NEWS



Former Detroit Lion Barry Sanders hits OU's

links

a3

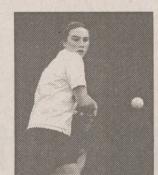
LOCAL

Exam time means stress for most students



The relaxing world of yoga

SPORTS b5



Tennis team gets its first win of season

High 46 A4 Perspectives

Motley Fool Sports Trivia Get Out

A7 A6

• The Board of Trustees announced the recipients of the Alfred G. and Matilda R. Wilson Awards and the **Human Relations** Award at its meeting last Thursday. Charles Archer, senior, history and Cristina Kapustij, senior, biology and Russian were presented with the Wilson Awards and Natasha Vanover, senior, journalism and Japanese was given the Human Relations Award.

• The last OU Student Congress meeting of the year will take place next Monday in the Oakland Room of the OC. Student **Body President** Adam Kochenderfer will give his State of the Campus address, starting at 4 p.m.

Congratulations!

· Voice your opinsite dedicated to OU Mathematics. Complaints, suggestions or personal experiences can be posted anonymously. Also, read through what others have written. Visit www.NLComputers. com/OUMath/.

• The English Department will sponsor up to four students who want to participate in the Far Field Retreat for Writers, May 17-20. Scholarships winners will assist the conference director and the English Dept. in hosting the event. The scholarship includes all registration fees, housing and dining. Deadline April 13. Call x2250 for info.

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Phase two of apartments ratified, China talk tabled

Board of Trustees approves final draft of campus master plan at its meeting last Thursday

By Mike Murphy THE OAKLAND POST

A proposal to the Board of Trustees to establish a master's degree program in China was postponed at its meeting last Thursday, pending the outcome of the current international stand-off.

Twenty-four U.S. airmen are being held by the Chinese government after their military surveillance plane was forced to land after a mid-air collision over China on Sunday.

As a result, a Board vote on the proposed master's degree was delayed Development Corporation to begin conuntil the crisis is resolved.

The Board did, however, approve the second phase of plans to build on campus student apartments and the Campus Master Plan.

The Board authorized a design-build agreement for a student apartment complex along Walton boulevard. The apartments will house 400 to 500 students. The apartments will be furnished and will house 2 or 4 students.

The agreement authorizes Capstone struction and contains a clause that the total cost for the project will not exceed

A groundbreaking ceremony for the student apartments, as well as, the new Education and Human Services building will be held at 9 a.m. on April 18.

The apartments were proposed to the Board in October 2000. Construction is scheduled to begin July 1 and should be **BOARD** continues on A5



Dan McDuffee/The Oakland Post A PIECE OF HISTORY: One of the oldest buildings on campus, dubbed, the 'pig barn,' will have to be torn down to make room for the new student apartments, which will open Aug. 2002.

OUPD settles negotiations

By Michael Hoskins

Attorney

Granholm

General Jennifer

spoke at OU last

Thursday of the

issues her

office has taken up

the past

three years.

Granholm

announced

two weeks ago that

she is run-

next week. She was

elected in

Dan McDuffee/The

Oakland Post

1999 .

ning for Governor

The OU Police Department has a mission to protect and to serve the people of the University community. It's a demanding job that requires professional personnel who can handle their duties well.

Their jobs became more bearable

last week when the Board of percent increase on Oct. 1, 2000, three-year contract between the will take effect Oct. 1 of this year. OU and the Police Officers Association of Michigan, increasing the salaries and benefits for the police officers and support staff.

Approval implemented a retroactive pay increase of 3.45 percent from Oct. 1, 1999. A 2.7 Optical was also increased.

Trustees approved a tentative and a 3.35 percent increase, which

OU's contribution to the employees' 403(b) retirement plan has also been raised, increasing the amount to two percent for last year and by one percent for this next year. Vision insurance through CoOp

All the retroactive increases apply to active employees as of March 7, 2001, the date the union ratified the agreement.

Other changes were made in the agreement, as well.

New officers in the field training program will not be able to serve as back-up officers until successfully completing the program.

The same goes for dispatchers, who will not be allowed to work alone until they complete their training.

Additionally, compensatory time has been bumped up from 30 hours to 40 hours, and at the end of each annual pay period on Sept. 30, that time will be converted to

AG Jennifer Granholm details office's past accomplishments

By Michelle Voss THE OAKLAND POST

Michigan Attorney General Jennifer Granholm paid a visit to OU last week to speak about issues that her office has fought for in the last three years as well as openness in government.

Granholm announced two weeks ago that she is running for Governor. Speaking to a half-filled Meadow Brook Theatre last Thursday, Granholm apologized for starting a

half an hour late due to technical

She said, "What's a schmuck like me is doing up here?" after seeing what lecturers the Student Life Lecture Board had brought to OU in previous years.

"But here I am, and I'm privileged to be here," she added.

During the question and answer period two audience members asked Granholm questions regarding open government, the Open Meetings Act and the Freedom of Information Act.

"This is an ongoing subject of controversy," Granholm said. "Meetings must be accessible to the public, posted and convenient to the public. Otherwise, you could have your open meeting in the men's room, and that doesn't do you a whole lot of good. That would be a violation of the Open Meetings Act."

Admitting that she is most passionate about the Internet, Granholm has worked on protecting the privacy of

GRANHOLM continues on A5

Provost's annual affairs address focuses on night classes, growth

Esposito says web could shorten classes

By Matt Smith THE OAKLAND POST

OU's general education curriculum was Vice President of Academic Affairs and Provost Louis Esposito's focus during his annual State of Academic Affairs Address last Wednesday in 201

Esposito's plan to incorporate professional studies classes with arts and sciences classes was met with mixed emotions by the large number of faculty Louis Esposito members present.



"I really am a firm believer that a university like Oakland would have the opportunity to have a really distinctive general education program," said Esposito.

During the question and answer segment, an audience member expressed her concern that extracurricular activities should also be considered for general education programs. Another audience member said Esposito's plan does not really change anything with the current general education curriculum.

General education was just one part of Esposito's visions of OU's future that will concentrate on a more collaborative relationship between faculty and students.

"My vision is not based on how much we do, but what we do and how we do it," said Esposito.

The vision includes a community oriented plan that encourages faculty and students to get more involved in research and creative activities together. Esposito believes that this plan will not only allow students to learn from faculty, but faculty to learn from students and from one another.

Another concern Esposito has was the length of night classes, particularly those that start at 6:30 p.m. and end at 9:50 p.m. "A web enhanced course specially for evening courses might be a very useful learning model," said Esposito.

His plan would shorten the three hour and twenty minute classes to two hours and use an internet program to supplement material not covered in class.

Esposito also suggested two new task force groups to look into admission criteria and the advising system. All of these concerns coincide with Oakland's growing status as a university. As the university grows, Esposito hopes that his vision will distinguish OU from other universities and community col-

All students, faculty, and staff were invited to attend the address. However, less than a handful of students were pres-

OU looking for new bookstore vendor



Tracy Minnis/The Oakland Post MOVIN' OUT: Wallace's Bookstore, Inc. filed bankruptcy last month, and OU has started looking for replacement vendors.

By Mike Murphy THE OAKLAND POST

As Wallace's Bookstore, Inc. struggles with bankruptcy, OU has started looking for other vendor's.

A statement from Wallace's to its employees Monday said the company does not intend to fund the annual buyback of used books and will not to purchase additional books for the summer sessions at its college bookstores.

Wallace's filed for Chapter 11 bankruptcy last month because of the owner's financial troubles.

Wallace's announced that it is taking bids to sell some or all of its assets the week of April 16. If a buyer isn't found, the company said it would begin a transition process by which the bookstores may continue operations under some sort of order from the federal bankruptcy court.

Peggy Cooke, OU's Director of Auxiliary Services, said that her office is working with Wallace's to ensure that the bookstore doesn't close, and that there will be no interruption of service for the upcoming term.

She said a decision about the company's future will be made in court within the

"Things are changing

BOOK continues on A8



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•Police responded to a traffic accident on April 3 at the corner of Meadowbrook and Pioneer Roads near the George T. Matthews. Apartments. The driver of a 2000 Saturn ran the stop sign on Meadowbrook Road and hit a car traveling east on Pioneer Road. The driver claimed that her shoe was wet and slipped off the brake when she tried to stop at the corner. No injuries were reported and the driver was ticketed.

· Police ticketed the driver of a 1999 Black Chevy after a traffic accident at the intersection of University Drive and Squirrel Road on April 2. A 1989 Cavalier was stopped for the red light on westbound University at Squirrel when the first vehicle failed to stop and rear ended the second. The weather was clear and road conditions were dry.

•A student went to police on April 2 to report a Checks Without Sufficient Funds complaint. She told police that she had advertised on the bulletin boards around campus that she had two tickets for a local concert. She met with the purchasers in December who wrote her a check for the tickets in the amount of \$140. A week after cashing the check, she received a letter from the bank that said the check was returned. She called the purchaser several times but never received a call back and sent a registered letter that was never acknowledged. She has a small claims court date against the suspect, and told police that she can identify the

Custodians still without contract

By Lisa Cali MANAGING EDITOR

Though OU has settled with two of its unions this winter, the maintenance and custodial staffs are still without a contract despite 18 months of negotiations.

The OU United Professional Services Association has been negotiating since Nov. 1999 and has rejected two offers from the university.

The two sides are slated to meet with a mediator on April 30.

Daniel Williams, chief negotiator for the OUUPSA, said the hang up seems to be \$25,000 which would go towards raises

"It seems like the university is not bargaining in good faith. There's something they want that we're not able to give," he

Dean Corsi, union treasurer and negotiating team member, said that he disagrees with the university's offers because they take money from the custodial staff and give it to the skill trades.

They want us to finance our own pay raise which is unfair," Corsi said. "They're not willing to kick in any money themselves. They have admitted that there is a problem with the skill trades being underpaid, but at the negotiating table they want to solve it with union money, not universi-

Kendall, said that the university was happy with the settlements that were rejected by the OUUPSA.

Kendall also said that because negotiations are still ongoing, he wants to protect the confidentiality by "not negotiating through the public or the press.'

"It's been going on a long time and personally, I am tired of not going forward. We don't want to be cheated or mistreated," Williams said. "It's time for somebody to be accountable for the problems we've the university and we're doing a good job so we need to be paid too."

The staff belonged to the American

1 | retirement

Chief negotiator for the university, Bill-Federation of State, County and Municipal Employees before they switched to the Michigan Education Association and became the OUUPSA.

The university has recently settled contracts with the Clerical and Technical staff as well as the OU Police Department. The CTs and OUPD were in negotiations for 20 months and 18 months, respectively before getting contracts.

The custodial staff maintains all but the three newest buildings on campus. OU, in a move some feel was an attempt to break had on campus. We have a vital service to the union, contracted with Aramark to do maintenance in SEB, Elliott and the Rec

Web registration brings **OU** into 21st century

By Brian Urreta

new feature to the SAIL class registration system, the World Wide Web.

Registering through the web allows students to enroll without having to deal with busy signals or waiting in long lines, and gives them a faster, more convenient way to sign-up for classes.

"After I finished registering, I sat there looking at the screen and thought, 'It can't be this easy. What's the catch," said Scott Anderson, senior, communication,

"We expect web registracatch on," she

Rowley believes that online SAIL system much more to offer

When using SAIL online, students can keep up to date when new sections are added, when classrooms change, as well as seeing when an opening for an already full class has become available faster than any other form of registration. Course changes, additions, and cancel-

lations often occur after the printed schedule of classes is sent to students. With the online SAIL system, students can find out changes that will affect them.

Despite this, Rowley said overall, everyone seems pleased with the advancements made in SAIL and believes that the web population will

Even with the introduction of online registration, the Registrar's office say that roughly 38 percent of registration transactions were via the telephone system, and 37 percent of registration transactions were in person.

