

THE OAKLAND POST

OAKLAND UNIVERSITY'S INDEPENDENT STUDENT NEWSPAPER

September 30, 2009

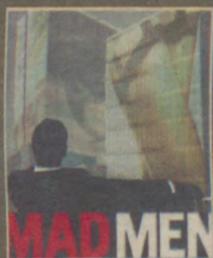
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by JASON WILLIS/The Oakland Post

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The Oakland Post is looking for OU students, staff & faculty who write their own blogs on any topic. We'll link your site to ours to create a community of ideas on oaklandpostonline.com

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Game on for new Grizz

By ANNIE STODOLA
You/Local Editor

Suiting up, stepping onto the court and performing the role of the "ultimate cheerleader."

Each year, dozens of students compete for a chance to do just this as part of playing the role of Grizz, the Oakland University mascot, at athletic games and other spirit events on campus throughout the school year. Only a select few are chosen to represent the school.

Becoming a mascot

To earn the role, students must first go through an interview process with questions that include why they wish to perform as the Grizz as well as what they think they'll bring to the role.

Students at any level of undergraduate or graduate studies can try out for the role.

One Grizz hopeful, sophomore Greg Webb, said auditions involved several tasks in the costume.

"We had to walk around to see how well we could maneuver in the suit," Webb said. "We had to do push-ups and dance around or do reactions to the crowd. It was basically behaving as the mascot would in front of a crowd, but with no crowd."

After the initial tryout, the top prospects for the job received callbacks. From there, the athletic department made their selections.

Webb said he originally decided to try out to be the Grizz because he was already someone with strong school spirit.

"I need a job and I'm a big fan," Webb said. "What better way to be a fan? The Grizz is the ultimate fan."

Once hired as the Grizz, students are given shoes, a shirt and shorts, as well as \$30 for each O'Rena basketball game performance.

Mascots must maintain a 2.25 grade point average.

Life as the Grizz

Although tryouts are over and a new Grizz was named, the NCAA has a general policy that those who perform as college mascots are not named for reasons

of personal security. Additionally, Kate Boylan, coordinator of athletics marketing and promotions, said revealing the Grizz's identity could take away from the Grizz's individual personality.

On conditions of anonymity, two of the students chosen for the Grizz role were willing to speak about their experiences.

Since tryouts this year were not held until Sept. 8, Boylan said the Grizz missed the beginning of some fall sports, but will perform at the remaining home sporting events this year.

The Grizz appears at all home basketball games, as well as various other home sporting events and campus activities. In general, he is not allowed outdoors due to the expense of the costume and its maintenance fees.

"The Grizz's main purpose is really community engagement," Boylan said. "He unites the student body, Rochester, Auburn Hills and others that come to campus. He is the face of our programs and he shows everyone a good time. He makes sure everyone has fun."

One student chosen to wear the Grizz uniform said Grizz isn't a performance at all.

"You don't perform as the Grizz," he said. "You ARE the Grizz. You gain his impeccable strength, his courageous heart and his adoration for Oakland."

Another student said the Grizz is vital to OU's athletic events.

"Grizz's personality is so fun and he just has an aura about him that gets the crowd pumped," he said.

Ups and downs of the job

The students who perform as Grizz say the job is mainly rewarding, although it does have certain downsides.

The major problem the mascots see with the job is the sheer size of the costume.

"The head for the costume is immensely heavy," said one Grizz. "It's eight pounds, which doesn't seem like a ton until you realize the only thing holding it up is your neck."

Additionally, the suit's lack of room inside makes for some uncomfortable situations.

"When I perform during doublehead-



Photo Courtesy of Oakland University Athletics

The Grizz greets fans at an OU basketball game. Students who perform as the Grizz experience everything that comes with the role, including celebrity status and the immensely heavy costume.

ers, I will easily drink four bottles of Powerade to keep myself hydrated and energized," said a Grizz. "Even with all of that, I can lose four pounds during that time. The amount of energy loss is awful."

Both students, however, agree that the positives of playing Grizz far outweigh the negatives.

"When you step into the suit, you become someone completely different," said a Grizz. "You're a different personality than you usually are and you can really have fun with it. You get into the costume and you are the Grizz."

Another Grizz thinks the best part of

the mascot experience is all of the attention from the crowd.

"I have to say the best part is having hundreds of people cheering you on when you do silly things," he said. "You become an instant celebrity just by putting the head on."

This Grizz said he thinks playing the role is a good opportunity for those who love attention.

"I'd recommend being the Grizz to anyone who loves attention, loves to dance around and just be goofy," he said.

Boylan said the Grizz is important to the overall sporting event atmosphere at OU.

"He creates an enjoyable environment," Boylan said. "He brings that special element of fun to each sporting event and brings a smile to everyone's face."

"You become an instant celebrity just by putting the [Grizz] head on"

— One of the Grizz students

Perspectives

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STAFF EDITORIAL

Flavored cigs go up in smoke

The government is at it again, banning items willy-nilly.

Under the authority of a new act, the Food and Drug Administration outlawed candy, fruit-flavored and clove cigarettes. The ban went into effect last week. And while it seems commonsensical — keeping kids off tobacco — it's inconsistent and ass backward.

Despite what way you sway on an adult's right to smoke, eat, drink and do whatever they want to so long as it doesn't harm anybody else, we don't imagine anybody in their right mind believes children should have those same liberties.

But that's where the government seems to have overstepped. What a child is exposed to is the role of a parent or guardian, not our elected representatives and certainly not an administrative agency such as the FDA.

If the goal is to stop smoking all together, why doesn't the government ban the toxins, the tar, the additives and the addictive Nicotene? Why take the back door and ban the natural flavors that are added to the tobacco?

Is the government so blind or corrupt to ban arbitrary products to "protect" us against the actual harmful product that is regulated and taxed heavily by it? Not to mention the ill effects smok-

ing has on the health care system. But apparently going after a "gateway" is a much easier way to feel righteous.

Studies cited by the FDA and other news organizations show these "candy" flavored products are consumed more by minors.

Minors aren't the only group of people out there who enjoy fruit flavored products. Sure, Mike's Hard Lemonade was lost on most people after their 21st birthday, and most adults who smoke every day smoke "regular" cigarettes. But that's not to say that adults don't consume these sweet flavored products.

Honestly, who's going to be addicted to strawberry-flavored cigarettes and smoke a pack of those a day? If it is an adult who enjoys an occasional fruity or clove cigarette, they should have the same opportunity to smoke them as adults who enjoy chain-smoking menthols.

It's simply a matter of misguided intentions. The things that are most dangerous, most likely to be consumed by those with addiction, are free and clear. While the things that are more likely to be recreational, are not allowed.

If we really are concerned with addiction, then the addictive properties of products should be analyzed more close-

ly, or public rehabilitation programs should be given more attention.

If we continue to let our government outlaw products based on fear and a lack of understanding, then we are on a dangerous road.

What's next? A ban on Burnett's blueberry vodka because it's supposed to taste good? Classifying flavored beers so the taxes are high enough to deter minors like in Maine and Utah?

Earth to the tax man, minors don't pay bills, and rarely buy their own booze, so raising taxes on products that are appealing to them will only raise more money for the state. Besides, almost anything tastes good if there's enough pop or juice mixed in.

It doesn't matter what the government tries to do to keep kids clean so long as they keep avoiding the most direct approach. And allowing them to get away with passing this type of legislation because we happen to agree that kids shouldn't smoke isn't right either.

The more we let legislators use the back door to get what they want, the less effective we will be when we try to board it up.

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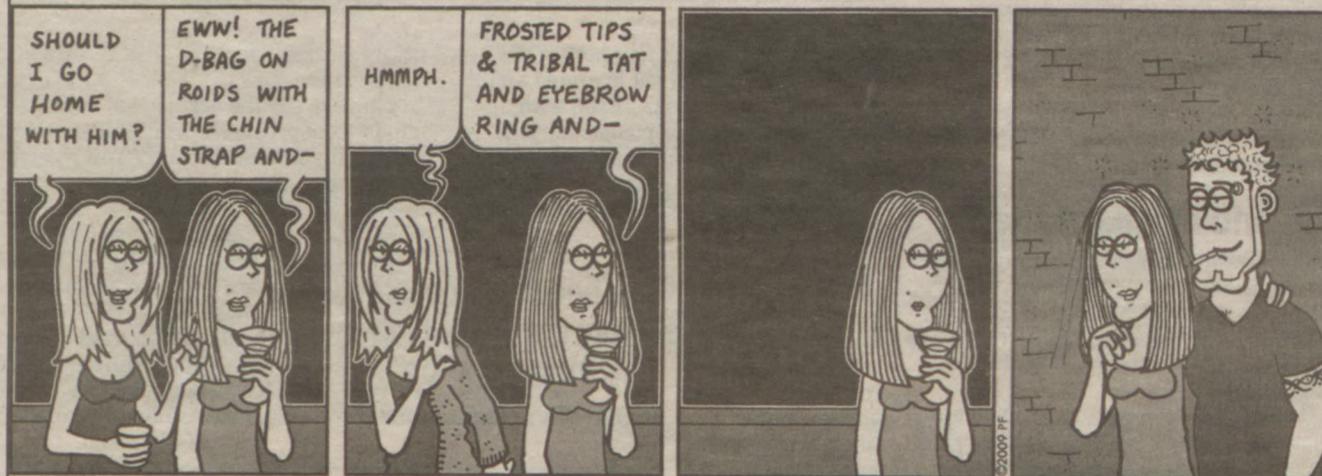
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Writers must provide full name, class rank, phone number and field of study. Please limit letters to 250 words or less. Letters may be edited for content, length and grammar.

