





**CAMPUS PROFESSOR VONK TALKS APE RESEARCH** LIFE NEW CLUB PROMOTES COEXISTENCE

SPORTS Q & A WITH FOOTBALL COACH MANFRONI

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## thisweek

September 18, 2013 // Volume 40. Issue 4



#### ontheweb

Man on the Street: Find out what Oakland University students think about Greek Life, and let us know your opinion.

www.oaklandpostonline.com



**HEADLINE GOES HERE** // Students Tay Anderson and Jonathan Ngoyi hold up a free flying disc from the Student Program Board, given out at the Board's annual carnival. The Carnival was part of Oakland University's many Welcome Week events, including games and food, plus a screening of the movie "(500) Days of Summer." The event culminated with the annual Pig Roast. *Photo courtesy of KYLER JOHNSON, OUSC Legislator* 

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#### KICKING IT OLD SCHOOL

Oakland Univeristy Women's Soccer won 2-1 against Northern Kentucky Univeristy last Friday, Sept. 13. The team will play Indiana-Purdue Univeristy Fort Wayne Sept. 21.



#### ONE TRUE RING

Two graduates from the first charter class are about to celebrate their 50th wedding anniversary. Find out how the sweethearts met, and how they spent their time together at OU.



#### **GILDED BY VOICES**

Oakland's acapella group Gold Vibrations held auditions to find new members Sept. 11 and 12. Potential members had to sing a verse and chorus of a song.

#### **POLL OF THE WEEK**

What do you think of Greek Life at Oakland University?

- A I'm in a Greek Org and I love it.
- B I'm not in a Greek Org, but I like it.
- c It's a stupid tradition.
- D I'm just not interested.

Vote at www.oaklandpostonline.com

#### LAST WEEK'S POLL

What do you think of OU's temporary parking situation?

A) It's actually better than last year

10.5%

B) I don't really notice a difference

10.5%

C) It's worse than last year

75.4%

D) I don't park on campus

350

#### THIS WEEK IN HISTORY

#### **SEPTEMBER 18, 1980**

Officials said OU students defaulting on loans had increased to 18 percent. Business Affairs Accountant Supervisor Ronald Maierle said part of the problem was not being able to refuse loans.

#### **SEPTEMBER 21, 1972**

Oakland security attempted to derail potential criminals by closing all entrances at night, excluding a main entrance off of University Drive.

#### **SEPTEMBER 16, 1966**

Director Joy Korinek announced a need for funds for a prospective Oakland FM station. Expenses were estimated at \$8,000 for studio equipment, an antenna tower and establishing a studio area.

BY THE NUMBERS

414

OU students are in Greek Orgs

3%

of OU students in Greek Orgs 18

Greek Orgs are on campus

4

number of Greek Councils that different orgs belong to

25

minimum GPA to be in a Greek Org

#### STAFF EDITORIAL

### The cost of online education

Georgia Tech is now offering a Master of Computer Science degree, available as a series of "Massive Open Online Classes," for a total of \$6,600, according to an article on Slate.com.

A traditional master's program costs \$45,000 from Georgia Tech, according to the article.

At 36 credit hours and \$617.50 per credit hour, a master's program at Oakland University costs \$22,230 not including books or transportation.

At the same ratio, Oakland University could compete with Georgia Tech, offering its own program at roughly \$3,260.

But whether online or in-person, credits still cost the same amount at Oakland University.

The benefits of having online students are patently obvious. Online students don't require housing, parking, restrooms, classroom space or other amenities. They use little-to-no oncampus resources.

If Oakland University truly is a nonprofit public university, wouldn't its administration have a vested interest in providing the lowest possible tuition for the highest level of students? A "MOOC" would allow this to happen.

Of course, there would be drawbacks to Oakland University offering massive online classes as well. A student paying only 14.5 percent tuition wouldn't

#### **Corrections Corner**

The Oakland Post corrects all errors of fact. If you know of an error, please e-mail oakpostmanaging@gmail.com or call 248.370.2537. You can also write us at 61 Oakland Center Rochester, MI 48309.

#### Letters to the Editor

Writers must provide full name, class rank, phone number and field of study. Please limit letters to 250 words or less Letters may be edited for content, length "For students whose only connection to OU is the occasional login to Moodle or an email, perhaps Oakland University should consider lowering the cost a little."

really be able to provide the school with the necessary revenue to construct additional buildings, advertise in professional sports games or pay large severance packages to outgoing administrators.

Tuition at public four-year universities has grown an average of 3.9 percent annually, according to collegeboard. org, and doesn't show signs of stopping.

And as much as undergraduates struggle with rising tuition rates, graduate students often see higher prices per credit hour.

At Oakland Univeristy, instate graduate-level tuition is \$617.50 per credit hour, compared to \$386.75 for undergraduates - over one and a half times the cost.

Other Michigan states have similar tuition structures. Michigan State University costs \$428.75 per credit hour for undergraduates, but \$621.25 for graduate-level students.

In other words, sity, that pretty much disappears at the graduate level.

The price differential between getting a master's degree at OU and one at

MSU is the cost of a few trips to a fast food restaurant.

Lowering the cost for online students would not only raise Oakland University's profile, but also give it a competitive edge against other colleges.

Online classrooms have changed the face of education, but tuition rates remain unchanged in most colleges whether students are online

In addition, out-of-state students pay higher tuition rates at OU, even if they never set foot on campus.

It's understandable that non-Michigan students don't receive the same state tax abatement that residents do if they're taking up classroom space.

For students whose only connection to OU is the occasional login to Moodle or an email, perhaps Oakland University should consider lowering the cost a little.

Change doesn't happen overnight. But whenever Oakland University spends money on a new building or structure, the first thing we hear is how OU needs to be competitive with other schools

Shouldn't they try to compete with online tuition as well?

The staff editorial is written weekly by members of The Oakland Post's editorial board.



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Address 61 Oakland Center,

Rochester, MI 48306

Phone 248.370.2537 or 248.370.4268

Web www.oaklandpostonline.com

Email editor@oaklandpostonline.com

#### editorial board

#### **Scott Wolchek**

editor@oaklandpostonline.com 248-370-4268

#### **Brian Johnston**

Managing Editor managing@oaklandpostonline.com 248-370-2537

#### sections

Victoria Craw News Manager

Jake Alsko Sports Editor sports@oaklandpostonline.com

#### reporters

Kevin Graham Staff Reporter Kailee Mathias Staff Reporter Chris Peralta Staff Reporter LeeAnn Brown Staff Reporter Ali DeRees Staff Reporter Dave Cesefske Staff Reporter Katie Winkler Staff Reporter Kaylee Kean Staff Reporter

Ellen Searle Staff Intern Nadia Marinova Staff Intern Nick Vitale Staff Intern

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Andrew Greer Distribution

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#### advising

**Holly Gilbert** Editorial Adviser 248.370.2848

Don Ritenburgh

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## Student speaks suicide prevention

uicide. It tends to be a topic that a lot of people avoid. I am not one of those people. It's not like I'm studying clinical psychology either. I am simply a normal student, whose life just happens to be impacted significantly by suicide.

