

inside OAKLAND

A newsletter for Oakland University colleagues

April 2001



Nightingale

SON's 13th annual event highlights partnerships, service, alumni

More than 60 registered nurses have won Oakland University Nightingale Awards for Nursing® since their establishment in 1989.

The awards recognize nurses from across the state of Michigan who have made outstanding contributions to their profession and who reinforce the role professional nurses play in health care. Each year, a selection committee comprised of health care and community leaders chooses the recipients. Colleagues nominate awardees, who receive \$1,000 and a bronze statue of Briton Florence Nightingale, the founder of modern nursing.

Nightingale organized 38 nurses in 1854 for service in the Crimean War. She was nicknamed "The Lady of the Lamp" by admiring soldiers after the Turkish lantern she carried on her midnight rounds caring for the wounded. Nightingale was a visionary who used her influence to change how institutions were run, how nursing education was provided, and how patients were cared for. She was one of the first to understand and communicate the value of using outcome data, compiled from patient records, to evaluate and improve health care. Oakland's Nightingale Awards for Nursing® honor nurses who embody Nightingale's ethics.

"Nightingale recipients have many characteristics in common," says Kathleen Emrich, interim dean, School of Nursing (SON). "They analyze problems and test solutions. They take initiative, care deeply about what they

do, and most importantly, they are compassionate toward those in need."

The SON has partnerships with more than 80 health care agencies, where students obtain real-world experience outside the classroom. These alliances provide opportunities for students, faculty and health care professionals to enhance the nursing profession. The school decided to give back to its partners by recognizing Michigan's outstanding nursing professionals with the Nightingale Awards, which are conferred each May during National Nurses Week.

Each year, the Nightingale awards attract about 700 people, including members of the health care community; partner organizations; OU faculty, staff and students; and the surrounding community. Emrich and Administrative Project Coordinator Joann Burrington, RN, manage the event.

"Our faculty are integral in the nomination of candidates, participation on the selection committee and volunteering at the event," Burrington says. "Most have been involved at some time or another.

Associate Professors Frances Jackson and Anahid Kulwicki both nominated candidates this year. Associate Professor Mary Mittelstaedt sat on the selection committee. Pat Ketcham, Learning Resource Lab manager, has worked in various capacities with the event since the beginning,

as have many other faculty."

What does the award mean to recipients?

"I think the Nightingale Awards have given recognition to careers in long-term care," says Denise Bortolani-Rabidoux SON '77, the 2000 alumni award winner. "I have received many notes from colleagues and former OU stu-

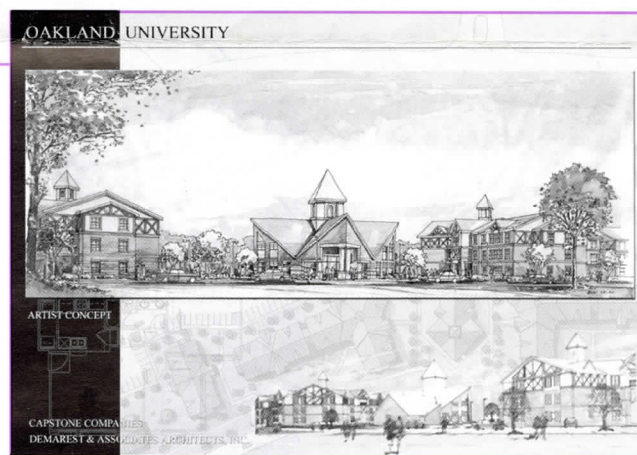


Kathleen Emrich

Founders' Day 2001

Each spring, Oakland University observes Founders' Day, a celebration honoring OU founders Alfred and Matilda Dodge Wilson, and acknowledging Oakland's history of academic excellence. Traditionally, OU takes this opportunity to draw attention to university initiatives of note, and to recognize outstanding faculty. This year, on April 18, Oakland will celebrate the 44th year of its founding, break ground on the sites of two new buildings, and pay tribute to 20 faculty who have made remarkable achievements.

Both groundbreaking events are open to the university community. The first, for the Student Housing Apartment Complex [see architect's rendering below], will take place at 8:30 a.m. on Meadow Brook Drive, across from the George T. Matthews Apartments. The ceremony for the Education and Human Services Building is scheduled for 3:30 p.m. on the Varner Hall south lawn. Attendance at the Faculty Recognition Luncheon is by invitation only.



