





ontheweb

Fans gather in downtown Detroit to participate in the 12th annual Youmacon.

www.oaklandpostonline.com



Nov. 9 presidential election, the Feminists of OU have arranged a peaceful protest against the new presidentelect for 12 p.m. on Wednesday, Nov. 16. The protest will begin at the Elliott Tower. NOWSHIN CHOWDHURY // The Oakland Post

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TURKEY DRIVE

NRHH's Turkey Drive is collecting canned goods and money to buy turkeys for families in need.

PHOTO / ELYSE GREGORY



FORKS AND KNIVES

A student health and wellness coordinator gave some tips on how to eat right on campus.

PHOTO / ELYSE GREGORY



SWIM AND DIVE

At Saturday's meet, the men's swim and dive team beat EMU 160-140, but the women's team lost 193-107.

PHOTO / BOHDANNA CHERSTYLO

POLL OF THE WEEK

How will you be spending Thanksgiving?

- A Eating
- B Working retail
- c Waiting in line for Black Friday sales
- D Fighting my conservative family

Vote at www.oaklandpostonline.com or on Twitter @theoaklandpost

LAST WEEK'S POLL

Which country are you moving to now that the election is over with?

A) Mexico

16 votes | 8%

B) Canada

94 votes | 47%

C) Cuba

24 votes | 12%

D) Mars

67 votes | 33%

THIS WEEK IN HISTORY

NOVEMBER 19, 1984

Former OU student Kenneth Randall was fatally shot at Waterworks Park in Detroit. Randall helped form the Omicron Mu chapter of Alpha Phi Alpha at OU. A man was charged with his murder.

NOVEMBER 15. 2006

Fifteen people were interviewed by The Oakland Post about the election. Ten didn't know a single ballot issue, and five could only identify one. They shared apathetic feelings, saying the election "won't affect me."

NOVEMBER 16, 2011

The GOP debate was held at OU, and 3.33 million viewers tuned in to CNBC. Candidates discussed federal student loans and whether or not they should be provided.

BY THE VETERAN'S DAY

the first year Veteran's Day was celebrated as a national holiday

military veterans are in the U.S. as of 2016

18.8 billion 3.9 million 9.3 million

veterans have serviceconnected disabilities

American veterans are 65 and older

Perspectives

The views expressed in Perspectives do not necessarily represent those of The Oakland Post.

A message from President Hynd regarding the presidential election

This week's presidential election brought to a close a long, contentious and divisive campaign season, but has not erased the confusion, anxiety and even fear that some feel as a result of a number of ideological assertions that have been made along the way. Some of these ideas have focused on people's country of origin, race, abilities and other qualities that call to mind differences rather than the commonalities that unite us.

I want to assure you that regardless of what is taking place in national politics, Oakland University will remain committed to providing a warm, welcoming and supportive environment that embraces diversity, equity and inclusion for all people, whether they come from near or far.

As a campus community, we are at our best when we come together to respectfully engage in dialogue across ideological differences; support any who feel marginalized, threatened or unwelcome; and actively pursue knowledge and understanding rather than rhetoric and hyperbole. I am confident that we will continue to do these things, and I believe there is no more important time to do so than now.

Also, and as always, there are a number of campus resources available to students, faculty and staff interested in discussing concerns or

seeking support.

These include but are not limited to:

- The Dean of Students Office
- The International Students and Scholars
- The Center for Multicultural Initiatives
- The Gender and Sexuality Center
- The Office of Disability Support Services
- The Office of Diversity, Equity and Inclusion
- The Office of Inclusion and Intercultural Initiatives
- The OU Counseling Center
- The SEHS Counseling Center

I and the campus leaders and staff who provide outstanding support through these offices strongly encourage anyone feeling unsettled or uncertain in the wake of the election to take advantage of the services they offer.

I know this community will proudly embrace the opportunities before us to live and grow in concert with our University values. Elections are often times of great change, but please know that OU's institutional values, culture and goals will continue to stand firm.

Thank you, George W. Hynd President

Editor's note: A call for perspectives

In the wake of the presiden-Ltial election, The Oakland Post would like to remind students. faculty and staff that they are welcome to submit Perspectives pieces and Letters to the Editor to the paper.

We publish these contributions online and in print.

If you disagree with any of the pieces in our Perspectives section this week or at any time, please

feel free to write a response that presents your point of view.

The Oakland Post hopes to continue its role as a forum for campus voices from ALL points of view.

Submissions can be sent to editor@oaklandpostonline.com. All articles are edited for grammar and clarity, and authors are contacted regarding any changes.

Corrections Corner

The Oakland Post corrects all known errors of fact.

If you know of an error, please email editor@oaklandpostonline.com or call (248) 370-4268. You can also write us at 61 Oakland Center, 312 Meadow Brook Road, Rochester, MI 48309.



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Political Focus: The LGBT community's concerns about President-elect Trump

Melissa Deatsch

Political Columnist

n Election Day, the world was shaken by a Trump victory that perhaps no one other than Trump himself saw coming. The outcome has



resulted in protests forming in cities all over the country. Some are peaceful, some are turning violent.

A Trump presidency has sent many communities into a complete panic. One of those is the LGBTQIA+ (LGBT) community. This week, Political Focus examines the concerns raised by the protesters in regard to LGBT legislation and examine how legiti-

mate these concerns may be as we head into a Trump presidency.

Trump's statements so far

As The New York Times wrote, "Mr. Trump has no reputation for personal animosity toward gay people." It pointed out Trump's comments that transgender people should "use the bathroom they feel appropriate." He also offered his condolences after the Pulse nightclub shooting that took place in Orlando in June.

A Republican LGBT political group, the Log Cabin Republicans, called Trump "perhaps the most pro-LGBT presidential nominee in the history of the Republican Party," but did not back him in the election.

Trump was also the first GOP nominee to make a positive mention of LGBT people in his Republican Convention speech.

Therefore, it isn't Trump himself that is making some of the concerns of the LGBT community legitimate. Responsibility for this lies more accurately on Vice President-elect Mike Pence and the standard views of the Republican Party, both of which have a record of opposing LGBT equality.

U.S. Supreme Court nominees

Progress was made throughout President Barack Obama's administration in regard to rights for the LGBT community. Now, with Trump in charge of nominating Supreme Court justices, fear is spreading that some of this progress will be reversed.

In 2015, the Supreme Court ruled 5-4 in favor of marriage equality. Since then, Antonin Scalia, the most conservative-leaning of the justices at that time, has passed, leaving a vacancy for Trump to fill.

Since Scalia was the fiercest of those in dissent of the ruling, it would be hard for his replacement to have an equal effect on the outcome of any future arguments placed in front of the Supreme Court, leaving the marriages of same-sex couples safe for now.

The LGBT community's concerns would become more legitimate if any additional seats became vacant during the Trump presidency, which is quite possible, as the average age of retirement for Supreme Court justices is 78.

Liberal Justices Ruth Bader Ginsberg, Anthony Kennedy and Stephen Breyer are currently serving at ages 83, 80 and 78, respectively.

However, many activists are optimistic that by the time they retire, society will have become adjusted to the idea of same-sex marriage, and the 2015 ruling will stand.

Transgender treatment legislation

Obama has advocated for schools to treat students by their gender identities, not the physical genders they were born with. This was met with criticism by many conservatives, notably including Vice President-elect Pence.

As the current governor of Indiana, Pence has opposed marriage equality and signed legislation that allows businesses to refuse service to LGBT people by citing religious freedom.

Trump himself has said that transgender students should be protected by the law, but says legislation should be left up to the states. Based on his previous statements, I don't yet foresee any changes to federal law regarding LGBT rights.

Are we a country of racist, sexist, white supremacists?

Isaac Martin

Political Contributor

The results are in, the votes have been tallied. Tears have been shed, protests have been launched. America, Donald J. Trump will be our next presi-

dent.



In the aftermath of the general election, the talking heads, political pundits and wisecrackers of all stripes have deposited their two cents into the piggy bank of public opinion.

Yet, despite the reams of paper printed on the results within the span of only a week, two questions still need to be answered: "What does this election say about us as a people?" and "What should we do now?"

In many battleground states, as it was in Michigan, Trump's margin of victory

was razor-thin. This election was unquestionably a mandate, but what exactly does that mandate say about us as a nation? Does this election mean that we are a country of racist, sexist, white supremacists? No.

Rather, the message proclaimed was that we as a people are fed up with political gimmicks (duh!) and tired of the business-as-usual mentality when the ship is taking on water. We are not a nation of Trumpaphites, but rather a coalition of disenchanted workers, a few Trumpets and many fearful of a Clintonian cataclysm.

Now that a Trump presidency is a surety, the question is "Now what?" How do we respond?

First, we cannot cut ourselves off from those whose votes, or lack thereof, we find disagreeable.

If there is one thing we can learn from this election, it is that shouting, name-calling and personal attacks won't solve our problems. They may make us feel good, but that is a purely selfish motive; we must be considerate of each other as we disagree. There is a great deal of irony in seeing people yell and scream (and do worse) over a man who yells and screams.

Second, no matter who our leaders are, we must give proper honor to them. It is not "cool" to slam on our leaders, regardless of what they have done

We don't need to always agree — in fact, there are many things we will need to vehemently oppose — but we must do so tastefully, gracefully.

Finally, we must rebel against the cultural norms of our generation. We need to submit to those in authority over us. Yes, in America, the authority to govern resides in "We the People." But now that Election Day has passed, we must abide by our choices and obey the decisions of our leaders. If we do not, anarchy is but a short distance away.

In little more than 60 days, America will swear in perhaps the most uncouth and lewd man to ever stain the noble title of President of the United States

America. Like it or not, we have made our choice and now must live with it.

However, these next four years need not be like the last four months. Instead of following the example of our politicians, let us show them how to disagree — not with vitriol, but with a generous measure of tact and forbearance.



Academic left shelters students from diversity of thought

The unpredictable nature of politics is a truth that should not be avoided

Alex Stevens
Political Contributor



ast week, after the election of President-elect Donald Trump, Oakland University President George Hynd released a let-

ter to students and faculty reminding us "that regardless of what is taking place in national politics, Oakland University will remain committed to providing a warm, welcoming and supportive environment that embraces diversity, equity and inclusion for all people, whether they come from near or far." (See page 3)

Included in the letter was a list of support services for individuals who may be "feeling unsettled or uncertain in the wake of the election." This list included various university counseling centers: the Multicultural Initiative Center; the Gender and Sexuality Center; the Office of Inclusion and Intercultural Initiatives; the Office of Diversity, Equity and Inclusion; the Dean of Students Office, the International Students and Scholars Office; and the Office of Disability Support Services.

For those who are left wondering how or why Trump was elected president last week, you should look no further than this response by the university.

The reason students and faculty can't comprehend how someone like Trump could be elected the president of the United States is because they have demanded universities shelter them from the people and ideas that have brought Trump to power.

Instead of creating an environment where students and faculty are encouraged to debate and respectfully discuss areas of disagreement, the environment on college campuses has become one where deviation from leftist groupthink results in displays of public shaming and efforts to humiliate those who aren't up to speed with what progressive America demands they think about the world.

Instead of making an effort to listen to these people, the left has made it their mission to ostracize and socially isolate them. This type of behavior has sparked an ugly backlash that has fully manifested itself with Trump's election.

Now, of course, administrators are doubling down on the crippling policies that have put us in this position by assuring the OU community that the university is there to protect them from the dangerous ideas in the world they shouldn't have to face.

Instead of encouraging students to confront these issues head-on with spirited discussion and debate, Hynd's letter has encouraged the OU community to shrink from that intellectual endeavor and, instead, retreat to our counseling centers and multicultural offices, where we can assure one another that our university sufficiently supports vague conceptions of social justice.

Hynd's advice should be ignored, as it is unlikely that a generation of college students who demand their university coddle them in the wake of an election will ever possess the emotional or intellectual fortitude to effectively combat the dangerous ideas and rhetoric that have appeared during this election.

The academic left's response to Trump's victory has been all too typical in that they have decided to double-down on the practices that have alienated a large portion of America.

Students and faculty have continued to isolate themselves from the population that elected Trump by excluding and shaming ideas they disa11

The academic left's response to Trump's victory has been all too typical in that it has decided to double-down on the practices that have alienated a large portion of America.

gree with. This has resulted in an academic environment that has been rendered completely impotent in its ability to understand or combat the troubling ideas that have surrounded this election.

For that reason, going forward, the type of diversity the OU community should be focused on supporting is the diversity of thought. Only through exposing ourselves to ideas that we don't support can we learn to combat these policies.

