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November 6, 2015

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## FROM THE SCHOOL OF EDUCATION AND HUMAN SERVICES

From Executive Director of Outreach and Program Services Lisa Reeves:

Happy Friday School of Education and Human Services colleagues. We are in a season of change. The leaves have changed colors and fallen and our clocks were set back.

The Outreach and Program Services (OPS) team has settled into the term and is gearing up for the change from fall programs to winter start programs and workshops. On Saturday, November 14 is the Mindfulness Workshop facilitated by Dr. Caryn Wells. Mindfulness is being taught in schools across the country, fueled by teachers who are working to help students learn to drop into stillness, focus attention, and learn a type of kindness that promotes harmony in the classroom. This is the second workshop of mindfulness, which currently has over 30 registrants. Kelly Quintana is coordinating the efforts and we are excited to work with Dr. Wells again.



The following are a few facts about the workshop:

- Educators will learn stress reduction techniques, practice mindfulness, and develop lessons in kindness curriculum to use with their students.
- Educators learn how they contribute to calm, attentive students and practice methods for teaching students to self-soothe in times of anxiety or sadness.
- Twenty-nine educators attended the August workshop.

Other upcoming workshops in 2016 include *Literacy & Learning* and *Enhancing Instruction with Technology*. If you have an idea for a professional development workshop, please contact **Kelly Quintana** (mailto:KQuintana@oakland.edu?subject=workshop%20idea).

IN THE NEWS

### State Awards OU with \$380K Grant for Autism Spectrum Studies

OU has recently received a \$380,000 grant from the Michigan Department of Health and Human Services (MDHHS) as part of a statewide effort to better treat and understand autism spectrum disorder (ASD). This is the third year that Oakland has received funding to further research and supports for this population.

For additional information, view the complete article (http://www.oakland.edu/view\_news.aspx?nid=12484).



## **Donna Raymond is New Director of Accreditation and Reporting**

It is with great pleasure that we announce Donna Raymond as the new Director of Accreditation and Reporting, and Certification Officer for the School of Education and Human Services. Donna will be moving into this new role to assist the School with directing accreditation and state and federal reporting efforts, as well as being the certification officer.

This is a big job and very important to the success of the School; accreditation and certification are and will be critical to growth and success. Donna brings extensive experience in these areas and she will surely provide great service to the School.



# Congratulations to Donna!

#### **Lowry Center Update**

The Lowry Center has had a busy fall semester, starting with a large group of parents attending Welcome Night on September 16, followed by a wonderful 50th Anniversary Celebration during Homecoming Weekend. In October, the Center held a Family Potluck dinner, with over 50 families sharing foods from the various cultures represented in Lowry. The Grizz even stopped by!

Margaret Mudge, Lowry teacher and EC instructor, will be presenting a workshop on November 17, Learning Throughout Your Home. This is a family favorite, with hands-on activities and ideas. SEHS colleagues are welcome to attend along with Lowry families. Childcare is provided during the workshop from 5:30-7pm. If you are interested, please RSVP to Kelly Meador (mailto:kameador@oakland.edu) by November 13.



# **UPCOMING EVENTS**

### Painted Pot Fundraiser at Lowry - November 10-11, 2015

The Painted Pot will be at the Lowry Center on November 10 and 11 to complete orders for winter/holiday ceramic projects. A portion of the proceeds will be put toward Lowry's Parent fund.

For available choices, view the order form (https://www.oakland.edu/upload/docs/SEHS/Newsletters/PaintedPot2015.pdf) or stop by the Lowry Center to see actual samples. If you would like for your child (or you) to make an item, please send your completed order form to Kelly Meador (mailto:kameador@oakland.edu) and indicate which day (Tuesday or Wednesday) you would like to come.



# Evening Enrichment, "Does Your Physician Speak Autism?" - November 12, 2015

The Evening Enrichment Series, "Does Your Physician Speak Autism?" will be held Thursday, November 12, in 204 O'Dowd Hall from 6-7:30pm.

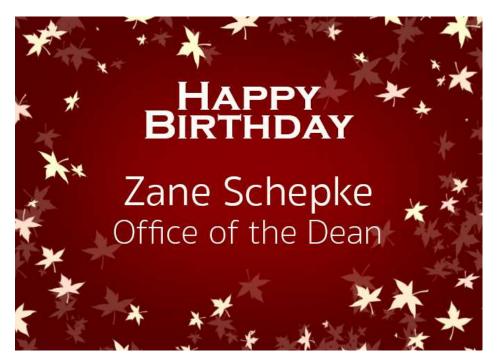
You will have the chance to engage with a panel including physicians, a behavioral specialist, medical students, and a parent who will discuss:

- issues related to young adults with autism
- research results showing physician awareness of the needs of young adults with high
- areas of need in a clinical setting identified by these individuals and their caregivers
- how to best address the findings for the benefit of patients

RSVP by email (mailto:oucares@oakland.edu?subject=Evening%20Enrichment) to OUCARES or call 248-370-2424.



# **CELEBRATIONS**



If you do not wish to have your birthday announced, please contact James Silvestri at jmsilves@oakland.edu (mailto:jmsilves@oakland.edu?subject=Birthday%20exclusion).

# ABOUT THE SEHS BULLETIN

Welcome to the SEHS Bulletin, where faculty and staff can share news and celebrate the wonderful things happening in SEHS. The bulletin is the perfect place to share information about your publications and awards, special projects and committee news, as well as announce events.

All are welcome to send items for inclusion. If you choose to do so, please ensure that your items are print ready, that you include all related links, and that you have permission to publish any photos being submitted. Please put "SEHS Bulletin" in the subject line and email your information to:

sehs@oakland.edu (mailto:sehs@oakland.edu?subject=SEHS%20Bulletin).

If you have questions about the bulletin, feel free to email James Silvestri at jmsilves@oakland.edu (mailto:jmsilves@oakland.edu?subject=SEHS%20Bulletin).



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### 2200 N. Squirrel Road Rochester, Michigan 48309-4401

(248) 370-2100 | Contact OU (/contact)

Coordinate map of Auburn Hills Entrance (https://www.google.com/maps/@42.672702,-83.220234,16z)

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