

“SUCCESS— THE ONLY OPTION”

The Publications class is once again presenting the summer highlights In Focus. Once the student journalists met the deadlines set by Ms. Rebecca Tomczak, Ms. Natalie Nagl with the help of Mr. Jeff Ragland completed the layout and editing. Congratulations on a job well done. We all appreciate your hard work.

This year's Summer Academy has been challenging in many ways. Even though Ms. Graham, who has been recovering from surgery, has always been available to answer questions and guide the administrative team, her presence has truly been missed. During her absence, the rest of the team worked very hard to support each other and achieve the goals.

The residential team was quite unique this year because it was made up of mostly Oakland University students. This year's team demonstrated such a great deal of creativity, professionalism, and teamwork in developing projects for the students. For Empowerment Week, mentors created a series of male/female activities and projects for the students. “Beauty Night” for the ladies and “How to Become a Successful Man,” for the

gentlemen filled one evening. Other topics included “Fielding Challenges,” “How to Interview,” and “Preparing for the Real World.”



Kevin Sanders
Head Resident

The students found this experience exciting and informative. The project brought the entire residential team closer than ever before. It was outstanding teamwork by an outstanding team.



Mentors: Pasha Shipp, Dorian Hill, Curshaw Jackson, Vincent Daniels, Canei Womack, Randall Moore, and Theresa Floyd

PUB served thirty residential participants this summer. PUB students were enrolled in Spanish, English, Computers, Reading, Writing, Science, Guidance and Performing Arts. Our Classroom on Wheels experience was to the National Holocaust Museum in Farmington Hills. This emotional experience brought the text of our history books to life. After such an experience, students as well as staff gained a greater appreciation, respect and understanding of the Jewish culture.

The newest addition to the summer program took the form of technology. The students were able to answer questions and respond through their newly purchased clickers.

PUB's 2011 Senior Seminar participants took technology to the next level. This year's Senior Seminar class consisted of nineteen extremely motivated students who actively engaged and incorporated technology into every classroom assignment. Seniors learned how to create electronic portfolios, and upload videos and documents for the successful submission of college applications.

The primary focus for the Senior class assignments was the development of an individual Power Point presentation of each student's college research findings and college matches to be presented to parents and administrators.

This year's theme was “Success – the only option.” The wonderfully motivated students and the totally committed staff made this summer a complete success. Let's carry this energy and determination into the next Academic Year.



Carolyn Delia
Academic Coordinator



Kecia Jones
Project Advisor

Classroom on Wheels...

Holocaust Museum

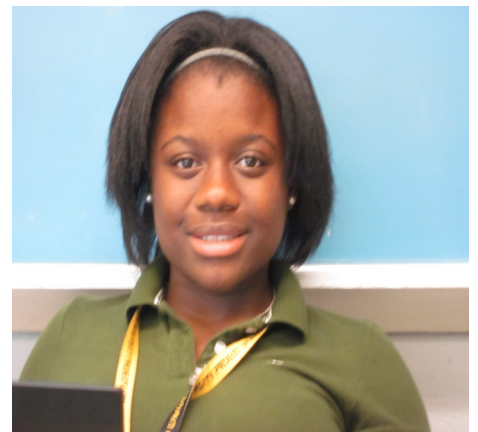
On the trip to the Holocaust Museum, I learned many things. During the trip, I learned that the Holocaust had begun in 1933 when Hitler came to power in Germany. Holocaust means “sacrifice by fire”. On the tour, I found out that many families were separated. I learned that a lot of people didn’t get to tell their stories. The way I found this out is, when we first walked into the museum, there was a sculpture. The sculpture was a bunch of empty scrolls with holes in them, which represented that many Jews during the Holocaust didn’t get to tell their stories; so they used the scrolls to represent the people who didn’t tell their stories.



During the middle of the tour, I learned about the concentration camps that they had there; there were many types of those camps. Almost everyone that was sent to the camps were worked and starved to death. The Nazis were killing large groups of people quickly. I didn’t like the fact that a lot of the Jews were really violated. A way in which they were violated is when they were killed, the Nazis would just pile their

bodies up on top of one another and they were really skinny and they were nude. The thing that really caught my attention is how they would kill young kids just because they weren’t of Aryan blood.

At the end of the trip, the thing that really opened my eyes is the life stories that were on these poles in this bright room. When we walked into the room there was really sad music playing and there were just these pictures of young children and paragraphs under the picture. Many of the children were sent to concentration camps, had lost their parents and had to raise their younger siblings. I believe that Hitler did all of these things to people because of his own past. I don’t think that he should have taken it out on all the Jews. The museum tour was a powerful experience for me.