My story begins at age 12. It was a dark time with what seemed like no light anywhere in sight. Bullied by my peers and rejected by my family, suicide to me was an escape from all of the pain; I thought that literally dying would be better than the hell I was stuck in. I was so close to committing the act, that it is a miracle I am still alive. My miracle was a fellow classmate who decided to simply say "hi" to me on the day I was going to go home and end it all. This simple gesture gave me a small light in all the darkness: hope. So I was alive, but barely. I was psychologically a train wreck. Still suicidal, depressed, irrational and so afraid of people because of the power they had over me. That all changed when I was 16.

It was when I was 16 that I met the most important person in my life. His name was Jake. We immediately connected over our love for music, Batman, Gene Kelly and our pasts. He was the only other person I had ever met that had to grow up at such a young age because of some sort of darkness that inhabited life.

I wasn't alone anymore.

Jake quickly became my everything. He was my hero, best friend and my boyfriend. He had a knack for changing the lives of everyone he came in contact with, including mine. He had taken all of the years of abuse that he had suffered through and built up an amazing life for himself: 4.0 student, captain of the swim team, drum major in marching band, third ranked flute player in the state of Michigan for his solo ensemble, the list goes on and on.

He inspired me, completed me and filled me with hope.

Over the next two years, Jake and I ended our relationship. We grew apart after that, but that didn't last long. He soon again became my best friend, and he never stopped being my hero. I even wrote an oral history on him my very first semester of college.

Then that day happened. March 22, 2012. I had just finished up my classes for the day and headed to one of the computers in the Oakland Center. I promptly logged on to Facebook and

scrolled through my news feed.

Then I saw it, a status from Jake's Facebook page. That is how I had found out that my best friend was dead.

A few more minutes on the Internet revealed that he had committed suicide. Words cannot even begin suffice the effects this had on me. I broke. The person who meant the absolute most to me was gone.

He died March 19th, 2012, after his school expelled him for "stealing" a laptop, and no one bothered to tell me for three days.

Everything seemed so surreal. I had a text conversation with him the night before his death. Surely he couldn't be gone. I tried to convince myself this wasn't reality.

I lost all stability and rationality in life: I wanted to die, my relationships with those around me suffered and I couldn't go five minutes without breaking down in tears.

Everything reminded me of him even the sight of the bat symbol would send me on extreme downward spirals. All of my thoughts revolved around the fact that I would never see Jake again, and that I lost the best person I ever knew.

I went back to that dark place I was in when I was 12. My hero was gone, by his own accord, and I could not handle that.

I honestly don't even know how I got through the ordeal. I suppose this is where the "time heals all" phrase comes into play. After a year and a half, some stability has come back into my life.

I still think of Jake every day, actively advocate against child abuse and try to tell his story to everyone I can, in hopes of preventing something like this from happening to others. He is still my hero, and he still inspires me to help people and get my own life on track, maybe even more so now that he's gone.

Coming to terms with losing someone to suicide will never be easy. The ramifications it has on the loved ones of the victims cannot be expressed. Nor can the pain of acceptance, and growth, be extinguished because of time.

I am still recovering from Jake's death, and although everything about the situation causes me pain, I am trying to use it in the most posi-



tive way I can. A year and a half later, and I still can't visit his Facebook, or his grave, and even writing this has brought me to tears. I am still so broken.

Except now I can help people that are going through the same thing, and can maybe even prevent this from

happening in the first place.

Please, if you know people who are considering suicide, help them, or maybe it's you reading this. There is always someone that cares and is willing to help. Choose life for yourself and for those who care about you.

In memory of Steven Jacob Jahn.

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### Campus

### Orangutans tested for abstract thinking ablity

Associate Professor Jennifer Vonk tests orangutans' ability to think in the abstract by identifying species

Kailee Mathias Staff reporter

ennifer Vonk, associate professor of psychology at Oakland University, discovered that apes are able to recognize similarities in species.

Her discoveries were published in the Sept. 10 edition "PeerJ," a peer-reviewed academic journal.

Her studies began when she worked with Suzanne MacDonald, a behaviorist at Toronto Zoo.

Vonk focused her study on orangutans.

"I've collected photos of them [orangutans] since I was six years old, so it was really exciting to get to work with them," Vonk said.

Vonk ran several tests

on orangutans and gorillas.

She intended to see if the apes were capable of abstract thought.

"An animal, lives, breathes and reproduces," Vonk said. "We wanted to see if they could realize it's more than physical appearance."

#### The procedures

It took Vonk two years to complete her first study with six orangatans.

The test, she gave the orangutans, was a two-choice procedure.

The screen was filled with two pictures, one side would be a human and the other an orangutan. They were asked to pick which was an orangutan.



They were also given a sample and chose which of the two on the screen matched the relationship of the shape and color of their sample.

The orangutans had 70 percent accuracy.

"Having worked with

gorillas, orangs, chimps and some other apes to me the orangutans were the most thoughtful and calm of the apes," Vonk said.

#### Age of the apes

Vonk noticed a generational difference in the eagerness of the orangutans to perform. The two older orangutans in their 40s took longer to train, but for different reasons.

Vonk recalled that Abby, the oldest female, scraped the same side of the screen for 18 months and suddenly began identifying species with 90 percent accuracy.

"It's almost like she knew all along what she was supposed to do but she didn't cooperate until she was ready," Vonk said.

The younger orangutans would get very anxious and excited when waiting for their turn.

"They'd get so excited they'd projectile

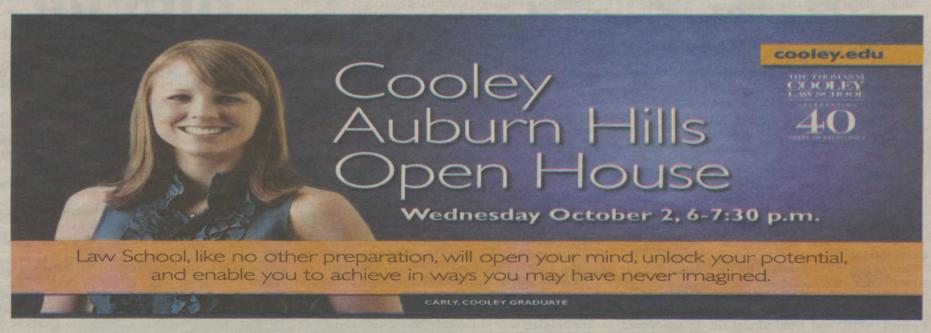
vomit or poke me with sticks while waiting their turn," Vonk said. "Molek, the other male, would do summersaults and then sit right in front of it with his finger out and ready to go."

Vonk said their reactions to testing really helped them to understand the individual orangutans' personalities.

"Orangutans normally won't look you in the eye. Abby had no problem looking you in the eye and sizing you up," Vonk said.

Vonk is currently working with the Detroit Zoo and teaching research methods at Oakland University.

Contact Staff Reporter Kailee Mathias via email at kmmathia@oakland.edu



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## The rush is on for greek life

Campus fraternities and sororities to hold formal recruitment sessions during the upcoming week

Victoria Craw News Manager

Greek life is growing at Oakland University. With 18 sororities and fraternities, more students than ever are joining.

From 2008 through Winter 2013, the number of students in Greek life increased from 230 to 414.

That's roughly 3 percent of undergraduate students.

#### Councils

The 18 Greek organizations are divided into four councils: College Panhellenic Council, Interfraternity Council, National Pan-Hellenic Council and Multicultural Greeks.

#### Grades

Oakland requires each sorority and fraternity to maintain a semester cumulative GPA of 2.5. The Center for Student Activities released a Winter 2013 grade report for all of Greek life. Their overall GPA for that semester was 2.91. The overall GPA for all undergraduate students was 2.92.