To protest or not to protest: Anti-Trump rallies

Reacting to the election's results by speaking out is useful, but timing is important to make more impact

Simon Albaugh Staff Reporter

Angered by the election of Donald Trump as president, people have marched across nearly every major U.S. city in protest. And, in my opinion, this isn't the right cause.

After one of the most turbulent elec-



tions in recent memory, it's not that surprising the country isn't happy with the result. Even though I'm included in that dissatisfied group, I think that if there were ever a time to protest, it wouldn't be this

Political movements can move in two directions at any given time — either they are growing in interest and members, or they are shrinking. And with the lack of a clear realistic goal for the anti-Trump movement, I don't see this movement growing for much longer.

What seems to be the clearest goal of the movement, preventing Donald Trump from taking office, is seen as both a possibility and impossibility by some sources. But rather than being a matter of public outcry, the decision will ultimately be dependent on officials outside the public's control.

Protest can be an important form of vocalizing collective opinions that can lead to social or legislative change. And since there is ultimately no clear change that the public can instigate, the purpose of this movement should be delayed.

The protests should be delayed to when, if the time ever comes, Trump

screws up. If the protests happen any time before, I think there is a strong possibility that the public could be either disinterested in mobilization for a social cause, or unwilling to hear the same voices shouting, "I told you so."

It's hard for everyone, including me, to sit by and watch someone who could be damaging to this country take its important position. But unfortunately, there isn't much that can be done right now that wouldn't raise scrutiny of an important opinion on the matter.

Detroit had its own protest last week. At the protest, I noticed that the most cited reason for protesting, as stated by participants, was to voice their disdain for the rhetoric and language Trump used against vulnerable groups in America during his campaign.

Detroit has seen a plethora of protests. From inciting legislation on the plight of the bumblebee in Campus Martius to a civil rights march for Black Lives Matter that stopped traffic on Woodward Avenue for miles, protests continue to be an important part of the culture of Detroit.

And with Detroit's undeniable prox-

imity to OU's campus, the only thing I can say is to save your political voice for the most important causes that have clear, attainable goals.

College is an important time for people to find a political voice that can finally be separate from the major influences that are left at home. Many students become politically active for the first time in college, and the most important thing for people in this position is to deliver their opinions in the most effective way possible.

11

It's hard for everyone, including me, to sit by and watch someone who could be damaging to this country take the most important position in it.

The state of millennials: Anger, violence not the answer

Shelby Tankersley Campus Editor

o, how about that election? In a nearly 50/50 popular vote, but a strong 290-232 Electoral College win, Donald Trump has become President-elect. He'll become the 45th

Because the vote was so split down the middle, a lot of people are pleased and a lot of people are angry. There is so much anger that protests and riots have broken out across the country.

president of the U.S. on Jan. 20, 2017.

With voters our age, Secretary Hillary Clinton won the popular vote. That being said, I saw a lot of crying, angry people on campus last week, some of whom had written Trump's name next to vulgar lan-

> guage on their clothing.

Major news outlets such as The Washington Post and Fox News have reported on angry and upset millennials. Around country. there have been riots, violence

against police and some are going as far as to light the American flag on fire.

Is this peaceful protesting? I don't think so. When vulgar language is thrown into the mix and people start calling anyone who voted for Trump a xenophobic, homophobic racist then, to me, it's not a peaceful protest anymore. Not only that, but the right to protest is put in place for when the government does us harm, which hasn't happened.

Don't get me wrong, I don't think Trump's the ideal choice. But I do think we need to give him a chance.

One example of fear I have seen comes from the LGBTQIA community. I do want to let you know that during his campaign, President-elect Trump stated that he will protect the rights of LGBTQIA citizens. More specifically, he said that he wants to protect them from foreign ideologies that persecute their community.

As far as Republicans go, Trump is pretty liberal. I am being totally genuine when I say that I don't think you have anything to fear regarding the legality of same-sex marriage. Trump's policy going into the election was to let states decide. Since so many people have already gotten married, I don't see states going back on that law. But that's just my opinion.

I would also like to point out that many of our past presidents have also been flawed. President Franklin Delano Roosevelt and the media hid his polio disease from the country. President John F. Kennedy was a womanizer. President Bill Clinton cheated on his wife and then publicly denied it. And President Thomas Jefferson was a slave owner.

But you know what? FDR is a huge reason this country was brought out of the Great Depression. JFK fought against poverty and supported the human rights movement. Bill Clinton made a lot of positive change, especially concerning the economy. And, of course, Jefferson penned the Declaration of Independ-

My point is that they were all good presidents despite their shortcomings. So, Trump has said some stupid, ignorant stuff. But his personal shortcomings don't affect his ability to run a country. History shows us that.

I think a wonderful example of how to handle losing an election comes from President Barack Obama. Not only did his political party lose, but Obama campaigned hard in favor of Secretary Clinton. But as reported by news outlets like The New York Times and BBC, he had President-elect Trump over to the White House on Nov. 10 to talk about transitioning the presidency. He is willing to work with Trump.

The only way we will reconcile any differences is by working together. President Obama is setting a great example in

My point here is that, as a generation, we need to be acting better than this. I have seen a lot of people become the hate they are protesting against. We're not helping the stigma against millenni-

The reality is that millennials will be the people running this country within the next 20 years, so we need to act like it. Be the change you want to see in this world. Calling Trump voters "racists" and "bigots" is anything but peaceful and gets you nowhere.

I want to implore you all to stray away from the violence our generation has shown. Being an accepting people also means accepting those who disagree with you.

When we accomplish that, we'll make great progress in this great nation. The point of America is for different people to work together, and we're doing a really bad job of making that happen.

EVENT HERE!

Special discounts offered to on-campus clubs, organizations and departments!

Contact ads@oaklandpostonline.com for more information.

Drew's Review: What's the deal with all the rap?

Drew Hagge WXOU Sports Director

Nope, no top 10 list for you and all your friends to debate around the lunch table this week. Instead, I'll explain why hip-hop music receives a disproportionate, though deserved, amount of coverage in this column.

For starters, hip-hop has emerged as the most popular music genre since the turn of the century. In 2001, Eminem was the face of hiphop and defeated the singing pop stars of his era like Britney Spears and Christina Aguilera.

Today, the most successful musical artists can be found in hiphop — with the exception of Taylor Swift, Justin Bieber and Adele. No, seriously. The list of exceptions is that short.

What was the last rock band to re-

ally penetrate mainstream popular culture? Vampire Weekend? Maybe, but it's easy to overestimate their popularity because so much of their fan base consists of college-aged, pseudo-indie kids — one of the loudest minorities on campus.

Aside from hip-hop being the most popular musical genre, it is also the most socially significant and conscious genre.

Like rock 'n' roll during the midto late 20th century, hip-hop has given voice to the marginalized and accurately captured the mood of many Americans as acts of social injustice continue to occur.

If you don't believe me, then take it from the front man for The Who, Roger Daltrey, who told the International Business Times, "The only people saying things that matter are the rappers, and most pop is meaningless and forgettable."

Fight the Night raises awareness as students spend hours braving cold

Overnight event gives insight on homelessness

Simon Albaugh Staff Reporter

o fight the night, one must remain in the November cold for 12 hours with only two meals and sheer will to make it through.

Fight the Night is a student-run event created to simulate the harsh conditions that are daily struggles for the homeless. Participants were given sack lunches, a

lighted parking lot and boxes for shelter against temperatures diving as low as 35 degrees.

An estimated 40 people were at the event when it started. It was held to benefit and support the Baldwin Center in Pontiac, Michigan.

Organizers ensured that every aspect of the night held intense symbolism for the struggles faced by the homeless.

From the cardboard boxes people could barely sleep on to the sack lunches reminiscent of what's given at homeless shelters, there was nothing that could be seen as real comfort.

There was nothing that made the night bearable except the inevitability of going to a warm bed at its end.

As for me, I'm both ashamed and enlightened by my experience that night.

It was my original intention to stay for the whole night and experience some of what homelessness entails. But as the temperature dropped, and the prospect of a night without sleep began to set in, I took my first chance to leave.

I spent the entire following day trying to justify what I did. I might've damaged my feet, since I couldn't feel them just before I left. I needed to get a full night's sleep, since I must maintain a regimented sleep schedule to minimize symptoms of an illness I have.

But if I were to say there was nothing that justified my quitting before the end of the night, I would be missing the point entirely. Everything justifies avoiding a night on the streets.

And more importantly, there's absolutely nothing that justifies abandoning the people who find themselves there.

After that humbling experience, I realized I couldn't make it in that situa-



Simon Albaugh / The Oakland Post

Participating students packed their coats, hats, gloves, pillows and blankets as they prepared to spend the night out by Bear Lake.

tion. And imagining the turbulent minds scarred from domestic abuse, combatrelated post-traumatic stress disorder and other causes of homelessness, I realized I honestly don't know how I could ever make it through a situation like that.

As of January 2015, it was estimated that over half a million people in the U.S. were homeless on any given night, according to the National Alliance to End Homelessness. Nearly half of that figure is composed of families with children.

The most common causes of homelessness are sudden, traumatic life events, according to HomeAid America, a nonprofit provider of housing for the homeless.

HomeAid also cited addiction, mental illness and adverse effects of combat trauma as significant factors in homeless-

The people who participated in Fight the Night were made aware of such factors of homelessness. Speakers throughout the first hours gave these sobering statistics, along with knowledge of how close the problem was to Oakland University students with the demographics of Oakland County's homeless population.

The biggest challenge for overcoming homelessness in arguably the wealthiest county in Michigan is the invisibility of the issue. Many people are unaware of the problem around the most affluent downtown areas.

The disparity between available beds in Oakland County homeless shelters and estimates of the homeless population, as stated by one of the speakers, leaves many on the streets.

As the temperatures continue to crawl to the normal Michigan winter, many homeless people will find themselves in even worse weather than students experienced at Fight the Night.

The purpose of this article isn't to say that you're privileged in any way. College students are stressed enough already. So what's the point of asking you to do anything more?

Sometimes the point isn't to do anything other than give people a smile. Maybe you don't have change, and that's OK. Maybe you find you have an extra dollar. A bag of chips may mean nothing to you, but

it would mean the world to someone who hasn't eaten that day.

As much as this article should be filled with the pleas for money, time and energy, I know those are the three things all college students lack and wish that they had more of.

So if you have extra blankets, clothes or food, give them away. If you have the energy to smile and give a "How are you?" give that away.

And maybe, if you have time, they'll give you something in return. It could be a story. It could be a compliment. It could be anything.

And when the time comes that you've finished all the hard work college asks, and you have more to give and more of a desire to help, unfortunately, there will always be an opportunity for you to do that.

While the event is over, the Baldwin Center is still asking for donations to reach the goal of \$5,500. All of the proceeds go toward feeding, clothing, educating and empowering those in need.

To donate, visit www.crowdrise.com/fight-the-night.

Campus

Paralegal Certificate Program revamped

Year-long accelerated program ensures internship placement, graduates its first class in December

Laurel Kraus Staff Reporter

The first class of Oakland University's newly formatted Paralegal Certificate Program is set to graduate this December.

The program, a part of OU since 1974 and approved by the American Bar Association (ABA) since 1976, previously had an average two-year completion rate, gave students the ability to take as many classes per semester as they preferred and offered numerous electives.

"We ran into the problem of too many classes, not enough students," said Linda Wallace, director of the program. "So we were cancelling classes, and we were running it like an academic program, when in fact we are a noncredit CE paralegal certificate program."

After doing research and looking at other programs throughout the country, Wallace decided on a cohort system, which is an accelerated system consisting of one group that stays together for all classes.

Each group has a set schedule, meaning no selection of classes, but completes the program in three semesters, which equal one year.

The program is accelerated because semesters used to be 12 weeks long and are now 14 weeks long, and classes have gone from two and a half hours to three hours.

"The new format of the paralegal program worked really well for me," said DeAnza Garcia, a member of the first graduating class. "I liked that I was able to get it done in a single year and that it set me up for a career. I feel like it was just enough work and material in the time allotted."

After discussion between the board and faculty, it was determined that the

electives, now called special topics, would be centered on auto law, employment law and probate.

"We're still giving them the appropriate legal information, knowledge base, that we feel comfortable that when they go out in the field as paralegals, that they know what they're doing," Wallace said

The program also ensures participants will have an internship and helps with job placement. Interns are commonly placed in paid positions at The Sam Bernstein Law Firm and The Mike Morse Law Firm.

"There have been many job and internship options that have come up through the program, which, if I was more flexible, I would have considered," said Jennifer Giannotta, member of the first graduating class, via email. "Because of my personal situation, I have to be more selective, but there are many

jobs/internships that have piqued my interest."

