

THE OAKLAND POST

Oakland University's Independent Student Newspaper

Rochester, Michigan

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VOLLEYBALL SWEEPS

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English major, educator, LAS architect Ashleigh Dubie

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SENIOR NIGHT BLUES Golden Grizzlies women's soccer lost a tough game against their undefeated conference rival Milwaukee on Senior Night last Saturday. Story on page 19.
AMELIA OSADCHUK/ PHOTOGRAPHER

THE OAKLAND POST

EDITORIAL BOARD

Jeff Thomas
Editor-in-Chief
jdthomas2@oakland.edu

Lauren Reid
Content Editor
lrreid@oakland.edu

Bridget Janis
Managing Editor
bridgetjanis@oakland.edu

EDITORS

Sophie Hume Photo Editor
sophiahume@oakland.edu

Matthew Scheidel Sports Editor
mscheidel@oakland.edu

Gabrielle Abdelmessih Campus Editor
gabdelmessih@oakland.edu

Sarah Gudenau Features Editor
sgudenau@oakland.edu

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erikabeechie@oakland.edu

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Grace Lovins Senior Reporter
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Christian Tate Sports Reporter
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ADVERTISING

Tori Coker Marketing Director
toricoker@oakland.edu
Bridget Janis
Interim Ads Director
ads@oaklandpostonline.com
248.370.4269

ADVISING

Garry Gilbert Editorial Adviser
ggilber@oakland.edu
248.370.2105
Don Ritenburgh Business Adviser
ritenbur@oakland.edu
248.370.2533



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POLL OF THE WEEK

WHO IS GOING TO WIN THIS WEEKEND'S MSU VS. U-M GAME?

- A) THE WOLVERINES
- B) THE SPARTANS
- C) I DON'T KNOW
- D) I DON'T WATCH FOOTBALL

LAST ISSUE'S POLL

WHAT'S YOUR FAVORITE HORROR MOVIE FRANCHISE?

33%
A) HALLOWEEN

17%
B) SAW

30%
C) THE CONJURING

20%
D) ALIEN

Letter from the editor: The significance of this week's issue

JEFF THOMAS

Editor-in-Chief

I'm thrilled to announce that this week's edition of The Oakland Post is the first 20-page issue our organization has been able to put out since the beginning of the COVID-19 pandemic. Being back at 20 pages is an accomplishment our staff is very excited about. Given this special occasion, it only seems right to take some time to update everyone on how our organization is doing and acknowledge those who helped us get to this point.

To our readers — we never stopped showing up for you. The last 18 months for us have been about perseverance. In a time when a lot of college newspapers were ditching their print issue and releasing less content, The Post pulled together and kept putting out weekly editions. We strive to be a source of information on important issues, and not just another wing of OU's public relations and marketing team.

We've stayed committed to bringing the campus community news about what's going on at this university, and that commitment has paid off. Our coverage of faculty contract negotiations took The Post to record highs in page views and social media engagement. The traffic to our website during the beginning of September was

nothing short of remarkable. We had tens of thousands page views coming in on a daily basis and set a new single-day record high of more than 20,000 page views.

Following contract negotiations our engagement has stayed high, with our year-over-year analytics showing a 75% increase in viewership between Oct. 2020 and Oct. 2021. It's been a huge morale boost knowing our readers care about and want real news coverage. We're going to keep doing our best to inform the campus community.

Our staff has been through a lot — we've weathered the COVID-19 storm together. Like a lot of student orgs, The Post was devastated by the virus. With the pandemic separating us, the usual continuity between changing leadership became impossible. The people that came into their positions during the 2020-2021 school year had to learn on the fly. Working remotely totally disrupted the way our newsroom operated. We went from in-person everything to people working at home and sending in whatever they were working on.

All of this is to say that my predecessors Michael Pearce and Emily Morris deserve a ton of credit for keeping the paper going last year. Despite being limited to less than ideal conditions — they did their jobs, while also taking care to ensure the

future of the organization was in good hands. The majority of our current editorial staff (myself included) were recruited and hired by Michael and Emily. Though they can't be here to celebrate with us now, their leadership undoubtedly played a role in The Post being able to get this point

Additionally, I have to thank our Editorial Advisor Garry Gilbert and Business Advisor Don Ritenburgh for their guidance and commitment to helping our staff succeed. I couldn't do what I do without their support.

This year's staff fields a wide variety of students from many different educational backgrounds. We love our work as journalists, but we're still students first and our experiences in the classroom shapes the work we do.

The Post is fortunate to receive support from so much of the College of Arts and Sciences. Much of our staff has benefitted from the outstanding faculty in the Department of Communication, Journalism, and Public Relations, as well as the English and Creative Writing departments and the Oakland University William Beaumont School of Medicine.

On a personal note, I'm excited to announce that I'll be staying on staff as Editor-in-Chief (EIC) for the duration of the 2021-2022 school year.

Being EIC has been one of the pleasures of my life. Seeing the staff continue to improve and succeed

in their roles has been incredibly gratifying. I'm so proud of this group — their hard work is what drives The Post.

I'm excited to see what else we can accomplish together. 20 pages is great, 24 would be even better. Either way, I'll be here doing my best for the campus community and our readers.

Everybody take care. I look forward to speaking with you all again soon.

Best,
Jeff Thomas



PHOTO BY JEFF THOMAS
The Oakland Post's Editor-in-Chief
Jeff Thomas.

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President addresses university finances, construction projects

LAUREN REID

Content Editor

President Ora Hirsch Pescovitz addressed the Oakland University community on Thursday, Oct. 21 during the annual State of The University Address in the Oakland Center (OC) Founder's Ballrooms. Executive Vice President for Academic Affairs and Provost Britt Rios Ellis presented on the State of Academic Affairs.

The following were discussed: (including but not limited to) the tuition shortfall, expenditures, campus construction projects, graduation rate, graduation rate for Underrepresented Minority (URM) students, COVID-19 collective vaccination status, growth, new leadership and ways to propel the university forward.

Finances

Pescovitz said approximately 80% of OU's revenue is derived from tuition, and about 18% from state appropriation. In 1972, state funding made up 71% of revenue — a number that has decreased to 18% in 2021. According to Pescovitz, this is the lowest of Michigan's 15 public universities, with \$3,079 allocated per student and \$53.4 million total.

The "Strive for 45" campaign was created pre-

pandemic in an effort to increase the minimum state funding to \$4,500 per student.

"The state's disinvestment in public higher education is negatively impacting revenue at Michigan's public universities," Pescovitz said.

Financial aid is distributed in an amount similar to what's received in state appropriation. In regard to expenses, approximately 80% go to compensation — about the same amount received in tuition revenue.

This year — with enrollment and credit hours down by 8.1% — there is a tuition shortfall of \$8.6 million. OU expects an additional shortfall of \$7.4 million this winter.

For this fiscal year, the university is expecting a \$16 million shortfall of revenue.

"We are concerned this shortfall is not just a short term issue," Pescovitz said.

To address the budget — OU can increase revenue, attract and attain more students, receive a higher state appropriation, increase philanthropic giving and reduce expenditures, according to Pescovitz.

Campus Construction

The currently active Wilson Hall renovation, expected to be completed by August 2022, cost \$21.5 million. The South Foundation Hall renovation, which was seemingly delayed, has an expected completion date of Fall 2023 — costing the university \$40 million. Varner Hall's \$45 million renovation has a projected occupancy date of Fall 2023.

"All of these projects are designed to provide our students, faculty and staff with the resources they need to be nurtured in their education, scholarship and research," Pescovitz said.

According to Pescovitz, these projects are financed through bonds, state capital outlay funds and university reserves.

Enrollment

"To put it simply, our enrollment is down 10% over the past three years," Rios-Ellis said.

First-Time Full-Time one year retention rates have declined by 6% — going from 79% in Fall 2019 to 73% in Fall 2020. To combat this, the university wants

to enhance students' first year experience, increase supplemental instruction and improve data use and student success assessment.

Graduation Rate Gap

There is a persistently large gap between URM students and non-URM students that appears to be increasing, according to Rios-Ellis. Since the 2008 cohort, the six-year graduation rate gap between URM and non-URM students has been between 20 and 25%.

"A commitment to equity within a higher education environment translates to renewing our promise to eliminate achievement gaps, thus reaching our shared goal of educational equity," Rios-Ellis said.

URM students now represent 22% of OU's incoming class. Unfortunately, 45% of URM students did not continue at OU this year, as mentioned by Rios-Ellis.

"We will collaborate with student affairs, and Senior Vice President Glenn McIntosh, to create initiatives that focus on Pell-eligible, first generation students and enhance students' first year experience," Rios-Ellis said. "...When we re-frame diversity as an asset, we invite ourselves to engage in positive transformation."

Growth and Improvement since 2010

Since 2010, OU has added the School of Medicine (2011), School of Music, Theatre and Dance (2017), 23 Bachelor's programs, increased full-time faculty from 536 to 638 faculty members, among other feats.

OU has also brought in new leadership — Elaine Carey, Ph.D., Dean of the College of Arts and Sciences, and Mohamed Al-Shabrawey, MBBCH (M.D.), M.Sc., Ph.D., Director of the Eye Research Institute.

Diversity Advocate Training has been implemented for search committee members, and OU is now working with Human Resources to engage all Faculty Affairs staff and faculty in Implicit Bias Training.

Pescovitz's Closing Statement

To conclude the State of The University Address, Pescovitz stressed — "let the healing begin."

"Let's move forward together as one community," she said. "Thank you for all your hard work and commitment to Oakland University."



PHOTO BY ANNA DRUMM

President Ora Hirsch Pescovitz delivering the State of The University Address on Thursday, Oct. 21.

LEAP hosts trail mixer promoting environmental consciousness

GRACE LOVINS

Senior Reporter

Leaders for Environmental Awareness and Protection (LEAP) hosted a Trail Mixer Tuesday, Oct. 19 inviting members and non-members for a nature walk around campus. The club planned to walk the paths behind OU's Nature Preserve while enjoying some trail mix.

LEAP is a student-run organization driven to promote environmental preservation through consciousness and collaborative action. All students with a passion for environmentalism and sustainability are welcome to join. The group emphasizes their goals of awareness and protection of the environment through volunteer opportunities and interactive events. It also serves as a way for like-minded students to meet and continue to build connections on and off campus.

Like some student organizations on campus, LEAP began to dwindle as the COVID-19 pandemic surged and in-person activities transitioned to a virtual setting. Sophomore and current president of the organization, Josie Kuhlman, searched for an outlet to share her dedication for protecting the environment. After gathering some friends who shared her passion, Kuhlman was able to restart LEAP along

with Madelynn Tolan, Cheyenne Wilcox and Molly Stephenson.

Due to the organization's renewed status, they have been working hard to spread their name around campus to encourage student participation and build relationships with other student organizations. Most of the group's activities this semester have included volunteer work within the community. They frequently collaborate with ReRoot Pontiac to provide food scraps for composting and farming and clean-up other local areas such as Yates Cider Mill and the Clinton-River Watershed.

The executive board members of LEAP recognize the difficulty of virtual environmental learning but wanted to offer a mix of interactive activities that are fun and safe for all participants.

"So much of environmental science isn't learning it, it's doing it and we want to make our club about doing it," said Wilcox, secretary, and Stephenson, treasurer.

Hosting a Trail Mixer was also one of the group's first steps in incorporating fun, nature-related activities with volunteer work. Members brought along some bags to pick up any garbage they may have spotted along the way. Kuhlman hopes that by demonstrating simple actions like this, students will be more conscious of small changes they are able to

make in their lives to help the environment.

"I feel like it's just [about] being mindful in general. I know a lot of the time it's tough to make giant changes in your life. It's tiny changes, that's what's really important," Kuhlman said.