#### Philanthropy

All sororities and fraternities must choose a local philanthropy, in addition to their organization's national philanthropy.

Multicultural sorority Zeta Sigma Chi's national philanthropies are the Ronald McDonald House and National Association for Multicultural Education, according to chapter President Samantha Sokoll. Their local philanthropy is Gleaners Food Bank.

Gamma Phi Beta supports Girls on the Run and hosted a 5k this summer at Oakland. They also run the Crescent Classic each year, raising thousands of dollars for local charities. For 2013, they chose to donate their funds to Camp Ohiyesa and HAVEN, a domestic violence victims shelter with locations in Oakland County.

#### Housing

Greek Row is home to three sororities and one fraternity: Phi Sigma Sigma, Alpha Delta Pi, Alpha Sigma Tau and Sigma Alpha Epsilon. It is located across from the Oakland on Adams Road.

#### Recruitment

Formal sorority recruitment for the College Panhellenic Council runs Sept. 19-22.

An orientation took place Sept. 15 at the Oakland Center. All nine sororities from the College Panhellenic Council, NPHC and Multicultural Greeks introduced themselves to potential new members.

Formal recruitment later this week includes the four sororities from the College Panhellenic Council: Alpha Delta Pi, Phi Sigma Sigma, Gamma Phi Beta and Alpha Sigma Tau. Those interested in NPHC or Multicultural Greeks were encouraged to email each sorority following the orientation.

Potential new members are broken up into groups led by Rho Gammas, the council's recruitment team. Each Rho Gamma is a member of Panhellenic sorority, but gives up her affiliation so that she can objectively lead



her potential new members into a sorority that matches them.

"We try to encourage them to make their own selections," said vice president of recruitment for the Panhellenic Council, Erin Chatten.

Information night will be Sept. 19. Potential new members will meet with their Rho Gammas and go to a 30-minute information session with each sorority. Sororities will discuss their letters, their colors and their dues, which range from \$250-500 per semester. At the end of the night, potential members rank their three favorites and a fourth they don't like. Dress is snappy casual.

Philanthropy Night is Sept. 20. Potential members will learn about the charities of the their top three sororities. This group will list their top two at the end of the night. Dress is business casual.

Preference Night is Sept. 21. PNMs are invited to hourlong parties hosted by each sorority that is interested in them. At the end of the night, PNMs list one or two sororities that they'd be willing to accept a bid from. PNMs should wear "dressy" attire.

"If they're willing to invite you to their Preference Night party, it means that they can see you in their sorority," Chatten said.

Bid Day will be Sept. 22. PNMs will receive a bid invitation, if a sorority has chosen to extend them one.

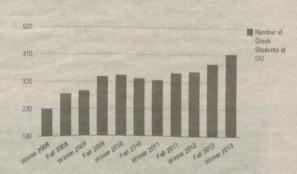
"It's like watching kids open Christmas gifts," Chatten said of the girls finding out which sorority they've been invited to join.

The bid class then introduces themselves one-by-one in the Gold Rooms in front of all the chapter members. The Rho Gammas will then reveal which sorority they belong to.

Not everyone receives a bid, however.

"Some people do get cut from all the chapters," Chatten said. "It honestly doesn't happen that often. I mainly try to tell people to keep an open mind and be themselves."

Fourth-year student Shana Frontiera is rushing for the first time at Oakland. She has two more years to complete her Health Sciences degree.



"I figured it's about time to get more involved on campus," Frontiera said. "The past few years I really have just been commuting to go to class."

Frontiera went to the Orientation Sept. 15 and came out excited.

"I can't wait (for formal recruitment)," Frontiera said.
"I'm excited to look at each chapter and get a better feel for the ones of my interest."

For those interested in joining fraternities, the process is a bit different and less formal.

"You contact those fraternities individually," Chatten said. "They rush on an individual basis."

That includes all five fraternities from the IFC and four from NPHC.

Theta Chi's President Jordan Hrynik describes his fraternity's recruitment:

"Our rush process begins with a bid process where the chapter decides on prospective members to extend bids to. Men who receive bids can chose to accept or deny their bid. Those who accept go through our new member ceremony which is open to anyone and at this point these men are part of our chapter as new members. They then go through their new member period which can last up to 8 weeks. During this time they learn about our history, values, and what it means to be a Theta Chi. At the end of our new member period the chapter votes on their membership. Men receiving a favourable vote are

then initiated in the following week."
Students interested in joining Greek Like should go to
www.oakland.edu/gogreek

### A loan in the dark

OU officials address the federal student loan controversy

Jake Alsko Sports Editor

Rolling Stone's Matt Taibbi asserted in his August 2013 story, "Ripping Off Young America: The College-Loan Scandal" that the United States government stands to make an estimated \$184 billion over 10 years from its new federal student-loan system, "paid for by hyper-inflated tuition costs and fueled by a government-sponsored predatory-lending program."

In addition to accusing the government of abusing the new system, the article claimed colleges are to blame, as well.

Kevin Carey, of the nonpartisan New America Foundation, mentioned that colleges are paying too much attention to what he calls '"gliding'—pouring money into superficial symbols of prestige, everything from new buildings to celebrity professors, as part of a 'never-ending race for positional status."

In light of the article, Oakland University Vice President of Finance & Administration John Beaghan assured in an interview that the school's seven campus construction projects currently in progress are justified.

"Students and families expect and demand high quality higher education. They want quality faculty, facilities and programs. These are not cheap," Beaghan said.

"As (it) relates to construction projects, Housing and the Elliott Tower have no impact on tuition; the Engineering Center is funded \$30 million from the state and \$45 million from bonds; the parking structure and upper-field renovation are paid from bonds. The bonds are paid from tuition/appropriation revenue but were needed to support very important initiatives.

"OU has the least square footage per student in the state, justifying the Engineering Center. Students' biggest complaint tends to be parking, justifying the parking structure. OU has intercollegiate track and tennis teams that have no facilities—they were competing at high schools—justifying the upper field project," Beaghan said.

Beaghan also noted that OU is wisely managing its costs: OU's general fund expenditures per student in 2012 were \$13,913, lower than both the state mean of \$17,868 and median of \$15,067.

#### **Student Loan Advice**

OU Director of Financial Aid Cindy Hermsen reminds students that loans are an option and a choice.

"I always advise students and their parents to first exhaust all available funding and resources such as scholarships and grants and be willing to contribute toward the cost too," Hermsen said. "Obtain a student loan as a last resort and only borrow the amount absolutely needed."

All college students are required to complete an online loan counseling session before receiving the loan. The session covers the conditions of the loan, responsible borrowing and repayment options. OU also offers optional financial literacy workshops for current students.

Hermsen also went on to point out that students will save thousands of dollars by completing their degree within four years, with every extra year adding to the cost and taking away time that could've been spent already employed in their career.

"A student loan is a good investment in a future career as long as the student stays focused on their degree program, strives for academic success and if a loan is needed—borrow responsibly." Hermsen said.

"The average student loan debt of an OU undergraduate student is about \$20,000. That level of debt should be manageable. It is less than the cost of a new car."

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## iPause: helping students deal with the stress in their lives

Kaylee Kean Staff Reporter

The Graham Health Center and OU Counseling Center are teaming up to bring a new program, iPause, to Oakland University.

