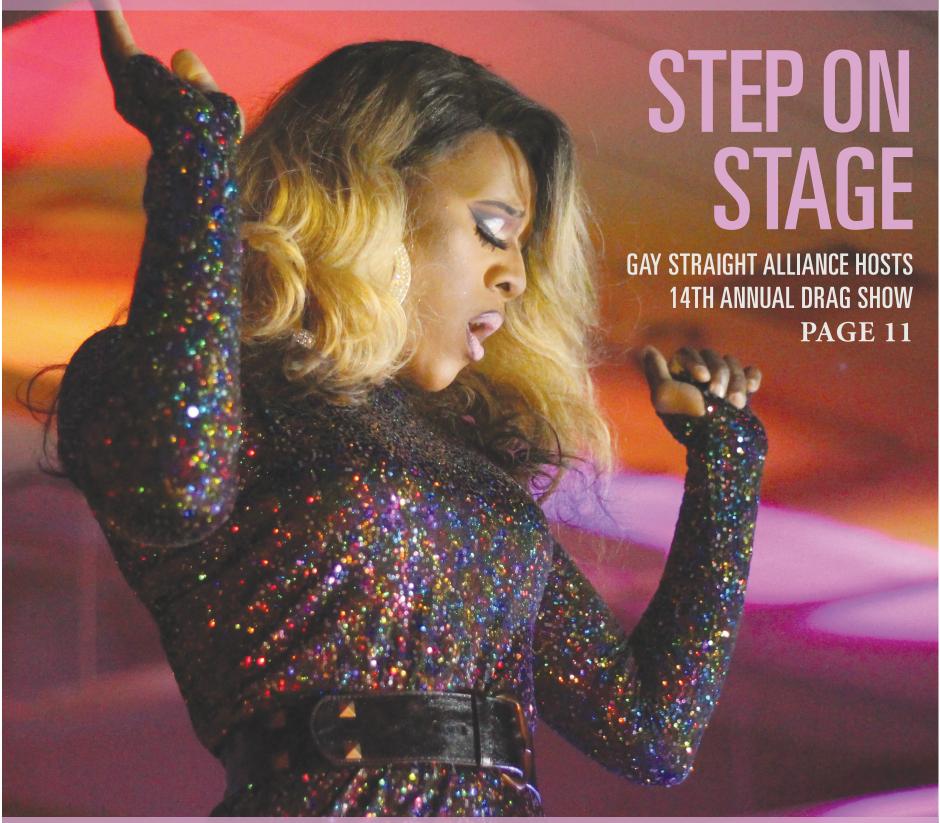
THE OAKLAND POST 12

OAKLAND UNIVERSITY'S INDEPENDENT STUDENT NEWSPAPER



RECOGNITION.

Student leaders receive awards, celebrate OU's 60th birthday PAGE 4

HYBRID.

Partially online courses to provide more options for nontraditional students

NATIONALS.

Cheer team places sixth in NCA competition in Daytona Beach PAGE 20



April 12, 2017 // Volume 42. Issue 26



ontheweb

The Student Program Board hosted its Roller Rink Rave and Throwback Time Machine in the O'rena on Tuesday night. Check out our Facebook photo album from the event. PHOTO / Mary Mitchell

www.facebook.com/theoakpost



FOOD FOR THOUGHT // Students volunteered at Day of Service on Friday, April 7. They helped Gleaners Community Food Bank by creating food donation bags and postcards for its annual food drive. These items contain information about the dates of the food drive and will be mailed out to thousands of community members. MARY MITCHELL // The Oakland Post

Submit a photo to editor@oaklandpostonline.com for a chance to be featured. View all submissions at oaklandpostonline.com



BREAKING GROUND

A groundbreaking ceremony kicked off the \$44-million Oakland Center expansion, which is expected to be complete in fall 2018. PHOTO / Taylor Stinson



SPEAKING UP

A collaborative show created and performed by 16 theater students addresses reactions to November's presidential election. PHOTO / Taylor Stinson



MANN DOWN

Assistant coach Cornell Mann is leaving Oakland's men's basketball program to become an assistant coach at the University of Missouri. PHOTO / Ian Levinson

POLL OF THE WEEK

How will you spend your study day?

- A With the rest of you peons in the library
- B Drowning my sorrows in the reopened fountain
- c Sleeping because I've given up
- D Hopping on a plane (not United Airlines) with my dreams and a cardigan

Vote at www.oaklandpostonline.com

LAST WEEK'S POLL

Do April Showers really bring May flowers?

A) No, they bring worms

24 votes | 45%

B) Hey, better rain than show

19 votes | 36%

C) I haven't left the library in 72 hours, so I wouldn't know

3 votes | 6%

D) HOLY S#!@, IT'S APRIL! TIME FOR COMMENCEMENT! 911 #HIREME

7 votes | 13%

THIS WEEK IN HISTORY

APRIL 16, 1979

Rob Scheibner, a former OU student, sailed two electronic model sailboats on "Beer Lake." He planned to bring out a small fleet of them for a demonstration the next day.

APRIL 14, 1986

Helen Kovach-Tarakanov, an OU Russian studies professor, planned on retiring in the spring. The program only had 14 students in it, and Brian Copenhaver, dean of the College of Arts and Sciences, said there were too few students to justify hiring a replacement.

APRIL 16, 2014

OU Student Congress added a new health and wellness director position to its executive board. The position's purpose was to help OU be a more environmentally friendly campus.

BY THE NUMBERS NATIONAL PET DAY

6.5 million

companion animals enter U.S. shelters each year

710,000

animals who enter shelters as strays are returned to their owners each year

27%

of pet cats are acquired as strays

1.5 million

shelter animals are euthanized each year

Campus

Presidential candidate forum dates announced

Hynd named finalist in Southern Illinois University chancellor search

> **Paige Brockway** Editor-in-Chief

¬ollowing the March 29 announcement that two finalists for the Oakland University presidency will be on campus for public vetting before final exams, Board of Trustees Chair Richard DeVore has released the dates of the candidates' visits, but not their names.

The finalists will be on campus Monday, April 17, and Thursday, April 20. Their visits will include further interviews and public forums with students and faculty.

Both public forums will be held 10-11:30 a.m. in the Oakland Center Banquet Rooms. The campus community will also be invited to provide feedback via an electronic survey.

The search remains closed, but candidates' names and curricula vitae will be published approximately two days in advance of each visit.

The presidential search committee reviewed 61 applications and conducted closed, off-campus interviews with a select few.

"Interest in this position has been a testament to the quality and reputation of Oakland University and its growth and future opportunities," DeVore said in a press release on April 6.

Current OU President George Hynd has also been announced as one of four finalists for the position of chancellor at Southern Illinois University's Carbondale campus. His three-year contract at OU ends in August, and the board hopes to sign a fiveyear contract with the next president.

"I have thoroughly enjoyed being Oakland University's sixth president," Hynd told Crain's Detroit Business via email. " . . . [My wife] Alison and I are also looking forward to the next chapter in our lives, whatever that might entail."



Elvse Gregory / The Oakland Post

President George Hynd is one of four finalists in the search for Southern Illinois University's Carbondale campus chancellor.

Corrections Corner: The Oakland Post corrects all known errors of fact.

In our April 5 article "OUSC election results announced," we misspelled Student Body Vice President Jousef Shkoukani's last name three times.

In the print edition of our April 5 Looking Back article, "Student with autism found mentorship at Oakland," we misspelled "autism" in the headline.

We apologize for both spelling errors.

If you know of an error, please email editor@oaklandpostonline.com or call (248) 370-4268. You can also write us at 61 Oakland Center, 312 Meadow Brook Road, Rochester, MI 48309.



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Student leaders' contributions recognized at annual banquet

Faith Brody Life Editor

Student leaders who bleed black and gold were out in full force on April 10 for the 39th Annual Student Activities and Leadership Awards Banquet.

Balloons and birthday cake alluded to the banquet's theme, which was "Happy 60th Birthday, Oakland University!" The banquet was sponsored by the Center for Student Activities and Leadership Development, Chartwells, OU Alumni Association, OU Credit Union and the Student Activities Funding Board.

In the Banquet Rooms of the Oakland Center, students filled their bellies with food provided by Chartwells before Stephanie Jurva, assistant director for the CSA, welcomed the crowd to the awards banquet.

A group of keynote speakers who attended OU offered advice to the student leaders.

The alumni speakers were Amy Ring Cebelak, Pat Cassady, Nick Descrochers, Brittani Hobbs, Tiffany LeDonne Smith and Michelle Southward. Their advice ranged from "make the most of your time at OU" to "cultivate your professional networks."

"As a student leader, you leave here with a title: leader," Southward said.

Next, a slideshow about the brandnew Emerging Leadership Program recognized the 37 seniors who are graduating from OU and the program. Don Tanner, who was an Emerging Leader at Ohio State University, spoke about his experience and encouraged the leaders to continue to do great things.

Student organizations that participated in the 2017 Share and Care Drive, which donated 11,000 bottles of water to Flint, were recognized for their outstanding role in helping others.

Hannah Clark and Rebekah Shippy of the CSA gave out awards for service leadership and student organizations, recognizing individuals and groups for everything from volunteering to innovative programming.

Greek life and club sports were also honored in their respective categories. Vitality Dance won big in the club sports category, scooping up three separate awards.

Faculty and staff who are advisers for student organizations were also recognized for their hard work and dedication.

Jean Ann Miller, director of the CSA, wrapped up the awards ceremony, thanking all of the students who showed up.



Nowshin Chowdhury / The Oakland Pos

The annual Student Activities and Leadership Award Banquet was celebrated with the theme "Happy 60th Birthday, Oakland University!"

"This is the largest crowd we've ever had," she said.

After thanking Jurva and Shippy for producing the ceremony, Miller reminded attendies that the CSA office will be moved to the first floor of East Vandenberg Hall while the Oakland Center is under construction.

Echoing many of the sentiments of the

other speakers, Miller stressed the importance of being involved in her closing remarks.

"You as an individual and an org make Oakland University," she said.

Knowing finals are creeping up, Miller also wished attendees good luck.

"Best wishes to you on your final exams. Please pass them."

OC groundbreaking marks progress

Shelby Tankersley Campus Editor

The Oakland Center's long-awaited makeover is officially underway.

