

# THE OAKLAND POST

Oakland University's Independent Student Newspaper

Volume 46 | Issue 8 | September 30, 2020

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at the start of their season

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PHOTO BY: MAGGIE WILLARD

# THIS WEEK

## PHOTO OF THE WEEK



**BE BEAR-Y CAREFUL** In the Oakland Center, a taxidermized bear sits with a bandana covering its mouth, protecting all who enter The Habitat from its germs. Good job Bear!  
PHOTO / MICHAEL PEARCE

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**4 LETTERS FOR ST. JUDE**  
Office for Student Involvement  
holds letter drive for hospital  
Photo/BORGEN Magazine



**7 DEVIL IN THE DETAILS**  
Netflix releases "The Devil All the Time" with Tom Holland  
Photo/Netflix



**13 JUST TAP IT IN**  
Women's golf team begins practicing  
for postponed season  
Photo/Golden Grizzlies

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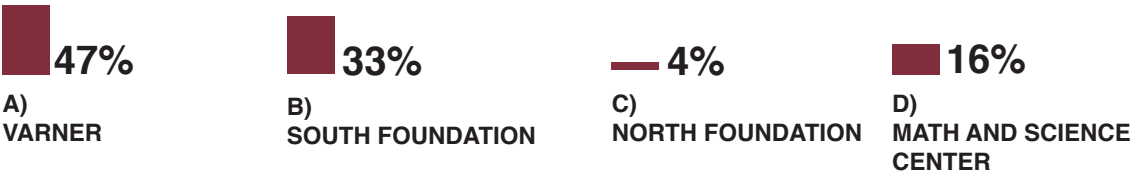
## POLL OF THE WEEK

WHAT IS YOUR FAVORITE NEW RELEASE ON NETFLIX?

- A) "LOVE: GUARANTEED"
- B) "THE BOSS BABY: GET THAT BABY! (INTERACTIVE SPECIAL)"
- C) "THE DEVIL ALL THE TIME"
- D) "RATCHED"

## LAST ISSUE'S POLL

WHAT SHOULD REPLACE CHICK-FIL-A IN THE OAKLAND CENTER FOOD COURT?





# Housing environmental committee promoted recycling and being environmentally aware in 1990

**AUTUMN PAGE**  
Staff Reporter

The resident halls council environmental committee started to place recycling bins throughout the buildings.

"We want to maintain and promote a nice environment to be seen outside and inside the campus," said Kathy Terbrack, vice president of residence halls council and coordinator of the environmental committee.

The Oakland University recycling program began in 1989 when several students encouraged a program to be made.

Terbrack gave credit to social media and Earth Day.

"I'd like to see enough support for recycling on both sides of the bridge," said Mark Weptstein, member of the environmental committee on campus.

Instructional booklets were left at the front desks of residence halls. The booklet had information on what can be recycled and taken by Bushman Disposal in Oxford, the company OU uses to remove waste, and where items can be recycled.

"We're trying to get everyone on the floors involved. Basically, we're sending out flyers, giving out recycling baskets and we've been talking about holding contests to get people involved," said Heiedi Pokorski, chair of the environmental committee.

Amy Novak, a resident at Hill House, took notice of the changes and liked the new addition to the halls.

W

**To be successful, you need continuing education about recycling and continuing support from the administration.**

Rebecca Wasko, co-chair of the Preserve and Protect Club

W

"It's good that they started this kind of a program for the more environmentally conscious students at OU," she said.

Items that could be recycled are flyers, typing paper, note pads, computer paper, brown grocery bags, corrugated cardboard, glass containers with no lids and metal containers, like pop cans.

The recycling bins were placed on every floor of the residence halls for accessibility.

"More people seem to be getting interested," Weptstein said. "A lot of waste is being thrown into the recycle bins on each of the floors."

Kelley Lind, a Vandenburg resident, spoke about the positives of the bins.

"My roommates and I went and got one of the recycling bins they've been giving out. It's not like it's hard to recycle and a lot of good comes out of it, so why not?" Lind said.

Terbrack didn't know how the program would pan out, and had set an evaluation for the end of the month.

"We're really pushing the program in hopes of the entire campus getting involved. It's really easy to recycle," Pokorski said.

OU wasn't the only one getting involved in recycling, Oakland Community College (OCC) began a program during the spring semester of 1990.

The Auburn Hills campus collected 2,000 pounds of office paper the first month, according to Rebecca Wasko, co-chairperson of the Preserve and Protect Club.

Wasko urged the importance of education about recycling and taking action.

"To be successful, you need continuing education about recycling and continuing support from the administration," Wasko said.

On campus today, there's a task force with the goal of campus sustainability. A key element is the OU Recycles campaign, and the club partners with other communication areas of OU to spread awareness.



## ‘Letters to St. Jude’ initiative taking place through Oct. 31

**LAUREN REID**  
Staff Reporter

Oakland University students have the opportunity to write a virtual letter to St. Jude patients until Oct. 31, as part of an initiative by OU’s Leadership and Volunteer Center.

“The Letters to St. Jude Patients is part of our initiative this year to provide high impact, virtual or long distance service opportunities for students and staff,” said Jeremy Heinlein, coordinator of leadership and service programs at the Office for Student Involvement (OSI) via email. “Our goal is to stay community focused even during restrictions placed due to COVID-19.”