The organization is continuing their theme of combining fun and nature with a Pumpkin Carving event on Thursday, Oct. 28. LEAP's executive board invites all students to participate and look out for future events posted on their Instagram.

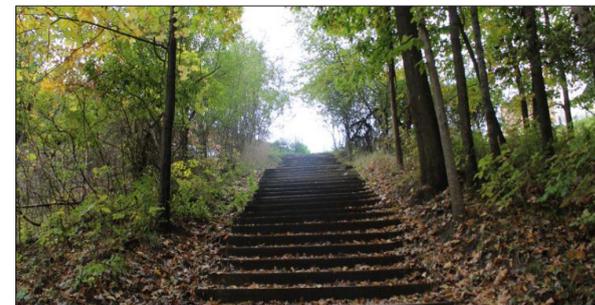


PHOTO BY ANNA DRUMM

The Trail Mixer was also one of LEAP's first steps in incorporating fun, nature-related activities with volunteer work.

Criminal Justice Club continues immigration conversation

GRACE LOVINS

Senior Reporter

Oakland University’s Criminal Justice Club partnered with Oakland University William Beaumont (OUWB) Office of Diversity and Inclusion and Adolfo Campoy-Cubillo from the Department of Modern Language on Tuesday, Oct. 19 to host a discussion on the struggles of undocumented immigrants demonstrated in the Sundance and PBS film, “The Infiltrators.”

The event was a follow-up discussion based on a previous debrief of the film hosted by Adolfo Campoy-Cubillo and Angie Freeman, coordinator for diversity and inclusion at OUWB, on Wednesday, Oct. 13. The pair collaborated on the event as a way to conclude the Immigration Film Fest held at OU and National Hispanic Heritage Month. The conversation on Oct. 13, held via Zoom, consisted of five panelists who represented or associated with the Latinx community.

Freeman wanted to continue the discussion surrounding immigration and deportation so they reached out to Kaylee Hall, president of OU’s criminal justice club, to host a follow-up session.

“The purpose [of the follow-up event] is to keep the conversation going and extend the very short one hour discussion we had last week. These conversations should never stop at the end of the program...If we want to implement change and make a difference, then we have to keep doing the work which is what the criminal justice event is about,” Freeman said.

The criminal justice club held the event through

Zoom and was open to all students to share thoughts or discussion points that may not have been addressed in the previous session. The night began with a review on the criminal aspect of the film, raising questions surrounding the holding of undocumented immigrants in detention facilities and why they are interrogated. Participants also touched on scenes from the film involving domestic abuse within immigrant communities and different barriers that could prevent individuals from obtaining legal citizenship.

Both Freeman and Hall, along with other executive board members of the criminal justice club, encourage students and faculty to continue to learn more about the topic.



PHOTO COURTESY OF RAICES

OU's Criminal Justice Club hosted a discussion on the struggles of undocumented immigrants demonstrated in the film "The Infiltrators." The event concluded the Immigration Film Fest and National Hispanic Heritage Month.

“I think some of the things we talked about were super positive and I think the biggest thing we want OU students, faculty and staff to take away is to keep educating yourself and do the research,” Hall said.

She continued by highlighting the importance of being aware of your surroundings — look at what different institutions do to help undocumented immigrants and bring up any questions seen in the media surrounding these topics.

The criminal justice club is a student-run organization on campus that engages students in several topics and careers within criminal justice. Hall emphasizes the club’s drive to bring to light various social and political issues through different events such as “The Infiltrators” Follow-up Discussion.

“A big thing is just raising social and political issues bringing them to the floor and actually talking about them instead of having this culture of silence so when we watch different episodes we talk about the good and bad of the police,” Hall said. “We talk about what might’ve been wrong here, what’s unjust here, any issues that students might have.”

Hall says the club hopes to host events in the future that continue the conversation about undocumented immigrants and deportation as well as other events pertaining to various topics within criminal justice. Their next event will be a panel discussion on ATF — alcohol, tobacco and firearms — slated for Nov. 16. The club invites any students interested in criminal justice to keep an eye out for future events posted on their Instagram or GrizzOrgs.

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Golden Grizzlies Lead presents ‘I Heart Values’

D’JUANNA LESTER
Senior Reporter

The Golden Grizzlies Lead “I Heart Values” event was hosted virtually via Zoom on Oct. 19. The leadership workshop helped students to identify their personal values and understand how those values could align with potential career paths.

The workshop was a slideshow presentation by ECLIPSE Program Coordinator and Program Coordinator for Student Services, Leadership and Engagement Kelli Dowd. The presentation featured slides discussing values, what they are and how they influence people. Students were then placed into breakout rooms in Zoom for an opportunity to discuss focus topics with their peers.

The first topic question asked was what values are and how they are defined. Students defined values as “abstract or concrete ideas that define your life” and “a set of principles that you believe in that influence your beliefs and actions.”

Values, as explained by the presentation, are those inner standards from which one receives motivation to act as they do and by which they judge behavior — both their own and others’. Values signify what is important and worthwhile, and they also serve as the basis for moral codes and ethical reflection. Values show up in every aspect of life, again and

again through one’s actions.

Students were then given a “Dare to Lead” worksheet with a list of values based off of the book “Dare to Lead” by Brené Brown. Then, they were instructed to choose 20-30 values that stuck out to them, then group them into three to five categories. Here, students expressed their struggles with categorizing their values, saying that it was easier to select values than group them.

Students were put into breakout groups to answer the following questions: “Who is a person in your life that embodies one or more of your values?” “How did they live this value?” and “What impact did this person have on you?” There were varying answers, such as bosses and coaches, but the most common answer was professors. Students took these values they listed and put them into a collaborative jam board.

Defining personal core values was an important part of the presentation. Students were asked how their values might have changed from childhood or since coming to college. The presentation asked students to consider who has influenced their values, how do their values align with their future careers and are their current actions aligning with their values.

Students gave many responses, with some discussing how their thoughts of financial stability have changed since being a child, others talking about how they feel about being told what they’re supposed to do in life.

One student shared that their values of social justice collide with their hopes for a career using their political science degree. A student said: “Taking time to reflect on your values when making a decision that you’re not 100% sure about can be helpful,” referring to how their actions are influenced by their values.

The presentation concluded and explained that values matter because they help with making decisions, communicating with others, defining relationships and showing integrity. They are a good motivator, and people can experience more contentment in their lives when their values and actions align.

“Maybe people around you don’t value the same things that you do anymore, and it’s okay to step back from things that don’t align with what you want to do,” Dowd said at the conclusion of the presentation.

AAUW organizing Oct. 30 walk for breast cancer on campus

JOSEPH POPIS
Senior Reporter

On Oct. 30, there will be a walk for breast cancer on campus. This event is presented by OU’s chapter of the American Association of University Women (AAUW).

According to their website, “AAUW advances equality for all women through advocacy, education, research, and philanthropy. The goal is to promote awareness, intellectual growth, community leadership and the advancement of women.”

The walk-on-campus event will run from 11 a.m. to 1 p.m. and is open to all OU students. Participants will meet at Elliot Clock Tower and are required to wear pink clothing of any type.

“We are hoping to raise money for breast cancer research through this event,” said Secretary for OU AAUW, Amanda Pordon. “We will be donating the money collected for the event fee, as well as collecting money through OU’s marketplace system for those who participate in the event but would like to help out.”

There is a \$10 admission fee, with all proceeds going to the American Cancer Society — a volunteer organization that strives to help individuals with the many difficulties of having cancer.

Students can pay upon arrival or donate digitally on OU marketplace.

According to cancer.org, the American Cancer Society’s goal is to help as many people with cancer

as possible. They take action to learn all there is to know regarding cancer and distribute that knowledge to the people who need it to ensure that individuals with cancer have the best chance to live a prosperous life.

Breast cancer survivors and participants can benefit from this walk in various ways: it is an opportunity for these women to come together and share in the experiences they have had, and there is also a sense of community and bonds that form when participating in these events.

“I would say breast cancer survivors essentially gain a new community of people,” said Maya Ford, president of OU AAUW. “[A] sisterhood would be a better word for it. You get to know more people and meet lots of other people that have been through the same experiences you have — being able to converse and share your experiences that you are not alone.”

COVID-19 guidelines will be enforced throughout this event. Safety is of top priority to ensure everyone is following the rules and everything is running smoothly. The AAUW plans to impose the same safety protocols they used in the previous year.

Masks are mandatory for this event. In the previous year, the group was split up into smaller groups as to minimize the chance of clumping together. The same plan is set to be in place for this year’s walk.

Donations are still welcome for this event even if one cannot attend. The goal is to bring women together and raise money for research.



PHOTO COURTESY OF OAKLAND.EDU
The Golden Grizzlies Lead promotional photo. The group hosted a leadership workshop last week.



PHOTO COURTESY OF AAUW ON FACEBOOK
OU’s chapter of the American Association for University Women (AAUW) is hosting a walk for breast cancer on Oct. 30.

OU's Outdoor Club hikes through Kentucky

BRIDGET JANIS

Managing Editor

When school becomes a lot it's nice for students to take a minute and go outside, connect with nature or take a walk. The Oakland University Outdoor Adventure Club (OUOAC) has a goal of being close to nature. The group went on a trip to Kentucky for the weekend of Oct. 15-17.

"It's so stress relieving to be out there and not worry about school or

anything and to just kind of take a break and do something like that," Emma Capelli, president of OUOAC, said. "I just really hope that a lot of the other students come out, have a good time like see something new or try something new."

The group of 23 students stayed at a rock climbers campground near Red River Gorge Natural Bridge State Park. The trip was surrounded by going hiking, kayaking and camping.

On Saturday, the group did a

group breakfast at the campsite and then drove to their first hiking trail of the trip. The hike ended up being about eight miles long going to the actual natural bridge. Then they continued to hike to a lookout point to see a view of the bridge from afar.

"It's just a perfect day hike, and it's a very cool spot to see the Red River Gorge just has so many different trails and cool rock formations and things to see," Capelli said. "We did have a few members on our trip this year who are rock climbers who can go rock climbing and bouldering, at different spots on the trail."

On Sunday, the group woke up and did another group breakfast. At this time, people packed themselves some sandwiches for lunch for their day of exploring nature. Then they did a drive through the Scenic Byway through the Red River Gorge. Select members of the group did a kayak trip through the Gorge Underground, an underground mine that flooded. People that did not sign up for the kayak trip did another

trial through the Red River Gorge. "I just felt like everyone got

out at least some benefit from nature," Megan Degeer, secretary of OUOAC said. "Also made a few friends to continue to hanging out with throughout the year and after we graduated because most of us are seniors."

In November, the group rented a cabin in Bald Mountain and plans to do some day hikes. They also are planning to do an ice cave trip within the winter months.

Also every year at the end of the school year the club does a five day backpacking trip. This year the group hopes to go to Georgia.

The club is beginner friendly and allows anyone to join. For anyone that wants to join the club, go to GrizzOrgs and look up Oakland University Outdoor Adventure Club and press join. This adds you to their email list and provides information about meetings and upcoming trips the club is doing.

"[This club is] to get more people, especially students out into nature," Degeer said. "Like connecting with nature and learning, like how to take care of her environment, appreciate our environment and just like being able to get outdoors more."



PHOTO COURTESY OF EMMA CAPELLI
The Oakland University Outdoor Adventure club visited Kentucky the weekend of Oct. 15 in an effort to get close to nature.

Mary Ann Samyn continues Maurice Brown Poetry Readings

BRITTANY KEARFOTT

Sports Reporter

Mary Ann Samyn is a professor of English in MFA in the Creative Writing program at West Virginia University. She graduated from Oakland University in 1992. On Oct. 14, Samyn held a craft talk and reading for Oakland students and the community.

