



OAKLAND UNIVERSITY WILLIAM BEAUMONT

Medical Library

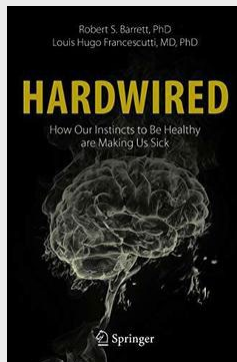
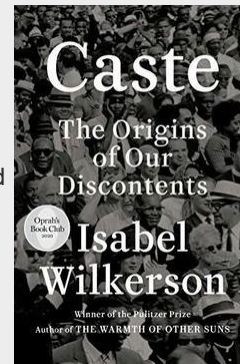
Medical Library *NEWS*

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Summer Reading List

As we transition into the summer months, a period when things in academia generally slow down, we thought we might take a slightly more light-hearted approach to our newsletter and offer some summer reading recommendations. While not exactly “beach reads,” consider adding these new library books to your summer reading list:

[Caste: The Origins of Our Discontents](#) by Isabel Wilkerson - A New York Times Best Seller and one of Oprah's Book Club Picks, author Isabel Wilkerson explores America's hidden caste system and its impact on our history, culture, and politics. "As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power - which groups have it and which do not."



[Hardwired: How Our Instincts to be Healthy are Making Us Sick](#) by Robert S. Barrett and Louis Hugo Francescutti - This book is about modern health or lack of it. The authors make two key arguments: that our deteriorating wellness is rapidly becoming a health emergency, and two, that much of these trends are rooted in the way our highly evolved hardwired brains and bodies deal with modern social change. This is an interesting, easy read through history and the evolutionary theories that have led to many of the unfortunate aspects of modern society.

New Resources List

Check out the [4th Quarter 2021 New Titles List](#) featuring our latest eBooks and print books including:

- [Close Encounters of the Microbial Kind: Everything You Need to Know About Common Infections](#), by Michael Wilson (eBook)
- Buidling a Life Worth Living: A Memoir, by Masha M. Linehan - RJ 506 .S9 L56 2020 (Med Study Room)
- [Katzung & Trevor's Pharmacology: Examination & Board Review 13th edition](#) (eBook)
- I Hate You – Don't Leave Me: Understanding the Borderline Personality, by Jerold J. Kreisman - RC 569.5 .B67 K74 2010 (3rd Floor Circulation)



July Hours

Kresge and the Medical Library Hours will remain the same throughout July and August, as listed below. However, be aware that the library will be **closed on July 4th and 5th** in observation of Independence Day:

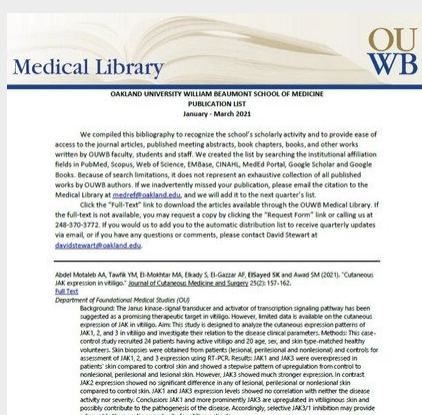
- **Monday - Friday: 8:00am - 8:00pm**
- **Saturday: Closed**
- **Sunday: 10:00am - 6:00pm**

Summer Reference & Research Consultations: Library faculty will be available throughout the summer to provide individual instruction, tutorial, and consultation for students who work on their Embark or Summer Internship projects.

Students can contact our librarians to schedule meetings by:

- [Emailing us](#) directly
- Signing up for a one-on-one virtual consultation using our [Librarian Appointment Calendar](#)

January - March 2021 Publication List



The Medical Library has completed its [January - March Publication List for 2021](#). This year's 1st quarter includes 236 citations, with 56 from OUWB Medical Students, and 23 from our Foundational Medical Studies Faculty.

This is not an exhaustive list, and we do make mistakes, so if we have inadvertently missed a publication, please let us know! And if you have a citation that you'd like to ensure shows up on our list, please submit to our publication submission.

OUWB publication reports for previous quarters can be found on the Medical Library website.

New Resource - Nutrition Database

[Nutrition and Food Sciences](#) is a specialist internet resource that gathers together research, reviews and news on nutrition and the food sciences in an easily searchable database. It covers the whole food chain from the raw ingredients to the physiological and health effects of nutrients. Key subject areas include public health, clinical nutrition, nutrition physiology, food safety, food security, consumer behavior, food science and technology, and food product groups such as functional foods. It includes full-text journal articles, conference papers, reports, news items, and reviews and reports written by subject experts.

This is a Kresge Library subscription, but we've linked to it from the Medical Library's [Databases web page](#) for easy access.

UV Safety in the Summer

Now that we're well into the swing of summer, it's a good time to highlight resources that support UV Safety Awareness Month. After a long, cold, grey Michigan winter, it's important to remember to protect our skin and eyes as we enjoy the bright summer sun!

- A great source of high-quality, authoritative, consumer-level information is the [MedlinePlus Sun Exposure](#) topic page. It includes a nice summary and links to information on prevention and risk factors, treatments, videos, statistics, and articles on PubMed.
- Use [VisualDX](#) to view images of the damages of UV exposure. More than 28% of VisualDX's images are of skin of color.
- [UpToDate](#) is an excellent resource for both professional-level information and patient handouts. Relevant topics include: "Photokeratitis," "Sunburn," and "Risk Factors for the Development of Melanoma."
- The chapter on [Exposure to Radiation from the Sun](#) in Auerbach's Wilderness Medicine is worth a read for anyone getting ready to go hiking or camping.

Questions? Comments?

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