To write a letter, students can visit the letter’s to St. Jude patients page on the OU calendar and click on the link, where they will be redirected to St. Jude’s website. From here, students can select artwork for their card and write a message, either personalized or pre-written, and it’s free.

Emily Bernas, graduate assistant for leadership and service learning at the OSI, mentioned finding community service opportunities is difficult amid COVID-19, but writing letters came to mind as a safe service outlet.

The Letters to St. Jude opportunity popped up with a quick Google search, as said by Bernas.

“Once I clicked on the [page], I [realized] it was super easy to write a letter,” Bernas said. “St. Jude [will] print the letters out and deliver them to each room as they go. It takes probably two minutes, it’s super quick — I hop on every morning [to] do one and send it in.”



PHOTO COURTESY OF PR NEWswire  
Until Oct. 31, students can write letters to St. Jude patients through the Leadership and Volunteer Center.

Bernas believed the Letters to St. Jude opportunity was perfect to put up on GrizzOrgs, and hopes students will keep writing letters.

“[Last] summer, I worked with a nonprofit organization similar to Make-A-Wish but exclusively for children in Michigan,” Bernas said. “I have a soft spot in

my heart for kids who are suffering from life-threatening illnesses.”

Make a Difference week is also coming up, beginning Oct. 19 through Oct. 24. Each day will come with a different volunteer opportunity where students can participate either virtually or in-person.

“In the past, it’s been Make a Difference Day, where we sent students to locations off-campus to do community service,” Bernas said. “[This year], because of COVID-19, the school can’t sponsor any travel events, so we knew it had to be either on-campus or virtual.”

Make a Difference week spans five days, kicking off with the creation of audiobooks on Monday, Oct. 19 and wrapping up with an in-person volunteer opportunity at the student farm on Friday, Oct. 24.

Other Make a Difference week opportunities include writing thank-you letters to blood donors, making dog toys out of t-shirts and blankets and coloring motivational drawings for sick children.

Amidst all of the uncertainty COVID-19 presents, Bernas mentioned students still want volunteer hours and organizations still need lots of help.

“It’s not only me trying to get creative with community service opportunities, but it’s nonprofits getting creative trying to get help without having in-person gatherings,” Bernas said. “It’s been interesting to see how creative people have been and how open to new ideas [they are].”

For more information on upcoming initiatives and service opportunities, visit the OSI homepage.

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THE OAKLAND POST

# *The Oakland Post*

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## Professor wins engagement award in nursing

**BRIDGET JANIS**  
Staff Reporter

Joanna Hernandez, an acute nurse practitioner and assistant professor at Oakland University, joined a collaboration with McLaren Oakland Hospital in Jan. 2019. In recognition of her work throughout this partnership, Hernandez was awarded the 2020 University Professional and Continuing Education Association's (UPCEA) Central Region Engagement Award.

The Engagement Award focuses on partnerships in which there is an exchange of knowledge and resources to the benefit of both parties.

"I'm completely humbled," Hernandez said. "I was really surprised, because I didn't do this to win awards. I didn't do this for recognition. I did this because I wanna help nurses know how to take care of patients."

With Hernandez having experience working in an ER and still being involved in clinical practices, she felt she would be able to develop a program for registered nurses at McLaren Hospital to help further their education.

"I have expertise in clinical practice, I had worked with a lot of the types of patients before as a nurse," Hernandez said. "[And] as a nurse practitioner, I have ICU experience."

McLaren Hospital had a new surgeon coming to the hospital that was going to do a new type of surgery with the gallbladder, pancreas and liver.

"The goal was to educate these nurses on the different types of disease processes that

they would be seeing," Hernandez said.

Hernandez was approached and asked to create a course specifically for the registered nurses at McLaren Hospital to go through in order to better understand the new material.

The courses were originally for about ten nurses, but there ended up being 56 nurses participating.

To better fit the situations for all the nurses and make the courses more accessible Hernandez developed a hybrid approach. This included online content, as well as, one day on campus to put all the information they learned about to the test.

She created a website with about four hours of content learning that the nurses had to do before coming to campus. The website featured user-friendly links to recorded lectures. The online learning aspects were broken up into three modules, one for the liver, one for the gallbladder and one for the pancreas.

"I wanted to do that for their convenience and overcome some of those barriers, so they could do it at home," Hernandez said. "[Once the online portion was completed] they came to campus for an eight hour day in which we did a lot of active learning activities."

At the end of course in order to pass, the nurses had to pass a comprehensive test with at least an 80%. After that they were able to enter into a simulation activity at OU.

"We were happy that we were able to partner with that," Judy Didion, OU's School of Nursing Dean said. "To me it ties into the Pontiac Oakland initiative that we've worked on over the years."

## GRIZZLIES PROTECT GRIZZLIES

Cumulative on-campus positive cases since July 12:

**55**

Faculty or staff:

**1**

Students not living in OU Housing:

**31**

Students living in OU Housing:

**23**

On-campus isolation rooms occupied

**1/95**

All information is from OU COVID Public Dashboard



PHOTO COURTESY OF OAKLAND UNIVERSITY

Joanna Hernandez, an asistant professor at Oakland University recieved the 2020 University Professional and Continuing Education Association's Central Region Engagement Award.