The craft consisted of Samyn talking about her work in creative writing as well as her studies. She took questions and worked closely with students on how to improve and expand their work in creative writing. She went through a reading of "The Frog in the Pond" as a foundation, and took pauses for note taking and writing prompts for the students. She also gave writing advice to the students, saying "Metaphors are for emergencies."

Samyn spoke on how her presentation and talk is partially planned and not planned.

"[Being] not all the way prepared is more realistic and useful," she said. "[Plus, it] lets a little air in and is a lot more fun."

She went to talk about how fully preparing doesn't work and why.

"I have mentored a lot of people who are learning to teach grad students. I have noticed that when people try to prepare every single moment, it is usually a disaster."

Her number one piece of advice is to "just be yourself, calm down and say some regular stuff to not everything that is on your plan."

The Maurice Brown Poetry Readings were starting in memoriam of Maurice Brown — who was a professor at Oakland University. He is survived by his wife Judy Brown and daughter Tilda Brown Swanson. This was the 34th annual reading.

Samyn thanked Judy Brown and Tilda Brown Swanson "for their continued support of this reading and writers and writing community in support of Maurice Brown."

Samyn also values holding on to oneself, and mentioned she would take one of her own books to a deserted island, even if it was the only book she could bring.

"You have to think that way," Samyn said. "The business side of writing is so difficult that you have to [have that] hold on yourself."

Writing poetry is for a niche audience. When you write and sell it,

you have to know who your audience is, but also how the business runs, and the competition.

Samyn read a variety of poems from the books: "Dust, Shadow, Distance," "My Life in Heaven" and "The Return From Calvary."

Samyn talked about her life with her father's stroke and passing, and how it influenced her work and life in general.

"Poems are not what you know about," she said. "It is about what you don't know about. Poems are sights of mystery. Typically something more or something less."

Samyn spent time trying to understand why he was going through this struggle of the stroke, and everything he was going through in response to it. However, she knew that helped her learn to understand why.

"I learned who he was different from how I knew him," she said. "He was receiving what he needed his whole life. He lacked getting cared for. He was always the caretaker. He was now getting cared for by many incompetent people including his own children and a lot of competent people."

Samyn had a lot of amazing advice for the students looking for creative ways to write and work through the



PHOTO BY SOPHIE HUME
Mary Ann Samyn presents the Maurice Brown Readings to the audience on Oct. 14.

industry. It was wonderful to see the Maurice Brown readings continue for the first time since the start of COVID-19.

ECLIPSE to host Trunk-or-Treat for Halloween

SARAH GUDENAU

Features Editor

The Explorations in Collaborative Leadership and InterProfessional Education (ECLIPSE) Activities Board is hosting a Trunk-or-Treat on Friday, Oct. 29, from 5 p.m. to 8 p.m. in the Human Health Building parking lot. The social event will be an opportunity for students from the School of Health Sciences (SHS) and their families to trick-or-treat in a COVID-safe environment.

The organization's over 100 members are divided into different mentor groups which have banded together to form "pods." Each pod will be decorating a different Halloween-themed car — such as the witch-themed car or the blood-themed car — and they'll hand out candy to trick-or-treaters from the trunks of their cars.

"There's going to be other family members and friends coming as well [as OU students] to kind of have a trick-or-treating experience but at Oakland, a nice environment where there's a lot of other students that maybe have similar interests," said Ethan Dimock, president of ECLIPSE. "The majority of us are all pre-health, whether it's physical therapy or nursing or doctors, anything like that."

The event will have free candy, games, music and two giveaways: a raffle and a candy corn in a jar game with prizes of Starbucks and Target giftcards. Additionally, ECLIPSE is partnering with UNICEF at OU to organize crafts for the event participants.

"I'm mostly excited about seeing all the other

members of the club, because especially last year it was still great in all virtual, but I think this is going to be fun too," Dimock said. "Dressing up in costumes, having fun and seeing everybody, I think it's going to be great from the social aspect."

As the university mask mandate does not extend to outdoor activities, masks are recommended but not required for the event. Despite that, ECLIPSE has implemented a system at all of their events — outdoor or indoor — where they hand out colored bracelets to participants at the beginning of each meeting to represent each person's level of comfortability with personal contact.

"Depending on your level of comfortability with COVID, you grab a wristband — for example, if you grab a red one, that means you're not as comfortable having people coming around you, hugging you, touching you, things of that nature," Dimock said.

ECLIPSE, which is unique to the SHS, organizes activities and events centered on healthcare. The organization's primary focuses are leadership and mentorship, which they strive toward in their events, bimonthly organization meetings, mentor meetings and volunteer opportunities.

"We also actually have a class that we offer, it's called IPE, and there's four levels to it — IPE 1000 through 4000, so not only are there events that we're offering, but there's also a course where students meet, usually once a month, I believe, and those are to learn certain leadership qualities."

The classes and the organization are designed to help students gain skills in the four program pillars:

communication, roles/responsibilities, teamwork and values/ethics. Students from the SHS who are interested in getting involved in ECLIPSE can contact eclipse@oakland.edu or Advisor Kelli Dowd at kdowd@oakland.edu.

To RSVP to the Trunk-or-Treat, visit the event page on GrizzOrgs.

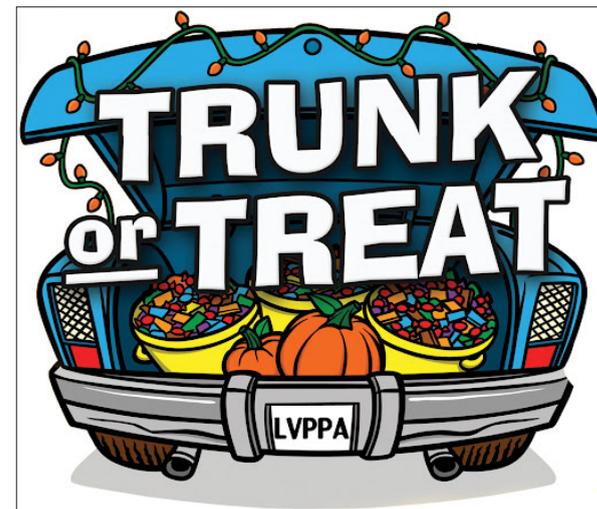


PHOTO COURTESY OF CLIPART LIBRARY
ECLIPSE at OU is hosting a Trunk-or-Treat on Friday, Oct. 29. The social event will have free candy, games, music, giveaways and crafts.

HALO commemorates Hispanic Heritage Month

RACHEL YIM

Senior Reporter

Hispanic Heritage Month is observed each year on Sept. 15 to Oct. 15 to recognize and celebrate the histories, cultures and contributions of Hispanic/Latin Americans as well as to celebrate the heritage rooted in all Latin American countries.

Why not start the celebrations at the beginning of a month? The reason is to commemorate the anniversary of independence for Latin American countries — Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua.

Hispanic and Latinx populations are expanding in the U.S., with the 2020 U.S. Census reporting 62.1 million Hispanic Americans, making up 18% of the total population of the country. In fact, more than 500 years of Hispanic and Latino history and heritage can be found in national parks or shared through National Park Service programs across the U.S.

As presented in the data above, Hispanic and Latinx heritage is deeply cultivated into American society, which makes understanding different cultures Hispanics countries possess more important than ever.

To promote cultural literacy and awareness in the OU community, Hispanic American Leadership Organization (HALO) at OU works as a social network for its students.

Isabella Mahuad is a junior at OU Honors College and the president of the HALO. She is double-majoring in International Relations and Spanish. As the

president of HALO, Mahuad and her fellow officers plan and run civic events, and present presentations outside of the club for people with the OU community in an effort to perpetuate awareness of the customs and traditions of Hispanics.

"I think it's really important to be aware of how diverse Hispanic culture can be," Mahuad said. "Even within individual countries, people speak different languages and have different traditions, so there can be really different cultures from country to country."

HALO recently co-sponsored an event where Dr. Ivan Reyna, associate professor of Spanish at the University of Missouri-Columbia, spoke about Peruvian politics. His presentation aimed to provide



PHOTO COURTESY OF ARKANSAS SOUL
National Hispanic Heritage month is recognized every year to celebrate Hispanic and Latinx cultures. The celebration extends from Sept. 15 to Oct. 15 every year.

a general idea of the history of Peru and how this historical awareness helps us to understand the political crisis in which Peru is immersed today.

Mahuad herself comes from Hispanic/Latinx heritage. Despite having extended family in Mexico and her living in the U.S., they are both able to share traditions.

"I also really love being able to share my culture with people who aren't familiar but want to learn," she said. "Overall, it's a way to connect with other people."

Facing the issue of discrimination and health disparities against the Hispanics and Latinx community, Mahuad said that many changes need to be made. Despite their contributions to the U.S., Hispanics and Latinos still often face inequalities in various fields.

"Unfortunately, the root of a lot of these issues are systemic," Mahuad said. "I think a good starting place is to have empathy and listen to the communities facing these problems, but at the end of the day there isn't a simple solution. I hope to see greater equity in the future, and for people to come together on these issues."

Learning about other cultures helps us understand different perspectives within the world in which we live. It helps dispel personal biases and negative stereotypes about different groups. Being proactive in listening, accepting and welcoming different people and ideas is an important first step anyone can take.

Without diversity, no unity exists.

WISER to host “Picture a Scientist” screening Nov. 5

TANNER TRAFELET
Senior Reporter

Anyone wishing to learn more about the struggles and journeys of women in science, engineering and research should make their way to Founders Ballroom C in the Oakland Center on Nov. 5 for a screening of the film “Picture a Scientist.”

This screening is being hosted by the Oakland University WISER — Women in Science, Engineering and Research — organization from 1-3 p.m. Following the film, a faculty discussion panel will run from 3-4 p.m. featuring: Executive Vice President for Academic Affairs and Provost Britt Rios-Ellis; Associate Professor of Biological Sciences and Interim Associate Provost Amy Banes-Berceli; Professor of Psychology Martha Escobar; and Associate Professor of Biological Sciences and Bioengineering Sara Blumer-Schuette.

The panel’s participants are set to discuss the film’s relevance to the WISER organizations outreach initiatives, and the meshing of WISER’s broader goals with OU’s academic environment. A point of particular discussion for the panel, will be how the film directly examines the challenges that women have and continue to face in the academic realm.

“The documentary ‘Picture a Scientist’ shows the unique challenges that face women in STEM,” said Leanne Papke, program coordinator for OU’s research office. “Recently, it’s been part of a national conversation about these issues. It’s been shown at

other universities, so we wanted to bring the film to Oakland University to give people the chance to see the film and talk about what the experiences of women in STEM are like.”

Gender discrimination practices in higher education, science, engineering and research is a complex and nuanced issue. According to an UNESCO report, gender inequality in higher education in general remains a universal issue — while women made up 53% of graduates with Bachelor’s and Master’s degrees in 2014, only 44% of doctoral graduates are women and 30% of the world’s university researchers are women. The report recommends that higher education institutions “undertake to be the platform for increased female leadership.”

“Since the beginning of the [WISER] program, we’ve done networking events and workshops to help women meet their colleagues and address issues that are part of their careers as professors,” Papke said.

The film screening will have both virtual and in-person attendance options — although an RSVP is required — with the discussion panel being conducted virtually via live-stream, and the film shown with a streaming link supplied upon RSVP. This event serves as one of the many community and faculty outreach programs that WISER has conducted, and its purpose is to continue facilitating discussion about the experiences of women in the STEM field.

“One of the most famous cases of gender discrimination in the sciences was of how Rosalind

Franklin’s contribution to the discovery of the structure of DNA was downplayed for decades,” said Blumer-Schuette.

