

inside OAKLAND

A newsletter for Oakland University colleagues

October 2001

The day 9-11 did not mean help

Campus responds to attack on America

Within hours of the attacks on the World Trade Center and the Pentagon on Sept. 11, 2001, Oakland University cancelled classes and closed campus for the day. This precautionary measure allowed students, faculty and staff to reflect on the gravity of the tragedy and spend time with their families.

In the weeks following the attacks, OU organized several events to help the campus community cope and to underscore the message that President George W. Bush and other national and local leaders delivered, that Americans should not turn on innocent citizens of Middle Eastern descent out of anger.

Oakland held a memorial service on Sept. 12 for those who wanted to reflect, mourn and talk about the tragedy.

"It is important for us, as a community of learners, to

share our thoughts and feelings with each other today and in the days to come," said OU President Gary D. Russi to nearly 800 OU students and employees at the service. "We may have no answers, but the very act of talking and listening can help us begin to heal our wounds.

"It is also important that we, as educated and civilized human beings, in one of the most advanced countries on this earth, keep uppermost in our minds and hearts that acts of reprisal against innocent countrymen serve no constructive purpose," Russi said. "I hope that our university can set an example of civilized behavior in this regard."

Political Science Chair Vincent Khapoya, Student Body President Derek Dickow and Lisa Brown, director of the Catholic Campus Ministry at St. John Fisher Chapel, echoed Russi's sentiments.

One week later, the Center

for Student Activities hosted a forum, where more than 75 students and faculty members shared their opinions and concerns, including the possibility of military retaliation in America's "new war" against terrorism. Participants also discussed acts of ethnic intimidation and violence perpetrated by Americans against people of Middle Eastern descent.

Judette Haddad, regulatory compliance coordinator, Office of Research and Graduate Study, an Arab-American, came to the forum to thank the OU community for the support she received following the attack.

"As an Arab-American, I was really touched that my colleagues in the Research Office came the next day and checked on me to make sure I was okay," she said.

During a Day of Understanding two weeks



CSA forum gave the OU community a chance to share thoughts and concerns.

after the attack, many OU faculty members spent the first few minutes of class talking with students about their fears, and encouraging harmony through understanding.

Interim Provost and Vice President for Academic Affairs Virinder Moudgil called on students to serve as leaders and role models.

"Students represent to me the best of what America has. I ask you to shoulder the responsibilities to become the leaders and torchbearers. You are the leaders in educating society. Please take a step and add to the harmony that is

Oakland and become ambassadors of peace."

Student organizations throughout the university also pulled together, holding fundraisers to help recovery efforts, survivors and victims' families; coordinating blood drives; and participating in discussions and candlelight vigils.

Counselors from the University Counseling Center and members of the University Housing staff were on hand throughout it all, offering their services to all members of the university community.

Flappers and All That Jazz

Holiday Walk Celebrates the Roaring '20s

It was the decade that women won the right to vote, the entire country went "dry" with the advent of Prohibition and jazz music became all the rage – the 1920s. This exciting era in American history is the focus of *Flappers and All That Jazz*, the 2001 Meadow Brook Hall Holiday Walk exhibition.

Built in 1928 at a cost of \$4 million, Meadow Brook Hall also was a part of this exciting era, as were its inhabitants. A combination of family history and objects from the MBH collections will tell the story of this tumultuous time in American history. It includes Matilda Dodge Wilson's early involvement in women's clubs to the incredible success of Dodge Brothers



Motor Cars and the stock market crash of 1929.

The exhibition will run

from Dec. 1 through Dec. 20 and will include three late nights in response to increasing public interest. As in the past, visitors will tour at their own pace. Docents stationed throughout the house will provide information and answer questions.

Exhibited objects will include several flapper-style dresses, including the yellow cut velvet gown designed by Peggy Hoyt that Matilda Dodge Wilson (picture left) wore to her 1929 housewarming party, compacts, jewelry, feather fans and other fashion accessories.