## OUPD partners with Housing for crime reporting training video

*There are over 600 campus security authorities that must abide by the same set of training requirements*



PHOTO COURTESY OF OUPD

Filming for the Clery training video took place at several locations on campus, including Oak View Hall.

**EMILY MORRIS**  
Managing Editor

The Oakland University Police Department (OUPD) partnered with OU Housing to create a training video, updating crime reporting protocol.

Campus security authorities (CSA) are required to report any crime on campus, according to the Clery Act (1990). This includes any campus officials with significant responsibility for students — resident assistants, academic peer mentors, student discipline officials or anyone involved in campus judicial proceedings. Oakland University has over 600 CSAs that have to be on the same page.

Hence, a video is a convenient way to “reach as many people as possible” and allow them to “refer back to the video anytime,” according to Lt. Nicole Thompson.

“We are required to have complete transparency when it comes to publicly reporting crimes that are reported to OUPD and other campus personnel,” Thompson said. “This information allows our future students and their parents to make educated decisions regarding [campus safety].”

Although the new video training has been in the works for eight years now, the release will be timely because of the current growth of Black Lives Matter (BLM) movement. One aspect the BLM movement has highlighted is “police and criminal justice reform,” according to NPR.

Accurate crime reporting and transparency is only a fraction of the criminal justice system though. During these updates,

Thompson ensured OUPD kept the BLM movement and OU’s campus life in mind, while creating the video.

“We made sure to include diversity in our video because it is important that we are reflecting OU’s diverse population on campus,” Thompson said.

The content of the video focuses on methods to contact OUPD and resources for anyone impacted by a crime. Additionally, the video featured many housing employees and OUPD officers with various locations on campus as the background.

The last video was published in 2014, and Thompson noted there are many new features on campus to include. The next video will introduce Elliott Tower and Oak View Hall.

The video should further the “open lines of communication between Housing Staff and the OUPD.”

“The video had to be short enough to keep the viewers’ (who are mainly CSAs) attention but long enough that it provided enough information [so] a CSA knew what was expected of them when a crime was reported to them,” Thompson said.

The last video was published in 2014 and is viewable on [oupd.com](http://oupd.com).

The latest video is in its final stages with OU’s Video Services Department and will replace the current video on the website sometime in November.

“Oakland University’s campus is really everyone’s responsibility,” she said. “The OUPD relies on our community partnerships to tell us when they see or hear suspicious activity so collectively we can keep the campus safe for all.”

## Police Files

### Speeding while intoxicated

An Oakland University Police officer was traveling east on Walton Blvd at 1:00 a.m. on June 26 when they spotted a black Subaru approach a stop sign and fail to come to a complete stop. The vehicle merged into the right hand lane and continued drifting onto the fog strip off the side of the road. The officer initiated a traffic stop and the vehicle pulled into the nearby gas station parking lot.

When the officer approached the vehicle and identified the driver, he rolled down his window and said “what’s up.” The officer explained why they pulled him over for erratic driving and he seemed surprised. The officer noted that the driver seemed oddly calm and at times seemed oblivious to the severity of the situation he was in. When asked about his erratic driving, he said that “somebody was like following me again and again.” The officer explained that they had been following him. He replied “I went to this lane and somebody came to this lane; then if I went to that lane somebody went to that lane.”

The officer administered a field sobriety test, and the driver did not complete the required tests. He was handcuffed and taken to OUPD and a drug expert was asked to analyze his symptoms, as the officer doing the arrest was unfamiliar with the symptoms and the odor of the intoxicants they thought they observed. The specialist was unable to identify anything in particular, and blood work was done to discover if there were any intoxicants in the driver. The reports later came back negative. The driver was released to a family member.

*Compiled by Ben Hume,  
Web Editor*

## NOW ACCEPTING: APPLICATIONS FOR DISTRIBUTORS

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# Stop the Flu at OU

Story by Rachel Yim // Photos by Maggie Willard // Design by Meg Speaks

Getting the flu vaccination has always been one of the most crucial actions in preventing the spread of the flu virus. Amid the COVID-19 pandemic, it is more important now than ever.

To help limit further spread of the flu with an ongoing pandemic, the Graham Health Center (GHC) at Oakland University is providing flu vaccines to the OU community. While GHC has run this event for over 20 years, this year is different compared to past years because COVID-19 has brought numerous challenges.

As a contagious respiratory illness, the flu is proven to have similar symptoms to those of COVID-19. Common symptoms for both include fever, cough and shortness of breath. Similar to COVID-19, serious outcomes of flu infection can result in hospitalization or death. So, it is important to prevent compounding of these viral infections.

"We are particularly concerned about [keeping this] double whammy, which could put our community at a high risk, from happening," Ora Pescovitz, the president of Oakland University, said. "Also, because both conditions can be mitigated by actions we take, the flu shot really does protect tremendously against the flu."

Though flu viruses are detected in the U.S. year-round, they are most active during fall and winter. Starting from as early as October, the flu season can last as late as March. Studies have found that the flu virus prefers dry and less humid weather conditions, making winter a perfect environment for it to spread. The Centers for Disease Control (CDC) recommends almost everyone ages six months of age and older to get a flu vaccine by the end of October, which is when the spread of the flu starts to increase substantially.

According to Nancy Jansen, director of the GHC, she has been closely working with Environ-

mental Health and Safety Director Cora Hanson, OU Emergency Manager Mike Crum, members of the Infection Prevention Control Committee and the OU administration to ensure that OU follows Gov. Gretchen Whitmer's executive order and guidelines from the CDC.