2001 Nightingale Award Recipients

Nursing Administration
Kathleen Ryan, RN, MSN
Vice President of Operations, Acute Services and Chief Nursing Officer of Providence Hospital

Nursing Education
Margaret (Peggy) Nelson, RN, APN, MSN
Director of Clinical Health Initiatives, St. Joseph Mercy Hospital, Oakland

Nurse Entrepreneur
Adeline Laforet, RN
President and CEO Health Care Professionals, Ltd.

Home Care
Barbara Harlow, RN, BSN
Director, Home Health Care Providence Hospital and Medical Centers

Long-term Care Practice
Kathleen Dawson, RN
Director of Nursing Shelby Nursing Center

Nursing Practice
Wendy G. Goldberg, RN, MSN, NP
Nurse Practitioner, Consultant-Liaison Psychiatry Henry Ford Hospital

Nursing Research
Shake Ketefian, EdD, RN
Professor and Director of Doctoral, Postdoctoral and International Studies University of Michigan Director, WSO Collaborating Center

Alumni Award
Stephanie Wilson, RN, BSN
Associate Nurse Manager, Emergency Center William Beaumont Hospital

dents who have acknowledged my award. That's been extremely nice. The School of Nursing prepared me to eventually move into leadership and management. It gave me the clinical and nursing knowledge that I needed to perform well in this position. Not a day goes by in which I don't remember, even though I am the CEO [of Evangelical Homes of Michigan], the knowledge I obtained from the program at Oakland University."

Kathleen Vollman, the 1996 recipient of the Nightingale Award for Clinical Practice, says she is glad to have received an award named after Nightingale, because she works to model herself after the nursing pioneer. Vollman received the honor for her invention of the Vollman Prone Positioner, a device which helps nurses turn patients quickly and easily without dislodging breathing tubes, catheters and other

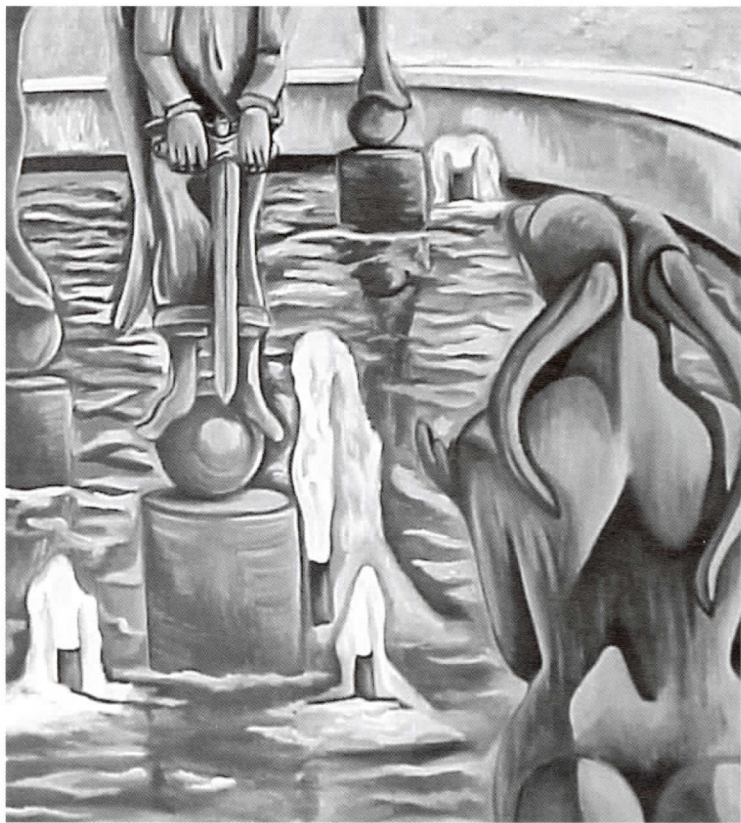
monitoring and treatment devices.

"The award was good for my soul," says Vollman. "It keeps me driving forward on my mission."

This year, Michigan State Rep. Gilda Z. Jacobs will deliver the keynote address. Jacobs was invited to speak because of her health care advocacy, which includes membership on the Substance Abuse Advisory Council, the Breast and Cervical Cancer Advisory Council, and in the Area Agency on Aging, among other organizations. Jacobs also was the development director for the Jewish Association for Residential Care for persons with developmental disabilities.

The Nightingale Awards for Nursing® will be held May 10 at the Troy Marriott. Call (248) 370-4065 for more information. Proceeds from the event help to support scholarships for nursing education.