At noon on April 6 in the Gold Rooms of the OC, students, staff and faculty gathered for the opening ceremony. The crowd then moved to Fireside Lounge to witness the ceremonial groundbreaking.

Glenn McIntosh, vice president for Student Affairs, said the ceremony was held in Fireside Lounge because it is considered by many to be the heart of the OC.

After the renovation, Fireside Lounge will no longer exist, but McIntosh said the fireplace will be moved to another location in the OC because of its sentimental value.

According to McIntosh, the project will cost \$44 million and should be completed in fall 2018. His hope is that it will be done by September.

The renovation will include, but is not limited to, a restructuring of the basement that will create a visible connection between the lower and ground levels instead of the stairwells currently being used. The ground floor will receive another entrance, more social space for students and more kitchen space for the cooks in Pioneer Food Court. The upper level will also receive a visible connection to the ground floor, as well as two multipurpose rooms to match the Banquet Rooms.

This project started in 2012, when then-President of Oakland University Student Congress Samantha Wolf brought the idea to then-Director of the OC Richard Fekel and the Board of Trustees. In 2013, Wolf and Fekel brought the idea to the 2013-14 OUSC members.

"I was sitting in the basement of the Oakland Center in the office of the Oakland University Student Congress when a student came in," Wolf said. "The student said, 'This building is too small, I would like you to change that. I believe OUSC can do this."

From then on, Wolf dedicated her time to getting the OC the expansion she felt it needed. After graduating with a degree in communication in 2014, she went as far as to donate her first professional paycheck to the

Some of Wolf's original ideas included a movie theater to replace the Oakland Room and a 12-lane bowling alley for the basement.

Though neither of those ideas are in the current plan, OU is moving forward to create more space for students to gather.

Wolf was tired of seeing students sitting on the floor, and the expansion will combat this problem.

Wolf traveled from California to attend the ceremony and was honored by McIntosh and OU President George



Taylor Stinson / The Oakland Pos

(Left to right): Vice President for Student Affairs Glenn McIntosh, President George Hynd, Vice Chair of the Board of Trustees W. David Tull and former OUSC President Samantha Wolf "break ground" for the expansion.

Hynd by taking place in the groundbreaking. After the ceremony, lots of food and free commemorative photos were available.

"We have grown to 20,000

students, but the Oakland Center was built for only about 12,000," Hynd told The Oakland Post after the ceremony. "We're starting to catch up with our growth."

www.oaklandpostonline.com

Hybrid classes to appeal to nontraditional students

Partially online, accelerated courses at Oakland satellite campuses to offer more options for busy lives

Laurel Kraus Staff Reporter

or students juggling classes, jobs, internships and organizations, it can be difficult to find ways to make everything fit.

Oakland University will offer 14-week and seven-week accelerated hybrid classes at the Anton/Frankel Center and the Macomb University Center in Macomb County starting in the fall 2017 semester.

"Macomb County has always been important to the success of Oakland University," said Julie Dichtel, executive director of Macomb County Outreach. "In fact, a third of Oakland's students come from Macomb County."

After a market study conducted by Aslanian Market Research analyzed the dynamic of OU's student population, it was determined that this new class format could benefit the growing number of nontraditional students.

Dichtel reported that OU hopes to help the 65 percent of Macomb County residents over the age of 25 who have college credits but do not have a bachelor's degree.

"One of the strategies that we are working on reaching out to that population is to begin to offer courses and eventually full programs and formats that are attractive and convenient to the adult students," Dichtel said.

Both three- and four-credit classes will be offered at the same tuition rates as the traditional classes.

With additional work online, four-credit 14-week classes will meet for an hour and 14 minutes each week, with four-credit seven-week classes meeting for three hours and 20 minutes. Seven-week three-credit classes will meet two hours and fifty minutes per week.

"So, what that allows students to do essentially, is to come to campus only one time per week across the semester and have the ability to complete two courses in that semester, one at a time," Dichtel said

There will be two sessions of sevenweek classes each semester. The first half of fall 2017 will run from Sept. 6-Oct. 23 with the second half from Oct. 25-Dec. 16. Winter 2018 sessions will be from Jan. 3-Feb. 17 and Feb. 26-April 25.

This leaves the possibility for students to complete more than 16 credits a semester. However, Dichtel said anyone

considering this should discuss it with an academic adviser.

Offerings will include Accelerated Second Degree Bachelor of Science in Nursing, as well as classes in marketing, management and global human systems.

Seven-week Master of Arts in Counseling classes will also be available.

According to James Lentini, senior vice president for Academic Affairs and Provost, accreditation requirements will ensure that students learn as much in the accelerated classes as in the traditional ones

Depending on the interest in this form of class, there is the possibility of accelerated courses becoming implemented on Oakland's main campus in the future.

"I do think it's an exciting new direction for OU to get into," Lentini said.

Students with questions or concerns can email Dichtel at dichtel@oakland. edu or Macomb County Outreach at oumacomb@oakland.edu.

APPLICATIONS ARE NOW BEING ACCEPTED FOR THE POSITION OF COPY EDITOR AT THE OAKLAND POST.

APPLICANTS SHOULD BE DETAIL-ORIENTED, ORGANIZED AND HAVE BASIC KNOWLEDGE OF ADOBE INDESIGN.

RESPONSIBILITIES INCLUDE:

- Editing stories to check for grammar, clarity, etc.
- Ensuring articles abide by AP style and journalistic style guidelines
- Working with Post templates in InDesign to best fit all of content on pages
- Creating headlines and subheads/decks for stories
- Making all corrections on pages after they have been looked at by the editor-in-chief and managing editor

POSITION EFFECTIVE END OF APRIL.

Applicants should send a cover letter, resume and work samples to Shelby Tankersley at srtankersley@oaklandpostonline.com.

POLICE FILES

Larceny in Pawley

An Oakland University Police Department officer was dispatched to Pawley Hall on March 9 to investigate reports of larceny. The officer was taken to a room where the locks had been removed on the drawers of three filing cabinets. The door leading into the room showed no signs of forced entry. A witness told the officer that shirts were being sold for a fundraiser that raised an estimated \$600. The witness believed that the removal of the locks was an attempt to steal the money, but the money was safe because it was not stored in the filing cabinet. Officers later watched footage of the event, but were unsuccessful in identifying a suspect.

Blunt confiscated

On March 10, an OUPD officer noticed a driver smoking inside a vehicle in P32. The occupant put down the object he was smoking as soon as he noticed the officer. He rolled down his window to greet the officer, and the officer noticed the odor of marijuana. The officer asked how much marijuana was in the car and who had been smoking. Two of the vehicle's three occupants admitted to smoking, and one said he wasn't a smoker. The officer was handed a plastic baggy of marijuana and a yellow marijuana pipe. One of the occupants said the blunt he had been smoking was between the seat and the door, and the officer confiscated it. When a second officer arrived, the occupants were asked to step out of the vehicle, and it was searched. No additional drugs were found. Two of the occupants were handcuffed and taken to the station for booking. They were given citations for marijuana use. The third occupant was not issued a citation, but was taken to the station to wait for his mother. A total of 1.9 grams of marijuana was confiscated.

Compiled by Robert Ogg Staff Reporter

APPLICATIONS ARE NOW BEING ACCEPTED FOR THE POSITION OF PHOTOGRAPHER AT THE OAKLAND POST.

APPLICANTS MUST KNOW HOW
TO USE A DSLR CAMERA AND BE
ABLE TO SHOOT MANUALLY IN LOW-LIGHT SETTING. EDITING SKILLS NOT REQUIRED. FLEXIBLE SCHEDULE IS PREFERRED.

RESPONSIBILITIES INCLUDE:

- Coming to weekly budget meetings at 12 p.m. every Tuesday
- Signing up for at least two stories per week
- Having good communication skills and contacting reporters who have signed up for the same stories
- Taking photos for on-campus events, profile and feature stories
- Having good time management skills and turning in photos on time

POSITION EFFECTIVE END OF APRIL.

First six assignments will be an internship as intern photographer. Staff photographers are paid per story. Applicants should send a resume and work samples to Shelby Tankersley at srtankersley@oaklandpostonline.com.

APPLICATIONS ARE NOW BEING ACCEPTED FOR THE POSITION OF REPORTER AND SPORTS REPORTER AT THE OAKLAND POST.

APPLICANTS SHOULD BE DETAIL-ORIENTED, ORGANIZED AND HAVE BASIC KNOWLEDGE OF ADOBE INDESIGN.

RESPONSIBILITIES INCLUDE:

- Writing at least two articles per week
- Attending and making pitches at weekly budget meetings
- Communicating with assigned section editor
- Reviewing articles after they have been finalized for the weekly issue

POSITION EFFECTIVE END OF APRIL.

Applicants should send a cover letter, resume and work samples to Shelby Tankersley at srtankersley@oaklandpostonline.com.

Poetry Bash returns with ekphrasis contest winners

Poets will have chance to perform original, famous poems on stage

> Robert Ogg Staff Reporter

Poets looking for an audience are invited to attend and perform at the Oakland University Department of English's annual Poetry Bash on Friday, April 14.

The event will take place 5-6:30 p.m. in the Oakland Room of the Oakland Center.

Students can bring poems, original or famous, and read them out loud in front of the audience. Anyone is welcome, and refreshments will be served.

The Poetry Bash was first created by Professor Robert Anderson in his first year of teaching at OU, and this year is the event's 19th anniversary.

"Really, this was my small way to celebrate the humanities," Anderson said. Anderson said the event usually brings sizable crowds.

In recollection, he also has distinct memories of poems about working night shifts at Kroger or about Michael Jordan.

"A few years after the bash started, [Professor] Gladys Cardiff came up with the idea to have the bash announce the winners of an ekphrastic poetry contest," Anderson said.

The winners of this year's Ekphrasis Poetry Contest were announced on the Department of English's website.

Athena Lebessis won first place in the undergraduate contest for her poems "Winged Coffin" and "Stars and Stripes"; Delaney Kamm won second place with her poem "After 'Thalassa"; and Samantha Miller won third place with her poem "this night, eternal."

