boy or girlfriend is. They should be about spending time with friends and family.

Christmas is packaged (excuse the pun) as a gift-giving day, but it should also be seen as a time of year to do something for others. To reconcile with old friends, or just lend a helping hand to someone else in need.

Why? Because it makes you feel good inside. It really does. To have an altruistic moment of doing unto others without expecting anything in return, should be the intentions of the holiday spirit.

Why not give an unexpected person a gift? In my experience those are not only the best, but the most appreciated and remembered.

Helping an elderly neighbor put up Christmas lights, spending time working at a soup kitchen or organizing clothes and canned goods at a collection center will not cramp your style.

Will two hours out of your life really make a difference in your everyday life? Maybe not, but it will to those you encounter. It doesn't take long to help others. And you'll be making a difference so that someone else may have a merry Christmas.

If you're worried about buying presents for all of your family members and friends since you were in freshman year, don't be. Why not take the time to make something unique for someone? Handmade gifts are filled with thought and will be appreciated more than a sweater from Abercrombie & Fitch (that every other person is bound to have anyways).

Or just set aside a day to go out with old friends, instead of exchanging gifts. Memories last longer than a piece of clothing or trinket, and your wallet will thank you.

With this time of year the hustle and bustle of Christmas shopping gets under way and malls are packed at almost any given time. The store aisles aren't only filled with people looking for the latest "Beatles Anthology," they are filled with impatient and rude people.

This year I am determined to have patience with mall shoppers. It all starts with one person. If I let others ruin my Christmas spirit, I am the one suffering.

I love to give presents to people and enjoy seeing the look on their faces when I know they like what I bought them. However, I hate crowded, unorganized stores and standing in line to buy gifts. This year I joked with my roommate to choose all her gifts as ones that could be bought online.

But there is just something about finding a parking space out in lot X, seeing the long line of kids waiting for Santa Claus and smelling the roasted almonds for sale at the mall, that I would not give up entirely. It all reminds me of past Christmas'.

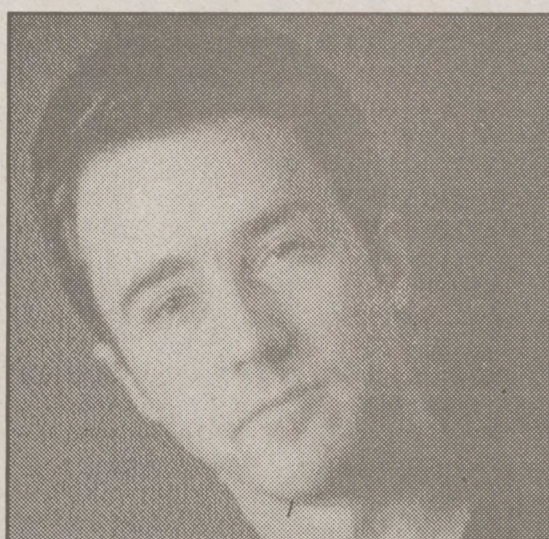
Last year I was sick on Christmas. I didn't even open my presents because I was so weak. My sister opened them for me and showed me what I got. For this reason, I am extra excited for Christmas this year, opening my gifts and having Christmas dinner with my family.

It is not very often that I take the time to appreciate having all of my family together, let alone being thankful for everything I have.

Each one of us is lucky to have all that we do. Thanksgiving is a time to realize it, but Christmas is a time to appreciate and show it.

As my siblings and I get older and no longer live with one another, I love the anticipation of seeing them and my niece. I look forward to knowing that all I have to do on Christmas is show up at my parents' house and spend time with my family. That is if I survive the crowd at the malls.

Life and Get Out Editor, Sara McDowell is a senior majoring in journalism. Contact her at Sara.McDowell@oakland.k12.mi.us.



EDWARD NORTON



LAURYN HILL



ANANDA LEWIS

STAR STUDDED SUCCESS: The latest and greatest addition to the world wide web is Horizonmag.com. It features tidbits and interviews with favorite stars, such as Edward Norton, Lauryn Hill, and Ananda Lewis, pictured above. This online magazine is geared towards college aged kids and encourages the growth of each person's individual community.

All photos courtesy of horizonmag.com

Horizonmag.com unites people and possibilities

'It's all about you, your community, the people you know and the people you'd like to meet'

By Rachel Rybicki
ASSISTANT LIFE EDITOR

This well kept secret is out and out proud.

It's the latest, 'hippest, and best new feature to the world wide web.

Horizonmag.com is bringing what web-surfers want into their home or office for free.

Horizonmag.com is an online magazine that features the hottest interesting news and tidbits that interest college students.

Students can write letters to the editor, read letters from other students, or see what's new "on campus" across the United States.

So far this year, they have covered Chumbawamba and their vegetarian dog along with the chef everyone knows and loves, Emeril.

This issue however, has a poll regarding violence and sex in the movie theatre where students can vote and then chat with others about this controversial topic.

This month also features Indigo Girl, Amy Ray, and her "declaration of independence," fun facts and snippets on the Atlanta music scene and an inspirational success story of Cory Booker.

If students are looking to renew themselves or get back in touch with themselves, check out the columns written by Horizon's staff writer, David Anderson in this month's issue along with columns written in previous issues.

On the website, customers can browse the latest edition of the online magazine or go back to the future in its archives gallery of old issues.

Their older issues date back to 1997, and when

viewed, are like looking back in time and realizing what piece has been missed over the years.

In the archives, stars such as Ananda Lewis, MTV's popular VJ, have dished about their views on sex and young people. Surfers can also check out South African Archbishop Desmond Tutu as he break dances with a group of teens from Denver in the highlights gallery part of the website.

It's easy for anyone to "point and click" their way around the virtual magazine. With user friendly icons, and links, this website is a sure fire success.

With so many things to offer, it will be no surprise if this online magazine creates a new craze of web-mags.

Through Horizonmag.com, a sense of community has been created. The webmag seems to support the growth and need for community through the articles that have been posted. U.S. Congressman, John Lewis agrees.

"Horizonmag.com is required reading for all people who want to transform our nation and our world toward a beloved community free of hate, violence, or poverty," Lewis said. "Every issue is filled with intelligent interviews and timely advice that will encourage all people to cross the different bridges that divide us to build a better world. With a dedicated, devoted people, anything is possible."

Whether looking to enrich the community, enrich yourself, or just search the net, Horizonmag.com is the only place students can find it all. For more information on this website, log on to Horizonmag.com.



"The first online magazine dedicated to telling the world about the needs, challenges and successes of rebuilding America's distressed communities. You will learn a lot and hopefully be inspired to get involved."