BLUNDERGRADS

by phil flickinger (www.blundergrads.com)



CORRECTIONS CORNER

In the Sept. 23 story, "Competing with the Best" current athletic director Tracy Huth was incorrectly credited with conceiving the idea of OU moving to Division I athletics in 1998. Huth coached the women's swimming and diving team, and was not responsible for decisions regarding the whole athletic department.

The Oakland Post corrects all errors of fact. If you know of an error, please e-mail oakpostmanaging@gmail.com or call (248) 370-2537. You can also write us at 61 Oakland Center Rochester, MI 48309.

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the government for a redress of grievances.

- The First Amendment of the Constitution of the United States

The dangers of shaving are more than skin deep

Alexa Van Vliet
guest columnist

I am a woman who doesn't shave. It's all about love. I will not despise myself any more. Once you love yourself, it is easier to love and help others as well, as bell hooks, feminist and social activist, articulated in her book *Outlaw Culture*. I want others to love themselves. More specifically, I want women to love themselves because for so long, we haven't.

A friend applauded my efforts and agreed with my message, but told me frankly she could not follow a similar path. She didn't think it mattered that much; shaving didn't bother her at all.

Breaking the norm

According to sociologist Allan G. Johnson, when confronting a norm that seems to become nearly natural to everyone, people aren't going to consider alternatives easily. People don't usually contemplate how a habit that seems so normal can perhaps be potentially damaging.

The most normalized behaviors need to be questioned more than any others, since those are the ones that people will follow just because they seem natural. In fact, shaving is not natural, but we have trained ourselves to think it is.

What makes shaving one's legs or underarms or pubic region potentially damaging? To start on a physical level, some women have very sensitive skin. They are subjected to irritations such as razor burn, red bumps, bleeding, ingrown hairs and overall chafed skin.

Most women will claim that shaving isn't a nuisance. It's true that it comes easier to some than others. But part of femininity in this country is for women to sound like they're not trying. That's why the contradictory standards of femininity are not often talked about: A woman who challenges the norms shows that she is mentally unable to handle what it takes to be feminine, or else she would just be quiet like the rest of the women going through the same obstacles. None of us want to be looked down on like that.

Maybe shaving really does irritate some of these women, but they don't want to look like they're trying too hard. When a woman is seen as "trying too hard," men won't be as attracted to her, women will be highly judgmental of her, and she becomes humiliated. It's too obvious that she puts a lot of effort into

waxing, tanning, fixing her hair, or putting on make-up.

It's as if we somehow want to naturalize make-up, shaving, straightened hair, fatless stomachs and thighs, even though these are all obviously artificial constructions. Naturalizing these norms suddenly makes those women who don't participate in them seem less feminine, and therefore less like a woman.

Being a woman should not be defined by these behaviors, but it has been for years. Women who don't perpetuate these norms are susceptible to laughter, humiliation, isolation, and an unfeminine reputation. Violence may actually occur against individuals who do not act within their gender role or in coordination with their biological sex. Indeed, physical and emotional damage can be done to those who are trying to achieve femininity as well as to those who are perceived as unfeminine.

According to Naomi Wolf, author of *The Beauty Myth*, the damages begin when someone (or something) defines what being a woman is for others. Women wouldn't have started shaving on their own unless someone (or something) told them they had to.

It begins somewhere

Most women can probably remember when they started shaving their legs. Maybe an acquaintance scoffed at your hairiness and it sent a shock wave through your system. Maybe you were an insecure adolescent who wasn't sure about anything and grabbed that razor because you knew that's what women do. Or maybe you were proud and felt it was a rite of passage into womanhood, finally being able to shave off that hair that you acquired during your bodily maturation of becoming a real woman on a physical level. Contradictory? Just maybe.

Why would we need to shave? Our neurotic need to be smooth isn't because growing hair is a dangerous, freak mutation that we all have. It's not a freak mutation. The constant bombardment of smooth, sexy ladies in the magazines, on the talk shows, in the movies, in the wild fantasies of men makes us want to be unnaturally smooth, according to Jean Kilbourne, author, documentarion and lecturer.

Some might argue, "But Alexa, if we want to be so natural then we shouldn't shower and wear deodorant." But men don't shave their legs or underarms and they still practice common hygiene. There is no hygienic or health reason for why women should shave their legs.

"But Alexa, you telling me not to shave is just as bad as people telling me to shave, isn't it?"

I do not see it as me telling you to not shave, for I will not laugh at you or humiliate you if you do shave (unlike

what happens to women when they don't shave). I just want women to use their own eyes to see themselves. A lot of women go through winter without shaving often and don't mind it a bit. But the second warm weather and shorts arise; we all have to start our routine again.

Some women may shave for themselves. They're not trying to be feminine for a man or trying to avoid criticism from other women. In my mind, however, that's still not being able to love yourself the way you are; it's part of that neurotic need that in order to be a woman, you must be smooth.

If enough women can love themselves, truly love our bodies and our minds, serious change can be reached. We won't let ourselves be dominated and objectified by men with their unblinking stares at our chests, their demeaning speech toward us, and their use of physical violence against us.

Ending harmful habits

Men call each other "pussies" and the ever-so-blatant "women" when they perceive other men as being weak, as Michael Messner explored in his book *Playing The Field* (the notion of what men think "weak" is could be discussed in a whole other column).

If we appreciated ourselves, ladies, we wouldn't stand up for these insults against our being. Maybe we'd realize that when men see women as only sexual objects, they're more likely to think of women as just things to satisfy them.

According to Susan Brownmiller,



JASON WILLIS/The Oakland Post
Women are expected to maintain smooth legs to be considered feminine.

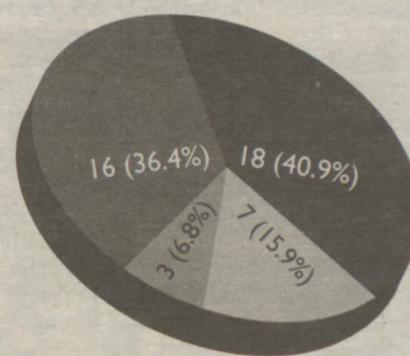
author and activist, the moment someone dehumanizes a woman, it is much easier to disrespect and do harm to her since she's not seen as a real human with real feelings and real pain.

It is not wholly our fault that we are seen as sexual objects, but we can make choices, such as standing up against these demeaning, dominating behaviors.

We also wouldn't (or shouldn't) allow other women to castigate each other with such insults as "bitch," "ho," "slut," and making fun of others' weights. Unfortunately, this happens often.

We need to love ourselves individually and on a collective level or else we are always going to be seen as beings that can be controlled and dominated.

To find a guaranteed parking spot at OU, I would:



- Do everything but pay for
- Happily pay a parking fee
- Carpool with others
- Agree to a tuition increase that pays for a new parking garage

Total Votes: 44

Poll conducted on oaklandpostonline.com in response to the 9/23/09 editorial.

Single room, double occupancy

By SEAN GARNER
Senior Reporter

Until mid-August, Trevor Pike figured his residential situation for the coming school year would be just like the last two.

The senior anthropology major was signed up to live in the same room again in Hill House by himself. However, his expectations were suddenly in need of adjustment when he received an e-mail just two weeks before school started.

The e-mail was from the university housing department, informing him that he would have to share his room, which was designed to be occupied by one person.

Pike was just one of many students signed up to live in Hill House, Anibal House and Fitzgerald Hall to receive a similar e-mail. Fortunately for Pike, a friend of his helped ease the transition.

"Since I'd signed up for my single already, they gave me the option to choose my roommate. A friend of mine lived a few doors down so we're rooming

together for now," Pike said. "It's convenient, but we would both really like to have our single rooms back."

Deborah Middlebrook, interim director of University Housing, said an unexpected spike in housing applications caused a shortage in housing, necessitating doubling up the rooms.

"This year we had an overwhelming number of students that wanted to reside in the Residence Halls," Middlebrook said. "In order to accommodate the number wishing to live on campus, we doubled up the these halls. The students with singles were given the opportunity to select who they would share a room."

The students forced to double up their rooms are now paying the rate for a double room of \$3,675, down from the single room rate of \$3,975.

The rate is identical to the rates for Hamlin and Vandenberg halls, where the rooms were designed to house multiple students.

A standard room in Hamlin and Vandenberg is about 11 feet 2 inches by 12 feet 3 inches with 9 foot ceilings,

whereas standard single rooms only run 10 feet 10 inches by 11 feet 2 inches.

For Ashley Page, University Housing's decision was unacceptable. The sophomore from Goodrich, a Flint suburb roughly 45 minutes north of campus, decided it wasn't worth living on campus if she had to share a room.

Page, who lived in Hamlin Hall during her freshman year, decided instead to stay at Beacon Hill Apartments across from campus on Walton Avenue, which she says is cheaper and preferable to living on campus. Page said she felt that not getting a single room she signed up for was a violation of an agreement.

