

THE OAKLAND POST

OAKLAND UNIVERSITY'S INDEPENDENT STUDENT NEWSPAPER

FEBRUARY

15

— 2017 —

PARKING.

Board of Trustees votes to add 660 parking spaces by fall 2016

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CADAVERS.

BIO 206 students use human cadavers to study anatomy

PAGES 12-13

REVENGE.

Tommy Titan 'Wears the Bear' after Oakland wins Giving Challenge

PAGE 24



FONZIE GETS BOOK SMART

HENRY WINKLER SHARES LIFE STORY, CHILDREN'S BOOKS WITH CAMPUS COMMUNITY

PAGE 14

Photo by Mary Mitchell / The Oakland Post



ontheweb

Oakland University is offering a summer study abroad program on international reporting in Athens, Greece. Students will be covering the Syrian refugee crisis through multimedia reporting and will have freedom to travel on the weekends. Photo courtesy of Oakland University // www.oaklandpostonline.com



PHOTO OF THE WEEK

A LITTLE KINDNESS GOES A LONG WAY // Students stop by WXOU to make goody bags for children at Pontiac's Baldwin Center as part of SAFAC's Kindness Day Open House. The event was held in the basement of the Oakland Center, where each SAFAC organization coordinated a different Kindness Day project. Participants were also treated to an angel food cake bar. *NOWSHIN CHOWDHURY* // *The Oakland Post*

Submit a photo to editor@oaklandpostonline.com for a chance to be featured. View all submissions at oaklandpostonline.com

POLL OF THE WEEK

Thoughts on the Grammys?

- A** Beyoncé was robbed!!!
- B** I'm Rihanna showing up late with a flask
- C** Glad to see Bowie win something
- D** Um, some of us have midterms to study for

Vote at www.oaklandpostonline.com

LAST WEEK'S POLL

Super Bowl thoughts?

- A** Lady Gaga was lit
31 votes | 38%
- B** Falcons losing is the metaphor of my life
15 votes | 18%
- C** Tom Brady is the second coming of Jesus
17 votes | 21%
- D** Mr. Clean is daddy
19 votes | 23%

THIS WEEK IN HISTORY

FEBRUARY 12, 1979

OU Athletic Director Corey Van Fleet said OU Athletics was in compliance with Title IX. Around this time, MSU faced a ruling from Judge Noel Fox that said it must provide its men's and women's basketball teams with the same sleeping accommodations and meal money.

FEBRUARY 19, 1980

OU's nursing program was deferred accreditation by the National League of Nursing. The council requested additional information before granting the accreditation, which was voluntary.

FEBRUARY 12, 1997

The search committee in charge of finding a new vice president of Academic Affairs scheduled closed interviews with 12 semifinalist candidates. The Oakland Post decided to file a suit to open the meetings with a judge's order. Attorney John Ronayne represented The Post and said OU would be violating the Open Meetings Act if the interviews were private.



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POST-TRUTH PRESS PANEL

The journalism department invited a panel of professionals to discuss the role of the mass media in today's political climate. PHOTO / Nowshin Chowdhury



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BASEBALL BEGINS

The Oakland baseball team, with new co-head coaches, begins its season on Friday, Feb. 17 in Nashville, Tennessee. PHOTO / Mary Mitchell



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TAKING DOWN THE TITANS

The men's basketball team traveled to Calihan Hall to take down the Detroit Mercy Titans 89-80, moving to 9-4 in the Horizon League. PHOTO / Nowshin Chowdhury

**BY THE
NUMBERS**
VALENTINE'S DAY

\$16 billion

estimated value of chocolate
and confectionary product
shipments in 2015

47.5%

of Americans over
age 15 are married

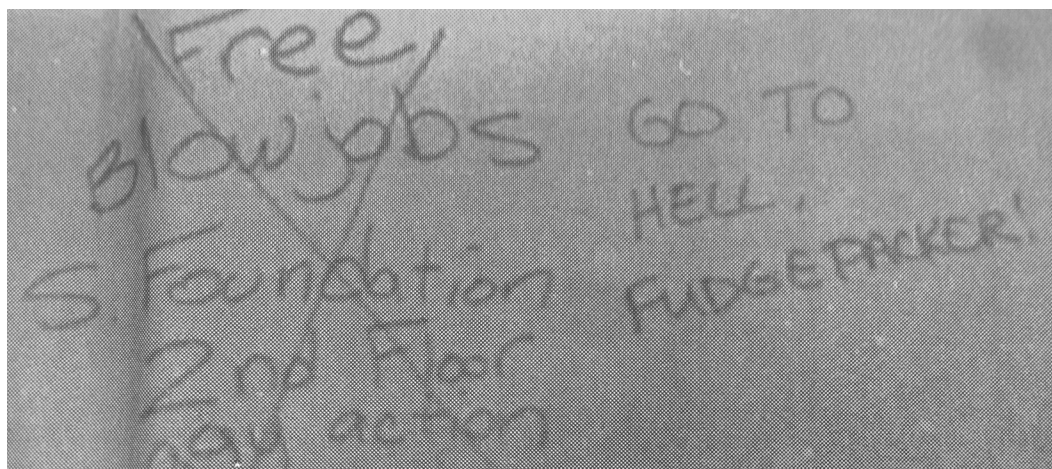
\$131 million

value of bouquet-cut flowers
and buds imported to the U.S.
in February 2016

399

estimated number of dating
service establishments
nationwide, as of 2012

Looking Back



The Oakland Post Archives

An example of graffiti found in the men's bathroom of South Foundation Hall in 1999.

Caught in the act in South Foundation Hall bathroom

Cheyenne Kramer
Web Editor

In the summer of 1999, the Oakland University Police Department installed a hidden camera in one of the men's bathrooms in South Foundation Hall to investigate suspected criminal sexual activity.

According to OUPD, the camera was installed for only about a month and was placed outside of the stalls. Other news media reported on the project, and campus reaction varied from mild disapproval, to curiosity, to indifference.

According to the Sept. 22, 1999, issue of The Oakland Post, most students felt that the camera being used outside of the stall area was OK.

Some students felt as if a warning should have been posted disclosing that there was a camera in the bathroom.

OUPD reviewed the circumstances of the case with Oakland County prosecutors to determine whether procedural law supported the "covert application."

UAW Local 1925 filed a grievance with OU representing the university's clerical and technical workers.

The union president Susan Russell said that an employee found the camera on Aug. 3, and the union felt as if faculty should have received notice of the camera being used.

The union further asked for elimination of any future use of hidden cameras and that all recorded tape obtained during the investigation be destroyed.

"Our members want to be assured that when

they go into the restroom, that they will be in a private place," Russell said.

A week later, OUPD announced it would be seeking arrest warrants for two nonstudents who were allegedly videotaped performing sex acts in the SFH bathroom.

WXOU DJ Scott Anderson contacted other college campuses to ask if they would place cameras in their campus bathrooms. None of them said they would.

OU was featured on an X-rated website at one point, which is potentially what led to the police investigation. The website listed locations on OU's campus where website users could go to "meet" other people and set specific times for these "meetings."

The site also warned of police activity in the described areas.

In addition, students had complained about suspicious activity in the bathrooms, and staff complained about graffiti found in the second-floor men's bathroom of SFH.

After a preliminary hearing, Frank Dagostino, 38, was charged with two felony counts of gross indecency between males, and an enhancement of that charge, sexual delinquency.

Bryan Robert Frank, 26, was charged with a misdemeanor count of indecent exposure.

Both men pleaded not guilty. However, Dagostino had a previous conviction for indecent exposure.

Officers were able to identify both men by pursuing them on foot to their parked vehicles, recording their license plate numbers and referencing their drivers' licenses.



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Corrections Corner: The Oakland Post corrects all known errors of fact.

In our Feb. 8 article "Take these tips before heading out," we mistakenly referred to the Oakland University Police Department's Sergeant Donald Blalock as "David Blalock." We apologize for the mistake.

If you know of an error, please email editor@oaklandpostonline.com or call (248) 370-4268. You can also write us at 61 Oakland Center, 312 Meadow Brook Road, Rochester, MI 48309.

President's Report: February updates

What did the Thomas-Engnell administration achieve and what is to come in the future

Zack Thomas
Student Body President

Hello, my fellow Oakland University students! Your university student congress and I have been hard at work for the betterment of the university since the last President's Report! I am so happy to report on some new initiatives we have taken on, as well as our achievements throughout this year, followed by some upcoming events to watch out for!

New initiatives

The university student congress legislature, led by Brittany Kleinschmidt (one of our newer legislators), has sparked an initiative called "Help Out HAVEN." HAVEN is a shelter that protects and cares for survivors of domestic abuse. In the Help Out HAVEN initiative, students bring in toiletries, clothing items, etc. to give to HAVEN for use by the survivors. In return, students receive a hoodie with the "Help Out HAVEN" logo on it. The initiative lasts until Feb. 17, and a full list of acceptable items is accessible at www.haven-oakland.org/donate.



Additionally, the university student congress has already purchased and is in the process of obtaining approval to place feminine products, free of charge, in women's restrooms. The idea spurred from executive board member Margaret Merogi, and the goal is to help OU women! Personally, I think this is a great, cost-effective way to benefit a majority of the OU community.

Achievements throughout the year

It's OUSC election season, and with that comes well-deserved scrutiny into those already in office. So, in the spirit of transparency and answering the question "What have we done this year?" I will list out our major accomplishments, one-by-one. In the previous President's Report, I outlined our main platform pieces, as well as what we have done to realize those pieces.

Our platform pieces were as follows:

- a realistic parking solution
- administrative transparency and accountability
- social justice for underrepresented communities
- amplify the student voice
- reinvent student congress
- a host of other secondary pieces

Here are all of our major achievements:

- Lobbied OU administration for a minimum wage raise of 75 cents to the new \$9.25 per hour
- Gathered 1,500 signatures of students standing up against the Board of Trustees' February 2016 retreat
- Collected 300 student testimonials to prevent the moving of the Campus Student Organic Farm
- Pressured OU administration to not fund a \$30-million parking project that would have caused need for fee-based parking. Instead, we agreed on a no-fee parking expansion of 600-700 spots using already-existing monies and a refining of the Bear Bus program. This will take place before fall 2017
- Persuaded implementation of a tuition equality policy for Deferred Action on Childhood Arrival students
- Lobbied OU administration to focus on expanding accessibility on campus by: fixing sidewalk craters, repairing pushpads and door weights, realigning crosswalks by Oak View Hall and Vandenberg Hall, and drawing an additional \$3 million for accessibility enhancements in the Oakland Center expansion
- Instituted a full Preferred Name Policy for the benefit of the LGBTIQ+ community, international students and survivors of sexual assault
- Instituted the Active Grizzly program to provide students with OU gear and increase attendance at student organization events (led by Jorge Garcia)
- Registered 525 students to vote with zero OUSC mishaps, more than doubling numbers over the previous OUSC election year (this year's initiative led by Sophia Polsinelli)

- Purchased eight outdoor recycling bins to increase sustainability on-campus (led by Lena Mishack)
- Instituted a program to provide free feminine products for students (led by Margaret Merogi)
- Implemented the Help Out HAVEN initiative (led by Brittany Kleinschmidt)

If ever anyone asks, "What does Student Congress ever do?" feel free to point them to this list (which is not exhaustive by any means!). We are happy to have served (and continue to serve) the students successfully this year!

Upcoming events/happenings

- President Hynd Townhall/Open Forum at 12 p.m. on Wednesday, Feb. 15 in the Oakland Center Fireside Lounge
- OUSC election candidate open forum at 12 p.m. on Monday, Feb. 27 in the Oakland Center Banquet Rooms
- State of the Student Body Address and Campus Open Forum on 1 p.m. on Monday, March 6 in the Oakland Center Gold Rooms

Be on the lookout for OUSC candidates presenting their platforms to you and for a potentially up-and-coming amendment to the OUSC Constitution that you can vote on!

The university student congress and I are here to serve YOU. Please let me know if you have any questions at zmthomas@oakland.edu or ousc@oakland.edu!

Sincerely,

Zack Thomas
OU Student Body President

Now Accepting.....

Applications and Nominations for:

Student Liaison to the Oakland University Board of Trustees

The role of the Student Liaison to the Board of Trustees is to serve as a non-voting resource on all student issues at monthly meetings of the Board.



Term of Office:

- July 1, 2017 through June 30, 2018 or 2019
- Must have at least a 2.5 GPA
- Must have earned 56 undergraduate or 18 graduate credit hours (of which 28 are at Oakland University)
- Must not hold any other major elected campus office

Applications are available at:

<http://www.oakland.edu/bot>
Student Affairs Office – 144 Oakland Center
Student Congress Office – 62 Oakland Center
Center for Student Activities – 49 Oakland Center

Applications are due in the Student Affairs Office by March 31, 2017

For questions, please call: 248-370-4200

Political Focus: Trump's Secretary of Education

Betsy DeVos proves to be controversial early on with lack of experience in public education

Melissa Deatsch
Sports Editor

Betsy DeVos. Her name has been all over the headlines and social media during the past three months. Most mentions of her name are followed by words of hate or concern for the country. DeVos' nomination and confirmation as secretary of education has been one of the most contentious decisions of the Trump administration, and that's saying a lot.



Many have heard her name or overheard some of the debate. This week, Political Focus will dig into everything you should know about Betsy DeVos and the controversy that surrounds her.

Who is she and what are her ideas?

Born in Holland, Michigan, DeVos grew up the daughter of a millionaire in the

auto industry. She attended Calvin College and went on to become the chair of the Michigan Republican Party.

DeVos is known for her advocacy of school choice, as well as state autonomy on educational matters.

President Donald Trump made a major school choice proposal on the campaign trail that will likely become the focus of DeVos' service as his secretary of education.

School choice is an educational concept that doesn't assign children to attend a certain school based on their address. It allows federal education funding to follow the student to the school their parents feel is the best fit for their child, whether that is the local public school, private school, charter school or any other option available to parents today.

Those who are economically well-off naturally have school choice because they can choose their residencies based on good public schools or choose to send their children to private schools.

Those at an economic disadvantage

don't have that luxury, and the school choice program aims to fix that.

So what's the problem?

Educational economist Joshua Goodman explained his point of view to Usable Knowledge, a Harvard Graduate School of Education resource. He said while competition drives quality in many markets, this isn't true in education.

"The empirical evidence for choice and market forces improving educational outcomes is thin at best," Goodman said. "... Econ 101 models assume consumers observe product quality. But schools are complicated goods, and quality, particularly a school's long-run quality, is hard to judge for many parents."

The Washington Post reported after 10 years of school choice in New York City, the likelihood of gradation from high school was still tightly linked with family income. This suggests that school choice is not following through on its intention to assist those living in poverty

More problems with DeVos

Senator Elizabeth Warren made her case against DeVos by arguing she lacks experience in public education. DeVos

was educated in private schools, sent her kids to private schools and has spent most of her career advocating for private school systems.