Al Gore
Vice President

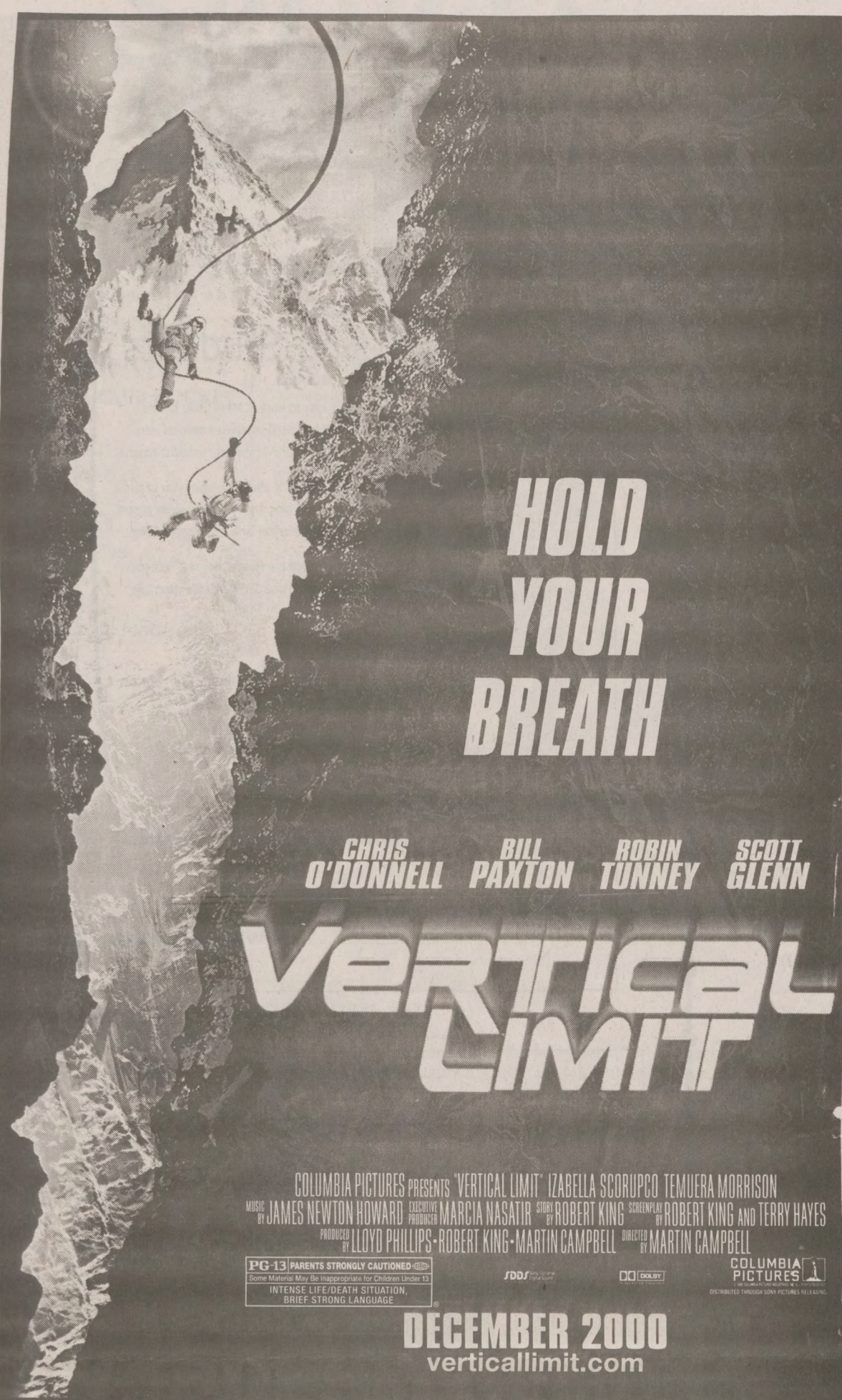


Christmas present

GHOSTS OF CHRISTMAS PAST, PRESENT AND FUTURE:

Charles Dicken's fabulous play, "A Christmas Carol," has been adapted by Charles Nolte and will be performed at Meadow Brook Theatre for this holiday season. It will tickle your insides as you are brought back to your childhood memories of this timeless classic.

The play is running through Dec. 24. Show dates and times are available through Ticketmaster or the Meadow Brook Box Office. Please call (248) 645-6666 or (248) 377-3300 for more information or log on to www.mbttheatre.com to find information about this production and others that will be showing throughout the season.



www.projectusa.org

Learn To earn

Free Tuition

Computer Tax School

Day or Evening Classes

Employment Available upon
successful completion

(248) 674-1177

For location nearest you

\$49 fee for books and supplies.

Refundable if employed for the Tax season by Jackson Hewitt.

JACKSON HEWITT
TAX SERVICE

I SPY AN ADPI

Want to Play a Game?
(We are giving away ice cream!)

It is as easy as 1-2-3.

First, register to play & get
a set of rules.

Next, look for this symbol...



... on the back of the sisters of
Alpha Delta Pi.

Finally, win cool prizes.

Interested? Come visit us at the **Alpha Delta Pi** table in the O.C. on Wed, Nov. 29th & Thurs, Nov. 30th between 11:00-1:00 pm. There will be cookies there too!



**GOT A BRIGHT IDEA
FOR A BUSINESS?**

GREAT LAKES VENTURE QUEST CAN HELP YOU MAKE IT HAPPEN

If you've got a bright idea for a new business, get in touch with Great Lakes Venture Quest. We're working to bring together ideas, talent, business expertise, and capital to create new, high-tech companies that have the potential to invigorate Michigan's economy. Attend one of the presentations listed below, or visit our Web site for more information.

VENTURE QUEST TRAINING AND EVENTS

Thursday, November 16th at 7:00 p.m.

Community Arts Auditorium

Wayne State University, Detroit

Phase 1 Awards and Phase 2 Kickoff

Panel Presentation: "Formalizing Your Business Idea"

Panelists: Hugo Braun, North Coast Technologies Investors;
Ken Brower, Detroit Investment Fund; Anne Howe, Planet Promote;
Charles Soberman, Uniprop; and Immanuel Thangaraj,
Essex Woodland Health Ventures



"A Business Plan Competition"

Visit www.glventurequest.com for more information and the schedule of training events

**WARNING: What you
think does matter!!!**

Call the Campus forum
and voice off....370.5395!!

Call for Nominations 2001 Teaching Excellence Award

The Senate Teaching and Learning Committee is pleased to announce a call for nominations for the 2001 Teaching Excellence Award. One award will be made for the academic year 2000-2001 to a full-time, tenured or tenure-track member of the Oakland University faculty. The award includes a cash stipend of \$2500 and will be presented at the Spring 2001 commencement.

Nominations may be made by any member of the Oakland University community, including students, faculty, alumni, administrators, and staff. Faculty may not self-nominate for the Award. The letter of nomination should address the nominee's accomplishments based on the following criteria:

- Superior teaching
- Innovative instructional practice
- High educational standards
- Productive learning environment
- Demonstrated ability to inspire and motivate students

Student nominations are a highly valued component of this process. Faculty are encouraged to announce this nomination process in all classes.

The Committee will contact the nominees and chairs of their departments to request additional information. Previous Teaching Excellence Award winners and current members of the Teaching and Learning Committee are not eligible for nomination. A plaque containing the names of previous Teaching Excellence Award winners is on display in the lobby of Kresge Library.

Nominations will be accepted through January 16, 2001. Letters of nomination should be sent to:

Teaching and Learning Committee
Attention: Prof. James Hansen
479 O'Dowd Hall
Oakland University
Rochester, MI 48309-4494

For procedures, questions, etc., contact: Prof. James Hansen at (248) 370-3071 or jhansen@oakland.edu

EARN \$9.00 an HOUR PLUS!!! Tuition Assistance



Earn money and tuition assistance by being a Part-time Package Handler on the A.M. shift:

2:00 A.M.-7:00 A.M. (\$9.00/hr.)

- **No** weekends or holidays required
- **\$.50 raise** after 90 days
- **Tuition assistance** for college students
- **Advancement opportunities** - Part-Time Supervisors are promoted from within
- 20-30 hours/wk. - Total hours/wk. fluctuate in relation to package volume
- Must be able to lift 50 lbs.

Apply in person at:
FedEx Ground
1125 N. Perry St.
Pontiac, MI 48340

Or fax resume to: Attn: H.R., (248) 335 - 3992
(2 miles South of the Palace of Auburn Hills)

FedEx
Ground

FedEx Ground

Summer III
for Junior
Nursing Students

Here is your opportunity to work at Mayo Clinic for the summer. Summer III is a paid, supervised hospital work experience at Saint Marys and Rochester Methodist Hospital.

You are eligible for Summer III after your junior year of a four-year baccalaureate nursing program. It includes direct patient care experience in the inpatient or ambulatory care setting.

Mayo Nursing was awarded the Magnet Hospital Recognition Status for Excellence in Nursing Service by the American Nurses Credentialing Center.

For more information contact:

Mayo Clinic & Hospitals - Summer III Program
Human Resources, 200 1st Street SW, OE-4
Rochester, MN 55905, ph 800-562-7984
fax 507-266-3167, e-mail careers@mayo.edu
Application Deadline: January 15, 2001

mayo www.mayo.edu

Buy Recycled. It would mean the world to them.

Thanks to you, all sorts of everyday products are being made from materials you've recycled. But to keep recycling working for the future, you need to look for these products and buy them. For a free brochure, call 1-800-2-RECYCLE.

Ad Council **ENVIRONMENTAL DEFENSE FUND**
finding the way to a better world
www.environmentaldefense.org

RANGOLI INDIAN CUISINE

Rangoli Indian Cuisine
Presents...