Architectural blueprints and original drawings documenting the design, construction and decoration of this Gatsby-era home will help tell the story of the popularity of Tudor-revival style architecture in the 1920s.

The story of Charles Lindbergh's first nonstop flight from New York to Paris

2001 Meadow Brook Hall Holiday Walk Flappers and All That Jazz

Hours: Open daily, 10 a.m. to 5 p.m. Last admittance: 4 p.m. Open until 9 p.m. every Thursday in December. Last admittance: 8 p.m.

Admission: (Includes Knoke Cottage — open during daylight hours only) Adults: \$12.50; Adults in groups of 20 or more with reservations: \$10; Children ages 3-12: \$6 (2 and under free); OU students, faculty, staff and alumni with i.d.: \$6

OU Night: OU affiliates may bring family for OU price on Thursday, Dec. 13

will be told in Daniel Dodge's bedroom. Lindbergh's life, achievements and a beautifully illustrated map of his historic transcontinental flight are documented in newspaper clippings from the Meadow Brook Hall collection.

Dolls, furniture and a child-sized tea set from Frances Dodge's playhouse will be on display in her bedroom. A gift for Frances' 12th birthday, Knoke Cottage was constructed in 1926 and was the first all-electric "home" in the Detroit area.

Whiskey stockpiled by John Dodge before the start of Prohibition will be exhibited in the Games Room. Art deco

objects, including Lalique glass, and costumes and carpets designed by Paul Poiret, will be featured in the French Room.

"Through the history of the family and the collections of Meadow Brook Hall, we are able to closely look at this decade of incredible social, technological and artistic change," says Lisa Baylis Ashby, executive director. "It is an era that saw the birth of the modern world and remains eternally fascinating."

Call (248) 370-3140 for more information.

— Beth Wheeler

oakland WAY OF LIFE



Gabrielle Stryker

Day One, Part II

Inside Oakland (I/O) continues its look at three members of the Oakland University community who have decided to change their health and fitness lifestyles. Part I introduced you to Helen Ellison, assistant director, Diversity and Compliance, who is focusing on an exercise and weight management program. This issue features Gabrielle Stryker, assistant professor, Biological Sciences, who is facing the facts on fat. *I/O* will continue to follow Ellison, Stryker and Tom Papandrea, print shop coordinator, University Services, who will be introduced in the next issue. *I/O* will track their progress, from their initial Meadow Brook Health Enhancement Institute (MBHEI) evaluations that identify health and fitness concerns, through the MBHEI programs and interventions they undertake to

resolve them.

The institute has earned a national reputation for its preventive medicine programs under the leadership of Fred Stransky, PhD, director. Through evaluation, intervention and education, the institute's physicians, dietitians and exercise science specialists help participants assume more responsibility for their health. Programs emphasize exercise, nutrition, weight control, stress management and avoidance of caffeine, nicotine and alcohol to prevent disease and foster the feeling of well-being.

The three lifestyle changers profiled in this series are documenting their experiences in diaries which they have agreed to share with *Inside Oakland*. We hope they inspire you to take advantage of campus resources such as the MBHEI to accomplish your health and fitness goals.

Facing the facts on fat

Lifestyle Changer #2:
Gabrielle Stryker,
assistant professor,
Biological Sciences

Age: 36

Weight: 136

Goal: Reduce body fat percentage

From the journal of Gabrielle Stryker:

"While I feel that I am relatively healthy, I have been struggling to keep up my running since moving to Michigan two years ago. And I have been uncomfortable with my weight since the birth of my second child. The physical involved not only a stress test to determine my fitness level but also an underwater weighing to accurately determine the percentage of fat in my body. The exam also includes blood tests to check cholesterol, blood sugar, etc. and the standard poking

and prodding.