"These directives have been fast moving and the situation continues to evolve over time as we learn about the infection and the best practices to reduce transmission," Jansen said.

A group effort has been OU's key to success, as it's not only the members of the GHC, but also other faculty, staff, administrators and student ambassadors who are working closely together for the safety of the community.

"One of the reasons why Oakland has had such a good result is because of how hard everybody is working," Pescovitz said.

According to Jansen, getting flu vaccination will not only protect individuals from the flu, but it'll also help reduce the demands on the healthcare system that is coping with COVID-19 cases. This is significant because the flu contributes to tens of thousands of inpatient stays and emergency department visits in the United States each year. Jansen urges students to be thoughtful and cautious this flu season.

"Just imagine that everyone you encounter everyday has COVID," Jansen said. "Then, staying six feet away and wearing a mask (along with hand washing) at all times will make perfect sense. Seriously, no one wants to be the person that gets COVID and spreads it to their grandparent or someone else they love."

To sign up for the flu vaccination or to learn more information, visit the Graham Health Center website or refer to its schedule.

# OU Art Gallery presents ‘Moving Forward’ exhibition through November

**LAUREN REID**

*Staff Reporter*

The Oakland University Art Gallery’s newest exhibition, ‘Moving Forward,’ is up and running until Nov. 22. The exhibition features a number of works — including paintings, sculptures, prints and photographs — done by full-time faculty in the Department of Art & Art History.

“There’s an interesting range of work,” said Dick Goody, chair of the department of art & art history and director of the Oakland University Art Gallery, via email. “There’s some wonderful nature photographs by David Lambert of ‘snags,’ which are ancient trees that provide a habitat for wildlife, Claude Baillargeon has some beautifully poetic photographs of Chernobyl and Cody VanderKaay has some incredibly precise sculptures. [They’re] so well conceived it’s hard to see how they’re made.”

Goody highlighted additional works that will be on display from faculty — Susan Evans, Setareh Ghoreschi, Kimmie Parker, Bruce Charlesworth, Sally Tardella, Goody himself. He has four paintings in the exhibition, among others.

The exhibition’s title, ‘Moving Forward,’ represents life right now, “with everything we’re going through, we have to keep moving,” according to Goody.

For David Lambert, photo/media manager and special lecturer in art, the idea of ‘Moving Forward’ embodies the duty artists have to continue encouraging conversation.

“[In my opinion], the idea of ‘Moving Forward’ embodies the responsibility for artists to continue to

make the work, make the statement and create the conversation,” Lambert said via email. “Especially, at this moment in history, we all need a ‘place’ where we can move into new thoughts, spaces and ideas. The artists’ in this exhibition provide plenty of opportunity for these experiences to occur.”

Those who do not want to tour the gallery in-person have a 360 online tour option.

“I decided that our virtual presence needed enhancements so that if [visitors] didn’t feel [they] could attend the exhibition, [they] could get a very good immersion from the website,” Goody said via email. “We’re working on enhancements for access to the art collection too, which will be unveiled soon.”

Full-time faculty work on projects consistently, some taking many years to complete.

“We always have work in progress,” Goody said via email. “We see our production as something that has to be continuous. If [we] don’t keep working, [we] lose momentum, [we] lose [our] conditioning, so we thrive on the fact that all the faculty are working artists.”

COVID-19 precautions are in place at the exhibit, including masks, temperature checks and social distancing. Only ten visitors are allowed inside at once, and visitors should complete the daily health screening form before arrival.

“Though I will miss seeing a large group of people in the gallery. I think visitors have a rare opportunity to have an intimate, one-on-one experience with all of the pieces while visiting,” Lambert said via email.



SOPHIE HUME | PHOTO EDITOR

The OU Art Gallery, located in Wilson Hall, presents four to five exhibitions a year — with additional information on their website.



SOPHIE HUME | PHOTO EDITOR



SOPHIE HUME | PHOTO EDITOR



# 'The Devil All the Time' — don't take the time



PHOTO COURTESY OF NETFLIX

"The Devil All the Time" premiered on Netflix on Sept. 16. Tom Holland stars as Arvin Eugene Russell, someone struggling to overcome his traumatic past.

## BRIDGET JANIS

Staff Reporter

Netflix released an original movie, "The Devil All the Time" on Sept. 16. This film was better than I expected. With a church and sinners vibe, the film shows how sinners get what they deserve.

The film starts out with young Arvin Eugene Russell (Michael Banks Repeta), who had a rough childhood, living with his mother and father. His mother, Charlotte (Haley Bennett), has cancer and his father, and Willard (Bill Skarsgård) has a terrible temper and a wicked mind. Arvin develops trauma from his parents — he inherits his father's aggression and temper tantrums.

Arvin (Tom Holland) is now older and was taught about knowing when to fight, and waiting for the right time to attack. Arvin has the best intentions, but his aggression really gets the best of him when it comes to people bullying his sister, Lenora (Eliza Scanlen).

One of the twisted sinners of the film was the Reverend Preston Teagardin (Robert Pattinson). He came to be at the church Arvin and Lenora go to, and publicly embarrassed their family. Teagardin was hypocritically preaching about the Lord while performing actions of a sinner by having manipulative sex with women, one being Lenora.