Rowley said that the Registration office has no intentions of dropping either phone or in person registration with the introduction of the online system. She believes that some people feel more secure enrolling for classes face to face

"It's easier than going down to the school and standing in lines, the and much more expedient," said Casey Hartman, freshman, biology, who registered using the telephone this semester. "I don't think that I

the student than just web registration. would register on the web for fear of

Rowley insisted that the online SAIL system is safe, and students information is strictly confidential.

In fact, Rowley said that OU has big plans to expand the online SAIL system. One of these expansions will include allowing students payment on their

"I'd like to see us offering all services," Rowley said. "Our goal is to be 100 per-

Ultimately Rowley believes that the advancements that have been made in the online SAIL system will continue to

"It's the 21st century, that's what we do," she said.

Sanders frequents both the golf course and the Recreation Center. Reception honors award winners and nominees

A LION IN TIGER'S TERRITORY: Yesterday ex-Detroit Lion, Barry Sanders, was

seen playing OU's own Katke Cousins Golf Course on the east side of campus.

By Jessica Kapral THE OAKLAND POST

The Student Affairs Office and the Center for Student Activities and Leadership hosted their fourth annual Winners Circle reception Monday, April 9. The reception was held to honor students who have received or have been nominated for several different universi-

ty awards. Winners Circle likes to thank and congratulate those students who have achieved academic excellence or have contributed in some way to the well being of the university.

The awards and scholarships include the Sidney Fink Memorial award, which is presented to student employees who have made a commitment to helping improve race rela-

The Keeper of the Dream award is presented to students who have been committed to interracial understanding.

The Human Relations award is presented annually to any graduating senior who has greatly committed themselves to improving intergroup relations.

The Howard Hughes Fellowship Program in Biological Communications is a two-year research program offered to undergraduate students majoring in some type of science.

Other awards include the Orientation Group Spirit Leader award, Volunteer Service awards, the OU Alumni Association Scholarship, Golden Key International Honor Society Scholarship, Commuter Involvement awards presented to students that have participated in any campus activities or student organizations, and the Alfred G. and Matilda R. Wilson award.

The Wilson award is presented to one male and one female senior who have shown great leadership and academic skills. Recipients of the Wilson award have also contributed greatly to campus life.

Cristina Kapustij, a recipient of the Wilson award, is founder of the Russian Club, works at the Eye Research institute, and is majoring in biology and Russian.

The Wilson award is presented to the recipients at the graduation commencement ceremony and the students will also receive \$500, said Kapustij.

Dean of Students Dave Herman congratulated students on their achievements and wished them the best of luck. Jean Ann Miller, Center for Student Activities and Leadership read words of inspiration and also congratulated the students on their suc-

This past semester, OU introduced a

who registered online.

According to the Registrar's office, roughly 4,539 registration transactions (24 percent) were recorded online in with another individual. Winter 2001.

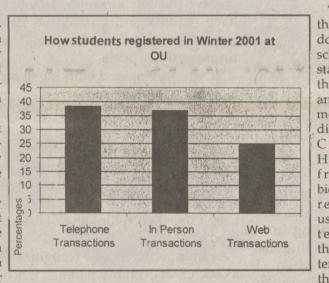
far, Registration Officer Kathy Rowley said that all feedback has been positive.

tion to really said.

One advantage is that courses are updated to the second and refreshed daily.

Rowley said that one minor problem

that occurred with web registration was students who either mistyped or forgot their pin numbers causing a hold put on their accounts. Part of the problem is that when students entered their pin, the numbers are X'd out making it impossible for students to see what they had



something going wrong.'

"We have no questions regarding secu-

rity issues," she said.

accounts with a credit card on the web.

cent through the computer system."

benefit the students at OU.

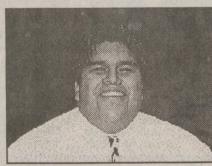
Students tell board members to recruit more Hispanics

By Tara Legato THE OAKLAND POST

Bonefacio DeLarosa, president and founder of Fuerza!, an organization for students of Hispanic descent, and one of two student liaisons to the Board of Trustees, addressed the Board at its formal session last Thursday, and his goal was to raise awareness of the lack of Latino stu-

dents enrolled at OU. Although the Board seemed unenthused and quick to its meeting, a total of 22 students attended the meeting in support of DeLarosa's

As DeLarosa began his presentation, approximately 15 students of African American, Latino and Caucasian race, both men and women, stood up holding signs that stated, "What about us? Latinos mat-



Dan McDuffee/The Oakland Post CALL FOR DIVERSITY: DeLarosa along with 22 students urged BOT members to review Hispanic recruiting.

"What it showed to me is that it is important to everybody," said DeLarosa, senior, science.

In 1992, 22 students of Hispanic descent were enrolled into OU. By 2000, there was no increase in Hispanic enrollment, he said. The number of Hispanics enrolled each RECRUITMENT continues on A8

year has been as high as 27 and as low

Hispanics have never made up more than 1.5 percent of OU's student body, he said. "This disgusts me," said DeLarosa

in response to these statistics. The main reason DeLarosa said this issue needed to be addressed was

because the School of Business administration at OU will be offering a masters program over the Internet to Chinese students. "I have no problem with the masters program, but if we can go half way across the world but not to com-

munities across the street, or 20 miles into Detroit, or into small rural towns throughout Michigan, it makes me question the sincerity of the University's attempt to recruit Latino students," said DeLarosa.

Editor's View

Board should listen, Latinos do matter

At last week's Board of Trustees meeting, 22 students, of different races and genders showed up holding signs that read, "What about us? Latinos matter," to express their displeasure with the lack of Hispanics enrolled at OU.

Bonefacio DeLarosa, a student liaison to the Board and the president and founder of the student organization for Hispanic students, Fuerza!, spoke about his enrollment findings and stated statistics to support the lack of Hispanic enrollment and recruitment.

He said that in 1992, there were 22 students of Hispanic descent enrolled at OU and that number hasn't increased.

His presentation to the BOT made good points and acknowledged one of the many overlooked problems OU faces.

But after DeLarosa, senior, science, finished his speech to the nine Board members, Chair Ann Nicholson thanked him and quickly adjourned the meeting without any further discussion.

The Trustees, who tend to ask a lot of questions, appeared to have been caught off guard. The Board's lack of response and swift adjournment was both rude and uncaring. It isn't easy for a student, or anyone for that matter, to address a group in public. DeLarosa was making an important point.

The inattention that the Board exudes generally, not only in this instance, only makes students, faculty and staff members more apt not to attend meetings, get involved in OU issues and stand up for what they believe.

The Board's indifference is already taking a toll on the student body. Applicants for the BOT student liaison positions numbered only four this year. In years past, there have been as many as 12.

The fact that the student liaisons, the only link the student body has to the Board, were kept in the dark about a December Board planning retreat should have made the student body furious. And although some were angry, no more than usual attended the Board meetings after the news broke.

No one asked the Trustees why they held a meeting behind closed doors. No one demanded to know why the student liaisons were not invited.

DeLarosa took a stand, scheduled time to speak to the Board and made the Trustees listen to him. Still, only one Trustee, Henry Baskins, approached the group after the meeting and expressed concern over DeLarosa's findings. He said he would try to bring it before the Board at its next meeting.

OU boasts, as many universities do, that it is "Preparing learners for the 21st century workplace and society."

When will the Trustees learn that these concerns matter, and that they should be listening.

Cara Plowman Editor In Chief caplowma@oakland.edu

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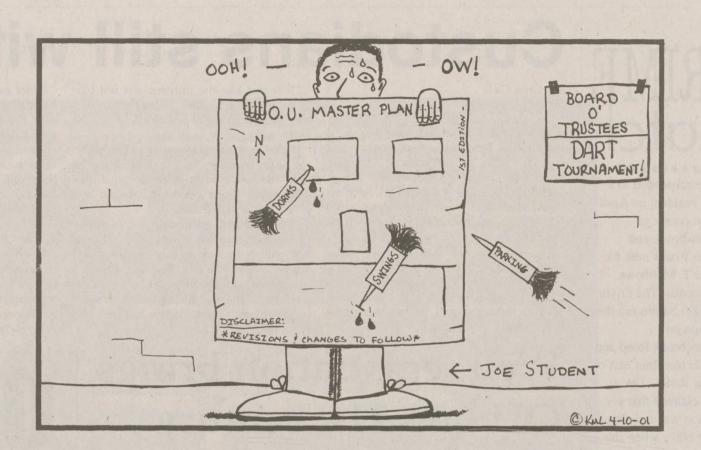
via email oakpost@oakland.edu Volume 27 Issue 25

They said it

The environment is not something we inherit from our parents, but something we borrow from our children.

> - Jennifer Granholm Michigan Attorney General At OU last Thursday





Letters to the Editor

Graduate fighting for student name on degree

Dear Editor,

As a recent graduate of OU, I would like to share my experience with the university community regarding OU's system of awarding degrees. I hope it will shock and horrify you as much as it has me.

After five years, I graduated magna cum laude in December 2000 with degrees in German and anthropology. I felt that I had received an excellent education at OU. Many of my professors had exceeded my expectations, both in terms of professional knowledge and personal interest in my studies and in my future.

For the most part, I felt that my time at OU had been well spent, and I was proud to be graduating from one of Michigan's finest institutions. Imagine my surprise when I received my hard-earned degree in the mail and read the words "Degree of Bachelor of Arts." True, I thought, but that doesn't say much. Where are the words German and Anthropology? Must be a generic fake. I'm sure I'll get the real degree at the graduation ceremony.

Just to make sure, I called the office of academic records, only to find out that this generic B.A. is my degree. Apparently, I will need to refer to my transcripts in order to prove my

actual area of study printed on it.

ic degrees to undergraduates is demeaning and deplorable. After any urge to open mail addressed to countless hours of work and \$20,000, I am awarded a piece of paper that doesn't give any indication of what I feel cheated of being able to easily have studied and worked so hard for. This negatively impacts my future and my pride.

eign countries where people will quite possibly not speak or read non-existent) and who has never desire what is rightfully theirs. seen an American transcript and read one?

as such, but even my parents, whose native language is English, found it difficult to wade through all the small print on my transcripts to decipher my actual degrees. After all, the transcript says 'major,' not 'degree awarded in...' I know from being OU's first exchange student to Germany that European university systems are set up in an entirely different fashion than their American

counterparts. Aside from this concern, there is

actual degrees. Only undergraduate the basic issue of pride. I had looked students must do this. Graduate stu- forward to hanging my diploma on dents receive a degree with their the wall, as I have seen my friends who attended other undergraduate This practice of handing out generinstitutions. But, I feel no pride in a generic degree, just as I don't feel 'occupant.'

The bottom line is, I feel cheated. I and confidently present my credentials to future employers, of having a tangible representation of my years I plan on living and working in for- of effort, of my pride in my accomplishments.

Therefore, I demand that this prac-English. How am I going to prove tice of issuing generic degrees be my credentials to someone whose stopped and that proper degrees be knowledge of English is limited (or re-issued to undergraduates who

I demand this on behalf of the stuhasn't the slightest inkling of how to dents who have worked so hard to ensure a better future for them-A diploma is clearly recognizable selves. It is time to reclaim our

> Lisa Howard Graduate German and anthropology

All letters to the editor must include a name, class rank and field of study or OU affiliation. Please limit letters to less than 400 words. Letters may be edited. The editor may use discretion in rejecting any letter for publication. Letters become property of The Oakland Post.

What do you thin

What do you think about the crisis going on in China? Should the US apologize?



'I think they should give China an ultimatum. Either give us these people back, or we're coming in and getting them

Jessica Schnepper senior, elementary education



"We were infringing on somebody else's space while we were doing something we felt we needed to do. An apology is neces-

David Gullo senior, communication



"I think it's terrible that the Chinese refuse to return our soldiers barring the fact that we won't apologize. Human lives are more important than words.

