

OUWB LIFE

Med student describes lifestyle surrounding studies

PAGE 9

PARKING

More parking added to south end of campus
PAGE 10 & 11

SPACE STATION

The ISS embarks on new research 220 miles above earth PAGE 13

thisweek

September 27, 2017 // Volume 43. Issue 4



ontheweb

Contributor Kevin Li gives a detailed look at the latest Kingsman installment: "The Golden Circle." PHOTO// IMDb

www.oaklandpostonline.com



TACO 'BOUT A GOOD TIME // In celebration of National Hispanic Celebration Month, the event featured free tacos from a food truck as well as a traditional hispanic danza demonstration. Students who attended experienced culutral and culinary fun. *NICOLE MORSFIELD // The Oakland Post*

Submit a photo to **editor@oaklandpostonline.com** to be featured either in a print issue or on the website.



ASK ORA

On Oct. 2, President Ora Hirsch Pescovitz and Chief Diversity Officer Glenn McIntosh will chat with students. PHOTO // Taylor Stinson



SOPE HITS THE MOTOR CITY

Saving Our Planet Earth took Oakland students to Belle Isle last week to experience the green side of Detroit. PHOTO // Mary Mitchell



MENTAL HEATH

Last Sunday, WXYZ showed a documentary looking at mental health. Hear from the OU students who helped. PHOTO // WXYZ

POLL OF THE WEEK

What do you think of all of the hot weather?

- A I love it, bring on the heat!
- B I want it as cold as my soul
- c Just want sweater weather
- D CLIMATE CHANGE IS REAL

Vote at www.oaklandpostonline.com

LAST WEEK'S POLL

Have you joined any student organizations yet?

A) I'm rushing, bro 0 votes | 0%

B) LOL, what is socializing?

9 votes | 23%

C) I've been avoiding them like the plague

3 votes | 21%

D)Yes! Found some freaks like me

22 votes | 56%

THIS WEEK IN HISTORY

September 29, 1986

Members of the swim and dive team practiced their dives into Bear Lake, known at the time as Beer Lake.

September 26, 1987

The Residence Halls' first night watch program was introduced to the Van Wagoner, Hill and Fitzgerald Houses.

September 29, 2010

Oakland proposed a DVD rental plan. Three years later, Netflix would expand its streaming, dooming many DVD stores.

BY THE NUMBERS OUWB 2021

6,616

Students applied to be part of the class of 2021 122

Applicants were chosen to be part of the class

116,000

Volunteer hours between the students 509

The average MCAT score of the class of 2021

Looking Back

The end of Pryale Hall



Elyse Gregory // The Oakland Post

Cheyanne Kramer

Managing Editor

he Oakland University Office of the Provost announced in March of 1983 that the Oakland University psychology department would be moving to Pryale House by the following September. Pryale House had been functioning as a residence hall during previous years.

The move was done to free up over 5000 square feet of space in Hannah Hall, allowing for more chemistry and engineering labs to be installed.

Another reason that the psychology department moved to Pryale was because of the ultimate cost to the school and the accessibility to students and faculty. In other words, Pryale was the most economically friendly option for the school.

Area Hall Council (which is similar to what is now the Residence Halls Association and the House Council) protested any move into the residence halls.

If this move was to be completed, they recommended that the move would be to Anibal House, which is right next to Pryale.

University Congress (currently known as Oakland University Student Congress) President Fred Zorn approved of the decision, however, because one of the alternatives to moving the psychology department into Pryal was to move the department off campus into unused elementary school classroom space.

"You've got to remember, you're talking about someone's home," Zorn said.

Another alternative would be to install temporary portable units near Dodge Hall and Hannah Hall, similar to the trailers now littered between the Oakland Center and Kresge.

However, Zorn pointed out how expensive of an option this would be.

There was talk of constructing a new science building near Hannah and Dodge Halls (which has come to fruition as the Science and Engineering Building, which is now known as the Math and Science Center). The ability to construct this new building would be dependent on the "recovery of the state's economy," which was in a poor state leading up to this decision.

Provost Keith Kleckner said that the demand for residence space would fall in the upcoming years, but the demand for academic space per student would steadily increase.

In addition, decreasing enrollment in "soft" studies led to the pressure to give the space to the "hard" areas, like engineering, biology and chemistry. This is because they were, according to Kleckner, in need of more space.

In addition, the space would be paid for by the university.

From reading the article from March 28, 1983, it seems as if students were concerned this move would increase their housing costs despite the psycology department calling its residency.

Students who wished to remain in Pryale who would be displaced by the move would be given "a special spot" on the fall's room sign up sched-

Students hoped to get former Pryale residents to hold a candlelight march for the house and "let it die mercifully," and continued by saying the loss of this residence hall "[was] like a death in the family."

A new residnce hall wouldn't be built until the contruction of the Ann V. Nicholson apartments on campus.

The AHC feared that as soon as the space was taken over for faculty use, it would never be turned back into living space for students.

As many of us know, they were right. Pryale has never returned to its former use as one of the residuce halls.

However, Kleckner said Pryale would be returned to residential usage "as soon as it is desirable" to do so.

As of 2017, Pryale House is still used as the home to the psychology department, and as far as records tell, was never returned into a residential facility.

After the construction of the new Southern Housing Complex is completed in 2018, Fitzgerald Hall will have the same fate.



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Students critical of both Trump, media, journalism poll shows

Only 17% of 300 students said the president is concerned about things that matter most to them

Holly Gilbert's JRN 3120 class and John Stoll's JRN 2000 class

Contributors

A new poll finds Oakland University students overwhelmingly disapprove of President Donald Trump's performance, but half of respondents said the administration has not been treated fairly by media.

The survey of 300 participants in mid-September highlighted the environment, economy and equality as key areas for Trump to improve on. The most common concern is soaring tuition, reflecting widespread student concern about the state of education in America.