In regard to her inadequacies for the position, others cite her and her family's extreme political views, her massive donations to the Republican Party and her grizzly explanation as to why states should decide if guns are allowed in schools.

It's DeVos' opposition to accountability within the schools that worries Goodman. A Detroit Free Press study on the charter schools of Detroit displays a prime example of what can happen to schools that aren't properly held accountable.

The confirmation process

DeVos was confirmed in the Senate by the slimmest possible margin on Feb. 7. She just barely snuck by with a 51-50 vote. The tie was broken by a historic vote cast by Vice President Mike Pence.

Despite the eventual victory, her nomination hearing was an embarrassing ordeal for the now-secretary of education. It brought attacks on her experience and intelligence, she has been the topic in both headlines and opinion articles across the nation.



Drew's Review: The 2017 Grammy Awards



A breakdown of music's biggest night, who won and who lost

Drew Hagge
Music Columnist

To those in the know, the Grammy Awards are widely considered the worst of the large-scale award shows. The Emmys, Golden Globes and Oscars all do a better job awarding excellence in their respective art forms, while the Grammy Awards tend to be nothing but a popularity contest.

However, the Grammys remain uniquely loved and watchable due solely to its potential for incredible live performances — specifically the performances that bring different artists from different worlds together on one stage. From Imagine Dragons and Kendrick Lamar to Eminem and Elton John, the Grammys have held some of the greatest moments in live music history.

Generally, the Grammys are filled with terrific highs and virtually bottomless lows. The 59th Grammy Awards, which took place Sunday, Feb. 12, were no exception.

The lows began the moment the show started. Host James Corden's physical comedy routine reached a new depth when he fell several times down a flight of steps into a bad-on-purpose dance number.

If I was an honest critic, then I'd say Beyoncé's performance was terribly slow developing, but I don't want to get suddenly struck by lightning. So, I'm just going to note how impressive it is for her to perform with twins inside her stomach.

As anticipated, the show's peaks centered around two all-time live performances. Anderson Paak joined A Tribe Called Quest to perform hits off their latest and final album, "We Got It from Here... Thank You 4 Your service," which culminated in Anderson Paak, Q-Tip and Busta Rhymes raising a fist in the air to "We the People..."

The Bruno Mars-led Prince tribute marked the Grammys final height. After watching Bruno Mars cover "Let's Go Crazy" in full Prince attire, it became clear Mars was put on this earth to im-

personate the musical icon.

Heading into the night, whether deserved or not, Adele and Beyoncé represented two different camps that went beyond simply choosing between the two biggest acts in pop music. The Adele versus Beyoncé narrative was set to dominate the post-Grammy headlines.

Both artists were the prohibitive favorites for Album of the Year, as well as both Record and Song of the Year. But that's about where the comparisons end and the differences take over.

Adele's "25" and hit power-ballad "Hello" represent a kind of conservatively traditional, well-put-together album, both in the music itself and in the album's release.

Beyoncé's "Lemonade," on the other hand, seemingly dropped out of nowhere and was accompanied by a racially and socially motivated album-length film.

During the last moments of the award show, the audience learned that Adele swept the three biggest awards of the

night — Song, Record and Album of the Year.

For those contending that the Grammy Awards are out-of-touch, the Beyoncé snubs may be their greatest piece of evidence. Adele diffused much of the tension when she broke the Album of the Year award into two pieces, giving half to Beyoncé.

“

If I was an honest critic, then I'd say Beyoncé's performance was terribly slow developing, but I don't want to get suddenly struck by lightning.

Unfortunately, after a nearly four-hour-long Grammy Awards show, there still isn't proof James Corden can produce good content outside of a karaoke car ride.

‘The Space Between Us’: The first romance of 2017

Katerina Mihailidis
Intern Reporter

In the spirit of Valentine’s Day, if a couple is searching for a romantic — or rather, erotic — film to watch, the pair could settle for “Fifty Shades Darker.” If one is searching for a softer-toned, less inappropriate, more cute and “aww”-inducing film that doesn’t have a prequel, the first romance of 2017, “The Space Between Us,” will be a better selection.

The stars are Asa Butterfield — from of “The Boy in the Striped Pyjamas” — Gary Oldman, Britt Robertson and Carla Gugino.

The film, directed by Peter Chelsom, is about a boy named Gardner Elliot (Butterfield) who was born and raised on Mars. He wants nothing more than to find his father and his humanity on Earth, but he is a scientific secret with a physique unable to handle a lifetime of Earth’s conditions. He comes into contact with Tulsa (Robertson), a rebellious Earth high schooler. Together, the two teens begin their adventure of self-discovery to resist gravity’s plans, find their identities and develop a strange and somewhat impossible love.

The acting is beautiful, with complex and relatable characters. There is an exception for the alien kid, Gardner. He isn’t a very relatable character, although sometimes we all feel like we’re not from Earth.

“The Space Between Us” captures the courage and persistence of modern youth trying to live their dreams, while defying all social taboos and standards.

In the movie’s world, where technology and emotions try to coexist, cars drive themselves, a colony on Mars is a given, and video communication between the marvelous red planet and Earth is possible, society still has its flaws.

Chelsom presents a movie that focuses on those societal issues, covering aspects of a girl who, as cliché as it seems, believes that people are all fake and dishonest. Only Gardner, the boy “raised by scientists in a bubble,” can change her mind.

A first love, a road trip, self-discovery, a life-threatening condition, a socially aggressive girl with no parents, and an unexpectedly cliché ending with a plot twist that no one would suspect; what more do we want?

I’m conflicted in giving the ending of the movie a label such as “good,” “bad,” “happy” or “sad.” I couldn’t say which it was. It left me unsatisfied. There are a lot of unanswered questions at the end of this two-hour film. Chelsom tried to make the ending fascinating and dramatic, but it did not deliver any answers.

Overall, I would recommend this silly movie. It’s light and relaxing — a perfect escape from school and our daily activities.

‘Split’: A grab bag of genres with variety, maturity of characters

Lawson Robinson
Movie Columnist

After great success in the late ‘90s and early 2000s, director M. Night Shyamalan has recently struggled to continue his success. The failure of his 2004 film “The Village” sent his career into a dark stage. Shyamalan’s recent film “Split,” however, marks a possible return to the director’s old ways.

“Split” is an ever-changing mix of genres and plot points. The film plays on viewers’ intelligence and knowledge in a self-aware manner. Throughout its entirety, the film throws a number of codes and signifiers at the viewer to confuse them at each turning point.

This film allows both James McAvoy and Anya Taylor-Joy to deliver strong performances in their respective roles. McAvoy plays Kevin, a man suffering from dissociative identity disorder who takes Taylor-Joy’s character as a captor. Although it seems they are opposite one another in the roles of protagonist and antagonist, that is not the case. Instead, these two characters serve as dual protagonists.

This swerves away from what the trailer’s teaser revealed about the film. The odd character out is therapist Dr.

“

An individual with different personalities can change their body chemistry with their thoughts.

-Dr. Karen Fletcher
(portrayed by Betty Buckley)

Fletcher, portrayed by Betty Buckley. While I enjoyed her role, I disliked that the film uses Dr. Fletcher to tell the viewer about Kevin’s condition, instead of showing it.

Shyamalan also struggles to establish a dominant tone throughout the film.

For those who enjoyed Shyamalan’s early work, I highly recommend “Split.” If you are not a fan, however, you might prefer something else.

Rating: 3.5 out of 5 stars



Open letter from Oakland’s SEHS regarding Pontiac school district

Dear State School Reform/Re-design Office Team,

Oakland University’s School of Education and Human Services has been fortunate to be engaged in partnership with the School District of the City of Pontiac for the last 2.5 years. During this time, we have had the pleasure to work alongside and partner with administrators, teachers and staff who are working for the benefit of Pontiac students. We feel strongly that closing any of Pontiac’s schools while they are diligently working and making exceptional, ongoing improvements, would set the district back in their efforts, and be ultimately damaging to Pontiac children.

First, closing these schools will create undue hardships for the remaining schools that will need to absorb those students. Classroom overcrowding would increase the burden of providing high-quality instruction, and thwart their hard-earned pro-

gress. Such an influx of students reduces student achievement, teacher positivity, and instructional climate (Brummet, 2014; Pianta, La Paro, Payne, Cox, & Bradley, 2002).

Second, the close proximity of neighborhood schools makes it easier for parents to get to school to partner with teachers, and for children to attend before/after school activities. Closing a neighborhood school and moving children to schools in other neighborhoods makes it more difficult for children and their parents to have this full access. Through our partnership work with Pontiac Schools, we know that access to reliable transportation is already a great need and concern for parents, so just getting children to school may become a problem. Currently, there are ongoing collaborative efforts amongst Pontiac schools, Oakland University, and several churches to improve parent support and home-school

connections. Closing neighborhood schools would negatively impact these efforts.

Third, school closures disrupt neighborhood cohesion, which is positively related to school outcomes. Our survey of Pontiac parents found that families have stronger cohesion than national average. This strength should be supported by maintaining neighborhood schools. The closing of neighborhood schools is likely to not only disrupt neighborhood cohesion, but may have a negative impact on family cohesion as well.

Fourth, closing any of the Pontiac schools would be a bitter blow to the morale of Pontiac teachers, staff, and administrators who have been working tirelessly on the behalf of Pontiac students and their parents. It would wrongly send the message that their efforts are in vain and their achievements are unrecognized. Low teacher morale nega-

tively impacts school climate and student achievement (MacNeil, Prater, & Busch, 2009).

Pontiac Schools have made great progress across the past few years. They have improved student achievement on standard test scores, raised graduation rates from 55% to 69%, reduced their budget deficit by an impressive 50%, and renovated schools to create better learning environments for students. They have also developed strong partnerships such as the federally-funded REACH grant to improve nutrition and physical activity within Pontiac schools, which is being implemented in conjunction with Oakland University’s School of Health Sciences. This is critical not only for students’ health, but improved health is also related to higher academic achievement (Langford et al., 2014). Closing Pontiac schools will disrupt and potentially displace critical partnership pro-

grams such as these, to the detriment of Pontiac children.

Those of us working with teachers and administrators in the School District of the City of Pontiac are witnessing the improvements in pedagogical practices, and have confidence that these will yield even better student outcomes in the years to come. Closing any of Pontiac’s schools would only thwart the momentum of this progress. As you know, progress is a gradual phenomenon. The School District of the City of Pontiac, Oakland Schools, Oakland University, and others are actively engaged in productive partnerships that will continue to help Pontiac children. We trust that you will continue to assist us in our efforts to put Pontiac children and families first.

For a full list of signatures and references, visit www.oaklandpostonline.com.

Remembering black history: The chapter you and I write

Isaac Martin
Political Contributor

"There is not a black America and a white America ... there's the United States of America."
— President Barack Obama

Hailed by many as the one who could unite a fractured nation, President Barack Obama took office with an aura of hope, yet the issue of racial tension is worse than it was 10 years ago.



From Trayvon Martin to Eric Garner to Ferguson to Baltimore, the evidence of recent tension remains fresh in our memories. This isn't to slam President Obama, but political figures aren't the answer to this issue — not now, not ever.

I would like to speak to both my black and white classmates — we are the ones who will write this chapter of race relations. What will our children remember and say about this era?

This is a sensitive and delicate subject, one on which I think both major camps have erred. We must approach the topic first and foremost with understanding and love for our brothers and sisters, regardless of their skin colors.

As Dr. King said, "Hate cannot drive out hate; only love can do that." With that in mind, it is quite insulting to write off the entire Black Lives Matter movement.

Though members of BLM have made inflammatory

statements and instigated riots, they represent something much, much larger: the hurt that black Americans are feeling today. For a white to insinuate that these protests are simply the product of pure emotionalism, not grounded in reality, is not only patently false, but also insensitively calloused.

Dr. Voddie Baucham can attest to the validity of that last statement. Raised by a single mom in south central L.A., he knew well the sting of discrimination — he was pulled over multiple times by police for no apparent reason. Remembering back to his childhood, Baucham recounted:

"On [one] occasion, I was stopped while with my uncle. I remember his visceral response as he looked at me and my cousin (his son). The look in his eye was one of humiliation and anger. He looked at the officer and said, 'My brother and I didn't fight in Vietnam so you could treat me like this in front of my son and my nephew.'"

The hurts that our black brothers feel are real. Dismissing their pain does nothing to resolve the situation. Yet, neither is it right to assert that "the system" is entirely to blame for keeping the black man down. Baucham was also the victim of violent crime in his own neighborhood as a boy:

"I remember being robbed at gunpoint on my way home from the store one day. It was one of the most frightening and disheartening events of my life. The fear, helplessness and anger I felt stayed with me for years. And it taught me an unfortunate lesson: the greatest threat to me was other black men."

While blue-on-black crime is an undeniable reality, to portray it as the biggest problem confronting the African-American community is disingenuous.

2016 was a year filled with racial rancor. What will be

different in the next major election or white-on-black shooting? Will widespread unrest, strife and discord again surface? What is the solution? Will it take another Ferguson before we, as a people, wake up and smell the coffee? Will we continue to do as we have for the past eight years, or will we learn from our history?

Men and women like Frederick Douglass, Sojourner Truth, Hiram Revels and Dr. King were effective — we have made tremendous strides as a nation since 1776 because of their labor — but their work is not complete. What made them effective, and how can we imitate them?

First, when tragedy strikes, we must not segregate ourselves into this camp or that camp based on our social hurts or skin color. We are one nation under God; when one group suffers, all ought to suffer with it.

To my white brothers and sisters, when a white-on-black shooting occurs, don't hesitate to reach out and sympathize with our black brothers and sisters. We may not know the facts yet, we may not know their pain, but we can empathize with them during a period of pain.

Second, those in leadership ought to seriously consider instances where discrimination is an issue. Justice must be impartial and equally applied, regardless of skin tone. Since this is such a sensitive topic, we must take special pains to be fair and impartial in all of our judgements.

Finally, we must recognize that we live in a broken world as fallible people. Mistakes will be made; we cannot prevent that with any amount of legislation. However, we can control our reactions. Will we continue the current trend of hate and division, or will we unite in genuine love.

What will our children remember?

Classifieds

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How to save money in college

Faith Brody
Life Editor

As the second semester of my senior year of college draws to a close, I have reflected on the weird ways I have tried to save money. The reality of college is always being broke, running on caffeine and trying to “adult.” So when multiple jobs, scholarships and loans don’t cover it, I am here to impart what I’ve learned to put a little extra in your bank account.

Couponing

This strategy seems to be the exclusive realm of, well, not college students. But it saves tons of money. I go to coupons.com to get name-brand-item coupons. If you can’t live without a particular brand, check out its website and see if they have printable coupons. And if your family still gets the paper, scour the ads for manufacturer coupons and sales. Check and see if stores you

frequently shop at have coupon apps, like Target’s Cartwheel.

Sign up for rewards programs

Especially at your local grocery store, gas station, restaurant or whatever store you hit up often. You’ll often get a discount or freebie just for signing up, and the discounts begin to add up after a while. Just make sure you check your email often, so you don’t miss anything.