According to Julie Proctor, health and wellness coordinator at Graham Health Center, this program will focus on teaching students stress management techniques through hour-long workshops and an interactive website that is currently in development.

Proctor said that the main focus of iPause is to teach emotional awareness and mindful-

"We're coming at this from the perspective that we can't help them (students) with their issues, but we can help them to manage those stressors," said Proctor.

#### How iPause works

According to Proctor, these

workshops will be split into three sessions. There will be 20 minutes on stress education, 20 minutes of "guided mindfulness", and 20 minutes of shoulder and neck messages, with three-to-five minutes allotted to each student.

After the workshop students will be invited to visit iPause's website, which Proctor said will have more in-depth information.

Also, instead of scheduling routine workshop sessions, Proctor said that iPause is inviting groups to request a workshop.

So far there have been requests made by the First Year Advising Center, Disabilities Services, academic classes and resident assistants.

The workshops will be held around campus depending on each group's preference — potential locations include the OC, classrooms, and dorm lounges.

The first workshop is scheduled for September 19.

#### Students getting involved

Proctor said that students will be heavily involved on both sides of iPause.

Student Peer Ambassadors will be presenting the information to students and leading them in what Proctor called a "guided group conversation" as opposed to a lecture.

"Everybody feeds off of each other," said Proctor. "They realize they're not alone."

Brittany Burroughs, intern and Peer Ambassador for exercise science, is one of the students volunteering for iPause.

"It worked, simply put," said Burroughs. "iPause is going to be phenomenal – it's the best stress management thing at Oakland."

Students of the School of Health Science will also be contributing to this program. According to Proctor, these students will help conduct studies of iPause to determine how much difference the program will make



Kailey Johnson / The Oakland Post

Students of the School of Health Science located in the Human Health Building will also contribute to the iPause program.

#### Paving a path

Proctor, who said she has always wanted to bring mindfulness to campus, was inspired by the book "Search Inside Yourself", which discussed the Google Corporation's science-based mindfulness program.

"When I read the book I thought, 'I can bring this to campus," said Proctor. "With that science base, everyone can embrace it."

Proctor brought her idea to David Schwartz, director of the OU Counseling Center. When the two saw the Retention's call for proposals, they made the proposal and Retention accepted.

iPause does have goals for down the road, such as a four week program and drop-in massages and meditations.

For now, however, Proctor urges groups to start requesting workshops in order to learn stress-management techniques to practice throughout the semester.





### **Sports**



Kailey Johnson / The Oakland Post

Members of the women's soccer team runs through the field working to score a goal.

## Women's Soccer Win

Women's soccer team takes easy 2-1 victory over Kentucky

Jon Davis Staff Photographer

akland University's Women's Soccer Team stormed the field Friday, Sept. 13, claiming an easy 2-1 victory over Northern Kentucky University, ending their three game winning streak.

The Golden Grizzlies scored two early goals in the game's first 15 minutes, courtesy of Meghan Reynolds and Joan Sieja, but failed to score any points in the following half.

"We're working on our goal scoring," said interim head coach Dave Morgan. "We came out right away and got a few goals, and made at least ten good scoring opportunities."

The first half ended with the Golden Grizzlies racking up 11 shots on the opposing team, with seven shots and no goals against them.

Kentucky bounced back in the second half, taking two early shots in the first 15 minutes and scoring once.

As the half rolled on, the



Golden Grizzlies recovered by changing defense and taking seven more shots on Kentucky's goal.

"In the second half they came a little harder at us, but we handled it well," said Brianne Horne.

Horne went on to talk of her hopes for future games, as well as their place and embrace of the Horizon League.

"Our biggest goal right now it to keep winning, try to win the Horizon League. It's a our first chance to do that, and it a great new challenge to take on."

The game ended with the Golden Grizzlies registering a 18-13 shot advantage on Kentucky. Sept. 15 they'll be heading to Chicago to face off against Western Michigan University.

Contact Jon Davis at photos oaklandpostonline.com

## Manfroni: "We'll get people behind us"

A sit down with OU football club's inagural head coach

Jake Alsko Sports Editor

akland University is less than a week away from its first football game in school history against University of Michigan-Flint. I chatted with OU football club head coach Al Manfroni on the challenges the program has endured as it begins its first season, as well as what we can expect from the team this year.

#### How goes the process of bringing along the new program?

The fact is, none of these are scholarship players, so they're all here on their own volition and they have to pay for their education, and that's priority. You have to let them do what's important ... so it kind of (makes it) a little edgy when it comes to trying to get enough practice time in. Right now we're at three days a week.

#### I've heard that the program is eventually aiming to be Division II, whether it's club or varsity.

Would that be the ultimate thing for the club to be turned into a varsity sport here? Sure ... I'm sure that in the back of everybody's mind they would love to see that happen. But being in this for as long as I've been in it, I also understand the practicality ... it's a process, you don't hurry the process.

#### What kind of style or scheme can we expect from the offense?

We're running a west coast offense, we're running a spread. We're running a spread offense, we have the talent pool for it. Got a lot of speed, a lot of good receiving capabilities and we got a great quarterback.

And defensively?

Our base defense is a 4-3, we're also running some 5-2, multiple stunts out of both defenses. We've got great linebackers, some tremendous linebackers actually. And we have one hell of a safety. I've got two great defensive ends, I mean my one defensive end is six-foot-six, like 360 pounds. And my other defensive end is like six-foot-four, six-foot-five like 290 lbs., and they're not slow amazingly enough.

#### What can we expect against UM-Flint?

I don't make predictions and I don't sit here and say how it's going to shake out ... But at the end of the day—I tell them almost daily—at the end of the day, I can't play the game for you. I can teach you everything you need to know, I can give you all the tools, but at the end of the day, you have to execute.

#### Manfroni on the challenges of building a fan base

If you really think about it, the only place they can go and watch a college football game, the closest place is (East Lansing) or they can go downtown to Detroit and watch Wayne State. That's pretty much it, those are your options ... We should do well, I think we'll get people behind us. I think we already do.

Oakland University plays its historic first football game this Saturday at 4 p.m. against UM-Flint at Atherton High School in Burton, MI.

For the extended interview, visit oaklandpostonline.com



Story and Photogaphy by Kailee Mathias Design by Frank Lepkowski

The 50th Charter Class Reunion brought together Oakland University alumni from around the country.

Theresa Sams Kelly and her husband James Kelly, made the drive from Florida. Theresa received her graduate and undergraduate from Oakland and went on to be a remedial-class teacher for years.

"I'm probably one of the oldest alumni," Kelly said. "I had children by the time I went to school. There were a few other women that I ate with when I first started here and they were married and had children, too."

The class of 1963 was the first graduating class from Oakland. At the Sept. 13-14 reunion the pioneers, Oakland's original mascot, got the opportunity to tour campus, mingle with old colleagues and staff members and even got to explore Meadow Brook mansion, which held many memories for them.

"I knew Mrs. Wilson, when she was alive. We spent a lot of time at Meadow Brook and she got to know us all by first name," said 1964 graduating class alumnus

and Oakland University Foundation board member, Gary Laidlaw,. "Meadow Brook Hall is kind of the heart of this university."

On the tours of Meadow Brook, Charter Class members were informed about some of the history of Meadow Brook.

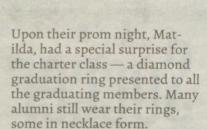
"I had seen pieces of it as an undergraduate here and had worked in there when I was putting together parties but I never got a feeling for the whole building and what it represented," Elaine Garwood Henshon, Charter Class member said.