The Bureau of Labor Statistics predicts an 8 percent increase in the job outlook of paralegals and legal assistants from 2014 to 2024.

"What a nurse is to a doctor, a paralegal is to a lawyer," Wallace said.

The Paralegal Certificate Program costs \$5,390, which breaks down to about \$585 per class. Each class includes 42 contact hours.

Any potential students interested in the program are welcome to sit in on a class.

This January, the ABA will send representatives to OU for an onsite review, which it conducts every seven years to evaluate the curriculum, faculty, courses and overall program.

For info on the Paralegal Certificate Program, contact Linda Wallace at (248) 370-3090 or lwallace@oakland.edu.

Penny wars to help families in need this Thanksgiving

Jessica Leydet Staff Reporter

The National Residence Hall Honorary's (NRHH) Turkey Drive is collecting canned, non perishable food and holding penny wars to raise money to purchase Thanksgiving turkeys for families in need.

The drive began Nov. 3, and all proceeds will be given to families in Oakland County for Thanksgiving.

Lydia Sadow, philanthropy chair for NRHH, planned the event.

"The purpose of the event is to provide a home-cooked meal this Thanksgiving to families who can't afford it," she said. "We knew we wanted to do a canned food drive, but it's not Thanksgiving without turkey. So we organized penny wars to raise money to buy turkeys for each family we donate to."

The penny collection jars are located at the front desks of Oak View Hall, Vandenberg Hall and Hamlin Hall. There is also a collection jar in the Ann V. Nicholson Apartments 4000 building. Whichever building raises the most money will wins \$100 for its hall programs, a golden turkey trophy and bragging rights.

"We encourage students to join us in giving back to families in the Oakland community because not everyone is fortunate enough to be able to provide Thanksgiving dinner for their family, something I find most people take for granted," Sadow said.

Jessica Quandt, programming chair for NRHH, worked with Sadow to put the Turkey Drive together.

"We request that students donate food that would go well with a traditional Thanksgiving dinner, like canned cranberries, instant mashed potatoes and boxed stuffing," she said.

Students can drop off their food items at the front desks of Oak View, Vandenberg and Hamlin, or the 4000 building of the Ann V. Nicholson



Elyse Gregory / The Oakland Post

As part of Turkey Drive, the residence halls compete against each other in penny wars.

Apartments. Once students donate, they can sign their name on a paper turkey to represent their charitable contribution.

From a young age, Quandt was taught the importance of helping people who aren't fortunate enough to celebrate

the holidays with a warm, cooked meal.

"This is something I have always been passionate about because, growing up, I would go out with my own family and volunteer to help families in my own county, and now I get the chance to do it

for families in Oakland County," she said.

This food drive is an opportunity for students to join in on the holiday season of giving. The event ends on Nov. 20, and all the food and proceeds will be delivered to the families on Nov. 21.

Housing closing procedures for Thanksgiving break

Cheyanne Kramer
Web Editor

or Thanksgiving break, students must vacate the Oakland University residence halls by 6 p.m. on Wednesday, Nov. 23 and may not return until 10 a.m. on Sunday, Nov. 27.

The closing procedures for Housing students were laid out in an email sent out by University Housing on Nov. 8.

If a student lives outside of the metro-Detroit area or works throughout break, exceptions to stay can be granted. Students must submit proper documentation to the Housing Office by 5 p.m. on Nov. 16.

Students who need to pick up mail will be unable to do so after 5 p.m. on Wednesday, Nov. 23. This includes checking out moving bins or flat beds, as these services are provided by the mail desk. The desk will reopen at 3 p.m. on Nov. 27.

The Vandenberg Dining Center closes at 2 p.m. on Nov. 23 and will not reopen until 4 p.m. on Nov. 27. The Pioneer Food Court in the Oakland Center will remain open until 6 p.m. on Nov. 23.

IF YOU'RE LEAVING

1. Take out the trash.

A clean room is important, as resident assistants will be doing room inspections over break. Make sure all trash is taken out.



2. Unplug everything.

Double check that all electrical devices are unplugged.
Refrigerators are the only exception for Thanksgiving break, unless you have been approved to keep a fish tank running.
(A written request must be submitted to the Hamlin Housing Office before 5 p.m. on Wednesday, Nov. 16.



3. Open (or close) your blinds.

Before leaving, make sure your blinds are fully open, unless you live on the first floor of your building, in which case your blinds should remain shut.

Failure to complete any of the above will result in a \$20 fine.

IF YOU'RE STAYING

1. Pick up your holiday key.

If approved to stay, you will have to pay a \$40 cash fee in order to get a holiday key.



2. Hang a sign on your door.

If you're staying on campus, you must hang a sign on your door indicating that you are not leaving over the break.



3. Return your key.

The holiday key must be returned to the Housing Office on Monday, Nov. 28. If the key is returned late, you will be charged an additional \$25.

POLICE FILES

Lewd emails to professor

The Oakland University Police Department (OUPD) received a complaint of sexual harassment on Friday, Oct. 18. The complainant, a professor, explained that she received an email several days prior saying, "I know it's inappropriate prof, but I can't stop staring at your #@&.....sorry!" She later received other emails stating, "I guess that's a nope. :3 Oh well, chat it up sometimes," and "Thanks for the view...Omg." The dean of students was informed and advised the complainant to tell the sender to cease contact immediately. OUPD obtained a source IP address for the emails and is currently investigating the case further.

It's not legal in Michigan

An OUPD patrol officer noticed an unusual scent coming from Parking Lot 16. It turned out to be the smell of marijuana coming from a black Pontiac Grand Prix. Inside the car, the officer saw a Swisher Sweet cigar wrapper, a paper cup and a green leafy material. All the occupants in the vehicle denied smoking. The officer asked one person to step out, but the smell of marijuana could not be detected on his breath, and it appeared he was not impaired. However, the other occupants reeked of smoke, and one admitted to smoking earlier in the day. Two of the occupants were issued citations for the use of marijuana and the driver was issued a traffic citation for a defective license plate.

Stranger shows up at sorority meeting

A woman called dispatch on Oct. 23 to report a strange man. She alleged that he walked into a sorority meeting uninvited. The man was talking to himself and looking around at various people. Police were unable to find the man in the Oakland Center. Later, the sorority members saw the man at a Buffalo Wild Wings. By the time officers arrived at the restaurant, the suspect had left. However, they were able to obtain a picture of the man. Officers were able to locate the man through the use of fliers posted on campus. The man denied that he was stalking anyone. He said walking into the meeting was a mistake and going to the same Buffalo Wild Wings as people from the meeting was a coincidence. Officers told the man if he ever made any additional contact with the meeting participants he would be subject to stalking charges, and if he ever set foot on campus again, he would face trespassing charges.

> Compiled by Robert Ogg Intern Reporter

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Let's get down to business at the business major and minor expo

Students with variety of majors, or undecided, explore business degrees

Ethan Fogle Intern Reporter

Todecided students flooded Gold Rooms B and C of the Oakland Center on Wednesday, Nov. 9, when the School of Business Administration (SBA) hosted its Business Major & Minor Expo.

Faculty and professionals offered advice to undecided students who wanted to know how a business major or minor could help them pursue a career after graduation.

Tyler Helmle, an undecided freshman, was one of the students looking to find his way at the expo. Walking in, Helmle surveyed the room to see what majors and minors piqued his interest.

"I know I want to be in business," Helmle said. "I'm just not sure what I want to do specifically just yet. I'm hoping by coming here today that I can figure it all out."

Faculty from the SBA stood at tables labeled with the major or minor they represented.

The first table that Helmle approached was the International Management Minor table. Sticking out his hand, he introduced himself to Frederick Hoffman, coordinator for business minors.

"I like to travel, so I think international management is something I would be interested in," Helmle said.

Helmle, who is thinking about picking a major outside of the business realm, wanted a business minor to make his diploma more attractive to future employers.

Hoffman told Helmle that he is like a lot of students at OU who want to pursue something they're truly interested in, but who also want the security that business typically offers.

"We get a lot of nursing students looking at our variety of minors, the reason being that they want to open up their own practice and have an understanding how a business works," Hoffman said.

Hoffman talked to Helmle for several minutes about the variety of SBA minors that are offered for university students.

After giving his spiel, Hoffman admitted that although he knew a lot about how SBA minors worked, he didn't know a lot about international management specifically. Hoffman directed Helmle across the room to Janell Townsend, faculty director for SBA.

After patiently waiting in a long line of students who wanted to meet Townsend, Helmle greeted her and expressed that he was interested in international management.

"International business gives people with majors outside of business, like yourself, more opportunity," Townsend told Helmle.

Townsend went on to explain her personal opinions on the minor and some of the unique opportunities that come with it.

"Since you like to travel, there are opportunities for you to travel to different countries and earn credit for your minor," Townsend said.

She also mentioned that the minor is open to any student at OU and that the minor requires 16 credits. Proficiency in a foreign language is also highly recommend for the minor.

Faculty weren't the only people offering advice to students during the expo. Stephanie Holappa, a finance division manager for Allstate Insurance Company, was also there.

11

Coming here helped me reinforce what I was leaning to. I am leaning toward marketing, and coming here today was informative. The faculty and professionals were very reassuring.

Taylor Jackson Freshman

"I'm here to inform students," Holappa said. "Although finance can seem boring, people are thinking of the corporate side when they think that. I became a financial analyst forecaster and planner, and it is more fun than the stereotypes suggest."

With up-to-date perspectives, something that not all professors can offer, Holappa was one of several professionals in the business field providing opinions and recommendations.

Taylor Jackson was another freshman on the fence about studying business who attended the expo.

"Coming here helped me reinforce what I was leaning to," Jackson said. "I am leaning toward marketing, and coming here today was informative. The faculty and professionals were very reassuring."



Mary Mitchell /The Oakland Pos

Faculty members and professional advisers talk to students about future career options.

Let us keep you posted.



THE OAKLAND POST

YOUR CAMPUS, YOUR NEWS

10 November 16, 2016 // The Oakland Post

State and local elections

John Bozick Social Media Editor

Thile a majority of the population's focus may be drawn to Donald Trump's historic victory in the presidential election, some of the significant victories also came at the local and state levels. The Oakland County area saw some things change and others stay the same this election season.

Starting at the local level, Oakland County voted on whether to elect a new county executive. The race saw the incumbent, Republican L. Brooks Patterson, win against Democrat Vicki Barnett with 54 percent of the vote.

This is Patterson's seventh term as Oakland County executive, and while he may be getting up there in age, he has shown that he is still a strong force when it comes to defending his position.

Elsewhere at the local level, Democrat Jessica Cooper beat Republican Mike Goetz and Libertarian Steve Afton with 51 percent of the vote. Cooper, the first woman to hold the position, was elected to the position of prosecutor in 2008.

For the position of county clerk, Democrat Lisa Brown beat Republican Bill Bullard Jr. with 54 percent of the vote, while for the position of county sheriff, the incumbent, Republican Michael Bouchard, defeated Democrat Craig Covey with about 59 percent of the overall vote.

Lastly, the race for the treasurer was decided when incumbent Andy Meissner, a Democrat, defeated Republican John McCulloch with 54 percent of the vote.

The seat to represent Michigan in the 11th district of the House of Representatives was also up for grabs on Tuesday. This race saw Republican incumbent Dave Trott face off against challenger Anil Kumar, a Bloomfield Hills-based doctor and chief of surgery at Crittenton Hospital. After a hard-fought race, which saw Trott outspend Kumar in all forms of advertisement, Trott was eventually able to beat out Kumar with 53 percent of the vote.

A former attorney and businessman, Trott built his fortune in title insurance and fore-closure processing. He is considered to be one of richest members in Congress. Winning re-election, Trott now moves into his second term in office.

Last but not least, one of the most important issues on the ballot was the Regional Transit Tax Proposal that was up for vote in Macomb, Oakland, Wayne and Washtenaw counties. The proposal was shot down in multiple counties, specifically losing 43.27 percent to 56.73 percent in Oakland County.