Robert Morgner senior, education



"It's just like two neighbors. They don't need to fight each other. If somebody needs to say sorry that's not a big deal.

> masters program, computer science

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"I think the (U.S.) government needs to work more aggressively to resolve it. I don't think force is applicable here. There's no reason for it to go on this long.

Wei Zhao Mark Hornung junior, MIS

THE OAKLAND POST

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BOARD

continued from A1

completed August 2002.

The Board also voted to approve the Campus Master Plan, which details the development and expansion of OU's campus. The University Senate and Student Congress both approved the plan, though both groups expressed concerns that the plan did not reserve a 30-acre strip of undeveloped land along Squirrel Road.

The BOT voted to give an honorary Doctor of Laws degree Judge Damon Jerome Keith, of the U.S. Court of Appeals, Sixth Circuit, an honorary Doctor of Science degree to Dr. C.R. Rao of Pennsylvania State University, and an honorary Doctor of Arts degree to Dr, David DiChiera, General and Artist director of the Michigan Opera Theatre.

The Board also awarded the 2001 Alfred G. and Matilda R. Wilson Awards to Charles Archer, senior, History, and Cristina Kapustij, senior, Biology and Russian Language and Civilization. The Wilson awards are given annually to two graduating seniors who excelled in academics, leadership and on campus involvement.

Natasha Vanover, senior, journalism and Japanese Language and Civilization, was awarded the 2001 Human Relations Award, presented to a graduation senior who has made extensive contributions toward interracial relations on campus.

GRANHOLM

continued from A1

online users. Many websites have ways of following what the user is doing while online.

"They have compiled about (300), single-spaced pages full of where you've been, what you've looked at, what your size is, what your preferences are. Now some people may not care about that but a lot of people are creeped out by it. I could go online right now, I bet, pay 25 bucks and find out information about each of you that you would never want me to know," Granholm said.

The Attorney General's office has also helped to shut down sites that distribute controlled substances such as Viagra and made Michigan the first state to press criminal charges against online sales of the date rape drug GHB.

Child pornography sites and chat rooms are also a target of the Attorney General's office, which has already shut down one based

"People who would never have come out with fantasies, that we would consider to be deviant or evil behavior, are finding reinforcements within these chat rooms," she stated.

Consumer protection is also a top issue handled in Granholm's office. The Item Pricing Act aims to protect consumers. If the retail-

er overcharges a consumer, this Act awards the consumer ten times the amount of the difference of the overcharge or up to \$5. This act is said to be "user friendly" by Granholm, which means the consumer has the right to tell the retailer that they are violating the law.

Granholm declared that the top consumer complaint

up until last year was telemarketing. Consumers can be put on a no call or no mail list, and once on it that company may no longer contact that consumer, according to the law.

Touching on the topic of Michigan's environment, Granholm discussed the importance of taking action against developers and companies who are knowingly polluting the land, rivers, streams and Great Lakes.

"The environment is not something we inherit from our parents. It's something we borrow from our children. We are but the temporary possessors of this land, so we take it very seriously in our office," Granholm said.

Granholm also addressed audience questions on the issues of drunk drivers, Medicare and Medicaid fraud, bribery from public officials and the mentoring program, Michigan's Mentoring

Granholm was elected Michigan's fifty-first Attorney General in November 1998. She has been recognized as Woman of the Year by the YWCA, Michigander of the Year by the Michigan Jaycees, she was named one of Crain's Detroit Business Magazine's Top 40 under 40 and has also been honored as one of the ten best Lawyers of the Year by Michigan Lawyers Weekly magazine.

Granholm recently announced that she plans to run for Governor in next years' election.

Due to technical difficulties. had not been posted since March 14. The bugs are all worked out and the site is back up and working **Sorry for any** problems this may have caused. **Read The Post** online at vww.oakpostonline.com



LIMIT 5 PIZZAS PER CUSTOMER

No substitutions. Round pizzas only. Valid at participating Little Caesars locations only. Valk-ins arily. Came in before 4 p.m. for faster service. No deliveries. Sorry, no rain checks.





CSA

Center for Student Activities 49 Oakland Center (248) 370-2400 csa@oakland.edu



AT THE CSA SERVICE WINDOW

- Phantom of the Opera (variety of dates)



vvvCSA presents the vvv

Red Carpet Extravaganza The 23 Annual **Student and Greek Organization Recognition Night**



Thursday, April 12 6:30 - 8:30 p.m. Gold Rooms, Oakland Center

On Thursday, April 19, Come to Bumpers, Play Games and Watch



Here's what you can look forward to next

- Thursday, April 19 at 8pm ET. See the next to last episode of Surivor II. The Barramundi camp will be reduced from five to the
 - final four! Enter a contest to win free pool time for selecting the final four and the ultimate Survivor!
 - Enjoy some free refreshments while you are watching the show!



✓ Meadow Brook Ball Pictures are in

- Verdi's Falstaff (May 10)

✓ Reservations for:

- Annie (May 6)

COMMUNITY SERVICE OPPORTUNITIES FOR SPRING & SUMMER TERMS 2001 AND FALL SEMESTER 2001

'Walk for Hunger" for Lighthouse Emergency Services -- May 19, 2001 "Relay for Life" for American Cancer Society - - July 21-22, 2001 "Day of Caring" for the United Way - - September 8, 2001 "Heart Walk" for the American Heart Association - - September 22, 2001

"Make A Difference Day" - - October 27, 2001 If you are interested in volunteering your time, energy and enthusiasm to work any of the events listed above, please contact Jean Ann Miller at the CSA Office, 49 OC, call her at (248) 370-4332, or email her at jam@oakland.edu.

FREE LEGAL ADVICE FOR OU STUDENTS!!!

from the law firm of Hammerschmidt, Stickradt & Associates, PLLC (OU Alumni)

11:30 AM - 1:00 PM

Wednesday, April 18, 130 OC

Lech Walsea, Nobel Peace Prize Winner and Former President of Poland Friday, October 26, 2001 3:00 p.m. in Meadow Brook Theatre. Watch for ticket information.

Presents...

CLASSIFIEDS

Health Club Attendants Needed:
 Meadow Brook Health
 Enhancement Institute is looking for people to open or close the Health Club, attend to members' needs with laundering towels, refilling dispensers, and light cleaning. Club operates 7 days a week. We can work around your schedule!!

Summer employment. Prefer male student to mentor and home school my 13 year old foster son. Farmington Hills, 248.553.2017.

Special bonus-free use of the health

club equipment, track and spa!!

Full Time Summer Job:
Babysitting 2 children 7:30 am-5 pm
Mon-Fri. Commerce/White Lake
Area. Potential for permanent part
or full time in the fall call
248.449.2966 for more further information.

EE 470/CSE 570 Students: do lab work at home with Arnewsh 12 MHz 68000 Micro Board w/power supply, cables, PC, mous, and monitor. \$425. 248.743.2559.

Part-Time In home child care M-F, 8:30-12:30: 2 young children Starting 4-23-01 thru 6-22-01. Only lovin, gentle person inquire. Contact Mrs. Radecky @ 248.642.0307.

Postal Annex (at University Square Plaza) Counter sales needed-part time or full time. Flexible hours- no evenings, no Sundays. Competitive wage with great incentive bonus program. Call 248.375.2002 for more details.

Auto Cad Detailer Wanted:
3 years minimum experience for misc steel fabricatoion. Full benefits. Send resume to P.O. Box 984 Union Lake, MI 48387-0984 for more information.

Seeking Part-time babysitter for adorable 8 month old baby girl. Excellent pay. Very flexible hours. Excellent personal or business references a must. Contact Kimberly at 248.814.6904.

Are you Interested In A Road Rally?

Benefiting Oakland County
Chapter of M.A.D.D. April 20,
2001 at 7:00 PM. Registration
is 6:00-6:45 pm in the Fireside
Lounge in the OC. Cost is
\$15.00, Prizes and Fun. If interested please contact us at 810872-5402 or

phillap@hotmail.com. Please come join us, we need your help.

Wanted To Rent:

A private garage with electric at your personal residence in Auburn Hills, Rochester, North side of Pontiac to repair one car. Contact by net mail if you have a garage with your price or trade for personal services. Email Home4now@hotmail.com.

New Disney Area Condo: New Resort, 2-3 bedroom condos, pool, hot tub, workout facilities, 57 seat theater child play area, tennis, basketball, fully equipped. Call owner at 248.608.1682 for further details.

Troy Couple seeks help for housekeeping and occasional evening and weekend childcare. Three hours per day. Mon-Friday, you choose the time.

Live in or live out.

248.588.4129.

Babysitter/Nanny Wanted:
Adorable 11 month old seeks a fun, affectionate, story teller and playmat to care for her tuesday, thursday, and Friday in her Bloomfield home.
Non smoker and references required. Call 248.865.9377 after 6 pm.

Are you still looking for full-time summer work? Gain great experience and earn \$2,174 dollars/month working with us. Positions still available. Call 9 am-7 pm Monday-Friday and leave a message (800) 484-7855. x7529. Leave a message for Rob.

Macomb County Teacher
Job Fair, Saturday, April 7.
Screening for secondary,
special ed, voc ed, and
other ancillary professional
staff 8-11 a.m. Screening
for elementary 11 a.m. to 4
p.m. More than 20 public
school districts in southeastern Michigan represented.
Hosted by the Macomb
Intermediate School District,

held at the Sports and Expo Center at Macomb Community College South Campus, Warren. Info at www.misd.net/jobfair.

student S

UPDATING OU

•Spring Session Swim Lesson
Registration-begins April 16th for Rec
Center members and April 23rd for nonmembers. Sessions include infant, preschool
and levels V-VII at 5:15 PM and Levels I-IV
at 6 PM on Monday and Wednesday. Adult
Classes are Tuesday and Thursday at 5:30
PM.

•The Academic Skills Center, 103 North Foundation Hall, will have limited tutoring hours during final exam week. Walk in tutoring will be available April 23 through April 26 from 9 AM until 1 PM. Spring and Summer tutors will be available by only calling 370-4215.

•The School of Business Administration and the Department of Campus Recreation present the Surf 'N' Splash Summer Camp. A terrific opportunity for children ages 11-13 to learn computer skills and enjoy some recreational activities all in the same day! Four one-week sessions will begin June 18th. For more information contact 370-3128 or email sba_ce@oakland.edu.

•Spring/Summer/Fall Employment Opportunities-Flexible hours from early morning until later at night or weekends.

Convenience of on campus employMeterical Ment in a fun environment. The
Students and Scholars an Department of Campus
Recreation is now recruiting
session will be held Friday
April 13th from 3-5 PM in
the Lake Michigan Room.
Rec Welcome Center or call
ext. 4732 for more information.
Join the excitment!

•Attention Seniors-Are you getting ready to graduate and just realized you don't know what you can do with your major? Just e-mail your career questions to the counselors in the Career Resource Center at crc@oakland.edu, and we'll help you find answers. Or visit our website at http://phoenix.placement.oakland.edu /crc/home/htm for links to some great career

• Feeling the stress of college life? Have you been experiencing tension or anxiety, phobias, test anxiety, excessive worrying, social anxiety, sleeplessness, poor concentration? Are you interested in learning about anxiety disorders? Take a test that will change your life. Sign up or just come and participate in the Anxiety Disorders Screening Program sponsored by the Counseling Center on April 11th at 10 AM and 1 PM. For more information and registration, contact the Counseling Center at 370-3465.

•Senior Send Off-Thursday, April 12, 2001, 4-5:30 p.m. Fireside Lounge, Oakland Center. Hosted by the Student Affairs Office. Please stop by and congratulate our graduating seniors as they reach the finish line.

THIS WEEK

•Thursday, April 12, 11 AM-1PM. Alcohol Screening/Information tables in the Oakland Center, sponsored by the Graham Counseling Center. Call ext. 3465 for details.