“What makes ‘Picture a Scientist’ so powerful is how this documentary illustrates how gender discrimination in academia is still an ongoing issue, and that women from underrepresented ethnic or racial groups are simultaneously navigating multiple layers of discrimination,” Blumer-Schuette said. “The scientist’s stories in this documentary also highlight how forms of gender discrimination can vary from obvious violence to subtler actions.”



PHOTO BY NOORA NEIROUKH
WISER continues to make a splash on campus.

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Posties share their must-watch Halloween film favorites

With Halloween right around the corner, we've compiled the staff's favorite spooky movies to help you get in the spirit. From bone-chilling horror, to classic family-friendly fall fun — The Oakland Post has got you covered.



"The Conjuring" — Jeff Thomas, Editor-in-Chief

Rescuing us from gore core horror movies (Saw, Hostel) and lackluster jump scare thrillers (Paranormal Activity), "The Conjuring" brought audiences back to the basics of the horror genre. A good old-fashioned haunted house movie with a creepy attic, poorly-lit basement and spooky backyard all setting the scene for the characters. Ed and Lorraine Warren's backstory only added to the feeling of realism in this film. A movie experience that connects viewers to the psychological roots of human fear and superstition, it's always a must-see this time of year.



"The Nightmare Before Christmas" — Bridget Janis, Managing Editor

"The Nightmare Before Christmas" is one of my favorite Halloween movies because I love the way this movie is constructed. The stop-motion animation makes characters the best part of the film. Oogie Boogie, Jack Skellington, The Mayor and Sally are all amazing characters, and give you that creepy, realistic feeling inside. The opening credit song is definitely a must add to any Halloween playlist. This film is just a fun and lighthearted view of Halloween, and provides a magical connection and transition into the next Holiday — so it's perfect to watch from September to December, which I do. Thank you Tim Burton for all you've done for Halloween movies.



"Coraline" — Noora Neiroukh, Photographer

My favorite spooky movie, hands down is "Coraline." When I first watched it I was absolutely terrified, but I thought everything from the stop animation to the eerie setting was brilliantly done. I've watched nearly all the Theorizer videos on YouTube about the hidden details behind the film, and I still find it fascinating. I especially love it because I'm from Oregon — and Coraline moved from Michigan to Oregon, which I didn't even notice at first!



"Hocus Pocus" — Katie Reid, Distributor

This movie is the best classic Halloween movie of all time. It has every aspect of the perfect Halloween movie — the witches, the zombie/mummy, the black cat and spirits — and combines them all together to make a not-too-scary, perfect family film. We also get the best Halloween song ever, "I Put a Spell on You," sung by Bette Midler. And of course, I've been in love with Max Dennison my whole life.



"Haunted Mansion" — Carolina Landeros, Graphic Designer

This movie was a Disney classic when I was growing up. I remember it being one of the first "horror" movies I watched, and it's the movie that really got me loving horror movies as a kid. It's spooky, while still providing a good mix of comedy and mystery. Also, Eddie Murphy is just such a great and iconic actor — how could you not love it?



"The Haunting of Hill House" — Brittany

This is my favorite Halloween/horror show. It's the only one that's able to freak me out, since I'm a horror movie and a comedian. No joke, terrified me so much that I had to watch it so many times. So horrifyingly good — you must watch it.

Design by: Carolina Landeros
Story by: The Oakland Post Staff

“It” — Tori Coker, Marketing Director

I'm someone who generally avoids anything of the horror genre at all costs — and yet, if you were to ask me what my comfort movie is at any time of year, I'd respond with this film. While the 1990 miniseries adaptation of Stephen King's famously haunting novel is — in my opinion — the scarier version, the newer interpretation of this terrifying tale is my favorite for the undeniable charm it conveys even amidst Pennywise's relentlessly chilling antics. From the delightful doses of eighties nostalgia to the heartwarming camaraderie of Derry's ragtag group of clown fighters, you'll come up for air just fine between each jumpscare and gory shot — though I make no promises when it comes to sleeping peacefully after that leper chase scene. Eek.



“Dark Shadows” — Amelia Osadchuk, Photographer

My favorite spooky movie is “Dark Shadows.” Directed by the one and only Tim Burton, and starring the master of weirdly wonderful Johnny Depp, I shouldn't have to explain more, but I will. This film has the perfect amount of vampire gloom and witty sarcasm. The plot takes place in both 1760 and the 1960's at a creepy gothic estate in Maine. It intertwines the eras with amazing costumes and a great soundtrack. One of the first songs in the film is “Nights in White Satin” by the Moody Blues. That alone will give you the chills, and I LOVE The Moody Blues. Tim Burton perfectly executed the balance of fantasy, comedy and horror in this movie — making “Dark Shadows” just right if you are looking for quirky, spooky Halloween fun in a film!



“It's The Great Pumpkin, Charlie Brown” — Elizabeth Foster, Graphic Designer

“It's The Great Pumpkin, Charlie Brown” is such a classic and cheesy halloween movie. Even though it's short, I look forward to watching it every Halloween season. Growing up, my family and I made a big deal to ensure no matter what we did that holiday season, we watched Charlie Brown! I am a huge animation fan, so this movie holds a special place in my heart.



“Corpse Bride” — Gabrielle Abdelmessih, Campus Editor

If the Halloween movie you're watching isn't stop-motion animatwed and directed by Tim Burton, what are you doing? All kidding aside, the macabre imagery of this dark musical fairytale is simply stunning. Everything from the stark contrast between the pallid living and vibrant dead, to the hauntingly beautiful music — especially the piano solo — makes this film a must-watch every October.



“Chernobyl Diaries” — Anna Drumm, Photographer

My favorite horror movie has to be “Chernobyl Diaries.” It takes place in such a neat location for a horror movie: a destroyed nuclear power plant. I think what the movie does, with the concept of radiation and how it can change living things, is super cool. It's just a really fun, suspenseful watch.



“Monster House” — Lauren Reid, Content Editor

Featuring the best tween power trio of the 21st century, “Monster House” is definitely a Halloween staple. DJ, Chowder and Jenny supply me with all the spooky vibes I need as a mega scaredy-cat during my annual rewatch. No but seriously, the iconic “GET OFF MY LAWN” from Mr. Nebbercracker never fails to haunt me. Also, DJ's babysitter Zee and her boyfriend Bones (weirdly resembling Jonathan Cheban) are the most underrated cartoon characters I've come across in my 21 years — they're pure gold.



“Harry Potter” — Maggie Willard, Photographer

Let's be honest: the Harry Potter movies are great to watch all year round. But I especially love watching them around Halloween because Hogwarts has such a spooky vibe with the magic, potions and creepy creatures. All of the Harry Potter movies are so comforting, and I love the cozy fall feeling they give me. I also love how detailed all of the films are, and how they managed to mostly stick to the plot of the original books and create eight amazing movies I'll never get tired of watching.



tor
cream.” Chock full of references to other
e of the overplayed cliches of the genre.
r movie speech — it's just killer! “Scream” is
ason!

W Kearfott, Sports Reporter
e only one of its kind that has genuinely been
d show fanatic, and not many scare me. This one,
AT LEAST one Disney show or movie after. It is



Are you eligible for a COVID-19 booster shot?

GABRIELLE ABDELMESSIH

Campus Editor

The Food and Drug Administration (FDA) authorized COVID-19 booster shots made by Moderna, Pfizer-BioNTech and Johnson and Johnson.

Who gets a booster, when they get it and which vaccine they get varies, so let's discuss.

The FDA, coupled with recommendations from the Centers for Disease Control and Prevention (CDC), details eligibility of individuals for each vaccine booster as follows:

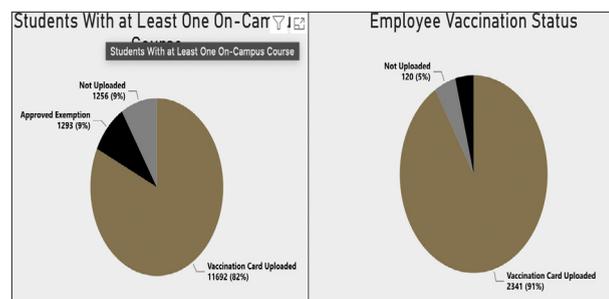


PHOTO COURTESY OF OAKLAND UNIVERSITY
Number of OU students and faculty vaccinated against COVID-19.

Moderna and Pfizer-BioNTech (single-dose booster given at least 6 months after primary series):

- 65 years of age and older
- 18 through 64 years of age at high risk of severe COVID-19*
- 18 through 64 years of age with frequent institutional or occupational exposure to SARS-CoV-2*

*Underlying medical conditions as well as living or working in long-term care settings and other high-risk settings constitute as increased risk factors for acquiring and transmitting COVID-19.

Johnson and Johnson (single-dose booster given at least 2 months after single-dose primary regimen):

- 18 years of age and older

One may choose to stick with the same vaccine they got as their primary series/dose for their booster, but the choice to "mix and match" is also

an option. Clinical data to support vaccine booster authorization was released and can be found on the FDA website.

In a study conducted by the National Institutes of Health (NIH), booster effectiveness, including the "mix and match" approach, was researched. The study found that those who were immunized with a Johnson and Johnson vaccine and later got a booster shot of either Pfizer or Moderna significantly benefitted more from a messenger RNA booster than a second dose of the Johnson and Johnson vaccine. Strong immune responses were also found in individuals who originally received Moderna or Pfizer and got boosters of either vaccine.

It is important to point out that this research study has yet to be peer-reviewed, the vast majority of the participants were white, the interval between primary doses and booster administration was less than six months and that a full-dose booster of the Moderna vaccine was given. The FDA authorized Moderna booster dose is half of the dose administered in the primary series.

"It's really designed to say: Are there any concerning signals here? And based on the data, I think the answer is no," Dr. John Beigel, co-author of the study and associate director for clinical research in the Division of Microbiology and Infectious Diseases at the NIH told NBC News.

For further context regarding the NIH study, take a look at this NPR article.

Booster shots provide additional protection to

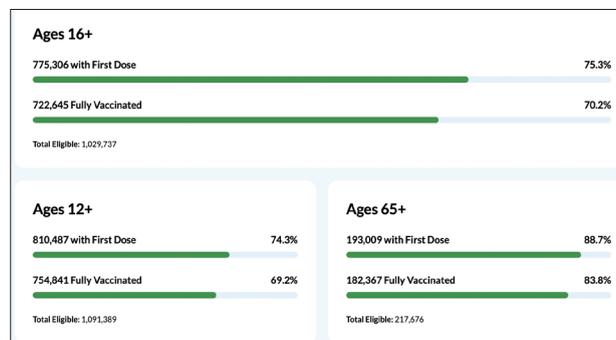


PHOTO COURTESY OF OAKLAND COUNTY VACCINE DATA
Oakland County Vaccine Data and the different age groups that have received the vaccine.



PHOTO COURTESY OF GABRIELLE ABDELMESSIH
Campus Editor and Columnist, Gabrielle Abdelmessih with her weekly column on a guide for students

those who are vulnerable against COVID-19. However, the primary public health concern is to get the more than 65 million unvaccinated Americans, who have a significantly higher risk of infection, hospitalization and death and increase vulnerability in their communities in comparison to vaccinated individuals, vaccinated.

To decide if getting a booster shot (and from which vaccine) is best for you, please consult with your physician.

To find a COVID-19 vaccine near you, please visit vaccine.gov. COVID-19 vaccines are available to everyone at no cost, regardless of immigration or insurance status.

Abdelmessih walked around the OC to get a sense of who was interested in getting a COVID-19 booster shot. Here are their responses:

Beth Wallis, Associate Dean-OU Libraries

"I am vaccinated. I got vaccinated as soon as I could. I actually drove 200 miles to get the vaccine, my husband and I did. We got Pfizer and we drove back three weeks later to get our second dose. I will be getting a booster when I can. I was thinking of getting Moderna [as a booster] to mix and match, but I haven't decided yet."