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OAKLAND UNIVERSITY'S
PROJECT UPWARD BOUND
COLLEGE PREP ACADEMY**

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**Please enjoy the full color version
of IN FOCUS at PUB's website:
www.oakland.edu/upwardbound**

By: Kayla Lee- Mays

PUB Adventures...

D.C. Trip

I absolutely loved the trip to D.C. I never thought that I would be going there ever in my life. It would be so cool if there was a National Summer Program where students from different states get to spend the summer at a college, like what we do here. It would be more mind-opening.

I was surprised at how nice everyone was even though we didn't know each other. Now, I have 12 new family members from Team Awesome. We really got a chance to learn that we are not the only people who feel the way we feel. It makes it more powerful because we all come from different states. There was even someone from the Virgin Islands.

I also learned that everyone around me is not going to agree with me, but that we are all connected by our lifeline, even though we see differences off the bat. But did you know that when you "compare" yourself to people, you are actually judging them? Just remember that every single one of us are "cracked" to begin with. But it's your decision whether you want to fix those cracks and show them off, or simply hide in them.

We also learned how to speak to each other the right way because lately it's all about the cell phones. So we had to stand literally two feet away from our partner and make eye contact the entire time, while expressing our opinion to someone we barely knew. We also had the honor of hearing Joe Rogers do a MLK speech, and he sounded just like him.

The day we got to go to Capitol Hill and express our testimony was so real because the first thing I found myself saying was guidance. We have so much of it at PUB. Throughout the whole week we were in our groups at night trying to get our bill done and finalized. We had a great topic: "Superman, Spiderman, and Batman- Heroes or Misleading idols?" We changed it because we felt a superhero was sexist and racist.

Then when I got back on that plane, I found myself sad because the best and worst part was meeting new people. We would never see them again. All in all it was a great trip, definitely one to remember.

-Kineasha Wiggins

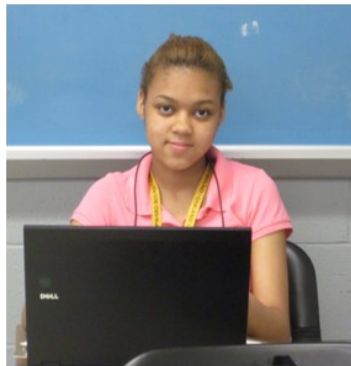


Guest Speaker... Carolyn Clifford

Thursday July 21, 2011, we had a guest speaker named Carolyn Clifford from the Channel 7 News. It was a great experience to meet her. She talked to us PUB students about many different things. But one main thing she really talked to us about was being a journalist. From everything she told us about being a journalist I think it is a really huge task to take on.



She also talked to us about how college is very important. I really enjoyed meeting Mrs. Clifford.



Vanessa Perkins

Family Day (Picnic)

The family picnic day was a different experience. It was hot and sticky but interesting to see people

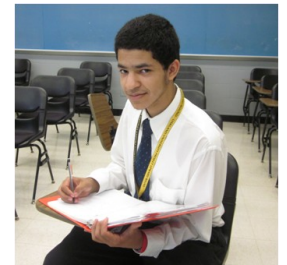


from PUB in a different light. It took us 30 minutes just to find the location on top of our normal 45 minute drive. So when I arrived, I already wasn't in the best of moods. However, I made the best of it by enjoying my family.

-Elena Barnes

Baker College

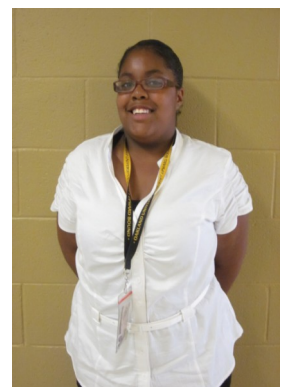
The Baker College presentation was interesting. Baker offers a hands-on learning experience for the top careers with people from that occupation. They get the jobs that students like and students start careers as soon as possible. Most importantly, Baker gives you the classes that you need that deal with your career and nothing else.



Cris Morales

My experience at Baker College was fun and interesting. When we went there a spokesperson talked to us about college life on campus and how we can experience life in the apartment just as if we were to buy one. The spokesperson explained that the classes at Baker would also help us get to other colleges if we decided to leave Baker. What I liked the most about the tour was that we were all able to see what it was like in the classrooms; it was very cool. I also liked how one of the tour guides told me that they have a culinary arts section. I love to cook and maybe one day I would be able to get my creative cooking recipes out in the world.