Abdullah Shah, a senior studying engineering, worries about "drowning in debt before you even get out of school." College costs continue to rise nationwide, with Oakland hiking tuition significantly in recent years, including a nearly 3 percent rise for the current academic year.

"I am concerned with how expensive college is and I do not think that the Trump administration is really focusing or concerned on that at all right now," Emily Villalpando, a sophomore studying nursing, said. More than three-quarters of the students polled are employed, but low wages, health-care accessibility and taxes are concerns.

Slightly more than half of the students are less optimistic than they were when Trump took office eight months ago, a view fueled by the widening ideological split on important issues. The poll, conducted by students enrolled in journalism classes, was taken shortly after violent protests erupted in Charlottesville, Va., and continued criticism of the administration's handling of immigration policies.

"We're going backwards in time with racism and riots," Lydia Jarjosa, a 20-year-old student, said. "In-

stead of uniting us, he helps divide us."

Others said the Trump administration must tread carefully on immigration matters. Several students, citing recent decisions regarding the Deferred Action for Childhood Arrivals, or DACA, said the president could risk blocking people from the U.S. who make America better

Wyatt House, a 19-year-old sophomore studying finance, said he approves of the president's performance, saying "he's doing the best he can." Viewing the performance as a business major, House said the country is "trending upward" and is hoping Trump continues to beef up his "focus" on the U.S. as a whole.

Only 17 percent of those polled said Trump is concerned about the things that most matter to them. Oakland's 18 percent approval rating is far below national averages, with a recent report by RealClearPolitics estimating the average approval rating stands at about 37 percent, according to an aggregate of multiple polls.

The net difference of those approving and disapproving of Trump's performance is particularly noteworthy, even on college campuses where respondents can tend to be more liberal or independent. Nearly one-third of those surveyed identified as Democrats, and more than 25 percent are independent. A fifth of the respondents were Republicans.

A 54-point net difference in approval vs. disapproval rating appears to be driven by frustration with a lack of progress on important issues, increased social tension and so-called pocketbook issues that affect the financial well-being of voters.

Coverage of the Trump administration is not helping clear up conflicting views of the president, according to students. More than 50 percent of those polled said newspapers, broadcasters and other outlets do not treat Trump fairly.

"The media always seem to attack his character a

lot instead of analyzing what is actually going on," said Adeline Perhogan, politically-independent sophomore studying secondary education. "They just talk about him as a person and they don't go in depth about politics."

Many students characterized Trump's relationship with the media as akin to war, and some drew stark contrasts with former President Barack Obama's treatment of the media and the resulting coverage. The question of which side is telling the truth has emerged as a central concern, reflecting the broader debate in America over "fake news."

"The things he says aren't completely truthful, so [the media] is supposed to put him in his place," Daniel Korkis, a junior studying biology, said. He said the media needs to be bigger, careful not to fight misinformation with more misinformation.

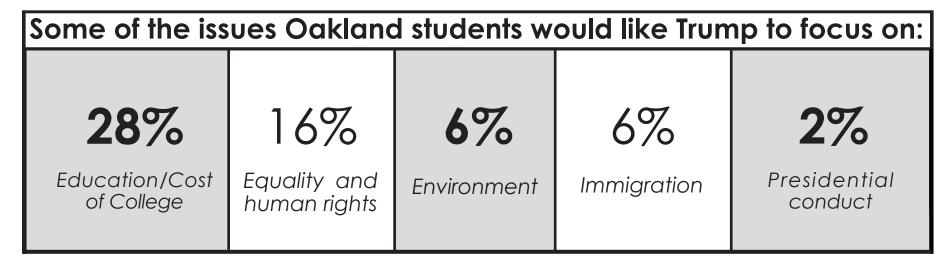
"They are making him sound worse than he is," Merritt Fox, a freshman studying biomedical sciences, said

Others say journalists are and political pundits are too soft. "The media isn't accurately portraying the danger he's putting people in," one student, requesting to stay anonymous, said. Others said the media "nitpick" too much and are too easily provoked by Trump's criticisms or political differences.

Trump is known for use of Twitter to say provocative things that stir media coverage and public discourse. Tweets recently posted and aimed at everyone from opponents to health-care reform to star athletes.

Taylor Smith, a politically-independent freshman studying studio art, said Trump "has no filter and he can improve on that."

Abigail Makelim, a marketing major in her sophomore year at OU, said she approves of the president's performance, but wants him to focus on jobs. "Trump is more of a businessman rather than a politician," she said



4 September 27, 2017 // The Oakland Post www.oaklandpostonline.com

The Extended Stay America vacates in record time

Katerina Mihailidis

Staff Reporter

akland University Housing found rooms for all students temporarily placed in the Extended Stay America Hotel three weeks in the fall semester of 2017. The hotel reestablished its student-free peace and quiet.

According to OU's Housing Director Jim Zentmeyer, this was perhaps the first year since the beginning of OU's collaboration with the hotel that OU Housing cleared the hotel so quickly with the exception of 2014. Then, the hotel was not needed to accommodate students due to the grand opening of the Oak View Hall the same year.

OU started collaborating with the Extended Stay America hotel in the fall of 2012 and since then, both the hotel and OU have benefitted from that collaboration, Zentmeyer said.

For those who don't know, the process of student placement in the hotel is as follows:

Every year, at the end of February/beginning of March, the returning students that choose to renew their housing contracts, frantically battle server and website crashes to reapply and secure a limited spot at OU's resident halls and/or apartments.

Every year, some of those students succeed in their stressful efforts while the rest, who were not fast enough getting their contracts in get a spot on the list of anxious

anticipation and confusion, also known as the "waitlist".

In addition to the pre-described mess, freshmen are coming in massive waves and demanding housing. Some of the freshmen are also placed on the waitlist.

Housing wishes to accommodate the students that can't commute and need a home. So, Housing places many waitlisted students in the Extended Stay America Hotel and promises that the arrangement is temporary and that beds and rooms will become available for them in the resident halls as soon as it is possible. By the end of the summer, most, if not all, students are taken care of.