Dinner Buffet & Concert
Wednesday, October 25
Buffet served at 6pm



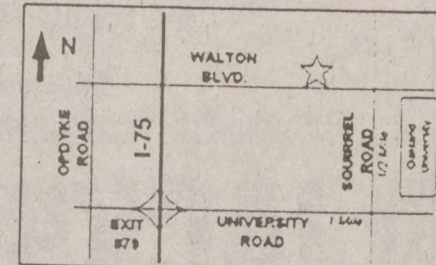
Enjoy a 5 course Dinner Buffet followed by excellent classical Indian music by...

Master Tabla Player
Sandip Burman
&
Bansuri Flutist
John Wubbenhorst

\$20 Dinner Concert includes a five course buffet. Seating is limited. For reservations call 248-377-3800.

Directions:
Rangoli Indian Cuisine is located in the Walton Village Plaza 1/4 Mile West of Squirrel.

Rangoli Indian Cuisine
3055 E Walton Blvd.
Auburn Hills, MI



Visit us online at:
<http://www.detroitrangoli.com>

SPORTS
edgeSCORE
BOARD

MEN'S CLUB HOCKEY

Nov. 17	
Oakland	5
Kalamazoo	1
Nov. 21	
Oakland	7
Ice Pirates	5
Nov. 22	
Oakland	6
Icelandic National Team	5
Nov. 24	
USC	3
Oakland	2
Nov. 25	
Arizona	4
Oakland	2

MEN'S SWIMMING

Nov. 17-18	
Oakland	100
Wright State	99

WOMEN'S SWIMMING

Nov. 17-18	
Oakland	119
Wright State	80

MEN'S BASKETBALL

Nov. 17	
Oakland	97
Michigan	90
Nov. 19	
Michigan State	97
Oakland	61
Nov. 21	
Ferris State	75
Oakland	70
Nov. 25	
Akron	79
Oakland	68

WOMEN'S
BASKETBALL

Nov. 17	
Nebraska	91
Oakland	59
Nov. 19	
Oakland	76
Louisville	71
Nov. 22	
Oakland	108
UM-Dearborn	35
Nov. 27	
Wyoming	82
Oakland	73

UPCOMING
GAMES

MEN'S CLUB HOCKEY

•8:30 p.m., Dec. 1 - MUSKEGON

MEN'S & WOMEN'S
SWIMMING

•Nov. 30-Dec. 2 - MID-CONTINENT CONFERENCE CHAMPIONSHIP
•5 p.m., Nov. 30
•Prelims 10 a.m., Finals 6 p.m., Diving 6 p.m., Dec. 1 & 2

MEN'S BASKETBALL

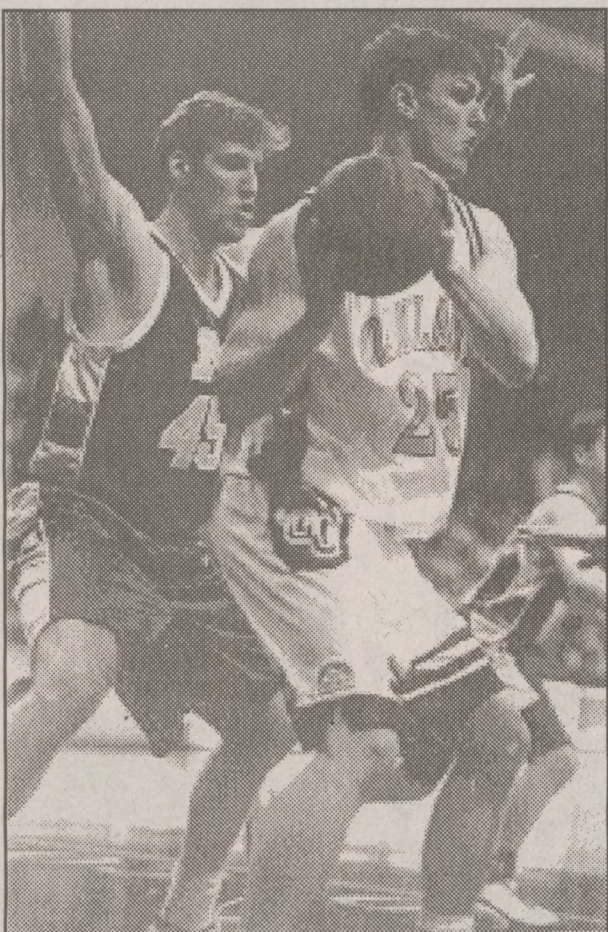
•7 p.m., Nov. 30 - YOUNGSTOWN STATE
•5 p.m., Dec. 2 - at Chicago State
•7:05 p.m., Dec. 5 - at Detroit

WOMEN'S
BASKETBALL

•9 p.m., Nov. 29 - at Colorado State
•2 p.m., Dec. 2 - at Chicago State
•7 p.m., Dec. 4 - YOUNGSTOWN STATE

GET READY FOR THE PASS: Dan Champagne tries to get back into game shape and help his Grizzly teammates repeat as regular season Mid-Con champs. Champagne was out most of last season with a dislocated hand.

Bob Knoska/
The Oakland Post



Champagne wishes, caviar dreams for Dan

A look at Dan Champagne's Grizzly experience

By Brett Edwards
THE OAKLAND POST

What goes up must come down. Nobody knows this more than OU's men's basketball star forward Dan Champagne. After sitting out almost the entire season last year with a dislocated hand, Champagne is out to prove that last year's Mid-Con title was no fluke and that the huge upset against U-M on Nov. 17 is only the beginning of what this team can do.

Q: What was it like being out of action for so long last year?

A: It was bitter sweet. I loved it that they did so well, the six straight wins to win the Mid-Con was awesome. It was difficult not being able to contribute though.

Q: Was that your first sports related injury?

A: Not quite. I've had two broken hands, a dislocated hip, punctured liver, and three broken ribs.

Q: Was it difficult getting back to your level of play?

A: Yeah, real difficult. Every game I get a step closer.

Q: What are your personal team goals for this season?

A: I never think about personal goals. This is the best Oakland team I've played with, so my team goals are to win 20 games and earn an at-large bid to the NCAA tournament.

Q: What is your favorite thing about playing for OU?

A: The trip to Hawaii. We played LSU, Hawaii, and Toledo.

Q: Who do you think OU's MVP is?

A: Mike Covington. He's fun to watch. He runs the show and has the ability to make everyone on this team look good.

Q: Who's your favorite NBA player?

A: Chris Webber

Q: Do you plan on playing basketball after graduation?

A: First I want to earn a degree in communication from OU. Then I'm going to try to play overseas.

Men fizzle after beating U-M

By Jeff Theisen & Ramez Khuri
THE OAKLAND POST

Early season hysteria after the win over U-M on opening night has gone since losing the following three games. No one expected OU to win at MSU, but losing to division II Ferris State at home left coach Greg Kampe speechless.

"I don't know what to say," he said. "I said to my boss, Friday was the biggest win in school history and tonight (the Ferris State game) could be the worst loss ever. It's sad because I think that it will erase a lot of the respect we gained by winning Friday night."

The season opener couldn't have been written any better, as OU beat the Wolverines 97-90. It was Grizzly basketball at its finest as the home team hit 15 of 29 three pointers and made 30 of 37 free throws.

The Golden Grizzlies took advantage of an unusual starting line up by the Wolverines because of academic disciplinary reasons to three regular starters. OU jumped out to an early 14-4 lead and kept on pouring in threes for a 44-34 lead at the half.

Any ideas of a big Wolverine run were squashed with the lead growing to 58-39 just 3:45 into the second half.

The only run that U-M mustered got the lead down to seven with 2:19 left, but Jason Rozycki went 8-8 from the charity stripe to seal the win.

The packed house of 4000+ rocked the O'rena and the fans rushed the floor after the big win.

"I can't tell you how pleased I am with the way we played," Kampe said. "I felt like we were in control and I felt our big time players made plays."

Rozycki led the way with 32 points, was 6-13 from three point land and 12-13 on free throws. Brad Buddenborg, aside from some early foul trouble, was on fire making 8-9 shots including 4-4 three pointers for 22 points. Kelly Williams knocked in 18 and Dan Champagne scored 10 to round out the double digit scoring.