While there were countless other officials elected Tuesday, these are just a few of the high-profile winners. For a complete list of candidates and what positions they won on election night, find a link on oaklandposton-line.com

Representative in Congress 8th district

Mike Bishop, R- 64.80% Suzanna Shkreli, D- 30.89% Jeff Wood, L- 2.38% Maria Green, G- 1.33% Jeremy Burgess, NLP- 0.53%

Representative in Congress 11th district

David A. Trott, R- 54.08% Anil Kumar, D- 38.71% Jonathan Ray Osment, L- 2.53% Kerry Bentivolio, NPA- 4.56%

Representative in State Legislator 43rd district

Jim Tedder, R- 65.27% Ted Villella, D- 34.31%

Representative in State Legislator 44th district

Jim Runestad, R- 68.30% Mark Venie, D- 31.32%

Representative in State Legislator 45th district

Michael Webber, R- 61.84% Ted Golden, D- 37.78%

County Executive

L. Brooks Patterson, R- 53.50% Vicki Barnett, D- 46.08%

Prosecuting Attorney

Mike Goetz, R- 45.02% Jessica R. Cooper, D- 50.49% Steve Afton, L- 4.35%

Sheriff

Michael J. Bouchard, R- 59.15% Craig S. Covey, D- 40.62%

Clerk/Register of Deeds

Bill Bullard Jr., R- 45.41% Lisa Brown, D- 54.26%

Treasurer

John P. McCulloch, R- 45.38% Andy Meisner, D- 54.30%

Water Resources Commissioner

Robert E. Buxbaum, R- 45.20% Jim Nash, D- 54.47%

Supervisor Charter Township of Oakland

Michael Bailey, R- 98.9% Write-In 1.11%

Clerk Charter Township of Oakland

Karen Reilly, R-98.89% Write-In 1.11%

Statistics complied from http://results.enr.clarityelections.com/Ml/Oakland/63990/182607/en/summary.html

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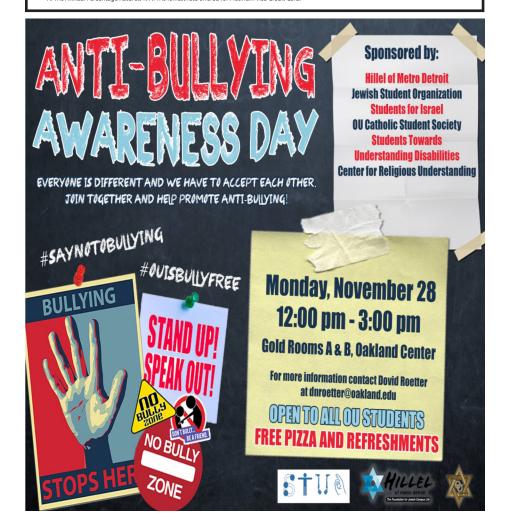
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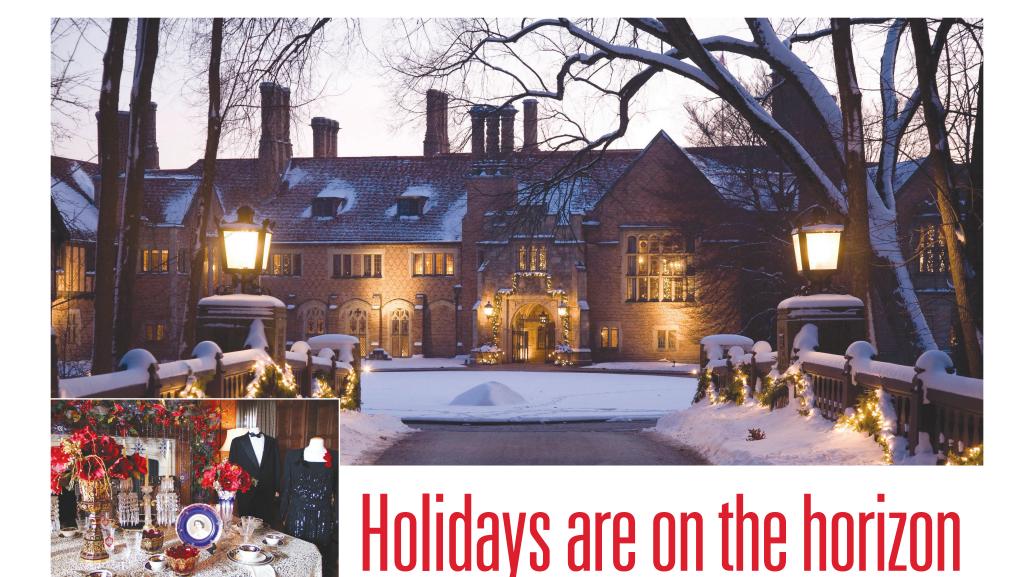


Credit Union

by NCUA

APR is Annual Percentage Rate. 8.9% APR is lowest rate offered for Platinum Visa Credit Card





Photos courtesy of Shannon O'Berski

Each year, the mansion brings out decorations and artifacts gathered from its archives to display during the annual Holiday Walk Tours. This year's theme is childhood treasures.

Amy Swanson / Staff Reporter

eadow Brook is decking its halls for the 45th year of its annual Holiday Walk Tours. Beginning Nov. .25, the tours will run through Dec. 22.

On these self-guided tours, guests can meander through the extravagant rooms of Meadow Brook Hall (MBH), each festively decorated for the holidays.

Tours will be offered every day from 11 a.m. to 5 p.m., with the last admittance at 4 p.m. Starting Dec.18, the mansion will stay open until 9 p.m.

This winter, the tour focuses on celebrating the treasures of childhood.

"From home movies of the Dodge-Wilson family ice skating, sledding and riding horses, to stories of Christmas morning traditions at The Great Estate, visitors will be taken back to a time when kids gathered around the radio to hear the latest Lone Ranger adventure," according to a press release.

Throughout the mansion, people can enjoy the nostalgia of pedal cars and classic children's toys.

"We want to tie in the Dodge-Wilson family into the ex-

Meadow Brook Hall decorates for 45th annual year of tours, Theatre prepares for 35th season of 'A Christmas Carol'

hibit and really tell the story of who they were," said Shannon O'Berski, director of marketing and community relations for MBH.

Guests will get rare insight into the family's life with the chance to tour the nursery bathroom, complete with handcrafted Mother Goose-themed tiles.

Along the tour, children can play a game of Mother Goose hide-and-seek, earning a prize if they spot all of the hidden fairy tale characters.

Attendees can follow the path to Knole Cottage to see a storybook vignette of "Goldilocks and the Three Bears."

In addition, they can make a trip to Danny's Cabin and check out Santa's workshop filled with toys. Kris Kringle himself will be there on Dec. 10 and 17.

O'Berski said the tours have flourished over the years.

"It has changed and grown as the interest in the home has grown," O'Berski said. "Just as the mission of the mansion has changed, so has the Holiday Walk."

Madelyn Rzadkowolski, MBH's on-site curator, said this year's theme of childhood treasures came naturally.

The concepts are based on what is discovered in the collections of archives left in the mansion, as well as information found from interviewing the Dodge-Wilson family's living members.

Over time, Rzadkowolski has learned a lot about their history, like that they always spent Christmas at the home.

"Opening presents and toys are some of the treasured practices of the season, so naturally we think of the children who grew up here, and we want to show how they experienced Christmas morning," she said.

The preparation and execution of decorating can be a yearlong process and is very much a group effort.

Once the theme is developed, the curator begins to decide what items from the collection will be put on exhibit. The operations team also helps to prepare the rooms.

A team of hired decorators then creates a design and color scheme to compliment those items, adding final touches to make MBH's vision come to life.

We definitely count on our volunteers to help get everything set before the professionals come in and work their magic," O'Berski said.

Going along with this theme, MBH will be collecting toys for the Salvation Army's Red Kettle Campaign through Dec. 20, bringing joy to children of Oakland County.



Photos courtesy of Sean Carter Photography

LEFT Thomas D. Mahard and Ari Bigelman play Scrooge and Tiny Tim in "A Christmas Carol." **ABOVE** This year's company is the 35th company to perform the annual play at Meadow Brook Theatre, which will run from Nov. 11 to Dec. 23.

A CHRISTMAS CAROL

Nov. 11 - Dec. 23 Tickets can be ordered at the box office, via telephone by calling (248) 377-3300 or online at ticketmaster.com.

HOLIDAY WALK TOURS

Nov. 25 - Dec. 22 Tickets can be bought online at www.meadowbrookhall.org or the mansion.

As this is the mansion's 45th year hosting the Holiday Walks, O'Berski discussed the significance of tradition.

"As we grow up, there is something about the holidays that are always magical," she said. "We want to be a part of people's experience and memory of the holidays. There's no place like Meadow Brook to put you in that spirit."

MBH hosts other special events around the holidays, including the Starlight Stroll on Dec. 15. During this cocktail party, guests can stroll through the hall, enjoying live music, holiday entertainment, dancing, cocktails and a wine raffle. Tickets are \$75 per person.

There is also an elegant Holiday Tea on Dec. 13 and 20, where guests will treat themselves to food and drinks in the festive dining room. Tickets are \$50 per person.

"The idea is that when people come here, they can come every year and get a different experience," O'Berski said.

Built between 1926 and 1929, MBH is a National Historic Landmark that is self-supporting and relies on the proceeds from these events to care for the house.

"It's a fine balance because we need to be able to share it and interpret it for the community in order to operate, but at the same time you also run the risk of damage," O'Berski said.

Therefore, protective actions are taken. This may mean removing certain items before the Holiday Walk, or only having items like costumes or fashions on display for a short time before being put back in storage.

Oakland University students can attend the Holiday Walk for \$5, and OU faculty, staff and alumni will pay \$15. Adult tickets are \$20 per person and \$5 for children 17 and under.

Tickets can be bought online at www.meadow-brookhall.org or at MBH. Reservations for tours are not required. However, they are needed for special events and can be made by calling (248) 364-6252.

Additional information for this story was contributed by Allison Hendrick.

A Christmas Tradition

Faith Brody / Life Editor

 $M^{\rm eadow\,Brook\,Theatre\,will\,celebrate\,35\,years\,of\,per-forming\,\text{``A Christmas Carol''}\ this \ holiday\ season.}$

"Folks come back to see 'A Christmas Carol' year after year," said Cheryl Marshall, Meadow Brook Theatre managing director, in a press release. "People who came as kids and have moved away, come home for the holi-

"People who came as kids and have moved away, come home for the holidays and make sure to include us in their visits. We're thrilled to be a part of their families during the holiday season."

Cheryl Marshall Meadow Brook Theatre Managing Director days and make sure to include us in their visits. We're thrilled to be a part of their families during the holiday season."

The musical follows the classic Charles Dickens story of elderly miser Ebenezer Scrooge, who is visited by a series of ghosts who scare him into the Christmas spirit.

Terry Carpenter, who is the director

and stage manager of "A Christmas Carol," has been involved with the show all 35 years as the director, stage manager, assistant stage manager or a combination of the three.

He said one of his favorite memories is when both his sons played the role of Tiny Tim and adult roles throughout the years. Another favorite memory is when the cast and crew had an alumni reunion on the 30th opening of the show.

"This is the staff at Meadow Brook's holiday tradition," Carpenter said.

Aubrey Fink, who has been a member of "A Christmas Carol" for three years, is thrilled to be a part of the company again.

"I get to play a series of roles in the show," said Fink, an alumna of Oakland's Department of Music, Theatre and Dance. "Mainly, I play the role of Belle, Scrooge's love, in a past life. On this production, I also get the amazing opportunity to conduct the group of onstage carolers, as well as serving as the company's dance captain."

Learning the ropes at Oakland was a great start for Fink, but learning and working hands-on in the Meadow Brook Theatre really helped her grow as an actress.

"Working alongside fellow actors like Thomas Mahard, who plays Scrooge, and Tobin Hissong, who plays Bob Cratchit, has taught me more than can ever be taught in a classroom," Fink said.

The company guarantees that seeing the show will get even the Grinch in the holiday spirit.

"It will put them [the audience] in the holiday mood," Carpenter said. "The production is beautiful to look at and listen to, and the story has held up for 150 years."

This story has themes and messages that still ring true.

"Carol' is a time-honored classic that brings to life dilemmas that we still face today," Fink said. "It's a tale of love and loss, growth and change, and so much more."

According to a Meadow Brook Theatre press release, ticket prices range from \$20 to \$42. Tickets can be ordered at the box office, via telephone by calling (248) 377-3300 or online at ticketmaster.com.

Oakland students who are currently enrolled in THA 100 are eligible to receive a discount, according to the box office.

www.oaklandpostonline.com The Oakland Post // November 16, 2016 **13**

NOVEMBER

9 A.M. - 9 P.M.

• OU Day of Service, OC Banquet Rooms

- Bat Conservation: The Ecology and Diversity of Bats hosted by the Ecology Club, Lake Superior B
- Spellbound by the Potency of the Invisible: A Chernobyl Travelogue by Claude Baillargeon, **OU Art Gallery**

4 - 7 P.M.