Fast forward a couple of weeks, the tuition bill date is due, classes have started, stress thrives in everyone's hearts and some students drop out of OU or decide that they no longer want to live on campus. The students who were placed in the hotel are then moved to campus and everyone lives happily ever after.

Despite the initial resistance and confusion, most students that are placed in the hotel end up enjoying their experience.

The maid service, the catering, the personal kitchens, and the breakfast are all things that Nick Rehard-Titus, freshman at OU, said he would miss from his time living at the hotel. Otherwise facing a one-and-a-half-hour commute, Rehard-Titus said he was glad he was placed in the hotel

The worst part of the hotel, Rehard-Titus said, was the distance and the walk.

"We were a little shut off... it was difficult to celebrate all the events of Welcome Week," he said.

Leah Brown, one of the two resident assistants for the students in the hotel said it was nice living in the hotel but that she prefers living on campus.

Brown had lived two years on campus prior to experiencing the hotel.

"It's an exciting and intimate setting because we're all stuck there together," she said.

Zentmeyer mentioned that one of the difficulties of living off campus is engaging in the activities on campus because there is "a natural human tendency to pursue the path of least effort." He further explained that students who live off campus find it easier to attend class and then go home.

According to Zentmeyer, it is harder for a student to feel as if they are putting down roots when living in a hotel as opposed to living on campus. He also said that students are closer to the services the campus provides when they live on campus.

Finally, Zentmeyer said he is looking forward to opening the new buildings that will accommodate students with a class higher than a sophomore standing. He mentioned that such a building is needed because "it is frustrating to tell returning students we don't have enough bed spaces."

With the new residence halls, Zentmeyer said housing will honor the returner student's loyalty and commitment and that, that is something he is excited for.

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Campus



The Tutoring Center is a tool for all Oakland University students to receive academic help and excel in classes.

Final grade for Tutoring Center: A+

OU's academic resource receives SI certification from the UMKC

Trevor Tyle Staff Reporter

mong the many useful re-Asources located on campus, the Tutoring Center is considered to be one of the most important. It offers all of the means necessary for academic success, and now it has a national certification to prove it.

Oakland University's Tutoring Center has been recognized as a Certified Supplemental Instruction (SI) Program by the International Center for Supplemental Instruction at the University of Missouri-Kansas City. OU joins an elite group of less than 20 universities across the country to receive such an honor, due to the hard work of the Tutoring Center staff.

In order to obtain such a distinction, OU had to meet four core requirements. One: The program coordinator should be trained by a certified SI trainer. Two: There should be "intensive training" for SI leaders before and during the course of the semester. Three: There should also be an "intensive focus" on SI leaders' planning sessions. Lastly, SI leaders must attend class sessions and students must regularly attend SI sessions, as end-

of-the-semester data should reflect higher grades for SI students than non-SI students.

According to Beth DeVerna, director of the Tutoring Center, and Clarisse Mikami, assistant director of the Tutoring Center, it had already met the requirements prior to the implementation of SI program certifica-

"We found out a year ago this past May that UMKC was going to start certifying programs, which I thought was a really good idea at the time. I guess we didn't know how much work it would involve." DeVerna said. We knew we were already doing what they were asking, so we thought, 'We want to be certified, we want to be one of those programs."

SI is a free program offered through the Tutoring Center that allows students to meet with trained leaders who have successfully completed difficult courses. These leaders will attend the classes with their students and prepare study sessions for them, during which they have the opportunity to learn and understand the material while creating bonds with other students.

Mikami stated that upon realizing that they met the requirements, they compiled two years' worth of data within two thick binders that were shown to UMKC to prove that "[the program] was working here."

Despite the Tutoring Center staff's hard work, the efforts of the SI leaders was acknowledged as a key factor in receiving the certification. On average, DeVerna and Mikami estimated that after completing extensive training, SI leaders spend between 10 to 13 hours a week working in SI, ultimately helping to develop a "mentor relationship" between the leaders and their students.

Junior Caleb Lee, an SI leader pursuing a nursing degree, agreed that the work is hard, but acknowledged that it is also fulfilling.

"For me, the most rewarding part of being an SI leader is seeing the success of the students," he said. "After each semester, several students would come up to me and express how much they loved coming to SI and how they would have never achieved the GPA they earned had it not been for SI. It was incredible to think I was able to make a difference and better other students' educa-

For more information on the SI program, visit the Tutoring Center webpage.

Prepping students for the career fair and beyond

Falin Hakeem

Staff Reporter

On Wednesday, Sept. 27, Oakland University is hosting the 2017 Fall Career Fair in the University Recreation and Well-Being Center. Career Services consultants Carol Anne Ketelsen and Amy Ring Celeback share their tips on how to prep for the event and how to follow up with employers after the Career Fair.

For students who have never been to the Career Fair before, Career Services offers prep sessions. The sessions deal with professional dress and what students should bring to the fair.

"Make sure your resume is in tip-top shape," Ketelsen said. "Bring your resumes on stock paper instead of regular printer paper. This is very important."

For those who cannot make it to the sessions, Ketelsen advises students visit on Handshake to find out which employees will be there and look at examples of resumes.

The first step in preparing for the event is to do research and to narrow it down to which employers a student would like to meet with.

"The question you never want to ask the employer is 'what does your company do?" Ketelsen said.

The elevator pitch, another key tool to have, is what students should first say when they walk up to an employer. According to Forbes, "It's the 30-second speech that summarizes who you are, what you do and why you'd be a perfect candidate."

For someone who has never

been to the fair before, Ketelsen said it can be very overwhelming walking into the Rec Well that is filled to the brim with employers.

"If [students] go to Handshake, they can see who's coming and target market employers and figure out who they want to talk to," Ketelsen said.

As for dress code, students should keep their outfits professional, conservative and minimal.