According to Page, the whole situation could have been prevented with more thoughtful planning.

"I just think they need to expand the dorms if they're going to have that many people that want to live on campus," Page said.

Middlebrook said that, despite being frustrated, most of the students were not resentful of the housing department.

"The responses that I have heard were

mostly understanding of the situation," Middlebrook said.

Middlebrook also said that the current housing issues are only temporary.

"We are, currently, in the process of un-doubling the single halls as space becomes available."

Pike said that, while he is not happy with the situation, he is looking to make the most of it in his last year on campus.

"It's my senior year, and I'm not going to waste the chance make friendships and whatnot," Pike said. "That's why I don't feel like making a big deal about it."

Though OU's housing contracts increased 21 percent, students may not see more dorms in the near future.

The Board of Trustees voted to increase housing costs in April due to the increased interest in campus housing.

"The university student apartments represent the first phase of developing modern campus housing for students," Middlebrook said. "This year's application increase indicates support for our future housing plans."

OU makes revenue in '09, but some funds restricted

By MASUDUR RAHMAN
Senior Reporter

The future Oakland University William Beaumont School of Medicine has received a \$20 million pledge from an anonymous donor.

In the financial statement presented to the OU board of trustees at the board meeting Wednesday, Sept. 23, the OU administration revealed that \$2 million of the pledge was already given to OU, with a clause that the rest of the pledge would not be given if the privately-funded medical school didn't receive accreditation, or if OU stops running the school.

At the meeting, the trustees unanimously voted to approve the financial statement. They also approved gifts, pledges, grants and contracts given to OU from July 1 to Aug. 31, undergraduate and graduate degrees and diplomas given in the summer semester, expenditure of federal award programs in fiscal year 2009, and personnel changes such as new hires, rehires and position changes.

The 2009-12 contract for about 600 faculty members represented by the faculty unions hasn't been approved by the board yet, because it hasn't been voted on and approved by the faculty.

Joel Russell, union president, said the vote will be online starting Thursday, Oct. 1 and end Thursday, Oct. 8 at noon. Paper ballots will also be available.

In an interview with The Oakland Post, John Beaghan, vice president for finance and administration and treasurer to the board of trustees, said this financial statement covered fiscal year 2009, between July 1 2008 to June 30, 2009. This is roughly the 2008-09 academic year.

Within fiscal year 2009, OU lost \$13.6 million in investments, compared to \$2.5 million in earnings in fiscal year 2008, despite investing conservatively. Beaghan said this was due to the bad economy.

While he couldn't say if the investment revenue will increase or decrease in fiscal year 2010, he said it's looking good for now.

"I can only speak to how we did first quarter [July 1, 2009 to now]," he said, and that there have been positive earnings so far, not losses.

OU had a net asset increase of \$2 million in fiscal year 2009. Endowment funds totaling \$688,106 of the increase can't be spent, Beaghan said. But they can be invested, and revenue generated from the interest can be spent.

"We can't take this and give it to the faculty or students," Beaghan said, because donors choose specific projects for these funds.

OU received \$19.1 million in gifts in fiscal year 2009, an increase from \$4.5 million in fiscal year 2008.

But Beaghan said about \$16 million of the \$19.1 million was the \$20 million gift for the medical school.

Although OU will get \$2 million a year for 10 years, it was rounded down for the financial statement as one lump sum, like lottery winnings, he said.

Without this med school gift, the statement would've shown a \$14 million loss instead of a \$2 million increase, Beaghan said.

OU received about \$2 million in research grants and contracts just between July 1 and Aug. 31.

The majority of the funds came from National Institutes of Health and National Science Foundation. Recipients of the funds included studies of eye diseases, black holes, the impact of arsenic, car sensors, and plans for making OU's future Human Health Building more energy efficient.

The administration also showed there was \$388,216 in gifts and pledges given to OU from July 1 to Aug. 31.

The board voted to renew trustee Jacqueline Long's board chair.

Trustee Henry Baskin's term as vice chair was also renewed.

Trustee Michael Kraemer was voted to replace trustee Dennis Pawley as the chair of the board's finance, audit and investment committee.

Three speakers — a representative of the faculty union, a student, and a representative of Micah Fialka-Feldman — addressed the board.

The board listened to their concerns and dismissed the meeting without discussing these concerns publicly.

POLICE FILES

On Sept. 20, some East Vandenberg residents said all six of the tube-like fluorescent light bulbs in the elevator were missing. On Sept. 21, maintenance replaced three of the bulbs. Then, one light bulb was taken and another one damaged. OUPD currently has no suspects.

A student said that on Sept. 21, she was moving out of her room in University Student Apartments to another room, and her roommate started an argument with her, called her names, threatened to kill her, and came at her trying to hit her. The student said her boyfriend prevented the roommate from doing so, and the student got her things and left. The student does not want to press charges.

On Sept. 22, a resident in Vandenberg Hall said his iPod, phone and \$70 went missing while he was gone for a couple hours. His roommate was gone at the time has not reported anything missing. The resident said he believes that two white females with blond hair who were selling magazine subscriptions to his suitemates, who share a bathroom with him that does not lock, stole the items because nobody else had access to his room while he was gone. On Sept. 23, the resident said he found his phone in his room. One of the resident's suitemates said he was also missing two items. The suitemate said his roommate said via text messages that he gave his room key to the magazine-selling girls to pick up a magazine receipt off his desk, and that the girls later locked the room back up and gave the roommate the keys back.

On Sept. 22, a person said someone stole his backpack from his car in parking lot 32 while he was gone for a couple hours. The person said his driver's side window was open a few inches, and no signs of forced entry was seen.

On Sept. 23, OUPD found a blue iPod, a Nikon digital camera, a Canon camcorder and

a Gateway laptop computer in a locker used by art students in Wilson Hall, after someone reported found property. The laptop was found to belong to the Student Business Administration. The rest of the items are in OUPD's property room.

On Sept. 24, a South Hamlin Hall resident said her laptop was stolen that day. She said she went to sleep with the laptop on her desk, and that her roommate's friend was sleeping in the room. The resident said when she woke up, the laptop was gone and so was the roommate's friend. The resident's suitemate identified the roommate's friend, but OUPD has not contacted her yet.

On Sept. 26, OUPD officers were dispatched to a North Hamlin Hall room for possible minors in possession of alcohol. After receiving consent to enter the room, a resident and two guests agreed to take preliminary breath tests, which gave results of .15, .06 and .00 blood alcohol content levels. The two underage drinkers were given MIP citations.

On Sept. 27, OUPD officers were dispatched to South Hamlin Hall for an unconscious person. At first he refused to take a PBT. His girlfriend said he had an alcoholic drink earlier, and an officer said he will issue an MIP, unless he takes and passes the PBT. He took the PBT and scored .09, and OUPD issued an MIP citation.

A woman complained that on Sept. 23, a man walked into the shower area in the women's locker room in the Recreation Center. The man did not speak to her or try to touch her. A security camera showed he spent 18 seconds inside the women's locker room, then left and entered the men's locker room.

— Compiled by senior reporter Masudur Rahman, from Oakland University Police Department's media logs

Stopping the flu at OU

By DAUD YAR
Contributing Reporter

Due to recent concerns about the H1N1 virus, a new strain of influenza, campus officials have organized the "Stop the Flu at OU" awareness campaign.

The program aims to keep students aware of the potential dangers this year's flu may present, said David Groves, assistant director of media relations at OU.

The most effective approaches to avoid illness include washing hands, not touching eyes, nose or mouth, avoiding shared cell phone use, and limiting social contact with anyone who exhibits flu-like symptoms.

"Students should know the status of the various strains of the virus and some preventative measures," said Groves.

Some students are too busy to catch up on the latest information on the disease.

"I'm a little nervous from what I've heard," said Megan Goodwin, a junior majoring in marketing. "I'm not as educated about it [H1N1 virus] as I should be. I've got many more things on my mind."

Some may not have time to worry about the H1N1 virus but others have already been tested.

"Last month I missed a day of work after the test," said Andrew Gustafsson, a junior majoring in finance and economics. "My throat was swabbed ... and luckily everything came back negative."

This flu season, September to April, is unique when compared to others in the past. Influenza targets the very young or elderly population every year. Over 30,000 flu-related deaths occur every year in the United States.

It is much easier to catch the H1N1 strain of influenza, said Nancy Jansen, interim director of Graham Health Center.

"Viruses can change or mutate very fast," said Jansen. "We will be finding out next week when the new H1N1 vaccine is coming. It's possible that it may come as a nasal spray."

Andrew Grieve, a senior journalism major, was a bit skeptical about the true nature of the illness.

"I think it has the potential to be dangerous," said Grieve. "For awhile I was a little concerned but it's never a bad idea to have yourself covered."

Emily Carpenter, a senior wellness, health promotion, and injury prevention

See H1N1 on page 9

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Students eat up tickets for Alton Brown show

By RYAN HEGEDUS
Contributing Reporter

There are plenty of reasons why students choose their majors. Some choose majors that will lead to prosperity, some choose a major that will allow them to further their passions, and still others choose based on parental pressure.

Alton Brown, host of Food Network's massively popular "Good Eats," award-winning cook and Oakland University's guest at a sold-out lecture Wednesday, Sept. 30 was a theater major while a student at the University of Georgia.