Cash Back

I use eBates when I shop online because it gives back a small percentage of how much you spend. Sure, only getting 80 cents or a dollar back at every shopping trip can seem disappointing, but it adds up, especially if you shop online often. I was very skeptical of this at first, but a couple of my friends used eBates and were very pleased with the results, so I decided to give it a try. There are similar programs to this, like Shopkick.

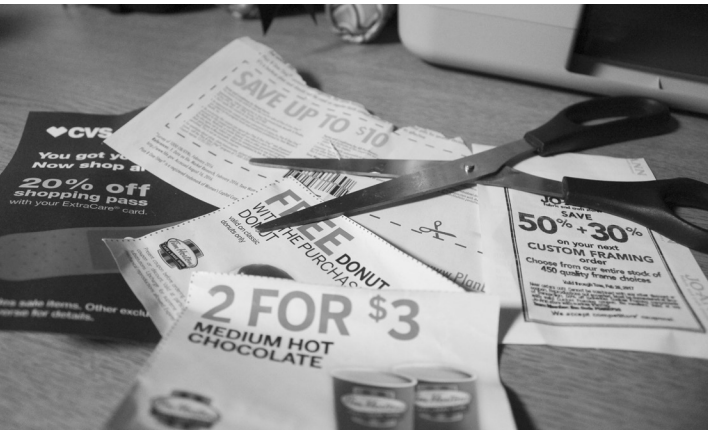
Remember to always double-check the legitimacy of cash-back programs, though! (Pssst . . . eBates also works on Chegg, so you can earn a small victory when you drop \$150 on a textbook you use once the whole semester.)

Buy generic

Of course, you’ll first have to decide what name-brand products you can’t live without. Fortunately, a lot of generic items work or taste the same as the pricier brand. It’ll take some experimenting at first, but the difference of only a few cents can add up during a routine trip to the grocery store.

Stock up and save

Take advantage of the sales that are “buy one get one,” especially on products that don’t expire, like paper towel, shampoo, laundry detergent or lotion. Not only will you be saving money in the long run, but it will be nice



Mary Mitchell / The Oakland Post

Students can get coupons online or by mail, sometimes for free.

to have backups on hand, just in case you run out of something unexpectedly.

Hold on to those returnables

It boggles my mind when I walk past recycling bins (or even the trash!) on campus and see them stuffed with Pepsi bottles or cans. Keep a bag in your car, dorm room or wherever and fill it up with returnable bottles. Set aside half an hour one Saturday every few months to return them

and make money. I procrastinated on this all last year and ended up making almost \$30 from my returnables run.

Shop around for the best deal

I did this when I bought or rented all of my textbooks. I’d check Amazon, the Oakland bookstore, Neebo and Chegg and would get the cheapest books after I compared all the prices. A little bit of work, but a lot of saving!

CALENDAR OF EVENTS

Wednesday 2/15 11:30 a.m. - 1 p.m. African American Celebration Month Closing Ceremony Oakland Center, Gold Rooms A and B 2-5 p.m. DTE Meet and Greet Elliott Hall, Starbucks 6-8 p.m. Humble Hearts blanket-making for Humble Design Oak View Hall Lobby 6-8 p.m. Tie-A-Thon for Humble Design, Fleece and Thank You Van Wagoner Hall Lobby 7-9 p.m. History Comes Alive: “African Americans in Michigan: Pat- terns, Problems and Progress” discussion with De Witt Dykes Oakland Center, Gold Rooms B and C	Thursday 2/16 11:30 a.m. - 1 p.m. Love Yourself Day East Vandenberg Hall, outside of the Vandenberg Dining Center 5-6 p.m. HR Peer Networking 224 Elliott Hall 5-8:30 p.m. MICHauto’s Discover Auto Career Series 116 Engineering Center 6-8 p.m. BFA Musical Theatre Senior Showcase Varner Recital Hall Friday 2/17 8-10 a.m. Random Acts of Kindness Day South Foundation Hall, Fishbowl Lounge 9 a.m. Softball vs. Quinnipiac Oakland Softball Field	1-2 p.m. Distinguished Lecture in Diversity, Inclusion and Health Equity 204 O’Dowd Hall 6-11 p.m. College Night at the DIA Sign up at CSA Service Window 7 p.m. Men’s basketball vs. Valparaiso O’rena Saturday 2/18 2 p.m. Softball vs. Villanova Oakland Softball Field 4:30 p.m. Softball vs. North Dakota Oakland Softball Field 10 p.m. Winter Recess begins Sunday 2/19 9 a.m. Softball vs. Massachusetts Oakland Softball Field	3 p.m. Men’s basketball vs. UIC O’rena Monday 2/20 7 p.m. Women’s basketball vs. Northern Kentucky O’rena Tuesday 2/21 3 p.m. Men’s basketball vs. Youngstown State O’rena Thursday 2/23 6-7:30 p.m. Autism, Athletics, & Activities: Empower Your Child to Learn Social Skills Through Engagement Oakland Center, Gold Room C Friday 2/24 11 a.m. Softball vs. Ball State Oakland Softball Field 1:15 p.m. Softball vs. Liberty Oakland Softball Field	8-10 p.m. Kotaro Fukuma on Piano Varner Recital Hall Saturday 2/25 1 p.m. Women’s tennis vs. Florida A&M Recreation and Athletic Outdoor Complex 3:30 p.m. Softball vs. Morgan State Oakland Softball Field Sunday 2/26 1 p.m. Women’s tennis vs. Presbyterian College Recreation and Athletic Outdoor Complex Monday 2/27 7:30 a.m. Classes resume 12-1:30 p.m. OUSC Election Open Forum Oakland Center, Banquet Room B	1:20-2:20 p.m. Pre-Health Commons Suturing Simulations 279 Engineering Center 2 p.m. Women’s tennis vs. Florida Atlantic Recreation and Athletic Outdoor Complex Tuesday 2/28 10-10:50 a.m. National Eating Disorder Awareness Week: Mirror Image Recreation Center, Herman Room 11 a.m. - 12:30 p.m. Celebration! An International Meet and Greet 208 Oak View Hall 12-1 p.m. Kaplan Test Preparation Resources 128-129 Oakland Center 12-1 p.m. Writing and Rhetoric Open House Lunch Oakland Center, Oakland Room	12-1 p.m. The Campus Leader’s Guide to Building a Résumé Oakland Center, Lake Superior A 4:30-6 p.m. Inspiration Awards 208 Oak View Hall 6-9 p.m. Japanese Karaoke Oakland Center Banquet Rooms 7-8:30 p.m. DO YOU “git” IT? Git Workshop 166 Engineering Center 7:30-9:30 p.m. Celebrate Carnival with Music and Style Varner Recital Hall
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Nowshin Chowdhury / The Oakland Post

Successful Oakland staff and journalism graduates talked with students about the future of news and how people perceive the media.

Panel discusses future of journalism

Faith Brody
Life Editor

It's no secret that the press has been floundering since the 2016 presidential election. But this didn't start recently. According to a September 2016 Gallup poll, only 32 percent of Americans trust the mass media, and trust in the mass media has been sliding since 2004. The poll also reported that only 14 percent of Republicans trust the press, while 51 percent of Democrats support the press. President Donald Trump's frequent accusations of the media publishing false news stories about him have swirled since he first tossed his hat into the ring.

The question "How can we make this better?" was discussed by Oakland University journalism students, faculty, alumni and reporters during the panel "The Role of a Threatened Press in a Post-Truth World," which was held Thursday, Feb. 9 in Fireside Lounge.

Hosted by the journalism department and moderated by Director of the Journalism Program Garry Gilbert, the six panelists debated and answered questions from the audience, filled mostly with concerned journalism students and faculty.

The panelists were Chiaoning Su, journalism and public relations professor; Peter Trumbore, associate professor of political science; John Stoll, OU alumnus and Detroit bureau chief of The Wall Street Journal; Ross Maghielse, OU alum-

nus and audience engagement editor of the Guardian U.S.; Jonathon Oosting, political reporter at The Detroit News; and Salwan Georges, OU alumnus and photographer at the Detroit Free Press.

Much of the discussion centered on the role the media played in this past year's presidential election and whether or not mainstream news outlets showed favoritism toward one candidate or the other.

"I think there are trust issues . . . from the general public," Maghielse said.

Trumbore said the job of the press is to help the general public sort out the truth from the fiction.

However, the media often reports the obviously false statement first, so that is what people remember.

"The media will report the statement first, and then the debunking after," Trumbore said.

The panelists also discussed how easy it is for readers and viewers to reinforce what they already believe through confirmation bias, which is easier than ever to do because of all the partisan information at their fingertips. People simply choose to read what reinforces their beliefs rather than challenges them.

Another issue that was discussed at the

panel was people living in partisan bubbles on social media that only echo what they agree with.

Even though political ideologies seem to bitterly divide America, Stoll called the discourse "chaotic, but also rich."

Although going into the journalism field may seem like a treacherous decision at the moment, Maghielse and Stoll said future journalists shouldn't expect all doom and gloom.

"There [are] a lot of opportunities in the journalism field because we need ideas, and if you have that, you can go a long way very quickly," Maghielse said.

Both Maghielse and Stoll said the education and experiences they had at Oakland helped them with their jobs and they were fortunate to attend the school.

Stoll said journalism is a rewarding profession that can have immediate impact.

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POLICE FILES

Stolen cell phone

The Oakland University Police Department was sent to Van Wagoner Hall on Jan. 15 to investigate a report of an assault. Officers met a resident in the building, where she explained that she owed her friend \$5, as they had gone out to dinner the previous night. At some point after dinner, an argument took place, and the suspect pushed the woman into a door and took her cell phone. Later on, the two met outside Hamlin Hall. When the woman tried to pay her friend back, the suspect pushed her hand away, saying she didn't want the money back in change. Officers soon discovered that the suspect had admitted to stealing the phone over Snapchat. The woman told officers that she wished to press charges.

Snapchat death threats

On Jan. 19, officers went to South Foundation Hall to investigate a report of threats. A woman received two threatening Snapchats. The first said, "Since I can't put my hands on her, imma set her up. She better hope she's not outside alone tonight or tomorrow night," and the second said, "I think I wanna see [her] close to dead or dead." The victim stated that she had dated the suspect in high school and was afraid of being assaulted. An officer issued a domestic violence warrant, and the images were forwarded to the dean of students.

Caught parking illegally

Officers witnessed a Jeep parked in a handicap parking space in P1. They approached the vehicle and asked the driver if the handicap placard belonged to her. She responded that it did. When the officers asked for the placard and her license, the driver quickly retracted the statement and said it belonged to her father. She said she had been using the placard without any issues before. OUPD gave the woman a misdemeanor for misuse of a handicap placard and confiscated the placard.

Robert Ogg
Staff Reporter



Elyse Gregory / The Oakland Post

The Board of Trustees approved a parking proposal. COO Scott Kunselman hopes to include a shuttle system.

Board votes to add parking

*Unanimous vote
will increase lot
space by 660 spots*

Paige Brockway
Editor-in-Chief

The Oakland University Board of Trustees has unanimously approved a proposal to add 660 new parking spots by fall 2017.

Chief Operating Officer Scott Kunselman presented the plan at board's formal session on Feb. 13. The proposal was the result of collaboration between Facilities Management, the Oakland University Police Department, student congress leadership, a University Senate committee, and faculty and employee groups.

The university currently has 7,992 spots to serve about 20,000 students, 2,000 employees and any visitors to campus. Though not all of these people — or their cars — are on campus at the same time, OU operated at over 100-percent capacity during the fall 2016 semester.

"This past fall, we experienced extended days and weeks of parking being oversubscribed, to the tune of all the spaces were full and people were still circulating," Kunselman said.

Hanbury, the consultants for the Campus Master Plan ap-

proved in June 2016, recommended that university parking operates at about 90-percent capacity. Kunselman said, at OU, this would require 9,103 total spots — or about 1,110 additional spots.

The newly approved plan will add up to 660 new spaces, bringing the campus down to about 95-percent parking capacity. It will make use of seven identified sites, including the existing gravel P37 and P39 lots on the southwest side of campus and the space adjacent to the Facilities Management Building.

P37 and P39 will both be expanded and paved, with P37 stretching down to Lonedale Road. Kunselman said the new lot next to the Facilities Management Building will hopefully relieve demand for overnight parking when Building No. 9, the new residence hall, opens next fall.

All three of these lots are off the beaten path for those living, working or attending class on the north side of campus, but the university hopes to provide shuttle services via the Bear Bus.

"The most logical proximity to that area today is really all of the engineering and sciences," Kunselman said. "... Certainly if you're on the north end of the campus, this would be a last choice, a last resort ... our goal has been to improve [the lots],

but also then make [them] accessible by providing shuttle service."

Student liaison to the board, Cassie Hock, said the current Bear Bus system isn't reliable for students.

"If you get on the Bear Bus and you have class in 25 minutes, you won't necessarily make it," Hock told the board.

The Bear Bus is currently piloting a new Express Route from parking lots on the south side of campus to the Engineering Center and the Mathematics and Science Center. If successful, this pilot may function as a model for future shuttle routes.

The \$7.2-million price tag for the parking project includes the cost of lighting, emergency blue-light poles, landscaping and replenishment of vegetation around the lots. All expenses will be covered by moving around existing funds.

Kunselman also discussed the need to build a traffic circle at the intersection of Pioneer Drive and Meadow Brook Road to reduce congestion. He said executing this project concurrently with the parking expansion will improve cost efficiency.

According to Kunselman's plan, construction is projected to begin in May.

The next Board of Trustees formal session is at 2 p.m. on April 3 in the Elliott Hall Auditorium.

OUSC administrative ticket runs unopposed

John Bozick
Social Media Editor

The Oakland University Student Congress held an election kickoff on Thursday, Feb. 9, in Banquet Room A of the Oakland Center. The event, attended by a little over 30 people, announced the only candidate for OUSC president Lena Mishack and her running mate for vice president, Jousef Shkoukani.

Mishack, who is already a part of OUSC as the environmental, health and wellness director, is a senior who plans to continue her education next year. While the election marks Shkoukani's first experience with OUSC, he was a part of Undergraduate Business Scholars, the vice president of Students for Orphan Relief and a member of Students for Justice in Palestine.

Mishack and Shkoukani have policy issues they want to tackle, including improving the parking situation, the Wi-Fi in the residence halls and student life.

Shkoukani also wants to increase career opportunities for students by bringing in more national companies for on-campus career fairs. He also will seek to help increase the popularity of Oakland's club football team by creating more fan support and tailgating events.

Mishack and Shkoukani will release a complete policy list on their Facebook page in the coming days.

Given that there is no other competition, the presidential debate, scheduled for Feb. 28,

has been canceled, while the vice-presidential debate, scheduled for 12 p.m. on Monday, Feb. 27, has been changed into an open forum in Oakland Center Banquet Room B. Students will be able to ask questions and express concerns to the duo at this event.