"Stay away from too much makeup, heels that are too high and white gym socks," Ketelsen said.

In terms of following up, Ring Celebak recommends sending a 'thank you' note as one way to reach out to employers and companies a student may be interested in pursuing.

Ring Celebak instructed to make sure to listen intently to the instructions an employer may give for after the fair.

"Reach out on LinkedIn and connect with that individual or recruiter that you talked to at the Career Fair," she said. "Send them a quick thank you, let them know that you were grateful for the time that you spent and that you're still very interested in the opportunity."

Ring Celebak also advised students to remind employers of who they are and what their background is.

"Once you have an interview scheduled, make an appointment with Career Services immediately or schedule a mock interview with us," she said. "We don't want our students to go in unprepared."

For more information, visit Oakland.edu/careerservices.



Elyse Gregory / The Oakland Post

The Fall Career Fair is a special event for OU students to meet companies.

Oakland University aids veterans in their next mission to acclimate

Mary Siring Staff Reporter

ichigan Veterans Affairs Agency has awarded Oakland University with the highest possible ranking for veteran friendliness for the second consecutive year.

Based on multiple factors, the 70 schools on this year's list were grouped into bronze, silver and gold levels of recognition. OU was one of 41 schools to earn a gold level designation and one of 28 schools that fulfilled all seven criteria points.

These seven points include: an established process for identification of current student veterans; a veteran-specific website; an active student-operated veterans club or association; veteran-specific career services, resources, advising and/or outcome monitoring; on-campus veteran's coordinator and/or designated staff point of contact; a system to evaluate and award credit based on prior military training and experience; and the monitoring and evaluation of student veteran academic reten-

tion, transfer and graduation rates.

"The one criteria that we were missing the first year was this office and myself, having a full-time dedicated veteran transition coordinator," said Eric Wuestenberg, the coordinator of Veteran Support Services at Oakland. "It signifies our commitment to serving those who have served us and helping them in that transition."

All of these components not only provide services and resources to Oakland veterans currently, but will hopefully attract and aid veterans in the future.

"I definitely look for military-friendly schools," said Ashlee Hauxwell, a member of the Air Force and currently stationed in South Korea. "Either schools that offer military discounts of tuition, schools that allow for more flexible schedules or even schools that are just understanding of military needs."

Veteran Support Services offers knowledge and resources that helps veterans not only apply for benefits, but aids them in fully utilizing them. Wuestenberg recalls his own struggle with the transition to a

university education as a single father using his GI bill, but never knowing or being advised to file for the FAFSA.

"There's a lot of things that are scary to us because it is the unknown," Wuestenberg said. "Helping the veteran not only apply for the benefit but (know) how to utilize it and how to take full advantage of the opportunity is critical and that's the reason why you have folks like myself on campus to help them learn from my mistakes."

That fear of the unknown is common thread among veterans attending college after their service.

"I'm definitely worried about reintegrating into that kind of life," Hauxwell said. "Living overseas, having different kinds of jobs and really most things about military life makes us feel different from civilians."

Veteran Support Services provides a number of services to veterans besides financial aid advice and general advising, including a free print service for veterans and a book loan program. Books are either donated after their use or bought by the office, lightening the financial load on veter-



Nicole Morsfield / The Oakland Post

Oakland has been awarded with the highest ranking for veteran friendliness for the second year by the Michigan Veterans Affairs Agency.

ans during their time at Oakland.

Wuestenberg and the Veteran Support Services office is far from finished with their impact and is looking positively towards the future, hoping to upgrade to a bigger space and provide study areas that are veteran friendly and a lounge for their visitors.

"It signifies our continued support and 'over the top' customer service," Wuestenberg said. "That OU is invested in us and ensuring that we are there for them in completing that next mission."

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POLICE FILES

Not a gun, but a BB gun

While two Oakland University Polic Dept. officers were on foot patrol at the annual Midnight Block Party on Sept. 16, they were advised by a student working the event that someone heard what sounded like a gun being cocked in the first floor apartment. They spoke to the witness who stated she had been walking by when she saw someone cocking what appeared to be a shot gun and brought them to the apartment in question. Officers asked the residents if any guns were in the house and both said no. They asked if they had anything that looked like a gun, and the pair produced a BB rifle. They were advised that possessing a BB gun in any building was a violation of University Housing policy and the gun was taken for safe keeping. The owner was advised that he would need to make arrangements to take the BB gun off campus.

Oh, what could have been

Two officers were dispatched to follow-up a Minor In Possession complaint at 11:42 p.m. on Sept. 17. When they arrived at the scene, they immediately contacted the individual in question. The officers asked if she had been drinking, and she denied. The officers noted that she did not have red or watery eyes and did not smell of intoxicants. When they asked if she had any alcohol in the room, she hesitated before she pointed to a silver mini refrigerator containing six bottles of Red's Apple Ale, a fifth of Malibu Rum and a pint of Fireball Whiskey. She was advised that she would be receiving a MIP citation and officers then had her dump the bottles of alcohol down the drain, disposing of the empty bottles after.

A Shinola watch

At 10:35 a.m. on Sunday, Sept. 18, a student came to OUPD to make a larceny report. She had attended a function between 7 p.m. and 10 p.m. She and the other attendees had left their personal belongings in the next room over, which was unlocked and unattended for most of the event. She stated that the building was usually empty on Sundays and that attendees of the function are the only occupants. She reported that her Shinola wristwatch had been stolen from her bag, but no other items had been taken.

Compiled by Mary Siring, Staff Reporter

Life



Oakland Post Archives

President Pescovitz wishes for the event to be an opportunity for students to share concerns.

Have a chat and "Ask Ora" at student forum

Taking place in the Oakland Center, students are welcome to join the flow of conversation

Shelby Tankersley *Editor-in-Chief*

Students will get the chance to speak with Oakland University's new President, Ora Hirsch Pescovitz, on Monday, Oct. 2 from 12-1 p.m. in the Gold Rooms of the Oakland Center. The event, called "Ask Ora," is planned to be the first of several open forums with the president.