"There were a lot of girls in the theater department, so it seemed like a good choice," Brown said with a laugh. "It worked for me; people always said it's never going to do any good, but look at what I do now — I've been on TV for 10 years."

While it planted the seeds of acting into his career, Brown's college degree didn't lead him right to television stardom. At Georgia, he began to work in cinematography and film production.

This career choice paid off; he was the director of photography for R.E.M.'s music video "The One I Love" and also worked as a steadycam operator on the

Spike Lee film "School Daze."

"I learned how to cook in college to get girls," Brown said. "It all led right back to girls and getting dates. Then, food became a hobby for me."

In the early 1990s, however, Brown began to cook up (no pun intended) what his career path would be.

"I was watching a lot of food shows, and they were boring, I wasn't learning anything, and finally, I thought 'Somebody ought to make a better food show,' and I decided I could make a better one," Brown said. "We at least made things different. I won't say that it's good or bad, but I will say that it's different and continues to be."

After graduating with his wife from the New England Culinary Institute in 1997, Brown began working toward his culinary future by airing cooking episodes on local television in Chicago. And with that, "Good Eats" was born.

Since the show debuted in 1999, it has become one of the highest-rated shows on Food Network and has earned high praise from notable organizations such as the James Beard Foundation ("Best TV Food Journalism Award" in 2000) and the Peabody Awards (2006 award).

The first 80 episodes of the show have

even been compiled into the first of two hardcover books called "Good Eats: The Early Years." In addition to hosting "Good Eats," Brown is the host commentator for "Iron Chef America" and starred in his own mini-series, "Feasting on Asphalt" and "Feasting on Waves." After 10 years of being on the air, sources of inspiration have not run out for Brown.

"My wife of 16 years has been with me through thick and thin and none of this would have happened without her, actually. I also have a 9-year-old daughter — a lot of inspiration comes from her. Most of my inspiration comes from real close by."

Despite his meteoric rise to Food Network television fame, Brown credits his humility to staying close to home and not being influenced by outside sources.

With his success, awards and fame, Brown could get caught up in the glitz and glamour of TV and stardom. The Georgia alumnus, however, keeps his feet on the ground.

"All I know for sure is that I'm employed and I'm really glad to be. I'm still up at night, washing my own laundry, I don't have security detail, I don't get special parking — I'm just sort of a

regular guy," Brown said.

A humble attitude, engaging personality, and extensive culinary knowledge will accompany Brown to OU.

The choice to bring him to OU was made by the Student Life Lecture Board, Oakland University Alumni Association, Chartwells Dining Services and the Oakland Press.

"We want students to be introduced to new ideas and concepts, and to be inspired by the lecturer," said Paul Franklin, coordinator of campus programs for the CSA, "...[he] was the students' first choice for this year's lecture series."

Brown's lecture is titled "The Science of Food" and will incorporate his unique style of kitchen expertise with the humor and accessibility that is seen in every episode of "Good Eats."

With his unique mix of talents, OU will have plenty to look forward to when Alton Brown enters the O'Rena for a 7 p.m. lecture.

"I never, ever repeat a lecture. This one will be put together ... by a very motivated individual," Brown said. "You prepare a lot of stuff, you walk into the room, and you play the room."

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Brooksie Way Half Marathon to benefit Oakland County program

This Sunday Oakland University's campus will welcome thousands of runners for this year's Brooksie Way Half Marathon and 5K Race/Walk.

The Brooksie Way has teamed up with Count Your Steps, a non-profit organization that promotes physical activity throughout the lifespan, in order to enhance the lives of Oakland County residence through healthy, active lifestyles.

Founded by Oakland County Executive L. Brooks Patterson the race is held in memory of his son, Brooks Stuart Patterson, an avid sportsman who passed away after a 2007 snowmobiling accident.

The registration fees, \$30 for 5K race/walk and \$60 for half marathon participants, equip runners with a race packet which includes a timing chip and T-shirt.

Proceeds will cover all race expenses as well as a donation to the Oakland County Count Your Steps Program.

Both the half marathon and 5K race/walk will begin at 8 a.m. Sunday. Those interested can register until October 2 at www.thebrooksieway.com

— Jennifer Wood, Staff Reporter

Disagreements discussed at OU Senate Meeting

At the Sept. 24 Oakland University Senate meeting, Virinder Moudgil, the university provost, addressed the faculty and said that the previous month had been "a difficult one." He requested that in the future when there are disagreements between faculty and administration, that they should discuss them respectfully.

AAUP President Joel Russel said he wanted to echo Moudgil's sentiments, and thanked him for his work during the contract negotiations.

A vote was held to elect six new members to the OU Senate Steering Committee. The result of the vote elected Ron Tracy (School of Business Administration), Ann Switzer (Kresge Library), Kevin Grimm and Karen Miller (College of Arts and Sciences), Mike Polis (School of Engineering and Computer Science), and Frances Jackson (School of Nursing).

Russel urged the senate to contact local senators and representatives to ensure that the Promise Grant for college students is reinstated into the state budget.

Moudgil agreed and added that the Promise grant reinstatement wasn't a sure thing yet. — Rory McCarty, Senior Reporter

Continued from page 7

H1N1

major, was thrilled to hear about the new vaccine that specifically combats the new strain.

"I'm happy scientists are giving humanity a better chance to fight off H1N1," said Carpenter. "I just hope that getting two shots won't discourage students."

The H1N1 vaccine is under production and will be available in two to three weeks. Until then, OU's "Fight the Flu" campaign has many suggestions to lower the risk of catching the H1N1 virus. For more information visit <http://www.cdc.gov/h1n1flu>.

One of the potential risks posed by the H1N1 virus could be Guillain-Barré Syndrome, a rare disease in which the body damages its own nerve cells, causing muscle weakness and sometimes paralysis.

According to the Center for Disease Control website, GBS cases sometimes appear after flu infections or vaccinations, but no link has been found between the vaccinations and GBS.

Oakland County Health Department was unable to be reached for comment by press time. Judy Gula, who works in infection control at Crittenton Hospital in Rochester, said that the vaccine is being distributed through state depart-

ments to local hospitals, and until they receive the vaccine they won't know any more about the potential risks.

Gula said the CDC has assured Crittenton that the vaccine is safe and recommends that people in the highest risk groups should get them as soon as possible.

According to the CDC website, the groups most at risk for the H1N1 virus include pregnant women, adults with underlying conditions that compromise their immune system, and young people up to age 24, including college students.

— Rory McCarty contributed to this report

Prevent the flu at OU

- Wash hands with soap thoroughly and frequently
- Use hand sanitizer with at least 60 percent alcohol
- Do not touch the eyes, nose and mouth
- Use a tissue or sleeve when coughing or sneezing
- Avoid direct contact with fixtures in public restrooms
- Avoid crowded areas and shaking hands with others

Source: www.news.oakland.edu

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Students celebrate Hispanic Heritage month with mock Quinceañera



From left: Allison Jones, Danielle Ager, Krysta Hand and Michelle Lopez-Arciniega danced at the Quinceañera's reception. A Quinceañera is the Spanish coming-of-age ceremony when a girl turns 15.



Liz Rodriquec, a junior Spanish secondary education major, although five years older than 15, played the part of the girl becoming a lady at the mock Quinceañera



Professor Ronald Rapin, a Spanish professor and chairman of modern languages and literature, dressed as a priest Thursday, Sept. 24 in the Oakland Center, to officiate the mock Quinceañera.



Molly Rowland (left), senior German major, and German foreign exchange students Christopher Bosum, Felix Mueller and Katharina Buentjen, came to the mock Quinceañera to experience different cultures

The Scene

September 30, 2009

www.oaklandpostonline.com

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QUICK HITS

Reviews in 30 seconds

By **MONICA DRAKE**
Contributing Reporter

The month of September does not only signify going back to school and a new semester of classes. The fall season also comes with its fair share of mysteries, murders, surgeries, marriages, pregnancies, affairs, gossip and of course, ballroom dancing.

“THE OFFICE”

“The Office,” credited for making “That’s what she said” a nationally-used phrase, started its sixth season Thursday, Sept. 17.

“The Office” is a comedy about the employees at Dunder Mifflin Paper Supply Company in Scranton, Pennsylvania and their 9-5 office jobs. It airs every Thursday night at 9 p.m. on NBC.

Jim (John Krasinski) and Pam (Jenna Fischer) are two characters, and they recently got engaged last season. Last season’s cliff hanger was them finding out that she’s pregnant.

“GREY’S ANATOMY”

“Grey’s Anatomy” is ABC’s contender to “The Office,” also airing at 9 p.m. on Thursdays. “Grey’s Anatomy” started its sixth season on Sept. 24.

Last season, the show ended as George (T.R. Knight) and Izzy (Katherine Heigl) were both clinging to life. George was hit by a bus while trying to save a stranger’s life and Izzy flat-lined after a season-long battle with skin cancer that had spread to her brain.

In this season’s premiere, Izzy survived, her tumor shrinking significantly, while George did not.

Season six will focus on the characters coping after George’s death, Izzy’s cancer survival as well as her new marriage to Dr. Alex Karev (Justin Chambers), and the merging of Seattle Grace Hospital with Mercy West, which will result in staff reduction.