"[My] poem is about an installation piece that I saw at a visit to the Detroit Institute of Arts one afternoon," Kamm said. "The piece is quite large and multifaceted, and my mind was immediately drawn to the arduous process that must have gone into creating it."

Kamm is a senior majoring in psy-

11

I have been writing poetry for absolutely as far back as I can remember. I am very excited to graduate in April, but will most certainly miss the inspiration and camaraderie that I have cherished in writing workshops.

Delaney Kamm Second-place contest winner

chology with a minor in creative writing. She explained that the sculpture she based her poem on depicts a Greek goddess, Thalassa, rising out of the sea.

"I have been writing poetry for absolutely as far back as I can remember," Kamm said. "I am very excited to graduate in April, but will most certainly miss the inspiration and camaraderie

that I have cherished in writing workshops."

Miller explained that her poem is based on Edward Hopper's well-known painting, "Nighthawks."

"The poem itself focuses on the four individuals in the bar — the barman and three patrons," she said. "I wanted to try and give each of them a story of their own."

Miller explained the title, "this night, eternal" is a reference to an interview in which Hopper admitted to forgetting to paint a door. She took this oversight and made it part of the title.

"I started writing poetry in my freshman year of high school, so late 2011, early 2012," Miller said. "It wasn't until coming to Oakland that I was able to get feedback on my poetry, though, so I'm very honored to have placed third in this competition."

The winners of the Ekphrasis Poetry Contest have been invited to read their poems aloud at the Poetry Bash.

"I hope to continue writing for as long as my hands will hold a pencil," Kamm said.

this week on campus

WEDNESDAY, APRIL 12

7:30-9:30 P.M.

Wind Symphony and Symphonic Band Varner Recital Hall

8-11 P.M.

Nightclub Cabarets by OU Theatre Students Orchid Nightclub

141 W. 9 Mile Road in Ferndale

THURSDAY, APRIL 13

10-10:50 A.M.

Laugh Your Stress Away | Hosted by OU Rec Well Recreation Center, Herman Room

7-8:30 P.M.

Varner Vitality Lecture: "How Did We Get Here: The First 100 Days of an Unprecedented Presidency" by Doris Kearns Goodwin Tickets available at CSA Window

8-11 P.M.

"An Original Work" Varner Lab Theatre

FRIDAY, APRIL 14

2-5 P.M

De-Stress Day | Hosted by Student Organic Farms and Holistic Health Student Organization Oakland Center, Fireside Lounge

3-6 P.M.

Holi, Festival of Color Oakland Center, North Lawn

5-6:30 P.M.

Annual Poetry Bash | Hosted by Department of English Oakland Center, Oakland Room

5-7 P.M

Senior Thesis Exhibition in Studio Art & Graphic Design Opening Reception Oakland University Art Gallery

8-11 P.M.

"An Original Work" Varner Lab Theatre

SATURDAY, APRIL 15

ΔΙΙ ΠΔΥ

Track and field Grizzly Invite
Recreation and Athletic Outdoor Complex

10-11 A.M.

Discovery and Coffee: "Natchez Country" with George Milne
Rochester Hills Public Library
500 Olde Towne Road in Rochester

2-5 P.M.

"An Original Work" Varner Lab Theatre

8-11 P.M.

"An Original Work" Varner Lab Theatre

TUESDAY, APRIL 18

LAST DAY OF WINTER CLASSES

3 P.M.

Baseball vs. Eastern Michigan Oakland Baseball Field

3-4:30 P.M.

Soundings Series: "No Guts, No Glory" with Dr. Tamara Hew-Butler 242 Elliott Hall

6-10 P.M.

18th Annual MaTilDa Awards Oakland Center, Banquet Rooms

HOLDING AN EVENT YOU'D LIKE TO ADD TO THE CALENDAR?

SEND THE DETAILS TO EDITOR@OAKLANDPOSTONLINE.COM.

6 April 12, 2017 // The Oakland Post www.oaklandpostonline.com

Senior Thesis Exhibition honors studio art, graphic design majors' creative efforts

Amy Swanson Staff Reporter

A n opening reception for the Senior Thesis Exhibition is coming up on April 14. It will be held at the Oakland University Art Gallery from 5-7 p.m. and feature work from studio art and graphic design majors.

The reception is open to everyone. Guests can meander, munch on snacks and mingle with artists and designers.

"The gallery opening reception is celebratory and a great opportunity to experience visual culture on campus," said Meaghan Barry, assistant professor of art.

The exhibition will be on display April 14 to May 14.

Occurring at the end of each fall and winter semester, participation in the exhibit is a requirement for studio art and graphic design majors during their capstone/thesis courses.

Throughout the program, students develop their independent projects under the guidance of thesis instructors. They work with the curator of the gallery and install their own pieces.

Barry, who is one of the professors teaching the thesis course, said students' work serves as a culmination of their studies.

"Exhibiting and speaking in public are huge components to the professional world of art and design," Barry said.

She said it can be intimidating to show one's work in a

formal setting while remaining open to criticism and feedback.

"By participating in the exhibition, I see our students gain a lot of confidence pre-installation to post-opening reception," she said. "With their newfound confidence, they can move forward into their professional lives with less anxiety, since they've exhibited at least once before."

One of this semester's featured students is graphic design major Zak Plaxton, whose project is a magazine called "Noclip," which is centered on videogaming. When designing and crafting all of its content, he aimed to create a clean and visually appealing layout with less clutter than is found in most magazines.

For the exhibit, Plaxton hopes to put together a comfortable and homey environment where anyone interested can sit and leisurely flip through the magazine's pages.

"Since I'd like to have a career designing layouts for a magazine or publication of some sort, designing a magazine of my own felt like a great way to get a feel for it and make sure it was a right fit for me, as well as being a valuable portfolio piece to show potential clients my strengths and abilities," Plaxton said.

Barry said works of art and design are always related to other disciplines. She gave the example of design students who studied autism to create awareness campaigns, as well as an art student who analyzed psychology for work about identity.

"This allows the untrained eye, or someone who might not be immediately comfortable in a gallery setting, to become more comfortable and to create a dialogue while looking at the work because there are multiple entry points to the pieces exhibited," Barry said. "You do not have to be an artist or a designer to appreciate or discuss what you see hanging on the wall."

The OUAG is open from noon until 5 p.m. Tuesday-Sunday, as well as evenings on the nights of Meadow Brook Theatre performances. Admission is free and open to the public.

For more information, visit www.ouartgallery.org.



Wellness in the House: 'Sit Smart, Study Smart'

Applying ergonomics, finding ideal study spot can benefit studying

Gina Navaroli Staff Reporter

niversity Recreation and Well-Being continued its Wellness in the House Series with "Sit Smart, Study Smart" on April 6 in the Vandenberg Glass Room.

Anne Maitland — a peer wellness ambassador and a senior majoring in wellness, health promotion and injury prevention - develops programs to suit the present needs of college students. She spoke at the event to educate students about ergonomics, or the scientific study of how people work.

Students at the event practiced stretches and workouts they can do at their desks while studying or working. Attendees also adjusted a workstation to fit their own ergonomic needs.

"The primary goal of ergonomics is to reduce stress and eliminate injuries and disorders associated with the overuse of muscles, bad posture and repeated tasks," Maitland

According to Maitland, students can maintain better posture when applying ergonomics to their study environments.

She said sitting while studying for extended periods can create muscular discomfort. The event educated students and gave tips to minimize this discomfort.

Maitland said the ideal study environment is different for each student.

"Key components of an ideal study environment would be comfort, adequate lighting and minimal distractions," she said.

As individual students may struggle to find the right way to study, Maitland's advice is to try different locations around campus to see which works best.

"Many students study in the library, but students could try studying in the Rec Center's social lounge, the library in Pawley Hall, study areas in the dorms, at Starbucks or in any quiet area," she said.

Maitland's ideal study environment is her bedroom because it's quiet. She maintains a study space free of distractions.

OU Rec Well's mission is to enhance the quality of life at Oakland University. Health and Wellness Coordinator Erica Wallace said the event was another step closer to that goal.

She said studying can have a negative impact on physical well-being if students do not pay attention to how their bodies interact with study spaces.

"Finals are a time when students tend to not take care of themselves and instead focus on projects, papers and exams," she said. "We want to equip them to do it safely."

Wallace said everybody, not just students, should practice time management and stress management, engage in physical activity and eat a balanced

"Exams make that difficult because many students feel



Participants practiced stretches they can do at their desks while studying.

they have to review many hours worth of information for each class," she said. "This can cause mental and physical stress because of the demands students put on themselves during this time."

She said comfort and limited distractions are ideal for successful studying. She advised students to be unafraid to visit new places on or off campus to find that perfect spot.

Wallace said her study area in college was in a comfy chair at Starbucks. She was never one to pull all-nighters at the library.

"Most buildings on campus have space for studying, especially if you have a laptop," Wallace said. "If you study off campus, consider your options. Public libraries or coffee shops may be great options for you if you need a break from your

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POSITION EFFECTIVE END OF APRIL 2017.

Applicants should send a resume, cover letter and at least three writing samples to Shelby Tankerslev at srtankerslev@ oakland.edu by April 17.

Theatre students take on political performance

Faith Brody and Katerina Mihailidis

Life Editor and Staff Reporter

oncerned by the outcome of the recent presidential election, 16 theatre majors and minors created an original work to voice their thoughts and feelings about the election, according to Mark Ujkstivani, a sophomore acting major at Oakland University.

For four months, the performers worked on a piece called "45/16," putting together poems, writings and their own viewpoints and analyses, Ujkstivani said.

The name of the piece reflects that Donald Trump is the 45th president and was elected in 2016.

The abstract play, helmed by director Jake Hooker, a lecturer in the theatre program, displays the emotions and political tensions felt by these OU students.

The actors play themselves and were almost completely in charge of their creation. The collaborative effort is considered devised theatre, or a piece made from scratch by an ensemble, according to Hooker.

"The process is just as important as the product," he said.

According to Ujkstivani, the group's

first meeting to discuss the work was in November. It was then that Hooker asked the performers how they felt about the presidential election, Ujkstivani said.

"We realized it was a big topic," Ujkstivani said. "We wanted to focus on how we wanted things to be, on how things can get better, and where do we go from here"

The makings of the piece started in December, and the script was ready in March.