Drawing attention



Water Fountain Painting, an oil painting on canvas by Sherry Kraft

About MBAG

Meadow Brook Art Gallery was originally conceived in 1961 as an extension of the Department of Art and Art History's studio art program. Faculty organized exhibitions featuring their work and that of their students. In 1971, it was decided that the gallery could be better utilized as a tool for community relations. The administration of the gallery was transferred from the academic department to a public service department, which also included Meadow Brook Theatre and Meadow Brook Music Festival. MBAG returned to Art and Art History in January 2000.

Web site:

www.oakland.edu/MBAG

Phone:

extension 3006

Hours:

Tuesday through Friday: noon to 5 p.m.
Saturday and Sunday: 1 p.m. to 5:30 p.m.

During Meadow Brook Theatre performances:

Tuesday through Friday: 7 p.m. through the first intermission.
Saturday and Sunday: 5:30 p.m. through the first intermission.

Art gallery works to become a primary cultural destination

Since it became part of the College of Arts and Sciences' Department of Art and Art History in January 2000, Meadow Brook Art Gallery (MBAG) has been redoubling efforts to sculpt itself into a primary cultural destination.

Formerly an OU auxiliary – a status shared by all the Meadow Brooks (Theatre, Hall and Music Festival) – MBAG rejoined the Art and Art History department to enrich the educational experience for students and take advantage of the department's expertise. Art and Art History majors now have new opportunities to gain field experience and to display their work in a professional setting. Students learn gallery management, for example, and how to organize exhibitions. And MBAG is able to tap the department's rich academic resources.

"The expertise in the department wasn't being fully utilized," MBAG Director Dick Goody says. "Before the move, the gallery and the department weren't particularly involved with one another." Now, the two work closely together.

Last December, Art and Art History students designed and mounted a hands-on gallery exhibition called *Prints and Printmaking Techniques*. Shannon O'Berski, a senior majoring in art history, helped select prints for the show and worked on its layout and information cards.

"It was a rare opportunity," O'Berski says. "I enjoyed the hands-on work." She says it will aid her in her career goal to become a curator or museum director.

A joint project, the *Seventh Annual Student-Faculty Exhibition*, runs through May 13. About 90 percent of the work is by students. This year, the jurors are Art and Art History instructors Lynn Galbreath and Sally Tardella. They will judge works in familiar categories such as photography, drawing, painting, sculpture and video. Galbreath and Tardella also will judge work in three other less familiar categories: assemblage, usually three-dimensional relief pieces; mixed media, works in which objects are fastened onto flat surfaces; and installation, an exhibit such as a maze, in which viewers can walk.

In the last year, MBAG has been featured twice on the

PBS television art and culture show, *Backstage Pass*.

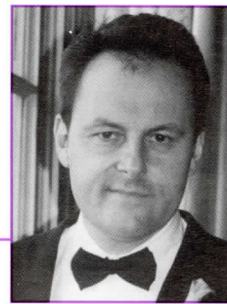
"We've also had fantastic press coverage," Goody says, referring in part to a *Detroit Free Press* story on *The Art of the Cathartic Circle*, a recent MBAG exhibition featuring works by Detroit artists.

In January and February, the gallery mounted *Punch's Progress*, a Detroit Institute of Arts exhibition with puppet performances by a Russian troupe.

"Programming events such as this help establish us as a cultural destination," Goody says. "We had hundreds of schoolchildren here. And we expect 4,000 to 5,000 people to see [the student-faculty exhibition]."

Although many of these viewers will be Meadow Brook Theatre patrons, who visit on performance days – the theatre is located across the hallway from the gallery in Wilson Hall – Goody wants people to visit the gallery for its own sake.

"It's my fervent wish that students will use this gallery as a place for enlightenment, entertainment and meditation," Goody says, "a cultural blood transfusion, right here on campus."



Get to know...

Dick Goody

Position at OU:

Director, MBAG

Hometown: Windsor, England.

Emigrated to America:

In 1983

Education: MFA, The Slade School of Fine Art, London University, London, England; BA in Fine Art, Bath Academy of Art, Wiltshire, England

Teaching experience:

Art history, Henry Ford Community College; painting, Wayne State University; drawing, painting, and historical painting techniques from 1400-1850, Oakland University

Appointed director of MBAG:

January 2000

His painting style:

autobiographical expressionism

Exhibitions of his work

in America: Broadway Gallery, Detroit; Joy Emery Gallery, Grosse Pointe; Willis Gallery, Detroit; and MBAG



Choices, an oil painting on canvas by Amber Ellis

bits and PIECES

License plate update

Adrienne Bass, acting director, Alumni Relations, reports receiving a first check from the Michigan Secretary of State in the amount of \$5,645 – OU's take from the sale of university themed license plates bearing the golden grizzly. The check covers the period from October 1, 2000 – December 31, 2001. As of March 8, 2001, a total of 400 OU plates had been sold. Proceeds benefit the OU Alumni Scholarship Fund.