·Friday, April 20, 7 PM-Vandenberg Cafeteria-

RHP and RHC wrap up the winter 2001 term with comedian Rick Bronson. He's loud, he's obnoxious, and he's absolutely hilarious. Originally from Montreal, Rick is a high-energy comedian who now lives in Edmonton. He's entertained audiences in clubs, colleges and universities across North America, and was named 1997 Canadian University Comedian of the Year. Rick insists he's not a jerk in real life, as you'll see in the last FNL of 200-2001.

If you are interested in SPB E-Board,

Please turn in all applications to

Vesna Saveski

(in the Congress Office)

She WILL NOT be reviewing the applications,

she will be holding them for the future SPB Chair when he/she is chosen (basically, to save time and make it easier for you guys to start your summer work!)

Pick up applications in SPB Office

If you have any questions, Please Call

Vesna Saveski (ext. 4394) Or Chris Wolfs (ext. 4296)

CHECK OUT
The Oakland Post online@
www.oakpostonline.com



Fear of Falling Markets

Q. I can't take much more of this! What do you do when your portfolio is hemorrhaging, and every week it gets worse? -- JK, via email

A. The answer hasn't changed with the market's big shift: Think long term. Right now, though, the short term is screaming so loud that it's pretty hard to think about anything else.

It is the nature of markets to have good stretches and bad stretches. We've seen extremes of both in the last decade and right now we are deep in the bad stuff. It won't last. It never does. Pretending that this bear market will last for many years is as unrealistic as expecting the roaring bull market of the late 90s to continue.

"Think long term" really is the answer. You asked what you could do, though, not what you could think. Lots of folks are contemplating selling their stocks and putting the money into a safe investment like U.S. Treasury bills. If you had done that a year ago (and of course, some people did -- please don't brag about it!), you would look like a genius today. That's why selling now is probably a bad move. The problem with trying to move your money from stocks to bonds and back again is that you're using the rearview mirror to steer.

Some folks think they can time the market -- move in and out of stocks at just the right time. Certainly some people manage a brilliant move occasionally, but we've never found any technique that helps the average person (or even moderate geniuses) do it consistently. Too often, by the time someone realizes that this really is the recovery and it's time to jump back into stocks, the market has shot past the point where he sold, and he ends up buying back in at a higher price.

The only sure way to make money from market timing seems to be to start a newsletter and charge other people for your advice on when to buy and when to sell. Nice work if you can get it.

A better approach would be to make sure you invested right in the first place. Have you given your stocks a financial check-up lately? Do you still believe in them? Did you pay off your credit cards before investing? Did you put your emergency fund into a money market account? And you only invested money that you wouldn't need for at least five years, right? If you've done all that, this depressing market will be much easier to live through. If you didn't... well, those are the steps you can take to get through this mess.

It's much easier to think long term with your financial house in order.

Chart Reader Alert: Before all you technical analysts write in to tell me you have a surefire way to tell when the market is really recovering, I invite you to email me when you think the real upturn will arrive or even has arrived -- but not your theories or tales of how you were right the last time, please. Just send an email to annc@fool.com with "This Is It" and the date of the recovery in the subject line. The date doesn't have to be precise -third week of May, or late July, "next month" or even "now" will do. I promise, if more of you get it right than would happen by chance, I'll tell the world.

What now? The 13 Steps to Investing lays out just what you need to do before you invest and explains how to evaluate individual stocks. Get your free copy in our Member Benefits Center or read it online in the Fool's School.

WRITE US! The Motley Fool aims to inform, amuse and enrich every day at www.foolu.com. Ask the Fool your own question or submit stories or tips to FoolU@fool.com.

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Pressure to succeed can turn deadly

Schools offer anxiety relief during finals

By Leslie Winkworth THE OAKLAND POST

In preparation for the fast approaching final exams, many students are beginning to get stressed out as they plan to cram an entire semester of work into only a few study sessions.

Nancy Schmitz, Director of Graham Health Center's Counseling Center, said students can maximize their studying periods and minimize stress by following a few simple rules.

One technique Schmitz recommends is to "write the tasks down and make a list of

Staying up all night to study, though, is not recommended. In fact, Schmitz said that getting enough rest is vital to a student's concentration and focus.

Staying up between the hours of 1:30 and 4:30 a.m. is not suggested, as it takes away students' ability to maintain information.

"(Students) need to get enough rest to be able to take in and retain information." Schmitz added that a student has to be

awake and alert in order to study effective-

"You can't learn a semester's worth of work in one cram session," she added.

Colleges across the nation promote anxiety relief programs during their final exam

LaReese Collins, a crisis person at U-M Arbor's Counseling and Psychological Services, said that U-M offers students a number of "Final Stretch" workshops during the school year and a week before finals.

These workshops teach students general stress-reduction techniques, time-management, and how to reduce test-taking anxi-

"Students get stressed because they try to do all the work at the same time," Collins said. "There's a lot of work to be done, so people have to manage time well to avoid stress."

Charleene Patterson, a counselor at MSU's Olin Health Center, agreed.

"Time management is important and this should include time for rest, relaxation, recreation and fun," she said.

Patterson also said that feeling nervous before finals is perfectly normal, but is "counterproductive when it interferes with your ability to perform routine tasks of daily living."



STUDYING STRESS FREE: As final exams draw near, many students find themselves stressed out as they try to do their best on the tests.

Grad's tragic ending

Former student's success story leads to depression, suicide

By Michael Hoskins LOCAL EDITOR

When Bill Petrick graduated from OU in August 1999, he was a shining example of success, armed with the honors and ambition to take on the world.

As a decorated engineer in the Army for three years after high school, Petrick pushed to make a name for himself by enrolling at OU immediately after his

college with a 3.7 GPA, graduating Cum Laude with journalism departmental honors, leaving his mark on both The Dean's and Academic Honors Lists and opening wider his window of opportunity with a scholarship to Syracuse University College of Law.

Petrick re-formed the College of Law Republicans and the Federalist Society.

Writing and politics remained his pas-

We never really believed that it would get to the point where he would be this depressed and he would think this was his best option.

- Mary Jane Petrick

pursue politics and work on several campaigns, including Abraham's re-election for U.S. Senator, efforts that furthered another goal of running for Congress in a few years.

All of these achievements were not enough for him, however, and on Feb. 23, the 25-year-old man put a gun to his head and took his own life.

'You just wouldn't think that Bill, who had attained so many achievements would think something like that, or actu-A beacon of hard work, he completed ally do something like that," his father, William, said.

For Petrick, there was an image of a driven young man who strived to do his best in everything. In the end, this may have been what defeated him.

"He was doing beautifully well, but that was never good enough for Bill," During one full semester of law school, said Jane Briggs-Bunting, the journalism program director at OU.

A knee injury he had suffered during his service required surgery, which had sions, though, and he left law school to been scheduled for March 29. In his eyes, Petrick may have felt he could not achieve his best as he saw it after the surgery and therapy.

"Knowing him and his high ideals, he would not be satisfied doing less than his very best," his mother, Mary Jane, said.

After speaking with professional counselors, she now realizes that people who are deeply depressed are not in their usual logical state of mind.

Statistics show some of the very brightest people, successful people do this. Petrick's mother agrees.

"You think you know someone, but in the depths of depression it's not the same person you know."

"People should not assume that they SUICIDE continues on A8

William Petrick, 25, graduated from OU in August 1999 with numerous academic honors.

know that person so well and they know that person wouldn't do something like this because you're not in that person's psyche, you can't feel that emotional pain, she emphasized.

Like Petrick, many young adults between the ages of 15 and 25 feel the pressure to succeed, and often turn to extreme measures in order to escape the

Latest statistics from the American Association of Suicidology report that 31,000 suicides occur each year throughout the country, and nearly 5,000 involve those between 15 and 25.

Often, the image these individuals portray is the exact opposite of how they are

'We knew Bill was depressed because he expressed it," his mother said. "We discussed it when he started talking

Experts link college stress, suicide durin

How to Help:

Be quiet and listen

Show that you care

Do not leave them alone

Do not lecture, compare or criticize

Seek professional help

Call GHC at 248.370.4376

By Cliff Snitgen II THE OAKLAND POST

With exam time just around the corner, students are beginning to feel the anxiety of exam related stress sinking in.

Yet some students find it difficult to cope with the mounting pressure and start to look for extreme ways to escape the stress. Suicide among college students is an issue that becomes more apparent as semesters come to a close.

A common belief is that suicide is only contemplated by the severely depressed or emotionally damaged, but in reality, suicide can be a very naturally occurring thought in people's

Stop reading this article for a

"Have I ever contemplated committing suicide?" Go ahead, there is no harm in doing so. When the issue is actually confronted, that's when it can begin to be understood.

The fact is, many rationally thinking people will sometimes become confused and will consider suicide.

Those who are more susceptible to suicidal tendencies may be people who have already been depressed, a person who has a difficult time handling stress and those who do not have a strong supportive group of friends or family to relate their problems to are more susceptible to suicidal

A common occurrence among and may be calling out for help Call GHC at 248.370.4376.

Pamela Warner of Graham be better off without me." Health Center call "Tunnel

student begins to focus on one negative aspect of their life, like an upcoming exam or a poor grade, and then filter everyday information through this gloomy something positive happens to a person with tunnel vision, they perceive it as only 'good luck,' and when something negative happens, it adds to their depression, pushing them closer to sui-

moment and ask the question: students during exams is what are things like strong verbalizaprofessional psychiatrists, like tions, such as: "Everyone would

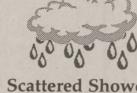
> A person who has recently experienced an assault or loss "Tunnel Vision occurs when a may also look to suicide as a means to an end.

Exams are a time of stress, and many students will exhibit normal signs of anxiety and depression due to the increased amount thinking," said Warner. "When of pressure being placed upon

If someone is contemplating suicide, experts advise to listen and talk to them. It is important to know that talking about suicide will not cause a person to commit it. If the person is reluc-Warning signs that a person is tant to speak about it seek professeriously thinking about suicide sional assistance immediately.

Courtesy of www.weather.com

Thursday



Scattered Showers High - 68° Low - 48°



Scattered Showers High - 65° Low - 42°





Partly Cloudy High - 58° Low - 36°





Partly Cloudy High - 60° Low - 40°

BOOK

continued from A1

daily," she said.

Sources inside the bookstore who wish to remain anonymous have told The Oakland Post that they received word from their corporate vendor, Wallace's Bookstores, Inc., that the company may end its operation of the OU Bookstore in two to six weeks.

Should Wallace's cease operations, OU may hire a different vendor or assume control of the bookstore.

Cooke said that she has recently spoken to other vendors about taking over for Wallace's.

Wallace's founder, former Kentucky Governor Wallace Wilkinson, who also created www.ECampus.com, petitioned the U.S. Bankruptcy court on Feb. 5 to appoint a trustee to help him manage his debts.

OU ran the bookstore internally up until 1992, when it contracted with Barnes & Noble. Wallace's succeeded in 1999, and currently has a five-year contract with OU.

OU is one of 63 universities where Wallace's is the on campus bookstore.

RECRUITMENT

continued from A3

On the issue of diversity, DeLarosa said no steps had been taken in that direction. "All that's been done over the five years"

I've been here is rhetoric," he said. Adam Rocha, a graduate from OU,

Human Resource Development, also attended the meeting and was a full supporter of DeLarosa.

"You can fight the battle, but you need an army to support," he said in regards to further action being taken.

He added that there was little response on the part of the Board of Trustees, and that it was important to continue taking

Rocha also expressed concern for incoming freshman who are going through the college experience for the first time.

"With a lack of Latino enrollment, the stresses for those students can be greater," Rocha said.

As OU increases in size, Rocha hopes that there is a focus on what students are

SUICIDE

continued from A7

about it. We tried to do the right things. He went to an assistant pastor at our church, and he seemed to be doing better. He also saw a psychiatrist, who put him on Prozac.