Geoff Johnson, Metadata Technician-OU Libraries

"I am fully vaccinated. I got the Moderna [vaccine]...and I will get a booster when I am eligible."

Bekim Ahmetaj, Major: Biology

"I have the Johnson and Johnson[vaccine]... the one shot. For the boosters, I'll only get it if they mandate it or if they want it that badly, or if it's enforced by Oakland. Other than that, probably not."

Editor's Note: After learning that the FDA and CDC recently recommended that anyone 18 years or older who received a Johnson & Johnson shot receive a booster dose, Ahmetaj reconsidered.

OU alum talks juggling life as singer-songwriter, graduate student

TORI COKER

Marketing Director

Oakland University alum and singer-songwriter Nicole Michele spends her time between two passion projects — her music, and her studies as a graduate student at the University of Michigan (U-M). Her latest single “Do It All” was released on Oct. 22, embodying the same mantra she abides by in her own life — why limit yourself to following only one of your dreams?

Music has always been an important fixture in Michele’s life. Growing up, her time was spent performing cover songs and idolizing artists like Demi Lovato who merged powerful musicality and vocals with vulnerability in songwriting. She found putting pen to paper herself plenty of times, though never imagined someday sharing that part of herself with the world.

Aiming to become a clinical social worker, Michele eventually enrolled at OU as a Psychology major. From working as a distributor at The Oakland Post throughout the Fall of 2018 to moving on to positions at the Center for Multicultural Initiatives and Student Congress, she found many ways to get involved on campus

— though music always maintained its presence in her life, as she also participated in the Student Program Board’s annual “OU’s Got Talent” show each year.

Approaching music professionally wasn’t something Michele had ever considered an option until just earlier this year.

“This past year — around January — I was like, ‘you know what, I’ve written so many songs throughout my life — why don’t I actually work on them and put them out?’” Michele said. “If I have this creative outlet, why don’t I share it with the rest of the world?”

After setting out and finding the resources she needed to bring this vision to life, Michele settled into a daunting yet exciting new stage of life, where her music was available to listen to for anyone who wanted to hear it.

The decision to make this shift alongside her busy schedule as a student working toward her Masters in Social Work at U-M prompted criticism from some, many of whom doubted the feasibility of pursuing both passions.

“A lot of people were like, ‘well what are you going to do, are you

going to get your Master’s or are you gonna be a singer?’ And [I was] like... ‘why not both?’” Michele said. “Why do I have to sacrifice one of my passions for the other?”

Michele’s latest musical offering — single “Do It All” featuring rap artist Tykese — communicates this same message of multitasking in the name of multiple passions. With its rap feature and new lean into R&B sounds, the track sees Michele adopting an edgier sound than her previous work, marking both a sonic and thematic testament to her artistic versatility.

“It’s about juggling everything in life and [...] growing from various experiences that held you back — it’s a pretty resilient song,” Michele said. “I want it to hopefully inspire people — we’ve all been through different things that set us back, and the song’s kind of about just sticking it through, keeping your mind on your goals and persevering.”

This notion that life is big enough for the pursuit of all of your dreams is something Michele hopes motivates other hopeful musicians juggling a professional life in the same way. No matter how busy things get, she loves the life she leads that makes room for her professional journey and her life

as a storyteller through song — and with plans to release more music (and perform it, too) already taking shape, she has no intention of changing pace anytime soon.

“I do have my academic goals, and I am really passionate about my career [...] but I think I will always make time for music,” Michele said. “I’m passionate about mental health, this is what I want to do for a living — I wanna help people. But I can help people through my music, too, and have fun with it at the same time.”



PHOTO COURTESY OF NICOLE MICHELE
OU alum Nicole Michele’s latest single “Do It All (feat. Tykese)” dropped Fri, Oct. 22.

NCCHS hosted Taiwan Week to promote cultural awareness

RACHEL YIM

Senior Reporter

The Oakland University chapter of the National Collegiate Chinese Honor Society (NCCHS) marks the first of its kind in Michigan.

Founded by OU associate professor of Chinese Hsiang-Hua Chang in 2016, the OU chapter of the NCCHS recognizes the outstanding academic achievement of college students in learning Chinese as a second language, encourages their continued learning of Chinese and promotes Chinese language, literature and culture in the U.S.

To increase the visibility of Taiwan, which is a key player in the world, but is often being neglected or misunderstood due to political reasons, OU’s NCCHS hosted a Taiwan Week for the fourth time in a row on OU campus.

Taiwan is about 1/6th the size of Michigan, which is about the size of Maryland. This small country, however, according to data presented by an article from worldstopexport.com, ranked #10 trading partner of the U.S. and #21 largest economy in the world.

Chang has been the only full-time Chinese faculty at OU for nine years. During her time at OU, she has always looked for a variety of opportunities to grow her students and the Chinese program at OU.

“When I learned about the creation of this new national honor society, I immediately wanted to be part of it,” Chang said. “Founding and advising this club undoubtedly requires lots of my time and it’s truly not part of my job requirement to do it. But I deeply care about my students and I believe “only when I give my best, my students will do their best. Therefore, I want to

bring in more opportunities to my students.”

The documentary “Sing It!” that was presented on Thursday, Oct. 14, shows an “inspiring and spirited journey of a group of aboriginal kids who found their confidence through singing,” according to the synopsis.

Another feature film, “Listen Before You Sing,” presented on Oct. 21 was special to OU as it was publicly screened at OU for the very first time in the U.S. It’s a new 2021 film that is based on the true story told in the “Sing it!” documentary. This film presented a story about a PE teacher guiding his students from an elementary school facing a crisis of being abolished due to population migration through a singing contest.



PHOTO BY ANNA DRUMM
OU’s NCCHS hosted a Taiwan Week for the fourth time on campus.

As one of the top three trading partners of the U.S., China has had a great influence in the U.S. and its citizens in many ways. In fact, the U.S. Department of State has defined Chinese as one of the most critical languages. Therefore, learning Chinese could be a huge advantage for anyone.

“I believe that Chinese language skills will help prepare OU graduates for successful and globally-minded careers,” Chang said. “I strongly encourage those who are interested in learning Chinese to take a regular Chinese course. Many of my students can tell you that learning Chinese is challenging but not as hard as they expected. As a Chinese teacher myself, my number 1 goal is to help my students learn Chinese effectively and to make the learning process enjoyable and rewarding.”

The recent Asian hate crimes where Asians were negatively impacted in different ways, proves that there still needs more awareness and embracement of Asian culture, beliefs and traditions in the U.S. One of the ways to better understand their culture could be learning their language.

“I always encourage my students to get involved and be open-minded,” she said. “[And] I hope to see more Asian representation in our Diversity, Equity and Inclusion events and initiatives, and more Asian winners of DEI awards.”

NCCHS at OU is planning on hosting an online “Chinese and English Corner” that will be open to all OU students and National Dong Hwa University in Taiwan where students from each country are paired up to connect with someone in the target culture (Chinese or English in this case) that they hope to learn.

For more information, visit GrizzOrgs or contact Chang at chang23@oakland.edu.

People of OU: English major, educator, LAS architect, Ashleigh Dubie

JEFF THOMAS

Editor-in-Chief

A senior in the English STEP program, former OU Sigma Tau Delta president and one of the architects of OU's Land Acknowledgement Statement (LAS) — Ashleigh Dubie has left her mark on OU and is looking forward to her career as an educator. Her five-year journey on campus has taught her about what it means to be a part of and serve a community, and helped her reconnect with her identity as a Cherokee woman.

Now a student teacher at Bloomfield Hills High School, Dubie is taking what she learned at OU and transitioning to the next stage of her life.

"I work with 10th graders, I teach two courses," Dubie said. "1900 to [present-day] American Lit, which is co-taught with our US history course ... And 1600 to [present-day] American Lit, which is co-taught with the AP US history class ... I love it. I mean, my kids are great. My students are awesome."

An individual of many talents, teaching was the right choice for Dubie even if it wasn't immediately apparent. Her skills as a soprano and public speaker presented opportunities, but ultimately weren't the right fit for her.

"I wasn't planning on being an English major, or an English teacher until literally my senior year of high school," Dubie said. "[For] a while I was like 'I'm going to be an opera singer' because I [was] classically trained throughout middle school and high school. I had inquired [about] some opera stuff ... I realized when I was in high school 'I'm good, but I'm not good enough for that,' I can understand my limits ... [So then I thought] 'I'm gonna be a lawyer.' I

was in Mock Trial in high school, I really loved it ... I'm pretty skilled at public speaking ... being able to discuss things with a clear head. But then I was really thinking about [wanting] to be a mom one day, and ... that seems like kind of a difficult thing to balance. Also ... that's a lot of student debt. So one day, I woke up [and was like], 'what if you're an English teacher?' And I was like, 'That doesn't sound half bad. I'll just do that. I'll go into that.' And I fell in love."

While she doesn't consider herself the most avid reader, she does love doing literary analysis. Some of Dubie's favorite authors to study include James Baldwin, George Orwell, F. Scott Fitzgerald, Kurt Vonnegut and Herman Melville. Books that she's excited about teaching to her students include "Firekeeper's Daughter" and "Fahrenheit 451."

A recipient of the Undergraduate Distinguished Achievement Award, Dubie's hard work in the classroom opened the door to the relationships and opportunities she's had at OU. Her relationship with Professor Katie Hartsock for instance, led to her taking over as president of OU's chapter of English honor society, Sigma Tau Delta.

Leading the organization through the tumult caused by COVID-19 during the 2020-2021 school year, Dubie was tasked with balancing having the organization try to do events and activities while being sure to support members during such a difficult period in everyone's lives.

"It was really hard to do ... I was glad to do it," Dubie said. "... [For me] it was giving back to the English department and the community when they needed it. They needed somebody to fill this role and so I was like, 'I'm gonna give my time up to help.'"

While she was president of Sigma Tau Delta, she was also dedicating time to another community project — drafting OU's LAS. A monumental achievement for a student to be involved in, working alongside Professors Megan Peiser (tribal affiliation Choctaw Nation of Oklahoma), Andrea Knutson and Mozgon Rajae during the process of constructing the acknowledgement statement was a life-changing experience for Dubie.

"It's helped me strengthen my sense of identity," Dubie said. "There are times that I get in my own head because I don't talk to my [Indigenous] family and family

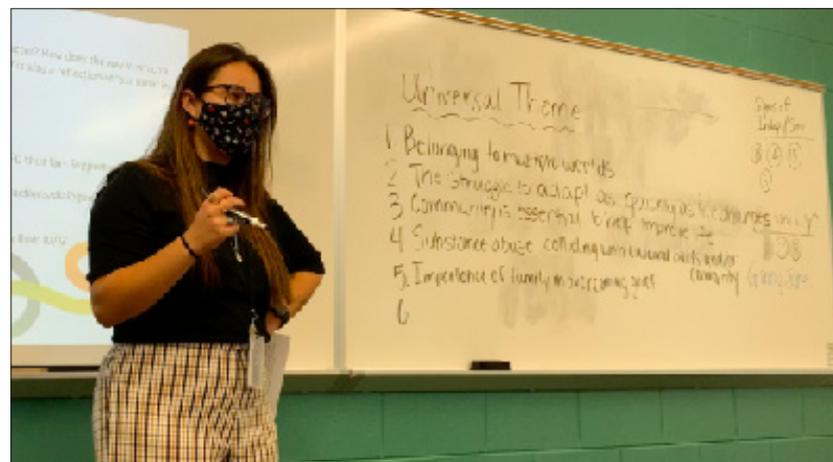


PHOTO COURTESY OF ASHLEIGH DUBIE

Ashleigh Dubie in the middle of a lecture at Bloomfield Hills High School. Now in her fifth year of the English STEP program, she is enjoying her student teaching.

is a really big thing within our communities ... Me no longer being in contact with my Indigenous family for so long, that felt like well I'm no longer Indigenous because I've cut off this big lifeline we're supposed to have. Then I realized by talking to others that this is not an uncommon thing ... That I belong, I'm loved and cherished. I'm no less Indigenous because of the things that have happened to me. That's what this has shown me. And of course, it's been a lot of reassurance also from Dr. Knutson and Dr. Peiser. I'm very close with both of them."