"It wasn't one of those nights where anybody felt like they were in the zone. We just executed what we had to do," Rozycki said.

The opening night win could only be enjoyed for one night because a trip two days later took the team to East Lansing to face the defending National Champion, MSU.

The game stayed close in the opening minutes but unlike the U-M game, it was the Spartans who took over and never looked back.

OU got a dose of its own medicine with the Spartans hitting the threes 8-16 and shooting 21-25 from the free throw line.

OU struggled from the floor shooting just 33 percent for

the game and State took a commanding 51-22 lead at half-time. The lead kept on growing and the Spartans cruised to a 97-61 win.

Buddenborg led OU with 21 points.

Two days later, the real crusher came with a 75-70 loss to Ferris State in front a paid attendance of 1025 but more like 400 at the O'rena.

"After (the U-M game) what this place was like and Sunday what State was like, fans don't know how important they are," Kampe said. "We run out on the floor and it was dead out there."

The division II Bulldogs were a measly 5-21 last year and it looked like just the medicine that OU needed after the State game.

The Bulldogs had other ideas. With the game tied at seven just five minutes in, Ferris State went on a seven point run and never trailed again. The idea to pound the ball inside to Champagne (team high 27 points) created open shots, but they just wouldn't fall consistently enough to mount a run. OU trailed 35-24 at the half.

OU shot just 28 percent in the first half and 7-14 from the free throw line.

The Bulldogs came out fired up and raced to a 61-40 lead with 7:38 remaining. OU went to a full court press to spurt a furious run cutting the lead to 69-67 with 1:03 remaining.

With the time running out, OU had to force some shots that didn't fall and the Bulldogs hit enough free throws to hold on for the win. The Golden Grizzlies finished just 3-22 from three point range.

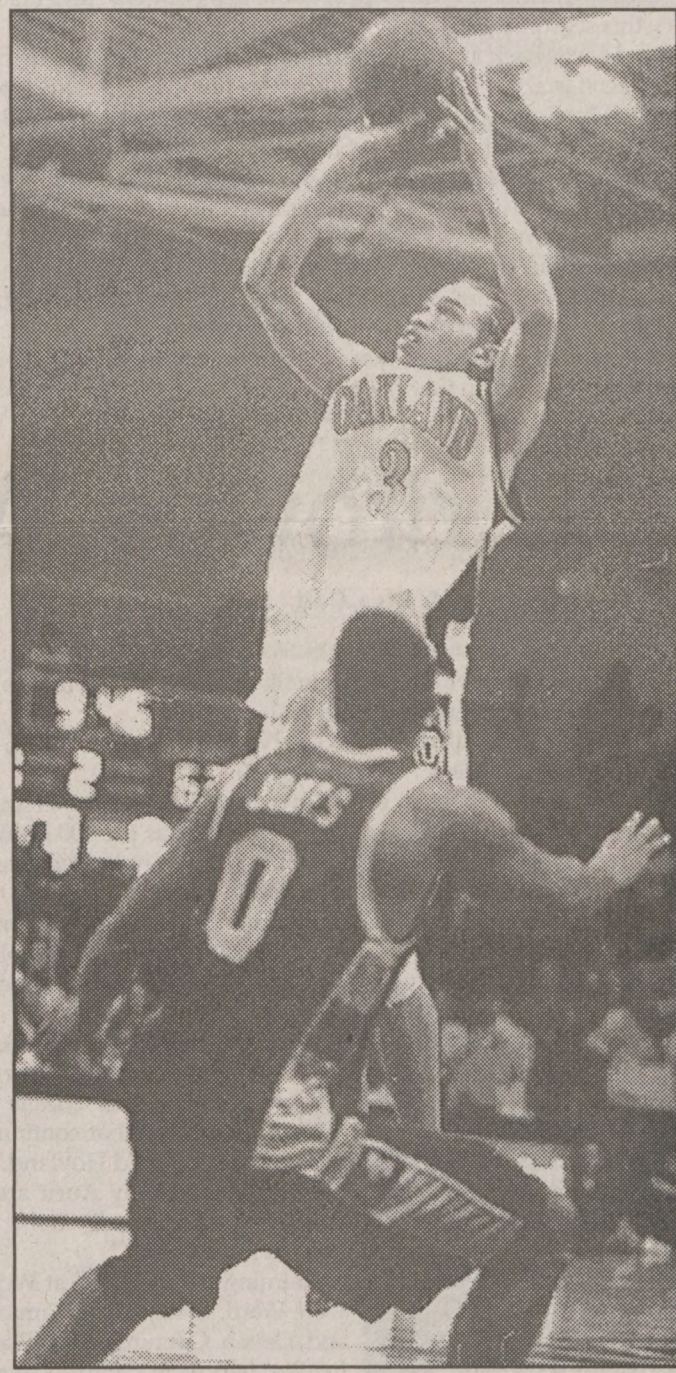
"I had no expectations for our team or any individual on our team except that I wanted them to play hard, play smart and play as a team and let the chips fall where they may," Ferris State coach Edgar Wilson said. "Never did I have the expectations to win."

The Grizzlies misfortune continued on Saturday night against Akron. The first half was a seesaw battle as Mychal Covington stole an inbounds pass and made a layup for a 33-31 halftime lead.

It didn't last however, as Akron went on a 7-0 run to start the second half, and eventually pulled away for the win, 79-68.

"They defended us pretty well. They're a little bit bigger than we are, and after what we did to Michigan, everybody is going to try to get us, and when the game was on the line we missed easy shots," said Kampe.

Champagne's views were like his coach. "I missed some easy shots, but I'm still finding my flow. But that's no excuse," he said. "We can't miss shots when we're right at the rim and expect to win games like this." Youngstown State comes to the O'rena on Thursday.



Bob Knoska/The Oakland Post

YOU GOTTA RISE UP: Freshman Kelly Williams rises up to hit a three pointer during the Grizzlies home opener against U-M. It was the biggest win in OU history.

World of sports asks, so you say you want a revolution?

The Lions are in the Superbowl. It's late in the fourth quarter, and Coach Charlie Batch's team is down by four and driving deep in Berlin territory. He calls the play, the quarterback steps in. It's a dump pass to the tight end. None of the Dolphins pick it up. David Sloan Junior is in for the touchdown. Lions win Superbowl 52. And you've seen it all from the center's point of view on your personal viewing system.

Don't believe me, just wait and see. Sports broadcasting is about to undergo a revolution. Gone are the days when the whole country listened on the radio to Bobby Thompson shatter the pennant hopes of the Dodgers with a last second home run. Now OU has begun broadcasting on the internet.

Both WXOU and men's basketball with John Bloom can currently be heard on your desktop through Real Player. This is only the beginning.

Currently on the market are TiVo and RePlay TV. These allow the viewer to control what is seen. Don't like commercials? They are zapped out of existence on a live broadcast. Want to see something again? There's instant replay, and none of the action is missed. Where we go from here is anybody's guess.

We've entered the twenty-first century, and in the words of Lewis Carroll, we have gone through the

looking glass. If you want to find out how many times a team has run a certain offense, the commentator is no longer your source of information. The website is. While the internet is still a baby, it has the potential to grow into one very interesting adult. It is also the foundation of what is to come.

The key here is information, and the internet is changing the way people get information. In the past, reporters were relied upon to give the information. Now, the raw information is out there, and anyone with a computer can access it. The reporter's role is changing, and not even those who have to change



Scott Anderson

know where we will end up.

People will always want to know what happened. That is our nature. The revolution is in how they find out. The technology is there, what we do with it will determine where we go.

The Lions may not be in Superbowl 52, but the fans will be. How they view the game has yet to be determined. I'll be there, hoping to get an interview with a wet Coach Batch.

Scott Anderson is a senior communication major, and Public Affairs Director for WXOU.

New Grizzlies impact line-up

By Ramez Khuri
SPORTS EDITOR

The OU women's basketball team started off the 2000-01 campaign on the road at the Nebraska tournament, where it lost to Nebraska 91-59, and beat Louisville 76-71. The Grizzlies then came home to face U-M Dearborn, and won easily, 108-35, then went back on the road and played against Wyoming on Monday, losing 82-73.