#### Matilda's Charter Class

Many students recalled their memories of Meadow Brook and Matilda Wilson, founder of Oakland University.

Gloria Jean Brischke, Charter Class member, recalls getting out of class to find apples awaiting them outside of their door that Matilda had her farmers drop off.

"Matilda Wilson was the driver of an old car, she had a Dodge, and we could always tell when she drove through because she laid rubber when she stopped and when she started," Brischke said. "She was a real wild driver."



"I'm proud of it," Kelly said.

#### Expansion at OU

The graduating members of the first class graduated with 125 students. Oakland's numbers have vastly expanded since humble beginnings.

"The fact that the university is now getting 20,000 students a years is phenomenal," Laidlaw said

Although Oakland is mainly a commuter campus, in the beginning it was only a commuter school. Its location was the saving grace for some of the Charter Class members.

"If not for Oakland University I wouldn't have been able to go to college," Greta Anderson Gappy, class of '64 said.

For more history on the Charter Class, check out the archives in Kresge Library at Oakland University. Many historical pieces have been donated by alumni during the years.









### Life

## Getting a degree in love

Couple recalls their charter class days

Victoria Craw News Manager

I inda Byington and Tom Mc-Allister met in kindergarten, attended school through college graduation and got married later that year.

They and others from the charter class attended the 50-year reunion. The pair were the only two to married couple to attend.

This December, they will celebrate another 50th — their wedding anniversary.

**Growing up** 

The pair's fathers were close friends as members of a barbershop quartet. Consequently, they became best friends.

"We rode the school bus together, swam in the Williams Lake together and sledded and ice skated," McAllister said.
"Around about 10th grade, I discovered she was a girl. I don't remember a first date, it just sort of happened."

Byington tells it a bit differently.

"The girl in the band that he was going to ask to go (to a concert) with him told him no," Linda said. "So he said, 'Well, Linda will go with me.' So he called me up."

When they graduated from high school, they said they knew they would get married but after college.

Both enrolled at Michigan State University-Oakland in 1959.

Byington graduated in June 1963 and McAllister in August 1963.

They spoke of the car pool of almost a dozen students that rode to MSU-O together.

"Everybody was in the same boat," Linda said. "Nobody could afford to go any place else. We came out here determined that we were going to get the education and we worked our tails off."

#### Class rings

They were members of the committee to design the Charter Class ring.

"We were determined that we were going to be different," he said. "That's when we came up with this diamond shape."

The ring was going to read Michigan State University-Oakland

However, the administration was hesitant because the university would soon change its name to Oakland University.

"We panicked," Tom said.
"The guy who was our faculty adviser said, 'Don't worry about it, it's all been taken care of."

Matilda Wilson invited the charter class to attend a prom at Meadow Brook Hall.

In her late husband study, Matilda said she had a gift for



Kailee Mathias / The Oakland Post

Tom McAllster and Linda Byington display their diamond class ring.

everyone — diamond rings that read: Oakland University charter class.

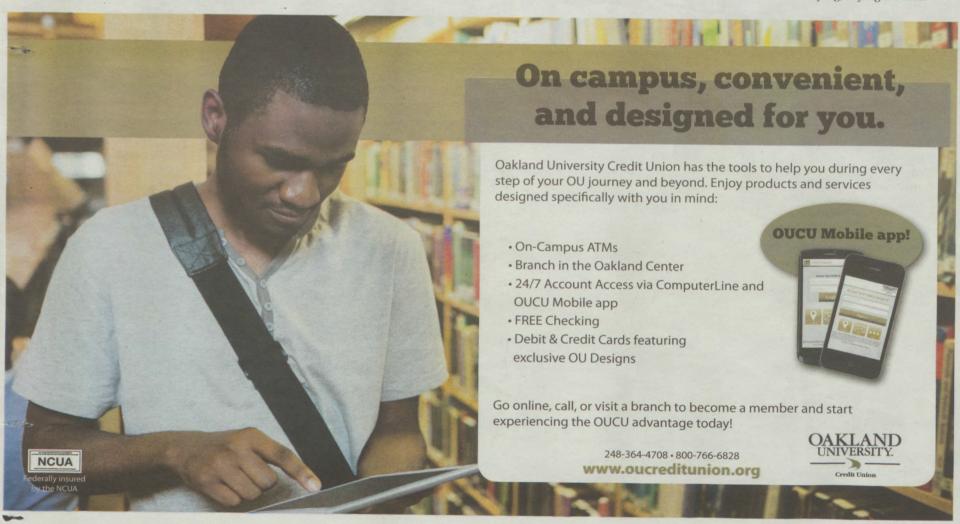
All the students who had paid a \$10 ring deposit received an envelope with a "crisp" ten-dollar bill.

"Because of this last minute change in the design of the ring, the morning of the prom, (Matilda) sent her private airplane to Grand Rapids to pick those rings up," McAllister said. "That was the story that was around at the time," McAllister

#### Love and marriage

They married Dec. 21, 1963, for which she made her dress.

"I can remember sitting on the floor in my mother's living room, hemming that wedding dress, watching John Kennedy's funeral and crying and crying and crying," Byington said.



## From exile to Oakland

Fidel Castro's daughter will speak on campus about life in Communist Cuba, her escape to the U.S.

Kailee Mathias Staff Reporter

A lina Fernandez, Fidel Castro's daughter, will sharing her personal memories of growing up in Cuba with Oakland University Monday, Sept. 23.

"She's a very powerful woman with a great story to tell," said Jean Ann Miller, director of Center for Student Activities and Leadership Development at Oakland.

"It's so cool for OU to have a distinguished person like this come and speak on her life," Miller said.

Fernandez will be speaking in Varner Recital Hall at 7 p.m. Seating is first come first-serve and there is no charge.

Get lucky

A "chance telephone phone call," as Miller described it, led to Fernandez visit to OU.

Michelle Alwardt, senior communications major at OU, was the first person Miller called after receiving the phone call.

"Alina has an unparalleled perspective on life in Cuba and Cuban politics," Alwardt said.

"Because she was daring enough to escape to America, she can tell her story in a way she would have never been able to from her home country," Alwardt said. Seal the deal

Originally Fernandez was scheduled to speak at Saginaw Valley.

After Miller heard that news, she began looking into rates and invited Fernandez to speak at Oakland, as well.

Funding for this event was provided by Student Congress and am partnering with the Women and Gender Studies Department, Political Science Department, Honors College, Hispanic American Leadership Organization (HALO), Spanish Club and Hispanic Celebration month.

Oakland students who can't attend Fernandez's talk on campus can get the opportunity to hear her at Saginaw Valley on Tuesday, Sept. 24 at 7 p.m. in the Malcolm Field Theatre for Performing Arts.

In his shadow

"Cuba is so mystical for Americans, in some respects, because we don't really have a relationship with Communism," Miller said.

Fernandez was a toddler when Fidel Castro, a Communist leader of Cuba, began his domination.

In her childhood, it wasn't unusual for Fernandez to watch Castro reign over Cuba on television.

His tight grip over Cuba did not translate to his family life. He would disappear

"BECAUSE SHE WAS DARING ENOUGH TO ESCAPE TO AMERICA, SHE CAN TELL HER STORY IN A WAY SHE WOULD HAVE NEVER BEEN ABLE TO FROM HER HOME COUNTRY."

