



Monday, January 13, 2003

Gold medal Olympian gives swim clinic at OU

Four-time Olympic gold medalist swimmer Janet Evans conducted a swim clinic at Oakland University's Recreation and Athletics Center on Sunday, Jan. 12. The clinic included stroke and technique demonstrations, the chance to participate in drill sessions, and a motivational speech. Evans also was available for pictures and autographs for anyone attending the clinic.

Evans captured the gold medal in the 400- and 800-meter freestyle and 400-meter individual medley at the 1988 Seoul Olympics and returned in 1992 to win the 800-freestyle event. Among the many awards received, Evans is the 1989 Sullivan Award recipient and was the nation's outstanding amateur athlete of the year and the U.S. Olympic Committee's Sportswoman of the Year.

Oakland's swimming and diving teams joined together with the Oakland YMCA Waves Swim Team to host the Ultimate Technique Swim Clinic. The clinic also was coached by Waves head coach James Collins along with Oakland University head coach Pete Hovland.

Each clinic participant received a gift from Speedo, a special gift from Different Strokes and a late lunch with Evans.

Sponsors for the event included Pepsi, Connoisseur Apparel, Gatorade, NOW and Oakland University.

SUMMARY

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