The game versus Nebraska marked the first of the regular season for the Grizzlies. With Sarah Judd, one of OU's top scorers from last season back home recovering from a leg injury, the team had to find help for the other two top scorers, Katie Wolfe and Beth Zeone.

Mission accomplished. The Grizzlies ended up losing the game, but little did coach Beckie Francis know that all of the recruiting that was done in the off season was going to pay off big time. Newcomers Naomi Nickleberry, and Lori Kipp, both guards, filled in nicely for the ailing Judd, scoring 20 and 11 points respectively.

Christina Blandford, who was red-shirted last season, is another big contributor to this team. She finished with nine points in 15 minutes of play.

"We came out against a very good team," said Francis. "Their guards were explosive, and I think it surprised us. It was a whole new level that we have faced, and Beth got into foul trouble within one minute, so she had to go to the bench, and we basically turned the ball over and had a lot of unforced errors, and beat ourselves in the first half."

The game versus Louisville was a different story as Wolfe and Zeone returned to the level of play that OU fans have grown accustomed to. Wolfe had 35 and Zeone finished with 21 as OU improved to 1-1 on the season.

"Louisville had previously been to the Sweet 16 five or six years ago, so this was an established team," said Francis. "We came out very strong, but we turned the ball over about six times in the last five minutes of the first half, and that's how they got that 13 point lead at halftime."

The Grizzlies made some adjustments and started the second half on a 7-0 run, and never looked back. OU outscored the Cardinals 48-30 in the second half and won the game.

With last year's 101-36 trouncing of U-M Dearborn still fresh in the returning players minds, the Grizzlies were poised to pounce in part two at the O'rena on Wednesday.

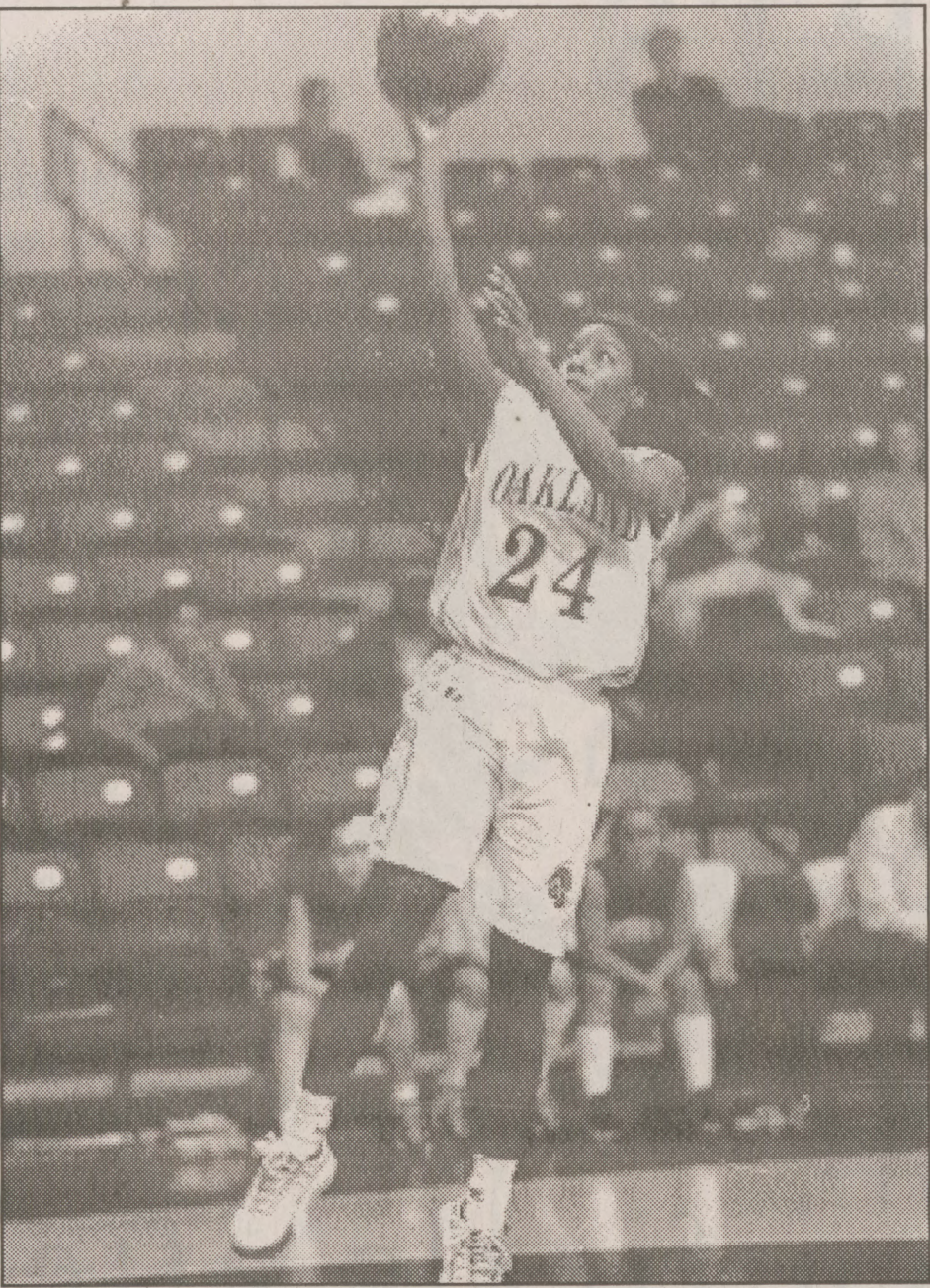
It was the first regular season home game for OU, and the biggest margin of victory this season.

Judd was back for the game, but her services were hardly needed as there were six Golden Grizzlies in double figures. Leading OU was Nickleberry with 19 points, followed by Zeone, Wolfe, and guard Jodi Young all with 12. Returning guard Romica Clint had 11, and newcomer Sarah Yaksich finished with 10.

"Our game plan was to go out do everything that we can do to win," said Nickleberry. "As a team we try to stay focused no matter who we play, and we try to play like we're the ones who are down and are fighting for a number one spot."

Francis had similar views to Nickleberry. "Our game plan was to play our game, run our offense, not do anything fancy, and not to showboat, and we did that, and I was very pleased with the effort by everybody."

Francis acknowledged that it's hard to stay focused in a blow out, like this game, but she was happy that her team didn't have that problem, and duplicated the first half effort.



Bob Knoska/The Oakland Post
MAKE WAY FOR THE FUTURE : Freshman Naomi Nickleberry has been a welcome addition to Beckie Francis' basketball team. The Grizzlies are 2-2 after four games.

On Monday night the Grizzlies paid a visit to the Cowgirls of Wyoming. OU came up short, but once again, the Grizzlies had consistently balanced scoring.

Judd was the leading scorer with 17 points and seven rebounds, Zeone had 15 points, Clint scored 13, and had three steals, Wolfe finished with 11, and Nickleberry recorded nine. Kipp also had a strong game with six points and eight assists.

The Grizzlies record is now 2-2. The team travels to Colorado State tonight, Chicago State on Saturday, and is at the O'rena for its second home game on Monday when Mid-Con rival Youngstown State comes to town.

Wolfe is excited about this season's team, and its chance of repeating as Mid-Con champions. "We have a lot of good freshmen coming in," she said. "We don't have as much experience, but they're working really hard, and we have four returning starters coming back. We should be just as good, and there is a good chance for a repeat."

Men, women cross country teams finish season strong

Kieffer, Brinker lead Great Lakes Regional

By Carolyn Mrowczynski
THE OAKLAND POST

The cross country team wrapped up their 2000 season at the Great Lakes Regional Championship, with Kristie Kieffer and Kurt Brinker leading the way.

Sophomore Kieffer claimed the individual Mid-Continent Conference Athlete of the Year award. Kieffer, who was last year's Mid-Con Newcomer of the Year, led the Golden Grizzlies with her 69th place out of 217.

She also helped lead the team to claim second place at the 2000 Mid-Con Conference Cross Country Championship. Kieffer crossed the line in 17:51 in the 5000-meter run.

Coach Paul Rice wasn't a bit surprised by Kieffer's success. "Kristie didn't do anything that I didn't expect of her," Rice said. "I knew all year that she was ready to win."