"It was ten days later that he took his life," she added. "There were ups and down, but we thought he was doing better.

"We weren't prepared for the euphoria that one experiences before committing suicide. We thought he was doing better because he was euphoric. When we heard him laugh, when he went out (with his brother,) he seemed happy," she said.

"We never really believed that it would get to the point where he would be this depressed and he would think this was his best option."

Although people try to pinpoint a single reason why someone commits suicide, experts emphasize that many complex reasons contribute to suicidal tendencies and the act is unexplainable.

Often, family members wrongly feel they are to blame for the incident, that they may have done something to prevent the suicide.

"We don't claim to have all the answers, we have more questions than we do answers as to what more we should have done," Mary Jane said. "We have to, in the final analysis, accept that we prayed and did our very best, and he knew that he was loved."

The Petricks expressed that their son would have wanted some good to come out of this tragedy, he would have wanted it to make a difference just as he had strived to do with his life.

This is one reason that his brother, Nick, a junior at OU, is setting up a 5K Walk in Bill's honor. Details have not been finalized yet. "I always thought we'd be old men together, and I still want to hold onto that. Doing this run will help hold onto a little piece of

The family is also raising money to set up a journalism scholarship in Petrick's name.

Positions available for 2001-2002 **The Oakland Post Staff Contact Editor In Chief Cara Plowman at x4268**



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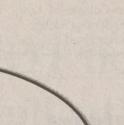
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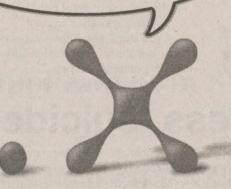
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By Beth Murray

THE OAKLAND POST

ly do anything?

thoughts and images.

ing to AllSands.com.

reathe in...hold for five sec-

onds...Good...Now exhale

and relax. Feel better? That

seems to be the common question

when it comes to yoga. Does it real-

According to YogaMovement.com,

yoga can help alleviate the mental and

emotional symptoms of illness.

Meditation allows the quieting of the

mind and the focus on positive

Yogic breathing may help to cleanse

According to India Express Network,

just physically, but mentally. In yoga

cle for journeying in this life. Therefore

the body must be kept in proper condi-

tion if the mind is going to function

The 6,000-year-old scientific tech-

nique for spiritual development comes

from the Sanskrit word yoga which

means "union." The end goal is unifi-

Yoga is not just an exercise of a series

of poses. Some people get thoroughly

involved with the ways of yoga.

According to "Yoga, Mind and Body" a

book by the Sivananda Yoga Vedanta

The book also reports that steady gaz-

ing, or Tratak, is when a person looks at

a candle until his eyes water so he can

An intense level of concentration is

Methods of regulated breathing are

taught which can help lead to a desired

level of concentration. Yoga also brings

people in touch with their inner selves

and relieves the stresses of everyday

life. Through yoga, one may find hap-

piness within themselves which will

According to AllSands.com, although

not a religion, yoga is thestic, which

means it teaches the existence of a

lead to a state of feeling complete.

called for when it comes to yoga, and

cation of body, mind and spirit.

fibers and vegetables are sought.

from that, discipline is learned.

cleanse his tear ducts.

and nourish the physical body accord-

• Zeta Phi Beta Sorority will host their FOUTH ANNUAL EASTER EGG HUNT from 7 p.m. to 8 p.m. today in the OC. Bring a friend and enjoy the goodies.

•THETA CHI and the AMERICAN **RED CROSS** are hosting a bowl-athon at 10 p.m. to 12 a.m. on Friday, April 13, at Sunnybrook Lanes. There is a \$12 fee for three games of bowling and shoes. For more information, please contact a Theta Chi brother or Bill Kamman at 810.907.9260.

•SPB is hosting a STRESS FREE ZONE from 10 a.m. to 5 p.m. on Thursday, April 17 in Fireside Lounge for a stress free day. Come and relax, get a free massage, color, play games, win prizes, eat snacks and more.

SHOWS

•M.O.P., Smut Peddlers, High and Mighty and Cage will perform at 10 p.m. on Friday, April 13, at St. Andrew's Hall. For more information, call Ticketmaster at 248.645.6666.

•Laugh it up with DAVE CHAPPELLE's experience on April 20 at the State Theatre. For more information, call Ticketmaster at 248.645.6666.

ODD

 A bowling pin need only tilt 7.5 degrees in order to fall down.

• The bubbles in Guinness Beer sink to the bottom rather than float to the top like all other beers.

• A duck's quack doesn't echo.

• If you stretch a standard slinky, it measures 87 ft. long.

MIND, BODY, Soul, Spirit

Yoga takes new shape

Photos courtesy of Yoga Movemen TWIST & SHOUT: Yoga is composed of hundreds of different positions with varying degrees of difficulty.



Supreme Intelligence and Being. However, to practice the techniques of yoga is meant to improve health, not yoga successfully, belief in such a being is not needed. Because it is a spiritual the human body is thought of as a vehirather than a religious practice, it does

not interfere with religion.

Yoga is a form of art and a person must concentrate when doing the movements. According to Suzanne Deason, a renowned yoga instructor for the "Living Yoga's" video series, if a person just quickly goes through the movements, the goal will never be

Through a certain state of intense focus, yoga can relieve stress, increase flexibility, achieve a certain level of discipline and also improve cardiovascu- mind, body and soul has shown that lar breathing. There are many other Center, a vegetarian diet and cleansing things that yoga can do but the outrituals are applied. A diet of fruits, come of yoga depends on the individ-

Yoga is also fun for the beginner. Some poses are very unique and most cannot help but laugh when first trying

"Yoga is more of a mental and balance challenge, and I found it very educational," said Jen Karnes, senior, mechanical engineering.

There are many different poses that are learned through yoga. Most everyone can do them, regardless of gender or age, yet there are stages of difficulty and a certain level must be reached before attempting some poses.

At times, graceful, and at other times awkward, there is an array of poses to choose from. Such positions as the lunge pose or the inclined plane will

work the thigh and buttock muscles. While poses such as the Scorpion (as seen in a recent Nike commercial) works on balance and flexibility.

"My favorite position is the Downward Dog because it looks as funny as it sounds," said Karnes.

There are tapes for yoga which range from a 20-minute workout for the busy worker, to a 45-minute workout for the person who has more time.

Many companies offer yoga props such as bags and mats. YogaLines.com, YogaAccessories.com, and Yoga-* Movement.com have a large selection of props to choose from.

Yoga's history of connecting the not only stress is alleviated, but a person's general health is also improved.

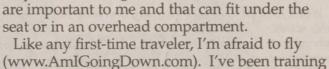
Online Yoga

Doyoga.com Energyenhancement.org Real-yoga.com Santosha.com Thriveonline.com Yoga.about.com Yogamusicvideo.com Yoga.safeshopper.com Yogasense.com Yogaworld.org

Real world takes toll on graduates

Graduating is overrated. As I approach the end of my second senior year, I'm pre-boarding on the airline flight that is the rest of my life, destination unknown.

I'm shedding my excess baggage, making sure I only take the things that



Mike Murphy

my whole life to fly this bird, and she'll get me where I need to go. In the event of an unexpected crash landing,

my parents can be used as a flotation device, but I'd rather not do that. I just don't see myself getting anywhere that way (www.Slacker.com). It's irritating, but these life decisions, ones I

never had to make until now, keep popping up. It's hard to enjoy a hockey game on TV when you're trying to figure out what to do with the rest of your life.

Add this: I have placed myself in a vocationally precarious position. I'm a journalism major (that's a B.A., you know), which already makes getting a job somewhat difficult.

I've also decided to concentrate my experience in new media, meaning internet journalism. Two years ago, this would have made me a very attractive human resource.

I expected that, when I graduated, corporate recruiters would be calling with the same frequency as those credit card guys.

Now, the credit card guys don't even call. My field which was once bright and bountiful has experienced a massive loss in cabin pressure. And my targeted job market is filled with internet specialists who are, well, sweeping streets (www.DotComGraveyard.com).

Also, these jobs I'm interviewing for aren't parttime library circulation jobs, these carry personal identity with them.

For example, if I graduate and took a job as a street sweeper (no shame in that game) I would be a street sweeper. That's Mike, the street sweeper, not just Mike, the guy who sweeps

I'm not fond of that idea, yet it seems to be what I'm in for (www.WorkSucks.com).

So I've polished the resume, built a portfolio and am selling myself, shamelessly. That's a journey of self-discovery. You have no

idea exactly how you see yourself until you're trying to list your strengths and weaknesses, neatly arranged into buzzwords like "selfstarter" and "team player" to an HR person.

All that begging for acceptance can get out of hand (www.amihotornot.com).

So if you're planning on graduating or withdrawing, take it from me: Don't go. Only leave college for a job that you'll love (not like, not live with, not tolerate - love). And if you hate your major, switch horses in mid-race.

If you're afraid to do what you love because the money isn't there or your parents will be disappointed, cut out that insanity and live your life.

Or, get paid. Anyone who says money isn't important is probably trying to sell you something. But if you're a business major because you want to own a BMW, you may be heading down the wrong path.

And if you're not ready to graduate, don't. If you're graduating and not ready to work, travel. And if you have no idea what to do, relax. Go work as a bartender at Club Med, or something (www.CoolJobs.com).

When the day comes, and you're ready to fasten your seatbelt and take off, I wish you a safe

Maybe I'll see you on the other side. I'm sure I'll be working, somewhere (www.streetsweeper.com).

"If a man is called to be a street sweeper, he should sweep streets even as Michelangelo painted, or Beethoven composed music, or Shakespeare composed poetry. He should sweep streets so well that all the hosts of heaven and earth will pause to say, 'Here lived a great street sweeper who did his job well," Dr. Martin Luther King, Jr.

Mike Murphy (www.Columnist.com) is a senior majoring in journalism. Email him at mtmurphy@oakland.edu.

Poetry events find homes throughout Metro area

By Jennifer Decker THE OAKLAND POST

Berets and finger snapping are no longer poetry's poster child.

While poetry events are spreading throughout Michigan, it's likely that anything and anyone will show up to see poetry displayed in the form of rap, dance or slam.

Participants might be engineers, retirees, housewives or college students. Venues might be pubs, coffee houses or libraries.

One poet who has seen all of this is Troy resident and literary activist, Mary Ann Wehler.

Wehler began penning poetry in her 60's. A retired Warren Consolidated Schools elementary teacher, she recently earned her MFA from Vermont College.

Currently, Wehler is the Troy Public Library's Poet-In-Residence and teaches creative writing there. She provides her students with an outlet to find their truths, their own writing voice and

transformations that she has truly enjoyed watching.

"I give my students permission to write. I try to offer them avariety of poets, poems of people taking risks," she

Wehler strongly encourages her students to attend area readings, but more importantly, to read poetry.

The most important part of writing is reading," she said.

Wehler is currently working on a new manuscript entitled, "Throat." She also penned "Walking Through Deep Snow."

Wehler won both the Third Coast Poetry Contest and first place in a chapbook contest from "The Heartlands Today."

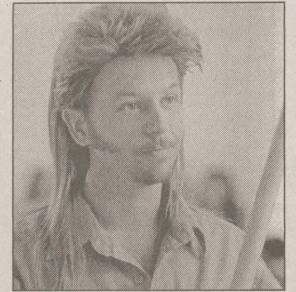
Further adding to her resume,

Writer's Voice Director and longtime Detroit poetry guru. She is also the editor of "Writer's Voice"

newsletter and promotes the Michigan literary scene. "As a writer, it's important to find your own tribe and not write in a vacuum," she said. "I can attend events with people I write with." Presently, "Writer's Voice" is

conducting its yearly membership drive. Included in the membership fee are poetry videos from the Lannan Foundation of various poets (Sharon Olds and Amiri Baraka, to name a couple) reading and discussing their work.