• Graduate Business Programs Open House Elliott Hall, Stinson Center Register at oakland.edu/business/grad

- Oakland Jazz Singers and Oakland Jazz Quartet Performance, Varner Recital Hall
- · Murder Mystery Dinner with Phi Sigma Phi, 2086 HHB

9 A.M. - 1:30 P.M.

• Commencement Fair, OC Banquet Rooms

11:30 A.M. - 1 P.M.

• Student Leader Recruitment Fair with CMI, OC Banquet Room B

12 - 1 P.M.

• The Burkini Controversy: Religious Freedom and Secular Society, Oakland Center, Oakland Room

5 - 7:15 P.M.

• English and Creative Writing Career and Internship Night, Oakland Center, Oakland Room

• Peace Corps Info Session,127 Oakland Center Register on Handshake

10 A.M. - 1 P.M.

• "The House of Bernada Alba." Varner Studio Theatre

11:30 A.M. - 1 P.M.

· Post-Election Forum - Tolerance, Unity, and Dialogue: Where Do We Go From Here? with College of Arts and Sciences,

12 - 1 P.M.

• Transgender Day of Remembrance with the Gender & Sexuality Center, Oakland Center, Oakland Room

1:30 - 3:30 P.M.

• GRE Challenge & MCAT Challenge: A Kaplan Overview and Practice Session, 208 Oak View Hall Register at bit.ly/ougremcatevents2016

5 - 9 P.M.

• Fall Networking Banquet with Student Michigan Education Association, OC Gold Rooms

• Caribbean Paradise with Student Program Board, **OC Banquet Rooms**

7 - 9:30 P.M.

• Ultimate Hip-Hop Dance Battle hosted by Intrigue, 201 Dodge Hall

7 P.M.

• Men's Basketball vs. Goshen College, O'Rena

8 - 10 P.M.

• University Chorus and Oakland Chorale, St. Irenaeus Catholic Church, 771 Old Perch Rd.

9 - 11:30 A.M.

• Grizzlies March in Macomb County Santa Parade, Anton/Frankel Center, 20. S Main Street Sign-up at oakland.edu/macomb/events

1 - 4 P.M.

• Bowl for Autism hosted by OUCARES Classic Lanes, 2145 Avon Industrial Drive

• "'Tis a Pity She's a Whore" by Company Class, Varner Lab Theatre

• Men's Basketball vs. Chicago State, O'rena

6 P.M. - 12 A.M.

• Diwali Night - A Festival of Life hosted by the Indian Students Association, Oakland Center, Oakland Room

2 - 5 P.M.

• "The House of Bernada Alba." Varner Studio Theatre

3 - 5 P.M.

• OU Chamber Ensembles Concert, Varner Recital Hall

7 - 9 P.M.

• Flute Studio Recital, Varner Hall

3 - 4 P.M.

• Student Leader Recruitment Info Share with Center for Multicultural Initiatives, Lake Superior A

4 - 6 P.M.

• OU Student Congress General Body Meeting Oakland Center, Oakland Room

10 A.M. - 2 P.M.

• Student Organic Farmers Thanksgiving Sale Recreation Center

7:30 - 9:30 P.M.

• Wind Symphony and Symphonic Band Performance, Varner Hall

10 P.M.

THANKSGIVING RECESS BEGINS

NO CLASSES

THANKSGIVING DAY



NO CLASSES

THANKSGIVING RECESS

THANKSGIVING RECESS

THANKSGIVING RECESS

3 P.M.

• Women's Basketball vs. Concordia, O'rena

7:30 A.M.

• CLASSES RESUME

12 - 3 P.M.

 Anti-Bullying Awareness Day OC Gold Rooms A & B

1 - 2:30 P.M.

• Game Day with the Nutrition Society

125 Oakland Center

4 - 6 P.M.

• OU Student Congress General Body Meeting Oakland Rooms

7 - 10 P.M.

• Salsa Night with the Hispanic American Leadership Organization OC Banquet Rooms

8 - 11 P.M.

• "Bare: A Pop Opera," Varner Hall

12 - 1 P.M.

• Student Leader Recruitment Info Share with Center for Multicultural

Oakland Center, Lake Superior A

• Mind, Body, Neurology with the Neurology Club

Oakland Center, Lake Superior B

7:30 - 9:30 P.M.

• Oakland University Chamber

University Presbyterian Church, 1385 S. Adams Rd.

8 - 11 P.M.

• "Bare: A Pop Opera," Varner Hall

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Chorus, chorale breed community on campus

Two classes come together for fall concert, encourage students to experience music

> Robert Ogg Intern Reporter

t OU, passion in music is ignited every day by the music department. One class in particular that students are passionate about is University Chorus. It's an ensemble filled with dozens of students of all skill levels. In addition to University Chorus, OU also has the Oakland Chorale class.

Both the University Chorus and Oakland Chorale will be performing at 8 p.m. on Friday, Nov. 18 and Saturday, Nov. 19 at St. Irenaeus Catholic Church.

"To my knowledge, [University Chorus has been around] since at least the mid-60s," said Michael Mitchell, professor of music and the group's conductor. "It was the first choral ensemble on campus and it has been around a long time."

Mitchell said he wanted to choose songs that spread a message of unity and love.

"Firstly, I wanted to pick music that was educationally valuable to the students," Mitchell said. "But beyond educationally valuable, I wanted to pick music that was aesthetically and spiritually valuable, without crossing over into the boundary of individual spirituality. It's music that had art behind it in different ways that represent different parts of the human experience. That's important to me."

"I have the best job in the world," Mitchell said. "The attitude of the students in this group is so great. They're excited, they're dedicated, and they work hard. I love going to class every day."

Shae Socrates, a guitar major and member of University Chorus, praised Mitchell's leadership.

"I've never quite done anything like this," Socrates said. "Dr. Mitchell might be the most compassionate, driven director I've ever met . . . He works us to the point where we feel confident in this music."

"

I feel comfortable asking them, 'Hey, am I singing this right?' And they'll say, 'No, but let me help you.' The music is so important. The music is really cool. But, it's not just about the music. It's a miniature community.

Shea Socrates University Chorus member

Socrates said he had an extremely pleasant experience singing in University Chorus and that its upcoming concert is something people must see.

"There are a lot of people in the bass and baritone section that have been doing this for a long time," Socrates said. "I feel comfortable asking them, 'Hey, am I singing this right?' And they'll say, 'No, but let me help you.' The music is so important. The music is really cool. But, it's not just about the music. It's a miniature community."

Mitchell said that the performance is something that is truly meaningful. It's something he thinks people will enjoy.

"Our choir concerts at Oakland are interesting, exciting, fun, moving experiences," Mitchell said. "I joke about the fact that when people think of a choir concert, they think of something boring. One of my life's missions as a choir director is to change that, one person at a time and one concert at a time. This will not be boring. This will be the opposite of boring. If you come to this concert, it will be incredible, and you'll be excited you came."

All are welcome to attend. Tickets are \$8 and can be purchased by going to Startickets. com and searching for the Oakland Chorale. Once purchased online, tickets can be picked up at St. Irenaeus Catholic Church. Tickets may also be purchased at the Varner Box Office.

The Oakland Chorale is also planning to take a nine-day European concert tour during summer 2017. The group will tour five cities.

University Chorus & Oakland Chorale Fall Concert

DATI

Friday, Nov. 18 Saturday, Nov. 19

TIME

8 p.m.

LOCATION

St. Irenaeus Catholic Church

TICKETS

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'Project Happiness' to increase suicide prevention and awareness

Laurel Kraus Staff Reporter

ccording to the Centers for Disease Control and Prevention, suicide is the second leading cause of death in college-aged people.

In the wake of National Suicide Prevention Week (the first week of November), OU Recreation and Well-Being and the OU Counseling Center will be hosting a "Project Happiness" film screening from 7 p.m. to 9 p.m. on Tuesday, Nov. 29 in the Oakland Room of the Oakland Center.

"A family who lost a loved one to suicide created an endowment for the university," said Erica Wallace, health and wellness coordinator for OU Rec Well. "This is the first year that we've received that endowment, and we're doing programming around it."

Through a discussion that will be facilitated after the showing, the event organizers plan for the program to provide hope and happiness for those who may be struggling and awareness for others.

The discussion will also deal with how to detect whether someone may be at risk of suicide and how to handle those situ-

'Sometimes we think that suicide happens without warning, but that is not really the case," Wallace said. "Significant changes in behavior or personality, isolation, withdrawing from loved ones and friends, no longer engaging in activities they used to enjoy, acting irritable or agitated, and making amends [are all signs]."

Authorities who study the warning signs

suggest that if students notice these signs in someone they know, they should come right out and ask if the person is considering suicide.

"A lot of times, people shy away from asking that direct question, but that's the single best thing you can do," said David Schwartz, clinical psychologist and director of the OU Counseling Center.

There are multiple clubs on campus that revolve around this topic, including Active Minds at OU, which seeks to break down the stigma on mental health, and Actively Moving Forward at Oakland University, which is a grief support group.

Easterseals, a national organization devoted to getting individuals with mental health problems and/or disabilities access to resources and care, has recently partnered with OU to place a kiosk for mental health screening in Kresge Library. Students may have noticed the kiosk, which is located near the circulation desk on the ground level.

Use of the kiosk, which was implemented on Oct. 21, is free and completely private. Participants simply answer questions that allow it to screen for about 21 different mental health problems, and if the kiosk detects a need for additional care, it immediately refers the user to an appropriate resource, such as the OU Counseling Center, a crisis center, or the suicide hotline.

Grizzlies Response: Awareness and Suicide Prevention (GRASP) will also be offering GRASP Training, which is a free 90-minute drop-in class on mental illness and suicide prevention. Training can be requested on GRASP's page on Oakland's

GRASP is also offering Mental Health First Aid Training on Friday, Dec. 2. Students must register by Wednesday, Nov. 30, by emailing Wallace at ehwallac@oakland.edu.

"It's an eight-hour training, and participants get a free manual and a certificate that's valid for three years," Wallace said. "People who maybe don't have a psychology or counseling background can still come and learn how to stop the differences in typical and atypical youth develop-

As for students who may be suffering from depression, anxiety or any number of mental health concerns, OU has many resources available.

The OU Counseling Center offers six free sessions during a student's time at OU, while the Office of the Dean of Students can work with students to facilitate a medical withdrawal from classes, which is considered time off to recuperate.

Those who are concerned with someone they know being at immediate risk are urged to contact the Oakland University Police Department (OUPD), as police are trained in how to handle such situations. The OUPD Dispatch Operations Center can be reached at (248) 370-3331.

The free and confidential National Suicide Prevention Lifeline can be reached at (1-800) 273-8255 and is available 24/7.

For more information on the "Project Happiness" film screening and the other endowment programs, contact Erica Wallace at ehwallac@oakland.edu.

If you think you or someone you know may be at risk of depression or suicide:

- If you believe it is an immediate risk, you are urged to contact the OUPD Dispatch Operations Center at (248) 370-
- The free and confidential National Suicide Prevention Lifeline is available 24/7 and can be reached at (1-800) 273-8255
- The OU Counseling Center offers six free sessions during a student's time at OU
- The Office of the Dean of Students can help to facilitate a medical withdrawal from classes

New club for students in Public Relations and Advertising

Jessica Leydet Staff Reporter

The Public Relations and Advertising Club at Oakland University (PRAd) is new on campus, and its sole purpose is to provide Oakland students in the public relations and advertising communities with resources outside of the

Laura Fry, journalism professor and faculty adviser for PRAd, explained that the club started last winter semester.

"Students in my Introduc-

tion to PR course were interested in starting a chapter of PRSSA [Public Relations Student Society of Americal, and some of my Introduction to Advertising students have also indicated interest in participating in the AAF [American Advertising Federation student competition," she said. "So, we decided to form an advertising and public relations club."

PRSSA is a branch of the Public Relations Society of America (PRSA).

Emily Meyers, president of

PRAd, explained that the club's focus is for students to gain perspective on the industries while sharpening or developing their skills.

'We take in all suggestions from the faculty in order to plan workshops or speaking events for the students to grow from and for the executive board to grow from," she said.

The club does not hold consistent meetings at the moment because the executive board plans events in advance.

"We do not have an exact count of members at this point, as we just had our first meeting a couple weeks ago," Meyers said. "It was a meet-and-greet gathering to share our mission with the students and answer any questions that they may have, in addition to things that they would like to see happen in the organization."

In the winter 2017 semester, the club will begin to keep a record of their members, as it works on applying to become a part of the PRSSA.

In order for PRAd to become a part of PRSSA, the club needs to have at least 50 members, and OU must offer public relations as a major. Currently, it is offered only as a minor. However, Meyers explained that OU is in the process of having a major approved.