When applying for her position, Pescovitz said that she wanted to pursue a more open relationship with the campus community. "Ask Ora" seeks to accomplish just that. Students, faculty and staff are invited to come with their questions and curiosities.

"I want to get to know students and have students get to know me," she said. "I am interested in understanding what issues are of importance to you."

Pescovitz says her goal for the event is for it to flow like a large conversation. She and Chief Diversity Officer Glenn McIntosh, will be seated at the front of the room facing the crowd of students. Representatives from the Residence Halls Association and Oakland University Student Congress will get the conversation started. After that, any student who wants to ask a question can grab a microphone and do so.

"I hope the event will attract a room full of students who share my enthusiasm about the arrival of our new president," McIntosh said. "She is a very charismatic leader with many life experiences that make her an excellent role model for students to learn ways to be successful throughout their life journey. The casual setting should eliminate barriers oftentimes felt between campus administrators and students."

Both Pescovitz and McIntosh said that they want students to come bearing honest questions regarding academics, life and career goals. They also want to use the forum as a vehicle for learning about student concerns and where students would like to see Oakland head in the future.

But, Pescovitz does not want the forum to be all business.

"["Ask Ora" should be] informal, conversational and fun," she said. "I hope that everyone will feel comfortable and that the dialogue will be open, honest and respectful."

For students who cannot make the event on Oct. 2, another forum is in the works for the winter semester. McIntosh said that students should always feel free to stop and talk to him when they see him around campus, and Pescovitz would like to see as many students as possible at future forums.

"I do understand that class, family, work or other obligations take priority," she said. "If you cannot make it today; I hope you might be able to come to a future event."

Org spotlight: ABS

President Woods-McSwain encourages students to join and network

Ariel Themm

Staff Intern

The Association of Black Students is a student organization on Oakland University's campus which supports and guides minority students. Led by Danicea Woods-McSwain, this multicultural group hosts events such as health fairs and mentoring programs.

"

"I myself have made so many friends and network connections through ABS so I believe that same impact is possible for every student that comes to an event or gets involved with ABS."

Danicea Woods-McSwain President of ABS

They have coordinated activities such as the CMI/ABS Welcome Back BBQ, where students were able to mingle while having fun. They also provide group and individual tutoring for students. The group meets every Wednesday at 6 p.m. in the Heritage Room at the OC.

The goal of ABS is to encourage black students to create a unified front through social and academic activities. This will also help improve graduation rates among minority students. The organization was founded in the 1960s.

Danicea Woods-McSwain discussed her inspiration for becoming president of ABS.

"Coming from a predominantly white high school, where our black student union went through great turmoil to even become existent," she said. "I knew that it was important for me to be a part of ABS so that not only the organization can prosper, but myself as well."

Danicea has been with ABS since her freshman year and can see the impact the group has on the campus and its students.

"I believe ABS' main impact will be through fostering relationships and making connections on campus that otherwise would not have been there," Woods-McSwain said. "I myself have made so many friends and network connections through ABS so I believe that same impact is possible for every student that comes to an event or gets involved with ABS."

Omar Brown-El is the Center of Multicultural Initiatives advisor for ABS, he is also the Director for CMI. His role is to assist with academic situations as well as things like marketing for ABS.

ABS is meant for supporting succes, not just in the club, but for all its members' lives.

"I promote strong academic outcome to support the culture, to serve as a leader for inclusiveness and expression of diversity here at OU," Brown-El states. "This organization has a voice and provides direct counsel to OU for the population of needs and represents the acknowledgment that they are dedicated to students diversity."

ABS wants students of all cultural backgrounds to know they are supported and welcomed to the group. ABS is always open to new experiences and backgrounds to expand and improve their group.

If you want to know more about the group follow their Instagram at <code>@abs_ocu</code> or email them at abs.oaklandedu@gmail.com

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8 September 27, 2017 // The Oakland Post

Story by Shelby Tankersley // Editor-in-Chief

Hay in the life of... The of the life of the student in the life of the st



Nicole Morsfield / The Oakland Pos

Kala Seawright is one of 11 medical students at OUWB that earned a bachelor's degree at OU. She enjoys how close she gets with other OUWB students



Talking onto the second floor of O'Dowd Hall, it's not hard to tell that something

The students look older, and many of them are dressed like professors. These students often travel in packs, and disappear into rooms that ID cards will unlock for them. These students spend four years of their lives learning all about the human body and what makes it tick. Most most of their days are spent studying. It's all worth it because, someday, they'll know how to save a life.

The coolest part? It all happens right here on campus.

The Oakland University William Beaumont School of Medicine started in 2008 after approval from both Oakland's Board of Trustees and Beaumont Hospital's Board of Direc-

Since then, the goal of the school is to promote top-notch patient care and to guide its students through a "liberal arts medical education." In other words, the school strives to turn students into doctors in a more holistic way; as opposed to just throwing facts at the students all day. As early as their second year, the students start working in hospitals through a clinical program.

Some of them want to be surgeons, and some of them want to go into family medicine; But, they all go through the same rigorous process that comes with learning how to hold a life in your hands.

"Med school is a lifestyle change," said Kala Seawright, a first year student at the OUWB. "We've all worked hard, but this is like committing your entire life to studying for a while."

Seawright is part of OUWB's largest class so far. This class has 11 students who got their undergraduate degrees from Oakland-the most the school has ever had. She says she feels like she has a bit of an edge because Oakland has been her home for the last four years.

"It's not all new for me," Seawright said. "I can continue to strengthen the relationships I have been building here. I also love getting to know the people that I have just been seeing in passing for all these years."

Although she has old friends, she says that her classmates have become like a new family.

"We all go out together and have fun on the weekends (obviously not too much fun because we still have to study)." she joked. "It is a lot of studying, but [our professors] also tell us to go out and enjoy life."