-Adriana Lucien



Slammin' at the Poetry Slam ...



Summer Academy 2011 Poetry Slam in the O.C.

Reflections on the poetry slam:

"It was a great experience for my PUB family."

-Cris Morales

"Who said it is o.k. to stay emotion free, to each other's hearts at PUB we all have a key."

-Jody Harrison

"The poetry slam brought out the personalities of my peers and it was a good experience."

-Adriana Lucien

"The poetry slam was a really good experience. It showed me a different side of my peers that I didn't really know about. All together it was fun and uplifting."

-Vanessa Perkins

"It was a beautiful experience that me and my PUB family enjoyed."

-Kristen Davis

"The poetry slam was heart-warming."

-Markell Dexter

"The poetry slam allowed us to express our feelings with our PUB family and it was an event that I will never forget."

-Renee' Thornton

Ms. Sarah Emery (the Reading teacher behind the wonderful event),
Kayla Lee- Mays, Kristen Davis and Cris Morales



All Project Upward Bound students were gathered after dinner to go to the Oakland Center for the mandatory Poetry Slam, during which they would receive a grade for their poem presentation. As the students settled in, waiting for their turn to go up, there was a nervous aura covering everyone like a veil. There was also excitement and still happiness from those watching their friends and listening to the thought provoking poetry. Some people read simple poetry to express individuality, while others shared their feelings through a graceful bouquet of words that were well thought out and planned. There were those who made mistakes, stumbling over words or walking off stage without introducing the next reader, but it all was seen as humorous and allowed viewers to loosen up before their own part. Parents, teachers, peer mentors, and other PUB faculty members were laughing and feeling the emotion behind the poems and raps as the Slam moved forward. The students were encouraging their friends. It may have looked like a college student center with the stage and refreshments, but the inspiration mixed with peace and freedom took away any feeling that this experience was anything less than a wonderful poetry slam.

-Sereen Abouzahr

The students showed passion, originality, pain, love and everything you can think of all in one poem. Some made people laugh, while others cried. In my eyes, everybody did an excellent job. It's not like they just wrote something because it was a grade, and you could tell. This was the first poetry slam I've ever been to, and if I go to another one, it will be very hard to top the 2011 Poetry Slam at Project Upward Bound.

-Elena Barnes



PUB PUBLICATIONS STUDENTS BECOME THE JOURNALISTS

STUDENT INTERVIEWS...

A Breath of Energy

Soon after she was born in Detroit, Ms. Pasha's family moved to Southfield. The self-described energetic Ms. Pasha explained that the move with her mother to Auburn Hills after her parents' divorce permanently changed her, making her who she is today. She became involved in theatre and was a much more outgoing person because of the move. Ms. Pasha lives by this quote by Eleanor Roosevelt: "The future belongs to those who believe in the beauty of their dreams."

Ms. Pasha went to Avondale High School, and now attends Western Michigan University. She is taking a math course, along with French, communications, sociology, and journalism, which is her major. Ms. Pasha decided to go into journalism because she loves stories and ultimately wants to become an author. In her free time, she loves to write and is currently working on a novel. She shares that, when she was younger, she would wave a watch around to get her creative juices flowing as she told stories. Ms. Pasha says that the words "thoughtful," "outgoing," "sociable," "expressive," "creative," "kind," "relatable," "caring," and "confident" describe her. They most certainly do, and she shows this in her writing and everyday life.

Currently, Ms. Pasha is a peer mentor in Oakland University's Project Upward Bound. She never was a participant in the program because she found out about it when she was too old for it. However, from what she's seen, she'd recommend this program to all young high school students if she could. She believes that the program encourages students to go college and fulfill their dreams. Unconfident, unsure students that go through PUB would be exposed to options and the college experience, and also learn how to be good peers and sociable to others.

To Ms. Pasha, being a peer mentor means to be a teacher and a student. The peer mentors teach what they know about experiences, life and college, etc., but at the same time, learn from others. It's a big responsibility for them because they have to be a good example to the teens in the program. There is nothing without hardships, however, and the long work hours with no sleep are definitely the worst for Ms. Pasha. The positives outweigh the negatives in this case because she loves reaching out to the students and seeing them change and grow into flourishing fields of success. She also enjoys the family feeling with the other peer mentors and staff mentors. They talk and hang out all the time, and really feel like real brothers and sisters.