OU to host information nights on its Executive MBA in Health Care Management Program

The School of Business Administration will host an informal open house spotlighting its Executive MBA in Health Care Management (EMBA-HCM) program on Tuesday, April 24, from 6:30 to 8 p.m. in the R. Hugh and Nancy Elliott Hall of Business and Information Technology. The EMBA-HCM is designed to provide health care professionals with an understanding of the concepts and skills that will assist them in effective management in the health care industry. To meet the needs of busy professionals, EMBA-HCM classes will meet on Friday afternoons and all day Saturday on alternate weekends. The entire program takes 21 months to complete. It consists of two 10-weekend terms and one three-weekend term during the first year, and two 10-weekend terms in the second year. For more information or to make a reservation, call extension 2241, e-mail embahcm@oakland.edu, or visit www.sba.oakland.edu/CE/EMBA/index.html on the Web.

Jam with the English Department

The English Department in the College of Arts and Sciences will sponsor a film and lecture presentation titled, "The Jam Handy Organization's Contributions to American Commerce and Culture," on April 30 at 6:30 p.m. in 201 Dodge Hall. An advertising pioneer, Jam Handy was one of the country's biggest twentieth-century producers of advertising and training films. Handy invented the salesman training film and is hailed as an important film and industry figure both in Detroit and in the nation; his company produced more training and advertising films than New York and Hollywood combined. William Sandy of the Sandy Corporation, to whom Handy sold his business in 1973, will provide introductory remarks. Film scholar Bob Eberwein, professor, English, will show selections from the Jam Handy archives and will provide the accompanying lecture. John Rusche, senior vice president of production at the Sandy Corporation, will provide closing remarks.

Residence Halls first in state to connect with wireless Internet access

OU students living in campus housing are now able to access the wireless local area network, which provides connectivity to the university computer system and the Internet. OU is the first Michigan university that has its entire residence hall community on a wireless system.

"Through the implementation

of the wireless system, students are now able to access the World Wide Web, electronic mail, discussion groups and other data resources," says Eleanor Reynolds, director, University Housing. "The process was worth the time and effort," Reynolds says, "and the rewards of seeing students with their laptops connected to the Internet is very impressive."

Enviro-Explorer's Day Camp

The School of Education and Human Services and the Lowry Center for Early Childhood Education will offer the Enviro-Explorer's Day Camp for the 7th summer. Children ages 2-9 will engage in interesting, hands-on

experiences drawn from physical science, engineering, the life sciences, mathematics, chemistry, biology and environmental science topics or problems. Graduate students in early childhood education will facilitate groups of campers during four camp sessions. The first, "Taking Flight: Why Things Fly? From Wildlife to Flying Machines," is scheduled for June 18-29. Call extension 4100 for more information and to register your child.

Oakland University finishes sixth in college bowl tournament

Oakland University's College Bowl team recently placed sixth among some of the top schools at

the College Bowl Regional Tournament in Ohio. The team defeated competitors from Wayne State University, Central Michigan, Alma College, Wilmington College, Xavier, and Kent State. The OU team was defeated only by the University of Michigan, Case Western Reserve, Ohio Wesleyan, Michigan State, and Ohio State.

"We consider this to be quite an accomplishment considering our captain was not able to attend," said Chuck Archer, senior. "We were extremely proud to represent Oakland."

Next year the team hopes to make the final four and eventually see an established program on campus.

Acing the ACE awards

Cole, Zingo honored

Associate professors Natalie Cole, English, and Martha Zingo, Political Science, College of Arts and Sciences, won the ninth annual Phyllis Law Googasian Award, conferred by the Oakland University chapter of the American Council on Education (ACE) Network for Women Leaders, in March. The award recognizes extraordinary service to the university community and demonstrated commitment to the positive growth, development and advancement of women at Oakland. Cole and Zingo were honored for their role in drafting the final proposal for the college's new women's studies major, which was approved by the Board of Trustees in 2000.

Nominators noted that Cole and Zingo spent many hours writing and rewriting the proposal and shepherding it through the lengthy approval process. They circulated petitions and informational fliers, proposed stories to *The Oakland Post*, and met with administrators to secure their support.