"This student organization is a stepping stone to growing the public relations and advertising programs through alternate opportunities beyond the numerous opportunities that the faculty and communication and journalism department offers, through events and required internships," Meyers said.

How to eat nutritionally in college

Don't let stress and classes affect your ability to maintain a healthy diet

Amy Swanson Staff Reporter

Thether it's grabbing something quick between classes or snacking while staying up late to study, making smart eating choices while on campus isn't always easy.

However, Student Health and Wellness Coordinator Erica Wallace has created many programs focusing on how to do so at Oakland University.

Before beginning her discussion of the programs, she made a clarification.

"As an aside, I have ethical concerns with calling food 'bad' or 'good' and 'healthy' or 'unhealthy," she said. "There are foods like avocados, which are calorie-dense but contain many beneficial nutrients, or something like a cookie or doughnut, that while not ideal to eat every day, is still fine as a treat in moderation."

There are many reasons why students make poor eating choices.

Based on the health-coaching clients and other students she has worked with, poor time management is often a factor. Students may skip breakfast, rush through meals or resort to fast food.

Wallace also cited students' lack of knowledge, as they don't know correct portion sizes or the nutritional value of certain foods.

In addition, students may put too much emphasis on cutting out carbs or eating low fat.

What to keep in mind

"You should generally aim for a balance of carbohydrates, protein and a little fat in every meal while trying to limit sodium and added sugar," Wallace said.

A meal for the average person should contain 500-600 calories, which is based



Nowshin Chowdhury / The Oakland Post

Students can purchase chicken salad and other healthy food from Create in the Pioneer Food Court.

on a low activity level and three meals a day.

People should shoot for three meals, which fuel the brain and prevent people from getting too hungry and overindulging once it's time to eat, according to Money-Crashers.com.

Having snacks like fruits and veggies, granola bars and whole-grain crackers on hand can help tide appetites. There are also highprotein options like hummus or hard-boiled eggs, as suggested by LiveStrong.org.

Wallace gave a few ideas of balanced meals around OU's campus.

At Panda Express, one healthy choice is a bowl filled with half veggies, half brown rice and meat that hasn't been fried.

There is also a grilled chicken sandwich at Chick-fil-A, accompanied by a side salad or fruit cup.

When at Moe's Southwest Grill, go for a bowl with rice, beans, steak or chicken, heaps of vegetables, and minimal dairy toppings and guacamole. Or get the burrito, but skip the rice.

At Subway, a healthy choice is whole grain bread

with a lean meat like chicken or turkey, lots of vegetables, and a small amount of dressing or condiments, paired with some fruit.

And while salads are the obvious choice, students should try to include protein like lean meats, nuts or legumes, and load up on fruits and veggies. As for the dressing, limit the amount and go for more oil- and vinegarbased options, suggested MoneyCrashers.com.

As for staying up late to crank out that paper, it may be tempting to reach for a soda or energy drink. However, water may do the job without the extra sugar. To stay active, the body and its organs need many glasses of water to function correctly. Becoming dehydrated can make people feel tired and moody, according to NewHealthAdvisor.com.

What to limit

Wallace recommends trying to consume less fried foods, as well as meats that are higher in fat, like beef, bacon, ham, pepperoni and sausage.

She also made it clear that an individual doesn't have to cut out these foods completely.

"If you're really craving a food, my suggestion is to get and enjoy a small portion of it, and make sure the rest of your meals that day are balanced," she said. "For example, if you really want waffle fries, get a small fry and take time to enjoy every bite while pairing it with a grilled chicken sandwich at Chick-fil-A."

This goes for other items, like a little ice cream or the smallest size of an indulgent blended coffee.

"Many people want to feel like they are getting the best value for their money, but most of us will inhale a large size without paying attention, so you get a lot of calories without even enjoying what you're eating."

Wallace thinks that now is the time to start making smart choices.

"Statistically, whatever habits and behaviors you develop or practice now (at college age) will stick with you," she said via email. "Getting into good habits now means you'll likely continue those habits and have better long-term health outcomes."

Eat this, Limit that: Transfer meal edition

Panda Express:

- Instead of the fried rice, which has 520 calories, 18g fat, 3.5g saturated fat and 850mg of sodium
- Try the steamed brown rice, which only has 420 calories.
 4g fat, 1g saturated fat and 15mg of sodium

Chick-fil-A:

- Instead of the spicy chicken sandwich, which has 490 calories, 21g fat, 5g saturated fat and 1600mg of sodium
- Try the 8-count chicken nuggets, which only has 270 calories, 13g fat, 1g saturated fat and 1060mg of sodium

Subway:

- Instead of the 6-inch spicy Italian, which has 480 calories, 25g fat, 9g saturated fat and 1490mg of sodium
- Try the 6-inch ham and turkey, which only has 280 calories, 4g fat, 1g saturated fat and 790mg of sodium

Moe's Southwest Grill:

- Instead of "The Earmuff"
 with beef and pinto beans,
 which has 650 calories, 22g
 fat, 8g saturated fat and
 1500mg of sodium
- Try two corn tacos with beef, which only have 276 calories, 16g fat, 4g saturated fat and 480mg of sodium
 - Compiled by Oakland University Recreation and Well-Being

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Banquet Rooms A and B, Oakland Center

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 ${\it Reception \ to \ follow}$



ARTHUR LEONARD CAPLAN is founding head of the Division of Bioethics at New York University Langone Medical Center in New York City. Currently, he is the Drs. William F. and Virginia Connolly Mitty Professor.

Dr. Caplan has served on a number of national and international committees,

and is the chairperson of the Compassionate Use Advisory
Committee (CompAC), an independent group of internationally
recognized medical experts, bioethicists and patient
representatives which advises Janssen/Johnson & Johnson about
requests for compassionate use of some of its investigational
medicines. He is the recipient of many awards and honors.
In 2014, he was selected to receive the Public Service Award from
the National Science Foundation/National Science Board.
In 2016, he was presented with the Lifetime Achievement Award
from the American Society for Bioethics and Humanities.

Dr. Caplan is the author or editor of 32 books and more than 600 papers in peer-reviewed journals. His most recent book is Replacement Parts: The Ethics of Procuring and Replacing Organs in Humans (Georgetown University Press, 2015).

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ABOUT RICHARD J. BURKE (1932-2012) — As the first faculty member hired at Oakland University, Richard Burke watched OU evolve from promising beginnings to a present day filled with possibility. To help bring those possibilities to fruition, he established the annual Richard J. Burke Lecture in Philosophy, Religion and Society.

18 November 16, 2016 // The Oakland Post www.oaklandpostonline.com

Looking Back

Looking Back: Campus reactions to the Vietnam War

Cheyanne Kramer Web Editor

n Jan. 24, 1969, just four days after President Richard Nixon was inaugurated, an Oakland University newspaper called The Oakland Observer ran a story titled "The Nixon Ascendancy and the State of the American State." Less than a year later, The Oakland Observer would be no more.

The Observer was well-known for its radical opinion sections and stories that challenged the status quo. By the end of its 10-year life, the paper had to be printed in Ohio, as no local publishers would even print it.

In this Jan. 24 article, Mike Honey, editor-in-chief of The Observer, made strong claims against America's participation in the Vietnam War. His article was 3 1/2 pages long, stretching over seven separate chapters, all connected to the one overarching theme of Nixon's election.

In part, Honey wrote, "It has come as a shock to many to witness the blood and material poured into a war 10,000 miles away from home for reasons of 'national security,' in a nation the size of Florida."

On Nov. 15, 1969, the largest anti-war protest took place in Washington D.C., where 250,000 Americans gathered to peacefully protest the war. Nixon, who ran for presidency wishing to appeal to a "silent majority" of Americans who supported the war, was then confronted with the reality that many Americans, especially college-aged ones, were opposed to it.

Honey, in his 1969 editorial, wrote, "[The Vietnam War] was a calculated attempt to maintain the hegemony of American free enterprise over a vital center of raw materials, Southeast Asia. Vietnam is the crucible of American Capitalism."

He continued to argue there was a ruling class in America, and that this ruling class was based partly in capitalism.

"... no one rises to power without money; that money can





The Oakland Post Archives

TOP A cartoon illustration of Nixon. **LEFT** A photo of Hubert Humphrey, center, with his security on campus in the Oct. 29, 1965 issue. **RIGHT** The cover of the Jan. 24, 1969 issue where a multi-chapter story ran on Nixon.

only be obtained thru [sic] cooperation with the men who control the system of corporate capitalism and its media, ie., the managers of the corporations, their allies in the government, and their friends in the military," Honey wrote.

Protests of the Vietnam War were ever-present at Oakland, as they were at many college campuses around the U.S.

At OU, Lee Elbinger was one of the frontrunners of an interesting plan to protest the war. Elbinger, who was suspended from OU for having sexual intercourse in a dorm room, returned from his suspension and formed the O.C.T.G.O.H.H., the

Oakland Committee to Gross Out Hubert Humphrey.

Humphrey was Lindon B. Johnson's vice president, and he came to OU in 1965 to talk about the value of higher education.

In regard to the anti-war efforts on campus, Humphrey himself said, "Controversy is the heart of the United States, and I encourage dissent, discussion, and debate; but we must at some time, finally make decisions on pertinent matters."

This was the only time in the entire speech that Humphrey mentioned anything relating to Vietnam, according to an Oakland Observer article published

on Oct. 29, 1965.

During Humphrey's appearance at OU, Chancellor Woody Varner presented him with two petitions from the OU student body. Both were concerned with the Vietnam War.

Varner said he was proud of the sophisticated ways in which the students handled expressing their emotions about the war.

Leading up to Humphrey's appearance on campus, Elbinger laid out a plan to have all 2,000 OU students pass gas to give Humphrey a "hint" about how college-aged students felt about the war. Elbinger later said he never meant to be serious about his plan, according to The Observer.

Elbinger decided that instead of causing a mass-gas protest, he would write a political column for The Observer. He then went on to study independently in New Orleans, sparking OU's Independent Study program, which many students use to this day.

Eventually, The Observer hired two new reporters, both of whom studied in Vietnam and had strong feelings about the war. David Black and Marc White spent the summer of 1966 writing articles about the Vietnam War for the Associated Press. Both wrote articles about campus-wide protests and oncampus fasts held by students who were against the war.

Honey, Black and Elbinger traveled in the summer of 1967 to Hong Kong to study, making stops in Japan and Taiwan. The Observer reporters heard first-hand accounts from American servicemen about how they felt about the war, as many servicemen took vacations in the countries the reporters were studying in.

Black wrote in one article dated Dec. 8, 1967, that an African-American serviceman from Detroit said he was glad people were demonstrating against the war and hoped their efforts were successful, so all of the soldiers could go home. Black went on to say that even the pro-war militants said that it was a necessary war and that they were "unlucky" to be the

ones to fight it.

Editors at The Observer began to organize demonstrations and partake in public silent vigils. One big instance was when pro-war Senator Edmund Muskie came to campus. He would later become the secretary of state under President Jimmy Carter.

Prior to his visit to OU, Muskie said he would speak for three minutes and leave the rest of the time open for questions.

Students timed him, and after three minutes, interrupted his speech. They asked him questions regarding the war, comparing the war to situations happening in the U.S. In the end, Muskie chose one of The Observer's editors to ask a question.

Students then began a silent vigil to remember victims of the war. They moved outside and crowded around Muskie's car, only ceasing when Muskie's security came onto the scene to disperse the crowd.

