

Medical Library

Medical Library NEWS

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Newsletter Archive

October is National Medical Librarians & Health Literacy Month



National Medical Librarians Month annually recognizes the valuable contributions of medical librarians to teaching, research, clinical care, and community engagement. This year's theme emphasizes our role in addressing health inequities.

October is also <u>Health Literacy Month</u>, reminding us of the need to communicate clear, understandable health information for all. The Medical Library has been busy promoting our health information expertise

to our on-campus and local communities through online venues this year.

9th Annual Bone Marrow Donor

Registration Drive The Medical Library is proud to lead our annual drive virtually this year in support of Be the Match through a <u>Virtual Medical School Challenge</u> with other







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November 15. This year emphasizes the need to diversify the registry and increase the odds of finding a match for underrepresented patients.

To join the registry, visit join.bethematch.org/MSOUWB OR text MSOUWB to 61474. Eligibility criteria includes being between the ages of 18 and 44 and meeting the medical guidelines. Fill out the registration form and a swab kit will be mailed to your current mailing address. Be sure to complete and return the swab kit to Be the Match by November 15 to be counted for the school challenge!

For even more information on bone marrow donation, see Stephanie Swanberg's October 23 interview on Civic Center TV.

Special thanks to Michele Jasukaitis, Andrew Dieterich, and Lauren Chopski for their dedication and leadership in moving our cause online this year! The annual drive is a joint effort of the Medical Library, OUWB Student National Medical Association (SNMA), OU Cancer Awareness Society, Be the Match at OU, and OUWB Diversity & Inclusion.







Auburn Hills Public Library (AHPL) Health Literacy Partnership Our ongoing partnership to promote health education and literacy in the local commnity with AHPL remains strong as our joint programming has transitioned online and in the form of take home craft kits!

- Take & Make Craft Kits for Families In our outreach to K-5th graders, health-related craft kits have been integrated into the AHPL Take & Make program. Two kits have been created to date with the help of student volunteers from the Lifestyle Medicine Interest Group: 1) the digestive tract, using playdoh to mold the various organs of the gastrointestinal system with an accompanying instructional video created by M2 student Anna Bruins; and 2) build-your-own-skeleton paper craft with an instructional video reviewing bone facts by M2 student Sukhmani Singh.
- Ask a Doc Virtual Program In this interivew style Q & A program held on October 20, Dr. Ida Rubino, Assistant Professor in the Department of Family Medicine at OUWB, provided expert advice to parents regarding COVID precautions, back to school safety measures, holiday recommendations, and the importance of continuing health maintenance activities. Stephanie Swanberg chimed in during the session with quality online health information resources. The session was streamed live, and the recording is now available on AHPL's social media with over 80 views to date!

Medical Library Hybrid Services Continue!

The Medical Library continues our hybrid service model with our physical study spaces open while our services remain primarily <u>virtual!</u>

Kresge Library Building Hours & Policies: Kresge Library's building hours remain Monday - Friday, 7:30am - 11:00pm, and Saturday & Sunday, 10:00am - 6:00pm. As you enter the building, you will now swipe your GrizzID card at the card reader installed at the entrance and see a current library occupancy number displayed on the front monitor.

As you study in the library, we truly appreciate your continued efforts in wearing your mask at all

times, maintaining 6 feet from others, and washing your hands frequently.



Virtual Reference & Research Consultations: Reach out to us online for any questions related to our resources and services while studying, teaching, and conducting research by:

- Dropping by our Virtual Library Office Hours, Monday Friday, 11am 12pm on Google Meet
- Emailing us directly
- Signing up for a one-on-one virtual consultation using our Librarian Appointment Calendar
- Attending Social Time with your Personal Librarian to connect with fellow students and learn about library resources. Check your email for more information!