Ujkstivani said there were some complications. The performers struggled with what they wanted to include in the piece.

"For a while, we had a lot of pieces coming in," Ujkstivani said. "We knew we wanted to focus on the election, we just didn't know how to pinpoint that."

"There are no lead roles in the piece. The idea of this piece is that we're all collaborators," Ujkstivani said. "Sometimes we're playing characters, [but] most of the time, we're playing ourselves."

The actors will address the audience at the top of the show. They will discuss sensitive political topics, but their intent is to understand and communicate their differences.

In order to portray the community feel of the performance, seats for the audi-



Taylor Stinson / The Oakland Pos

Performers of the original piece "45/16" rehearse in Varner Hall.

ence will be placed everywhere, from traditional seats on risers to onstage.

Although Hooker admitted that many of the performers (himself included) lean more toward the liberal side of the political spectrum, everyone is welcome, and he hopes that everyone can find common ground, regardless of their political ideals.

Hooker also stressed the creativity

and team effort of the 16 students who worked to put the show together.

"They can expect a lot of talented and engaged artists putting their work up," Hooker said.

"45/16" will run at 8 p.m. from April 13-15 in the Varner Lab Theatre. There is no charge, but donations are encouraged. For more information, visit oakland edu/mtd

New musicals hit Meadow Brook Theatre

Amy Swanson Staff Reporter

Meadow Brook Theatre has announced its 2017-2018 season, which features a Broadway preview, three musicals and four Michigan premieres.

Things kick off Sept. 6, 2017, with a preview of the new musical "Johnny Manhattan" before it opens on Broadway. With book and lyrics by Tony award-winner Robert Lorick and music by Dan Goggin, it's set at the New York City nightclub Johnny Manhattan's in the early 1960s. After its owner invites his friends over for an announcement, surprises unfold as relationships clash and secrets are revealed.

Next is the interactive comedy-whodunit "Shear Madness" by Paul Pörtner, which begins Oct. 4. When someone is murdered in a hair salon, the audience gets to spot clues, question suspects and solve this hilarious mystery. As the outcome is always different, guests will always have an entirely new experience.

Although not part of the season, MBT will maintain tradition with its 36th an-

nual holiday production of "A Christmas Carol." Written by Charles Dickens, with adaption and original staging by Charles Nolte, it will run Nov. 10 through Dec. 24.

Moving into 2018, the theatre's third production is "Nana's Naughty Knickers," by Katherine DiSavino. Running Jan. 10 through Feb. 4, this show follows Bridget as she stays with her nana in New York for the summer. However, things take a turn when she discovers her grandma is running an illegal boutique from her apartment.

Playing Feb. 14 through March 11 is the Michigan premiere of "Tenderly: The Rosemary Clooney Musical" by Janet Yates Vogt and Mark Friedman. Featuring her signature songs, it chronicles Rosemary's journey to stardom, depicting her many successes on film, radio and TV, as well as her battles with addiction and depression.

Another Michigan premiere is "The Snow Geese" by Sharr White, running March 21 through April 15. Set in rural upstate New York during World War I, the play follows newly widowed Elizabeth Gaesling as she gathers her family for their annual hunting-season shoot-

ing party. As her eldest son deals with his impending deployment overseas and her youngest son learns their father left them in debt, the family must come to terms with their newfound reality.

Guests should prepare for a contagiously energetic performance of "THE ALL NIGHT STRUT!," conceived, originally directed and choreographed by Fran Charnas. This musical celebration highlights the work of legendary songwriters like Hoagy Carmichel, Frank Loesser and the Gershwins, running April 25 through May 20.

The season will wrap up with the romantic musical comedy "Burt & Me," based on the book by Larry McKenna, with lyrics by Hal David and music by Burt Bacharach. Running May 30 through June 24, the show depicts Joe's clever plan to win back his high school sweetheart after the two drifted apart.

Shows for Meadow Brook's 10th annual children's series were also announced, including productions of "The Cat in the Hat" and "Chicken Little: The Sky is Falling."

Season tickets for the seven plays are available. A Flex-Tix package is also on

sale, which includes six tickets that can be used at any matinee or Wednesday, Thursday or Sunday evening performances throughout the season. The tickets in this package can also be upgraded to a Friday or Saturday evening for a fee. To purchase, call the Meadow Brook Theatre box office at (248) 377-3300.

Single tickets go on sale starting Aug. 2. Prices range between \$28 and \$43, with student discounts available.

For more information, visit www.mb-theatre.com.



GSA Drag Show * * through the years

Cheyanne Kramer
Web Editor

akland University celebrated its 14th annual Drag Show this year, but the very first show was hosted in 2004 through the Gay Straight Alliance and the Women's Issues Forum

At the time, there was no Gender and Sexuality Center on campus to act as a resource center for women and LGBT-QIA+ individuals. The GSA was first instated as a student organization at OU during the 2003-04 academic year. Similar organizations had existed on campus before, including Pride Forum and the Gay and Lesbian Alliance.

The GSA was created to "promote further understanding of lesbian, gay, bisexual and transgender issues on campus and to create an alliance between LGBT students and straight students," according to the April 7, 2004, issue of The Oakland Post.

Serena Escevelle was the host of the first Drag Show at OU. In the early 2000s, she was known as an "up-and-coming" female impersonator.

Student Duane Hurt II was a member of the GSA at the time and attended the first show.

"The idea was to raise awareness of transgender issues on campus while, at the same time, having fun and engaging the students in something that has never been done at Oakland University before," Hurt said.

Attendees were encouraged to tip the performers. By the end of the night, \$409 was collected to be donated to Affirmations LGBT Center in Ferndale and the Triangle Foundation.

Drag Queen Sabin began performing in the show as early as 2009. Last week, she graced the Drag Show stage again with multiple performances and costume changes.

In 2007, the GSA's vice president Steph Turner discussed his

performance in the Drag Show with The Oakland Post.

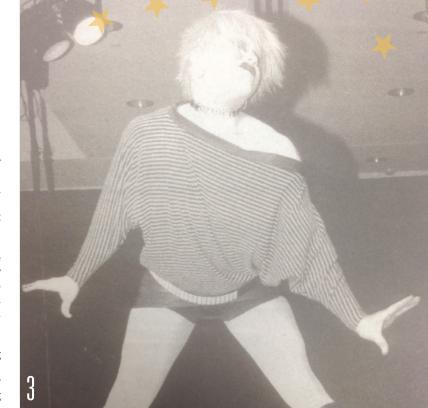
He said positive reception from the 2006 show was "affirming," but some people may be put off by the levels of audience participation in the show.

The April 4, 2007, issue of The Oakland Post described how performers would often step into the crowd during songs and would even approach individual audience members.

This still holds true in 2017, 10 years later. At this year's Drag Show, attendees were encouraged to tip performers as they would in a mainstream drag show at a bar or club.

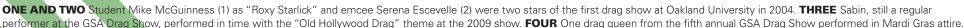
Many of the annual Drag Show performances went unreported by The Oakland Post or have been lost to time. In 2008, the Oakland Post only included a small photograph of the Drag Show.

Nowadays, the Drag Show is hosted by GSA as part of the GSC's Pride Week.





ne Oakland Post Archive



10 April 12, 2017 // The Oakland Post







Elyse Gregory / The Oakland Post

FIVE Emma Sapphire, one of the professional performers at this year's show, began practicing drag over three years ago. **SIX** Sabin danced to a patriotic number in one of her many performances of the night. This year, Sabin placed fourth in the nation at Entertainer of the Year in Louisville, Kentucky. **SEVEN** OU students performed as group called "Kings II Men," parodying popular boy band tropes.

Cheyanne Kramer Web Editor

he Gay Straight Alliance's 14th annual Drag Show drew hundreds of attendees on Thursday, April 6.

The Oakland Center Banquet Rooms were at maximum capacity, with many standing against the walls to see the performers.

The Drag Show is held during Oakland University's Pride Week, which begins with Lavender Graduation and ends with Pride Prom. Though Pride Week is run through the Gender and Sexuality Center, the Drag Show is a GSA event.

"GSA is a student organization that aims to provide educational-, social-, political- and entertainment-based programming," GSA President Jake Semma said. "We aim to provide a safe space for everyone, and want to create change on and off Oakland's campus. GSA amplifies the voices of those who don't have one."

"The most exciting part about setting up the Drag Show is the

ALL HAIL THE QUEENS Let's get fierce!

14th annual GSA Drag Show entertains huge crowd, passionate performers rock the stage

fact that the Gay Straight Alliance puts on a professional-caliber performance as students," said Grace Wojcik, director of the GSC. "I don't have to do basically anything because the students have it so down to a science."

Wojcik explained that the Drag Show serves as a way to introduce next year's GSA executive board, as well. The current academic year's board works in partnership with the incoming board to organize the event.

"There's a lot of one-on-one shadowing happening today," she said on Thursday. "The two e-boards kind of work together today to learn some of the ropes."

The Drag Show, according to Wojcik, is like sitting front-row during an episode of "RuPaul's

Drag Race."

"If you're too afraid to go to a drag show at a bar or a club, this is a good way to see a drag show in a really safe environment, and it doesn't cost you any money," Wojcik said.

Students were encouraged to tip performers throughout the night, but there was no cover charge at the door.

This year, the Drag Show in-

cluded three professional performers and seven student performers, with many taking the stage multiple times.

One of the professional performers, and the emcee of this year's show, is known by fans as Hershae Chocolate. She has been featured in the book "100 of the Most Influential Gay Entertainers" and was a contestant on season six of "America's Got Talent."

Joining her was local performer Sabin, who has been on stage for 15 years and regularly performs at Drag Queen Bingo at Five15 in Royal Oak. Relative newcomer Emma Sapphire was the final professional performer — she's been in the performance industry for over three years.

Workers from an off-campus organization called RESPECT were present and handed out surveys throughout the show that students could take to aid in LGBTQIA+ research. Participants were given \$10 in return.

Students can get involved with the GSA by attending its weekly meetings at 12 p.m. on Thursdays or by visiting its GrizzOrgs page.

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OAKLAND UNIVERSITY...

Beginning with fall 2017, payment due dates for all semesters will be two to three weeks before the semester begins. If you do not pay your charges in full by the due date, you will be canceled* from all your classes and on-campus housing (if applicable).