"We're really trying to figure out what it is students are looking for in our administration," Mishack said. "We also want to share some of our ideas, as well."

While Mishack and Shkoukani run unopposed, Madison Kubinski, the head elections commissioner, did not rule out the possibility of an independent candidate running off the floor. However, any candidates seeking to do so would be at a disadvantage due to their inability to debate and their late entry.

Along with Mishack and Shkoukani, over a dozen legislators announced their candidacy and began campaigning. The legislators running are: Laith Rafidi, Austin Church, Brittany Kleinschmidt, Helen Thompson, Sarah Augustyniak, Sophia Polsinelli, Tyler Fox, Asiana Gunn, Stephanie Hubbard, Anushree Jagtap, Margaret Merogi, Tamara Mabrouk, Richard Williamson, Elijah Sanders, Jamieson Slaughter, Benjamin Olsen and Richard Seger. There are 23 legislative spots available.

Interested students can attend the open forum Feb. 27 for more information regarding the election and candidates. The election results will be announced Friday, March 31 in Lake Superior B. All students are welcome to attend.



Courtesy of Lena Mishack

So far, Lena Mishack (right) and Jousef Shkoukani are this year's only presidential and vice presidential candidates running in the OUSC election.

Dealing with Behavior Problems in the Classroom	Reporting Behavior Concerns + Disability Support Services
<p>Tuesday, February 7 Facilitated by Judy Ableser</p> <ul style="list-style-type: none"> Learn how to minimize behavior problems How to intervene with behavior problems Creating a community of learners Who, when, and how to seek help and intervention 	<p>Tuesday, February 14 Facilitated by Nancy Schmidt and Linda Sisson</p> <ul style="list-style-type: none"> Learn about Report and Support for reporting behavior concerns Learn how to provide appropriate support through Disability Support Service Address challenges of providing support and accommodations
Emergency Preparedness	The Active Shooter on Campus
<p>Tuesday, February 28 Facilitated by Chief Mark Gordon</p> <ul style="list-style-type: none"> Learn about strategies and techniques to ensure safety and security on campus 	<p>Tuesday, March 7 Facilitated by Chief Mark Gordon</p> <ul style="list-style-type: none"> Learn how to prepare and respond to an active shooter on campus.
Register for one or all at oakland.edu/cetl/workshops	

Courtesy of Christina M. Moore

The workshop series taught faculty practices for handling emergency scenarios that can happen.

Faculty workshops focus on campus behavior, safety

Gina Navaroli
Staff Reporter

The Center for Excellence in Teaching and Learning is presenting a Campus Behavior and Safety Workshop Series.

CETL is a support service for all faculty, instructors and graduate students that helps instructors enhance teaching and learning.

The series is categorized into four workshops: Dealing with Behavior Problems in the Classroom, Reporting Behavior Concerns and Disability Support Services, Emergency Preparedness and The Active Shooter on Campus.

The workshops have been running since Feb. 7 and will end March 7. They take place in learning studio 200A Elliott Hall.

The director of CETL, Judith Ableser, discussed the program's mission and the purpose of the series.

"The reason this center exists is, although faculty are teaching at the highest level of any teaching, [and] they have their expertise in their content area, they do not have training in how to teach," Ableser said. "We are here to support faculty. We are not evaluating faculty, but we are here to help them improve their teaching."

CETL runs the workshop series every February due to behavior problems caused by weather.

"We have seen it historically that when students start displaying either

inappropriate behaviors or behaviors of concern, [it] tends to come around in February, as is typical of most people living in sorts of winter climates like this," Ableser said.

When behavioral issues are displayed, faculty can take a unified approach toward handling these situations.

Because faculty spend a lot of time dealing with behavior problems in the classroom, Ableser said it's vital to offer training.

She often hears faculty saying they did not realize problem behavior would require such attention.

The workshop series started five years ago because Ableser recognized a lack of support for faculty experiencing behavioral issues in the classroom, which in turn makes their job harder.

"It is not that services and supports are not there, it is that people do not realize they are there and how to access them," she said. "There are unique challenges that we face, and there are certain things that you can only do so much."

First-year graduate student in communication and CETL assistant, Candace Campbell, said she participation in events can equip faculty with the tools to take charge of the classroom.

"I think all faculty members should attend a certain amount of workshops per school year," she said. "Not only because [of] professional development. This is something that you can learn, and [it] can enhance your teaching skills."

To contact CETL, call (248) 370-2751.

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The bodies in the basement

Story by Paige Brockway / Editor-in-Chief
Photography by Nowshin Chowdhury / Photo Editor

In the basement of one of Oakland University's oldest buildings, at the end of a long, dimly lit hallway, is a room kept at 68 degrees year-round. The chill is necessary to slow the decomposition of the human bodies inside.

Many students fulfilling their general education requirements upstairs are unaware that Dodge Hall of Engineering is home to BIO 206: Human Anatomy Laboratory.

In the semester-long lab, students use human cadavers to build their understanding of the musculoskeletal and major organ systems, according to OU's course catalog.

"By the end of the semester, the cadavers became quite odorous," said senior health sciences major Jessie Felix, who took BIO 206 in fall 2014.

Where do the students come from?

Most of the students who enroll in BIO 206 are studying pre-med, biology, nursing, health sciences, exercise science or other health care-related fields.

"We had a modest biology program 10 or 12 years ago, and then everything bombed up," said Arik Dvir, chair of the Department of Biological Sciences. "There was a huge jump in interest and enrollment."

In the program's beginning, there were two sections of the anatomy lab offered per year. Now, about 18 sections of BIO 206 run each fall and winter. Each section

is capped at 36 students and uses two to four cadavers.

"We are offering as much as we can," Dvir said. "We cannot offer more. We'd have to have another building to offer more."

According to Dvir, the university doesn't receive much income from running BIO 206 because it is a one-credit course. But having an undergraduate anatomy lab sets OU apart from other schools.

"We have people that come from other institutions just to take the labs," he said.

Where do the cadavers come from?

Cadavers used in university labs are acquired through willied body programs, through which donors or their families declare that they would like to donate their bodies for research or teaching.

"Each medical school has its own charter, and they have a contract that they have persons who want to donate their bodies sign," explained Mary Craig, who has over 30 years of experience in the field and has taught BIO 206 at OU for the past five years.

Donors can specify the length of time that their bodies may be used. For example, they can sign one- or two-year contracts, or they can allow their bodies to be kept as long as they are useful.

The cadavers used by OU's biology department are obtained from loan programs with other universities, including University of Michigan and Wright State University.

OU has also borrowed from the University of Toledo in the past, though Craig prefers sticking to Michigan institutions because legislation can vary from state to state.

But in order to participate in these loans, there are some hoops to jump through. Courses have to be approved by the willied body programs, among other requirements.

"We had to hit all their tick boxes for us to be able to accept their cadavers," Craig said. "And so, part of it is the respect issue and having a code of conduct already in place, having an appropriate setting, having an appropriate room with appropriate housing — which would be a 'cold room' or care facilities wrapped up with that. And then we also have to have a teaching program."

In total, about 14 cadavers come through the program each year.



TOP LEFT The anatomy course begins with instruction on the skeletal system. Students learn hands-on using bones — some real, some fake. **TOP RIGHT** Downdraft tables are used for storing the cadavers. The tube shown under the table connects to the lab's ventilation system. **BOTTOM** BIO 206: Human Anatomy Laboratory meets in the basement of Dodge Hall.

Working with the students

In Craig's BIO 206 course, students begin the semester by studying bones for three weeks before moving into the "wet lab," the part of the course that works with cadavers. Other professors introduce their students to the cadavers earlier on.

The first day of class, Craig explains to her students that the course is cadaver-based (and is puzzled to sometimes learn that a student or two wasn't aware of this when enrolling). She tells them how OU obtains the cadavers.

"We talk about the ethics, that you have to remember that this is someone's grandma, someone's mother, someone's brother, someone's sister, and so they at all times have to be treated with respect," Craig said. "It's a gift that you get to use them for these purposes."

Students are also asked to sign a code of conduct on the first day.

According to Craig and Dvir, students' instinct to use cell phones during class presents a challenge to anatomy labs, where respect is of utmost importance and photography is prohibited.

"We were given very serious instruction on how to act," Felix said. "Cell phones were not even allowed to be seen out of pockets, and I don't think anyone even giggled because we all had a large amount of respect for the bodies in front of us. . . . It just wasn't something to mess with."

Students do not dissect the cadavers

themselves. Instead, they learn through prosection — TAs perform the dissections in advance to prepare for each lesson.

But that's not to say that the lab isn't hands-on.

"My favorite part was definitely holding the human brain in my hands," Felix said. " . . . I had this thought like, 'This is what made this person who they were, every thought, every movement, every emotion went through here for so many years.' It was a truly awe-inspiring moment for me and gave me a ton of respect for the cadaver in front of me."

At the end of the course, the cadavers are returned to their families, and the students walk away better prepared for their careers.

Both Craig and Dvir emphasized that any student can enroll in BIO 206 as an elective, even if their majors aren't related to medicine. An anatomy concentration or minor is also in the works, and interested students can join the Anatomical Society of OU, a student organization focused on the human body.

"There are potential links to anthropology, archaeology, bio engineering and art," Dvir said.

An occasional art student takes the lab to learn about replicating the human body in his or her work.

"They shouldn't be afraid of the science," Craig said.

Working with the cadavers

They arrive in bags, embalmed and ready for dissection.

Donors are tested for bloodborne pathogens and communicable diseases before they are accepted to a willied body program, and the cadavers are tested again prior to embalming.

They are treated with a combination of chemicals, including glycerin (a vegetable oil product), ethanol, a fungicide or bactericide, and Dis-Spray — an embalming spray that preserves tissues, deodorizes and prevents mold.

Craig described the cadavers as feeling "like a dense rubber."

"It doesn't feel like a human anymore," Dvir said. " . . . It feels like more like a material almost . . . It doesn't have that human feeling."

Once they're at OU, the cadavers are transferred onto cadaver trays or downdraft tables, which are made of stainless steel and enclose the cadavers when they are not in use. The identities of the donors are protected, and each downdraft table is labeled with the cadaver's identification number and gender.

They arrive in bags, embalmed and ready for dissection.

The downdraft tables connect to the laboratory's extensive ventilation system, which keeps students from inhaling any hazardous materials and prevents the room from smelling.

"You'll find our cadaver lab doesn't smell," Craig said. "Some other cadaver labs that don't have the same system that we have can smell funny. They smell kind of, like, sweet."

Dvir contended that the lab does smell, at least a little bit.

"I've been doing anatomy for over 30 years, so I probably have killed some nerves there," Craig joked.

Instructors and TAs must regularly bathe the cadavers in Dis-Spray to keep them damp. Dehydration makes them less useful and opens the door for mold.

"They get dried out quickly, so we do the best we can," Craig said.

When class is not in session, the tables are wheeled into the "cold room," which is climate-controlled and kept at about 68 degrees to preserve the cadavers.



Nowshin Chowdhury/The Oakland Post

Award-winning actor, author, director and producer Henry Winkler came to OU to speak about his life and career.

Henry Winkler comes to campus

Paige Brockway
Editor-in-Chief

Growing up, Henry Winkler thought he was stupid. Beginning in ninth grade, he took the same geometry course for four years, repeating it over and over during the regular school year and again during summer school.

He finally passed with a D- the summer after his senior year. He'd already missed walking at his graduation, and he received his high school diploma in the mail.

Winkler's parents, who emigrated from Germany on the brink of World War II, were generally unsympathetic to his plight.

"At 31, I found out I wasn't stupid, I wasn't lazy," he said. "... I had something with a name. I had dyslexia."

But by no means does "dyslexic" define Winkler. He has gone by many other labels, too — actor, producer, director, author, Fonzie.

"I didn't need my parents to be proud of me when I figured out how to be successful," he said. "I needed them to be supportive of me when I was confused, when I couldn't figure out what was going on."

Speaking to a crowd in the Oakland Center Banquet Rooms on Feb. 13, Winkler shared his life story, emphasizing his childhood struggles with learning

challenges, which he has used as inspiration to write the Hank Zipzer children's book series.

Like his creator, Hank has dyslexia.

"His glass is half-full," Winkler said of the character. "He just spills it everywhere."

Some of Winkler's favorite (and least-favorite) teachers have made it into the books, as well. During his lecture, he showed the audience a photo of his music teacher, Mr. Rock.

"Mr. Rock was the only one who said, 'Winkler, if you ever do get out of here, you're going to be OK,'" Winkler recalled. "I held on to that one sentence like Leo DiCaprio held on to that piece of wood."

Nowadays, Winkler portrays Mr. Rock on the BBC's television adaptation of the Hank Zipzer series.

"I get to play Mr. Rock," Winkler said enthusiastically. "I get to tell Hank Zipzer in the TV show, 'You are more than you can imagine you are.'"

Thirty-three years after "Happy Days" ended its 11-season run, he still looks back fondly at his time as The Fonz.

He told the story of an ABC mandate that Fonzie could only wear his leather jacket when he was near his motorcycle, created out of fear that the character would be associated with criminal activity.

From that point forward, the show's creator Garry Marshall

made sure that Fonzie had his motorcycle with him at all times.

Winkler said he used to receive 50,000 pieces of fan mail every week.

"Girls would chew gum, and they would take the wrappers, and they would make a daisy chain out of the wrappers," he said. "And the bigger the ball, the more they loved me. There must be women all over this country with no teeth."

Though he worked humor and anecdotes from various stages of his life into the lecture, Winkler circled back to one overarching message: acceptance and support for all children.

"Our job is to make sure that every child we know, whether they're related to us or not, we make sure they meet their destiny," he said. "We make sure they meet what they were put on this earth for."

After the lecture, Winkler answered questions from the audience and held a meet-and-greet.

He sold and autographed copies of his 2011 book "I've Never Met an Idiot on the River," which includes lessons and photos from his time fly fishing in Montana.

Winkler's lecture was hosted by the Student Life Lecture Board and sponsored by OU's Disability Support Services, School of Education and Human Services, social work program and Division of Student Affairs.

Fonzie talks 'Happy Days,' hard work, Hank Zipzer

Paige Brockway & Erin Ben-Moche
Editor-in-Chief &
WXOU News Director

To many, Henry Winkler is better known as The Fonz from "Happy Days," Barry Zuckerkorn from "Arrested Development" and Dr. Saperstein from "Parks and Recreation." He has received Golden Globe and Emmy awards, and his likeness is preserved in a life-sized bronze statue of Fonzie in Milwaukee, Wisconsin. Winkler is also the author of the Hank Zipzer children's book series.

On Feb. 9, Winkler called in from Los Angeles to chat with The Oakland Post's editor-in-chief, Paige Brockway, and WXOU's news director, Erin Ben-Moche. Listen to the full interview on WXOU.org.

Q: Could you describe your journey to being diagnosed with dyslexia as an adult?