"The stress test was not anything like what I was expecting. I thought I would go in and jog on a treadmill until I couldn't go anymore. Instead, I was hooked up to about a thousand wires and the treadmill was set at a fast walk, not fast enough to jog, but too fast to walk comfortably. Then every three minutes they would increase the incline on the treadmill while recording information through all the sensors attached to me. The speed was uncomfortable to maintain and the incline began to hurt my calves after a while. ... At 22 minutes I had reached the highest incline setting and they would have started to finally increase the speed on the treadmill, but my heart rate was at 180 beats per minute. I was very uncomfortable, and I decided it was a good time to stop. My 22-minute stress test earned me a fitness level of 'good' — not 'great' or 'excellent' — just 'good.'

"Next was the underwater body fat determination. I knew that my college days of 14 percent body fat were long gone. I was hoping to come in about 20 percent, a tolerable amount that I could work on reducing further to improve my running. Well, I was a bit off; I came back with a reading of 25 percent — that means a quarter of my body mass is fat!!!! The doctor said I needed to lose three pounds of fat to be within the healthy range for a female my age. OK, so I obviously had a lot more to work on than I thought.

"Next, I met with a dietitian. I had to keep a food diary for two weeks and then bring it in to be analyzed. This I was worried about; I feel my diet is horrible. I'm a biologist, so I know the basics about nutrition, and I realize that I eat what tastes good to me instead of what is necessarily healthy. Well, this aspect of the program was actually better than I expected. When I met with the dietitian, she had no major problems with my diet. Her main suggestions were to reduce the amount of fat I eat and she had lots of suggestions on how to do that. Some I have tried and can live with: removing the skin from chicken before I cook it, and using light cream cheese for my bagels. Others I haven't been able to handle: using a butter substitute for cooking and toast (I tried it — yuck!).

The fourth part of the program was to meet with a personal trainer. I spoke to the trainer before coming in to discuss what I was interested in learning about. I explained that I enjoy running, my primary exercise of choice. I don't have time to run and go to a gym, therefore I was looking for strength exercises that I could do at home in addition to the sit-ups and

chin-ups I currently do. The training session went really well. She gave me a lot of new exercises that can be done at home without going out and buying a bunch of equipment. I immediately started incorporating some of the new exercises at home. My hope is that my new workout routine will help improve my upper body strength, something runners tend to have little of.

Overall, I'm really glad I've taken part in the program so far. I learned more than I thought I would, found out I was in worse shape than I thought, and I think this will help me get back into the shape I want to be in. My goal is not to reach a certain weight or body fat percentage — although I want to reduce both of those numbers — but to break 22 minutes in a five-kilometer race this year. I ran a 22:50 in May, so I feel this is a goal I should be able to reach by reducing my body fat and running a lot. We'll see what happens."

Got a message for Gabrielle? Send words of encouragement via e-mail to gstryker@oakland.edu.

What Stransky says

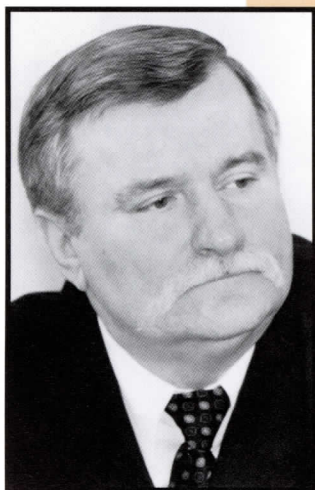
In this column, Professor Stryker describes her experience in completing the comprehensive physical examination we offer at the Meadow Brook Health Enhancement Institute. The evaluation includes a thorough review of medical history, a comprehensive physical examination conducted by a board certified primary care physician, blood studies, urinalysis, pulmonary function studies, resting electrocardiogram (a test of heart action), stress test, body composition studies and nutritional evaluation. These studies are important in identifying individuals at risk for heart disease, cancer, diabetes and other chronic degenerative diseases.