Students canceled for not paying current semester charges can re-register for classes (based on space availability). Students canceled for not paying past semester charges can re-register (based on space availability) once the prior balance is paid in full.

IMPORTANT FALL SEMESTER DATES

- July 16, 2017 fall tuition and housing charges posted
- August 15, 2017 fall payment due date

* Students who are canceled from classes will have their tuition charges reversed. Students who are canceled from housing will have their charges adjusted according to University Housing's terms and conditions, available at oakland.edu/housing/policies-and-procedures/forms.



VIEW all payment and cancellation dates and LEARN how to avoid cancellation at oakland.edu/financialservices, then Payments & Refunds, then Payments & Cancellation.

Political Focus: Trump orders missile strike

Melissa Deatsch Sports Editor

n Thursday, April 6, President Donald Trump ordered his first military action since becoming commander in chief. In the attack, 59 Tomahawk cruise missiles



were launched from U.S. Navy ships in the Mediterranean Sea and aimed at a Syrian airfield in al-Shayrat, reportedly damaging Syrian military supplies and killing six Syrian solides at the air

base and nine civilians in surrounding villages, according to Syrian officials.

This attack is the first from the U.S. on Syrian government forces.

Why did Trump order an attack?

The president has stated in the past that he was against attacks on the regime of Syrian President Bashar al-Assad. However, that changed on Tuesday, April 4, when the regime made a chemical weapons attack on civilians in Northwestern Syria.

At least 86 people, including 26 children, were killed when warplanes dropped bombs on the town of Khan Sheikhoun. As reported by CNN, the international aid group Doctors Without Borders said those near the blast were exposed to chemical weapons.

The Syrian government previously claimed it had destroyed its entire stockpile of toxic weapons in 2014 through a Russian-U.S. deal. The deal was initiated after al-Assad was accused of using chemical weapons in a 2013 attack against his own people near Syria's capital city, Damascus. Al-

Assad denied the accusation.

The Syrian government denied involvement in the attack on Khan Sheikhoun, as well. However, many countries, including the U.S., say they have intelligence leading them to believe al-Assad ordered the attack.

U.S. Secretary of State Rex Tillerson [add link] said, "There is no doubt in our minds that Syria and the regime under Bashar Assad were responsible for this attack."

U.S. Ambassador to the United Nations Nikki Haley said, "The joint investigative mechanism has found beyond any doubt that the Syrian regime has used chemical weapons against its own people multiple times."

The air base on which Trump ordered the missiles is believed to host the warplanes that carried out the chemical weapons attack on civilians.

The Pentagon said the intention of the strike was to "deter the regime from using chemical weapons again."

"The United States took a very measured step last night," Haley told the UN. "We are prepared to do more. But we hope that will not be necessary. It is time for all civilized nations to stop the horrors that are taking place in Syria and demand a political solution."

Why is this significant?

The U.S. began launching airstrikes in Syria in 2014, but the terrorist group ISIS was the target of those attacks. After 2013, when al-Assad's forces are believed to have ordered a chemical weapons attack on civilians, then-President Barack Obama received harsh criticism for threatening retaliation but never acting.

Thursday's attack creates a tricky situation with Russia, Syria's biggest

ally. Russian President Vladimir Putin released a statement saying the U.S. missile strike "dealt a serious blow to Russian-U.S. relations, which are already in a deplorable shape."

According to Pentagon spokesman Capt. Jeff Davis, the U.S. military notified Russia of the strike beforehand, to avoid killing any Russians onsite at al-Shayrat. In response to the attack, Russia has announced it will stop exchanging information with the U.S. about its flights over Syria, a deal originally intended to avoid incidents in the crowded Syrian skies. Russia also called for a meeting of the UN Security Council.

Was this legal?

The question of the legality of this attack is tricky, as most things regarding presidential war powers are. Trump carried out this attack without the approval of Congress or the UN Security Council.

In regard to international law, the UN did not approve the attack, and the intention of the attack was not self-defense. Therefore, the attack breaks the UN Charter, which says a country

must cite one of those two conditions to authorize an attack on a member nation's soil.

To reporters, Tillerson has cited Syria's violation of the international laws on chemical weapons as justification for the attack. Additionally, in the past, human rights advocates have argued that international law justifies an attack "to stop an atrocity," which Trump has argued Syria's chemical weapons attack was.

In terms of domestic legality, the U.S. Constitution says the president must receive Congressional approval before carrying out an attack on another nation, unless the U.S. is under attack. This, however, is not exactly how the past presidents have treated their powers as commander in chief. Trump cited a national security interest as his rational for the legality of the attack.

Russia and Iran, both allies of Syria, have called the attack a violation on international law. However, the Trump administration has earned praise from many countries who have come out in support of the missile strike, including the United Kingdom, Germany, Australia, Saudi Arabia and Turkey.

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☐ Drew's Review: ☐

Tee Grizzley's moment is now

Drew Hagge

Music Columnist

pon releasing the single "First Day Out" just days after being released from state prison, Tee Grizzley quickly became the most notable rapper in Detroit's history whose primary angle centered on the streets.

While other Detroit artists like Danny Brown and Royce Da 5'9" grew up with similar struggles in the city, Grizzley is the sole artist currently making what can be considered gangster rap.

The initial success of "First Day Out" forced questions about whether or not Grizzley would be a one-hit wonder. Of course, that is not a slight to the up-and-coming artist, simply because the song is so staggeringly brilliant and raw.

Very rarely does a song resonate so much with fans and become a hit when completely absent of a hook. "First Day Out" has been compared to Meek Mill's "Dreams and Nightmares," and rightly so.

When April 7 came around and Grizzley's debut mixtape, "My Moment," was officially released, the time came to finally put the one-hit wonder questions to bed.

"My Moment" accompanies Grizzley's aggressive rhyme schemes with production from Helluva, Sonny Digital, and DJ Mustard.

At worst, it appears that Grizzley could have a Meek Mill-esque career — as long as he can continue to select haunting production, which makes his voice appear even more menacing than usual.

However, like all debut mixtapes, "My Moment" has a few low moments. The August Alsina-like singing is more disorienting than anything else. Melodic sing-songy structure of tracks like "How Many" take the edge off of an otherwise hardcore rap album.

'Planet Earth': Nature doc's second season is a must-watch

Lawson Robinson

Movie Columnist

BC's nature series "Planet Earth II" is a landmark in documentary filmmaking.

Ten years in the making, it delivers in all aspects.

"Planet Earth" is one of the best television series to date.

David Attenborough returns to narrate the show. His gravelly voice guides the viewer though each episode.

All six episodes are distinct and impeccably produced. Each episode covers different areas of the Earth and features unique animals rarely captured by cameras.

Advancement in technology allows the show to flourish visually.

The second episode explores the Himalayas. Remote cameras allow the crew to obtain footage of the elusive snow leopard.

BBC deserves copious amounts of praise for the production level of "Planet Earth."

"Planet Earth II" is the first 4K television show in BBC's history.

Watching the high-quality visuals of this show feels like eating your favorite candy.

"Planet Earth" transforms raw footage into spectacular narratives with ease.

From the glass frog —which is the size of a human fingernail — to towering giraffes, the camera crew obtains beautiful imagery of all animals.

One of my favorite moments comes from the third episode, entitled "Jungles." The caiman crocodile is introduced as a predator in this habitat. The camera then captures a large jaguar swiftly killing and eating the caiman crocodile.

"Planet Earth II" is the next show you need to binge watch.

A blitz on vaccination opt-out regulations

Previously established rules challenged over level of inconvenience, freedom to choose

Isaac Martin

Political Contributor

nother bout of the stomach flu is sweeping through Michiganders as a pair of new bills have been introduced in the Michigan House of Representatives. Two weeks ago, State Representative Tom Barrett (R-Potterville) and State Senator Pat Colbeck (R-Canton) introduced legislation to decrease requirements for parents hoping to opt out of state-mandated vaccines for

their schoolbound children.

The facts

The state of Michigan requires veri-

fication of vaccination against diphtheria, tetanus, pertussis, polio, measles, mumps, rubella, hepatitis B and chicken pox in order for students to enroll in kindergarten. Due to health concerns voiced by watchdog groups and a sizable segment of Michiganders, the state offers a philosophical exemption for parents looking to opt out of vaccines.

In January 2015, the Michigan Department of Health and Human Services (MD-HHS) enacted a rule change. In order to obtain the usual waiver, parents need to schedule a brief (about 15-30 minute) meeting with a local health care worker to be informed about the benefits of vaccinations and then sign an additional waiver indicating they understand they are put-

ting their children at risk.

The two camps

Since the enactment of the MDHHS' new rule, the number of philosophical exemptions granted has dropped by over 35 percent, prompting those with strong libertarian streaks to cry foul.

Colbeck released a statement arguing that "It was never the intention of the Legislature to see a vaccination opt-out procedure put into place that essentially mandates that parents have to take time off of work to meet with specific people, view videos, or sign inflammatory forms to exert a right they should be able to exercise more simply."

Proponents of vaccines, however, stand by this rule as a means to bolster Michigan's health

Eden Wells, chief medical executive of the MDHHS, argues that "Michigan's low

immunization rates threaten the health of all residents," referencing the common justification for vaccines — herd immunity. She believes this rule has helped Michigan become safer, as philosophical exemptions have declined under it.

Does it really matter?

Major voices in local media have posed an insightful question about this bill: When the public health is directly affected by the decision to vaccinate, is it too much to ask parents to sit down for a 15-minute consultation to get both sides of the issue?

While this is an excellent question — one that ought to be asked — there is a better one begging to be answered.

The MDHHS rule, which Colbeck's legislation would be replacing, makes a questionable assumption: that parents who opt out of vaccinations have not educated themselves fully on the topic. The better question to ask would be, "Are parents who currently vaccinate their children fully informed on the issue?"

If the goal is to ensure that parents are informed about both sides of the issue, what about the parents who never take the time to investigate the alleged severe side effects of vaccines? If we are going to mandate that parents who opt out should spend 15 minutes to do something they could already do for themselves, why not be fair and impartial by requiring equivalent measures be taken by the parents who don't opt out?