Members also receive the monthly newsletter and discounts to some events. For further information, contact The Writer's Voice at 313.267.5310 ext. 338 or visit its website at www.ymca-artsdetroit.org.



Meeting Joe Dirt

'His name's not mud, but it's close'

By Cara Plowman EDITOR IN CHIEF

When Joe Dirt walks into a room, everyone stops n't have a car. What he decides to do is tie an atom

and stares. Come to think of it, when Joe Dirt does anything, everyone stops and stares.

David Spade ("Tommy Boy," "Just Shoot Me," "Saturday Night Live") stars as a mullet clad, sweaty t-shirt wearing, rock 'n' roller in the new move "Joe Dirt." That's right,

Alongside Spade is a cast of unbelievably hilarious co-stars, including Brittany Daniel, Dennis Miller and Kid Rock, who makes his film : debut. Even better are all of the cameos that stars like Christopher Walken, Kevin Farley, Jaime Pressly

and the legendary Eddie Money make throughout the film. As each star pops in and out of scenes, the audience is left in hysteria, wondering, 'hey, where'd

Joe Dirt is the average, run-of-the-mill long-haired, scalpless, dirty eight-year-old kid who doesn't get along with his sister. One day, though, his life takes quite a turn when his parents take the family to the Grand Canyon and abandon little Joe Dirt, leaving him all alone, without a friend in the world.

On his own, he travels around the country, often on foot, hitchhiking or in his beyond-repair 'classic' beat-up car (with exhaust fumes that are blinding). After quite a few years, he decides to start looking for the parents he thinks 'lost' him at the Grand Canyon. But, along the way, he meets more than a few hurdles.

For one, he doesn't remember his parent's names, where they live or anything about them. In addition, he is low on cash, no one will help him and he does-

> bomb (or so he thinks) onto his back and hold up the visitor's booth at the Grand Canyon, in hopes of obtaining the names of everyone who visited the canyon that day and might remember his parents so he can track them down.

The outcome is absolutely, laugh out loud, stomach ache funny.

Spade no doubt used 'method acting' to accomplish the direction his character takes on screen (there's no way other to explain most of the material).

Joe Dirt is so pathetic, sad and poor that it's laughable. But, at the same time, it's kind of sad. The only thing Joe Dirt really has going for him is the great friend, Brandy, he has waiting for him at home in the beautiful Silvertown. Brandy, played by Brittany Daniel ("Basketball Diaries," "Sweet Valley High"), is the love of Joe Dirt's patheticaly tragic life.

While the audience is busy trying to find out exactly what Joe Dirt's life has been like, the mean-spirited and cynical Zander Kelly, played by Dennis Miller ("The Dennis Miller Show" "Saturday Night Live"), is a radio DJ trying to up his ratings and expose the world to the infamous Joe Dirt.

The mix of celebrity and glamour that Spade possesses in this role is reminiscent of movies that Saturday Night Live stars have made in the past.

The best parts of the movie are Joe Dirt's one liners, come-backs and moments of inspirational thought.



ONE DIRTY BOY: (L-R) David Spade and Jamie Pressly star in the new hit comedy "Joe Dirt."

One of his slogans is, "Life is a garden... Dig it!" This movie also sports one of the best soundtracks of any film recently released. Fans of good ol' rock will want to pick up this disc, which features the songs "Sweet Home Alabama" by Lynyrd Skynyrd, "Ramblin' Gamblin' Man" by Bob Seger, "Listen To The Music" by Tom Johnston and "You Ain't Seen Nothing Yet" by Randy Bachman.

The biggest Saturday Night Live star-turned-film with a big heart.

star might be Adam Sandler, who threw his hat in on this project as one of the movie's executive producers. The style is similar to "Happy Gilmore," "Tommy Boy," "Billy Madison," and "Dirty Work." The only difference is "Joe Dirt" cannon balls all of the rest of the movies in this developing genre out of the pool.

Beneath all of Joe Dirt's, well, dirt, is a great guy

Listen Up: What's in Vour CD Players

Starring: David Spade, Dennis

Miller, Brittany Daniel, Kid Rock

Director: Dennie Gordon



Sharon Trackul Elementary Ed. MATTHEWS Everyday



Jackie Paslaski Elementary Ed.







Drew Stars rophomose Theatre

Greatest Hits

You can quote me on that

To find out what movie each quote is from, visit The Oakland Post's website, www.OakPostOnline.com.

- 1. "Are you trying to develop a sense of humor, or am I going deaf?"
- 2. "We'll be reunited at Cal State Dominguez Hills. I'll be the experienced sophomore, you'll be the hot new freshman. It'll be just like high school, only better. Dorm rooms."
- 3. "This guy's Houdini squared."
- 4. "I hate to see you go, but I love to watch you leave."
- 5. "There are three rules that I live by. Never get less than twelve hours sleep, never play cards with a guy who has the same first name as a city and never get involved with a woman with a tattoo of a dagger on her body. Now you stick to that and everything else is cream cheese."

Website crushes jitters

By Andrea Zarczynski THE OAKLAND POST

If crushing hard on someone, but aren't instant reinforcement. sure if they feel the same way, check out this new website designed to take away those jit-

Wipe off those sweaty palms and log onto www.ECrush.com where web surfers can find out if their lust object feels the same way about them. The two and a half minute sign-up is simple. After joining, people can then tell ecrush who their crush is. If their crush interest happens to be as cyber savvy as they are and also signs up, the two may make a connection.

Another approach is including their e-mail address, which enables ecrush to send an individual an email letting him/her know that about the admirer. Now, the person's crush will never know the identity unless the feelings are mutual.

If their crush chooses to sign up and list them as his or her crush, congratulations! The two will be matched up. If they don't list the person who sent it to them, it's still all

Skeptical about this actually working? Just check out the success stories on the site for

But what if someone is not interested in finding a secret admirer. This site still has much to offer. Viewers can put their fates in the hands of the stars and have their fortunes told. Do they think that they have just had the worst date possible? They'll reconsider after reading some of the "horror date stories". Need some love advice? It's all in the advice section. Would Sarah Michelle Gellar and Freddie Prinze Jr. or Brad Pitt and Jennifer Aniston have the most beautiful kids? Cast a vote in the featured opinion

ECrush.com also has a whole section of quizzes you can take, including one to find out how you rate as a date. For a laugh, scroll through a variety of pickup lines, tasteful to tasteless, send one to a friend or rate them. ECrush.com will even send a daily pick up line. So go ahead, discover if you're missing out on love only because of the jit-

Groupie home page flops

eBy Amy Clements THE OAKLAND POST

For groupies everywhere there is a new website, www.GroupieCentral.com.

It is the website to check out if someone is into groupies and what they spend their time doing. But don't be fooled, this website is full of useless information and flat out sucks.

For some odd reason, somebody decided to form a website, the first of its kind, about groupies. Not for groupies, but about groupies. It only gives famous groupies who happen to be labeled either wife, ex-wife, exgirlfriend, or lover of these people.

Despite this website lacking in many areas, there are surprisingly a few bonuses to it but not nearly enough for it to be considerably worth anyone's time.

The fact section can answer most of the common questions as to the point of this website and why it's all about girls. Unfortunately, the search option it gives net surfers only brings up gossip articles.

On the downside, it's not a high-tech site. Groupie Central's linking lists can not be clicked, making it harder to find and more

time consuming. GroupieCentral gives visitors a choice of 12 different sections. Surprisingly enough,

each are able to be clicked on and will link web surfers directly to the section.

The advice column is hilarious.

People submit their stories and ask for advice on their problems. It consists mostly of "I started going out

with this famous boy band member online, and we just never got to meet in person, then he dumped me but still wanted to be friends. After that I only heard from him through a mutual friend. You know, the one who introduced us and kept trying to hook us up at concerts and told me how much he talks

It's funny, enjoy it. It is the only entertainment on the site.

The message board is interesting in the same way the advice column was.

Absolutely bored one day and need a break from that tiresome homework and don't feel like spending quality time on a really good website? This one will suffice.

Despite it being poorly set up technology wise, the stuff people submit is terribly funny. However, take precaution because

(reiterating) it does have a lot of sex stories. If net surfers are offended by that kind of stuff, they might want to just reac the dictionary instead, it is much more educational and interesting.

Stop by The Oakland Post (61 OC, in the basement) and fill out an Interest FormToday!!!!

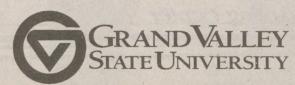
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14 of 74



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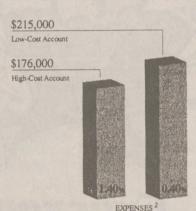


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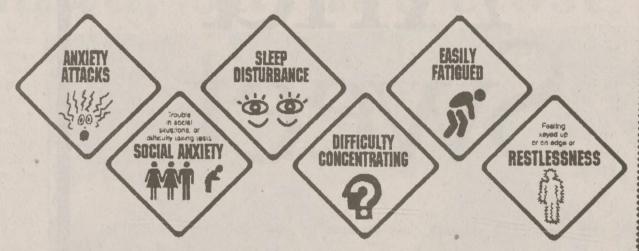
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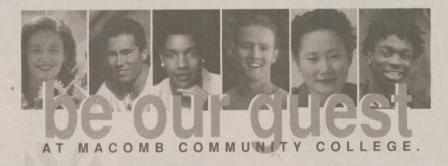
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WOMEN'S GOLF

12th

April 8-9 Oakland

BASEBALL •6:35 p.m., April 11 at Ohio State • Noon, April 14 -**CHICAGO STATE** (DH) •Noon, April 15 -CHICAGO STATE

•2 p.m., April 17 -**BOWLING GREEN**

SOFTBALL •2:30 p.m., April 13 -UMKC (DH) •1 p.m., April 14 -UMKC (DH)

•3 p.m., April 17 -TOLEDO (DH) TENNIS

•Noon, April 13 -**IUPUI** •3:30 p.m., April 13 -**VALPARAISO** •9 a.m., April 14 -YOUNGSTOWN STATE

SPORTS edge Softball dips to fourth in Mid-Con

By Jeff Theisen THE OAKLAND POST

A couple of tough losses at Mid-Con foe Southern Utah leaves OU in fourth place. That would be the negative, the positive is that OU is still within striking distance, possibly even finishing in the top spot.

It's going to take hard work and better defense, but coach Steve Ogg is still hoping that the lessons learned will start to pay big dividends down the stretch. OU (7-20 and 3-3) managed to gain one win out of four at Southern Utah (19-21, 10-2).

"We were hoping to get a split at Southern Utah," Ogg said. "I thought that we were very competitive though. I'm still not sure that we know how to travel correctly."

Again, OU faced some treacherous weather with snow falling and the wind chill in the teens contributing to some plays that are normally routine to be botched. The bats were alive for OU collecting nine hits in each of the first two games of the series but miscues and tough pitching conditions led to their demise 8-6 and 6-5.

On Saturday, OU came out on fire collecting 15 hits winning 9-6 in eight innings led by Megan Piar going 3-5 with two RBI and two stolen bases and Lauren Seffens was also 3-5. Julie Anderson

picked up the win in relief upping her record to 4-

Game two was drastically different with OU seemingly jumping out to 2-0 lead on a home run by Keri Sedgley but it was taken off the board when Southern Utah declared her an illegal substitution because her number was written down mistakenly on the scorecard.

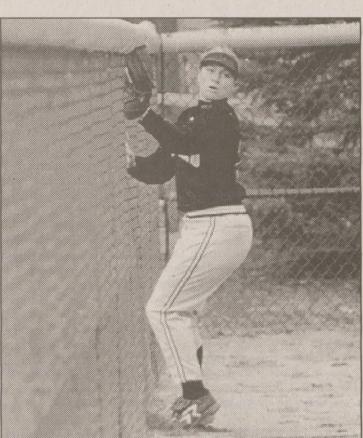
Ogg was asked to hurry up because the snow had stopped and they were trying to hurry the game up but Sedgley and Piar's numbers got transposed on the scorecard. The home run was taken away and so was the wind out of OU's sails.