The men's team finished 21st out of 31 teams at the Great Lakes Regional Championship. Brinker landed in 101st place out of 209 runners. Following Brinker was freshman Brandon Fisk, sophomore Mike Withee, freshmen Luke Williams and Brett Quantz.

Brinker also led the team to fifth out of nine teams in the Mid-Con Conference earlier this season. He finished in 17th place with a time of 25:55 in the 8K.

I am proud of the entire team," Rice said. "When our season begins, all that is on our minds is the conference meet. That's our number-one goal. We talk about it, train for it and prepare for it all season," he added. "Everything has been perfect this season."

OU drowns Wright State, prepares for Mid-Con

By Logan Gillies & Lisa Cali
THE OAKLAND POST

After the recent win over Wright State, spirits are up for the Mid-Con Championship meet this weekend.

The women defeated Wright State with the score of 119-80, while the men had a closer meet, winning 100-99.

"It was a close meet, it went down to the last swimmer and we prevailed," said head coach Pete Hovland. "It was the 400 freestyle relay and we kind of knew it was going to go down to the last event. After the first day it was tied 52-52 on the men's side."

Hovland thought that the team really pulled together for the win, stating that every event was pivotal. Mark Quinn's second place finish in the 100 breaststroke moved the team ahead to be in the needed position to win.

As far as the women go, both experienced and new teammates worked hard toward the victory.

"Danielle Ward and Yvonne Lynn are the two right now that continue to lead the way for us," said Hovland. "Two of our freshmen, Shelly Aurit and Angela Simetkosky, have really done an excellent job to this point."

Claiming firsts for OU at Wright State were Ward, Lynn, Aurit, Tamara Swaby, and Devon Cunningham. Placing first for the men were Quinn, Dave Hartzel, Andy Schmit, Haitham Hassan, and Sean Broadbent.

This weekend OU will be hosting the annual Mid-Con Championship. The Grizzlies have high expectations for the meet, since they will be defending their title.

"I expect Western Illinois to be better

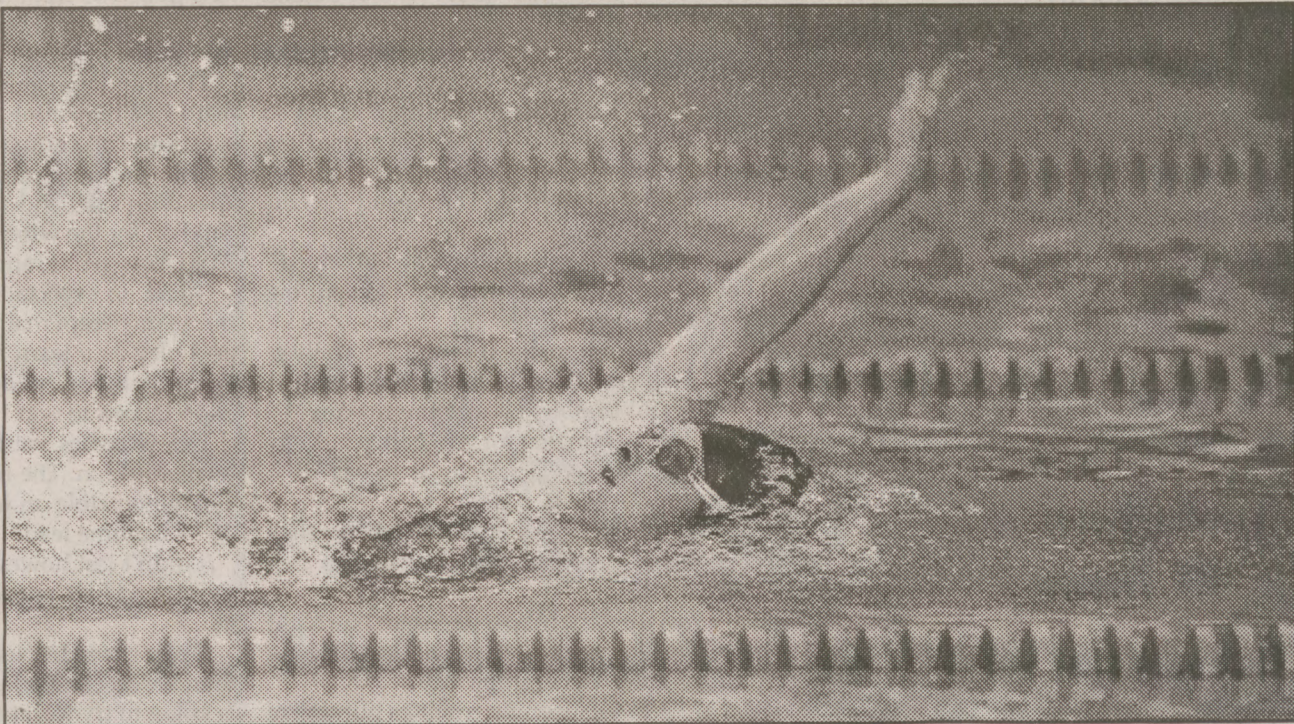
than they were a year ago, I expect IUPUI to be better," said Hovland. "I expect it to be more of a challenge, but I would be disappointed if we did not win."

In the days before the championship meet, the team will be eager to prepare for the competition. They will do this by cutting down on practice time and mentally preparing themselves for the weekend.

"They love to taper and that's what we're doing. They get to sleep in, they're not working as hard and when you combine that with shaving, it's a catalyst for superhuman performances," stated Hovland.

According to Hovland, everyone is really excited about OU hosting this meet. A home championship has many advantages to the swimmers.

A multiple day meet on the road can be difficult, but being at home the swimmers will have their "own beds, own rooms. All they have to do is walk across campus. We don't have to take cold vans and try to find restaurants," said Hovland. "It's a huge undertaking for teams to



Bob Knoska/The Oakland Post
BACKSTROKE IT: Yvonne Lynn earned four first place finishes in the two day meet against Wright State. The meet included extra swimming events which usually take place at championship meets only.

travel."

The Mid-Con meet will take place Nov. 30-Dec. 2, with an awards ceremony at the conclusion of the meet.

Hovland believes that the preparation will pay off.

"I expect it and they expect it, and I think we're ready to defend our title," said Hovland.

Mid-Con swimming and diving meet schedule

- Thursday Nov. 30
- Finals 5 p.m.
- Friday Dec. 1
- Prelims 10 a.m.
 - Diving 11:30 a.m., 1 p.m.
 - Finals 6 p.m.
- Saturday Dec. 2
- Prelims 10 a.m.
 - Diving 11:30 a.m., 1 p.m.
 - Finals 6 p.m.

Mid-Continent Conference Standings

Women's Basketball		Men's Basketball	
Conference*	Overall	Conference*	Overall
Oakland	2-2	Youngstown State	3-0
Southern Utah	2-3	Oral Roberts	3-0
Valparaiso	1-2	Valparaiso	3-1
IUPUI	1-3	Southern Utah	3-1
Oral Roberts	1-3	IUPUI	2-2
Western Illinois	1-3	Oakland	1-3
Youngstown State	1-3	UMKC	1-4
Chicago State	1-4	Chicago State	0-2
UMKC	0-3	Western Illinois	0-4
		*No conference standings available to date	

the Golden Grizzly

NAOMI NICKELBERRY

Naomi Nickleberry, freshman, undecided has been playing a big part in the women's basketball team's success this season. Naomi had 19 points in the game against U-M Dearborn, as well as 4 rebounds and 5 steals. Coach Beckie Francis considers her "one of the most athletic recruits we have brought in."

-Lisa Cali



Sleep

continued from A7

slothful, which shows enormous ignorance of sleep's benefits," said Maas. "Just an extra hour or two causes huge rebounds in happiness, productivity and creativity."

With society's growing dependency on electronic devices, such as computers, television, radios, and video game systems, college students are tempted even more to stay up late, especially when living away from home for the first time.

The problem of sleep deprivation is more serious than many students would like to think. Falling asleep in class or in the Oakland Center is one thing, but it is less of a concern when compared to the health risks involved with getting too little sleep.

Increased blood pressure, chronic depression, physical exhaustion, and enhanced vulnerability to disease are all possible when college students fail to get enough shut-eye, according to health experts.