“DANCING WITH THE STARS”

For those of you who are not fans of dramatic and depressing television shows, “Dancing with the Stars” started Sept. 21 and airs Mondays at 8 p.m., with the results on Tuesdays at 9 p.m.

On TV Guide’s list of most popular shows, “Dancing with the Stars” acquired the number one spot. This season’s contestants are pop star Aaron Carter, NFL Hall of Famer Michael Irvin, ultimate fighting champion Chuck Liddell, singer Mya, Olympic Gold Medal swimmer Natalie Coughlin, former U.S. House majority leader Tom Delay, actress Debi Mazar, singer Donny Osmond, model Joanna Krupa, model and fashion designer Kathy Ireland, singer/reality TV star Kelly Osbourne, professional snow boarder Louie Vito, host of Iron Chef America Mark Dacascos, and actress Melissa Joan Hart.

NEW SHOWS

New television series have also begun this fall. Some of the most hyped new series are “NCIS: Los Angeles,” “Glee” and “Vampire Diaries.”

“NCIS: LA” airs every Tuesday at 9 p.m. on CBS.

“Glee” airs every Wednesday at 9 p.m. on FOX and features McKinley High teacher Will Schuester (Matthew Morrison) and his attempts to save the school’s glee club.

Thanks to “Twilight,” the CW also caught the vampire bug with its new show “The Vampire Diaries.” “The Vampire Diaries,” based on the book series by L.J. Smith, is about two vampire brothers, one good and one evil, and their polarized beliefs, to suck blood or not to suck blood. It airs Thursdays at 8 p.m.



“MAD MEN”

By **KATIE WOLF**
Managing Editor

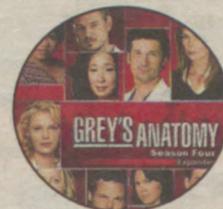
Mad Men is a throwback to the days when office mini bars were expected, smoking in the conference room was accepted, and businessmen relied on their “girls” to hang up their coat and hat. The show focuses on an advertising agency, Sterling Cooper, set in fast-paced 1960s New York City. The show has picked up speed in its third season, with scenes like an office accident involving a drunken secretary, lawnmower and a man’s foot; and the closeted art director getting caught with the male bellhop on a business trip. Mad Men continues to push the envelope, sometimes with subtly, other times with a bang. This season is set in 1963, and the possibilities are endless with the issues of civil rights, the Vietnam War, and of course, the Kennedy assassination.



“ONE TREE HILL”

By **COLLEEN J. MILLER**
Editor in Chief

“One Tree Hill,” well, this show has been in a quick decline for the last two seasons. It’s the same feeling I had after Aaron Spelling died and “Seventh Heaven” went for an unexpected 11th season after the series finale. Am I still supposed to be confused about whether or not P. Sawyer is dead? And the series hottie, Chad Michael Murray (as Lucas Scott), appears to not be coming back either. Some of the remaining characters are enough to stick around for, like the raspy-voiced fashion designer Brooke Davis played by Sophia Bush. Others not so much, and it seems like the creators are trying to make up for the loss by re-introducing a few minor characters like the woman Nathan allegedly slept with on the road and Haley’s hot sister. The season didn’t kick off with much, and moves slower than a daytime soap opera.



OTHER SHOWS AIRING THIS FALL:

- “Heroes”— Mondays at 8 p.m. on NBC
- “90210”— Tuesdays at 8 p.m. on CW
- “Modern Family”— Wednesdays at 9 p.m. on ABC
- “Cougar Town”— Wednesdays at 9:30 p.m. on ABC
- “Community”— Thursdays at 9:30 p.m. on NBC
- “Ugly Betty”— Fridays at 9 p.m. on ABC

Free-form questions for WXOU DJ

By ALEXIS TOMRELL
Scene/Mix Editor

Tom Schulte is a lifer. Over the course of his six years at WXOU and throughout his experimental, radically-charged life, he has shown himself as not one to back down from broadcasting musical insights into the unknown.

In a new monthly DJ profile, outlining radio shows from campus radio station WXOU, we explore the depths of Schulte's program, "Outsight Radio." Tom "Tearaway" Schulte is quite the interesting guy. And his interests, ranging from the nyckelharpa to "magic bands," come streaming home to us in a two-hour segment in the later hours of Tuesday nights.

A few questions for the man of the radio hour:

When does your show air?

Tom: New episodes appear Tuesdays, 10 p.m.-midnight with special encore performances that can be heard and help fuel late-night study sessions, Friday night/Saturday morning, midnight-2 a.m.

What is the reason you started a radio show, or what peaked your interest in radio?

Tom: I actually started a radio show as an organized act of civil disobedience with a collective known as Radio Free Detroit over 17 years ago. We failed to get the FCC to actually shut us down and take us to court as fast as we expected, so during the few years that experiment lingered on, I developed a desire to do legitimate radio, which I went on to do in AM, FM, public radio, Internet radio, and of course with WXOU, college radio.

What would be a playlist typical to your show?

Tom: My show focuses on stylistic, experimental, ear-grabbing nonmainstream music mostly from new releases. Independent and small label artists, including those

working beyond rock in blues or jazz, are key elements of each episode. Each week features a phone interview with an artist and the playlist tends to build around that artist as a theme. A recent playlist featured Gary Lucas of Captain Beefheart's Magic Band.

A fun fact for readers?

Tom: If things slow down at a party, I like to liven things back up by showing a group of people how to collaborate on drawing an exquisite corpse.

And, your favorite band and/or artist?

Tom: As you can imagine as a music enthusiast, my answer changes day to day, if not hour to hour. Right now, I am really keen on the violin and nyckelharpa (an ancient Swedish instrument) of Elin Palmer of the Lee Lewis Harlots. Elin has had the pleasure of working with a lot of acclaimed artists throughout the years including 16 Horsepower, The Czars, Wovenhand, and The Fray. She was also a core member and string arranger for Munly in his former group Munly & The Lee Lewis Harlots. Elin's rich and fascinating music as well as a conversation with her will feature in an October episode of my show, "Outsight Radio."



Photo courtesy of Tom Schulte
Tom Schulte at his home DJ station.

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Bo's Brewery & Bistro
 Happy Hour, Two-fer Tuesdays, and College Night are not the only specials at Bo's — they usually have many others daily, on both drinks and food. They have a 60-item menu to choose from, which includes their own smoked meat and their popular pulled pork sandwich. Although it's closed on Sundays, it's open until 2 a.m. on Saturday and 11 p.m. on weekdays.
Address: 51 N. Saginaw St.

Workfly Community Incubator
 The Workfly community is far from the idea of noose-neck business drones in stuffy offices. Workspace for local startups during the week and stage for local artists after hours — not to mention yoga and massage offered upstairs. Workfly has opened its doors and desks to the local community and is interested in extending its hand to the college community — from interns to college entrepreneurs. This posh, lounge environment offers its space and free Wi-Fi to creative and business professionals looking to start businesses and network with others.
Address: 48 N. Saginaw St. | Website: www.workyfly.com

Blue Note Café
 This cozy café offers more than just coffee. They host open mic nights every Tuesday at 7 p.m. and also have hookahs available for just \$7. If you're craving coffee, Blue Note serves gourmet espresso drinks, coffee coolers and the rest of the latte fare. In addition to hot and cold beverages, they also serve sandwiches and ice cream. The interior is bohemian cool and the food is cheap, making it a low-key spot to dream up some thoughts. This is a good place to go if you're looking to relax or to enjoy local music.
Address: 7 N. Saginaw St.
Website: www.mypsace.com/bluenotecafe

Pontiac Diner
 The food here is tasty, inexpensive, and served by a friendly wait staff. It is one of the only places open until 4 a.m. on weekends and 10 p.m. weekdays, and it offers carryout. While the menu may be basic — consisting of mainly smoothies, ice cream, pizza and grease quickies — the food is still delicious. The location and hours of the diner make it one of best post-concert/club hangouts to grab a bite to eat or some coffee. Their pizza has made its presence known to late-nighters in the metro Detroit area.
Address: 22 N. Saginaw St.

The Crofoot
 Just because "Arts, Beats & Eats" is over doesn't mean you can't still find good shows in Pontiac. The Crofoot hosts an array of musical talents in all four of its rooms. Upcoming events include The Airborne Toxic Event on Oct. 22 and Creepy Cheapy Halloween Treat II, hosted by Wolfman Mac on Halloween night. Live bands and DJs are featured on Service Industry Thursdays and Phonotropic Fridaze. No need to bring your flasks either, because Pabst and High Life are always just \$3.
Address: 1 S. Saginaw St.
Website: www.thecrofoot.com

written by Rania Hannan and Mallory Lapanowski | designed by Jason Willis
The Oakland Post

Transfer assists in victory

New addition is helping the volleyball team reach new heights

By MIKE SANDULA
Staff Reporter

Last year, as a freshman at the University of Cincinnati, Ashley Nevelle rarely received much playing time. This year, after a transfer to Oakland University, she's playing a central role in a record-setting season for the Golden Grizzlies volleyball team.

Nevelle didn't know at first where she was going to transfer to, but said she didn't like the volleyball program at Cincinnati, specifically the coaches.