Everyone in the film has their flaws which gets in the way with their relationship with God. There's a couple, Sandy (Riley Keough) and Carl (Jason Clarke), who are serial killers that pick up hitchhikers and photograph the twisted games they play with them. Eventually, Arvin and the couple cross paths.

Arvin does the right things throughout the film, even though some of his actions

might be deemed unethical — they were the right choice, in my opinion. He made sure people would get what they deserved and put his own life at risk.

The husband-wife killers were my favorite part of the storyline, with interesting actions and questionable morals. I almost wish there was more about them throughout the film.

One of the taglines from the film is "some people are just born to be buried," and I felt this was fitting for a film that was all about sinner's actions catching up to them. There is a lot of violence and killing in the film, but it fit the storyline and setting in a not-overbearing way.

The cast was full of well-known movie stars, but their accents were terrible. Pattinson easily had the worst accent attempt out of all the cast. The performances alone were good, but the film felt like it was missing something with those accents.

The timeline of the movie was hard to follow in the beginning, but halfway through the film, the beginning started to make sense. With the beginning going back and forth between characters and years, it can be hard to follow.

Since the movie was developed from a book, I liked the narration and the in-depth qualities it brought. The narration provided details from the book that helped explain the plot and made the film (that was already kinda hard to follow) a little bit easier to understand.

It was a slow moving plot, and there was a lot of build up for some of the character's actions. It was definitely a movie I wanted to see at least one time, though I don't think I would want to go back for seconds.

**Rating: 3/5 stars**

# Netflix's 'Ratched' is worth a rewatch

## EMILY MORRIS

Managing Editor

Netflix's thrillers expanded this September with season one of "Ratched," similar to "American Horror Story" (AHS) with a surreal but less supernatural storyline. Ryan Murphy, creator of AHS, combined Ken Kesey's mid-century novel "One Flew Over the Cuckoo's Nest" — which was turned into a movie in 1975, starring Jack Nicholson — with spooky staple actress, Sarah Paulson.

"Ratched" attempts to unravel the origin story of Nurse Mildred Ratched, a cozening "angel of mercy," while staying true to the canon of the novel, movie and AHS.



PHOTO COURTESY OF NETFLIX

"Ratched" premiered on Netflix on Sept. 18, 2020. Sarah Paulson stars as the "angel of mercy," Nurse Ratched.

"[Nurse Ratched's] painted smile twists, stretches to an open snarl, and she blows up bigger and bigger, big as a tractor, so big I can smell the machinery inside the way you smell a motor pulling too big a load," Chief Bromden said in Kesey's novel, "One Flew Over the Cuckoo's Nest."

But before "One Flew Over the Cuckoo's Nest," Ratched had a dynamic beginning. She shares a horrific childhood with her self-proclaimed brother, and their connection obligates her to protect him, despite his budding psychopathic behavior. She becomes obsessed with finding her brother, leading her to weasel herself into a position at "Lucia State Hospital," a psychiatric ward with an equally gray past.

Paulson may have fallen into this role so seamlessly because it closely resembles "AHS: Asylum." Whether

a scene offers a major turning point or mild foreshadowing, she gives off an eerie yet empowered tone.

For instance, Ratched crinkles open her sack lunch and notices her peach is missing. Her superior, Head Nurse Bucket, smugly bites into the peach. This appears to be a translucent scene, but it's actually a shot at mirroring Paulson's good-hearted character in AHS: Asylum, Lana Winters, with a casual metaphor.

Winters is an LGBTQIA+ character who's in love with a woman but downplays her relationship to avoid discrimination. On the other hand, Ratched is also an LGBTQIA+ character but she avoids discrimination by bottling her true feelings. When Ratched's superior bites into the peach, a feminine metaphor, this is a reflection of society diminishing her sexuality.

"I might be that kind of person — the kind of woman — who enjoys the company of other women," Ratched said.

The entire series is riddled with seemingly simple scenes that actually bridge connections with the inspirations of "Ratched."

With those layers in mind, "Ratched" would definitely be more fulfilling to watch after its predecessors — "AHS: Asylum" and "One Flew Over the Cuckoo's Nest." This movie and series adds depth to "Ratched" in moments that would seem static otherwise.

"Ratched" successfully tied in Nurse Ratched's history, but the finale dropped the ball. These layered stories draw the audience in throughout all eight episodes, yet in the last moment, the suspense faded.

Season two was presented on a silver platter in the finale, which cheapened the attention to detail that was present in every other moment. Thriller audiences simply don't want an obvious next storyline — instead, they want to feel as if they're cleverly unpacking the plot. This is suspense, a thriller essential.

Even with a disappointingly obvious lead into season two, the next season will be worth adding to a playlist. "Ratched" is a must-see for any fan of "AHS" or "One Flew Over the Cuckoo's Nest" to complete the thriller collection. "Ratched" is a classic double-take thriller — the story carefully reflects an initial "angel of mercy" with the eventual "angel of death."

"All I was guilty of, was showing these men mercy when no one else would," Ratched said.

**Rating: 4/5 stars**

## Breonna Taylor decision causes more unrest in U.S.



PHOTO | NICOLE MORSFIELD

### AUTUMN PAGE

Staff Reporter

On Sept. 22, Mayor Greg Fischer announced a state of emergency in the city because of an announcement from the Federal Bureau of Investigations (FBI) in regards to Breonna Taylor.