Ms. Pasha is definitely a fun loving person and a go-getter, and it really is great to have her be a part of this college program because of what she brings to it.



Sereen Abouzahr

The Counseling Mode

Wanting to be a marriage and family therapist I decided to interview Genevieve Taylor, a counselor at the SEHS Counseling Center at Oakland University. I had the opportunity to sit down and ask Ms. Taylor about many aspects of the counseling career. It was very informative and exciting at the same time.

My first question was of course the main question: "What made you choose this profession?" Ms. Taylor always has had counseling as a career in the back of her mind, since she was about ten. She said she just has "the personality for it." By talking with her, I highly agree. Ms. Taylor admits there can be disadvantages, like staying in the counseling mindset. "I don't realize when I'm in my counseling mode, and everybody doesn't want to hear that all the time." Some people just need their friends to listen to them and not jump straight into what they think they should do or how they should handle something. This is her issue at times. The advantage is being able to help people who can't see their own problems, "I like to help people help themselves."

I also asked her about free time and does she really have time for friends and family. I found out that during school, she did kind of put them off, because of how time consuming it can be. Eventually she had to realize that she did need time for herself. She also told me that during internships, the department highly suggests not picking up another job; it's very difficult, because of schedules.

Ms. Taylor told me many good things about the career, so I decided to ask her what the challenges are. The main challenge to her is paperwork. Paperwork is a very big part of it, because even though it's all confidential, whatever she documents could affect the patient. The part of the job that she loves the most is getting the patient agitated, because when they're agitated they open up.

She told me what I needed to do during school to enter this profession, such as taking classes like psychology, sociology, and similar subjects. I found that the salary for this career varies from \$30,000 to \$100,000. To earn a degree in this profession you need to have your Masters Degree and have 3,000 hours of supervised practice. The internship really helps with getting a job because many people can refer you to people.

It was very nice to get the chance to sit down and learn about the career and also learn about Ms. Taylor's experiences, challenges, preferences, and many other things about the counseling career.



Elena Barnes

STUDENT INTERVIEWS (CONT.)

Athletic Director

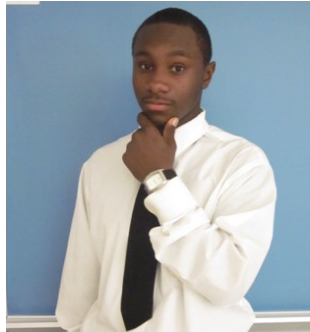
On Friday July 15, I interviewed Holly Kerstner who is the athletic director at Oakland University. I went in her office, greeted her, introduced myself and stated my reason for being there. I just loved the fact that she was open for me to ask any question I pleased.

What Ms. Kerstner does is oversee all academics and also makes sure that the athletes meet the NCAA requirements. She originally wanted to be a counselor but turned out to be an awesome athletic director that everyone loves.

She enjoys a lot of things but mostly students and talking to the students about personal problems and helping them figure out what to do to grow into a responsible adult. She loves the outcome of a growing student. Right now Ms. Kerstner does not have any children. She is not married and the rest of her family does not live close by Auburn Hills.

The salary of someone in this profession differs, and when I say differs, I mean it depends on your degree, how much experience you have and the location of job. It ranges from \$50,000 to \$100,000. Later on in the interview Ms. Kerstner stated that she also enjoys watching students evolve, particularly the ones that didn't care, those that she helped change their state of mind.

After I wrote the last answer she gave she wanted to know which school I attend and what I do there, and if I knew Mr. Sheppard who is currently Pontiac High School's athletic director. It was nice interviewing someone because it brought me out of my comfort zone and it went well.



Jody Harrison

The Medical Field

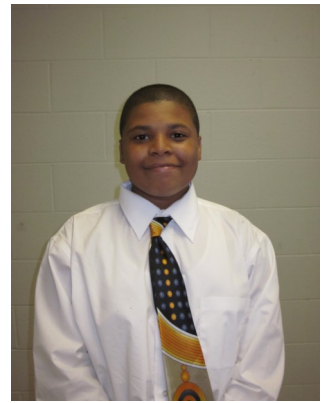
The person Vanessa and I interviewed was Ms. Deana Hays. Both of us wanted to work in the medical field. Ms. Hays wanted to become a Nurse Practitioner because she loves to help others. She enjoys seeing people get better and giving them the advice they need to get well. One big disadvantage is telling her patients that there's nothing they can do.