"They stepped in at critical times when strong leadership was essential," says C. Michelle Piskulich, associate professor, Political Science. "Due to the efforts of these two women, Oakland has a dynamic new major that speaks to the experience of women."

Cole's involvement in women's studies at Oakland began seven years ago when her colleague, Susan Hawkins, associate professor, English, asked for help in organizing the annual Women's Studies Film Festival and Seminar. Cole went on to serve on the Women's Studies Executive Committee for four years. That committee had been running the women's studies concentration with help from the sociology department. The group will serve as an advisory board for the director after one is selected.

Zingo, an executive committee member for nine years, has a long history of involvement in women's studies.

After teaching the subject part time at other institutions, she sought similar opportunities when she came to Oakland in 1991. Nominators praised her for providing women with a realistic view of the legal profession through her roles as pre-law adviser and law course instructor.

Zingo and Cole were commended for integrating the experiences of women in their classes. Cole, for example, is teaching a cross-listed women's studies-English course in which she examines women's paid and unpaid labor in 19th-century British culture and fiction. Zingo examines the role of women in society when she teaches "Introduction to American Government."

"In lecture, we talk about what Congress and the Supreme Court look like, what the chances are of getting a female president, and how the decisions of the Supreme Court affect women's lives," Zingo explains. "In all of my theories classes, we look at questions of freedom and equality and the ways in which the culture at large shapes the answers," Zingo says.

Women's studies isn't just for female students and faculty, Cole says.

"We've had a lot of support from male faculty who teach feminist perspectives in their courses. Gary Shepherd (Sociology and Anthropology) and Brian Connery (English) were among some of the strongest chair supporters for getting the major approved. I think women's studies courses are extremely valuable to men and women," Cole says, "in terms of making each student aware of how gender roles shape our identities."

Cole and Zingo credit many others in helping to create the major, including David Downing, dean, CAS, and Mary Papazian, associate dean and associate professor, English.

"We really appreciate the award," Cole says. "We feel that its real benefit is in acknowledging the importance of women's studies as a discipline. It shows that Oakland

At a glance

Natalie Cole

Education: PhD, English, State University of New York at Buffalo; MA, English, Michigan State University; BA, English, Louisiana State University

Teaching highlights: Oakland University associate professor, 1994-present; assistant professor, 1988-1994; Co-recipient of OU's 1998 Teaching Excellence Award

Martha Zingo

Education: PhD, Public Law and Political Philosophy, University of Maryland; MA, Library and Information Sciences, Drexel University; BA, Political Science and Philosophy, University of Delaware

Teaching highlights: Oakland University associate professor, 1998-present; assistant professor, 1991-98; lecturer, 1989, 1991, West Chester University; adjunct assistant professor, 1985-1991, University of Delaware

ACE Award selection committee

Susan Awbrey
Pat Beaver
Janet Blanks
Peggy Cooke
Maria Cseh
Sally Daniel
Elaine Didier
Karen Lloyd
Mary Papazian
Laura Schartman
Maura Selahowski
Gloria Sosa



Natalie Cole and Martha Zingo.

values women's studies. Although we're getting the award, a lot of women stand behind the women's studies effort."

OU senior Lacey Story says she's pleased about the addition of the women's studies major. Story is applying for a double major in women's studies and sociology.

"I think it's excellent," Story says. "It will help students broaden their world views."

calendar of **EVENTS**



Save the date! Join the crowd at the 23rd Annual Meadow Brook Hall Concours d'Elegance on Sunday, August 5, 2001. This year, the classic automobile show salutes the Streamliners.

April
Now

7th Annual Student/Faculty Exhibition. Meadow Brook Art Gallery. Through May 13.

April 15 Baseball vs. Chicago State. Noon.

April 20 Women's basketball banquet. Athletics Center. 6 p.m. Tickets: \$15/person. Call extension 4034 for more information.

April 21 Meadow Brook Hall Volunteer Awards Event. 10 a.m.

April 25 *Little Shop of Horrors.* Meadow Brook Theatre. Through May 20.

April 26 Bring Your Child to Work Day. Sponsored by the AP Assembly. E-mail Lori Tirpak at tirpak@oakland.edu for more information.

May

May 13 Mother's Day Dinner at Meadow Brook Hall. Seatings at 4 and 6:30 p.m. \$50 adults; \$25 children. Reservations required.