If you're unfamiliar with Breonna Taylor, she was shot by police inside her home in March, during a raid. Allegedly, the raid was for drugs but none was found.

Compared to most, this case in particular caused a lot of unrest. This is due to the police and Taylors boyfriend, Kenneth Walker, having different accounts as to what happened that night.

Taylor's family filed a wrongful death suit and more information has slowly crept out. This, along with George Floyd, created mutiny in the streets for weeks. The Black Lives Matter (BLM) movement popped off and this is why we see the mayor taking this action.

The downtown area of the city was being shut down to protect demonstrators and those who live and work in the area.

I think differently, as I'm sure other people do. The protests are mostly peaceful, and they only become violent when the police start throwing around tear gas and rubber bullets.

Mayor Fischer said the officials' goal was to ensure space and opportunity for potential protesters to gather and express their First Amendment rights when the announcement was released.

My bone to pick with this entire situation the mayor created is that I thought we all learned that these protests are going to end how they will.

Blocking off an entire area isn't going to do much. If you have police on the

borders of the area, then conflict and violence have a higher chance of breaking out. As I thought, protests continued with the barricades.

Fischer also issued curfews from 9 p.m. to 6:30 a.m., lasting more than three nights.

Now listen, I find curfews redundant because they were never taken seriously. When I was a kid, people I went to school with would say they had a curfew at 11 p.m., but would still be out until 1 a.m.

So trying to give city people a curfew? At 9 p.m.? This has to be a joke. Citizens didn't listen to curfew in Detroit — a city not directly affected, unlike Louisville.

The FBI and court indicted former Detective Brett Hankison on wanton endangerment charges, but not Sgt. Jonathan Mattingly or Detective Myles Cosgrove.

This is both a disappointing and somewhat promising start. At least one person was charged, which is a start. On the other hand, I don't think that satisfied many people.

This caused more protesting in the streets — resulting in 46 protesters in custody and two police officers wounded.

I think that there's no good way to handle these situations, but blocking off places from protestors makes it worse.

Protesters can get more publicity and awareness in a major area like downtown, but when it gets blocked off, they will only try to get there more.

Obviously, I'm not in a place of power, so I can't tell people how to do their jobs or how to run a city. Nor, would I know how to handle this situation, but I don't think this was the answer.

## Cartoons bring LGBTQIA+ representation to all ages

### LAUREN KARMO

Staff Reporter

In Western media, some of the best LGBTQIA+ representation comes from all ages cartoons. Shows like "Steven Universe" and "The Legend of Korra" were able to pave the way for representation even before same-sex marriage was legalized five years ago — and more have added to the mix since.

Shows like "Adventure Time," "She-ra: Princess of Power," "Kipo and the Age of Wonderbeasts," "Gravity Falls," "The Owl House," "Voltron: Legendary Defender" and "The Loud House" have all been a beacon of hope for the younger generation to feel seen and become more inclusive.

As a disclaimer, because of the nature of the topic, some spoilers will be revealed.

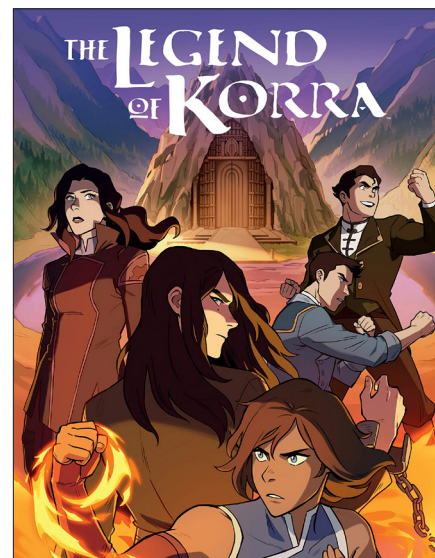


PHOTO COURTESY OF AMAZON Shows like "The Legend of Korra" display LGBTQIA+ representation.

### "The Legend of Korra"

"The Legend of Korra" gets a lot of heat from viewers for not having enough representation — especially considering the final cut of the show never explicitly revealed the nature of the relationship between the main character Korra and Asami Sato. While this may be true, the context the show came out in is important to consider.

With the season finale airing in 2014, the show's creators continually pushed to show a romantic relationship between the two women, but were censored by

Nickelodeon. Despite this, the creators were able to show implicit cues toward their relationship, later confirming both Korra and Asami to be bisexual.

While "Korra"'s representation doesn't stack up well compared to others in its genre, it was a pioneer for its time, and it was able to say a lot with what little freedom they were given.

### "She-ra: Princess of Power"

Premiering on Netflix in 2018, "She-ra" is one of the most progressive children's shows on the platform with its range of LGBTQIA+ characters. Nearly every member of the community is represented in both main and side characters — gay relationships, lesbian relationships, bisexual characters and a nonbinary character using they/them pronouns.

One thing that sets "She-ra" apart with its representation is how natural it's displayed. When viewers meet Bow's dads in episode 2.7 "Reunion," there was never a painful explanation, questioning or coming out sequence. It was as simple as Bow's dads.

This concept is eye-opening compared to the classic "coming out" scenes that dominate live-action media. Being able to see the natural representation of happy and successful LGBTQIA+ characters means everything to the Y7 kids who will not grow up in fear of who they are.