Michelle Alwardt, Senior, communication major for months at a time.

Throughout her childhood she experienced the realities of living in Communism and witnessed the changes during The Revolution.

As Fernandez matured she became politically rebellious and was part of the political dissident movement.

According The United Nations Commission on Human Rights (UNCHR) website, Cuba defines a dissident as "counter-revolutionaries," supported largely by, and working in the interests of the US government.

#### On the run

At age 37, Fernandez fled from Cuba. With a wig on her head and a fake passport, she disguised herself as a Spanish woman and left Cuba.

She relocated to the United States and currently resides in Miami, Florida. In Florida, Fernandez has her own radio show called "Simplemente Alina" (Simply Alina) on WQBA in Miami.

"Castro's Daughter: An Exile's Memoir of Cuba," was published in 1998 by St. Martin's Press.

A biographical movie on Fernandez is being directed by Sarah Siegel-Magness, who is also known for directing "Precious." According to Internet

According to Internet Movie Database (IMDB), the film is supposed to be released in November 2015.

"I like most others had a very narrow view of Cuban life," Alwardt said. "I knew who Fidel Castro was and the nature of the United States relationship with the island. However, I did not Photo courtesy of Jean Ann Miller.

Alina Fernandez fled to the United States and wrote an autobiography. She will be on campus Sept. 23 to speak about her life and Cuban politics.

know much of her story. I am currently reading her memoir and am thrilled to have the opportunity to be enlightened by her talk."

Email Staff Reporter Kailee Mathias at kmmathia@ oakland.edu

#### **FAST FACTS**

WHO Alina Fernandez, Fidel Castro's daughter

WHAT Fernandez will speak on campus about Cuban politics and her escape to America.

**WHEN** Monday, Sept. 23 at 7 p.m.

WHERE Varner Recital Hall



## Living in harmony at OU

United We Coexist spreads religious tolerance on campus

Ali DeRees Staff Reporter

There is a new organization on campus this year with a leader, eager to work with others.

United We Coexist is focused on mutual religious acceptance and the education of different faiths.

The org's president, Nusrat Zaman, is a fourth-year integrative studies major with a psychology minor.

#### **Coming to America**

Zaman is originally from Bangladesh and moved to Michigan 12 years ago with her family. She described the diversity found in Bangladesh and said she sees the same diversity here in Michigan. "Michigan is filled with immigrants," Zaman said.

Moving to another country and immersing herself into another culture as a child, came with some challenges.

"I felt excluded with the language barrier," Zaman said.

Zaman was able to learn and in "adapt to American culture."

#### College life

To Zaman, college is the perfect place for learning from other cultures.

"No one is judging you," Zaman said.

Zaman brings this knowledge and understanding of cultural immersion to her work as president of United We Coexist.

#### Starting again

The organization is a reboot of

a previous organization called Students Advocating for Spirituality Center. Zaman explained the purpose for re-naming the organization.

"I didn't want that to be the only goal. I wanted it to grow, to become something bigger," she

The organization is currently looking for board members and regular member.

"I'm building a great team here," Zaman said.

Zaman is currently looking for spirituality leaders from all religions to come and speak about their religion.

She is also planning to get three to four co-sponsorships per semester and wants to work with other religious organizations on campus, because of their similar goals.



Ali Derees/The Oakland Post

Zaman, president of United We Coexist, plans for a larger reflection room.

"Get every organization to know we are here for each other," Zaman said.

#### Respect

The organization's most current projecet is A Commitment to Respect. It was started by the previous organization and, to Zaman, it is the organization's mission statement.

The project will have, accord-

ing to the organizations page "500 signatures by the end of the semester." Zaman believes it could lead to a larger reflection center.

Find more information on United We Coexist at their page at OU's OrgSync.

Contact Staff Report Ali DeRees via email at apderees@oakland.



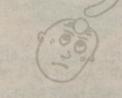
As a college student, you're going to experience a lot of new beginnings. The First Year Advising Center is here to **make sure your**OU experience is smooth and successful from the very start! We're here to provide resources to help you make informed decisions and to help you develop a plan for achieving your academic and career goals.

- ORIENTATION AND NEW STUDENT PROGRAMS, including orientation for first-year and transfer students, COM 101, Connections, My FYE and more.
- FIRST YEAR ADVISING for all incoming freshmen to help you explore majors, connect you to campus opportunities and provide you with support in achieving your educational goals.
- UNDECIDED AND RE-DECIDING ADVISING for upperclass students to help you identify major and career options.
- MAJOR EXPLORATION/CAREER COUNSELING to explore all the options available and how they relate to your interests, personality, skills and values.

ca + di tach



First Year Advising Center



121 North Foundation Hall (248) 370-3227 FYAC@oakland.edu oakland.edu/firstyearadvising

# Getting ahead of the curve

Internships give students real life experience outside of classrooms

LeeAnn Brown Staff Reporter

Most of us will never be space rangers and the concept of infinity boggles our minds, but, as college students, we are constantly plagued with the idea of 'beyond'.

What lies beyond college? What career paths will we choose? How do we start trying to figure out our adult lives?

Oakland offers several internships, where students can gain real-world experience in various job fields so that they can begin to figure out answers to these questions.

Detroit-Wayne County Mental Health Agency, Fox 2, ABC 12, WDIV-7V, Clear Channel Radio - Flesh 100, 93 The River Radio, Michigan Works, Shutter Booth and Allied Integrated Marketing are just a few of the internships that students have secured for the fall, according to Robert Sidelinger, Communication Internship Director.

"An internship is a chance for a student to try on a career to see if it fits. The experience is not something a student can pick up in a classroom," said Brian Hlavaty, instructor and director of the journalism internship

"Internships enable students to build a solid foundation of professional skills before they leave college," said Valerie Palmer-Mehta, former OU communications internship director. "It is no secret that employers prefer students who have completed at least one internship, and that interns fare better in a weak job market."

"Students who do internships get the opportunity to network and build relationships with people in their desired profession. It is important for students to realize that relationships and networking are the currency of work life, especially in business," Palmer-Mehta said.

Alex Conforte, OU senior, said he is interning with Shutter Booth in Royal Oak this fall. "Oakland's internship program provides students with what employers are looking for. They have mock interviews, information on how to dress and advisers to make sure your resume is perfect," Conforte said.

"Some advice I can give after going through the whole process is that you have to put yourself out there. There are thousands of students all trying to get internships each semester so you need to dedicate time for searching and sending out resumes. The most important thing from my point of view is to have confidence in yourself."

Kayla Brandon has had two internship opportunities through OU.

"I interned at Fox 2 News in Southfield last summer and at ABC News Washington D.C. this past summer. Both were incredible experiences," Brandon said.

"I shadowed reporters at both Fox 2 and ABC Washington, which is what I want to do after I graduate from OU this spring," Brandon said. "Typical duties included assisting reporters with research, carrying their camera equipment (one-man banding is not as easy as it looks!), conducting preinterviews, maintaining their social media outlets and filming stand-ups for my demo reel."

Brandon said that she couldn't think of one bad experience that she had while interning.

Her Fox 2 internship has just recently lined her up with an exciting job opportunity.

"It's funny you ask about job opportunities that came through interning because Fox 2 actually called me about two weeks ago and offered me a "per diem" writer position," Brandon said. "So I am now officially a Fox 2 employee! I'm thrilled for the opportunity, and I am so proud my hard (unpaid) work is now paying off, literally!"