The stress test is a screening procedure for coronary artery disease and also measures work capacity. Gabrielle's performance on the treadmill was considered to be good and in the 80th percentile for her age. Her body fat percent of 26.8 was also considered to be good. The three-pound weight reduction that was recommended would result in her achieving an optimum percentage of body fat.

Gabrielle's overall health and lifestyle were considered to be exceptional and associated with a low risk for developing a chronic degenerative disease. Her primary interest is in enhancing her work capacity so that she can be more competitive in running events. She has established a specific goal for improving her aerobic capacity and will repeat her treadmill test to evaluate her progress.

— Fred Stransky, PhD
MBHEI Director

Lecture Board hosts Lech Walesa Oct. 26



The Student Life Lecture Board will host Lech Walesa, the former president of Poland, *Time* magazine Man of the Year and 1983 Nobel Peace Prize winner Oct. 26. Walesa will speak on "Democracy: The Never-Ending Battle" at 3 p.m. in Meadow Brook Theatre. While admission is free for OU students, faculty and staff, tickets are required and available at the Center for Student Activities service window, 49 Oakland Center. Tickets for OU Alumni Association members: \$5. General public: \$15.

This lecture will be interpreted for the deaf. For more information, please call the CSA at (248) 370-2400 or visit the OU Web site, www3.oakland.edu, where Oakland's resident authority on Eastern European politics, Paul Kubicek, assistant professor, Political Science, provides the background and perspective on Walesa's visit.

Rare gold

International honour society chapter at OU turns 20

In the fall of 1980, Ravi Parameswaran, professor, Business Administration, joined the faculty of Oakland University. The following spring, he found himself actively involved in the launch of a student organization that would have a profound impact on Oakland University — the Golden Key National Honor Society. He was, in fact, the chapter's first faculty adviser. There at the beginning, Parameswaran has seen and helped the group grow over the years, from its infancy to the award-winning organization it is today.

Parameswaran had completed his PhD in marketing from Georgia State University (GSU). The very first chapter was established by a GSU alumnus to recognize the academic achievements of "commuter students." Two fellow doctoral students, active in the Golden Key, approached Parameswaran when he came to Oakland.

"These two friends requested that I start a chapter at OU," Parameswaran says. "One was then the chapter adviser at Ball State and the other was going to found the chapter at Wayne State. In parallel, OU's CIPO (Campus Information, Programs and Organizations) had assigned Cameron Brunet to investigate the Golden Key. At the time, Oakland was acutely aware of the need for an honor society to recognize its students. It was also aware that most Greek honor societies required a lot of campus involvement, which is generally not possible at a university where most students commute to campus. But the Golden Key fit the bill perfectly and Camy and I became co-advisers to the chapter at OU."

Advisers and Golden Key members were required to hit the ground running.

"We had just a few months in which to set up the chapter and organize the first recognition," Parameswaran says.

"This was accomplished admirably, thanks to the efficiency of the initial officers and Camy's energy and enthusiasm. She knew everything there was to know about setting up student organizations and thought Golden Key would be a great one for OU. The first year was great. The second year was greater. And in the third year, I believe we won a chapter award. Every subsequent year has been a building experience."

Parameswaran's role was that of catalyst.

"The organization needed a faculty adviser. My intention was to lead the organization