Student Corner

Library Building Hours Over Thanksgiving Holiday Kresge Library, including all Medical Library spaces, will have the following hours over the Thanksgiving holiday weekend:

- Wednesday, November 25: closes at 11:00pm
- Thursday, November 26: CLOSED
- Friday, November 27: CLOSED
- Saturday, November 28: reopens at 10am and normal hours resume

Have a safe holiday! For current library hours, please visit the Hours webpage.

New Additions to Our Collection

Check out the <u>July - September 2020 New Titles</u>
<u>List</u> featuring our latest eBooks and print books including:

- <u>Current Medical Diagnosis & Treatment</u>
 <u>2021</u> [eBook]
- Deep Medicine: How Artifical Intelligence Can Make Healthcare Human Again by Eric Topol (2019).
 Available for checkout - KL R 858 .T658 2019 or request via contact-less pick-up.
- Just Medicine: A Cure for Racial Inequalities in American Healthcare by Danya Bowen Matthew (2015) [eBook]
- Literatim: Essays at the Intersections of Medicine and Culture by Howard Markel (2020). Available for checkout -

KL R 858 .T658 2019 or request via contact-less pick-up.



Honoring Veterans Day



Veterans Day is November 11

In honoring the service, sacrifices, and stories of our military personnel and veterans, the Medical Library presents books and eBooks from our collection as well as free, quality online information resources on veterans health.

Books & eBooks:

- Crossings: A Doctor-Solider's Story by Jon Kerstetter (2017). Available for checkout -Kresge Library 3rd Floor DS79.76 .K465 2017 or request for contact-less pick-up.
- The Last and Greatest Battle: Finding the Will, Commitment, and Strategy to End Military Suicides by John Bateson (2015). Available for checkout - Kresge Library 3rd Floor HV 6545.7 .B37 2015 or request for contact-less pick-up.
- Post Traumatic Stress Disorder and Related Diseases in Combat Veterans by Elspeth Cameron Ritchie (2015) [eBook]
- Trauma Red: The Making of a Surgeon in War and in America's Cities by Dr. Peter Rhee and Gordon Dillow (2014). Available for checkout - KL 3rd Floor R154.R384 A3 2014 or request for contact-less pick-up.
- Until Tuesday: A Wounded Warrior and the Golden Retriever Who Saved Him by Luis
 Carlos Montalvan (2012). Available for checkout KL 3rd Floor HV 1569.6 .M56 2011 or
 request for contact-less pick-up.

Videos:

- The Invisible War (1 hr, 39 min) Academy Award nominated documentary on sexual assault in the miliary. DVD available for checkout from KL 2nd Floor DVD-4748 or request for contactless pick-up.
- Service: When Women Come Marching Home (56 min) documentary explores PTSD in women veterans. DVD available for checkout from the Kresge Library Checkout Desk - DVD 4750 or request for contact-less pick-up.
- The Veterans' Project (1 hr, 25 min) "Stories of veterans and healthcare professionals are
 woven together to reveal the uphill battle most combat and service-wounded veterans face
 when navigating the complexities of military, VA and civilian healthcare systems." Available to
 watch on YouTube.

Online Resources:

- MedlinePlus.gov Our #1 recommended website for free, trusted health information has a
 <u>Veterans and Military Health webpage</u> dedicated to topics related to the physical, mental, and
 emotional health of our honored veterans.
- National Alliance on Mental Illness <u>Veterans and Active Duty</u> provides advice and links to resources for active military personnel and veterans on mental health issues.
- National Center for PTSD From the U.S. Department of Veteran Affairs, this website
 provides information for both the public and healthcare professionals on PTSD including
 overviews of the condition, recent research and publications, and links to open courses,
 videos, and toolkits.

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Questions? Comments?

Contact Stephanie Swanberg, Editor, Medical Library News at swanberg@oakland.edu

Oakland University William Beaumont School of Medicine Medical Library

Kresge Library, Room 130 100 Library Drive, Rochester, MI 48309-4479

(248) 370-3776 medref@oakland.edu medlib.oakland.edu



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