FACTBOX The Vietnam War

- The Vietnam War (1955-1975) was the longest war in American History, lasting just under 20 years
- The war cost 60,000 American lives
- Anywhere between 200,000 and 400,000 Vietnam civilians were killed in South Vietnam
- A total of 8,744,000 U.S. troops served worldwide during the Vietnam War

Sources

history.com/topics/vietnamwar/vietnam-war-protests

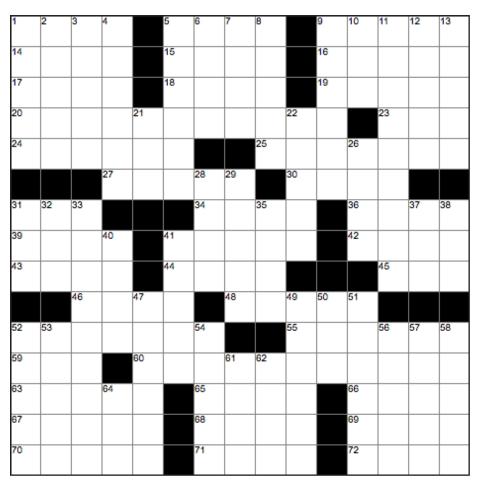
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Puzzles



Across

- 1: Root beer alternative
- 5: Misfortunes
- 9: Gymnastics event
- 14: Neural fiber
- 15: 'Far out!'
- 16: Rose oil
- 17: Colombian coin
- 18: Identical
- 19: Historic river of Paris
- 20: Ophthalmologist's supply
- 23: Grassland
- 24: Close again, as an envelope
- 25: Romantic's counterpart
- 27: Dozen for a recovery
- 30: Not having enough carbonation
- 31: Came across
- 34: Take on cargo
- 36: Preconception
- 39: State peremptorily 41: More dry and withered
- 42: Utah's state flower
- 43: Used to be
- 44: Follow
- 45: Stitch up
- 46: Stag or bull, e.g.
- 48: Reactions to fresh
- remarks, maybe
- 52: Revered tribal members

55: Blow the joint

- 59: Schlep
- 60: Skin cream
- 63: Reputation in society
- 65: One-third of a hat trick
- 66: Ancient character
- 67: Panama
- 68: Has to
- 69: Pretentious
- 70: Ledger transaction
- 71: Cumbersome boats
- 72: Minus

Down

- 1: Adventure
- 2: Daisy type
- 3: Takes it on the chin
- 4: Battery terminals
- 5: Shoe part
- 6: Entrechat or jeté
- 7: Genie's place, in lore
- 8: Operate the rudder
- 9: Feudal figure
- 10: Had a bite
- 11: Encryption software and
- 12: Freeway divisions
- 13: Pick up the check
- 21: Wharf pest
- 22: Send, as to a specialist
- 26: Testing areas
- 28: Not guilty, e.g.

- 29: Garments worn by the Ganges
- 31: Gaping mouth
- 32: Original sinner
- 33: Shrew
- 35: Farmer's hangout, in a
- children's song
- 37: Historical period
- 38: Madame of the sty
- 40: Photocopier tray filler
- 41: Minutes taker, perhaps
- 47: In an ineffectual way
- 49: Metamorphosis stages
- 50: A pop
- 51: Pasta or staircase shape
- 52: Pizzeria purchase
- 53: Earthling
- 54: 'The Sweetheart of ____

- 56: Color of a cloudless sky
- 57: Flat rates? 58: Low cards
- 61: Acidic
- 62: To-do list item
- 64: Long-nosed fish

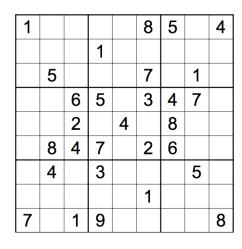
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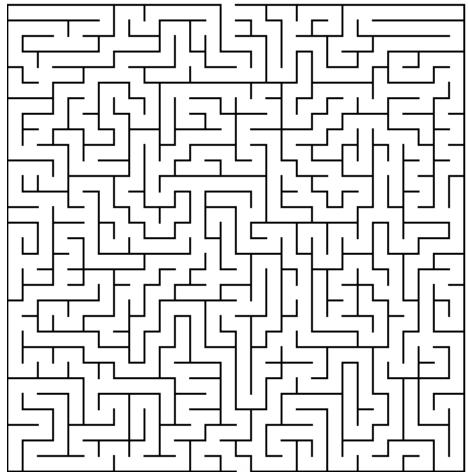
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Sports



Nowshin Chowdhury / The Oakland Post

The Meadowbrook Maniacs support both the men's and women's soccer teams through chants during the game.

MANIACS AT GAMFS

Students form group aimed at supporting OU's soccer program

Christian Miller Staff Reporter

Tull of enthusiasm, school spirit and last, but not least, hilarious chants, Oakland's Meadowbrook Maniacs is a significant source of support for people that aren't interested in us," Haase said. "She wanted to Oakland University's soccer pro-

The group was created two years ago through the efforts of Jacob Gozdor and his older brother C.J. With his sibling now the helm of a group that screams things like "Over there it's quiet, over here, it's a riot!" and "You only brought your parents!" to the opposing team and its fans.

"We tried to build some enthusiasm with the soccer program, but it didn't really take off at first," Gozdor said. "This year was really our push to try to get it going again, and it has really taken off. We've gotten people really involved and excited about the soccer programs here at Oakland."

Joey Verhelle, a freshman at Oakland and a high school friend of Gozdor's, has also helped foster new growth for the group.

"[Gozdor] does a really good job at running the Twitter feed," Verpage, which is starting to get things going, but a lot of information still

comes from word-of-mouth as is free to do so. We're jumping

Although the group has an established presence on social media, a major concern is the overall attendance at the events.

soccer out to the games," Verhelle said. "When we get people out there, they have a great time, but getting people to actually come out is difficult."

A loyal member of the Manigraduated, Gozdor, a junior, is at acs is Oakland freshman Tommy Haase. Haase became involved in the group through Verhelle, as the two knew each other from high school. Haase is a testament to the real grassroots system the group relies and thrives on.

> "I decided I would join, so then I invited some of my friends, and then they invited some of their friends," Haase said. "We ended up getting 10 people who were consistently going to games."

> The Maniacs may be small in numbers, but their passion for the Golden Grizzlies has been electric and infectious. The group has roughly 15 participants now, a result that Gozdor attributes to the group's unique atmosphere.

"It's a different type of support helle said. "I created a Facebook that we offer," Gozdor said. "You he said. "Anyone that wants to get to meet fantastic new people, so any one that is willing to join

around, banging on drums and using vuvuzelas."

Haase also noted the group's influence at away games.

"We actually had a woman from "The hardest thing is getting Cleveland State University email see how we started things because they wanted to get an organization of their own started."

Ultimately, the Meadowbrook Maniacs would like to see increased participation.

"Realistically, for next year I would love to see more freshmen get involved and have at least 25 people showing up," Gozdor said. "We have a solid core of freshman students, and ideally, for my last year, 40 people would be the goal."

Gozdor also mentioned the importance of establishing the group as a formal student organi-

"We're not a club right now at Oakland, so getting to the status would be great," Gozdor said. "We could provide T-shirts, scarves, vuvuzelas and other materials for people to use at the games."

Gozdor concluded by emphasizing the group's willingness to embrace new members.

"We are a very inclusive group," come down or come make some noise is more than welcome."

Men's soccer season ends on penalty kicks

Nowshin Chowdhury Photo Editor

 ${f F}$ or the second time this year, the Oakland men's soccer team faced Wright State University for an intense physical match and lost.

The 2016 Horizon League Championship semifinal game was held Nov. 10 at Wright State's Alumni Field in

The game was tied 1-1 at the end of regulation, with a goal from Wright State's AJ Paterson in the 80th minute and an equalizer from Oakland's Austin Ricci in the 81st minute. Ricci was assisted by Chase Jabbori.

Both teams fought to take the lead, but after doubleovertime draw, the game was determined by penalty kicks. Wright State won the shootout 6-5.

Wright State's Peguy Ngatcha, named Horizon League Player of the Year and Offensive Player of the Year, attempted four shots throughout the game, with two on goal. The Raiders had possession of the ball for most of the first half, but Oakland had a much more competent offense in the second half.

Wright State outshot Oakland 22-8 overall, starting out 14-4 in the first half.

Wright State made nine shots on goal. Oakland goalkeeper Liam McQueenie recorded seven saves, tying with his career high, and the team saved one.

Wright State's goalkeeper, Joel Sundell, saved two of Oakland's three shots on goal.

Four yellow cards were given out in the second half to Wright State's Paterson, Dan Bent and Ngatcha, as well as Oakland's Willie Maddox.

Oakland's Nick Strack, Alex Serwatka, Nebojsa Popavic, Jabbori and Ricci scored penalty kicks in the shootout. AJ Shaw was blocked by Wright State's goalkeeper Sundell, who finally made a save after guessing correctly but missing three times before.

Wright State's Zach Zwiesler, Eric Lynch, Jackson Dietrich, Jake Stovall, Ngatcha and Paterson scored the penalty kicks that got the Raiders into the final round of the championship.

The Raiders lost 1-0 to the University of Illinois at Chicago Flames on Nov. 12.

"It was a great game between two good teams," said Oakland's head coach Eric Pogue in a GrizzVision interview. "You can put it on the calendar every year that Oakland and Wright State are going to go at it, and it's going to be a tough game."

The stakes were always high when these two teams played against each other in the past.

In 2014, Oakland defeated Wright State 2-1 in the Horizon League Championship finals at home. In 2015, Oakland won 1-0, defeating Wright State once again in the finals to move on to the first round of the NCAA Division I Men's Soccer Championship.

In fact, the Golden Grizzlies haven't lost to the Raiders in Division I history until this year's regular season game on Oct. 8, when Oakland gave up a goal in the first half.

"For us to battle toe-to-toe with them, I think says a lot for how talented we are right now and what the future is for Oakland soccer," Pogue said. "The future is bright for Oakland soccer."

Cross country wraps up season at Regionals

Christian Miller Staff Reporter

akland University's cross country teams hit the ground running for the final time this season during the 2016 NCAA Great Lakes Regional Championships at the Thomas Zimmer Championship Course on Friday, Nov. 11.

The women's team finished 13th out of 32 teams with a team score of 364 points — a program-best — while the men's team secured 16th out of 30 teams with a score of 445. Both teams defeated other universities, including Central Michigan University, Western Michigan University, Bowling Green State University, Wright State University and Valparaiso University.

The women's team had seven members compete in the 6K, five of whom contributed to Oakland's score.

Senior Miranda Haas finished 41st out of 221 runners with a time of 21:06.5. Sophomore Rachel Levy secured 48th with a time of 21:16.4, while juniors Ashley Burr and Alana Koepf finished 56th and 86th, respectively, with times of 21:25.3 and 21.56.3. Senior Lydia Stanley rounded off the final score at 133rd, completing the course in 22:37.1 minutes.

The men's team had a total of six members compete in the 10K, five of whom helped aggregate the final score.

Junior Bryce Stroede was the first to finish for Oakland, placing 20th with a time of 30:57.9. Sophomore Connor Wuori followed with a time of 31:36.4, earning him 42nd. Sophomores Brad Mallory and Jacob Greer earned the 111th and 134th positions, recording times of 32:43.7 and 33:18.7. Senior Michael Cox documented a time of 33:24.4, earning him 138th.

The Regional Championships rose emotions almost as much as heart rates.

"It was kind of a stressful situation," Stroede said. "I had two goals set in mind from day one: to be at regionals and to make it to

nationals. It's a really tough feat to attain, but I like to set my goals high and chase big dreams. I was able to achieve one of them, and I can't be more happy with it, but it was definitely stressful going into it."

efinitely stressful going into it."

Haas noted the significance of the meet.

"It was my last cross country race ever, so that was definitely playing a role with my thought process," Haas said. "I kind of went through it just constantly saying 'This is it, don't stop. This is it.' To come out with a [personal record] on that day for my last race ever was a cool feeling."

The teams' results were attributed to their devotion to training.

"We've been working since June, so it's been a long time coming," Haas said. "For six months we've put all our work in and have been working off each other all season long. We've been pushing each other during workouts, so if someone was having a bad day, someone would stand up and push with them to keep them going."

Stroede noted the youthfulness on the men's team.

"Only two of the six of our guys had run at regionals before, so we had a lot of inexperience, but we knew we had put the work in all year, so we had to go out there and have fun," Stroede said. "When you have fun, things come a lot easier, so we had a good day because of it."

Ultimately, the two believe in the program and envision even more success in the future.

"I think it is rising tremendously," Haas said. "We're going to be, I think, top 10 in the next couple years for sure and just up from there."

Stroede mirrored Haas's comments.

"Top 10 is something that we've talked about on the men's side, and we want that to happen over and over again," Stroede said. "We're getting there. We were missing a few key pieces this year, but we'll have them coming back next year, so it'll be a strong year."

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THE SPORTING BLITZ

Football (9-0)

Oakland football remained dominant in the Great Lakes Conference Title Game, trouncing the Eagles of Robert Morris 29-0.

Heading into the game, running back Malik Pettway established himself as the centerpiece of the Oakland offense. In just six games, Pettway has recorded 585 rushing yards to go along with a team-high of six touchdowns.

The Golden Grizzlies will put their undefeated record to the test against Eastern Connecticut in the National Club Football Association (NCFA) Playoffs on Nov. 19 in Erie, Pennsylvania.

Volleyball (18-12 overall, 10-6 Horizon League)

The Golden Grizzlies fell to Valparaiso and Milwaukee during the last week of conference play, losing to Valparaiso in four sets on Wednesday, Nov. 9 and losing to Milwaukee in straight sets on Friday, Nov. 11.