-Renee' Thornton



Engineering

On Wednesday, July 20th, I interviewed Mr. Patrick Bennett who is the advisor of the engineering department located on the Oakland University campus. I asked Mr. Bennett how many men and women were recruited. His answer was a shock. Mr. Pat Bennett said only about two hundred every year. I also asked Mr. Bennett what the average salary was for an engineering adviser. Without hesitation Mr. Bennett said with a bachelors degree, it was \$20,000 to \$40,000 but with a Master degree it jumped to \$60,000 to \$80,000.



Markell Dexter

During the interview I told Mr. Bennett that I was really interested in Engineering. He quickly ran me through a little list telling me what they do. He stated that engineers make the shower systems and the one and only "iPod".

School Advisor

I was chosen to interview the Academic Adviser of Oakland University's Medical School, Dr. Gary Moore. He is in charge of the academic side of the medical program. I learned a lot that I didn't know and was not aware of before.

He told me how long I would need to be in school and the subjects that I need to do well in, which are science and math, because without that knowledge I could not get anywhere.

Dr. Moore completed nine years of college after high school, and has his Bachelor's, Master's, and Ph. D. During the thirty years of his profession, he gained the skills and ability to solve problems and resolve conflicts in the work place. From this experience I learned that I need to work harder to be successful in life.

-Kristen Davis





Gospel fest...



Victorious (Praise Dance Group)
PUB Senior Seminar Members:
Shalanda Taylor,
Kineasha Wiggins, and
Erica Butts



PUB Choir performing under the direction of
Mr. Norman Wright the PUB Choir Director



St. Stephen Dancers performance



Renee' Thornton signing

On Wednesday evening July 21, 2011, the Project Upward Bound Gospel Fest was fun and exciting. Everyone really showed wonderful talents. The singing, clapping, dancing and praising really felt like we should have been in church. While on stage I'm sure every one of us had the same amount of butterflies in our stomachs, but by the time we left everybody felt fine. The PUB Choir did three song selections; six of our students had solos in those songs. It was nice to see how everything came together.

Four of our own Project Upward Bound students were our Mistresses and Masters of Ceremony. They were Catherine Daoud, Renee' Thornton, Sa'Vonne Keys and Jody Harrison. Renee' Thornton did a signing dance for us which was very excellent. She was followed by Victoria Nealy-Whitfield who did a beautiful song selection. We also had three Praise Dances by Victorious, St. Stephen Dancers, and a solo by Erica Butts.

We became closer as a family and that had to be the best part. The dancing was phenomenal and the singing was excellent. I'm sure everybody including parents, staff, and of course ourselves were very proud. The talents that were all brought together in those hours were beautiful. The 2011 Project Upward Bound Gospel Fest was great!

-Elena Barnes



Mr. Sanders and the Mistresses
and Masters of Ceremony
(Renee' Thornton, Catherine Daoud,
Sa' Vonne Keys, and
Jody Harrison)



PUB Choir



Victoria Nealy-Whitfield's
solo performance



Meadowbrook Theatre



This is a poem that I came up with to express how important it is to follow your heart and get your education.

I was told follow your heart no matter what you're thinking you know that feeling when your stomach is sinking, take your time making decisions and be patient because consequences are cold and this is a world with no blanket, with shivering thought to bone chilling memories people blow them off with grey goose followed by lemon squeeze but that blows getting in the door and I'm just ask'n can you let me squееееее, my foot in the pool is our future and we only got our foot in we gotta get our education to throw our goggles on and jump in, people too cool say'n homeboy I'm chill'n I say stay in them streets, in two years you won't be living money decapitated all humanity and we still trying to make a killing all these thoughts enter my head as I'm looking at the ceiling I wrote this just to let you know how I'm feeling.

-Jody Harrison

Do you ever get that feeling?

Do you ever get that feeling that no one loves you, your parents hate you, do you ever get that feeling when you wonder why you are here on this earth, and do you ever get that feeling when you are being watched by strangers every day, do you ever get that feeling like there is a sound stuck in your head that you can't get rid of, do you ever get that feeling when no one wants you around, do you ever get that feeling I know I do it's hard to get rid of that feeling, sometimes I wonder how can you get rid of that feeling way deep inside.

-Adriana Lucien

POWER

The power that we control.
Is nothing we have thought of before.
Children will feed off this power.
And make it a power of their own.
Never did you think that power has a high and low.
Even though you can feel powerful in front of people.
When you are alone your power has drained to zero.
Life is like a box of power.
Because you never know the power that you're going to hold.
Power is limitless.
You are never in control.