### "The Owl House"

One of the newer shows on the list, this Disney creation just aired its season one finale by confirming the main character, Luz Noceda, is bisexual. Her love interest, Amity Blight, identifies as a lesbian.

Following a classic enemies-to-friends-to-lovers trope, this show is revolutionary, as the first to have a main character as part of the LGBTQIA+ community. Disney is more of a conservative network compared to others like Cartoon Network and Netflix, and as a staple in most households, having a show like this will reach thousands.

"The Owl House" is already renewed for a second season, and many have high expectations for what's to come.

Although there is still a long way to go, representation matters — even more so in children's shows.

While Zillennials didn't get to enjoy shows like these when we were kids, it's nice to turn on some Y7 cartoons, kick back and relax, even as a 20-year-old.

These shows are worth it.



# SPORTS

## Women's golf team begins practicing

**MICHAEL PEARCE**

*Editor-In-Chief*

The women's golf team had their spring season taken from them in March, and is now resuming practicing for the first time in six months.

"We're playing 18 holes two to three times a week and then we practice short game two to three times a week," Head Coach Alyssa Gaudio said. "We're just working on things that we noticed on the course and trying to tighten up all aspects of our game right now."

Despite just beginning practice now, the golf team has the distinct advantage of golf being one of the only sports deemed free to play by Gov. Gretchen Whitmer.

Michigan tournaments still took place over the summer, and most of the team were able to compete in tournaments like any other summer season.

"A lot of them got to play in tournament play all summer, which was awesome," Gaudio said. "This fall there are some organizations within the state of Michigan and other ones that are hosting tournaments for college players so they can play on an individual, one-on-one basis."

The Golf Coaches Association (GCA) has set up two tournaments in Michigan already for the fall, and the Top 50 Junior Tour has set up a college division for the fall, according to Gaudio.

Most golfers will be competing in the fall as much as they can to get ready for the spring competitive season.

Though the spring competitive season is far away, COVID-19 restrictions will inevitably remain throughout the U.S. regarding travel and lodging, which becomes cumbersome for the golf team, considering they travel for every tournament.

In addition to sponsored tournaments, Gaudio and the team will be simulating qualifying rounds to gain a sense of where the team stands.

"The tough part is keeping them motivated as players," Gaudio said. "We'll try making some mini tournaments where half of the team competes against the other half and even doing some match play tournaments to keep it competitive and fun."

From these samples, Gaudio will pick the travel squad to compete in spring tournaments.

"That'll help me get a little base for [the travel squad]," she said. "Then just watching them short-game wise and on the range just to see where they're at from the summer to see what we can improve upon."

With less competitive tournaments against other schools, the competitive nature of the tournaments will be different, whether they are within the team or through other organizations.

"When we go out and play with just our team, it is slightly different than a tournament," Gaudio said. "One of two things can happen — you can be more focused because you want to play well, or you could be less focused because it's your friends and you're out there having a good time."

Recreating that tournament environment where "every point counts," according to Gaudio, is the hardest part about not having normal tournaments.

"That's the hardest part about not having tournaments — not taking it out there in competition against other players and other teams to really see how we're improving and how we're doing player-by-player," she said.

Even though the spring season is months away, there is still uncertainty regarding the season. However, with other sports going on, the golf team has hope their season will take place on time.

"It's a little bit of a waiting game, but I feel pretty positive about it and that should be pretty good for us," Gaudio said.



PHOTO COURTESY OF OU ATHLETICS  
Coach Alyssa Gaudio and the golf team have begun practicing again.

 Information courtesy of the Oakland University Counseling Center

## MENTAL HEALTH TIPS DURING COVID-19



### 1. It's okay to not be okay

Take a break, mental health is just as important

### 2. Be flexible and adaptable

Accepting change makes it easier to deal with

### 3. Know your limits on news consumption

Balance is key, keep your consumption healthy

### 4. Write three things you're excited about each morning

Give yourself something to look forward to

### 5. Write three happy things about your day at night

Even the smallest things count

### 6. Routine is king

Focus on the things you can control

### 7. Connect with others creatively

Social media, video calls, online parties

### 8. Daily self-care

Exercise, relaxation, pet therapy, journaling

### 9. Acknowledge the grief we're experiencing

Loss of loved ones and of our old lives/routines

### 10. Know your resources

Call OUCC at 248-370-346, talk to friends/family

# Esports teams compete in tournaments for the first time

**MICHAEL PEARCE**

*Editor-in-Chief*

All three Esports teams competed for the first time starting on Saturday, Sept. 19 after practicing, scrimmaging and competing in show matches.

The League of Legends team competed in the HUE Invitational, the Rocket League team competed in the Collegiate Rocket League (CRL) Qualifiers and the Super Smash Bros. team competed against Eastern Michigan University (EMU) in a show match.

## League of Legends

The League team faced off against three teams, including a two-time national champion in Maryville University. The new Golden Grizzlies team had a few weeks to prepare for a team that had years of team-building experience.

"We've been hearing about these teams since we entered college," Kealan McCutcheon said. "You kind of look at it like a movie — you've heard about these teams all your life and you're going up against them now."

Despite losing all three games in the HUE Invitational, Head Coach Carl Leone saw positives from his team's performance.

"The HUE Invitational is a very prestigious League of Legends event," Leone said. "It's probably the second biggest event of the year. What it did for our team is that it kind of inspired us to get to that level ourselves."

