

Friday, March 12, 2010

Are you Ready for Swimsuit Season?!!

Let the Oakland University help you get in shape for summer with our great Alumni Association member discounts!

Let the Oakland University Recreation Center help you get in shape for summer! Alumni Association Members can commit to a healthier lifestyle by joining the **Oakland University Recreation Center**. Annual memberships for OUAA members are just \$440 annually. Discounted family rates are available. If you just want to try out the facility, four (4) month memberships are only \$165, and a 1 month pass is just \$45 for members of the OUAA. Membership fees cover the cost of over 20 group exercise classes, which require no registration. All members can enjoy the use of the entire facility from the fitness and free weight room, indoor track, racquetball and squash courts, 3 court basketball gym, and Olympic size pool. Members can relax in the hot tub, or enjoy discounts on massage therapy. Do you need motivation to work out and be healthy? We now offer Individual and Buddy Personal Training, Group Personal Training classes, Private Swim Lessons and Specialty Classes passes. Our Specialty Class Passes are just \$12 and get you in to all of our Summer Yoga and Pilates classes!

****Membership Promotions for the month of May only! Buy a new four month or annual membership, and receive two (2) free guest passes to bring family and friends!***

We invite you to stop by today for a tour. For more information call 248-370-2663 or e-mail taylor4@oakland.edu or visit our www.oakland.edu/campusrec.

Only one promotion per household membership. Promotion ends at close on May 31, 2010. Guest passes expire June 30, 2010.

SUMMARY

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