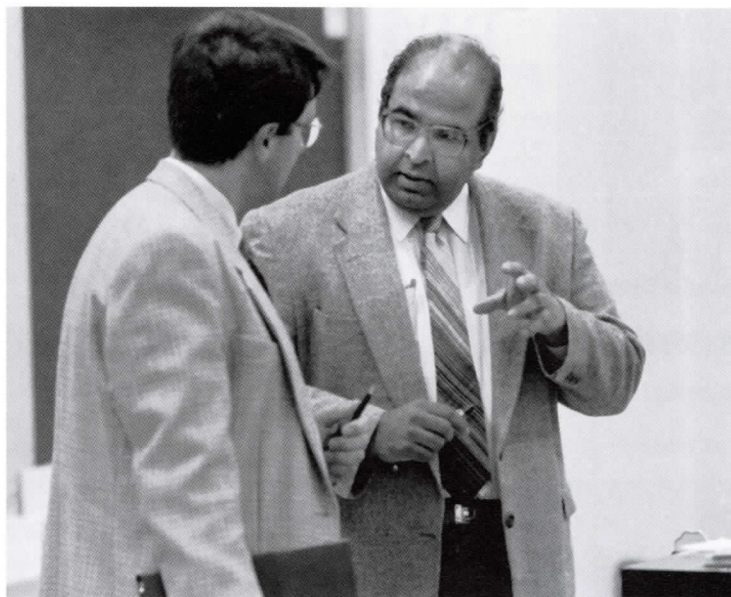
for two years and then provide the opportunity for other faculty to reap the same rewards. Interaction with students is the best gift for a faculty person. The Golden Key has benefited from a lot of great advisers."

And the society has benefited from a lot of great students, Parameswaran says.

"I vividly remember Stephen Smith, the first president, who was an accounting major and Gildana Heygan, the second president, who was a biology major. Both were extremely good in how they conducted the organization and the receptions. [Their styles were completely different but they] were equally successful if you look at the bottom line — recognition of achievement, and building a network of high achievers who would bond together, through the organization, to achieve great things for humanity. Do not be surprised," he notes, "if a lot of the major advances in society, science and in humanitarian activities will be brought about by Golden Keyers."

In 20 years, Oakland's chapter of what is now known as the Golden Key International Honour Society has itself earned recognition. It was one of the first Michigan chapters, and "inspired the establishment of the Great Lakes Regional organization," Parameswaran says.

In May, the chapter won two awards at the Great Lakes Regional Conference: the Greatest Honorary Member Outreach Award for excellence in communication to its honorary members; and the Great Lakes Chapter of the Year Award for overall excellence. And in August, the chapter received a Key Chapter Award at the inter-



Ravi Parameswaran

national convention in Dallas, Texas — one of 32 chapters to be so honored out of the 317 chapters that exist worldwide.

Will honor societies endure on university campuses in the new century? Parameswaran says yes.

"It's the least a university can do for its most hardworking and achieving students. ... Recognition brings with it a life-long commitment to live up to the potential that others have spotlighted. An organization such as this will always be needed."

Today, the organization's adviser is Jean Ann Miller, assistant director, Center for Student Activities and Leadership Development. Kristin DeRemer, immediate past co-president of the chapter, held the office during the 20th anniversary year. She says community service has become a focus of the chapter. Among other undertakings, the chapter has worked for two years with Focus: HOPE in Detroit to adopt families and senior citizens for Christmas and Thanksgiving.

"I joined originally because I had a close friend who was very involved," DeRemer says. "I started manning information tables and then got drawn into other projects. The best thing about it has been that it encompasses academics and community service. I plan to take a year off and then return to OU for graduate school. Then, I would like to continue with the alumni chapter."

With you in mind

Inside Oakland evolves

Communications and Marketing is redesigning *Inside Oakland* in response to the most recent *Inside Oakland* survey and other feedback from the OU community. This issue is the last in its current format. The next issue, to be published in January 2002, will contain the feature stories you have told us you prefer — stories about individual faculty and staff members, major events and university initiatives. Time-sensitive material once covered in departments such as Bits and Pieces and the Calendar of Events has a new home on the Web — www.oakland.edu — as does Employee of the Month and the Campus Registry of Distinction.

Just click on the News and Info link on the homepage to access The News at OU, where you will find a link to the new faculty and staff page. Announcements, calendar items, date-driven news stories and submissions for the Registry of Distinction will appear on this page. Please submit information via e-mail to thenews@oakland.edu. On-line forms soon will be available.