Contact Staff Reporter LeAnn Brown via email at lebrown@oakland.edu



Photo courtesy of Kayla Brandon



## Oakland's Gold Vibrations sings 'Pitch Perfect'

The a capella group held auditions recently at Varner Hall for new members for the 2013-2014 team

By Kayley Kean Staff Reporter

old Vibrations, one of Oakland University's a cappella group, had auditions for new members last Wednesday and Thursday night in Varner Hall.

All students, whatever their musical experience, were invited to prepare a selection from their favorite pop song or show tune to sing for the eight current members.

Justin Donoghue, president of Gold Vibrations, said that at least seven members of Gold Vibes have left in the past year due to graduation, transferring, and other school-related issues.

Much of the group was recruited last year.

"This is my first time on the other side of auditions," said Elise Selberg, a sophomore in Gold Vibrations. "It's really different."

When it came time to enter the audition room, each auditionee was questioned and conversed with the Gold Vibrations team before performing.

"We are looking for a good fit for our group... not just musically but personality-wise," said Donoghue.

Over 80 students came to audition between both nights.



Jon Davis/The Oakland Post

Ben Liu sings "Blue Moon" for the Gold Vibrations judges

#### **OU-capaella**

Ben Liu, a nursing major, was the first audition.

"I think singing is fun even when I'm not that good at it," said Liu. "I'm a hot mess, but I'm going to go in there and give it my best!"

There were many different selections and styles of song, such as Queen, Elton John, Adele, Broadway show tunes, The Beatles, Beyoncé and more.

auditions. "We surpassed last year for the number of people auditioning, and there was a lot of great talent."

The other members of Gold Vibrations felt the same.

"I thought it was super, duper fun," said Selburg after the second night of auditions. "I think what people don't realize is we are just as nervous as they are... we want them to succeed."

#### **Making goals**

Donaghue said he has been a member for the whole five years Gold Vibrations has been at Oakland and is trying to find ways to improve the group.

"Our main goal of the season is to place at ICCA," said Donoghue, referring to the International Championships of A Capella.

Donaghue said there are also plans to work on a Gold Vibrations album.

But the group's priority is to find new Gold Vibrations members and train them for the year ahead.

#### Take a listen

Gold Vibrations has two public concerts a year. The first will be Nov. 1 at the Varner Recital Hall, free of charge – although donations will be accepted.







Brian Figurski Copy Editor

akland's campus was flooded with concertgoers Saturday, Sept. 14 as the home for the stateside debut of the Laneway Festival.

An estimated 7,500 attendees trekked to the grounds near Meadow Brook Music Festival, moving between five stages rotating two dozen artists.

St. Jerome's Laneway Festival began in Melbourne, Australia in 2004 and has added other Australian destinations almost annually.

This year marked the first visit from the festival in the western hemisphere.

"When we first heard 'Laneway,' we thought we were going to Australia!" New York-based Haerts lead singer Nini Fabi said to a growing crowd when they opened the show

around 1 p.m. "We'd rather be here, though."

The inaugural year's lineup's foundation was indie rock, with headlining anchors Sigur Rós and The National, but had features across the spectrum, including electronic and hip-hop artists on the bill.

Even with two large stages planted side-by-side without ever having a long lull between sets, the biggest draws of the day were under the Meadow Brook pavilion, where hot new bands like Chyrches and Icona Pop performed during the afternoon, and Sigur Rós took the stage after the sun went down for their visually-enchanting performance.

"I was very impressed with the quality, organization and spectacle of this festival," said Brandon Hartley, senior in cinema studies. "The turnout to this and other Detroit festivals is proof that Detroit is itching for more music festivals."

With officials for Laneway stating they're signed up for two more years in Detroit, students are hopeful that the festival will make Meadow Brook a permanent home.

"The grounds for the festival were the nicest I've ever been to. You never really had to move or walk too far," said Amy Jachulski, senior in education. "I got to sit on a hill and watch the sunset, listening to Frightened Rabbit. It was pretty much a perfect moment."

While there were some technical difficulties during sets by Deerhunter and Washed Out on the Roscoe stage, the rest of the day went off without a hitch. Clouds rarely made an appearance and temperatures were comfortable in the mid-70s, a picturesque transitional day between seasons.

"I loved hearing all the artists comment on how beautiful (Meadow Brook) was," said Chelsea Errante, 22 of Lake Orion.

Laneway's presence is much needed good press for Oakland's campus, according to Hartley.

"I think (hosting Laneway again) would bring a lot of business to the community, along with getting our campus's name out there," he said.

While the festival did have local artists and food vendors on site, including award-winning Clarkston Union, the main focus was always on the music.

"After this weekend, I really felt proud of being an Oakland University student," Hartley said.

Contact Copy Editor Brian Figurski via email at bdfigurs@ oakland.edu Left: The guerrila musicis
Detroit Party Marching Band Laneway, appearing randomly
and playing big band renditions
of popular songs and becoming
welcome victims to a sea of
camera flashes.

Top Right: Scott Hutchinson of Scottish rockers Frightened Rabbit plays a midday set on the Roscoe stage, one of two side-by-side main stages erected on the north side of Meadow Brook Music Festival.

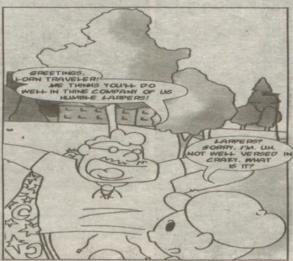
Lower Right: The National's Scott Devendorf (left) and Bryce Dessner perform a song off their latest album during their headlining set at Laneway. The band thanked everyone for sticking around the whole day to see their set.

Brian Figurski / The Oakland Post

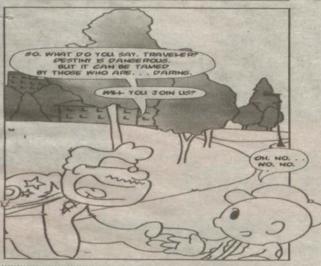
### **Cartoons & Puzzles**

## OAKLAND POST PETE by Jon Davis and Scott Wolchek











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#### SATIRE



Photo Illustration by Jon Davis / The Oakland Post

10

Managing editor and professional buffoon Brian Johnston practices buffoonery outside of OUPD's office. Although he's eager to shake things up, OUPD could really care less.

Brian Johnston

Managing Editor / Party Clown

ast Monday I spent two hours outside of the Oakland Center making balloon animals for any students willing to take them. Meanwhile, Editor-in-Chief Scott Wolchek sat in a carnival contraption, where anyone who hit a target could see him splashed by a water balloon.

Soon after I returned to The Oakland Post, to find Oakland University had purchased our center pages in order to print the Student Code of Conduct.

Imagine the fear that ran through my heart when I saw "engaging in public stunts and buffoonery" are "strictly prohibited" by Oakland University.

"All those witnesses," I thought.
"We're sunk for sure."

I tried to keep a calm face, but I knew Oakland University was onto me. It won't be long until OUPD comes to The Post and leads me away in handcuffs.

My dear readers, this may come as a shock to a few of you, but I am a buffoon.

Google defines the word as "a ridiculous but amusing person; a clown." If that doesn't define myself and those like me, I don't know what does.

