



Tuesday, April 8, 2003

## Use your benefits wisely - ER or Urgent Care?

It's 9 p.m. when your child comes down with a fever and you suspect an ear infection. In the past, you had two unappealing options: wait until the morning when the pediatrician's office opens or go to the emergency room.

However, there's another alternative for treatment of minor illnesses and injuries – urgent care facilities.

Not only will the co-pay be \$5 instead of \$25 for an emergency room visit, chances are your wait will be shorter.

Obtaining proper treatment is the most significant consideration in health care, but it's also important to be an educated consumer. Urgent care facilities fit the bill for many situations.

A trip to the ER is imperative for emergencies such as sudden loss of consciousness, severe bleeding, suspected heart attack or abdominal pain. However, urgent care facilities are ideal for people with minor problems that could worsen if not treated.

Located throughout the metro-Detroit area, these clinics are open during the evening and weekend hours when most physician offices are closed.

Visiting an urgent care facility instead of the ER is one of the ways employees can help control the skyrocketing cost of benefits. Inappropriate and excessive use of the emergency room, for non-emergencies or routine care, results in higher medical premiums through higher medical costs. An average emergency room visit is \$400 to \$1,000.

Following are urgent care facilities in Macomb and Oakland counties:

### **HAP Urgent Care Facilities (Macomb and Oakland counties)**

#### ***Clarkston Ambulatory Care Center***

(248) 625-2273  
6770 Dixie Hwy., Suite 200  
Clarkston

#### ***Crittenton Pediatric Urgent Care Center***

(248) 652-5494  
1101 W. University  
Rochester

#### ***DMC - Urgent Care Center – Novi***

(248) 347-8000  
41935 W. 12 Mile Road  
Novi

#### ***HealthFirst Medical Center***

(248) 693-9040  
1251 S. Lapeer Road, Suite 121  
Lake Orion

#### ***Health One Medical Center – Eastpointe***

(586) 776-4185  
21225 Kelly Road #4  
Eastpointe

#### ***POH Oxford After Hours Center***

(248) 628-3000  
385 N. Lapeer Road  
Oxford

**Prompt Care I**

(586) 725-9600  
32901 23 Mile Road, Suite 120  
New Baltimore

**Prompt Care II**

(586) 228-3880  
43900 Garfield, Suite 121  
Clinton Township

**Prompt Care III**

(586) 677-3355  
8180 26 Mile Road  
Shelby Township

**Rochester Medical Group**

(248) 844-6000  
3950 S. Rochester Road  
Rochester Hills

**Rochester Urgent Care**

(248) 853-2009  
215 E. Auburn Road  
Rochester Hills

**St. John Medical Center - Romeo Plank**

(586) 226-6000  
46591 Romeo Plank #131  
Macomb

**St. John Regional Medical Center**

(586) 447-5130  
21000 12 Mile Road  
St. Clair Shores

**St. Joseph Mercy Chesterfield Health Center**

(586) 421-3050  
30795 23 Mile Road  
Chesterfield Township

**St. Joseph Mercy Fraser**

(586) 285-3850  
15717 15 Mile Road  
Clinton Township

**St. Joseph Mercy North**

(586) 798-8551  
80650 Van Dyke  
Romeo

**Blue Cross/Blue Shield Urgent Care Facilities**

**Crittenton Hospital**

**Crittenton Pediatrics Urgent Care**

(248) 652-5000  
1101 W. University Drive  
Rochester

**Kern Hospital**

**Kern Hospital and Medical Center**

(586) 427-1000  
21230 Dequindre Road  
Warren

**Mount Clemens General Hospital**

**Prompt Care I**

(586) 725-9600  
32901 23 Mile Road  
New Baltimore

**Mount Clemens General Hospital**

**Prompt Care II**

(586) 228-3880  
39090 Garfield, Suite 104  
Clinton Township

**Mount Clemens General Hospital**

**Prompt Care III**

(586) 677-3355 8180  
26 Mile Road, Suite 101  
Shelby Township

**POH Medical Center**

**POH - After Hours Center Oxford**

(248) 628-3000  
(248) 628-2781  
385 N. Lapeer Road  
Oxford

**Saint John Hospital Health System**

**Romeo Plank Urgent Care**

(586) 226-6000  
46591 Romeo Plank Road  
Clinton Township

**Saint John Hospital Health System**

**St. John Family Medical Center - Masonic**

(586) 296-6213  
21099 Masonic  
St. Clair Shores

**William Beaumont Hospital - Royal Oak**

**Ped's After Hours**

(248) 577-9600  
3601 W. 13 Mile  
Royal Oak

A complete list of all metro-Detroit facilities can be found at the [Health Alliance Plan](#) Web site or the [Blue Cross Blue Shield of Michigan](#) Web site.

**SUMMARY**

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