"I knew that I was going to leave Cincinnati pretty much a few months after I got there," said Nevelle.

She left Cincinnati in December of 2008 at the semester break and took classes at Davenport University for a semester.

Head coach Rob Beam tried recruiting her out of high school, but she told him she "had [her] heart set on Cincinnati for some reason."

"I've seen her play on a couple club teams," Beam said. "I've always been impressed with her play."

When he heard that Nevelle was looking to transfer, he contacted Cincinnati and got permission to contact her about it. She came and visited OU's campus a few times, met the team and said she was impressed with how personal Beam was.

"I was looking for the friendlier, get-to-know-you coaches and Rob is definitely that," said Nevelle.

With the 2009 season halfway over, Nevelle has 498 assists. She averages 9.22 assists per set, which gives her a good shot at breaking OU's single-season record of 1,045, set by Becca Moller in 2005.

Beam said that much of her success has to do with the new offense OU is running.

"We ran a two-setter system [last year] and Ashley has allowed us to run a one-setter system," Beam said.

With Nevelle as the primary setter, she's naturally going to get more assists, but Beam stressed that her talent is still largely responsible.

"I think she's been the best setter at all the events we've been at," he said.

Nevelle has also been a strong defender with 125 digs, second best on the team.

"Ashley has a combination of skills and talents that is relatively unique and hard to find in setters," said Beam. "She's tall, she's long-limbed, she's a good athlete, a great jumper. She has a sort of intangible understanding of the game."

Beam said good setters and hitters — such as senior Adrienne Leone, who has over 1,000 career kills — work off each other.

"She continues to make our hitters better which leads to a more efficient offense which leads to winning matches," Beam said.

And win they have done. The Grizzlies already have 11 wins this season, after having just eight in each of the past two seasons.

After being picked to finish eighth in this year's Summit League preseason poll, the Golden Grizzlies are currently 11-2 with a 5-1 Summit League record, trailing only North Dakota State (10-2, 6-0 Summit League) in the conference standings.

Teammate Brittany Dunn said that Nevelle has been a huge addition to the team this year.

"She's done a great job of coming in and just performing and doing her job," Dunn said.

Dunn, a redshirt junior, is one of the veteran players Nevelle said she looks up to, calling her a "special leader."

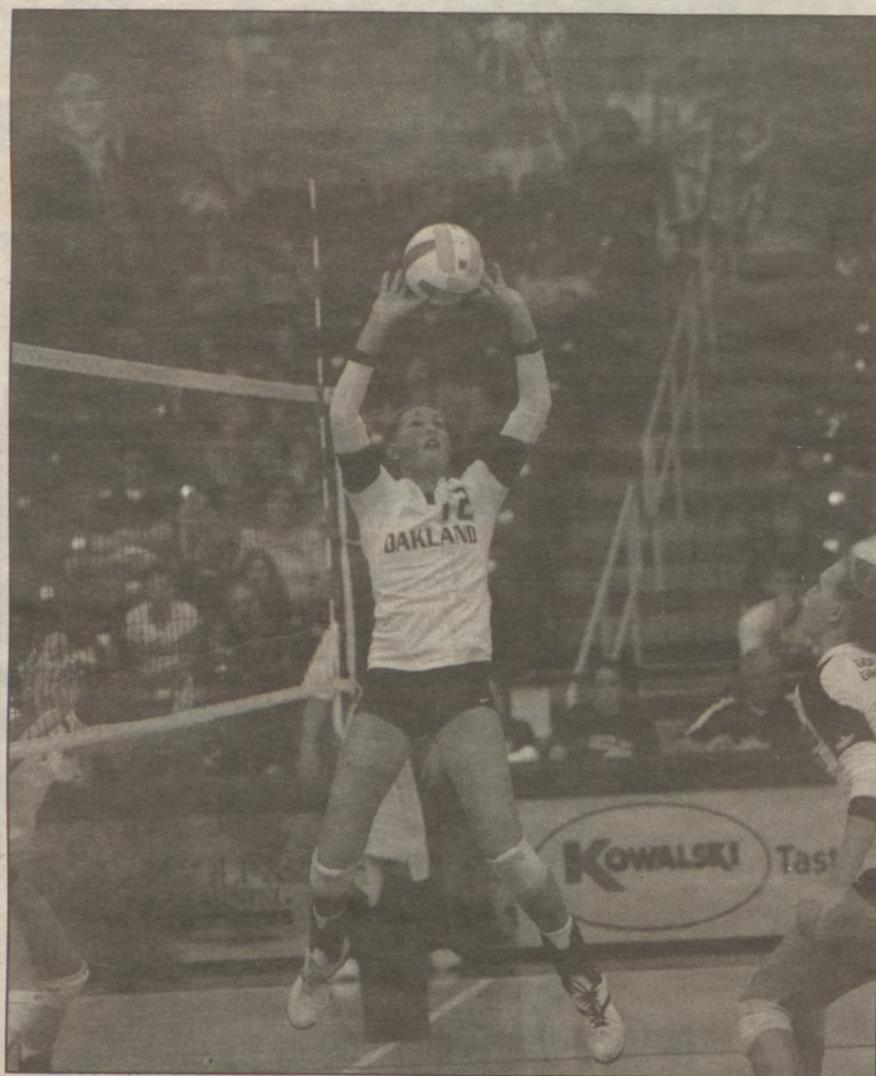
"She's so loud and in control, I just love playing with her," Nevelle said.

Nevelle went to Caledonia High School where she was a four-year all-conference honoree and a two-time all-region selection. As a senior, she was chosen to the all-state team and was part of the 2006 USA Junior Olympic Invitational Championship team.

While still a junior in high school, Nevelle committed to play at Cincinnati. She said she was looking for a big school and loved the campus, but she soon regretted this decision.

She enrolled at OU this fall with hopes of becoming a pharmacist and was happy to move back to her home state of Michigan.

"I love being closer to home," Nevelle



ASHLEY NEVELLE
BOB KNOSKA/The Oakland Post
Ashley Nevelle quickly assumed a starting role this season, her first with the team. She is among the Summit League leaders in assists per set.

said. "My family comes to all my games." Nevelle started playing volleyball when she was in sixth grade and grew up with experienced volleyball players in the family. Her mother played at Western Michigan and her aunt played at the University of Minnesota.

"They all kind of started me off early," said Nevelle.

Beam said he's confident that once Nevelle learns more about the team and

develops relationships with her teammates, she'll eventually fit into a leadership role.

"I think she's going to assume that leadership responsibility as one of the best players in our conference," said Beam.

But for now, she's just a sophomore on a team that appears to have its best ever shot at winning the conference title since joining Division I.

Dwindling interest in 'Hockeytown'

By DAN FENNER
Sports Editor

COLUMN

The Tigers are in a pennant race and the Lions finally won a game, meaning that the collective eyes of Michigan's sports fans have been diverted away from their most successful franchise. Hockey season is approaching, but its footsteps are silent.

With the regular season set to open Friday, is anyone paying attention? Excitement for the Detroit Red Wings and the new season seems uncharacteristically low heading into the first game. It will be interesting to see how many people turn out to watch the team at Joe Louis Arena on a nightly basis.

The sad truth is that the Red Wings are a team trending downward. Last season, General Manager Ken Holland assembled the most talented team imaginable under salary cap restraints. But the team couldn't finish the task of repeating as champions, and it's difficult to envision these new-look Red Wings hoisting the Stanley Cup this year after the free agent exodus that occurred over the summer.

For much of last season, many believed the Red Wings' players were suffering from a Stanley Cup hangover, finding it difficult to give their best efforts in regular season games of no particular importance.

But despite this perception, they advanced to the finals again. This year, however, it's the fans who seem to be feeling the aftereffects of a hangover following a crushing, season-ending Game 7 loss that's proving difficult to put out of mind.

Most Wings fans probably spent the aftermath of the loss avoiding anything that would remind them that the NHL's golden boy Sidney Crosby really did skate around with the Stanley Cup in downtown Detroit that night.

The Red Wings saw all of their pending free agents walk out the door as the team had too little salary cap space to re-sign them. It was unreasonable to think the team could bring back Marian Hossa, but seeing him sign with the rival Chicago Blackhawks was particularly disheartening.

Hossa and departed forwards Mikael Samuelsson and Jiri Hudler combined for a ton of goals last season — 82 to be precise.

In an attempt to replace them, Detroit signed a trio of wingers from the free agent bargain bin, though none of them were highly sought after by other teams around the league. Those additions, Todd Bertuzzi, Jason Williams and Patrick Eaves, scored a collective 40 goals last season.

Needless to say, scoring will be down this season, so the defense will need to be better. Fortunately, the top six defenseman from a year ago are returning and still make up one of the league's most formidable units.

The penalty kill will need to improve significantly after finishing among the worst in the league last year.

The goaltending remains a major question mark heading into the season. Chris Osgood would likely have been the playoff MVP had the Wings been able to pull out a Game 7 victory, but he's also coming off the worse regular season of his long career. Jimmy Howard takes over as the backup, but no longer seems destined to be the team's goaltender of the future after disappointing development in the minor leagues.

Now let's not misunderstand the preseason pessimism surrounding this team. The Wings may still be the class of the Western Conference and it's very difficult to imagine them not being a top-four seed when the playoffs roll around next April. The problem is simply that this team is weaker than it was a year ago.