While the LAS was an important move in the right direction for the university, it's a foundational step. Dubie hopes that OU will follow through with the promises they outlined when announcing their adoption of the LAS.

"Even after this acknowledgement is passed, we still see this level of indifference," Dubie said. "A pure disregard that is really hostile because indifference, disregard and wanting to just put Indigenous people on the backburner is what also then fields continued genocide ... not caring about them and not paying attention to them or their needs and treating them as not as important as other groups ... You can see the university following in those steps. Not treating [Indigenous people] as important as other groups of students."

Moving forward in life, Dubie thinks the thing about her time at OU that will stick with her the most is the friendships she's made as a student.

"This is cheesy, [but I think of all the] really wonderful friends that I've made," Dubie said. "... growing up, I didn't have a lot of friends. I've never been a really friend oriented person ... [As a student at OU] I have made so many friends that love me so much, and they care about me so much. I have so many people now, in my life that mean so much in ways that I never felt really before growing up ... The most important thing is I'm leaving feeling like a more-whole person because I have this community of people who surround me and love me and support me."



PHOTO COURTESY OF ASHLEIGH DUBIE

Left to right: Andrea Knutson, Megan Peiser and Ashleigh Dubie doing research while crafting OU's Land Acknowledgement Statement.

2021 marks 10th anniversary of Arab Spring movements

TANNER TRAFELET
Senior Reporter

The Arab Spring occurred from 2010-2012, with much of the political upheaval — centered on mass protests and riots — taking place in 2011. This movement’s origin is in a small central Tunisian town, where merchant Mohamed Bouazizi engaged in an ultimately fatal act of self immolation in 2010.

Bouazizi’s act of protest was perceived by many as an act of defiance against an increasingly corrupt Tunisian government. In this specific instance, local Tunisian government officials had publicly humiliated Bouazizi and increasingly demanded bribes from his business on threat of a government shutdown should he not comply.

“The Arab Spring was a series of popular uprisings against oppressive and corrupt rule in numerous countries,” said Paul Kubicek, Ph.D., professor of political science at Oakland University. “It offered a chance for democracy and improvements in human rights in a region where respect for both was often weak.”

With protest movements — and in rare cases instances of violent overthrow of sitting governments — enveloping Northern Africa and significant portions of the Middle East, political change looked to be a reasonable outcome of the Arab Spring.

“The Arab Spring generated great hope, but I think it is fair to say it failed,” Dr. Kubicek said. “Egypt had a coup in 2013, the military returned to power and it is more repressive than ever before. Protests in Syria were met with force, and this triggered the civil war there. Protests in other countries also led to only modest reforms or were repressed. Tunisia was the one bright spot for many years — it held a series of free and competitive elections — but recently its leader has made a bid to centralize power, which throws into question whether democracy can survive there.”

This brief spark of hope is all that many people throughout the Middle East and Northern Africa experienced. Although this is not surprising, given how non-democratic government structures have and continue to be how most humans are governed.

“There is an almost perfect relationship between these country’s natural resource endowments and the extent to which the Arab Spring protests movements were successful,” said Matthew Fails, Ph.D., associate professor of political science at OU. “Those countries which could use their



PHOTO COURTESY OF NY TIMES
A celebration took place in Cairo, Egypt in 2011 after the president had been toppled following 18 days of protest. The demonstrations were a part of Arab Spring, a time of much political upheaval.

enormous resource wealth (mostly from oil and natural gas) to co-opt protesters — by expanding social welfare programs and in some instances, direct cash payments to encourage people to stay home — survived virtually unscathed. Those that lacked these kinds of resources faced more sustained protests. It is no surprise that Tunisia and Egypt, two cases where the Arab Spring protests led to the most visible political changes, are some of the most resource-poor countries in the region.”

Governments that were challenged by calls for concessions learned from the mistakes that allowed grievances to be aired — a lack of authoritarian regulation of social media and the abilities to gather and protest — and have resorted to outright bribery of their citizenry when violent suppression of their populaces proved ineffective.

“The underlying problems that led to the Arab Spring — corruption, repression, lack of economic opportunity — have not gone away,” Dr. Fails said. “There is still a demand for change in most countries. Leaders are aware of this and have used various policies, including clampdowns on traditional and social media as well as arrest and surveillance of opposition leaders and activists, to make their rule more secure. And some people, given the instability generated by the Arab spring, might be less supportive of an uprising in the future. It is always hard to predict events, but prospects for a similar event seem rather limited.”

‘The Bachelorette’ season 18 premiere playbook

D’JUANNA LESTER
Senior Reporter

One of television’s most popular shows, “The Bachelorette,” premiered its first episode of a new season on Oct. 19. This season, the bachelorette is Michelle Young, a fan favorite on Matt James’ season of “The Bachelor.”

Michelle is a fifth grade teacher from Minnesota. She loves basketball and is very close with her parents. The show is taking place in Indiana Wells, a resort that is a part of the Marriott franchise. Just like Katie Thurston’s season, this season will be hosted by two previous Bachelorette’s — Tayshia Adams and Kaitlyn Bristowe — with the departure of Chris Harrison from “The Bachelor” franchise.

Thirty men are supposed to be entering the mansion. The beginning opens up with several introductions, including Clayton Echard — someone who’s been rumored to be the next bachelor for several weeks now.

We met many men who were also athletes, as well as got to know their family lives. Before the guys get to meet Michelle, we follow Tayshia and Kaitlyn as they visit each guy and inspect their rooms. One thing that is discovered is a contestant showing up with a playbook. Literally. Someone arrived with a book containing a detailed, written out strategy for getting more screen time on the show.

The first guy to come out of the limo was Nayte Olukoya. Usually, the first guy out of the limo ends up going far throughout the season. Another guy out of the limo is Jack Russell, like the dog. Echard — the guy rumored to be the next bachelor — brings out a yard stick for Michelle to hit him with. She instantly feels something, calling him cute.

Then, we cut to the guys bonding and gushing over Michelle. The guys are clearly nervous by Michelle’s confident demeanor, and she is excited.

The first of the gimmicks is Chris S., who arrives in a school bus, immediately making a D joke. Another guy shows up wearing a speedo, making everyone extremely uncomfortable. A candlelit table arrives in front of Michelle, with contestant Rick’s head underneath the plate — cue the food puns and two minutes of dad humor. Speaking of food, another is dressed up as

an apple. Who could forget that Michelle’s a teacher?

The episode comes to a head when Michelle meets a guy — but not for the first time. This contestant, named Joe, is a guy she recognized because she had direct messaged (DM’d) him several times. There’s this dramatic tension from the fact that she DM’d him, but never heard back from him.

The topic switches to last summer and how being so close to the George Floyd situation in Minnesota affected them both in terms of anxiety and talking to each other. The conversation shifts to an uncomfortable topic for them as people of color, especially on television: therapy. Rick finally gets out of the table to enjoy a conversation with Michelle.

We finally get to the center of the drama. Halfway through the episode, it’s revealed to Michelle by Kaitlyn and Tayshia that a guy showed up with a strategy book. Michelle confronts the guy, named Ryan, and asks to see the book herself. Her face during the ordeal says it all. After claims that the notes were written to get to know her, Michelle goes through them, and immediately kicks him out.

The episode concludes with the typical rose ceremony. When Michelle gets to her final rose, she sets it down and excuses herself, exiting the room, but eventually comes back to give it out as the episode rounds out.



PHOTO COURTESY OF ABC
Michelle Young (pictured here) is hoping to find love as the season 18 lead on “The Bachelorette.”

A stand out adaptation: ‘Dune’ didn’t disappoint

JOSEPH POPIS
Senior Reporter

The newly released sci-fi movie “Dune” has finally hit theaters and HBO Max after being delayed for the past year. Based on the 1965 science fiction novel by the same name, “Dune” was directed by Denis Villeneuve, with screenplay written by Jon Spaihts and Eric Roth. The cast is star-studded with a plethora of notable actors and actresses — including Timothée Chalamet, Oscar Issac, Stellan Skarsgård and Zendaya.

“Dune” is set in the year 10191 in a different galaxy. The story revolves around the royal Atreides household, mainly Paul Atreides (Timothée Chalamet). Paul is the heir to the family and son to Duke Leto Atreides (Oscar Issac) and Lady Jessica Atreides (Rebecca Ferguson). Paul is a remarkable and talented individual who has special abilities given to him by his mother, Lady Jessica, who belongs to a group of so-called witches.

Duke Leto Atreides is set to lead a voyage to the planet of Arrakis to obtain the galaxy’s most valuable asset, called “Spice.” The spice gives people special powers that are desired by all. However, this voyage does not go without conflict, as Arrakis is a dangerous, desert-covered planet occupied by giant sandworms and the Harkonnen.

The sandworms in this film were truly incredible to see. Massive in size, they

were truly a disruptive force within the film, moving around massive amounts of sand with ease. It was a viewing experience unlike anything else.

The Harkonnen household are the antagonists of the film. These people are evil, pale, grotesque and murderous individuals. I immediately disliked these characters as they had an aura of darkness surrounding them from the start. They go to great lengths to establish their dominance over the people of Arrakis and the spice bestowed upon the planet. So when word comes that the Atreides family are coming to take over the earth, the Harkonnens

devise a plan to eliminate them. This family immediately reminded me of your typical power-hungry leader who is terrified to fall to the forces of good.

Sci-fi films have never been my go-to choice for movies, but this film changed my perspective. The visual and auditory aspects of this film are simply remarkable. “Dune” portrays intense sand storms, massive explosions, alien-like spaceships and skillful fighting scenes that will keep audiences intrigued throughout. In addition, the characters always wear innovative wardrobe designs — especially the soldiers who wear armored suits that

look something out of the video game. The musical components, which only intensify the scenes they are used in, sound similar to religious and sacred music that audiences might commonly hear in a church.

A prominent theme throughout the film is the character and leadership development of Paul Atreides. While Paul is the heir of the family, he is also inexperienced in battle. Paul has no desire to be the leader of the family. His father, Duke Leto, recognizes and states a memorable quote: “A great man doesn’t seek to lead. He is called to it, and he answers.” We see Paul, who was once a sheltered and naive young man, turn into the person he was destined to be. It was refreshing to see Paul’s character development throughout this film. I have always loved films such as “Dune” that show characters overcoming fear to reach their true potential.

There are also many other notable aspects of characters that are represented throughout “Dune.” Themes of courage, honor, sacrifice, betrayal and destiny make the film’s impact even more significant.

“Dune” is a two-part story, and the film ends in the middle of the plotline. I look forward to seeing how the entire story pans out.



PHOTO COURTESY OF IMDB

“Dune” was released Oct. 22, 2021 and is available to stream now on HBO Max.

‘Halloween Kills’ murders audience interest

BRIDGET JANIS
Managing Editor

Everybody knows the classic killers: Ghostface, Jason Voorhees, Freddy Krueger and Michael Myers. It has become that time again where all these famous killers become relevant and are the classic Halloween costumes.