Mark McNally, junior, business, said, "With the schedule I have for school and work, sleep is not high on my list. I guess it could be worse if my commute took longer, but still I don't have enough time to get a good night's sleep."

"Now that classes are ending, my professors are slamming us with homework and papers," he added. "Everything is coming down at once, and 'all-nighters' are the only way to get the stuff done on time."

ates, and less than one percent of them stay fully alert all day long.

"At some point, people started thinking eight hours of sleep is

Stress

continued from A7

lege students," she said.

Positive levels of stress can be energizing and heighten the readiness for learning. Negative levels of stress and inadequate coping skills can be debilitating, resulting in loss of energy, emotional overload, poor grades, anxiety, depression, and even suicide." (Elkind, 1984; Sharpley & Scuderi, 1990) (www.nu.edu/nuri/llconf/con1995.wolfe.html).

Her comparison also reported that, "The stresses that college students today are dealing with are more complex than those of prior cohorts. With the increasing importance of a college education and the rapidly increasing costs, more and more undergraduate students work to pay expenses while carrying a large debt load."

Stress also affects the immune system, which protects people from a variety of serious diseases.

The U.S. Department of Health found in a recent study that 80 percent of all illnesses have a stress component, and more than 90 percent of all Americans deal with stress ineffectively.

The Hampden-Sydney College Counseling Center offers several different techniques for students to use to maintain healthy stress levels.

The top five guidelines for managing stress are: understanding your role in stress reactions, developing a balanced life-style and effective personal organization, learning specific relaxation techniques, gaining perspective on problems by discussing them, and clarifying your values and developing a sense of spirituality.

ORDER YOUR COLLEGE RING NOW

RING IN THE SEASON



ORDER NOW AND RECEIVE BY THE HOLIDAYS

JOSTENS
REWARD YOUR ACHIEVEMENT

SAMSUNG DIGITall
everyone's limited™

Equip smart.™

A laser printer for the price of an inkjet?

Cool. Just \$199.

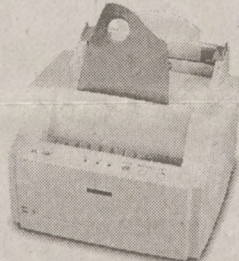
Now you can have your very own laser printer. At a breakthrough price.

Fast. Sharp. Clean. Compact. With a toner cartridge that should last you all year. And at a per page cost that's 70% less than inkjet. Plus a Toner Save button that extends the life another 30%.

Papers that stand out in a teacher's grading stack. Professional resumes. Articles fit to submit for publication. All for the price of a half-dozen inkjet cartridges.

Better think twice. Everyone in the dorm's gonna want to use it.

Grab one at your campus bookstore. Order online. Or by phone at 800-459-3272. Go to www.samsungusa.com/Xtreme for more information.



The Samsung ML-4500 Laser Printer. "16-pages-on-1" print feature and Last Page Reprint button. Microsoft 2000 and Linux compatible.

SAMSUNG

Score this \$1199* flat-panel monitor.

Drop into the Samsung National Korea Computer Center and you could land this Samsung SyncMaster™ 1500. 15" inch flat-panel monitor, with built-in TV tuner and stereo speakers. Simply go to www.samsungusa.com/Xtreme to enter the sweepstakes. Or mail in an entry form available at participating campus bookstores.

© 2000 Samsung Electronics America. SyncMaster is a trademark of Samsung Electronics America.

Interested in teaching?
Already have a bachelor's degree?

**The University of Michigan
MAC Program**
may be what you're looking for

- ✓ earn a master's degree plus teaching certification in 12 intensive months
- ✓ develop as a critical, reflective, inquiring elementary or secondary school teacher
- ✓ study and learn in cohorts
- ✓ practice in area schools including Detroit

The Master of Arts with Certification Program is particularly interested in recruiting students who want to become science or mathematics teachers in urban settings.

Application deadline: January 1

For more information, contact:

mac.program@umich.edu

734-647-0798

www.umich.edu/~educ603/mac/



ONLY YOU CAN PREVENT FOREST FIRES.

www.smokebear.com

USFS



CSA

Center for Student Activities
49 Oakland Center
(248) 370-2400
csa@oakland.edu



December to Remember: Sharing Traditions And Making Some of Our Own!

December 4 - 9, 2000

Hugs for the Holidays: Donate a stuffed animal to be distributed by Pontiac's 4-H club to children in need.

Monday, December 4

- Human Unity Chain: make an entire human chain around the Lake
- The Andover High School Jills
- Women's Basketball: OU vs Youngstown State

Tuesday, December 5

- Art, Book and Gift Fair
- ARAMARK's Holiday Luncheon Buffet with all the traditional trimmings
- SPB Mainstage presents comedian Brett Duggan

Wednesday, December 6

- SPB Stress Free Zone
- Backgammon Challenge
- ABS Remembering the Motherland: A Kwanza Celebration

Thursday, December 7

- CSA Holiday Crafts
- SPB presents: Mike and Tim's Totally Stupid Game Show
- Holiday Reception for Student and Greek Organizations
- Muslim Student Association Breaks The Fast
- Women's Basketball: OU vs Rochester College

Friday, December 8

- Akanke Dance Troupe: African Dance
- SPB and ABS present: Jabali Afrika
- RHC's Ice-Cream On The Bridge

Saturday, December 9

- SPB Underground Coffee House: Open Mic Night

AT THE CSA SERVICE WINDOW

✓ **Reservations for:**

- Les Miserables (December 17 & January 7)
- The Rockettes Christmas Show (December 13, 14, 20 & 21)
- Beauty and the Beast (Musical) (February 25 & March 4)
- Talulah starring Kathleen Turner (February 18 and March 4)
- Civil War (March 4)

✓ **Tickets for:**

- Blue and White Ball (December 1)
 - Meadow Brook Ball (February 3)
- Purchase tickets beginning Wednesday and Thursday, November 29 and 30 for Juniors and Seniors only. Friday, December 1 for all students.

Trip to Ireland: May 2-9, 2001

We are pleased to announce a trip to Ireland is now available to all Oakland University students, faculty, staff, alumni association members, and their families and friends. The trip will cost only \$1,930 (based on 20 or more participants) and will include round trip air travel, lodging, most meals and tours galore! Trip participants will visit Dublin, Cork, Kildare, Killarney, the Ring of Kerry, the Dingle Peninsula and much much more! For additional information, Contact DeWald Travel at (800) 228-0707.

World Aids Day - Friday, December 1, Noon-1:00 p.m. in the Fireside Lounge, OC

The Oakland Center and The Center for Student Activities now has a web site.

Click on www.otus.oakland.edu/oc or go to OU's Homepage and look for the Center for Student Activities under Current Student.

✓✓✓ **Thursday, December 7** ✓✓✓
Holiday Reception for Student and Greek Organizations
4:00 - 6:00 p.m.
In The Heritage Room O.C.

**S
L
L
B**

Kweisi Mfume: Executive Director of the NAACP

Friday, January 26, 2001 3:00 p.m. in the Meadow Brook Theatre

Presents...

GET OUT

SECTION B

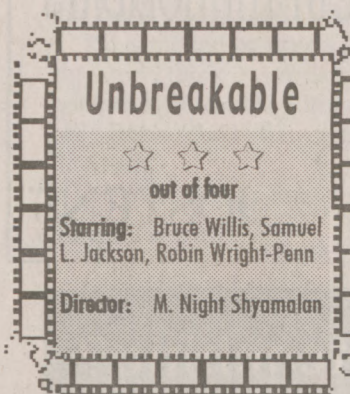
WEDNESDAY • NOVEMBER 29, 2000

PAGE 8

Good ^Vs Evil

"The Grinch" may have stole Christmas and the number one spot at the box office this past weekend, but "Unbreakable" smashed into the number two slot earning \$47.2 million in its opening weekend.

By Sara McDowell
LIFE EDITOR



Shyamalan ("The Sixth Sense") focuses on these questions.

Bruce Willis stars as David Dunn, the sole survivor of a horrific train wreck. After escaping death, Dunn begins to wonder why he was so lucky. He begins to question who he is and what his purpose in life is.

Enter mysterious stranger, Elijah Price (Samuel L. Jackson) who offers Dunn a bizarre answer to the questions he ponders, and audience members are taken on a ride that only Shyamalan can navigate.

