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Fox uses comedy to deliver important message

By Kalee lacoangeli, OU Student Writer

Comedy is most often used for entertainment purposes, but sometimes it is a great avenue to take for education. On Oct. 10 comedian Wendi Fox did just that.

Fox blended her knack for comedy along with her personal experience of overcoming alcohol addiction to create the Alcohol Insanity Tour. Her unique routine not only kept the audience laughing at the realities of life but also instrumented more critical thinking about social pressures, especially alcohol.

"I really like the show a lot," said junior Barb Kirkland. "It was definitely a new way to look at things."

Fox not only discussed issues with alcohol but also touched on topics such as personal freedom and being able to act "like a child" with a carefree and honest outlook on life.

"The way she talked about respecting yourself more had an impact on me," Kirkland said. "Being free and not concerning yourself so much with what is going on around you was a good message too."

The regular Residence Hall Programming comedy series continues Friday, Oct. 15, with hypnotist and comedian Michael Anthony. The show begins at 7 p.m. in Vandenberg Dining Center and is free to all OU students and guests.

SUMMARY

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