The T-Birds went on to win the game 10-0 and take three out of four in the series and sole possession of first place in the Mid-Con.

"I think that we have a new rival with Southern Utah," Ogg said. "We are both very competitive

OU also played Wednesday at Michigan State and lost 8-2. Sedgley led the way going 3-3 with a run and a RBI.

OU plays four big games at home against UMKC this weekend starting Friday. The Golden Grizzlies have a chance to tie UMKC in the conference by winning at least three of the four

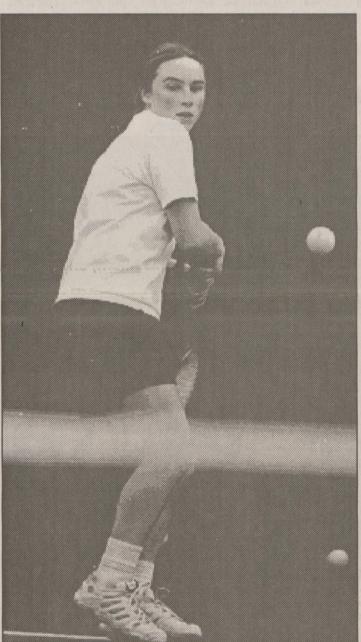


CATCH: Lauren Seffens Michigan State University of extra bases in the Grizzlies's loss last Wednesday. Utah then won three out of four games versus OU, dropping

Grizzlies to fourth place in the Mid-Con. OU faces Mid-Con foe UMKC in two double headers this weekend.

Knoska/The

Tennis gets first win of season versus Chicago State



WE WON!: Kristy Sabat (above) and Theo Nae (right) teamed up to shut out Chicago State 8-0. The Grizzlies then lost to Southern Utah 5-2. OU hosts IUPUI, Valpo and Youngstown State next.

By Eric Noble THE OAKLAND POST

OU's tennis team shut out Chicago State for its first win

"We were all very excited to get our first win," said Brittany Maxey, women's number one singles player.

Although losing to Southern Utah to close out the weekend was discouraging the girls still kept their heads high. "We are starting to play a lot tougher," said Maxey. "After the win everyone seemed to play with a little more confi-

dence.' OU lost 2-5 to Southern Utah with wins coming from both Maxey and Kristy Sabat. Maxey won in straight sets 6-0,6-0 and Sabat pulled out her match in the third set fin-

ishing off Jennifer Case, 7-6,8-6,6-2. Chicago State got a look at the team OU hopes to become. Sweeping every event lead by the 3 set match of

Maxey that went into a superset tiebreaker 6-4,4-6,10-5. "This was a tough match mentally forcing me to make

every point count,"said Maxey. Sabat and Theo Nae won in straight sets 6-0,6-0. Lisa Cross defeated Sarah Nagle 7-5,6-3. Jennifer Herrera defeated Tamlyn Wright 6-0,6-1. Dawn Dillard defeated Valeaka Hooks 6-2,6-3 to close out the match. OU swept all the doubles matches to claim the remaining 2 points for the team.

Maxey and Sabat also put forth an effort in their doubles matches beating Chicago States women double 1 and 2 player 8-2, but lost to Southern Utah 9-7.

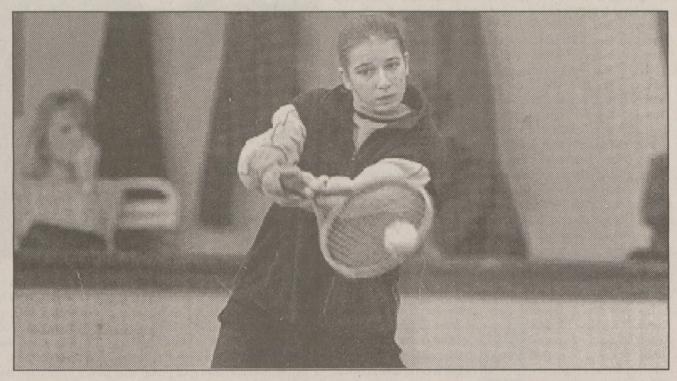
"Things are starting to feel more comfortable between us," said Maxey. "We can start to anticipate each other and play with a little more strategy."

The match against UMKC was cancelled because of rain. Playing in the different altitude made it harder for the

players to breathe and adjust to the ball flight. 'Altitude has more effect on us and less on the balls," said Maxey. "They have a special tennis ball for playing in

higher altitudes.

Coach Redshaw was unavailable for comment.



Grizzlies serve suspensions, at least three gone

Ramez Khuri

In case anybody is wondering why allegedly heckling him in Kentucky, OU's baseball team roster looks different now then it did at the start of the season, it's because of some unfortunate incidents which have taken place within a short period of

These incidents resulted in suspensions and athletes being kicked off the team. When I asked Sports Information Director Amy Hirschman about what was going on, she hadn't been told, which is puzzling in itself.

All of the suspensions have been served and are over with now, but at least three players have been kicked off for disciplinary reasons. At least one more can't play for being academically ineligible.

I'm not trying to embarrass anybody by naming people, but the list of offenses includes a pitcher allegedly going after a fan who was a player allegedly stole from teammates in the locker room, a fight in a bar and an incident that allegedly occurred at a local restau-

rant where two baseball players were accused of not paying the bill.

The restaurant problem turned out to be a big misunderstanding and was taken care of the next day.

The two players reported to Assistant Athletic Director Tracy Huth, who said that they both went to the restaurant, spoke with the manager and everything was taken care of in an orderly fashion.

The players were apparently with a group of non-student athletes and there was a lot of confusion over whether the bill was actually paid or not. The athletes were the ones who were recognized because of their

affiliation with OU sports.

The other incidents cannot be as easily explained. I'd like to say that it was a case of some good kids

> making bad decisions that they most likely regret now. After I caught wind of all of these incidents, my question to Huth was, "Why do

you think it got this bad?" The response I received from him was, "I really

couldn't pin point it. Whether it's just a matter of we have a group of student athletes on a particular team who happen to have basically made some wrong decisions or who have gotten in the

I understand that the Athletic Department has rules that everybody must follow. If it didn't, then I would be worried. I also understand why coach Mark Avery had to let

wrong places at the wrong time."

some of his best players go. He did it because if he didn't, it would set a bad example for other athletes, and he would be breaking the rules himself by keeping them on the team.

I think it was very unfortunate for OU's baseball program. All of these things happened in a very short period of time, and to one team.

You have to wonder if this happened to another team on campus, what would be the result?

Avery is now dealing with a team that he is trying to develop. The record might not be so great right now, but hopefully all of the extracurricular stuff is done, and the team can start concentrating on what it is here for.

LET'S PLAY BALL!

Sports Editor Ramez Khuri is a senior majoring in journalism. Email him at oakpost@oakland.edu

Men's golf finishes fifth, women twelfth

By Lisa Cali MANAGING EDITOR

The men's golf team claimed the Bellarmine Invitational title last week and then placed fifth at the Ball State Invitational this weekend.

Gary Robinson led the Grizzlies in the Bellarmine Invitational with his first place finish. Robinson shot a 68-70 for a two round six-under par 138. Chris King finished second with a two round 144 and Kevin Harris claimed third place with a two round 146.

Harris was the team leader at the Ball State Invitational with a three round 221 and tie for second place. Robinson finished seventh with a three round 224 and King tied for 36th with a three round 234.

"The men have been doing great," coach Dave DeWulf said. "At Ball State we were in a real good position after two rounds, and the last day one of our players finished poorly. So we ended up finishing fifth, but they did wonderful at the Bellarmine Invitational."

Robinson's victory at the Bellarmine Invitational earned him a school record for a two round low, as well as a team record low score. Robinson currently has the lowest stroke average for a year in school history. DeWulf holds the record of 73.3, set in 1970, but Robinson's average of 72.7 will be the new record if he continues low scoring for the remainder of the year.

"Gary is so solid and motivated," DeWulf said. "Last year, he was very good and this year, he is excellent. He is one of the best in the conference."

DeWulf said that he hopes Robinson goes down in history for lowest stroke average despite the fact that it is his record Robinson would be breaking.

DeWulf also said that the team is finding some depth with its third and fourth ranked players. At the Bellarmine Invitational, Justin Sokol tied for eighth place and Nate Snow tied for 36th place. Sokol also played in the Ball State Invitational, where he finished 72nd, and Allen Mitchell fin-

"We are capable of doing amazing things when we can get a little help from the third and fourth guys," DeWulf said. "Justin has been playing very steady lately and that really

The women's golf team competed at the Bronco Invitational in Portage, MI this weekend and finished 12th

Emily Minnich led the women with a two round 175 and tie for 37th place. Connie Apalit shot 176 and finished in

"Sometimes you have to get a little worse before you take the next step and that's where the women are right now," DeWulf said. "We've been showing them videotapes and having discussions. That's really hard to take out onto the course, but in the long run, it will be beneficial to them."

DeWulf said that he is focusing on building a solid foundation for the women's team. They have had a number of coaches in the past few years and have not been able to have stability within the team. DeWulf is trying to change that and said that it will be easier to build a women's program than it was to build the men's, mainly because of the lack of women's competition.

There will be some terrible days, but the good players will get through it," DeWulf said.

The men and women's teams are currently preparing for the Mid-Con Conference Championship tournament, which they will play on April 23-25 in Tulsa, Oklahoma.

"We are hoping to peak for the championship," DeWulf said. "Oral Roberts is the three time defending champion and they are hosting, so we will have a challenge.

There will be seven teams in the men's championship and

Men's Golf Stats

Bellarmine Invitational Two-round course par: 144

total	1st	2nd	
Gary Robinson	68	70	138
Chris King	75	69	144
Kevin Harris	76	70	146
Justin Sokol	74	74	148
Nate Snow	80	83	163

 Gary Robinson currently holds the lowest stroke average for a year (72.7). six teams in the women's. DeWulf said his only expecta-

tions are that both teams perform at the highest level they

"If they do the absolute best on every shot, that's a success whether you win or lose," DeWulf said.

The women will compete next at the EKU Lady Colonial Classic in Richmond, Kentucky on April 12-14. The men will play at the Cleveland State Invitational in Dornock, Ohio on April 14-16.

UPCOMING GAMES

MEN'S GOLF • Time TBA, April 14-16 - at Cleveland State

Invitational WOMEN'S GOLF • Time TBA, April 12-14 - at EKU Lady Colonial Classic

SPORTS TRIVIA

•NAME THAT GRIZZLY: As a junior this women's golf player played in all nine tournaments for the Golden Grizzlies. She averaged 94.1 in 15 total rounds, and shot 91 in the first round of the Lady Falcon Invite which she finished tied for 81st. Her 94 in the Bronco Invite gave her a season-low finish of 45th and she shot 97 twice in the Mid-Con Championship a year ago. As a sophomore she played in all four events for OU, playing in nine rounds and totaling 881 strokes with a 18 hole average of 97.9. Her lowest round was a 92 in the Mary Fossum Invitational where she ended the tournament in 88th place.

CAN YOU NAME HER?

A. Jennifer Bishop B. Connie Apalit C. Laura Cuniffe

D. Jocelyn Fekel

D. Jocelyn Fekel

• NAME THAT GRIZZLY: This men's golf player was a 1997 graduate of Sterling Heights High School in Sterling Heights, Mi. He earned four varsity letters under head coach Stan Janik in golf and captained the golf team in his junior and senior seasons. He was named all-league, all-county and all-conference as a Stallions golfer.

CAN YOU NAME HIM?