Seawright said she enjoys all of the togetherness.

'We all follow the same schedule for our specific years," she said. "We interact with older students when it comes to tutoring, events and things of that nature, but the class of 2021 is together all the time. We are all best friends. I can already pick out people after just six weeks that I know are going to be lifelong friends."

Her classmates have specialties on a wide range of topics. Seawright has her eye on surgery, though she isn't sure what specialty yet. She says that her class ranges from aspiring surgeons to students who want to work in pathology.

That decision largely takes place when they get out of the classroom and get immersed in residency.

Third year students decide where they would like to work and then spend a part the third and fourth year applying to and interviewing at different places of medicine around the country.

All of the hard work accumulates to the third Friday in March, known to med students all around the country as "Match Day." Students find out where they've been placed for residency. It is, for many students, the moment they spend their time in higher education working toward.
"There are a lot of tears of joy on

that day," said Michele Jasukaitis, the manager of communications and marketing for OUWB.

Jasukaitis said that OUWB boasts a good match rate with most if not all of its students finding an institution to work for.

During the school's life span, 202 alumni have matched to institutions and are spread across 35 states. Seawright doesn't have the slightest idea where she'd like to match right now, but she's looking forward to figuring it out.

The **Campus Master Plan** calls for **three** new parking structures to be built. This is a 20 year project, thus **no specific dates** are given as to when these structures would be built; however, one of these would be where **P-1** currently is today.

PARKING

Taylor Stinson / The Oakland Post



THE DO'S AND DON'TS OF PARKING

- Take the "Rolling Thunder" Bear Bus line from P-35 and P-37 to the Engineering Center
- Give yourself 30 minutes to walk from your parking space
- Don't park at the end of a row. It blocks the way for other students and emergency vehicles

Design by AuJenee Hirsch / The Oakland Post





Photos by Taylor Stinson / The Oakland Post

LEFT P-39 is one of the newly expanded parking lots located near the Math and Science Center. The lot has a total of 210 additional parking spots. **ABOVE** According to reports from OUPD, students do not use all of the parking available on campus. Parking lots P-12 and P-39 do not get used to full capacity like the other parking lots.

700 additional spots added to campus

Commuters and residents have problems finding parking

Cheyanne Kramer Managing Editor

tudents might complain about parking at Oakland University; however, between all of the parking lots on campus, the Oakland University Police Department has found that, even during peak times of the day, there are 400-500 spots available at any give time.

"The parking is on the south end," said OUPD Chief Mark Gordon. "This entire semester, there has been available parking, even at the busiest, busiest times."

Gordon explained that this year, Oakland added over 700 parking spots across campus to help alleviate the parking problem many students face. He said that these spots were not totally convenient, but they are still accessible.

Some of the parking is in lots that formerly were gravel lots on the southern end of campus, which are now paved and have more spots available.

The parking is underutilized on the south side of campus. Natalie Kreps, a Bear Bus driver for Oakland University, said in her time at Oakland, she's never seen P37 or P35 full.

This year, the former "Pink Route" is known as "Rolling Thunder," and transports students from P37 and P35 to the Engineering Center.

Kreps said that she not only drives residents from their classes to the residence halls, but drives commuters from their classes to different parking lots around campus.

"Some use the bus to get closer to their car, to the Human Health Building and Varner, for example," she said.

And, despite the recent Facebook posts from OUPD sharing parking notes, Gordon said that the parking tickets issued this semester have been significantly less than OUPD has had to issue in the past.

"The number of parking tickets we've issued this semester compared to last year has plummeted," he said.

He said that the north end of campus, where Oak View Hall, Vandenberg Hall, and the Oakland Center are located are more competitive than others.

This can lead to students circulating the parking lots trying to find that one perfect spot.

However, Gordon said that if a student gives themselves at least 30 minutes to park and walk to class, they can find ample parking at any point in the day.

Gordon also said that parking on the end of a row isn't just an inconvenience for students driving through the aisles. If there was an emergency, the space there is designed specifically to accommodate an emergency vehicle. If there are students making their own parking spots on the end of a row, then it could mean an ambulance wouldn't be able to make it through.

He also said that students have found some other creative ways to park illegally. One winter, Gordon found a Jeep parked near vertical on the side of a snow mound.

"I hoped it didn't tip backwards," he said. "It had a huge incline to it. I'm thinking man, I hope that thing doesn't tip over."

Other examples included students parking on sidewalks and in the grass.

Another student left a note once saying it was their birthday, and to not give them a ticket. They got one anyway.

Parking Lot	New Spots
P1	54
P11	48
P12	20
P31	126
P37	221
P38	47
P39	210
Total added:	726

www.oaklandpostonline.com The Oakland Post // September 27, 2017 11

The tenth annual Brooksie Way



Oakland County's annual festival of races is known for attracting runners both young and old

Sports Editor

nunday, Sept. 24 was the tenth annual Brooksie Way. For the past 10 years, the race has been taking place starting on Oakland University's campus, going through parts of Oakland County and then finishing back on Oakland's campus. Each year the Brooksie offers a 5K, 10K, Half-marathon and a fun run for children.

Ten years ago L. Brooks Patterson, an Oakland County executive, had the idea of starting a race. His son Brooksie supported the idea, and then was killed three days later. So, someone on the committee for the race decided to name

the race after Paterson's son. The actual name "The Brooksie Way" came from a eulogy given at Brooksie's funeral by his brother-in-law.

With 2017 being the 10th year of the race, the organizers made it a point to honor those who have participated in the race for the full 10 years and gave them recognition.

I decided to see what all the hype was about, so back in June I signed up to run the 5K. Like everyone else who runs in races, I started training daily (OK not daily, but I started training). I was running two to four miles at least three times a week thinking that it would be easy.

I was wrong.