With the spooky season in full swing, the “Halloween” movie franchise took advantage of the opportunity and released another Halloween movie. That’s right, the 12th “Halloween,” “Halloween Kills,” came out Friday, Oct. 15.

“Halloween Kills” is just another movie following Myers (James Jude Courtney) as he goes on his mission to go home, killing anyone in his path.

This movie picks up right after “Halloween” (2018) so “Halloween Kills” is taking place within the same night as the ending of that movie.

This new “Halloween” movie is doing the same thing a lot of horror movies are starting to do, which is bring back old characters into the plot. The film starts out with Myers making his reappearance back into the films — showing him surviving the burning house. We see Laurie (Jamie Lee Curtis), her daughter, Karen (Judy

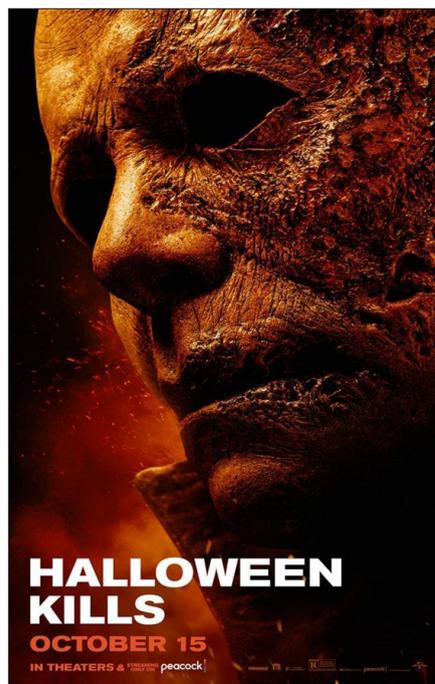


PHOTO COURTESY OF IMDB

The 12th “Halloween,” “Halloween Kills,” came out Friday, Oct. 15.

Greer) and her granddaughter, Allyson (Andi Matichak) heading to the hospital.

We move forward and are reintroduced to Tommy Doyle (Anthony Michael Hall), who was the kid Laurie was babysitting in 1978. He decides to form a group of people to chase after Myers in an attempt to kill him. He gathers up past survivors of Myers’ terror: Lindsey Wallace (Kyle Richards) from “Halloween” (1978), Marion Chambers (Nancy Stephens) from “Halloween” (1978), “Halloween 2” (1981) and “Halloween H20: Twenty Years Later” (1998) and Lonnie Elam (Robert Longstreet) from “Halloween” (1978).

The group hunts down Myers in hopes to do something that the police can’t. However, the group gets too revenge-hungry and starts to turn the town against each other. Right at the end — with Doyle thinking he has conquered his biggest fear — things take a turn against him.

Bringing back the old characters was interesting, but I did find Doyle to be annoying throughout the whole movie. His character’s purpose was meant to be the leader and create chaos a little bit, but he was just too much to watch on screen. Although, it was nice for Richards and Stephens to come back as they originally played their characters in the original films. People tend to still see these films

because of the classic slasher movie it has become. The whole franchise is a brand, and they just keep coming out with more.

There was no build up of character, but then again they’ve had 11 other movies to build up Myers’ whole personality. Like — we know he’s not human, we know he’s gonna kill and we know he just wants to go home.

While there isn’t too much to complain about, it does what every “Halloween” movie does. This doesn’t mean it was exactly good. There was no furthering the plot of Myers or any of the characters. Laurie was in the hospital for the whole movie, there was nothing new about her.

I did however enjoy the ending monologue by Laurie, for no specific reason other than it felt like a change of tone and variety given to the film.

I thought the ending to the 2018 movie was a full circle moment and a great ending to the franchise, but actually there’s going to be one more “Halloween” film coming out in 2022: “Halloween Ends.” Hopefully that will be it for the series, as the producers have sucked everything they possibly could out of the films. That is of course, until they remake them in a couple decades.

Rating: 1.5/5 stars

Posties predict the University of Michigan v. Michigan State game

THE OAKLAND POST SPORTS STAFF

This year's installment in the University of Michigan (U-M) v. Michigan State (MSU) football rivalry is set to be one of the most important in the series' history. Both teams will be undefeated going in, and the winner will control their own destiny in the Big Ten East.

With the eyes of all football fans in the state on this game, the sports section here at The Oakland Post thought it would be fun to offer our thoughts on the game. We're going to explain who we think will win and why.

So, without further ado, let's get started:

Christian Tate, Sports Reporter — Spartans

Last year, despite being the consensus underdog going into the game, the Spartans defeated the Wolverines 27-24 and took the Paul Bunyan Trophy back to East Lansing. Despite their ranking being lower than the Wolverines, I'm going to pick the Spartans to win and retain the Paul Bunyan Trophy. According to their season player stats, their offense is much more dynamic and effective than what the Wolverine's have been able to manage this year. A talented and explosive offensive core and a hyper-active strong defense makes a team that I'd put my bets behind any day. That, and I was a Spartans fan before I was a Golden Grizzly. It's MSU all the way for me.



PHOTO COURTESY OF BLEACHER REPORT
MSU Spartan's Mascot.

Brittany Kearfott, Sports Reporter — Wolverines

One of two iconic games played yearly, I think this is the first time in years these teams have been so comparable in stats with a 6-0 and 7-0 record, while also being ranked in the AP top 10. It is tough to say who will come out on top. I am a hard U-M fan, born and raised. So I really hope they win, however they have a history of choking when it comes to facing MSU. With that said, I have to go with my heart, and say U-M in a nail biting close game.

Reece Taylor, Sports Reporter — Spartans

I'll keep it simple: neither team is a slouch. Both are top 10 in the AP poll for a reason. That said, Mel Tucker has Michigan State playing well past their expectations. This is a strong unit that was underestimated going into the season that plays for their coach and each other. U-M, though a great team, constantly has rumors surrounding Harbaugh. Even with this considered, MSU had a bye week this weekend, giving them a full two weeks to prepare for U-M, whereas the latter has one. They're gonna watch U-M's match with Northwestern closely. MSU in a close game for me.

Jeff Thomas, Editor-in-Chief — Spartans

It's been a fun season watching these two teams compete. Neither one is perfect, but they keep finding a way to win. MSU is the kind of team that sticks around in games and punishes teams on both sides of the ball. U-M has the talent to bust open games with high impact plays. From what I've seen this season, I'd say that these teams are pretty evenly matched. They've both been winning games, but this Saturday is going to be when one team finally secures the signature win that could propel them to the Big Ten title game, and maybe even the College Football playoff. I see the game coming down to two key factors. The first being that the Spartans are playing at home. Under coach Mark Dantonio, MSU football carved out an identity as a tough underdog football team. After a couple tough seasons, that mentality seems to have come back this year under new head coach Mel Tucker. I have to believe that this team is going to fight like hell to win this game in their home stadium. The second factor is U-M Head Coach Jim Harbaugh. His tenure leading the Wolverines hasn't seen much success in high stakes football games. It's no secret that U-M has struggled to regain their old glory the past two decades, and Harbaugh has not been able to get the monkey off their backs since he's been in charge. With Harbaugh at the helm, I don't have faith that the Wolverines are going to be able to respond when MSU really puts the pressure on. I see the Spartans as the tougher team and expect them to come away with the win Saturday.

Matthew Scheidel, Sports Editor — Spartans

Well, well, well — what a game we have here. These two teams are almost identical. Neither team has played a team with a record over .500 this season, so this will be the first true test for both teams. They both pride themselves on running the football and playing good defense. Blake Corrum



PHOTO COURTESY OF DETROIT FREE PRESS
University of Michigan's football coach, Jim Harbaugh.

and Hassan Haskins have represented the two-headed monster in the backfield for the Wolverines, while Kenneth Walker III has had a breakout season for the Spartans, becoming a Heisman trophy candidate.

Both teams have had their fair share of close games that probably shouldn't have been that close. Both teams struggled to put away Nebraska—MSU even had to go to overtime to get the win. U-M struggled to beat Rutgers, while MSU had a stressful game against an Indiana team that was down star quarterback Michael Penix. It hasn't always been pretty for either team, yet they are both unbeaten.

The big difference is that MSU has had success through the air, while U-M has yet to find consistency in that area. Payton Thorne has played surprisingly well for the Spartans this season, while Cade McNamara hasn't been much more than a game manager for the Wolverines. Jayden Reed and Jalen Nailor have emerged as two of the top receivers in the Big Ten for MSU, while U-M lost their top threat, Ronnie Bell to a season-ending injury in week one and have struggled to replace his production. This is a tough game to pick because both teams are so similar, but I'm going to pick the Spartans because I think the big-play potential of their passing game will be too much for the Wolverines to handle.

The game kicks off Saturday, Oct. 30 at noon, and will be televised on FOX.

Annabelle Tomei works to balance busy student athlete lifestyle

BRITTANY KEARFOTT
Sports Reporter

Many know her as a setter for Oakland University's volleyball team, holding a few records under her belt. However, there is more to Annabelle Tomei than just her volleyball skills and career.

Annabelle Tomei hit her 1,000th career assist on Sept. 10 in their game against the University of Pennsylvania. This made her the eighth player in OU's volleyball program to achieve this record. During an interview with Tomei, she was asked about her achievement, and if she has any goals since accomplishing this feat.

"Hitting a thousand wasn't something we were keeping track of — then it happened," Tomei said. "It was amazing and I got to celebrate with the team. I don't really have any strict goals, [but hitting] two thousand assists and a thousand digs would be my goals."

OU volleyball is a Division I team. Being an athlete is immense work and pressure alone, then, you have to add classes and schoolwork to the training, travel and game schedule. How do they balance it all and manage their time? Tomei described her methods to maintaining balance and staying on track.

"I put sticky notes on my computer," Tomei said. "I also have all of my assignments and deadlines on my computer somewhere. I try to get them done before a game or [turned] in after one."

Tomei also gave advice to future student athletes who are looking to play in college.

"Talk to your teachers, introduce yourself," Tomei said. "Explain that you are busier than their average student, but you will work hard to stick with their schedule and the syllabus."

Picking a school to be an athlete at is just as important as maintaining balance once you get there. It's not all about what division you are in, or going to a big name school. There are about 4,000 colleges and universities in the United States alone. How do you choose where to go? Tomei is originally from West Chicago, Illinois. So, what brought her five hours away from home?

Tomei explained she chose OU because "it was a family environment."

"They learned about me before I



PHOTO BY MAGGIE WILLARD
Annabelle Tomei gets ready to serve against Green Bay on Oct. 10.

even came here, and took the time to get to know me," she said. "Then I went and they offered."

Tomei stands with her decision to pick OU to this day.

"I love how the staff and teammates are there even if I am not doing my best, I know I can fall back on them," she said.

Tomei is a marketing major with a minor in finance. Her plans with her degree are not what you would expect with these qualifications. She does not plan to go into the business world or go a societal standard route with this degree.

"I want to go to culinary school after I finish my degree," she said. "I hope this degree will help me open my own restaurant one day in honor of my mom. I would use her homemade recipes in the restaurant. My parents are both Italian so that is the cuisine that I would have."

As most people know, but tend to overlook or forget — athletes are more than just athletes. They are more than their skill and sport career, and Annabelle Tomei is just another example of that.

Volleyball wins a hard-fought match against Youngstown State

CHRISTIAN TATE
Sports Reporter

After an arduous five-set matchup, the Oakland University Golden Grizzlies leave the court victorious after defeating the Youngstown State Penguins 3-2 on Sunday.

The game started off evenly matched, as both teams traded the lead for the first five points. The Golden Grizzlies would stumble a bit and give up four points in quick succession, leading to a 8-4 lead for the Penguins. Although the Grizzlies would mount a great comeback, it felt like a certain focus was lacking for both teams coming into the first set.