A: My whole life, until I was 31, I just thought that I was limited, I was stupid. But I never let it stop me from pursuing my dream.

And then when I got married to Stacey, she had a son, Jed, who came into my life when he was 4. And he couldn't write. He was very verbal, but he couldn't get it on paper when he had to do a report. We had him tested, and everything that they said about Jed ultimately was true about me.

So I realized, at that moment, I too must have a learning challenge. And that was the first time that I ever came in contact with the concept.

Q: What was one of the most valuable lessons you learned? What would you tell theater students who are prepping to graduate and start their careers?

A: Certainly what I would say is ... you know, they say, "Oh my god, being an actor is so hard. And you have to be a waiter, and you have to sell clothing in a boutique, and you can't find a job."

I just took my pick and my shovel to work every day, and I mined the system. You cannot wait for someone to give

you a job. You have to go out, put your ear to the ground, find that job. Like those pigs find truffles. You've got to keep digging around, and then all of a sudden, you come up with the treasure.

I did plays for free, I did commercials. I did anything and everything that I could do without hurting my soul. And every single thing I did led me and made me better for the next job.

Q: How did playing The Fonz affect your life, and was the transition out of Fonzie difficult for you?

A: That's a good question ... let's see what The Fonz does. He gave me a worldwide recognition, gave me a job in the very arena that I dreamt about. He was fun to play. I loved the people that I acted with. He put a roof on my head. He put my children through school. He created good will. He gave me the key to the door — now, once I walked through that door, I had to create it — but he gave me the key to the door to my future.

Q: After everything you've done ... what has been your favorite part of this journey?

A: I love my job, so I still get excited. When I was younger and I saw movie trucks on the streets of New York ... there was a movie being made, and you could see all the camera trucks and all the crew was standing around — my heart would start racing like I thought it was going to jump out of my body. And I still have that same excitement.

I love that I'm able to go fly-fishing for trout. And one of my dreams on my bucket list, aside from my children and my grandchildren meeting their destiny, being able to live in a world that's not blown up to bits here ... is to win a Tony Award on Broadway. That is one of my dreams ... I've always fantasized about playing a mute. I want to see if I can tell the whole story without using any words. It's an amazing thing.

Read the full interview online at www.oaklandpostonline.com or listen at www.WXOU.org.

Alumni named in Elite 40 under 40

Now OU employees, both Alex Delavan, Shaun Moore work to better Oakland County

Laurel Kraus
Staff Reporter

Two Oakland University employees, both OU alumni, were named on the Oakland County Executive's Elite 40 Under 40 Class of 2017 at the State of the County Address on Wednesday, Feb. 8.

Alex Delavan and Shaun Moore were among 400 people under the age of 40 who were nominated for their successes and efforts toward bettering Oakland County.

Alex Delavan

With an undergraduate degree in accounting from Central Michigan University, Delavan found himself at OU to pursue a master's in business administration with concentrations in financing and international business.

Before being hired at OU, he was the manager of government and technical affairs at Delphi Automotive, where he helped save or create around 300 jobs. At one point, Delavan was transferred to Ohio, but still held onto his house in Michigan, driving four hours each way on weekends for a year and a half.

In 2013, Delavan was hired to be director of sponsored programs in the Office of Research Administration at OU, and he represented the university in Washington D.C. the next year.

"I believe that Alex has the potential to do really good things for the university," said Shamon Murdock, a grant and contract officer who has worked with Delavan since he started at Oakland.

As director of sponsored programs, Delavan is responsible for administration of the \$15 million to \$18 million spent by the university on research each year, as well as for orchestrating the transfer of inventions by OU faculty members to the outside world.

"I'll never forget the day that I saw this job posted," Delavan said. "I was a year and a half into that drive, struggling beyond belief, and I texted my best friend and said, 'I found my next job.'"

That same year, Delavan took on one of his greatest personal accomplishments: completing every one of the items on the Detroit Free Press' 2013 list of 101 things to do in Detroit.

According to Delavan, he drove 3,400 miles over about 50 hours to accomplish the list.

"I saved one special one for last," Delavan said. "It was 'Be a kid again at C.J. Barrymore's,' and so I had a giant 101 party,



Top photo by Taylor Stinson, bottom photo by Elyse Gregory / The Oakland Post

Alex Delavan (top) received his master's in business administration from OU and now works as the director of sponsored programs in the Office of Research Administration. Shaun Moore (bottom) now oversees Moodle and researches new technology as OU's director of e-Learning and Instructional Support.

and I had family, I had friends. I had the actual writer of the list [who] didn't know I was doing this until that moment, and she came and showed up at the party, and now we're good friends."

Delavan has also worked with nonprofits such as Cityscape Detroit, which oversees Detroit SOUP, a program in which participants pay \$5 for a meal while they listen to and vote on proposals by people who wish to better Detroit. The individual or group that gains the most votes receives the night's proceeds toward their proposal.

"I've learned that I'm a lot better with my brain than I am with my hands," Delavan said. "I always said that if I ever joined Habitat for Humanity, there's a lot of people that will help them build a house, but there's not many people that will help

them write a grant."

Shaun Moore

While working at the Applebee's across from campus as a freshman at OU, Moore was waiting on staff from e-Learning and Instructional Support and was offered a summer internship in the department.

He hasn't left since.

Fifteen years, four degrees and one on-campus wedding later, Moore has worked his way up from student employee to the director of e-LIS.

"I can't imagine where I would be if I didn't go to OU," Moore said. "It has impacted my life in just about every way."

As director of e-LIS, Moore's responsibilities revolve around the oversight of Moodle and researching new technologies.

Current e-LIS projects include a virtual reality lab and Kubi, an iPad-holding robot that will allow online students and those unable to attend class to video chat in. Kubi will be piloted in summer 2017.

Moore holds bachelor's degrees in English and French, a master's in English and a Ph.D. in educational leadership, all from Oakland.

"I think he's only had a one- or two-semester break from being a student until he got his doctorate degree, so I think that that speaks to how he wanted that to be a consistent part of his lifestyle," said Moore's wife Christina, who works in OU's Center for Excellence and Teaching.

Described as a lifelong learner by his employees, Moore also studies Spanish, German and Russian.

"He's a very detail-oriented person, and he wants to know every working part of anything that we're working on," said Dan Arnold, manager of support services in e-LIS. "And if he doesn't, he takes it upon himself to find out."

Along with the full-time position as director of e-LIS, Moore is a mentor for undergraduate and graduate students at OU, and since 2009 has been a lecturer both in the Department of Writing and Rhetoric and the School of Business Administration.

In his personal time, Moore is the bass player in a band called Stroller Coaster, along with John Coughlin and Nic Bongers of e-LIS. The group uses original music that they describe as progressive punk rock.

Moore is also a member of the 501st Legion, a nonprofit organization in which participants attend events wearing Stormtrooper costumes to raise money for charities such as the Make-A-Wish Foundation.

"We've done stuff like the OU basketball game Star Wars night," Moore said. "Sometimes, we'll call them 'the Moodle-troopers,' since we're the Moodle people, so we'll have like a little 'M' that we'll wear on our chest with it."

Moore also took third place in Oakland's 2016 English Flash-Fiction Contest.

"If you're in the mindset that good things happen to good people, then this is certainly a deserved recognition," Arnold said.

Other OU alumni who made Oakland County Executive's Elite 40 Under 40 Class of 2017 include Matthew Baumgarten, Derek Dickow, Jessica Knapik, Andrew Kurecka, Samantha Mariuz, Emily Paula and Danielle Zuccaro.

Black Lives Matter panel sparks open discussion

AuJenee Hirsh
Staff Reporter

In the basement of the Oakland Center, students, faculty and alumni came together to discuss a major social movement that focuses on the African-American community: Black Lives Matter.

The Association of Black Students hosted the open panel as an event for African American Celebration Month. The mediators for the event were ABS's president, junior Danicea Woods-McSwain, and treasurer, senior Michael Scarborough.

At the discussion, students talked about police brutality, black-on-black crime, the high imprisonment rates of African-American males and cultural appropriation.

Kenneth Walton shared his experience with the police when he lived in Alabama.

"I was asleep in the car, in the back seat, doing nothing, when I woke up with a gun in the window already," he said. "What does compliance have to do with that? I haven't even said anything yet. If I jump, I'm getting shot . . . You can't really change that generation of people, but you have to move forward with the next generation."

ABS executive board member, freshman Sean King, shared his experiences with police.

"I'm still seeing my fellow brothers getting shot," King said. "There's constant videos of us not resisting and stuff, but we're still getting shot in the chest, shot in the head. I got a gun pulled out at me in front of my face with me and my friends for simply doing nothing."

Many people who attended the panel voiced their opinions on the oppression and stereotypes of people of any color. Sophomore Ch'nel Skelton compared the cultural stereotypes to the movie "Dear White People," in which the clothing styles many African-American males wear are exaggerated by white students during a house party.

"Black people look at that like, 'Get out, what are you doing?'" Skelton said. "It's not acceptable because they're taking it too far. Making it look like some sort of character out of a cartoon."

Senior Elijah Grant believes that stereotyping not only happens to black people, but Caucasian people as well.

"Whenever I see a white person, my first

thought is 'white privilege,'" Grant said. "We have to step back and own up to our own stereotypes . . . I have to check myself and say, 'OK, you don't know anything about this person, and I would hate for it to be vice versa because you don't know anything about me, what I've been through, where I come from, anything, my test, trials and tribulations.'"

One of the key topics discussed was racial slurs that have become associated with black people.

"Personally, if a caucasian man walks up to me and we're friends, and he says the n-word, I'm not going to trip," senior James Robinson said. "Honestly, I'm not. But if you put an '-er' at the end of it, yeah, I might trip. So if you call me that, OK, that's cool.

But if you want to take it back even further, back then, they used it to describe an ignorant male . . . We put a color to it when really it's not a color. It's a concept."

Oakland English professor, Andrea Knutson, also attended the discussion. She voiced her opinion on Betsy DeVos being nominated for the new secretary of education

and what that could mean for Detroit Public Schools District.

"She is the woman, the queen of vouchers and charter schools, whose lobbying has produced an educational system in Michigan with more low-performing charter schools than most states, and 79 percent of Michigan's charter schools are in Detroit," Knutson said. " . . . I don't know what that means for public education in the near future. She has used her wealth under the guise of choice to create a privately-managed, for-profit, failing system in Detroit . . . How do you overcome that?"

Toward the end of the event, attendees talked about how they could become a more diverse and culturally inclusive community.

"You need to have more events where you cross the Muslim community, the LGBT community, the white community, it doesn't matter," said alumna Kathleen Allen. " . . . You're all bright, verbal young people . . . and I'm sure there's just as many of those kids in the other communities. If your social agenda can get you guys together on a monthly basis, then you have an outlet to relieve your stress and talk in a nonthreatening and open manner."

Read more about the panel at www.oaklandpostonline.com.

CIA sheds light on careers with security clearance

Robert Ogg
Staff Reporter

Would the government trust me with a security clearance? Oakland University students explored this question on Monday, Feb. 13 during a Career Services event.

The CIA knows that the knowledge students have on the security clearance process is limited. For this reason, agents travel to different universities in an effort to educate people, as well as plug career opportunities within their agency.

Obtaining security clearance is a long process that includes a background check, credit check, medical and psychological exams and a polygraph test. The average process takes nine to 18 months.

A representative from the CIA appeared in room 202 of Kresge Library to give an overview of federal security clearance. The event was presented by guest speaker Kimberly J. (she wouldn't give her last name for security reasons).

"[Kim] reached out and asked if she could do this event," said Amy Ring Cebalak, a career consultant at Career Services. "[This event] helps students understand what all goes into it when they start the application process [for the CIA], so they're educated and informed about it."

Kimberly went through a detailed overview of the security process, often providing her own life experiences from her 18 years within the agency. She also discussed factors the CIA considers when it looks at people applying for security clearance.

Drug involvement was the first point discussed. Using drugs in the past isn't much of an issue, as the CIA welcomes people with different life experiences. However, the agency wants people to be drug-free 365 days prior to submitting their applications. Kimberly advised disassociating oneself from people who use drugs. She stated that when she first applied with the agency, she distanced herself from friends who used recreational marijuana.

Criminal conduct and sexual behavior were also big issues discussed. People who have prior records for crimes such as assault and battery, larceny, rape or sexual assault might not have a place within the agency. Incidentally, pending

charges may cause complications in the application process.

During the security clearance process, the CIA examines an individual's financial records. Kimberly stressed that having student debt isn't an issue, but not paying bills or taxes is. The federal government wants employees who are responsible. The CIA suggests applicants run a credit report on themselves and rectify any problems prior to applying.

Kimberly said to avoid any illegal downloading, as activities on one's computer at school, home or work is something that is considered. However, this isn't a deal-breaker.

Additionally, the CIA examines one's ties with foreign governments and associations with non-U.S. citizens.

Alcohol consumption was another big point discussed. They don't reject people who consume alcohol responsibly, but they do reject those whose judgement is affected. If the alcohol consumption is so severe that it causes black outs or memory loss, it could result in someone accidentally disclosing secrets.

The CIA does not reject all individuals who have psychological conditions. If one is seeing a doctor and being treated, these conditions are perfectly fine, as long as they don't affect one's performance within the organization.

The event concluded with Kimberly answering questions.

The CIA wants people who are hardworking, candid, responsible and patient. Most of all, the agency wants people who can keep secrets, who are trustworthy and whose first loyalty is to America. It does not want people who could be blackmailed.

For anyone who's not yet sure what path to take, working for the CIA or federal government may be careers worth considering. They welcome all types of occupations, from engineers to makeup artists.

"I'm interested in the CIA because I'm a criminal justice homeland security major, so I'll probably apply [at some point]," student Genevieve Smith said.

The CIA is currently accepting applications online for summer 2018 internships. For those seeking more information on the CIA, visit www.cia.gov/careers.

National Eating Disorders Awareness Week

Gina Navaroli
Staff Reporter

Oakland University Recreation and Well-Being will be hosting National Eating Disorders Awareness Week events Feb. 27 through March 3.

NEDA Week is meant to spread information about eating disorders and break down the stigmas and stereotypes associated with them. Students will have various opportunities throughout the week to support or learn to understand individuals with eating disorders.

This year's awareness week will be focusing on the message of body positivity, and social media will be a major contributor to the campaign.

"We will be going around campus and having opportunities here at the Recreation Center for people to share why they love

their bodies," said Erica Wallace, health and wellness coordinator for OU Rec Well.

The week will include a series of both active and passive programs.

At 10 a.m. on March 2, the Recreation Center will host an event discussing how people perceive themselves. The goal is to help retrain their thoughts to focus on the positives and matters not directly connected to appearance.

"A lot of people do not know, but eating disorders kill more people than any other mental health problem," Wallace said. "We might hear about suicide, depression or conditions like schizophrenia. You do not often think about the seriousness of the mortality rates of eating disorders."