Price is virtually the opposite of Dunn. He has osteogenesis imperfecta, which causes his bones to be very fragile due to a lack of protein that his body fails to make. Dunn, on the other hand, can't remember ever being sick. Price falls down some stairs and breaks 54 bones. Dunn is in a train wreck that kills 131 passengers, and he comes out of it unscathed.

Both Price and Dunn question their existences, but it is Price who pushes Dunn to ask the proper questions that will lead him to a remarkable discovery,

but it is up to Dunn to believe Price.

When the audience is first introduced to Price, dubbed "Mr. Glass" due to his many accidents in his life, his reflection is shown through a glass case holding a piece of comic art. The symbolic use of glass and its likeness is used throughout the film.

The essence of comic books and their themes also play an important part throughout the film.

As a gallery owner and avid comic collector, Price delivers a speech to one of his customers who wants to buy a piece of comic art for his young son. Samuel L. Jackson delivers a "Pulp Fiction"-esque speech as he lays into the customer for not appreciating art and thinking that a piece of historic comic art could be a novelty to a child.

It is not only Jackson's unforgettable speeches that make him a memorable actor. Jackson's eyes also do that. He portrays cold drilling glares, lifeless eyes and ones of sadness at appropriate times throughout the film.

Willis maintains his stature as a leading man who can carry a film. He was the star of Touchstone Pictures' most successful films of 1998 and 1999 ("The Sixth Sense" and "Armageddon"). He pulls off warm and funny moments with the same intensity that he exhibits during an action scene.

And this film does have some action scenes. In one, Willis' character is to untie someone. The audience can see his hands shaking, just as any normal human being's hands would be. Willis is also seen lifting weights as his forehead muscles throb. Small details such as this make his acting believable.

Robin Wright Penn ("Message in a Bottle") plays Dunn's wife, Audrey. Her natural vulnerability allows her to give a performance that seems truly genuine. She turns from cold to soft throughout the film and moviegoers can't help but like her and want the best for her.



BACK WITH A VENGEANCE: (above) Samuel L. Jackson (L) and Bruce Willis (R) team up in Shyamalan's "Unbreakable," released Nov. 22. The two have also worked on the sets of "National Lampoon's Loaded Weapon," "Pulp Fiction" and "Die Hard With A Vengeance." Shyamalan wrote the parts in the film specifically for Jackson and Willis.

Penn was Shyamalan's first choice for the role, as was Willis and Jackson for theirs. Shyamalan even wrote the script with Willis and Jackson in mind to play the parts, before he had asked either to join the project. Ironical enough, both actors agreed to do the film before they even read the script.

Thirty-year-old Shyamalan had not even finished editing "The Sixth Sense" when he started to develop the ideas for "Unbreakable." Willis was not the only "Sixth Sense" alum to work with Shyamalan on his new project. Producers, executive producers, production designer and costume designers all returned to work on the set.

The close knit family that Shyamalan has built, along with the on-screen chemistry amongst the actors, allowed Shyamalan to shoot in continuity (in the order in which the film actually happens). The technique is rarely done, but according to the film's press kit, Sam Mercer is quoted as having said that Shyamalan believes it helped the actors "to go on the same emotional journey as the characters and experience their feelings truthfully as the story was unfolding."

The camera work throughout the film is superb. Shifting cameras and seeing characters through the reflections of television screens and glass cases pro-

vide the film with a unique feel. Upside down takes are also used which makes the moviegoer sit up and take notice of the creativity behind this film. The film also uses longer uncut scenes to present more of a theatrical display.

Last year's "The Sixth Sense" left moviegoers shocked by the surprise ending. "Unbreakable" will do the same, but in its own way. Don't be fooled, "Unbreakable" is not "The Sixth Sense 2." Sure Willis is back to play the lead and supernatural issues are a focus of the movie, but "Unbreakable" uses good vs. evil to unfold an interesting story filled with action, drama, mystery, suspense and even humor.

The twist of events at the end of the film prepare audiences for what they learn in the last minutes of the film. It is a discovery that is not even hidden throughout the film. It is just unexpected, but ties the film together.

The thriller is not just a thriller, but a peek into who each of us really are, what we are meant to be and what are purpose on this earth is. Through his introspective design, Shyamalan once again has created a movie that is sure to leave audience members not only talking, but also thinking about what they are capable of. How unbreakable are you?

Art exhibits display thought, culture at county galleria

By Beth Murray
THE OAKLAND POST

It all starts with the swipe of a brush or a thought in the back of one's mind. How should a thought be displayed onto a canvas?

Somehow, an artist has the talent of putting thought on canvas. Even though the observer may not know exactly what the artist is trying to say, there is always a connection between people and art.

Through Dec. 8 the artwork of the Palette and Brush Club, a collection of different artists from around the Detroit Metro area, is being displayed at the Oakland County Executive Office Building in Pontiac. The 70 pieces on display consist of watercolor, oil and acrylic.

"People seem to appreciate that the artists are from the local community," said Ola Dlugosz, junior, art history and intern at the Executive Building.

The building that the works are being presented in is a government building. For that reason, there is an older age group that tends to be drawn to the art, yet it can draw all ages. Since the offices are on the same floor as the art, while

workers are taking a break, or running an errand, they have the privilege of being surrounded by amazing art.

The art works are for sale with prices ranging from \$125-\$1200. The sales go through the artist and not dealers.

The artwork ranges from scenic scenes to human poses. Also included is a focus on floral and pictures which possess an array of different colors that draw the observer into the artwork.

Awards from first place to honorable mentions are given out to the artists. Beverly Smith received a first place with her piece entitled, "Sunshine and Flowers." This particular work was of a floral nature, yet it had a twist. The colors chosen brought a certain flare to the work and the flowers gave a delicate look to the picture.

On the first floor of the Executive Building another exhibit is taking place. "Out of the Heart of Europe: Contemporary Art From Lower Bavaria" will also be presented through Dec. 8. This traveling international exhibit displays the works of German artists. The art present some of their most diverse works.

Artist Annaliese Vornelum has three pieces of

watercolor and ink, which focus on architecture, particularly cathedrals.

On the other end of the spectrum, abstract artist Nikolaus Kainz, displays oil on canvas. The title of the work, "A Portrait of the Artist Before Ever He Was Born" gives insight as to how abstract art can be.

"Barbarian Summer" by Hildesuse Reige is in a category all itself. When the observer looks at this artwork he feels a sense of relaxation. The oil picture, in a handmade frame, is a pair of feet coming through the grass, with a string tied to the big toe. On the other end of the string is a beer that is chilling in a river.

The exhibit seems to capture all aspects of German culture.

"They get a chance to experience art, and it is fairly local," said Dlugosz when asked why people should come to the exhibit.

The exhibit hours are 9 a.m. - 5 p.m. Monday - Friday. The art is displayed at the Executive Office Building located at 1200 N. Telegraph. The art is open to the public and there is no entrance fee. For more information call (248) 858-0415.



ALONG THE WATCHTOWER: Anneliese Vornelum's "Passau-Donau" is one of the oil paintings with water colors that can be seen at the "Out of the Heart of Europe: Contemporary Art from Lower Bavaria" exhibit held at The Executive Office Building.

For Your entertainment

christmas

Christmas Spectacular

Olympia Entertainment presents the best Christmas show, "The Radio City Christmas Spectacular" at The Fox Theatre from now until Dec. 31. For more information, please call (248) 433-1515.

magic

Magic Bag

The Magic Bag is proud to present an evening with Rickie Lee Jones on Sunday, Dec. 3. The doors open at 6 p.m. and there is limited seating available. Tickets are \$35 per person. To purchase tickets or from more information, please call (248) 544-3030.

promises

'Child of the Promise'

Steven Curtis Chapman, Twila Paris and Crystal Lewis will be presenting their "Child of the Promise" tour at 7:30 p.m. at Joe Louis Arena. For more information or to order tickets, please call (313) 983-6606.

concert

The Hippest

Bored sitting in your dorm room or house? Come and spend an evening with The Tragically Hip at 8 p.m., on Saturday, Dec. 2, at Cobo Arena. Tickets are \$27 per person. For more information, please call (313) 983-6616.