When it comes down to it, the government ought to be fair and equitable in its policies. It should either require both groups of parents to hear both sides or require neither — as Colbeck's bill does.

Time to suffer: Friendly reminder that finals are approaching

Simon Albaugh Staff Reporter

hink of yourself standing under a waterfall. The water is slowly rushing over you, and the energy is flowing from nature into you. It's only when you completely let yourself become one with the water and energy that some asshole drops a tire down the waterfall.

That wasn't a relaxation exercise. It was a metaphor for finals. It'll sneak up on you like a tire thrown at your head while you're doing yoga — or whatever people do under waterfalls besides getting soaking wet. The point is, you can't let this stuff take you by surprise like . . . well, like 50 pounds of rubber to the skull.

So, I'm just here to gently remind you that you've probably done nothing since the semester started. You haven't gone to class at all, and it turns out the textbook you've "totally been reading" actually hasn't been used once in class. I'm just here to be gentle.

You know how it's been hard to keep your classes straight from one another? I'm looking at you, the one who put as an answer, "John Hancock signed the Declaration of Independence on July 4, 1776." Which, by the way, is wrong. But that doesn't matter because you wrote it as an answer for a chemistry midterm. You know, I'm gently reminding you that you probably shouldn't do that again for finals.

I'm just trying to ensure that you make it through this semester. Because, if you don't, you're going to be working at a fast-food restaurant for the rest of your life. That's not a choice either. Trump is probably going to sign a deal with McDonald's sooner or later. And the lunch rush is NOT as gentle as I'm trying to be here.

What about the depression you'll fall into when you drop out? If you thought stress was bad, try watching reruns of "Friends" all day while maneuvering around a pyramid of empty Ben & Jerry's pints. The ice cream will go into your mouth and straight down into your thighs. Then, you'll aimlessly surf the web for "business-formal sweatpants."

For the people who think finals are going to be a breeze: Are you sure? I know you've been working hard all semester, going to class every day and making sure you do well for yourself, but aren't you forgetting something? Something small, but really important? I'd check on that if I were you. I really would.

Now am I being the "bad guy" here? Probably. But damn it, if I can help just one of you from the cesspool of missing assignments and failure to learn a single thing this semester, then I'm going to do everything I can.

If I save one person from a life of not having a totally rad bachelor's degree in "Whatever," then I'll consider my job complete. I have finals, too, so I'm kinda low-balling this goal of mine as much as possible. Then again, if I was really studying, I wouldn't be spending two hours writing this to you.



Photo Illustration by Nowshin Chowdhury

Sarah now has a bill of \$2,998.27 to pay. This is why you don't break up with perfect people.

How to win after a breakup: A foolproof guide to coping

Simon Albaugh Staff Reporter

Everybody's been dumped. Everybody's dumped someone — I'm looking at you, SARAH. But most importantly, everyone's been a sore loser after the whole ordeal is

Well, I'm telling you right now that you don't have to be the loser after someone, like Sarah, tears your heart out of your chest and eats it as an entree with her new, uglier, boyfriend. You can still come out on top after someone ruins your life.

I've come up with a five-step program to make sure you don't ever have to be the one listening to sad music as you delete pictures that you thought were going to be on the mantle of the stone fireplace in your Tudor-style home in the suburbs THAT WE TOTALLY COULD'VE HAD, SARAH! Instead, you'll win the breakup.

Step 1:

Don't accept the breakup.

Say, "No, you're not dumping me. I'm dumping you!" This gives you the opportunity to feel in control of

the situation. When I did this, Sarah called me petty. But that's a small price to pay for coming out of what I originally thought would be the worst moment of my life emotionally unscathed.

Step 2:

Before he/she walks away, make sure to collect all the money that was wasted on dates and well-thoughtout gifts.

I decided to include the cost of the hours I spent writing poetry for her.

Sarah didn't like the poems because her soul is too ugly to appreciate beautiful poetry. She still owes me \$2,998.27.

Step 3:

Tell the person you're pregnant.
I'm a guy, so for about three minutes this freaked the hell out of Sarah.
She started pacing and saving that

utes this freaked the hell out of Sarah. She started pacing and saying that she "couldn't have a baby right now," and almost started crying. Then she just slapped me and walked away.

Step 4:

Go to a senior-living community, say you're volunteering to bring a senior citizen out into the real world,

go to the restaurant where your ex and his/her new significant other are on a date, and don't stop talking about how much of an upgrade your date is from him/her.

This is almost the pettiest thing I could think of. I thought this was my crowning achievement until . . .

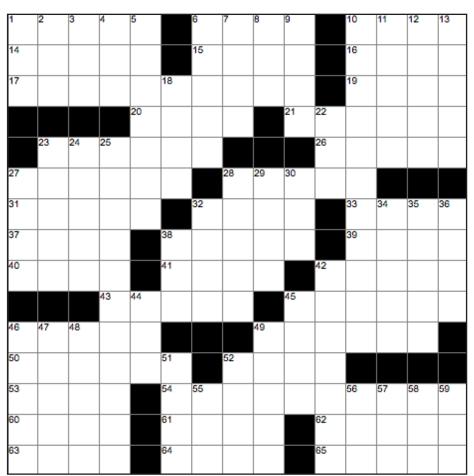
Step 5:

"Randomly" run into him/her five years later and tell him/her about how the breakup made you realize you weren't emotionally mature enough for a relationship at the time. Talk about how you started working on yourself more and trying to make something out of your life after the breakup. Then, when he/she asks if you'd like to get coffee or something, tell him/her no because he/she is fat, ugly and smells bad.

This process came from years of research and is proven to work. Just ask Sarah, who I couldn't get a testimonial from. Probably because of how petty she is.

But regardless, I hope the best for those who use this process. It's emotionally cathartic and truly a gratifying act for your confidence.

Puzzles



Across

1: Stuffs to the gills

6: Con job

10: Airport vehicles

14: Clay brick

15: Fortune

17: Gog and Magog at

Armageddon, e.g.

19: Hayloft block

28: Spanish 'n' topper,

sometimes

31: ____ Deployment Force (one 4: Fall off, as the tide

37: Harbinger

38: Much teen talk

39: 'Hold your horses!'

40: Fiery stack

45: Bible text segments

46: Social system sector

16: Assist larcenously

20: Became threadbare

21: Squelch

23: Scatters

26: Paid to play

27: Female fowl

Marine division and four Army 5: Kelp, e.g.

divisions)

32: 'Flee, fly!'

33: 'Terrible' phase

41: Hems partner

42: In a daze

43: Shoots out

49: Taken to the cleaners

50: More than dislikes

52: Spherical shooters

53: Parade spoiler

54: Flower displayed at

Christmas

60: Piece of property

61: All tucked in

62: Hibernation locales

63: Small birds

64: Disposes (of)

65: Submerges

Down

1: Pouch in the body

2: Time-wasting bother

3: Quarterback Brady of the

Patriots

6: Practices punching

7: French film

8: Peak stat

9: GI's diner

10: Pride of the kitchen,

perhaps

11: To the rear

12: Ball bigwig

13: Spirited horse

18: City relative

22: Small amount 23: Sordid

24: Kind of candle

25: Ornaments that resemble

diamonds

27: Stage piece

28: Loses solidity

29: Charged particles 30: Item placed on andirons

32: Deli side

34: '___ Line Is It Anyway?'

35: Flowed slowly

36: Simon _

38: '___ Loves You'

42: Sneaky sorts

44: A pop

45: Nonvulgar swearing

46: Diamond weight

47: Crude counters

48: It might be stuffed or cuffed

49: Smooths, in a way

51: Train for a title fight

52: Even-steven

55: 'Shogun' sash

56: Mai

57: Tenth wedding anniversary

gift

58: Tick off

59: Balaam's mount

Answers to the crossword

can be found at http:// freecrosswordpuzzles.com.au/ M13-4-2017-crossword.aspx

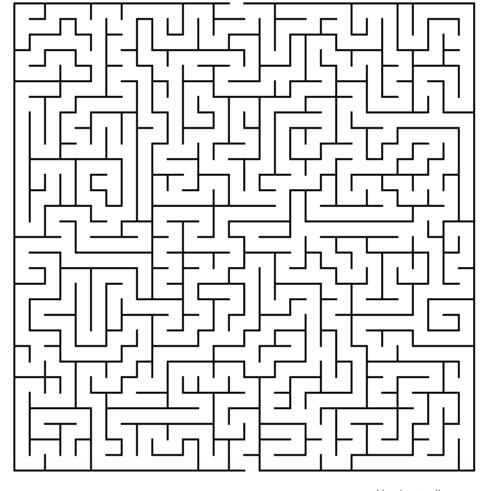
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16 April 12, 2017 // The Oakland Post www.oaklandpostonline.com

Sports



Courtesy of Neal Ruhl

Oakland University alumnus and current men's basketball assistant coach Drew Valentine was named to the 2017 Under Armor 30-under-30 team.

Valentine top coach under 30

AuJenee Hirsch Staff Reporter

akland men's basketball assistant coach Drew Valentine has been named to the 2017 Under Armour 30-under-30 Team. Valentine joins predecessors Jon Scheyer of Duke University and Greg Paulus of Ohio State University.

The award was presented by the National Association of Basketball Coaches on Sunday, April 2 at the AT&T NABC Guardians of the Game Awards Show. The event was held at the Orpheum Theater in Phoenix during the annual NABC Convention and was held in concurrence with the 2017 NCAA Men's Final Four.

"It's an honor," Valentine said.
"It's very humbling, and it makes
me feel lucky that I'm in a position to have a coveted position
coaching Division I basketball at
such a young age."

During his time on the Oakland men's basketball team, Valentine was named the All-Time Winningest Player in school history, made back-to-back trips to the NCAA tournament in 2010 and 2011, and won 87 games during his four years at Oakland. By the end of his career, Valentine had played 136 games, the secondmost in school history.

When Valentine graduated

from Oakland in May 2013, head coach Greg Kampe said he believed Valentine would make a good basketball coach. Kampe contacted Michigan State head coach Tom Izzo and told him about Valentine. Soon after, Valentine was accepted as a graduate assistant for the MSU men's basketball team.