Throughout NEDA Week, the OU Counseling Center will be introducing confidential screen-

ings for individuals who might have eating disorders.

Wallace said the Counseling Center will refer individuals who display red flags of eating disorders to the appropriate resources.

Event coordinators are also working on having speakers share their personal stories about eating disorders. Wallace hopes to have speakers who do not fit the stereotype of someone battling an eating disorder.

"People who appear to be overweight or [males, are not] often thought about [as having eating disorders]," she said. "[Males] are one of the fastest-growing groups diagnosed with eating disorders."

Wallace encourages students to check OU Rec Well's website for a calendar of events, which will also be listed on GrizzOrgs. She hopes students will reflect on NEDA Week to think about the great aspects of their bodies and

to appreciate them.

Wallace is also hoping to post positive messages on mirrors in bathrooms around campus. She wants to "remind people that they are more than a bad hair day."

Wallace encourages individuals who have or suspect they may have an eating disorder to take advantage of the open screenings at the Counseling Center, set an appointment or use the MindKare Kiosk in Kresge Library.

Laura Sanders, an eating disorder specialist who practices at Helfman and Associates in Bloomfield Hills, said eating disorders are a secretive struggle. NEDA Week will provide educational resources to help people understand the disorders and how to help others.

Sanders said there are "biological, psychological, developmental, emotional, behavioral,

family, relational, social-cultural and environmental risk factors."

Not only that, but eating disorders can be difficult conditions to escape.

"Eating disorders often become a way of coping with various stress," Sanders said. "Once the [disorder] begins to affect the body, one's judgment and perceptions can become significantly impaired."

According to Sanders, the best way to help a friend is to express concern in a calm, caring way.

"It's important to handle these issues with honesty and respect," she said. "It is also important to discuss worries early on. We know that early intervention saves lives."

She said sharing concerns will also make important progress.

"Encourage professional help, but remember you cannot force someone to seek help," she said.

Are essential oils essential to maintaining mental health?

Gina Navaroli
Staff Reporter

Students can develop ever-changing emotions in college and must learn to cope with them. There are natural options.

Health and wellness consultant, Julie Berry, will be hosting an essential oils talk on campus through the Wellness, Health Promotion and Injury Prevention program at 12 p.m. on March 8 in 5054 Human Health Building.

Essential oils are naturally scented liquids extracted from plants. There are many benefits to using them.

"Whether the stress is brought about by late-night study sessions, tests, jobs, sports or extracurricular activities, essential oils can be a great de-stress and [make you] feel more alert," Berry said.

Berry added that college students experience much more than stress.

"Students encounter a never-ending barrage of germs and viruses that coexist around them," she said. "The daily routine of taking care of themselves and trying to find out who they are can be a monumental task."

Essential oils help with mental fatigue, lack of concentration and poor memory, according to Berry. Boosting mental energy is vital for maintaining productivity in school.

Berry said essential oils can be used

topically, internally and aromatically. Topically, oils can be applied anywhere on the body. Internally, oils can be ingested by adding drops to beverages or dropped directly in the mouth. Aromatically, oils can be ultrasonically diffused, or simply held up to the nose and breathed in.

Essential oils can transform lifestyles through minimizing exposure to negative toxins, helping to reduce stress and negative emotions, and increasing intake of essential nutrients. They can also be a natural and effective substitute for some medication and improve the wellness of the mind and body, according to Berry.

Among the countless uses of essential oils, Berry has a few favorites.

"[I] drink two drops of lemon oil in my morning water," she said. "[I] wash dishes, hands and laundry with products made from thieves oil, diffuse throughout the day and before or during sleep. I apply lavender, frankincense, lemon oils on [my] face before bed."

Berry is a wife and mother of two boys and has incorporated oils into her household.

"Our active family lifestyle is focused on strengthening our bodies through nutrition, exercise and the power of essential oils," she said.

Quality matters when choosing the right brand of essential oils.



Taylor Stinson / The Oakland Post

Health and wellness consultant Julie Berry says essential oils have changed her family's lifestyle.

"Young Living Essential Oils and other Young Living Essential Oil-infused products have supported, strengthened and maintained our family's overall wellness," she said. "They have truly become essential to our way of life."

Senior and health science prehealth professional major Reem Brikho has received a preview of essential oils through her integrative holistic medicine class.

"Not only do essential oils aid as stress relievers, but each scent has a specific use in health," she said.

As Brikho is looking for a way to destress, she is interested in giving essential oils a try.

"I would use essential oils for relaxation and a stress reliever," she said. "I would choose the lavender because it helps with that."

Berry will be discussing the complex topic of essential oils in more depth when she speaks at OU in March.

To contact Berry about essential oils or attending her classes, call (248) 245 5011 or email julie_berry@comcast.net.



Taylor Stinson / The Oakland Post

Jeni Carino (left) and Jo Ann Huebner are members of the American Business Women's Association.

Women's association offers scholarship, grant money

Shelby Tankersley
Campus Editor

The Greater Oakland Charter Chapter of the American Business Women's Association is looking to give a scholarship and a nomination for a grant to two female students in the area who represent the group's ideals.

Established in 2000, the group operates as a nationwide nonprofit. It has national conferences, where members from different chapters can meet people from around the U.S. who are doing the same work they are.

Jeni Carino, one of three education chairs for the chapter, said the association revolves around women working professional jobs who want to learn and grow both personally and professionally. She said after going to just one meeting, she was hooked.

"I joined in October of 2015, and it's been a great experience," she said. "You get the chance to meet so many new people."

While the Greater Oakland chapter only has one student right now, Carino said students are more than welcome to join at a discounted rate. The chapter meets at the Crowne Plaza in Auburn Hills about once a month. However, students don't have to be members to apply for scholarships.

This year, the group is offering a chance for female students to win a grant funded by the national organization and an impact scholarship the local chapter awards every year.

The grant

Jo Ann Huebner, the treasurer and another chair of education, said the awarding process of the grant is different than the average

scholarship.

With \$2,000 up for grabs, each chapter gets to nominate someone, and three grants are distributed per district. Each district is made up of multiple states. After that, the national chapter picks the winners from the nominations. Greater Oakland's 2015 nominee was selected to win one of the district's grants, but every chapter sends who it thinks is the best fit for the grant.

Applicants for the grant must meet a variety of requirements, including being of junior standing, having a 3.0 GPA or higher and being able to provide at least three recommendation letters. The full list of requirements can be found on the chapter's website, and the deadline to apply for the grant is June 1.

The scholarship

The impact scholarship is a little different. Huebner said any students going to an accredited college can apply for it. Class standing is not a factor, and this award is also \$2,000. But the chapter will only award it to one applicant.

"It's the same basic process to apply," she said. "But the difference is that this will be awarded to someone who applies to us. Our chapter will get to pick who wins it."

Also unlike the grant, the deadline for the scholarship is March 15. Though most of the requirements are the same, the deadline for this comes quicker.

Huebner said that though applicants don't have to be members, they are always looking for new faces to join the association.

"Our members come from a variety of backgrounds," she said. "At our last meeting, I noticed that almost everyone works in a different industry, so we really welcome anyone."

OUSC receives more donations than expected for HAVEN

Cheyenne Kramer
Web Editor

Oakland University Student Congress organized Help Out HAVEN, a donation drive for Oakland County's HAVEN, a domestic violence and sexual assault resource center and shelter.

HAVEN is also the county's only 24-hour emergency center for domestic violence and sexual assault survivors and their children, according to its website.

"Oakland partners with HAVEN a lot," said Brittany Kleinschmidt, an OUSC legislator and creator of the Help Out HAVEN initiative. "But I think this might be the first time OUSC has partnered with them."

Kleinschmidt is a freshman at Oakland and said the program came about through the LGBTQIA+ resource fair. At this event, the Residence Halls Association brought out different student and local organizations to aid LGBT students on campus.

OUSC was one of the student organizations tabling at this event, where members met some of HAVEN's volunteers.

"We really just loved what they did," said Helen Thompson, an OUSC legislator who aided Kleinschmidt in creating the event. "They were very nice people, too."

In addition, the two were inspired by Grizz Gives to Kids, a program from last year that collected toys. Kleinschmidt decided that, instead of simply repeating the last year's project, she wanted to do something new and help out a different charity.

"I kind of wanted to reinvent it," she said. "I didn't want to just carry on the tra-

dition. It's a great tradition, but I wanted to do something my own."

Help Out HAVEN came about thanks to an initiative budget OUSC had access too. Using the money, Kleinschmidt and Thompson were able to order 60 zip-up hoodies to be used as incentives to encourage donations.

To get one of the jackets, students needed to donate two full-size toiletry items or any two other items from HAVEN's wish list, which is available on HAVEN's website and at the OUSC office.

However, just over a week after the event started, they were already out of hoodies.

"Way more people have been donating than we were expecting," Kleinschmidt said. "We have six boxes filled with stuff, which is amazing."

Thompson said, although a lot of research and planning went into the event, a bill was not required to be presented to OUSC because the cost of the drive was within the initiative budget of \$1,000.

"[The lack of hoodies] is an awesome problem to have, really," Thompson said. "We got a lot more donations than we asked for."

Instead of ordering more hoodies, and thus spending more money, Kleinschmidt and Thompson received 30 additional crewnecks from another OUSC legislator who ordered them for an upcoming event she plans on running. So, students donating during the last few days of the drive can still receive their sweaters.

Help Out HAVEN runs until Friday, Feb. 17. Donations should be brought to the OUSC office during office hours.

The 10 best places I've been dumped on campus

Simon Albaugh
Staff Reporter

Let's just admit it: relationships are hard. You have to spend all your time pretending that you don't want to do stupid stuff with your friends, and then to deal with that pent-up stupidity, you do even dumber stuff with the people you'd rather hang out with.

At least that's usually how every relationship ends for me. I won't go into detail because my experiences are really embarrassing. I will say that, when the honeymoon phase ends, that's still not the right time to call your monthlong girlfriend for bail money, no matter how rich her father is.

I'm not the best person when it comes to relationships. But being the person who constantly needs to pass on his bad advice, I'll at least try and tell you something worthwhile.

For everyone who isn't good at the whole relationship thing either, let me give you this wisdom. When your significant other dumps you after you got kicked out of the dorms for testing the speed of fire alarm reactions 12 times,

know these two things: taking a sociology class is not an excuse to be that kind of asshole, and it's important to choose where to have the "it's not working out" conversation.

Here's a comprehensive and definitive list of all my favorite places where I've had that conversation. Created after years of research, I hope this proves useful.

The Oakland Center

With its rich ambiance of camaraderie and fun, this is the perfect place to make a scene and force everybody else to deal with your problems too.

The quiet floor of the library

My experience with this is similar to the OC in that, if you cry loud enough people will come to try to tell you to go somewhere else. This is your chance to get free therapy from people who have a test the following day.

The Engineering Center

There's nothing better than asking the smartest people on campus how they could possibly go on knowing there's pain

and suffering in this imperfect world.

Vandenberg Hall

It's a perfect, quiet place to have this conversation — meaning that you could get away with asking a suitemate of your new ex for his or her number.

Hamlin Hall

With new students excited to start a new chapter of their lives, this location provides a good reminder that you probably shouldn't have been dating a freshman anyway.

The Vandenberg Dining Hall

I don't know about you, but I like to fill that empty feeling in my stomach with crappy macaroni and cheese or pizza.

The Fireside Lounge

It's a warm place that reminds you of how cold-hearted the person you dated really is.

In class

Try to have that conversation toward the end of class. However, I've had my best ideas for ex-like dragon characters



Illustration by Nowshin Chowdhury

Some people broke up on Valentine's Day.

when it happened before one of my creative writing classes. No fiction is complete without dragons.

In front of the library

Usually smoking is a sign of depression. Try and hang out with the people who are depressed and share the sadness.

In P1

When your new ex asks if he or she can take your parking spot, this is the best time to passively aggressively go to the library and make whoever broke up with you find a parking spot a mile and a half away.

Trump 'randomly selects' travelers from seven Muslim countries for additional security screening

Simon Albaugh
Staff Reporter

A recently invented security screening technique will now force anyone immigrating from the seven countries mentioned in the recent executive order to go through 120 days of additional security screening.

White House Press Secretary Sean Spicer stated in his press briefing that, "Based on a selection program that we developed through months of work, these are the random selections."

When repeatedly asked about the "coincidence," Spicer disingenuously stated multiple times, "Hey, we're just as surprised as you guys are."

The security screenings come after appeals courts have temporarily blocked President Donald Trump's travel ban against the seven Muslim countries in which he has no busi-

ness interests.

"This is the most pathetic attempt made by [the Trump Administration] to get around the law," The Pathetic Post said. "I thought they would at least be a little clever."

One of the judges who originally blocked the travel ban also commented.

"Wait, he did what?" said Judge Judy Smith, a sixth precinct federal judge from Michigan. "You mean we have to do this bullshit paperwork all over again?"

President of the American Civil Liberties Union, Libby Turner, contacted The Oakland Post recently to comment.

"I'm not the only one who thinks this guy's crazy, right?" Turner said. "I mean, have you ever heard of a leader of the free world that did something this petty? It's gonna be the longest four years of my life..."

Even Oakland University students who aren't majoring in political science are weighing in on the situation. The divide remains between the people whose political vocabulary has been limited to "Trump 2016" and the people who can't seem to stop talking about how much they hate Donald Trump.

One well-spoken student who voted for Trump wanted to broadcast his opinion in the matter.

"I didn't vote for the best person to lead," John Buck said about an election literally meant to find the best person to lead. "I voted for someone that could get shit done. And I think this is just another example of getting shit done."

Jane Deer, a self-described "radar detector for political discussions," wanted to make sure that people with her worldview were represented when she overheard



Illustration by Nowshin Chowdhury

President Donald Trump likes to sign a new executive order every day.

me interviewing Buck.

