

Fighting the Flu at OU

Graham Health Center takes the lead, with support from the School of Nursing, Alanna's Foundation and OUCU to prevent cases of the flu on campus.



A School of Nursing student prepares to give the next flu shot.

📅 September 26, 2019

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The Graham Health Center is again leading the campus effort in providing flu shots to the Oakland University community in hopes for a healthier, happier upcoming flu season.

“We have scheduled several flu clinics around campus this fall and also provide walk-in flu shots at the Graham Health Center Mondays through Fridays,” said Nancy Jansen, nurse practitioner and director of the Graham Health Center. “We appreciate the support of the Oakland University Credit Union and Alana’s Foundation for helping us fund more than 300 flu shots for students without insurance.”

Jansen added, “We will also be participating in the national Campus Flu Challenge again this year and encourage our students to get vaccinated and report it so that OU is recognized as a flu shot leader.”

Whether getting a flu vaccine on campus, at a doctor’s office or a drug store or clinic, everyone vaccinated is eligible to [submit their information through this self-reporting link](#).

Graham Health Center staff members are also being supported at the campus flu clinics by Stephanie Vallie, RN, MSN, special instructor in the School of Nursing and several nursing students who will help administer the vaccines.

Upcoming flu clinics on campus include:

- Monday, Sept. 30 10 a.m. - 11:30 a.m. Hillcrest Hall
- Thursday, Oct. 10 Noon to 1:30 p.m. outside Vandenberg Cafeteria
- Wednesday, Oct. 23 10 a.m. - 11:30 a.m. near OU Credit Union in Oakland Center
- Wednesday, Nov. 6 3 p.m. - 4:30 p.m. near OU Credit Union in Oakland Center
- Monday, Nov. 18 10 a.m. - 11:30 a.m. near OU Credit Union in Oakland Center
- Tuesday, Dec. 3 9 a.m. - 10:30 a.m. Kresge Library

Why participate?

Each year, many young adults in Michigan will get sick, miss class or even die from the flu. Last year, only 13 percent of college-age residents between the ages of 18-24 were vaccinated in the state of Michigan. The good news is that was up 0.8% over the prior year and we have seen a 5-year trend of increased vaccination rates in the state among this age group.

For more information about the flu vaccine availability or to schedule an appointment, email health@oakland.edu or call (248) 370-2341.