"I thought, as a leader, he was one of the best I ever had, and he's very knowledgeable and wanted to coach," Kampe said. "So Tom [Izzo] took him as a GA, we got him back after two years, and now, he's been with me for two years. The award that he got was most deserving. I do think he's one of the top coaches in the country under 30 years old. I think that his future is very bright."

At 24, Valentine was hired by Kampe on July 1, 2015, and became the youngest full-time assistant basketball coach in Oakland history. He just finished his second season as a member of the men's basketball coaching staff. Since he joined the staff, the Golden Grizzlies have won 48 games and their first-ever Horizon League regular season championship.

"I've been able to recruit some good players," Valentine said. "Our players don't look at me like I'm too young to be out here. They respect me, and I'm really lucky they allow me to [coach them]."

Valentine said the award not only recognizes him, but the Oakland men's basketball program, as well.

"I think that for me to be on the team, and for me to be the person speaking on behalf of [Oakland Athletics] at the NABC Guardians of the Game Show, shows how respected and strong our program is nationally, our brand and coach Kampe," Valentine said. "Our players are the reason why I'm able to get an award like that."

Valentine said he views Kampe as a mentor who has helped him become the coach he is today.

"I think he has the blueprint for success, and everybody has it a little differently," Valentine said. "I worked at Michigan State for Coach Izzo, and he does things one way, and being here working for coach Kampe, he does things [another] way. It's just an honor to work under somebody that's had such a great career."

Looking to the future, Kampe recognized Valentine's potential.

"Drew [Valentine] has a bright future, whether he stays at Oakland in the long term or whether he leaves in the short term and moves up the coaching ranks," Kampe said. "I do think Drew will be a head coach at a Division I institution before his time is done. I think he's going to be a superstar

THE SPORTING BLITZ

Baseball at CMU

The Oakland baseball team fell to the Central Michigan Chippewas in its midweek matchup on Wednesday, April 5.

After falling behind early with a six-run deficit in the third inning, the Golden Grizzlies got on the board with two runs in the seventh inning. However, the Chippewas responded with three runs for a 9-2 lead heading into the eighth. Oakland rallied to tighten up the score in the ninth, but ultimately fell 9-7.

Baseball at UIC

After moving the series to UIC, Oakland traveled to Chicago to take on the Flames in a three-game series April 7-9.

In game one, Tyler Palm threw seven innings, giving up four runs as the Golden Grizzlies fell to the Flames 5-1. Jonah Lakatos came in relief for Palm, tossing one inning and allowing one run. P.J. Piesko closed out the game. Oakland's only run came in the ninth inning with a solo home run by Zach Sterry.

Game two went to the Golden Grizzlies 6-3 behind Jake Lee's start on the mound. Lee threw six innings, allowing three runs, striking out three and picking up the win. Offensively, Matt DiLeo hit a three-run homer in the first inning, and Tyler Pagano blasted a two-run homer in the third. Sterry picked up an RBI as well, with a single in the first inning.

Game three went to the Flames 14-7 despite the offensive success of the Golden Grizzlies. Oakland scored four home runs in the game from Tyler Janish, DiLeo, Sterry and Pagano.

On the mound for Oakland, Conor Bowers started the game, pitching 2.2 innings and giving up six runs. T.J. Shook came in relief for Bowers and gave up five runs in two innings pitched. Cole Gibson pitched 1.1 scoreless innings, then Aaron Dehn gave up two runs in two innings, and Nate Schweers pitched the final inning, allowing one run.

Women's golf at BGSU

The women's golf team had two Golden Grizzlies finish in the top 10 at the Dolores Black Falcon Invitational. Fiona Schmidt finished runner-up with a two-day score of 148 (+4), while Maddelyn Zack shot a total score of 156 (+12), good for sixth place.

The Golden Grizzlies finished fourth as a team with a score of 637 (+61). The Golden Grizzlies finish up the season with the Horizon League Championships April 23-25.

Stuard in Masters Tournament

Oakland men's golf alumnus Brian Stuard competed in his first-ever Masters Tournament beginning Thursday, April 6 and going through Sunday, April 9. Stuard finished 6-over-par with a total score of 294 (77-70-74-73). He finished in a tie for 36th place.

Tennis at CSU

Amanda Nilsson picked up a win in her No. 5 singles match 6-3 to give Oakland its only win on Saturday, April 8. The Golden Grizzlies fell to Cleveland State 6-1 Saturday afternoon at the Medical Mutual Tennis Pavilion.

Tennis at YSU

Oakland Tennis rounded out the weekend with a matchup against YSU on Sunday, April 9 at the YSU Tennis Courts. In the No. 1 singles matchup, Allison Motea earned her fifth win of the season.

Daria Artamonova also picked up a win in No. 2 singles, along with Sofia Borcuti in the No. 6 singles spot. The Penguins swept the Golden Grizzlies in the doubles competitions and took the win from Oakland 4-3.

Compiled by Melissa Deatsch Staff Reporter

Softball takes down CSU in midweek series

Oakland picks up first Horizon League sweep

> Katie LaDuke Staff Reporter

ue to inclement weather, what was supposed to be a home game was moved to Madonna University, where Oakland softball hosted Cleveland State University for a three-game series on April 4-5. Oakland swept the series and improved its record to 5-4 in the Horizon League and 12-14 overall.

"We really felt the energy boost coming into this series," freshman shortstop Jamie Squires said. "No matter what happened, we stayed up, and nobody fell down."

In the first game of the doubleheader on Tuesday, Haley Zemmer started in the circle and went all seven innings, giving up only one earned run. This complete game marks Zemmer's third win of the season.

"Being confident on the mound is the most important thing," she said. "For my game, it's just knowing my team has my back, and it definitely showed this series."

At the plate, Lyndsay Hill, Mikayela Marciniak, Devon Smith, Squires and Rachel Zerona each recorded one run. Oakland got on the board first due to a CSU error in the second inning. CSU was quick to answer in the top of the third inning by putting up its lone run of the game. In the sixth inning, the Golden Grizzlies tacked on four more runs with a home run from Squires and three RBI singles. Oakland topped CSU 5-1.

"The biggest turning point of the game was Jamie's home run," Zemmer said. "It was a big switch that helped us get more runs and to push through."

Game two of the doubleheader turned out to be a five-inning, 15-hit slugfest for the Golden Grizzlies. Oakland struck first with three runs in the first inning, followed by a five-run sec-

ond inning. Three runs in the third inning and four runs in the fourth gave Oakland a 15-run total.

Marciniak led the offensive charge with five RBIs, and Squires recorded four of her own. Starting pitcher Erin Kownacki held Cleveland State to just one run on five hits to get the 15-1 win.

"I think once we just started going, the hits wouldn't stop," Squires said. "We felt the flow, and we just kept going. When I hit [the home runs], I thought they were just going to be fly outs, but the wind was on my side."

In the final game of the series, Oakland scored first. In the second inning, Brittney Miller led off with a double and eventually scored on a CSU error. Cleveland State quickly responded with three runs in the third inning.

However, the Black and Gold pulled ahead 5-3 in the bottom of the third with RBIs from Miller and Lauren Mead, along with two runs off of Viking errors. One more Oakland run in the fourth inning came from a sacrifice fly by Hill to score Zerona.

CSU added a final run late in the game, bringing its total to four runs. After coming in relief for Kaley Waalkes in the third inning, Kownacki picked up her second win of the series with a final score of 6-4.

"I think we got closer as a team, we're working really hard, and I think we are going to win this weekend," Zemmer said.

NEXT GAME

4 p.m. ET on Friday, April 14 at Wright State University

HOW TO FOLLOW IT

Live stats on GoldenGrizzlies.com

MORE INFORMATION

For future games, check out www.goldengrizzlies. com/sports

Softball conquers weekend series

Golden Grizzlies bring their record to 15-14 overall

> Katie LaDuke Staff Reporter

Oakland softball once again called Madonna University "home" as it hosted Green Bay for a three-game series April 8-9. Pushing their winning streak to six games in a row, the Golden Grizzlies took the series 3-0 to move their record to 8-4 in the Horizon League.

"We've been playing great lately, so it was a little unexpected that we started playing a little off with our defense," head coach Connie Miner said in a postgame GrizzVision interview. "Some games come easy, and some you're challenged, so it's really how you respond to it."

Opening the series on Saturday, starting pitcher Erin Kownacki earned her eighth win of the season in a complete game with eight strikeouts. Offensively, Kelsie Swanson led the team with three RBIs off of a two-run triple and a sacrifice fly. Lyndsay Hill went three-for-three with two doubles and a single, and Lauren Pletscher added a double and a single.

Green Bay struck first, capitalizing off of an Oakland error with two runs in the first inning. Oakland responded with two runs of its own in the second inning.

The Vikings took a 3-2 lead in the fourth, but the Golden Grizzlies once again tied the game in the bottom of the sixth.

With two outs in the bottom of the seventh inning, Mikayela Marciniak dropped a bloop single on the left field line to score Hill for the winning run.

- (1

We had a great first game. Whenever we can get the win, it's a good day. We've being doing good things and just have to carry that over.

Connie Miner Head Coach Oakland University Softball

"We deserved that blooper after all of the line drives we hit," Miner said. "We hit some shots, but right at people. We just have to be aggressive, defensively and offensively, to be in great shape."

In the first game of Sunday's doubleheader, the second game of the series, Haley Zemmer started on the mound, earning a complete-game win in six innings. Zemmer picked up four strikeouts and only allowed two earned runs.

Offensively, Hill recorded four RBIs, Jamie Squires added three runs, Brittney Miller added two runs, and Marciniak picked up one RBI.

The game was tight through the first six innings. However, Oakland added to its 4-3 lead with seven runs in the sixth inning off three hits and a Green Bay error. The Black and Gold topped the Phoenix 11-3.

"We had a great first game," Miner said. "Whenever we can get the win, it's a good day. We've being doing good things and just have to carry that over."

In the series finale, game two of the doubleheader, Kownacki made her second series appearance in the circle. She went all seven innings, picking up five strikeouts and giving up just one earned run.

Oakland collected two runs in the first inning on an RBI single from Marciniak and an RBI double from Swanson. Green Bay got on the board in the third inning with one run, then added another in the top of the seventh inning to tie the game 2-2.

