

Flu vaccinations more important than ever



OU President Ora Hirsch Pescovitz led by example, getting her flu shot this year on September 3, 2020 at the Graham Health Center.

📅 September 4, 2020

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The [Graham Health Center](#) is again leading the campus effort in providing influenza vaccines to the Oakland University community in hopes for a healthier, happier upcoming flu season.

“This year may be our most important year ever for students, faculty and staff to get a flu vaccination,” said Nancy Jansen, nurse practitioner and director of the Graham Health Center. “We are already navigating through COVID-19 and a difficult flu season would only enhance the unique challenges we are facing in 2020.”

Jansen said there will be several flu vaccine clinics held on campus this fall and that the Graham Health Center will also accept walk-in appointments for flu shots Mondays-Fridays between 8 a.m. and Noon and again from 2 p.m. to 4:30 p.m. each day.

“Even if you choose not to get a flu shot on campus,” Jansen added, “We encourage everyone to consider utilizing the vaccine offerings at their doctor’s office, drug stores or other clinics offering the vaccine.”

Scheduled flu shot clinics include:

Tuesday, Sept. 8 from 11:30 a.m. to 1:30 p.m. at the Elliott Tower
Thursday, Sept. 17 from 3 p.m. to 5 p.m. at Vandenberg Hall
Tuesday, Sept. 29 from 9 a.m. to 11 a.m. at Vandenberg Hall
Friday, Oct. 9 from 11:45 a.m. to 1:15 p.m. at Oakland Center Habitat
Monday, Oct. 12 from 1:30 p.m. to 3:30 p.m. outside of the Graham Health Center
Tuesday, Oct. 13 from 11 a.m. to 2 p.m. at Kresge Library
Wednesday, Oct. 14 from 3 p.m. to 5 p.m. at Vandenberg Hall
Thursday, Oct. 15 from 11:45 a.m. to 1:15 p.m. at Oakland Center Habitat
Tuesday, Oct. 20 from 11 a.m. to 1 p.m. at the Recreation Center
Friday, Oct. 23 from 11:45 a.m. to 1:15 p.m. at Oakland Center Habitat
Thursday, Oct. 29 from 9 a.m. to 11 a.m. at Vandenberg Hall
Monday, Nov. 9 from 3 p.m. to 5 p.m. at Vandenberg Hall
Tuesday, Nov. 24 from 9 a.m. to 11 a.m. at Vandenberg Hall

Why participate?

Each year, many young adults in Michigan will get sick, miss class or even die from the flu. Amazingly, only about 13 percent of college-age residents between the ages of 18-24 get vaccinated in the state of Michigan. The good news is that there continues to be a 5-year trend of increased vaccination rates in the state among this age group.

For more information about the flu vaccine availability or to schedule an appointment, email health@oakland.edu or call (248) 370-2341.