-Cris Morales

"A Crack in the Surface"

The vegetarian/vegan band Rise Against has a song on their album, *Appeal to Reason*, called "Hairline Fracture." The band is very much like a group of people who revolt against what is obviously wrong but unnoticed by most. The song itself is basically saying that something small is ruining something larger—the bigger picture. Lines like, "a crack in the surface," show this is true.

The bridge of the song is the resolution of the song's story. The singer basically says that, yes, he still feels the pain of the past, but he still moves forward. He hides it and pretends it doesn't faze him, but it does make him tired of putting on a façade. Yet, he can still carry on. I love this song because of the message it cloaks: it's okay to have pain, just so long as it doesn't hold you back from your future.

-Screen Abouzahr



FRIENDS!!!

Friends! We all have them. There are many different types of friends. It could be friends that are real and who really care about you and don't want you to make the wrong decisions. There could be fake friends who just smile all up in your face. But at the same time they are talking about you behind your back.

It's good for you to have a lot of friends. But just make sure they are the right type of friends. You don't want friends who try to influence you to do bad things or try to get you to be negative. You want friends who try to get you to stay positive and do the right things and really care about you. Me, personally, I had a lot of friends who were negative. So I just stayed away from them and found friends who really care for me. So be careful who you choose to be your friend!

-Vanessa Perkins

New PUB Newsletter feature: Bilingual



Change is one of the most powerful aspects of the PUB program. As members of the program, the students gain the ability to trust others as well as themselves. They grow to become independent due to the

fact that they must maintain a schedule and their grades in the summer classes. As a result, the students find themselves becoming adults.

Sometimes students have a hard time because their trust has been violated in the past. Many students gain the ability to trust again as a result of positive interactions between their peers as well as authority figures. The peer mentors become a source of motivation since they help to empower the students.

In Project Upward Bound, students are one step ahead because they gain valuable experience academically and personally. In addition, students learn that diversity will play an important role in their adult lives. Project Upward Bound helps students strengthen their communication skills with both their peers and authority figures. As students gain these skills, they learn how to seek answers for their future. In doing so, they also gain the tools needed to become successful, independent young adults.

Project Upward Bound is a nationally funded program designed to provide special opportunities to specifically targeted areas. For example, students have the opportunity to learn and hear words of encouragement and motivation from some of the world's prominent figures—such as President Obama. Very simply, Project Upward Bound helps students make a difference in their lives and in the lives of others.

El cambio es uno de los aspectos mas fuertes en el Programa Upward Bound. Como miembros del programa los estudiantes obtienen la habilidad de confiar en otras personas asi como tambien en ellos mismos, ellos llegan hacer independientes ya que tienen que someterse a un horario rigido y mantener calificaciones buenas durante las clases de verano. Como resultado esto les ayuda a crecer como adultos.

Algunas veces los estudiantes no tienen confianza en si mismos porque fueron traicionados en el pasado, en este programa muchos estudiantes obtiene la habilidad de tener confianza otra vez debido a la interaccion positiva con sus compañeros asi como tambien con sus maestros y personal administrativo. Los guías llegan a ser modelos a seguir y un recurso de motivación ya que les ayudan a tener confianza en si mismos otra vez.

En el programa PUB los estudiantes estan más adelantados que sus compañeros de escuela por que obtienen experiencias buenas academica y personalmente. Además los estudiantes aprenden que la diversidad va a jugar un rol importante en sus vidas. El programa PUB ayuda a los estudiantes a fortalecer sus habilidades de comunicación con compañeros, personal administrativo y profesores. Mientras los estudiantes obtienen estas habilidades de comunicacion, aprenden a buscar respuestas que en un future podrian presentarseles.

PUB es un programa nacional creado para proveer oportunidades a areas especificas de la población. Una de las oportunidades que tienen los estudiante aquí es de escuchar y aprender vocabulario de figuras mundialmente importantes tales como el Presidente Obama. Simplemente el programa PUB ayuda a los estudiantes hacer la diferencia en sus vidas y en la de los demás.



Special Announcement:

Congratulations PUB Senior Daryl Jackson!
Mr. Jackson has been awarded a \$1,000 scholarship from the Karen M. Turner Educational Foundation.



Summer Publications Class 2011:

Kristen Davis, Markell Dexter
Sereen Abouzahr, Elena Barnes, Jody Harrison,
Kayla Lee-Mays, Vanessa Perkins, Adriana Lucien,
Cristopher Morales, Renee' Thornton



Teachers: Natalie Nagl, Rebecca Tomczak

Tutors: Jeff Ragland, Alex Saunders