In the bottom of the seventh inning, Squires hit a walk off double to score Abbey Walewski for the winning run. The Golden Grizzlies swept the series with a final score of 3-2 in the last game.

"We did a lot of great things today," Miner said. "We had to grind out that second game . . . [Squires] had a walk off [hit] to win it, and she played amazing defense. She made some plays at shortstop that were amazing. We're looking forward to a break after eight games in nine days."

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lan Levinson / The Oakland Post

Men's basketball assistant coach Cornell Mann talks with Sherron Dorsey-Walker during practice.

Cornell Mann lands assistant coaching position at Mizzou

AuJenee Hirsch Staff Reporter

Assistant coach of the Oakland men's basketball team Cornell Mann will be leaving to join the University of Missouri coaching staff for the 2017-18 season.

Mann was hired to replace Dionne Phelps, who left last offseason to spend more time with his family. Losing Mann will mark the third consecutive year that Oakland's men's basketball team has lost a member of its coaching staff.

"It's a great opportunity to work for Cuonzo Martin, who I feel is one of the best basketball coaches in college basketball," Mann said. "I believe in his mission, and I believe in what he's all about in terms of his direction of young people."

Mann said he enjoyed his experience with the Golden Grizzlies.

"My Oakland experience was awesome," he said. "... The players are really, really good. I think we had a good year. I think the world of what they're going to be able to do next year... Coach [Greg] Kampe has been there for 33 years, and for someone to have been at one place for that long and is now taking the program to the highest of its heights, that's awesome"

Mann was a big factor in landing University of Illinois transfer Kendrick Nunn and incoming freshman James Beck of Grand Rapids Christian High School. Both recruits will be important additions to the roster next year. Head coach Kampe said losing Mann will not affect recruiting for the men's basketball team.

"We move on," Kampe said. "He was only here for a year, and the key in recruiting is this university and the players. The players are who recruit... other kids to come because of the players that we have and the environment that they're going to be in."

Even though Mann's move to Mizzou may not affect recruiting, his absence will be felt by the members of the team.

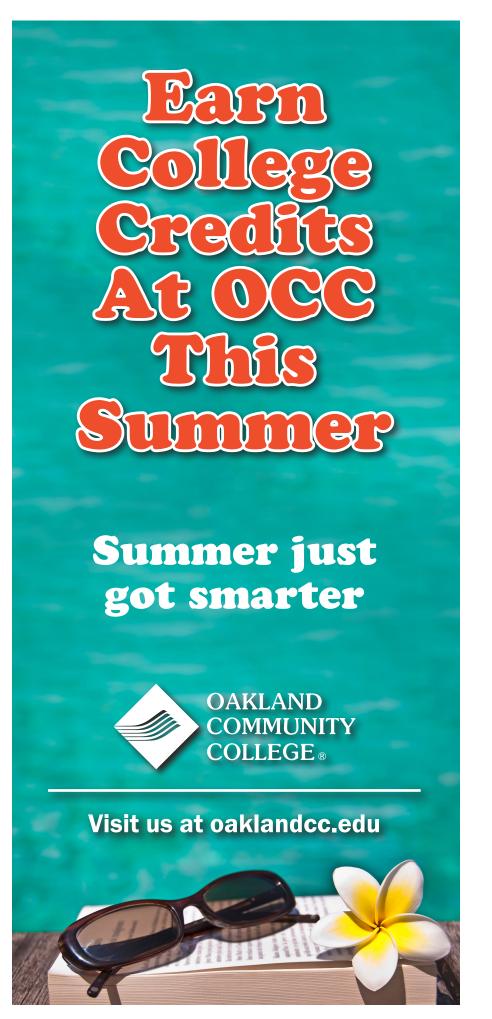
"I feel like having his mentorship and knowledge of the game was great," senior Sherron Dorsey-Walker said. "He had a 7:30 a.m. group every day. Some days, he didn't have to do it, but he sacrificed his time. We practice at 10 a.m., but he was waking up at 7, getting shots up with the guys."

Though he wishes Mann had stayed with the team longer, Dorsey-Walker said he understands the importance of this opportunity.

"It's well-deserved for him," Dorsey-Walker said. "I feel like coach Mann is a great coach, and I feel like he should have gotten a head coaching job somewhere. I think volumes of him because he's all about the players. He's always there to help us with anything in life, and he has more than enough [experience] to be a head coach at the college level. This opportunity was great for him."

Oakland Athletics has started the process of hiring a new assistant coach to replace Mann.

At Mizzou, Mann will be joined by University of Missouri-Kansas City's Chris Hollender and University of Washington's Michael Porter Sr., according to Mizzou's April 5 press release. With the addition of these three assistant coaches, the Tigers will have coaches with more than 30 years of combined experience at the Division I level.



Cheer team takes sixth at NCA Nationals

AuJenee Hirsch Staff Reporter

he Oakland University cheerleading team traveled to Daytona Beach, Florida, to compete in the National Cheerleaders Association Collegiate Nationals April 6-8. The Golden Grizzlies earned sixth place.

"We were hoping to get a little bit higher than that, but we were definitely excited," head coach Kara Krawiecki said. "We were really super excited when we made it to finals after the first preliminary competition."

The preliminaries were held Thursday, April 6, and the finals were held Friday, April 7 at the Ocean Center. Oakland was put into the Intermediate Small Coed Division I category, competing against 14 other universities, including Kent State University and Florida International University.

The competition was bittersweet for senior Alise Manatine.

"There's definitely mixed feelings of happiness, anxiousness and even sadness knowing that it will be the last time I ever get to compete a routine with these people ever again," Manatine said. "Right before I step on the mat, I have a feeling of pure happiness knowing that I get to show everyone how great my team is and how hard we've worked all year just for three minutes on the mat to perform."

In the weeks leading up to nationals, the team faced obstacles such as members leaving the team or being injured two weeks before competition. This was also Krawiecki's first year coaching collegiate cheer. However, Golden Grizzlies continued to push forward.

"I think the team did incredible this year with a new coaching staff and our first year competing as a small coed team," junior Stephanie Gorham said. "We had several obstacles thrown our way. We faced them and still came out on top. As a third-year on this team, I couldn't be more proud."

After receiving its results, the team members rented out a restaurant, dressed in their best attire and spent the night with celebrating with family and friends.

In addition to dinner, Oakland participated in Stunt Fest, an event where cheerleaders from different teams get together to perform different stunts and tumble.

With this being Oakland's first year competing at the NCA Collegiate Nationals and Krawiecki's first year as a coach,



Courtesy of Oakland Cheer

Oakland's cheer team traveled to Daytona Beach to compete in the NCA nationals and placed sixth.

there were a lot of things Krawiecki said that she wishes she had done differently.

"We're going to start learning the routines that we're going to be doing a lot earlier in the season and make sure we have a lot more people on the team next year," Krawiecki said. "... So, hopefully, we'll have people as alternates to fill in if we have injuries."

Krawiecki said, even though the team did well this year, the program will continue to improve in the years to come.

"I'm really happy that I'm coaching at Oakland, and I'm really excited for the future of the program," she said. "We have definitely made a lot of great strides to the program this year, and we're just going to keep rising higher in years to come."

Track and field takes down Titans in dual meet

Melissa Deatsch Sports Editor

Track and field had its first outdoor home track meet of the season on Saturday, April 8. The Golden Grizzlies hosted rival University of Detroit Mercy in the annual Detroit Dual meet. Both the men's and women's teams emerged victorious over the Titans.

The second consecutive sweep

in this meet for the Golden Grizzlies came with many first-place and record-breaking performances. Gino Vitella broke the school and meet record in shot put, throwing a distance of 58 feet, 8.75 inches.

"The success of this season is a result of me learning from the previous seasons," Vitella said. "I've been through a lot of meets where I didn't get a valid throw, and I had to figure out what went wrong and correct it. I've also come a long way in learning how to compete and figuring out the little things to correct in my technique."

Vitella also broke the meet record in discus, throwing 170 feet, 3 inches. Many other Golden Grizzlies followed suit with first-place finishes. Bryce Stroede and Rachel Levy placed first in the 3,000m and set new school and meet records with times of 8:26.01 and 9:43.88, respectively.

Dana Tessmer got first place and set a meet and school record in pole vault with a height of 11 feet, 5.75 inches, while Austin Dawn set a meet record in the 800m with a time of 1:54.09. Additionally, George O'Connor took home first in the mile with 4:14.27, Ashley Burr won first in the 1,500m with 4:43.98 and Nicole Martinbianco finished first in the 100m dash with a time of 12.64.

In field events, Angela Ciaravino picked up two first-place finishes in high jump and javelin with 5 feet, 3 inches and 99 feet, respectively.

The meet was special to the

athletes because not only was it an opportunity to play at home, it was also senior day. The men's team's 13 seniors and the women's team's 16 seniors were honored before the meet.

"It was a bittersweet moment to think that this was my last senior night ever, but I honestly wouldn't want to be a part of any other senior class," Vitella said. "I have a lot of memories with this group through the four years we've been here that will last a lifetime. We have an extremely talented group that practically molded this program into what it has become."

Head coach Paul Rice spoke to the importance of being able to honor the seniors at home before the event.

"That was really the most important part of the day for me," Rice said in the post-meet Grizz-Vision interview. "It's a huge group of seniors, and it was great to get an opportunity to honor them and recognize them . . . it was a great day all around."

Home meets were not something these seniors got to experience in their first year as Golden Grizzlies. The track and field facility used now did not exist until the 2015 outdoor season.

"It's a whole different feeling, being able to wake up and walk right to the meet and compete in a place where I've been practicing for a long time," Vitella said. "When you're at home, you have a certain feel for the facilities, and there is an extra level of comfort that comes when you've been practicing in the same shot put, discus or hammer ring your entire career. Home-court advantage exists in track and field, too."

Rice reiterated the same sentiments about competing at home, noting that having the crowd makes the experience more fun for the athletes, as well.

"The great thing about home meets is that your athletes get to perform in front of their home crowd," Rice said. "That's something that we really relish now in our third year in this facility."

The teams return for one more home meet of the 2017 outdoor season April 14-15 as they host the Golden Grizzly Invite.



Mary Mitchell / The Oakland Post

The Golden Grizzlies defeated rivals University of Detroit Mercy in its first outdoor home meet of the season.

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