For about 20 minutes, the Golden Grizzlies were leading Arizona State University (ASU) but eventually lost. Leone and the ASU coach were both impressed with Oakland's performance.

The main difference between Oakland and the other schools was simply time.

"I felt as a team we performed really well for how long we've been together," McCutcheon said. "These teams we were up against have been together for a couple years or more, practicing all summer long. We practiced two weeks and then went to the tournament."

The League of Legends team competed in qualifiers on Tuesday, Sept. 29 to fight for seeding in the Collegiate League of Legends tournament. They also competed in the Michigan Esports Conference tournament on Monday, Sept. 28.

## Rocket League

The Rocket League team competed in the CRL Qualifiers, finishing with a 3-2 record. The team won their first three matches, then dropped a pivotal fourth match to the University of Michigan, 3-1. After losing to UM, they dropped the final match 2-1 to Kent State University.

"The CRL qualifiers are very difficult to get in to qualify," Leone said. "I think it's 352 teams competing and only eight spots available."

With so few spots available, the team would have to be near perfect to qualify. Leone believed the performance on Sunday, Sept. 20 was not the peak the team could be at.

"U of M is one of the teams we lost to on Sunday, and that's the team we're very familiar with," he said. "I think last Sunday, our showing was not the cap of our potential — I think we can go a lot further than that"

Eddie Azzam, Rocket League player, believes the first round of qualifiers better prepared the team for the future.

"After not being able to qualify, we got a little bit down on ourselves," Azzam said. "I think right now, our heads are in a better space, and we're more prepared."

The most important aspect Azzam took away from the first round of qualifiers was mental fortitude and toughness.

The team met with their sports psychologist to prepare for future competitions.

"I feel like we can definitely give it our best and prove to everyone at Oakland that we are here to be a force in the east," Azzam said.

The Rocket League team competed in the second round of CRL Qualifiers on Sunday, Sept. 27, dropping two of their four matches.

## Smash Bros.

While the Smash team did not have an official tournament or set of qualifiers to compete in, the team still gained experience against EMU.

In the end, Oakland came out on top in their one-on-one round robin tournament against the Eagles, 5-4.

The challenge for Oakland was the match taking place online. The Smash team was recruited based on their in-person skills.

"There's a big difference between the players playing in a local offline tournament as opposed to an online tournament," Leone said. "There's some lag there and so there's significant changes in the strategy when you're playing online and when you're not playing online."

Due to COVID-19 restrictions, the team was forced to play online. EMU's team was accustomed to playing online, which led to a close-fought match between the two squads.

"I think it was a good showing and I think it's promising that we took the match — although it was a lot closer than I had hoped," Leone said.

The Smash team and Leone are looking for more events to come out around Michigan to compete in.

# The Oakland Post is looking for *SPORTS REPORTERS*

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Send three writing samples of any kind and a resume





# Himbos are the superior breed of man

**LAUREN KARMO**  
*Staff Reporter*

After seeing the “Da Vinky?” video this past week, I have only solidified the idea that himbos are, in fact, the best group of men on planet Earth. Step aside jocks and simps, the himbos are here to stay.

For those who may not be as familiar with the himbos, imagine a Venn diagram with three overlapping circles — hot, dumb and respects women. A himbo is a man who falls in the centerfold. If he is just dumb and respects women, he’s a simp. If he is hot and dumb, he’s a fuckboy. If he is hot and respects women, he’s a unicorn and probably hiding something. Himbos are the ideal combination of all three.

While I haven’t always been able to put a name to it, himbos have always been the highlight of my day. My best friend is a himbo, and I love him dearly. There’s nothing more refreshing than a happy-go-lucky, smiley boy — head empty, no thoughts.

Himbos are the perfect platonic pairing to an overthinking yet powerful woman. While she deep dives into whatever is on her mind that day, he just sits there and listens, only occasionally speaking up to ask about what’s for lunch. It’s a trope that will never get old.

Himbos are the men I don’t mind seeing on T.V. — Nick from “New Girl,” Jason from “The Good Place” and, of course, Kronk from “Emperor’s New Groove.”



PHOTO COURTESY OF GQ MIDDLE EAST  
These Himbos represent the purest form of man alive.

Kronk really supported Yzma so well. He was willing to kill Kuzco — who lowkey deserved it — but was just too dumb to actually do it right. Not to mention the muscles. He was the blueprint.

The prime example of classic himbos are the “Da Vinky” boys. With their four inch hair poofs and inability to recall the number of days in a year, they really just make me feel at home, you know?

Dear readers, all week I cannot stop thinking about the Da Vinky boys. I have watched that TikTok at least twice a day since it first came across my “For You Page.”

I have sent it to nearly everyone in my contacts, I even found the follow-up videos where they say Earth is the closest planet to the Sun because it’s so hot. They aren’t wrong. It is hot.

They’re just free. Ignorance is truly bliss — what I would give to just go through my daily routine without a care in the world and so confident in my life.

As we get closer to the election, everything has become so dominated by politics, but I think it’s time we take a step back and consider who we want to spend our energy on. Himbos are the lifeblood of this society — we would truly be nowhere without them. Get rid of Joe Biden and Donald Trump. We just need squirrel-chasing college boys.

We as a society have progressed past the need for any other type of man. It’s himbos or bust, no question about it.



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