Sammy Condon led the way for the Golden Grizzlies against Valpo's Crusaders with 12 kills, seven digs and four block assists. Darien Bandel also got in on the action, recording a team-high of 18 kills along with four block assists.

Regarding the team's effort, head coach Rob Beam took all the blame in a GrizzVision interview. "That's on me and nobody else," he said, "... We've got to do a good job as coaches getting them ready to play."

Jessica Dood was one of the few bright spots in the Golden Grizzlies' convincing loss to the Panthers, recording eight kills, two block assists and one dig. The two losses put Oakland out of contention for a top-two seed in the conference championship.

The Golden Grizzlies await their seed in the Horizon League Tournament, which will take place Nov. 18-20 at Cleveland State University.

Women's Basketball (0-1)

Oakland began their season with a loss to the University of Michigan 101-63 on Nov. 11.

Taylor Gleason and Hannah Little were the only Golden Grizzlies to reach double digits in scoring. Gleason scored 15 points and notched two steals, while Little stuffed the stat sheet, adding 16 points, seven rebounds and five assists.

The Golden Grizzlies look to get back on the right track against the Concordia Cardinals on Nov. 27 on the Blacktop at the O'rena.

Compiled by Drew Hagge WXOU Sports Director

Women's basketball destroys Marygrove at home opener

Christian Miller Staff Reporter

Reeling from the season opener loss at University of Michigan last Friday, Oakland women's basketball (1-1) won a massive victory against Marygrove College (1-4) during the home opener at the Blacktop in the O'rena Monday night.

After four quarters, the Golden Grizzlies managed to pummel the Mustangs 126-31.

Taylor Jones led Oakland with 27 points, while Nikita Telesford added 18. Telesford also led in rebounds, regaining the ball 13 times while on offense and three times while on defense. Leah Somerfield and Sha'Keya Graves contributed 13 points each.

The first half saw Oakland overpower Marygrove 30-9 in the first quarter and 27-10 in the second, but the Golden Grizzlies had some difficulties working the ball defensively. Marygrove generated some turnovers, but were unsuccessful in finding the net.

Oakland head coach Jeff Tungate used halftime as an opportunity to reconfigure Oakland's strategy.

"I challenged them at halftime with some things that I wanted to see improved," Tungate said. "I didn't think our ball pressure was good enough in the first half, and I didn't think that we rotated well enough compared to what we normally do. I also didn't think we were blocking out the way we've been practicing."

Oakland's Taylor Gleason recognized similar obstacles.

"It was an opportunity for us to get to see what we need to work on intensitywise and defensively," Gleason said. "We definitely knew that we needed to put more pressure on the ball, so this was a good opportunity to practice that. We can always improve on our defense and pressuring the ball."

Energized with Tungate's input, the Golden Grizzlies took the third quarter 41-8 and limited Marygrove's chances offensively. Oakland's pressure continued into the fourth quarter, where they held Marygrove 28-4.

"I'm more excited about what we did in the third quarter because I didn't think we played the first half very well, even though we had a big lead," Tungate said. "I was pleased with how they responded, and to come back the way we did tonight is what I had hoped this team would do."

Jones attributed the victory to the team members' ability to adapt to one another.

"I think each day we're learning each other's game more, and we're getting to have better chemistry," Jones said. "I think that everyone that came off that bench played their role well, and we'll have to transfer all this over to our next game come Saturday."

Gleason echoed Jones' comments.

"[We] need to keep bringing the intensity to practice and keep continuing so we never take a step back," Gleason said. "We just took it as another game. We take every game the same because we're out there to beat whoever is out there."

Tungate hopes the team's success will

filter into the next game against Indiana University Purdue University Fort Wayne (IPFW).

"The biggest thing is that we just worry about what is going on that day," Tungate said. "I know it's a bit of a coaching cliché, but all we can focus on is the day. We have to put this one in the rear view mirror, learn from the mistakes we made, correct them and get ready for IPFW."

The Golden Grizzlies will face IPFW on the road Saturday at 4:30 p.m. ET.



Elvse Gregory / The Oakland Po.

The Golden Grizzlies were back on the Blacktop Monday evening where they celebrated a win over Marygrove. The home opener final score was 126-31.

Swim and dive splits meet against EMU

AuJenee Hirsch Staff Reporter

The men's and women's swim and dive teams faced victory and defeat against the Eastern Michigan Eagles on Saturday, Nov. 12 at the Oakland Aquatic Center.

The men's team won against the EMU Eagles 160-140, while the women's team lost 193-107. Collectively, Oakland took first place in 13 out of the 32 events.

"Any time you go up against a team with the quality of an Eastern Michigan team and coached by Peter Linn, you know you're going to be in for a real good effort on their part," said Pete Hovland, Oakland swim and dive head coach. "That's to be totally expected, and that's what we got."

The men's team win against EMU is their first victory in the series since 2012-13.

Freshman Micah DeJonge gained nine points for Oakland when he won the men's 500-yard freestyle with a time of 4:36.66. He also held a strong lead in the men's 1,000-yard free and won an additional nine points with a time of 9:30.87.

"I've never experienced a meet like this where everyone gets super pumped to swim," DeJonge said. "Listening to all the upperclassmen talk about how exciting this meet is and how everyone gets up for it was really cool. Coming into [the meet] and having races in every event and watching everybody put in everything they have into every race it was a really cool experience."

Sophomore Devon Nowicki earned Oakland a total of 38 points when he placed first in three individual events and the 200 medley relay, along with seniors Jeremiah Morren, Alek-

sander Danielewski and Tuomas Kiviluoma.

For the women's team, sophomore Holly Morren took first place in three events. She won the 50 free with a time of 23.40 seconds and the 100 free with a time of 51.27 seconds.

Morren was also anchor of the winning 400 medley relay, which also included freshman Katie Colwell and juniors Alysse Fischer and Arynn de Leeuw. Morren brought the team back from behind in the last stretch of the race and earned the Golden Grizzlies 29 points during the meet.

"I think knowing that we were a pretty good amount of points behind, we weren't going to be able to win the meet," Morren said. "I think winning the last relay has always been something that we really like to do, which is to kind of get the bragging rights for the last relay."



Bohdanna Cherstylo / The Oakland Post

Teammates cheer on their fellow Golden Grizzlies against the EMU Eagles.

Fischer earned four more points for Oakland when she placed second in the women's 200-yard free with a time of 1:53.43. Sophomore Krissy Harmon got second place in the women's 1,000-yard free with a time of 10:15.32, earning four additional points.

Hovland would have liked to see better results from the women's team.

"I thought we swam well in majority of the situations," Hovland said. "The women have a ways to go, and a little disappointed with the results there, but not for lack of effort."

Men's and women's swim and dive will compete in the AT&T Winter Nationals at the McAuley Aquatic Center in Atlanta, Georgia, from Nov. 30 through Dec. 3.



Martez Walker led Oakland with 22 points at the season opener on Friday, Nov. 11 against Bowling Green State

Men's basketball opens season 78-70

AuJenee Hirsch Staff Reporter

7ith 20 seconds left in the game, the Golden Grizzlies had possession of the ball. Guard Sherron Dorsey-Walker stood at the top of the paint dribbling, watching the shot clock as the seconds ticked down. He stopped dribbling and held the ball at his hip as time expired and Oakland won its first game of the season.

The Golden Grizzlies (2-0) took down the Bowling Green State University Falcons (0-1) 78-70 on Friday, Nov. 11 during their home opener game.

"I thought the first half was a typical game for both teams trying to find yourself offensively," Oakland head coach Greg Kampe said during the postgame press conference. "Defensively, I was really, really pleased."

Play-by-play

The Veterans Day game started with an honorary tip-off from 1998-2000 Oakland basketball player and survivor of the Brussels bombing in March, veteran Sebastien Bellin.

During the first half, Bowling Green held the lead until guard Martez Walker scored a 3-pointer, bringing the score to 6-5 Oakland with 16:56 left in the first half.

But Oakland did not hold the lead for long. BGSU took it back 20 seconds later by scoring two points.

The Falcons kept their lead for the majority of the first half, but the Golden Grizzlies soon closed the four-point lead when guard Stevie Clarke made a 3-pointer and brought the score to 13-14 Bowling Green.

Once the gap was closed, BGSU could not keep up with Oakland's relentless offense. Walker scored some points from the three with assistance from Clarke.

The Golden Grizzlies pulled away, with the score 35-29 Black and Gold at the end of the half.

After halftime, the Golden Grizzlies kept up its offensive at-

Point guard Nick Daniels and Walker each got a layup at the beginning of the second half.

Bowling Green increased the intensity of their defense and started to press Oakland. Despite this, Oakland forward Jalen Haves dominated the court, scoring the next six points for Oakland with assists from Clarke and Dorsey-Walker. Hayes fouled out with 14:00 left in the game.

The score was 60-46 Golden Grizzlies when Bowling Green stepped up their offense. The Falcons shrank the lead until the score was 65-61 Oakland with 7:05 left in the game.

Despite BGSU's comeback, Dorsey-Walker made two 3-pointers with less than three minutes left in the game.

"I knew we needed a bucket because we hadn't scored in a while," Dorsey-Walker said in the postgame press conference. "I just took the shot with confidence. We work on things like this everyday. We work on lategame situations. I just stepped up as a senior and knocked the shot down."

Oakland pulled ahead and won the game 78-70.

Highlights

Martez Walker led Oakland with 22 points. He went 7-18 from the field and 6-6 from the freethrow line.

Dorsey-Walker scored 17 points with 14 rebounds and three assists. He went 4-10 from the field, 4-5 from the three and 5-7 from the free-throw line.

Hayes went 6-8 from the field and 2-3 from the free-throw line. He scored 14 points in total.

For the Falcons, forward Wes Alcegaire led the team with 19 points. He went 7-13 from the field goal and 4-7 from the 3-point line.

Guard Zack Denny scored 15 points for BGSU, went 6-19 from the field and was the only player to play more than 30 minutes.

At halftime, Oakland men's basketball celebrated its 50th anniversary by honoring the first men's basketball team, established in 1966.

Men's basketball defeats Western Broncos 77-60

OU starts season 2-0 for fourth time in Oakland Division I history

> **AuJenee Hirsch** Staff Reporter

The Oakland mens can team defeated the Western Propose 77-The Oakland men's basketball Michigan University Broncos 77-60 on Monday, Nov. 14.

This win ends the Golden Grizzlies' four-game losing streak to the Broncos.

This is the fourth time Oakland has started a season 2-0 in 18 seasons of Division I play (2002-03, 2003-04, 2006-07).

"I knew we were going to beat Western Michigan, who we haven't beaten in a long time," said head coach Greg Kampe in the postgame press conference. "It's a great win for us. It's great to beat Western Michigan."

Oakland had a rough start to the first half of the game and the Broncos took a five-point lead.

With less than 10 minutes left in the first half, the Golden Grizzlies started to come back from behind with points from Martez Walker and Jalen Hayes.

Oakland stepped up both offensively and defensively at the end of the first half, while the Broncos struggled.

At halftime, the score was 30-26 Black and Gold.

At the beginning of the second half, forward Isaiah Brock changed the dynamics of the game.

In less than a minute, Brock stole

a pass, assisted Walker in making a layup and made a layup himself, giving Oakland a 34-28 lead.

The Golden Grizzlies continuously made 3-pointers in the second half, and took a double-digit lead.

At the end of the game, junior co-captain Nick Daniels stood in the middle of the court waving his arms up and down, gesturing for the crowd to cheer louder as the Golden Grizzlies defeated the Broncos 77-60.

"We just had to stay playing defense and being aggressive as coach always says," Walker said in the postgame conference. "That's how we came through."

Walker led the game with 21 points. He went 9-17 from the field and 3-8 from the three.

Hayes scored 18 points, going 7-12 from the field and 4-4 from the free-throw line. He got seven rebounds and played for 39 minutes, the longest he has played in a game this season.

Stevie Clark went 4-10 from the field, 3-6 from the 3-point and 4-4 from the free-throw line. He scored 15 points.

For Western Michigan, guard Thomas Wilder led the team with 13 points.

Brandon Johnson and Tucker Haymond each scored 12 points for the Broncos. Johnson was 6-8 from the field and got 5 rebounds. Haymond was 2-10 from the field goal and 8-10 from the free throw line.

Oakland's next game will be against Goshen College at 7 p.m. ET on Friday, Nov. 18, on the Blacktop at the O'rena.



Bohdanna Cherstylo / The Oakland Post

Junior guard Stevie Clark scored 15 points in Monday night's game against Western Michigan University.