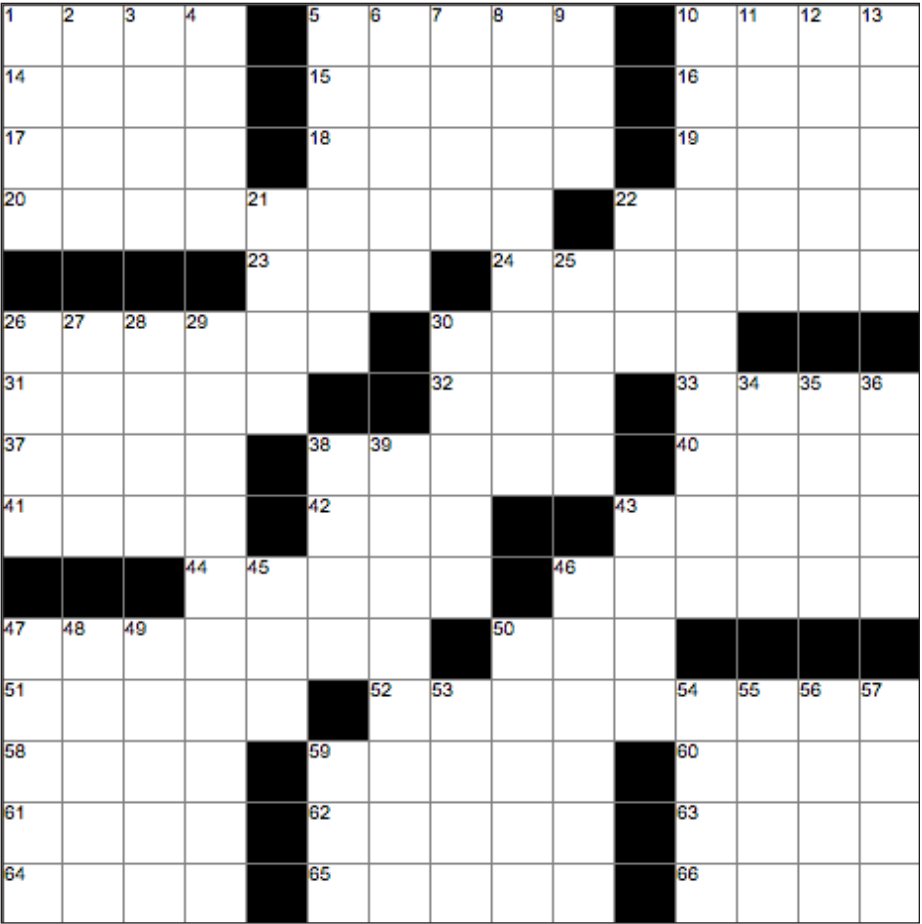
"Excuse me, but I just wanted to say that this is not the kind of behavior that I voted for in this election," Deer said. "I didn't vote for someone to screw things up and turn this country into a fascist state."

Deer declined to comment on who she voted for, or whether she voted, for that matter.

Despite the massive implications of this new security technique, most people seem not to be worried about it, as the common sentiment is mild annoyance at this point.

The only thing we can be sure of is that, when the wall starts coming into being, there's gonna be a lot of petty politics that comes with it.

Puzzles



Across

- 1: Creatures of habit?
5: Narrative
10: Gas station store
14: Capping
15: New World flycatcher
16: Brainwave
17: Clematis, for one
18: Bumbling
19: Gists
20: Battery part
22: Prepare fish
23: Van Gogh's love offering
24: Mormon Church official
26: Bunch
30: Proverbial baby deliverer
31: Detach, in a way
32: Kind of talk
33: Mischief-makers
37: Many a retired thoroughbred
38: Lots
40: Flightless bird
41: Fries, often
42: Butter square
43: Summer ermine
44: Shows fright
46: Bother
47: Reaches
50: Slim swimmer
51: Troubadours of yore
52: Beach sights

- 58: In the thick of
59: NASA project
60: 'Hey, that hurts!'
61: Bounded area forming part of a whole
62: Roof edges
63: Gradual decline
64: Emulate a couch potato
65: Down on one's luck
66: Went to court

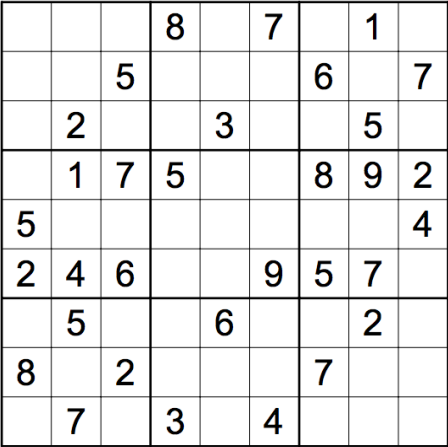
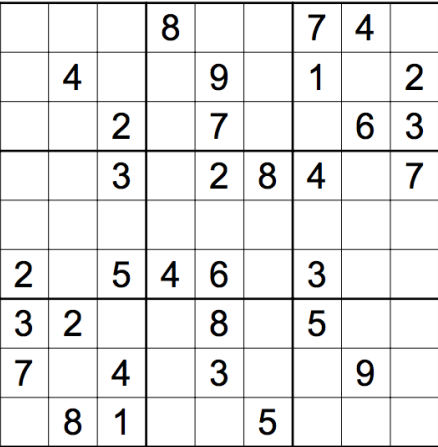
Down

- 1: Center of a cathedral
2: Elec., e.g.
3: What the fourth little piggy had
4: What some writers work on
5: Pasta or staircase shape
6: Opera hero, usually
7: Was in the red
8: Emphasized, in a way
9: In the time left
10: Garments that can make observers perspire
11: Not for kids
12: James Dean's persona
13: Sample, as the soup
21: Adolescent
22: Not against
25: Orchestra that plays light classical music

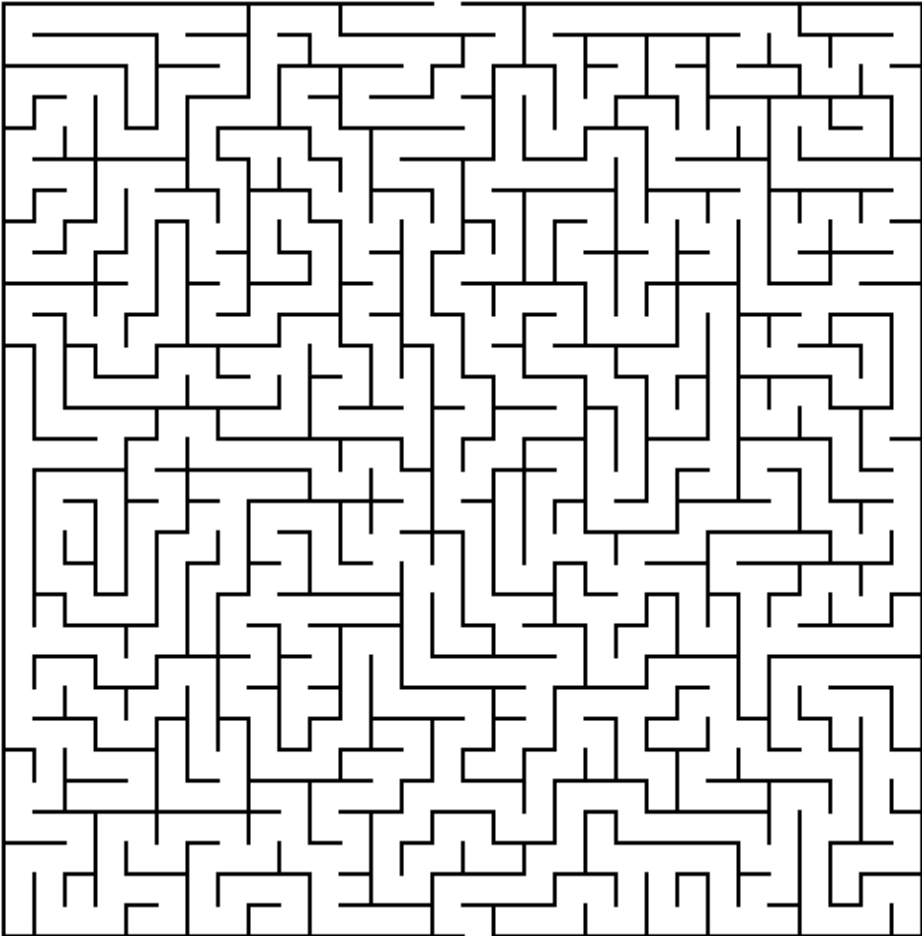
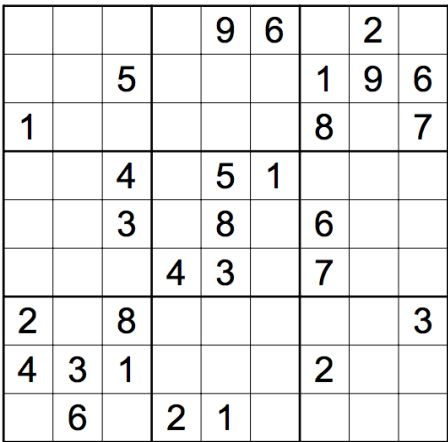
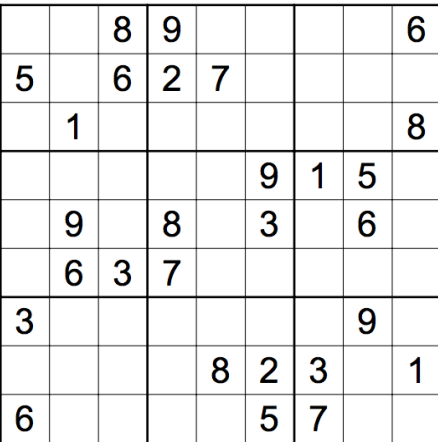
- 26: Shrewd storybook cat
27: Knock precursor
28: Common tater
29: One way to ride a horse
30: Old footwear
34: Conductance units
35: Sound of laughter
36: Stuff to the gills
38: Gyrate
39: Pauses in verses
43: Cause of a Macy's riot?
45: 'To each ____ own'
46: Unorthodox thinking
47: Crude counters
48: Brought under control
49: Warble
50: Receded
53: Turn in chess
54: Rock-bottom prices
55: Oahu bash
56: Clearasil target
57: Let fall
59: Cygnet's mother

Answers to the crossword
can be found at <http://freecrosswordpuzzles.com.au/M14-2-2017-crossword.aspx>

NOVICE



INTERMEDIATE





Courtesy of Donten Photography

Oakland baseball alumnus Mike Brosseau has been playing third base for the Rays organization.

Baseball alumni hit up spring training

Ethan Fogle
Staff Reporter

Oakland's Division I sports teams have seen a few of their athletes go on to play professionally after finishing their careers with the Golden Grizzlies. Just last year, Athletics saw eight of its 2016 graduates from different sports sign professional contracts.

One of those eight was baseball standout Mike Brosseau, who signed a free-agency contract with the Tampa Bay Rays two days after the 2016 MLB draft. Brosseau heads to Port Charlotte, Florida, on Feb. 20 for his second season with the team.

The Rays organization noticed Brosseau's calm and collected nature. This year, he was invited down early for spring training.

"It's a pretty good sign," Brosseau said. "They want me to report down a few weeks before other players come to the Florida facility."

The relationships Brosseau built at Oakland have continued to be helpful throughout the process of going from collegiate athlete to professional athlete.

Current co-head coach of the Oakland baseball team Jacke Healey was the assistant coach for three of Brosseau's seasons with the Golden Grizzlies, and the two developed a close relationship.

"We had a really good relationship while I was in college, and even after we have remained close," Brosseau said.

Having been drafted by the Houston Astros in the 27th round of the 2010 Major League Baseball draft, Healey was a source of information and guidance during the process of finding a professional contract.

"He told me everything to expect and gave me more insight into everything that was going to happen since he'd been through it before," Brosseau said. "He kept me level-headed."

Additionally, Brosseau has spent much of the offseason living and training with a couple of his former Oakland teammates who also continued on to play profession-

al baseball. He described living with his baseball friends and training during the offseason in a west Michigan facility as a "perfect situation."

At Oakland, Brosseau played shortstop, but upon joining the Rays organization, he began playing third base. Brosseau said the change wasn't too difficult to make.

Looking to the future, Brosseau has high hopes for what's to come. He was named to the All-Gulf Coast League after his first season with the league's Tampa Bay Rays affiliate. He posted a .319 batting average, the 12th highest in the league, with 36 hits, 21 RBIs and 20 runs scored.

The minor league system has several leagues, from Rookie to Triple-A. Brosseau is optimistic that he can make his way up.

"I think, if I perform well, I can move on up in the system," he said. "I think I opened a lot of eyes last season."

Brosseau isn't the only player from Oakland currently playing for an affiliated team. In June 2014, the Cincinnati Reds signed pitcher Jake Paulson in the 27th round of the MLB Draft.

Since then, Paulson has moved up in the Red's minor league system. He first played in the Rookie League for the affiliated AZL Reds, then Full A-Ball with the Dayton Dragons and is currently a part of the Daytona Tortugas in the Advanced A league.

"In college, you could get away with making mistakes," Paulson said. "In the pros, you make a mistake, and you pay for it."

Paulson credits his success to "just trusting my stuff, staying consistent and trusting my teammates to keep getting batters out."

"The support I get from my family and my teammates help[s] keep me motivated," he said.

Last season, Paulson was battling bicep tendinitis all year. It affected his game statistically, but Paulson said he's back to 100 percent now. He was also invited to attend spring training early this season and heads to Florida on Feb. 26.

"I'm looking forward to a great year in 2017," Paulson said.

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Baseball heading back to the basics

New coaching staff leads team into 2017 season with high hopes

Katie LaDuke
Staff Reporter

Returning to the diamond after a summer of coaching changes and a busy offseason, the Golden Grizzlies start their season in Nashville, Tennessee, on Feb. 17. Both Jackie Healey and Colin Kaline begin their first season as Oakland baseball's co-head coaches, with Hayden Fox and Torre Aguirre in their first season as assistant coaches.

"Sometimes when you go through a leadership change, things can be a little difficult at first, and it wasn't that way with us," Kaline said. "The guys really responded well, and the effort was incredible."

Despite the changes in leadership, the Black and Gold got to work early in the offseason with a heavy focus on getting back to the basics and improving overall strength.

"The fundamentals were something we struggled with in the past," Healey said. "I think the preparation we put into that is really going to help us out in the long run."

The coaching changes had a major effect on the team's pitching. Former head coach John Musachio was the main pitching coach in the past. This year, however, the team's co-head coaches both lack the expertise necessary in that area.

With this being the case, Fox stepped up to the plate to become the main pitching coach. He is an Oakland baseball alumnus, and his leadership gives the team a lot of faith in the guys on the mound.

"This season, I feel that pitching is going to be our strongest unit," Healey said. "We have a lot of pitchers that have been extremely valuable in the past and guys that have a lot of potential for us. For our conference, we have as good as a middle of a lineup that you can get."

With any team, injuries are a big concern, especially with pitchers throwing every day. This winter, Oakland saw something nearly impossible: none of their pitchers faced an arm injury.

"The biggest accomplishment for us in the fall through the winter has been that we've gone the entire time without



Nowshin Chowdhury / The Oakland Post

Oakland baseball finished the 2016 season 23-27, 11-14 HL, good for fifth place in the league.

a single pitcher's arm getting injured," Fox said. "This is the first time that this has occurred in a very long time. I think our hard work ethic during our throwing program, our dedication to our pre-throwing routines, and then aggressively attacking our conditioning is going to be able to lead to great overall health this year."

The pitching staff has come up with a plan to effectively save the arms of their men while giving them the most playing time they can. It is critical to have a variety of pitchers available when playing two- and three-game sets all season.

"For our starters, we want each of them to go at least seven innings every start, and then be able to pass the ball off to our closer," Fox said. "For our bullpen, we're looking for them to be able to compete in as many games as they possibly can in a week. We are continuing to look to minimize the amount of guys we walk and try to maximize the amount of guys we strike out. Our ultimate goal as a pitching staff is we don't want to face more than four batters an inning, to keep our pitch count down."