The morning of the race, I walked a mile from Oak View Hall with my two friends Kristy Keeley and Kelsey Fischer. On the walk down, we were hyping each other up and talking out our pre-race jit-

When we finally got to the starting line, it was an entirely different world. There were runners everywhere. Some in casual running clothes others were dressed as superheros and some were sporting tutus.

During the race, I started out strong for the first half-mile. At that point, with the heat and my poor training, I began to die. Right before the two marker I quite literally ran into my friend Megan Fisher. From there on, we ran the race together.

Toward the end of the race, when the 3 mile marker came into view, the adrenaline kicked in. As I saw the finish line appear in the horizon, I began to sprint. When crossing the finish line the announcer said my name it hit me: My months of training were over.

Crossing the finish line opened up a whole other world. Right as you cross, you are given a medal and water. From there you could have gone to get your photo taken, get some merchandise, eat some food or head to the beer tent, (Of course I went straight to the beer tent. I'm 21, I promise).

Inside the beer tent, there was a live band and runners just relaxing and celebrating their accomplishments. The heat did not keep anybody from accomplishing their goals. Overall, I accomplished what I set out to do by simply finishing the race but I did even better than I thought by finishing with an overall time of 35:49, and I finished 18 out of 49 with women in the age range of 20-24.

After finishing this race, I want to do more 5K's in the future, and eventually work my way up to a half-marathon.

SOPE takes students to Belle Isle State Park

Simon Albaugh

Social Media Editor

Between the luscious ferns and the towering palm trees of the Anna Scripps Whitcomb Conservatory, Oakland University students took their last warm day of summer-or first scorching day of fall-to enjoy what Detroit has to

Sustaining Our Planet Earth (SOPE) organized a trip to Belle Isle last weekend for Oakland students. They enjoyed the two main attractions of the small island park: the conservatory and the aquarium, before going to one of the innumerable new restaurants in Detroit's resurging downtown, Shake Shack.

SOPE is an organization that operates under University Housing that provides concern for the environment to the eight current housing buildings through events and sustainability services directed toward a more ecologically aware world-

SOPE member James Cook helped organize the trip with the goal of helping people be aware of the environment immediately surrounding Oakland.

"We're trying to create an experience around what we have in our own back yard," he said. "And to give people a taste of Detroit."

Cook, a native Detroiter, was specifically referring to the former longest-running aquarium in North America before it took a hiatus starting in 2005, and the oldest continually running conservatory in the United States.

Construction for both facilities began in 1902 from designs by famed "Architect of Detroit" Albert Khan, who also created many of the most celebrated buildings in Detroit.

The aquarium houses a variety of tanks, most of which fall under its theme of Great Lakes aquatic life. While the conservatory houses everything from the arid cactus species to plants of the most tropical environments from Southeast Asia to South America.

Detroit's bustling downtown has become, in recent years, one of the most common locales for South East Michigan residents. Restaurants across the city's in countless historic neighborhoods have become an increasingly popular commodity for everyone that comes to visit.

"It was a fun way to go outside and enjoy the weather," said OU student Kaysha Mitchell, an attendant of the trip.

Even though the conservatory interior was much hotter than the nearly 90-degree weather, with it being a literal green house, it was still a beautiful sight to behold.



SOPE organized a trip to Belle Isle State Park to view the conservatory and the aquarium.

Ending the stigma around mental health

Katerina Mihailidis Staff Reporter

his past weekend, the Ethel and James Flinn Foundation and the Michigan Department of Health and Human Services broadcast a documentary titled "Opening Minds, Ending Stigma: Campus Challenges." The film addressed the stigma surrounding mental health issues and illnesses and how to end it.

The documentary featured Oakland University's student organizations Actively Moving Forward and Active Minds. Both groups played a significant role in offering a safe-haven to students experiencing mental illnesses: a place to turn to when they're going through their mental health struggles.

Students from both OU and Wayne State University shared their personal stories and experiences regarding their mental health issues.

They discussed the prevalence of mental health issues that today's youth faces, issues that intensify and heighten as the young individuals transition from high school to college.

According to Alex Currington, president of Actively Moving Forward at OU, young adults statistically first realize that they have mental health issues once they get on college campuses.

"There's a need for more critical conversation on mental health to be had on college campuses," Currington said. "Sometimes we underestimate just how common it is for mental health concerns to rise up during the stress of college life."

Several people that have lost children from suicide caused by mental health issues spoke in the documentary and stressed the severity of finding help for the young adults struggling with mental disorders.

In the documentary it was also stated that "the Blue Cross Blue Shield of Michigan Foundation, The Ethel and James Flinn Foundation, the Michigan Health Endowment Fund and the Community Foundation for Southeast Michigan are all partnering to support a cohort of 13 Michigan universi-

ties and colleges to participate in the Jed campus program to improve student mental health and suicide prevention efforts."

Elissa Keller, who studies psychology at OU said that "mental illness is something that affects your ability to live, laugh and love."

She was inspired to participate in the documentary by her story and by the story of her friends that didn't receive the right help in the past, she said. Going through multiple disorders and issues herself, Keller shared her story so other people can know that they're not alone.

Keller is looking to join OU's organization Active Minds so she can be there for students that need help.

"There are resources at their local campuses, in their community or even nationally for them to reach out to," Currington said.

"[Mental illness] is something that can't be seen outwardly," said Tia Mullins, treasurer and social media manager of Actively Moving Forward at OU, who also participated



Photo courtesy of WXYZ/The Oakland Pos

Elissa Keller, featured above in a screenshot from the documentary, is an OU student who is interested in joining the Active Minds organization.

in the documentary and discussed her experiences and encounters with friends and family who have had suicidal thoughts.

Mullins became a member of AMF because she believed in everything they stood for.

"If I can help save someone then I'm doing my part," Mullins said.

The documentary was broadcast on Saturday, Sept. 23 at 7:30 p.m. on WOOD-TV in Grand Rapids and Sunday Sept. 24 at 11:30 a.m. on WXYZ-TV in Detroit.

