



Monday, February 9, 2004

Women soccer players earn national, regional awards

Oakland University women's soccer sensations **Lisa-Marie Woods** (Oslo, Norway) and **Cat Panabaker** (Hamilton, Ontario), both freshmen, picked up numerous post-season honors after enjoying successful seasons with the Golden Grizzlies.

Woods was named a first team Freshman All-American and Great Lakes Freshman Player of the Year by **Soccer Buzz**. She also was named to second team All-Great Lakes and All-Freshman Great Lakes Region teams. Panabaker joins Woods on the All-Freshman Great Lakes Region squad.

Woods, who was named the 2003 Mid-Continent Conference's Newcomer of the Year and first team All-Mid-Con, joined Panabaker, who was named second-team All-Mid-Con, in leading the Golden Grizzlies to their fourth consecutive Mid-Con Championship title and third Mid-Con regular-season crown this past season. Oakland finished the season with a 15-5-1 record and made its third consecutive appearance in the NCAA Women's College Cup.

Woods finished third on the team in scoring, tallying six goals and seven assists for a total of 19 points. She is the second player in school history to nab a top regional award. She joins Anita Rapp, who was the 2001 regional Player of the Year, in adding to the Grizzlies' growing Division I accomplishments.

The Great Lakes Region consists of 51 teams. Post-season honors are voted on by all Division I head coaches as well as Soccer Buzz staff. The national awards are voted on by all 298 Division I head coaches and Soccer Buzz staff. Both awards have been given since 1996.

For more information on OU's women's soccer team, visit the **OU Athletics** Web site.

SUMMARY

Oakland University women's soccer players Lisa-Marie Woods and Cat Panabaker each picked up numerous post-season honors after enjoying successful seasons. Woods was named a first team Freshman All-American and Great Lakes Freshman Player of the Year by Soccer Buzz. She also was named to second team All-Great Lakes and All-Freshman Great Lakes Region teams. Panabaker joins Woods on the All-Freshman Great Lakes Region squad.

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