The projected starters for this weekend's series, according to Kaline, are redshirt junior Jake Lee on Friday, and senior Tyler Palm on Saturday and sophomore Nick Parr on Sunday. Lee and Palm are returning weekend

starters for the Golden Grizzlies. They finished the 2016 season with ERAs of 4.29 and 5.31, respectively. Parr returns to Oakland after making 13 appearances on the mound with two starts last season. He posted a 3.57 ERA in 17.2 innings pitched.

Offensively, the Golden Grizzlies will have to recover from the loss of some of the biggest contributors to last year's team, such as Mike Brosseau and Ian Yetsko. Oakland will rely on the continued success of returners like redshirt junior Ben Hart and seniors Zach Sterry and Tyler Pagano to keep its offensive success going.

"It's never easy to lose key pieces in your offense line [Yestsho] and [Brosseau], but we have a ton of confidence in our guys moving forward this year," Kaline said. "... We feel that we have the versatility to score in a number of different ways and are looking forward to seeing some breakout years from our guys."

Hart, along with sophomore Ryan Fitzgerald, return this season after earning All-Horizon League honors last year.

Hart was named to the All-Horizon League Second Team after finishing second on Oakland's team with a .323 batting average in league play.

Fitzgerald was selected for last year's Horizon League All-Freshman Team. He finished league play hitting

.232 with 23 runs scored and 12 RBIs.

Sterry, one of Oakland's biggest offensive weapons during his career, returns for his final season with the Golden Grizzlies. He is coming off of a very successful summer playing for the Waynesboro Generals. He was named a 2016 Perfect Game/Rawlings Summer Collegiate All-American Honorable Mention for his performance with the team.

“

Sometimes when you go through a leadership change, things can be a little difficult at first, and it wasn't that way with us.

Colin Kaline
Co-head coach

Working their way through the season, the Golden Grizzlies are going to put an emphasis on moving forward after games and onto the next, keeping their eyes on winning their division.

"Some of the goals we have for the team are, of course, to win the Horizon League, first and foremost, but we want to secure a spot as a top-ranking seed in the Horizon League Tournament," Kaline said.

Before they get there, however, the team will have to make it through a tough preseason schedule. The team's nonconference schedule is highlighted with a three-game series at top-ranked Florida State University. The team will also make stops at East Tennessee State University, Virginia Commonwealth University and Indiana State University, among others.

"This year, I feel as if the team's attitude and intensity they have been putting forward has been a lot better than what it has been in years past," Healey said. "There's a different kind of vibe about this year's team."

The Golden Grizzlies take on Wright State for their home opener on Friday, March 31.



Nowshin Chowdhury / The Oakland Post

Sherron Dorsey-Walker and Jalen Hayes both scored 23 points to lead Oakland to its 89-80 win over UDM.

Men get revenge over Titans

Melissa Deutsch
Sports Editor

The Oakland men's basketball team entered Calihan Hall on Friday, Feb. 10 on a mission. With fans and the Oakland University community still bitter from its last meeting with University of Detroit Mercy, Oakland came looking for one thing: revenge.

In their last matchup, the Titans gave the Golden Grizzlies their first loss in conference play. The loss on Oakland's home court sent the Golden Grizzlies into a tailspin from which the team is only now finding its footing.

The Golden Grizzlies got what they were looking for, taking home a victory over the Titans 89-80, moving to 9-4 in the Horizon League and sending the Titans to 4-9.

"We knew it was a bad taste in our mouths from last game," said redshirt junior Jalen Hayes. "It's always good to pick up a conference win, but it makes it that much better with it being Detroit."

The Titans struck first with a layup from Gerald Blackshear to bring the score to 2-0 — the largest and only lead the Titans would see all night.

In the first five minutes of the game, the teams traded baskets, and the score stayed close. However, with a dunk from Jalen Hayes at 15:25, the Golden Griz-

zlies began to separate and never looked back.

Kampe felt good about the team's level of play in the postgame press conference.

"I loved how we played tonight," Kampe said. "That was the team that was 14-3."

Oakland looked like a completely different team than it had since the last time it met Detroit Mercy. The Golden Grizzlies went an uncharacteristic 57 percent from the 3-point line in the first half.

They finished 6-for-15 from the 3, good for 40 percent for the game. This percentage marks the best the Golden Grizzlies have shot from beyond the arc since their season-high performance against Georgia on Dec. 23.

Sherron Dorsey-Walker and Hayes led the way for the Golden Grizzlies with 23 points each. Martez Walker followed behind with 20.

For the Titans, Jaleel Hogan was effective again against the Golden Grizzlies, scoring 23 points toward UDM's 80-point total. In the first matchup, Oakland had no answer for Hogan, and he scored his career-best 39 points. Hayes felt his team was better equipped to take on Hogan this time around.

"I think our game plan was a lot better coming into today," Hayes said. "Isaiah [Brock] did a much better job guarding him."

Brock suffered a hip injury in the last game against Detroit

Mercy and played a majority of the game visibly in pain. He has just started to find his stride again, earning Horizon League Freshman of the Week and Horizon League Player of the Week after his performances last weekend. He made three dunks against UDM, making up his total of 6 points in addition to his eight rebounds.

Kampe noted that Hogan might be one of the best post players in the league.

"He's probably the second-best post player in the league, because I think Jalen Hayes is the best post player in the league," Kampe said. "He's an all-league player, and we mixed up what we did on him tonight . . . and he still had 20-some points because he's a hell of a player."

The win marks the fourth win in a row for the Golden Grizzlies. The team has seven days until it matches up against the league-leading Valparaiso Crusaders on the Blacktop, where the Golden Grizzlies haven't seen as much success as they have on the road.

Kampe emphasized the significance of next Friday's game.

"We've got a chance to win the league still," he said. "If we can win next Friday, we're one game back, and we have the tie-breakers. So it's a huge game for us."

The Golden Grizzlies will take on Valparaiso at 7 p.m. on Friday, Feb. 17 in the O'rena.

Women suffer second loss to Detroit Mercy

AuJenee Hirsch
Staff Reporter

The Oakland women's basketball team (13-11, 7-6 HL) faced the University of Detroit Mercy Titans (14-10, 10-3 HL) at Calihan Hall on Saturday, Feb. 11.

The Golden Grizzlies came in seeking redemption from their previous defeat by the Titans on Jan. 7, but were unsuccessful. Down by 10 points at the end of the fourth quarter, Oakland lost 71-61 in the Metro Series game.

Both Oakland and UDM struggled offensively in the first quarter, with each team scoring fewer than 10 points. At the start of the second quarter, Detroit Mercy picked up the pace and shut down Oakland's offense entirely.

UDM specifically wanted to stop redshirt senior Hannah Little.

"We know that [Oakland] has some really good guards, so we wanted to slow them down," UDM head coach Bernard Scott said in the postgame press conference. "We wanted to make them take contested shots. We know that Little is really good on the board, so our goal was to keep her off the boards. I think we did it for the most part, but towards the end of the game, she started to get going a little bit."

At halftime, the Golden Grizzlies were down by 12 points, a hole that they couldn't dig themselves out of. They opened the third quarter on a 12-4 run to cut Detroit Mercy's lead to 6, but that was as close as they came.

Oakland head coach Jeff Tungate felt the team's offense was to blame for the loss.

"Our offense was horrible," Tungate said. "We weren't making shots, weren't making layups, we weren't making wide-open shots, we got ourselves into a hole, and we had to work hard to come

back. We just couldn't make that comeback after getting ourselves into such a big hole in the first half. I thought we were very clumsy in how we played. I thought we were sloppy in how we played, and we weren't executing our offense in the first half. We have to run better offense if we want to win games."

"We have to come out and be ready to play each game. As soon as you step on the court, you have to be ready, and we weren't."

Hannah Little
OU forward

Little scored her 10th double-double of this season, with 11 points and 14 rebounds. She also said the team's performance in the first half was rather uncharacteristic.

"It's all about the first half and how we come out and start," Little said. "We have to come out and be ready to play each game. As soon as you step on the court, you have to be ready, and we weren't."

UDM junior Brianne Cohen had no problem with Oakland's defense. At the end of the first half, she was the lead scorer with 16 points. By the end of the game, she had racked up 24 total points and gone 57.1 percent from the field.

"I think we had a lot riding on this game, so we came in excited to play," Cohen said. "When we got calm and settled down, and realized that we had to play basketball, things started going for us."

The Golden Grizzlies will next face off against Valparaiso at 8 p.m. on Feb. 16 in Indiana.

Tommy Titan to 'Wear the Bear'

Revenge for The Grizz in second Giving Challenge

AuJenee Hirsch
Staff Reporter

On a cold winter evening, the Oakland University Golden Grizzlies and the University of Detroit Mercy Titans heated things up both on and off the court.

After suffering defeat last year, The Grizz got his revenge on Tommy Titan when it was announced that OU won the second annual Giving Challenge at the men's basketball game against UDM on Friday, Feb. 10.

The Giving Challenge between Oakland and UDM took place Feb. 6-10.

During the challenge, students, faculty, alumni and anyone who valued the Oakland or Detroit Mercy communities were encouraged to make monetary donations to the school. The money goes toward departments at the universities.

OU's Kelly Brault, director of Annual Giving, and Tara Bergeron, assistant director of Annual Giving, coordinated the challenge with UDM's Ann Fisher, executive director of Annual Giving and Advancement Systems. Brault worked as Detroit Mercy's director of Annual Giving before coming to Oakland.

"I reached out to the director of Annual Giving [at UDM], and she loved the idea," Brault said. "We spent the next few months working on it. Last year was the first year, and we decided that February is a time when there's not a lot going on . . . but we thought that that would be a great time to inspire that [pride] in both of our alums and friends."

Last year, the Golden Grizzlies lost with 436 donors compared to the Titans' 513, and The Grizz was forced to wear a Titan T-shirt at the Oakland vs. UDM women's basketball game on Feb. 27, 2016. However, Oakland got sweet revenge on Detroit Mercy. This year, the Black and Gold gathered 626 donors, while UDM had 470. Tommy Titan was



Nowshin Chowdhury / The Oakland Post

Since Oakland won the Giving Challenge, Tommy Titan had to wear the bear at the men's basketball rivalry game on Friday, Feb. 10 in Calihan Hall.

forced to "Wear the Bear" Friday at the men's basketball game.

"We had crazy ideas," Brault said. "Basically, by process of elimination, we thought, 'What worse insult or mascot shaming [is there] than having them wear the other team's jersey?'"

There were some adjustments to how Oakland went about promoting and updating the donors on the schools' websites.

Bergeron worked closely with University Communications and Marketing. She also used Oakland's social media in various departments, including Athletics, the Oakland University Police Department and the School of Engineering and Computer Science, to name a few.

Bergeron also employed the help of The Grizz to promote the event. On Feb. 9, The Grizz was in the Oakland Center helping to get donors for the Grizz Grooming fund.

The two schools also decided to get on the same schedule for updating their websites to keep things fair and accurate.

"The system automatically updates the numbers on the website, and we each have our own website," Bergeron said. "We worked with [UDM] to determine the schedule, so that we are each updating around the same time, so you don't have one school updating and it's a big jump, and then the other

school hasn't updated. People might get on and look and go 'Oh wow,' and it's because somebody hasn't updated."

“
We had crazy ideas. Basically, by process of elimination, we thought, 'What worse insult or mascot shaming [is there] than having them wear the other team's jersey?'”

Kelly Brault
OU director of Annual Giving

Annual Giving feels good after winning the Giving Challenge.

"I feel huge relief and gratitude," Brault said. "There was a lot that went into preparing, so that's where the relief comes from. Gratitude would be for, of course, all the donors, supporters and my department and colleagues who all helped to make it happen."

Plans for next year's Giving Challenge are not yet in progress.

An official count of the money raised has not yet been announced.

The Sporting Blitz

Christian Miller
Staff Reporter

Track and field

Oakland's track teams competed against several opponents over the weekend.

The Golden Grizzlies' hit the road when they faced Grand Valley State University on Saturday, Feb. 10 during the Big Meet.

Brandon Davis secured first place in the long jump with a distance of 23 feet and 6.5 inches.

Corey Goodloe broke his school record and placed fifth in the 400m with a time of 48.46.

For the women's team, Kendall Jefferson's 7.70 performance in the 60m earned her fifth place. Whitney Mergens recorded a 5-foot-and-1-inch jump that earned her eighth place.

The men's team concluded the Big Meet with 21 points, enough for seventh place, while the women's team finished with a total of four points, standing at 25th place.

Oakland also had runners participating in the David Hemery Invite at Boston University.

Ashley Burr and Rachel Levy both ran the mile for Oakland, ending the event with times of 4:57.29 and 4:58.50, respectively, earning them 27th and 31st place.

Bryce Stroede also ran the mile, shattering his own school record with a time of 4:04.73 and earning himself ninth place.

Track and field's success on the road continued as the teams traveled to Tiffin, Ohio, for the Dragon Invite on Saturday, Feb. 11.

In the 400m, Chanel Gardner took first with her time of 59.41. Dana Tessmer closed out the pole vault with a height of 11 feet and 9.75 inches, earning her second place, while Kaily Weingartz's time of 10:43.6 gave her second place in the 3000m.

Davis walked away with second place in the triple jump with 44 feet and 10.25 inches.

On Saturday, Feb. 18, track and field travels to Hillsdale, Michigan, for the Tune Up.

Women's tennis

With its season in full swing, Oakland women's tennis achieved its first win of the season against Morgan State on Saturday, Feb. 11 (4-3).

Pivotal to the team's success, Samantha Galloway contributed two singles and a double, while Amanda Nilsson grabbed two doubles and a single for Oakland.

Despite the success, the victory was short lived, as Oakland later fell to Akron 6-1.

Moving forward, Oakland women's tennis next plays Wednesday, Feb. 22, when it faces Stetson in DeLand, Florida.

Hockey

In a cross-town rivalry, the men's Division I club hockey team faced off against Rochester College in the Jug of Rochester Hills matchup this weekend.

Oakland, which is 6-7-0 against Rochester all-time, trailed 2-0 in the series before Friday's game.

Ultimately, Oakland succumbed to Rochester.

Corey Hagood, assistant general manager to the team, recorded his 450th game with the Golden Grizzlies on Friday night. This season marks the 10th year Hagood has worked with the program.

Oakland hockey will play again at 6 p.m. on Friday, Feb. 17, when they travel to Western Michigan to take on the Broncos.

Women's Golf

The Oakland women's golf team opened up its spring season with the Mid-American Match Play Challenge in Lakewood Ranch, Florida on Feb. 13 and 14.

Oakland fell to Akron in the semifinals despite the efforts of Kylee Sullivan and Morgan Smith, who both defeated their Akron opponents. Smith saw success all weekend, also defeating opponents from Central Michigan and Western Michigan on day one.

The women's golf team will head back to Florida on Feb. 20 for a tri-meet against Youngstown State University and Cleveland State University.