- A. Gary Robinson B. Jason Weldy
- C. Tony Sorentino
- D. Chris Williams

B. Jason Weldy

Grizzlies split double headers with IUPUI

By Chad Mack THE OAKLAND POST

OU"s baseball team is beginning to make a mid-season turn-around. It couldn't have come at a better time. The Grizzlies split the weekend series with IUPUI, 2-2. On Saturday OU won both games, the first 8-6 and the second

Rob Brockman made his first appearance since the sixth game of the season. In his first game back from injury Brockman went two for five and both hits were homers.

"In the first game he hit a couple balls hard. I think it helped give some other players some confidence. Anytime you have a player of his caliber come back in to the line-up it's going to help give the other guys some confidence. They feel like it's not all on their shoulder's anymore," said assistant baseball coach Andy Fairman.

IUPUI was up 1-0 after the second inning, and then the Grizzlies scorched the Jag's for three run's in the third. OU's rally started when Chris Kimbal was hit by a pitch and Brockman drove him home with an RBI double.

IUPUI answered back in the fourth with two runs to cut OU's lead to one. The game then took on a ping-pong mentality with both teams trading runs through the eighth inning. With the game tied at six the Grizzlies took the lead for good in the top of the eighth. Nick DiPonio led off the inning with a double and Kip Harris singled to bring him in. IUPUI began to crumble and committed a couple of errors that led to an unearned run for OU.

In the second game the Grizzlies really took control, exploding for five runs in the top of the fifth and breaking the game wide open. Kimbal and Harris both went three for six with two RBI.

Sunday was a different story for the Grizzlies. In both games OU blew big leads. In game one OU jumped out to a 6-0 lead after two innings. "We started out scoring three in the first and three in the second to take a six-nothing lead, and after that I think we just kind of put it on cruise control. We had a situation in the third inning where we had a lead off double and didn't come around to score and after that IUPUI got a little confidence. They were able to put a run across and we didn't make the plays," said Fairman.

In the second game the Grizzlies had a five run fourth. But again they couldn't put the Jags away and IUPUI stormed back and won the game in the bottom of the sev-



TEAM!: The Golden Grizzlies are quickly gaining confidance and coming together as a team after facing some early season adversity. OU beat IUPUI on Saturday twice but lost twice to the same team on Sunday. The Grizzlies face Ohio State today.

the unenviable task of climbing out of the cellar if the team has any hopes of making it to the Mid-Con tournament.

In a season consisting of pitfall after pitfall there have been some bright spots. "We have two freshmen pitchers that have started our conference games, Brad Morenko and Dominic Carmosino. They both threw the ball extremely well last week against Oral Roberts. Both of those kids have done real well. We didn't make the plays behind them,"

The Grizzlies are 2-6 in the Mid-Con conference and have team still believes that it can still make it to the Mid-Con tournament. "Of course we would like to win all of our baseball games, but really what our season boils down to is the opportunity to go to regionals. In order to get to regionals you have to win the Mid-Con tournament," said Fairman. "We would have like to have held on to those two games, those two leads and be 4-4. We still have a pretty good shot to go and really that is what our focus is. We have put all these off the field problems and suspensions behind us and were focusing on that goal right now. Were trying to The Grizzlies are getting back on track after suffering do things the right way. What were trying to do right here some early season detours. After a terrible start the baseball is establish a division I program, that's a quality program."

Mid-Continen

	Baseball	
	Conference	Overall
	Oral Roberts	
1	8-0	24-6
	Valparaiso	
	7-1	13-12
	Youngstown St	ate
	4-4	12-13
	IUPUI	
	4-4	9-18
	Southern Utah	
	4-4	5-27
	Western Illinois	S
	3-5	4-22
	Oakland	
	2-6	4-24
	Chicago State	
	0-8	4-21

Softball Conference	Overall
Southern Uta	h
10-2	19-22
Western Illin	ois
9-2	19-13
UMKC	
10-5	14-21
Oakland	
3-3	8-21
Youngstown !	State
2-6	8-22
IUPUI	
2-10	14-25
Valparaiso	
1-9	3-27

KIP HARRIS

Kip played a significant role in the Grizzlies weekend double headers against IUPUI. In the first of four games he went 3-4 with two RBI. In the second game he led his team with two home runs, went 3-6 and added two more RBI and in the third game he once again led by going 4-4 with one run scored and one

-Ramez Khuri



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Cost of Living Allowance Average = 100	114.3	121.9	141.7

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of psychological



Follow up to 'Kiss the Girls' falls short

Along Came

a Spider

out of four

Starring: Morgan Freeman,

Director: Lee Tamahori

Monica Potter

By Anthony Licardello THE OAKLAND POST

magine biting into a crispy red apple. From the outside it looks good, and feels good, but Lupon taking a bite, maggots and worms emerge. After quickly spitting it out, the apple is thrown away. That's the general feeling on seeing the psychological suspense thriller, "Along Came a Spider.'

Based on the novel by James Patterson, "Along Came a Spider"is a follow up to the 1997 thriller "Kiss The Girls" starring Morgan Freeman and Ashley Judd.

'A mind is a terrible thing," says Gary Soneji, (Michael Wincott of "Before Night Falls" and "Metro") a man who the paycheck, and go to the bank. She could be a fine actress, but the pulls off a daring kidnapping in the film. The kidnaped victim is Megan Rose Dunne, (Miikka Boorem of "The Patriot") a young girl who goes to an ultra-private school in Washington D.C. The twist is, she is the daughter of a United States Senator. After the kidnapping, Soneji contacts Detective Alex Cross played by Morgan Freeman ("Nurse Betty," "Deep Impact").

Cross, is eight months removed from the job after the death of his partner after a sting gone wrong. Soneji wants Cross to be involved with the investigation for some reason, and so Cross signs on. With the help of Special Agent Jezzie Flannigan (Monica Potter of "Patch Adams," "Con Air") the two try to track down Soneji and try to figure out why he is committing these crimes.

Both Freeman and Boorem give great performances.

Morgan Freeman is such a calm guy. He has a Steven Seagal serenity Girls" and even that film was just average.

about him. It works in this film that is fast, twisting and full of elaborately technical dialog. He helps keep your brain relaxed and focused while absorbing tiny bits of information that will later compute into an intricate but

Boorem did a great job playing Rose. She held her own gracefully and captivatingly with her elders. Kudos to both author and screenplay writer for her words spoken as if from a real child in a real situation.

Monica Potter gets the worst grade in this area. Her character is completely flat and cardboard, and the performance itself should've had a closer examination by the producers when they were picking the roles. She seemed to have come to the set, give her lines, pick up

script gave her nothing to go on.

One of the more vital secrets in a psychological mystery like this movie should be: Why is the madman doing this? By keeping this fact at bay, and perhaps even creating an inviting puzzle, a filmmaker can heighten tension and develop characters. First-time screenwriter Marc Moss and Director Lee Tamahori decide that this isn't really necessary. So, the result is a bad guy causing evil evidently because his parents weren't there for him. Not very original but Tamahori is slated to direct three more films this year. Perhaps his character direction will improve

There was just too many ridiculous turn of events in this movie to be taken seriously. The development of the plot was highly unrealistic, and the movie was just disappointing. It doesn't live up to "Kiss the



THE ITSY BITSY SPIDER: (top L-R) Morgan Freeman and Monica Potter team up to capture a kidnapper in "Along Came a Spider." (bottom) The McArthur Entourage work together to solve the case.

Overall, the film is quite muddled and has definite continuity and plot holes. Freeman saved this movie from the depths of 'worst movie of the year' honors.

With all that being said, some may still see this film. They perhaps they'll quote one of the lines from Monica Potter's character, "This is worse than killing time."

Upon leaving the theater someone said, "I would rather chew on broken glass than to see that movie again." Other viewers of the film

Pure brings pleasure to club goers

By Jeff Galecki THE OAKLAND POST

It is possible to have an elegant night out in Detroi Eminem and Mary J. Blige, among others, count Pure their place to be and be seen when they're in Detroit.

From the Italian chandeliers to the VIP room, Pure is certainly a swanky establishment. Even the dress code is not a problem when hobnobbing with the best Detroit's club scene.

Located at 1500 Woodward just south of the Fox Thea center of Detroit's nightlife. This definitely is not the pub down the street. Employing a dress code that says nay to jeans and khakis, it sets the tone for the eleganct ambience which surrounds a person upon entering the establishment.

From Thursday to Sunday, this club often has a resident DJ playing everything from Green Acres to organic house to high-energy dance.

"I play music from the waist down" is the way resident DJ Thomas Barnett

describes his music. Barnett certainly has the experience to play songs for an establishment that sets the mark high for itself. He played on the People Mover Tour to over 1.6

million crazed Europeans. Pure has a party capacity of 450 people and it takes a versatile DJ to make

the smooth natural transition in his dance music every night. On Saturdays Pure flies in DJs from across the nation.

Upon paying the \$20 cover (\$10 for ladies before 10 p.m.) patrons pass through two large glass doors that are bordered with chiffon. After passing through those doors, a patron enters a world where the manager, Sean says he makes sure "you will receive presidential treatment from the waitress up

Then you look into the intimate floor space of Pure, the bar features an

an renaissance painting, over a lighted bar. nere are chandelier's dangling gracefully overhead and there are elevatlance platforms which provide high-profile space for those who seek advanced placement in the groove department. The dance floor churns out more lighting pomp than a Backstreet Boys concert in overdrive.

The VIP room overlooks the main dance floor and circles the main area from above as a second level ultra lounge. Although this room demands a pricey \$100 cover charge for guys, it is definitely worth the price for this very hip lounge (Ladies, of course, do not pay). After the main stairs, the elegance of the mood is continued, from the humidor of cigars for each intimate table, to the buckets of ice built in and the three to

There is a separate manager for the VIP room, which helps to ensure that your \$100 cover will not be wasted. This is definitely where one should bring that special someone if one wants to make a grand impression.

four roses adorning each and every table.

The cover charge pays for an exclusive experience for the elite, there's no waiting in line to get into the club, dessert of chocolate and strawberries are offered and parties of three or more receive a complimentary bottle of cham-

This club goes to great lengths to make sure that their patrons are having a good time. Sean said, "one of our regulars wanted a bed in the corner of the VIP room, so we put it in for his birthday night. It was lined with chiffon

It is evident that this club is set apart from many others in its elegance and pure pleasure. The next time you are planning your night of debauchery, leave the Golden Grizzly to the north and head down to the posh and hip

Visit Pure's website, (an aweome mix of information and flashes) at www.PureBarRoom.com for a virtual tour of the club. Call 313.471.PURE.

Upcoming Movie Releases

Wednesday, April 11 Joe Dirt Josie and the Pussycats

Kingdom Come Stupid Invaders Chopper Pocket Monster: Pichu to Pikachu

Friday, April 13 Rock Star The Body Unconditional Love The Man Who Cried

Friday, April 20 The Visit Extreme Days Town & Country The Glass House Freddy Got Fingered Crocodile Dundee in Los Angeles The Claim

For Your

Surviving The Post

Due to all of the hype surrounding "Survivor: The Outback," and other reality shows, The Oakland Post has decided to stage its own rendition of Survivor. Based on the premise of being trapped in The Oakland Post, we will be eliminating one staff member each week until our final issue when we will announce the survivor of The Oakland Post. We have recently voted Cara Plowman, Editor-in-Chief off of "Survivor: The Oakland Post" series. The Oakland Post jury voted Lisa Cali, Managing Editor, as the ultimate survivor.

Cast Away:



CARA PLOWMAN

Luxury Item:

LIMP BIZKIT T-SHIRT

Survivor:



LISA CALI

Luxury Item:

ADVIL

Orb with special guests Witchman and www.badorb.com will preform at 9 p.m. on Saturday, April 21 at St. Andrew's Hall. Tickets are still available. Call Ticketmaster for more information at 248.645.6666 or call St. Andrew's at 313.961.MELT.