I make balloon animals in my spare time. I know enough magic tricks to keep toddlers and intoxicated persons amazed for hours. I sit in my bedroom strumming my guitar, writing silly little punk rock songs about video games from the 80s.

While the "buffoonery" expressly prohibited by Oakland University appears under the "hazing" section of our Student Code of Conduct, where does one draw the line? If I willingly embarrass myself – say, by appearing in front of the Oakland Center building wearing a rainbow-colored balloon top hat – am I haz-

IMAGINE THE FEAR THAT RAN THROUGH MY HEART WHEN I SAW "ENGAGING IN PUBLIC STUNTS AND BUFFOONERY" ARE "STRICTLY PROHIBITED" BY OAKLAND UNIVERSITY.

ing myself?

Don't get me wrong. I think the hazing of others is a terrible archaic practice that just builds resentment. Go ahead and ban that and anyone guilty of it.

But Oakland University is full of people who have at least a little buffoon in them. We have jugglers, unicyclists, balloonists, magicians, Quiddich players, LARPers, STEM majors and probably even a few juggalos.

I pretty much show up to class on time, listen well, take good notes and speak when spoken to. I attempt not to engage in public stunts unless I'm given permission.

But every once in a while, an instructor will give me an excuse to let my "freak flag" fly a little. Before you know it, some lucky person in the classroom is walking home wondering how that Three of Clubs wound up in his wallet.

So I beseech you, Oakland University. Do your worst against those who unjustly make spectacles out of others. I'll stand beside you.

But for those of us who willingly make spectacles out of ourselves? As long as we're not harming anyone, promise me you'll cut us a break.

There's a whole bouquet of balloon flowers in it for you.

Contact Managing Editor Brian Johnston via email at bgjohnst@ oakland.edu or follow him on Twitter @GreenAdder

## The Drug-Free Schools and Workplace Guide for Oakland University Employees and Students

Oakland University (OU) is committed to providing an environment that is free of unlawful possession, use, and abuse of: alcohol, drugs, and prescription drugs. To address these matters, OU is required by law to adopt and implement a program ("Program") to prevent the unlawful use and abuse of illicit drugs and alcohol by students and employees.

The Program addresses: campus standards of conduct, University sanctions, and legal consequences for violations of local, state, or federal law related to illicit drugs and alcohol, health risks, a description of applicable counseling, treatment, rehabilitation, or re-entry programs; and a biennial review of the program. Pursuant to the law, OU is issuing the statement set forth below.

**Standards of Conduct:** The unlawful possession, use, or distribution, of illicit drugs and/or alcohol by students

or employees in the workplace, on OU property or as part of a University activity is specifically prohibited by OU Ordinances and/or by state or federal law. The possession of a Michigan marijuana registry identification card does not exempt students or employees from this prohibition. The use and possession of marijuana remains illegal under federal law and, as a recipient of federal funds, Oakland University is subject to the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989.

and could lose federal funding for any violations of these Acts, which require Oakland University to take measures to combat the use of drugs and alcohol. The OU Ordinances governing the use of alcohol and drugs are available in the Student Code of Conduct (www.oakland.edu/studentcodeofconduct) and University Administrative Policies and Procedures, Section # 600, Health and Safety. In addition, the misuse or abuse of prescription drugs is prohibited conduct.

University Sanctions: OU will impose sanctions for violations of this statement consistent with local, state, and federal law and with applicable collective bargaining agreements, employee handbooks, student handbooks, and University ordinances. Violations by faculty, staff, or students will result in disciplinary action up to and including termination of employment, expulsion, and referral for prosecution. The discipline imposed will depend upon the seriousness of the offense. In addition to, or in lieu of, discipline, violators may be required to complete an appropriate rehabilitation program. Additional information is available in the Student Code of Conduct (www.oakland.edu/studentcodeofconduct), Academic Human Resources, and University Human Resources (http://www.oakland.edu/uhr/).

Legal Sanctions: There are legal sanctions under OU Ordinances, and under state and federal law, for the unlawful possession, use, or distribution of illicit drugs and alcohol. Any violation of an OU Ordinance is a misdemeanor punishable by a fine of not more than \$100 or by imprisonment for not more than 90 days or both. Violations under state and federal law may result in punishment for a misdemeanor or felony, depending on the nature of the crime, including fines, imprisonment, and loss of certain licenses and forfeiture of real and/or personal property. Descriptions of the state and federal sanctions for illegal possession and distribution and, in some cases, use of a controlled substance are included in this guide. Sanctions may change from time to time.

Health Risks: The psychological and social consequences of illicit drug use and alcohol abuse can be devastating. This can lead to various health and other risks including feelings of depression or anxiety; diminished or impaired work or academic performance; absenteeism; poor decision making; poor morale; low self esteem; financial problems; conflicts with co-workers, classmates, families, friends and others. Loss of job, friends, divorce and the creation of a dysfunctional family system are common consequences of substance abuse. Additional risks include sexual assault or other unplanned sexual relationships; unwanted pregnancies; irreversible drug-induced psychotic state and/or delusions of omnipotence which trigger life-threatening behavior. Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and intellectual disabilities. In addition, research indicates that children of alcoholic parents are at greater risk than other youngsters of becoming alcoholies.

Additional information is available at Graham Counseling Center (http://www2.oakland.edu/GHC/.)

Employees working on federal grants and contracts:

As a condition of employment, all employees working on federal grants and contracts must abide by this statement. Such employees must notify their supervisor or department head of any criminal drug statute conviction occurring in the workplace no later than 5 days after the conviction. The supervisor or department heard must then promptly report the violation to the Director of Sponsored Research.

**Drug & Alcohol Counseling, Treatment, and Rehabilitation Contacts** 

NOTE: This is a partial list of substance abuse facilities. More programs and centers may be listed in local and other area telephone directories.

#### **On-Campus**

Counseling Center (248) 370-3465 Graham Health Center Oakland University Rochester, MI 48309-4401

#### **Local Facilities**

AA of Oakland County (248) 332-6116 168 University Drive Pontiac, MI 48342

M.A.D.D. Oakland County (248) 528-1767 625 East Big Beaver, Suite 200 Troy, MI 48083

Narcotics Anonymous (248) 543-7200 726 Livernois Ferndale, MI 48220

Oakland Family Services (877) 742-8264 (248) 858-7766 114 Orchard Lake Rd Pontiac, MI 48341 St. Joseph Mercy Hospital (248) 858-3000 900 Woodward Ave. Pontiac, MI 48341

National Hotline Numbers & Assistance Groups Alcoholics Anonymous (800) 252-6465

Food & Drug Administration (313) 393-8189 (Consumer Complaints)

M.A.D.D. (800) 438-6233

National Cocaine Hot Line (800) 378-4435

S.A.D.D. (877) 723-3462

Oakland County Health Office of Substance Abuse Services (OSAS) (248) 858-0001 1200 N Telegraph, Bldg. 34 East Pontiac, MI 48341

If treatment for substance abuse is needed, please contact your insurance carrier to obtain proper instructions for seeking treatment. Students covered by University health insurance should contact the Graham Health Center staff for benefit coverage.

If you have questions about any of the issues addressed in the guide, please contact one of the following departments:

Faculty: Students: Staff: Office of Academic Affairs Office of Dean of Students Office of University Human (248) 370-2190 (248) 370-3352 (248) 370-3480

#### Resources

The complete Drug-Free Schools and Workplace Guide is available online at http://www2.oakland.edu/deanofstudents