And as was the case with the Pistons in recent seasons, fans aren't satisfied by their team simply being in contention. This Wings team lacks the same buzz and day-to-day intrigue that surrounded the team last year.

It'd be easy to accept this season as a transitional year in which the team can continue to develop its younger players, but the prospect of losing captain Nicklas Lidstrom to retirement, before a return to glory can be completed, is dampening.

And so goes the pressure of being a perennial powerhouse. Red Wings fans have been conditioned to expect championships. Detroit's "Hockeytown" moniker on the center ice circle only solidifies this mindset.

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MEN'S SOCCER

9/30 vs. Michigan (Ultimate Soccer Arena) 7 p.m.
10/3 at Centenary

Coming attractions

GAME SCHEDULE FOR SEPT. 30 - OCT. 6

WOMEN'S SOCCER

10/2 vs. UMKC (Ultimate Soccer Arena) 7 p.m.
10/4 vs. Southern Utah 1 p.m.

CROSS COUNTRY

10/3 Greater Louisville Cross Country Classic 10 a.m.

VOLLEYBALL

10/2 vs. IPFW 7 p.m.
10/6 at Eastern Michigan

CLUB HOCKEY

10/2 vs. Eastern Michigan 8:40 p.m.*
* home games played at the Onyx Ice Arena in Rochester
10/3 at Eastern Michigan

SOFTBALL

10/3 vs. OCC*
* doubleheader beginning at noon
10/4 at Northwood University
10/4 at Hillsdale

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Grizzlies shut out rivals

By ZACH HALLMAN
Staff Reporter

Oakland University men's soccer opened the in-conference portion of their schedule with a 1-0 win over Oral Roberts Friday, Sept. 25.

The lone goal of the game came in the 77th minute on a well-orchestrated offensive play.

Oakland's leading scorer, Stefan St. Louis, accelerated past a couple of Oral Roberts defenders and played the ball across the face of the goal. Teammate Josh Bennett and an Oral Roberts defender both went for the ball and missed it before OU freshman Johnny Dreshaj kicked it into the open net. Oral Roberts' netminder was caught out of position, as it appeared he didn't expect the ball to get through to Dreshaj.

The goal was Dreshaj's second game-winning goal of the season.

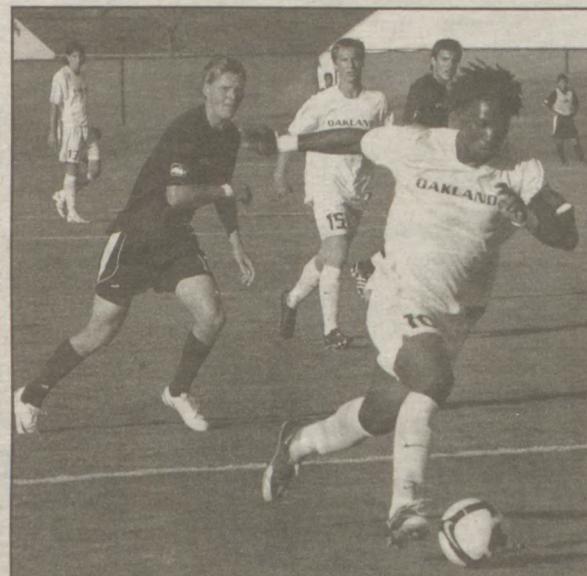
It was Oakland's second straight victory, following three straight tough losses. Head coach Eric Pogue said after the game that each game has to be taken in context.

"All three games were one goal losses against very good teams and we had opportunities to get results against each one, but came up short," Pogue said. "With such a young team that is trying to find its identity, some times you find ways to win those games and sometimes you don't."

On Friday, the Golden Grizzlies played what was perhaps their most physical game of the season. Neither team could put much together in terms of offensive fluidity. For the most part, the officials kept their whistles in their pockets, allowing the two sides to continue despite many plays that could easily have warranted foul calls.

The lenience of the referees worked to Oakland's advantage, according to Pogue.

"It is up to our players to deal with calls or non-calls in a professional and disciplined manner. We like a physical match, so we won't shy away from a ref letting us play," he said.



BOB KNOSKA/The Oakland Post
Friday's game was Oakland's opportunity for a rematch. Last season, the Grizzlies suffered their only in-conference loss to Oral Roberts.

Mitch Hildebrandt earned his second shut-out of the season and has really begun to show a certain comfort level and confidence that Grizzlies fans have gotten accustomed to seeing in net in recent years.

"Mitch has been very solid for us all season. He has been sharp in the goal, made the saves he is supposed to make, as well the key saves to keep us in games," said Pogue. "He has really stepped up this season and filled a big void left by Steve Clark."

Hildebrandt made five saves in the game, including one in the closing minutes to preserve the victory.

On Wednesday, the Grizzlies will be taking on the 24th-ranked Michigan Wolverines at the Ultimate Soccer Arena in Pontiac. OU will have the task of ending Michigan's seven-game winning streak.

"Our entire focus this fall is on our conference games, but we put together an out of conference schedule that is one of the toughest," said Pogue. "I am sure it won't take much to get [the Grizzlies] motivated to play, especially in front of thousands of fans in a great environment at the Ultimate Soccer Arena."

Café provides locals an 'Oasis'

By JENNIFER WOOD
Staff Reporter

At a time when coffee chains like Starbucks reign supreme, the owners of a new shop are looking to bring something unique to the coffee shop scene.

Charlene and Jamal Hamood, the owners of The Dessert Oasis on the corner of 2nd and Main Street in downtown Rochester, want to offer customers an experience that is vastly different from the one they are used to at a run-of-the-mill coffee shop.

"We don't look at the people who come into our store as new customers," said Jamal Hamood. "We look at them as new friends."

The scene inside the café is relaxed, with large decoupage tables and a few couches surrounding a stage that looks out onto Main Street.

The café has free wireless Internet and printing, copying and faxing services for those looking for a quiet place to study or conduct meetings.

"We want it to be a friendly atmo-

sphere," said Charlene Hamood, "a comfortable setting for people who want to eat lunch, have meetings or just grab a coffee with a friend."

At the counter, customers line up for a variety of desserts in a large glass case including baklava, a variety of pies, mousses and other treats to pair with one of the many hot or cold beverages served at the café.

The Dessert Oasis also serves reasonably priced lunch and dinner selections.

One substantial menu item is the "Rockin' Rolled Sandwiches," a rolled sandwich with a flaky outer crust.

On Fridays, two customers can share cheese fondue and receive the chocolate fondue half off the usual price.

"It was common for coffee shops to sell fondue back in the day. We're kind of a modern take on old-fashioned coffee shops," said Charlene Hamood.

Along with their large latte and chocolate mousse, customers can also find entertainment Friday through Sunday nights starting at 6 p.m.

Stephanie Hamood, a singer, who spe-



JENNIFER WOOD/The Oakland Post

A fondue sampler is displayed at The Dessert Oasis on 2nd and Main streets in downtown Rochester. The cheese fondue is served with broccoli, cauliflower, bread and apples, among other things.

cializes in acoustic 60's and 70's classics, is the daughter of Charlene and Jamal Hamood and one of a handful of musicians who perform at the coffee shop during the weekend.

Customers are invited to share the stage on Mondays for open-mic night at 6 p.m. or high school open-mic night on Wednesdays.

"It was slow at first, but it's picked up. We've had banjos, guitars and bagpipes ... something for everyone," said Charlene Hamood.

To get a taste of the new café, customers can take part in this Thursdays Girl's Night Out in downtown Rochester, where The Dessert Oasis will offer cheese fondue for \$3 per person and karaoke.

Shuttle offers free transportation

By MIKE SANDULA
Staff Reporter

Oakland University students can now visit select Rochester destinations without needing a car.

The OU Shuttle Service, which travels as far as downtown Rochester, began last weekend.

Dave Tindall, assistant director of residence life, said Housing discussed "how nice it'd be for students to get to these locations and not have to move cars."

In an e-mail, Vice President for Student Affairs Mary Beth Snyder, said the university had talked with community leaders about partnering with either SMART bus or the Older Persons Commission, but ultimately decided they could provide their own transportation on a smaller scale.

The shuttle service, which consists of two black, 12-passenger Ford cargo vans, will run every weekend during the school year, weather permitting.

One shuttle ran this weekend to test out the system and collect data. The second van will be introduced Thursday for the inaugural ride at 5:15 p.m.

The current schedule is Fridays from 6 p.m. to 2:30 a.m., Saturdays from 11 a.m. to 2:30 a.m. and Sundays from 9 a.m. to 2:30 a.m.

Tindall said students can call either the Housing Department or the front desk of Hamlin Hall to reserve the shuttle on Wednesdays and Thursdays for runs to Meijer and Wal-Mart.

The shuttle, which is paid for by the president's office and OU Housing, is free to ride for students, faculty and staff who show a valid OU ID to the driver. Tindall said a card-swipe program will be installed in a few weeks.

The shuttle begins at Hamlin Circle in front of a "Shuttle Van Stop" sign, where it waits for 10 minutes while students get on or off. It then makes a similar stop at the 4000 building of the university's student apartments. After that, the

shuttle goes off campus and heads east on Walton Boulevard.

