



Monday, September 8, 2003

## OU hosting Metro Detroit Heart Walk Sept. 20

Help stamp out heart disease by participating in the American Heart Association's **Metro Detroit American Heart Walk** on Saturday, Sept. 20, on the Meadow Brook Music Festival grounds at Oakland University.

OU is teaming up once again with the American Heart Association to host this year's walk.

Money raised from the Metro Detroit American Heart Walk provides funds for cardiovascular research and community education programs in metro Detroit. Last year, the metro Detroit walk raised more than \$1.2 million. This year's goal is to raise more than \$1.6 million.

You can sign up as a team captain and help recruit co-workers, family, friends and neighbors or join an existing team by going to the **2003 Metro Detroit American Heart Walk** Web site and following the instructions.

Walkers may choose between a 1-mile or 2.5-mile course. Festivities begin at 7:30 a.m. with the opening ceremonies starting at 9 a.m.

The Metro Detroit American Heart Walk is one of the largest Heart Walks in the country.

For more information, contact Joann Burrington, administrative project coordinator for OU's School of Nursing, at (248) 370-4065 or [burringt@oakland.edu](mailto:burringt@oakland.edu) or Tracey Glover from the American Heart Association at (248) 827-4214 or [tracey.glover@heart.org](mailto:tracey.glover@heart.org).

### SUMMARY

Help stamp out heart disease by participating in the American Heart Association's Metro Detroit American Heart Walk on Saturday, Sept. 20, on the Meadow Brook Music Festival grounds at Oakland University. Money raised from the Metro Detroit American Heart Walk provides funds for cardiovascular research and community education programs in metro Detroit.

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Article Start Date: Tuesday, October 7, 2003