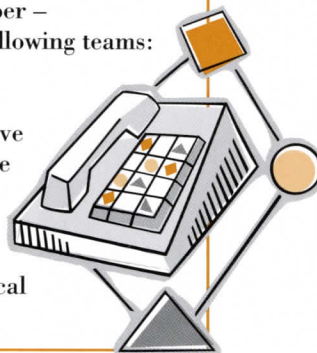
And please continue to submit feature story ideas to dpatrick@oakland.edu for publication in the new *Inside Oakland*.

JDH has a new phone system

To make it easier for the Oakland University community to reach the University Relations staff located at the John Dodge House, OU has introduced a new and improved telephone system. By calling JDH at the new number — **(248) 370-3700** — you now can reach staff members from the following teams: Advancement Services; Alumni Relations; Constituent Research; Planned Giving; and the President's Club.

Sue Goepp, vice president for University Relations and executive director of the OU Foundation, and Tim Broderick, associate vice president for Development can also be reached at this new number. The JDH fax numbers remain the same.

During regular business hours, the receptionist will direct your call to the appropriate extension. After hours, an alphabetical directory feature will help you reach the person you're calling.



The News **OU**

Inside Oakland is changing. In the months ahead, you will find the latest news on the new Web site, www3.oakland.edu/oakland/newsinfo. Feature stories on programs, special events and individuals will be covered in a new *Inside Oakland*. Submit timely news items to: thenews@oakland.edu.

campus REGISTRY of distinction

Robert Anderson, assistant professor, English, organized a double session panel on "Romanticism and the Culture of Business" at the North American Society for the Study of Romanticism conference in Seattle, Wash., in August. He also presented a paper in one of the sessions titled "Enjoyments . . . of a More Exquisite Nature: Wordsworth and Commodity Culture."

Kevin T. Andrews, Mathematics and Statistics, spoke on the paper "One-dimensional Dynamic Thermoviscoelastic Contact with Damage" at the International Conference on Dynamics of Continuous, Discrete and Impulsive Systems held in London, Ontario. The paper was co-authored by **Fiki Shillor**, professor, Mathematics and Statistics, Ken Kuttler of Brigham Young University and Mohammed Rochdi of Universite de La Reunion.

Dikka Berven, special instructor, Modern Languages and Literatures, won a grant and designed a program for the Diversity Programming Grant Lecture Series 2000/2001: "Why Americans Should Learn Foreign Languages."

Djamel Bouchaffra, assistant professor, Computer Science and Engineering, was named a senior member of the Institute of Electrical and Electronics Engineers, Inc. in August. Senior member is "the highest professional grade for which application may be made and requires experience reflecting professional maturity. Approximately eight percent of the institute's 365,000 members have achieved this grade."

Ingrid Broszeit-Rieger, assistant professor, Modern Languages and Literatures, presented "Chaos und Ordnung in Goethes 'Das Romische Karneval'" at the MLA; "Reading and Watching Emilia Galotti" at the NEMLA; and "Wilhelm Meisters Lehrjahre: Projecting the Subject" at the GSA.

Nicole Buffard-O'Shea, associate professor, Modern Languages and Literatures, won a grant for "Algerian Women Writers: the Politics of Metaphors."

Ka C. Cheok and Edzko Smid recently received a \$86,711 award from the Ford Motor Company for their project, "Neuro-Fuzzy Logic Algorithm Development for Activating Vehicle-based Countermeasures with Pre-Crash Sensing Systems."

Frank Giblin, professor and associate director, Eye Research Institute, received a five-year grant totaling \$1,868,720 from the National Eye Institute, National Institutes of Health, for his project titled "Proteins of Normal and Cataractous Lenses." Assisting him with the work will be **Vanita Padgaonkar**, PhD, and **Victor Leverenz**.

Robert Justin Goldstein, professor, Political Science, edited a book titled *Political Censorship: The New York Times 20th Century in Review*, which has just been issued by Fitzroy-Dearborn publishers of Chicago and London. The book consists of about 500 articles published in the *Times* during the last 100 years relevant to political censorship throughout the globe. The book also contains an introduction by noted New York first amendment lawyer Floyd Abrams. Goldstein selected the articles and wrote the book's preface. In August, Goldstein presented a paper on "The Comparative Role of Political Repression in the Emergence of the Early American and European Labor Movements" at a conference of the American Political Science Association in San Francisco.