At the corner of Walton Boulevard and Adams Road, it stops at University Square in front of Busch's. From there the shuttle crosses Adams Road and tours the Village Mall, stopping at the Parisian and then the Whole Foods Market. The next stop is Buffalo Wild Wings at the corner of Walton Boulevard and Livernois Road.

The final stop before heading back to OU is downtown Rochester, where the shuttle parks at Mind, Body & Spirits restaurant at Main and Third streets.

The other shuttle will visit the same locations but travel in the opposite direction so there's one inbound shuttle and one outbound. The goal is that a shuttle will visit each location every half hour.

The program currently has five drivers, but they are looking for one or two more.

Justin Rettger, one of the drivers, said he found the job on OUCareerLink.



JASON WILLIS/The Oakland Post

A shuttle stop sign outside the 4000 building in the student apartments.

com. He said after they are hired, drivers need to obtain a chauffeur's license, which requires passing a 15 question test and paying a \$35 fee.

"We hope the demand is there and will certainly add hours of service in the future as needed," Snyder said.

MOUTHING OFF

The views expressed in Mouting Off do not necessarily reflect the opinion of The Oakland Post

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www.oaklandpostonline.com

September 30, 2009

Budget dining: not 'Good Eats'

With TV personality Alton Brown visiting OUI, Mouting Off tries to be an Iron Chef. This week's secret ingredient: disgusting frugality

By DAN SIMONS
Mouting Off Editor

DAVID AND GOLIATH a burger of biblical proportions, with armageddon-like repercussions

This caloric colossus is the result of a marriage made in McDonalds. Take the bottom slices of the buns from a McDouble and a McChicken and put them together. This puny, patty-less burger is David. Eat him first. Then take the remainder of both burgers and combine. Chicken, meet beef. Heart, meet clog. Grab this behemoth burger and chow down on a giant made of meats, cheese, mayo, pickles, onions, ketchup and lettuce. Then call emergency medical services, you know, just to be on the safe side. David and Goliath can also be accomplished at Burger King with a Whopper Jr. and a Spicy Chick'n Crisp, or at Wendy's with a Crispy Chicken sandwich and a Double Stack. Or, you know, don't eat crappy food.

INGREDIENTS:

1 McDouble burger
1 McChicken sandwich

COST: \$2.12
CALORIES: 750



SPICY SPAGHETTO

ghetto spaghetti — like an Italian restaurant, but without the quality

Ramen noodles have long been a staple food for college students. They're cheap, can be made in a dorm, and so easy to make even a journalism major can do it. But everything can be spiced up, and those little spice packets included just don't cut it. Get some ground beef, find a place to cook it and get to work. Brown the meat in a skillet while cooking the noodles in the microwave. Take all the leftover sauce packets from previous adventures to fast food joints. Add five packets of ketchup from any burger joint. Throw in two packets of Fire sauce from Taco Bell for spice, and top it all off with a honey packet that you picked up for some reason at Kentucky Fried Chicken. Mix the sauces into the meat, throw in the noodles and mix until cool. It makes multiple servings, if for some reason you feel like eating it again.

INGREDIENTS:

1 lb hamburger meat, disregard quality
1 package ramen style noodles
5 ketchup packets
2 Fire sauce packets
1 honey packet

COST: \$2 - \$3



ATOMIC GELATIN gelatin without booze is possible

INGREDIENTS:

1 package gelatin
1 16 oz energy drink can

COST: around \$3
1 night without sleep



CALL YOUR MOM MEATLOAF just like mom used to make

INGREDIENTS:

1 phone call

COST:

Varies by service provider
Gas money to get home
Doing the dishes when you're done

How can you possibly quench your need for caffeine AND your desire for semi-solid food at the same time? Cram for that final you never bothered to study for AND eat something closely resembling slime? Just substitute your favorite energy drink instead of water the next time you make this translucent treat. Most energy drinks come in 16 oz cans, while most gelatin recipes call for 4 cups of water. Boil one cup of water to dissolve the gelatin powder. Pour into a bowl or a large pan if you want to make those stupid little gelatin-jiggler things. Then add one can of energy drink to make a dessert that is both tasty and not recommended for pregnant or nursing women. Take some liberties and mix and match your flavors, like cherry gelatin and Red Bull, orange gelatin and Rockstar, or berry gelatin and Monster. It'll stain your lips and keep you up for hours. The higher the ratio of gelatin mix to liquid will result in thicker gelatin, and if you really want more bang for your buck and hate your liver, you can throw in a few of those concentrated energy shots

When all else fails, just call your mom. Start by turning on the phone and setting it to "Family." Simmer for 15 minutes while your mom scowls at you for not calling her more often. Grill for 15 more minutes while she yells at you because you're only coming home to do laundry and eat her food. Boil for a half hour while she goes into great detail about how she was in labor for 14 hours and you gave her such heartburn and how she sacrificed so much to raise you and all that other crap. Eat whatever the hell your mom made because it's free and you don't have to cook. Once done, clean the table because she raised you better than that. Then fix her computer because she swears the Internet is slowing down her game of solitaire. For extra servings, give into her begging and spend the night in what used to be your old room before she turned it into a personal gym. You'll get a decent breakfast, hopefully.

photos by JASON WILLIS/The Oakland Post

Tsunami hits American Samoa

PAGO PAGO, American Samoa — A tsunami swept into Pago Pago in American Samoa shortly after an earthquake with a preliminary magnitude of 7.9 shook the Pacific area. There were no immediate reports of injuries or structural damage. Fili Sagapolutele, who works at the Samoa News, says water flowed inland about 100 yards before receding, leaving cars stuck in mud. The Pacific Tsunami Warning Center in Honolulu issued a tsunami warning for American Samoa and other areas of the Pacific, including New Zealand. The temblor hit at 6:48 a.m. Tuesday (1748 GMT) midway between Samoa and American Samoa. In the Samoan capital, Apia, families fled their homes for higher ground amid severe shaking that lasted for up to three minutes.

Guns will be OK in Ariz. bars starting Wednesday

PHOENIX — A new Arizona law allowing people with concealed weapons permits to carry their guns into bars takes effect Wednesday. But many bars are pulling in the welcome mat. The law allows bar and restaurant owners to post signs barring guns. There's no official tally on how many of the 5,800 establishments that sell alcohol have posted signs, but the state said it has provided at least 1,300 laminated placards so far, and the signs are also available over the Internet. The law was backed by the National Rifle Association, which argued that licensed gun owners shouldn't be forced to leave their protection behind. The law, however, prohibits gun-carriers from drinking alcohol in the establishments. The NRA said Arizona is the 41st state with such a law.

Task force to colleges: Treat betting like booze

LAS VEGAS — A national gambling task force is recommending that colleges and universities take more steps to curb problem gambling by students by treating the issue as a health concern. The Task Force on College Gambling Policies said in a report released Tuesday that most higher education institutions aggressively target alcohol problems on campus, but not gambling problems. The task force was established last year by the Cambridge Health Alliance. It recommends that universities establish campus gambling policies, help treat students if they have gambling disorders and actively campaign against problem gambling. The report cites studies that say half of college students reported placing some kind of bet during the past year, but only 22 percent of colleges have written gambling policies.

Homeless Georgia sex offenders directed from woods

MARIETTA, Ga. — A small group of homeless, registered sex offenders have been ordered to move from a makeshift camp in a densely wooded area behind a suburban office park. The sex offenders had been directed to the camp by probation officers. The officers said it was a location of last resort for the sex offenders who are barred from living in many areas by one of the nation's toughest sex offender policies. Cobb County Sheriff Neil Warren said the decision to make the sex offenders move was made by the Georgia Department of Transportation — the owner of the property. Warren said he did not know where the sex offenders would go next. A preliminary hearing has been set for Oct. 9.

Source: The Associated Press

2009-10 Lecture Series

Presented by OAKLAND UNIVERSITY'S Student Life Lecture Board



ALTON BROWN

An American food personality, chef, author and actor, Alton Brown is the creator and host of the Food Network television show *Good Eats* as well as the multi-series *Feasting on Asphalt* and *Feasting on Waves*. In addition to being the main commentator on *Chef America*, Brown is also the author of several books on cooking and a regular contributor to *Bon Appétit* and *Men's Journal* magazines.

He brings a knowledge and enthusiasm for the science of cooking and a humorous approach to his shows. *Bon Appétit* magazine named him Cooking Teacher of the Year in 2004, and he was named Best Food Guru by *Atlanta* magazine in 2005. *Good Eats* was awarded the Best TV Food Journalism Award by the James Beard Foundation in 2000, and the show was also awarded a Peabody Award in 2006.

Wednesday, September 30, 2009

7 p.m. in the O'rena at the Recreation and Athletics Center

Tickets are free for Oakland University students, faculty and staff; \$5 for guests of current OU students, faculty, and staff, OLUAA members, and college and high school students; and \$10 for the general public. Tickets are available at the Center for Student Activities Service Window, 49 Oakland Center.

For more information about this program, or to request special assistance with attending the lecture, please call the Center for Student Activities at (248) 370-2400. Additional information can also be found at oakland.edu/csa.

This program is sponsored through the generosity of the following organizations: Chartwells, the Oakland Press, the Oakland University Alumni Association and Oakland University's Student Program Board.



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