Lots of plays were caught in the net, like the few service errors and errant passes that were thrown around the court. Both teams looked a little sluggish to start, as if they didn't have the energy to make the hustle plays needed to both get and stay ahead.

Eventually, the defense for the Grizzlies would lock-in and get back-to-back blocks in one possession before the Penguins offense would follow suit and have a spike find the opposite floor. The Grizzlies would continue to build their own momentum on the back of their amazing defense, as the focus that seemed to be lacking earlier in the first set is now being put on full display as they worked to take the lead.

Although they would get good looks, the Grizzlies would fail to finish the spikes and get them down to where they needed to be. They would find their offensive footing after a timeout and a few substitutions, but it wouldn't be enough to win the set as the Penguins would nip their comeback in the bud and win the set 25-20 after a solid kill.

The second set would end in a completely dominant showing from the Golden Grizzlies. Showing no effects of the apparent hole they would have to dig themselves out of, the Golden Grizzlies would come out of the set break with a renewed sense of energy and focus and absolutely decimate the Penguins. With their lead once reaching the peak of 14 points, the Grizzlies would take the second set with a score of 25-12.

The Penguins would emerge from the scorched earth that was the second set, and build themselves back up with solidly balanced play. OU looked

to carry their electric momentum from the second set into the third, but Youngstown State would bounce back from their abysmal second set and hang on to win the pivotal third set with a score of 25-22 after trading the lead multiple times.

Taking a commanding 2-1 set lead, the Penguins would come in and try to close out the Grizzlies and take home the win. Little did they know, that close third set loss would light a fire under the Golden Grizzlies as they once again showed their dominance. The Golden Grizzlies, who at one point would double the score of the Penguins with their own [14-7], would win the set with a score of 25-15 and force a game-deciding fifth set.

And just like that, the race to reach 15 points first was on and the final set was quite the battle. The Grizzlies would dominate right out of the gate, building their lead up with a score of 7-2. As the Grizzlies inched closer and closer to the win, the Penguins play became sloppy and sloppier.

After reaching match point with a score of 14-7, the final nail in the Penguins' coffin would come off of a dazzling spike that would find the opposite side of the floor and crown the Golden Grizzlies as the victors with a score of 15-9.

The Golden Grizzlies will return to the court on Oct. 29 to face off against Cleveland State University at the O'rena.



PHOTO BY AYMAN ISHIMWE
The volleyball team huddles up against Youngstown State on Oct. 24.

Women's soccer drops to pivotal game to Milwaukee on Senior Night

CHRISTIAN TATE

Sports Reporter

On the night meant to honor the players of senior standing on the Golden Grizzlies' women's soccer team, Saturday night took on an undertone of sadness as the players celebrated their dedication to the sport after a tough loss to the Milwaukee Panthers.

The game started out with tentative aggression from the Grizzlies, but turned into a defensive showdown between the two teams. With every blocked shot and attempted tackle, the idea of scoring got further and further away. Both teams had good offensive drives in spurts, like the beginning four minutes of the game for the Golden Grizzlies, but each and every drive was eventually snuffed out by the defensive efforts of both teams.

The Grizzlies unchecked aggression would open up various opportunities for them on the offensive side, like the loose ball that led to a Grizzlies shot that unfortunately cleared the top of the goalpost, and their boundless energy would become the base on which their seemingly impervious defenses were built upon.

The Panthers were no slouches on defense either, putting on a masterful showing as they held the Golden Grizzlies to 0 points for the entire game. They were everywhere on the pitch. It felt like there was no spot on the field they could not cover.

The first half ended with neither team scoring a goal as neither team could find a hole in the opposing defense. After an hour of the game had

elapsed, the Panthers finally broke through the defensive wall of the Grizzlies and scored the first goal to put themselves up 1-0.



PHOTO BY AMELIA OSADCHUK
The Milwaukee Panthers shut out the Golden Grizzlies on Senior Night last Saturday.

The Golden Grizzlies, still playing with their high-tempo and energized style, tried to respond immediately with a shot of their own, but the Panthers' goalie was able to make the save before the ball hit the back of the net.

Milwaukee would then capitalize on the momentum that they built with their first successful drive by scoring their second goal after following up a perfectly placed corner kick with a well-timed header to put them up 2-0.

After securing what seemed to be an insurmountable lead, the Panthers would start to focus on making said lead last as long as they possibly could. Milking the clock during each possession, the Panthers would hold onto the ball and drag out each interaction for as long as they possibly could.

This, in turn, made the Golden Grizzlies even more desperate to score as the weight of the clock ticking down began to bear on them more and more. Every comeback the Grizzlies would try to mount after getting the ball away from the complacent Panthers team would then be stuffed by the Panthers' defense.

The Panthers, the nation's highest scoring team, would end the game against the Golden Grizzlies with a score of 2-0 and would leave Senior Night victorious. With the win, Milwaukee also clinched the Horizon League regular season title.

The Golden Grizzlies, now locked into the No. 2 seed in the upcoming Horizon League tournament, will return to the pitch on Oct. 27 to face off against Detroit Mercy in the final game of the regular season.

Volleyball sweeps Robert Morris on Breast Cancer Awareness Night

MATTHEW SCHEIDEL

Sports Editor

The Oakland University volleyball team defeated the Robert Morris Colonials in straight sets on Saturday at the O'rena.

It was a dominating start for the Grizzlies, as they got off to a 12-4 lead in the first set to force a Robert Morris timeout. Following the timeout, the Colonials went on a 9-3 run of their own to tighten things up.

The Grizzlies took a timeout as Robert Morris trimmed the lead down to one at 18-17.

The two teams would exchange points after this, then the Colonials would take their first lead at 22-21 to force another Oakland timeout.

The timeout seemed to pay off, as the Golden Grizzlies would rally for four straight points to take the first set 25-22.

Head Coach Rob Beam noted that Robert Morris had a lot of success in their previous conference [the Northeast Conference], so they aren't meant to be taken lightly.

"[Robert Morris] is a team that's won a lot in their previous conference and this is their first year in the Horizon League, and so they play with

confidence," Beam said. "They play like a team that's won a championship before. So we really needed to steady ourselves out and do a better job in servicing. Then once we got that win, closing it out late in the set, I thought our setters did a great job running offense and taking opportunities where they were available."

The second set was more competitive at the start, but Oakland started to pull away about halfway through. They would go on to take it 25-14.

"We just put up more numbers than we're used to seeing from our team," Beam said. "We eliminated a few unforced errors, and again the setters did a great job finding things that were open, and the team really responded."

The Colonials got off to a quick start in the third set, taking an early 7-3 lead to force an Oakland timeout. The Grizzlies would then rally off four consecutive points to tie it at 7 and force a Robert Morris timeout.

This set was highly contested. You could tell both teams wanted it, but it was the Golden Grizzlies that wanted it more. They would take the set 25-19 to sweep the match.

Beam said the timeout following the 7-3 deficit was the key to that set.

"I thought our team played pretty

relaxed and we had scored a few of the points for them," he said. "I think we had five unforced errors, and the team just responded and did an outstanding job of... good serving, being aggressive offensively and again centers doing a great job distributing offense that was working."

Beam said he likes where his team is at heading into the home stretch.

"We're in a good position in terms of the conference standings, but nothing's final until we get to the end," Beam said. "We went through a really difficult stretch of matches where he played six matches in 10 days. That was very fatiguing. I thought we had a good week of practice, we have another match tomorrow, then we don't play again until Friday."

Beam praised his training staff for their hard work during a hectic stretch as of late.

"We actually have some training and opportunities for our athletic training staff, our nutrition staff, our [sports psychology], and then the weight staff to actually make an impact," Beam said. "Those are all really good people and resources that we have here at Oakland and when you play so many matches, it's hard to take advantage of those things."

With the win, the Oakland volleyball team improved to 13-9 on the season and 7-4 in conference. Their next game is Friday, Oct. 29 at 6 p.m. against Cleveland State.



PHOTO BY MAGGIE WILLARD
Jessica Riedl goes for a block against Robert Morris on Oct. 23.

Killer OU themed Halloween costumes

TORI COKER

Marketing Editor

LAUREN REID

Content Editor

Halloween is looming, and you probably don't have a costume planned. Not to worry — there's absolutely no way you won't find at least half of these OU-themed costume ideas appealing.

A campus hammock

Maybe it's because I (Lauren) just fell — well, more like aggressively and unintentionally rolled — out of one of these bad boys and obliterated my tailbone, but the campus hammocks are exceptional Halloween garb inspiration. It's easy, too — just cover yourself in a ton of grass and ropes. And when you walk, make sure you ~sway~ to maintain the vibes.

Spin scooters

Don all black with a burst of orange — we suggest with a top or scarf — and spend your 31st running terrifyingly fast all over campus. Skip violently over pavement cracks and round every corner with a sharpness that'll have yourself and others wondering — will this be the time they catastrophically

wipe out? This costume works best amongst groups, of course — there's power in numbers when it comes to braking too suddenly and having a dead battery when class is three minutes out and yards away.

The tiny cars in the parking lot that you mistake for an empty spot

I know, this one is violently triggering. Just breathe — we've all been there. POV: you're panicking as you weave your way through the P1 lot. Class starts in three minutes (you're late because you waited in the



PHOTO COURTESY OF REID AND COKER
Reid and Coker's bitmojis are ready to celebrate Halloween.

40 minute Starbucks drive thru across the street), but alas, you see an empty spot. You feel your shoulders loosen up — it's a new day. Oh wait, sike. It's just someone's tiny car pulled in all snug.

For this costume, have the squad whip out their invisible cloaks (available at the Hogwarts gift shop — super accessible). Because no, we can't see your tiny car parked there. So no, it's not our fault when we ram into it after mistaking it for an empty spot.

Campus construction sites

Take the "you'd look good in a cardboard box!" compliment to new levels by drawing on some bricks and embracing the seemingly eternal age of construction here at OU. Your friend can wow in a sash of caution tape, serving up their best Wilson Hall. If you let things really get down to the wire, you can even sport your everyday attire and call it South Foundation Hall-chic — as that one never really seems to look any different, though we are told it's under construction.

The jazzy Slim Chickens chicken

You know the chicken — the one lurking on our chicken tenders packaging? The one you'd expect to say, "you like jazz?" in a dusty speakeasy? The chicken holding the

guitar, looking down mysteriously with the suspenders and private investigator-esque hat? Rumor has it his name is Slim, though I can't confirm it. Plus, it's more spicy when the chicken's true identity is a mystery. But honestly, that chicken has really been through it with us this year. It's seen all of us crying about our overdue essays in the darkest corners of the OC as we slam our vanilla milkshakes. That chicken WILL be there for you. And that chicken DESERVES to be your choice for a Halloween costume.

An Oakland Post employee the first week of September 2021

You might recall the extremely peaceful, not at all chaotic, totally clear and on schedule start to the fall semester this year. This spooky season, pay homage to the general state of being for Post employees that week — cover yourself in a sea of Slack message cut-outs, cramp up your fingers, and forgo a few hours of sleep to really achieve that Postie glow. To go that extra mile, commit to the role mentally by sending countless emails and rotting your brain for hours on various social platforms... and you'll settle into just the same insanity — preparedness we were all feeling.



FALL 2021 HOURS

**10 a.m. - 4 p.m.
MONDAY-FRIDAY**

NO APPOINTMENT REQUIRED

MEET IN PERSON: North Foundation Hall, Room 154

VIRTUAL DROP-IN: Email careershare@oakland.edu

Drop-in to the Career Studio to work on career-related tasks with a Career Ambassador.

We're here to help you get started, make final touches or answer career-related questions. Work with us as soon as inspiration hits and receive in the moment consultation as you create the perfect resume, cover letter or profile.