Jerrold Grossman, professor, Mathematics and Statistics, has been elected to the board of governors of the Mathematical Association of America, representing the Michigan section.

Stacey Hahn, associate professor, Modern Languages and Literatures, presented "The Themes of Transgression and Redemption in Jean d'Arras' *Le Roman de Melusine*" at the Blue Ridge International Conference on the Humanities and the Arts (BRICHA), Appalachian State University, Boone, NC, April 2001.

Barbara Mabee, associate professor of German, Modern Languages and Literatures, presented "Die Republik ist im Kampf entstanden!" Antihelden und der Wechsel der Zeit als 'leichte(s) Umschalten eines Relais' in Kerstin Hensels *Gipshut*" at a meeting of the Northeast Modern Language Association (NEMLA), Hartford, Conn., March 2001.

Seigo Nakao, associate professor, Modern Languages and Literatures, presented "Pillow Book by Peter Greenaway and Sei Shonagon: Bibliophiles of the 10th and 20th Centuries" at the Comparative Art and Interdisciplinary Conference in Bloomington, Indiana University, April 2001.

Ronald F. Rapin, associate professor of Spanish, Modern Languages and Literatures, presented "Textual Dead Ends and Discomposition in Edward Albee's *The Lady from Debuque*" at the Twentieth Century Literature Conference, University of Louisville, February 2001.

J.P. Spicer-Escalante, assistant professor of Spanish, Modern Languages and Literatures, recently had an article titled "Ethos y modernidad: familia, patriarcado y la nacion argentina finisecular en *La Bolsa* (1889) de Julian Martel" published in *Cultura de Guatemala*, segunda epoca, Año XXII, vol. II, (May-August 2001). He also presented a paper titled "Poscolonia y modernidad: Caracterizaciones femeninas de la Argentina decimononica en *La Gran Aldea* (1884) de Lucio Vicente López" at the 54th Kentucky Foreign Language Conference, Lexington, Ky., in April 2001.

Ronald Sudol was recently named associate provost, Academic Affairs. In his former role as professor in the Department of Rhetoric, Communication and Journalism, Sudol scored Advanced Placement Exams in English for the Educational Testing Service for the 15th consecutive year. In addition, he served as a reviewer of proposals submitted by assessment contractors to manage technical and scoring aspects of the MEAP programs for the Michigan Department of Treasury.



Joey Bybee and Amanda Materne in a scene from *Romeo and Juliet*.

calendar of EVENTS

- Now** *A Moment of Grace: A Retrospective of Ed Fraga*. Meadow Brook Art Gallery. Through Nov. 11.
- Oct. 17** *Murder on the Nile* by Agatha Christie. A Meadow Brook Theatre production directed by Lavinia Moyer CAS '75. Call (248) 377-3300 for ticket information or visit www.mbtheatre.com on the Web. Through Nov. 11.
- Nov. 1** *Romeo and Juliet* by William Shakespeare. An MTD production directed by Karen Sheridan. Varner Studio Theatre. Tickets: \$8 adults; \$5 children. Through Nov. 11.
- Nov. 9** Akwaba, an African drum ensemble and Pan Jumbies, a steel drum band. 10 a.m. and 8 p.m. Varner Recital Hall. Tickets \$8 adults; \$5 children.
- Nov. 10** Pontiac-Oakland Symphony. 8 p.m. Varner Recital Hall. Call (248) 334-6024 to reserve tickets.
- Nov. 14** Oakland University Symphonic Band. 8 p.m. Varner Recital Hall. All tickets \$5.



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DEADLINES

Submit story ideas no later than October 31, 2001, for the January 2002 issue.