May 15 Tea on Tuesdays at Meadow Brook Hall. Third Tuesday of every month. 3-4:30 p.m. \$30 per person. Reservations required.

oakland **WAY OF LIFE**

Are you at risk for diabetes?

Adult onset diabetes (Type 2) is nearing epidemic levels in the United States, affecting nearly 16 million Americans or six percent of the popula-

tion, according to the American Diabetes Association. An estimated 5.4 million people, or one-third of those affected, are unaware that they have the disease.

Type 2 diabetes is a chronic disease that has no cure. But it can be controlled with the proper treatment. It is a metabolic disorder resulting from the body's inability to make enough insulin or to properly use it. Insulin is a hormone that allows blood glucose (blood sugar) to enter the cells of the body and be used for energy. While the cause of diabetes is unknown, both genetics and environmental factors such as obesity and lack of exercise appear to play roles. Those at greater risk for Type 2 diabetes include:

- People over age 45
 - People with a family history of diabetes
 - People who are overweight
 - People who do not exercise regularly
 - People with low HDL cholesterol or high triglycerides
 - African Americans, Latinos, Asians and Pacific Islanders, and Native Americans
 - Women who had gestational diabetes, a form occurring in two to five percent of all pregnancies, or who have had a baby weigh nine pounds or more at birth
- Warning signs include:

frequent urination; unusual thirst; extreme hunger; unusual weight loss; extreme fatigue; irritability; frequent infections; blurred vision; cuts or bruises that are slow to heal; tingling or numbness in the hands or feet; and recurring skin, gum or bladder infections.

People with Type 2 diabetes usually develop the disease after age 45; the risk increases with age. Nearly 18.4 percent of the U.S. population aged 65 and older has diabetes.

Diabetes is the seventh leading cause of death in the U.S. Complications include:

blindness, kidney disease, heart disease and stroke, nerve disease, amputations and impotence. Men over the age of 50 with diabetes have impotence rates as high as 50-60 percent.

The goal of treatment is to lower blood sugar levels and improve the body's use of insulin with meal planning, exercise and weight loss.

I recommend achieving an optimal body fat content, participating in a regular conditioning program and maintaining a diet that includes at least 25 grams of fiber each day.

— Fred W. Stransky, PhD
Director, Meadow Brook Health Enhancement Institute

Listen to Fred Stransky's "Secrets of Good Health" radio program on Sundays at 10 p.m. on WJR-AM 760. Or check out his new book, *The Good News: About Nutrition, Exercise and Weight Control*, co-published by the Oakland University Press and Momentum Books. For a copy, call (248) 370-3198 or visit Amazon.com, Dickson's Bible Bookstores or any St. John Health System/Providence pharmacy.



Summing up the season
OU women win second straight Mid-Con crown

The Golden Grizzlies women's basketball team ended the regular season with its second straight Mid-Continent Conference championship. Led by OU senior Beth Zeone (guard, 5-10), who scored 29 points, and junior Sarah Judd (forward, 5-11), who contributed 22 points, the Grizzlies defeated Youngstown State 77-52.

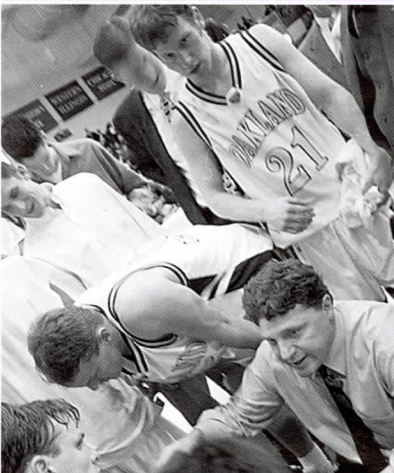
The win earned the Grizzlies the top seed in the 2001 Mid-Continent

Conference Vera Bradley Women's Basketball Tournament, where they advanced to the final for the first time, but fell to Oral Roberts 61-46.

6 Golden Grizzlies named to All-Conference team

Six Oakland University basketball players have been named to the Mid-Continent Conference All-Conference team for their efforts over the past season. The four women include junior Sarah Judd (forward, 5-11), senior Beth Zeone (guard, 5-10), sophomore Katie Wolfe (guard, 5-9) and freshman Naomi Nickleberry (guard, 5-8). Nickleberry also was named Newcomer of the Year.

The two men's team honorees are Jason Rozycki (guard, 6-3) and Mike Helms (guard, 6-0). Helms also was named a co-Newcomer of the Year.



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DEADLINES

Submit items for publication no later than the 10th of the month before publication.