The documentary can be accessed without charge use at www.endingstigma.org.

See the International Space Station in Rochester Hills



Photo courtestyof NASA

Laurel Kraus
Life Editor

At the beginning of this month, NASA astronaut Peggy Whitson secured her place as the U.S. astronaut who has spent the most cumulative time in space, clocking in at 665 days over three long-duration missions on the International Space Station (ISS).

Currently the only working space station, the ISS has been manned continually since its creation in 2000 and is a joint collaboration between Canada, Japan, the Russian Federation, the United States and the European Space Agency.

"When they're up there you have all these different countries and races and genders, and they're all working together just for science," said Cameron Hanson, an Oakland University health sciences alum with career goals of working with NASA in a medical capacity. "It really is beyond all political strife or conflict, and the only goal is to gain knowledge."

NASA reports that the ISS, around 220 miles above the earth, circles the earth every 90 minutes, which means the six crew members get to experience 16 sunrises and sunsets each day. This places the ISS at traveling five miles every second or 17,500 miles an hour.

According to Hanson, this is the speed the ISS must go in order to prevent it from falling back to earth. Its ability to reach such a speed is routed in the lack of air restriction in space, which enables the ISS to maintain its mileage for potentially forever.

It is also important to note that, despite the common belief, Kapila Castoldi, adjunct associate professor of physics at OU stated gravity does indeed exist in space at about 90 percent capacity. It is actually

the lack of air restriction that allows the crew to avoid experiencing the actual speed they are traveling.

"Imagine riding an elevator and somebody cuts that cord, then you're in freefall and you and the elevator at that point are one," Castoldi said. "You and the object are falling at the same speed so that's what creates this seemingly weightless effect."

The six crew members who are on board at any given time make up either one or two expeditions that each have individual research plans and goals.

Expedition 53, which just launched weeks ago, is focused on particle ray research as well as investigating "targeted therapies to improve muscle atrophy and explore the abilities of a new drug to accelerate hone repair"

Three of the NASA astronauts are also planning three spacewalks next month to update equipment on the outside of the station.

The ISS is the brightest object in the night sky apart from the moon, so catching a glimpse of it as it passes over is always possible if one knows where to look

NASA offers a "Spot the Station" option where users can even sign up to get alerts when the station will be visible in their area.

In Rochester Hills, the best chance of seeing the ISS in the next week will be on Thursday, September 28 at 8:29 p.m. when it will appear from the west for four minutes.

Trump and Un: A tale of two dictators

President Trump and Kim Jong Un's rivalry is a story that you can cry to, or even better, laugh!



John Bozick Web Editor

President Donald Trump and Kim Jong-Un, two of the most infamous men in the world, have intensified their "shade" throwing in the past week. The situation started

as Trump, standing before the entire United Nations General Assembly, gave his most face-palm inducing speech to date.

During his speech, our oaf of a president vowed to "completely destroy" North Korea, a country of over 25 million people who we actually have more in common with than you think if you look at who both of our leaders are.

Trump also referred to Kim Jong-Un as "rocket man," a huge insult to Elton John, and said he is on a suicide mission for his country.

The president's speech drew shocked responses from those in the crowd, even Chief of Staff John Kelly was seen with his hands on his face in frustration and misery; an image mirroring the existential crisis he is most likely experiencing while consulting our infantile president.

Trump's rhetoric regarding the North Korean leader has also severely escalated the entire situation on the Korean peninsula, drawing harsh replies from the North vowing retaliation. During his speech in front of the UN, foreign minister of the North, Ri Yong-Ho, called Trump's words "insults", saying that they were an "irrefutable mistake making it inevitable" that North Korean rockets would hit the U.S. mainland.

Kim Jong-Un, in words that sound like they should be coming from the U.S. government, called Trump a "frightened dog" and a "gangster fond of playing with fire."

However, the most fabulous response by far, was when Un called Trump a Dotard, essentially a senile old person who has become weak, a somewhat fitting word for Trump if we're being completely honest.

These words were followed by claims that the North was planning to test a hydrogen bomb in the Pacific, despite the fact that there has not been an open air nuclear test since 1996 due to the risk of radioactive fallout.

As Trump continued calling Un "rocket man" and threatening annihilation, the North continued its "we will

destroy you" rhetoric, saying that it will not hesitate to shoot down U.S. bombers if they were to enter their airspace.

The North's foreign minister also called Trump "a mentally deranged person full of megalomania and complacency" who was trying to turn the UN into a "gangster's nest."

While hyper-aggressive talk from North Korea has been the norm for decades, Trump's rhetoric is scary because, for the first time, we're seeing "Trumpism" on a global scale, this "America First" rhetoric that severely damages our reputation overseas. A reactionary way of thinking that promotes nationalism and does not bode well with many of our traditional allies.

As the crisis in North Korea escalates Trump, instead of reassuring the safety of his citizens, has shifted his new focus of attack towards peaceful protests, those who do not stand for the national anthem and Colin Kaepernick, who garnered a harsher response than the Nazis of Charlottesville while at a rally in Alabama over the weekend.

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Shelby Tankersley at

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Jake Gyllenhaal gives "strong" performance in new drama film

Based on a true story, Jeff Bauman represents inspiration for people of Boston, Massachusetts

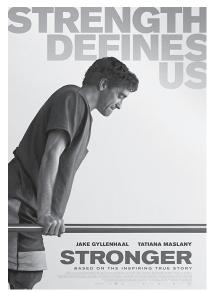


Photo courtesy of IMDb Against all odds, lead character achieves his goal when facing physical disabilities.

Trevor Tyle Staff Reporter

't is easy to forget a tragedy when it doesn't happen to you. The world Lis plagued by catastrophic events everyday. But, unless they're directly affected by it, chances are that people will comment about how sad it is and simply move on without giving it much more thought. It's rare to find a tragedy that is worth remembering in people's minds, but with David Gordon Green's new film, "Stronger," he does just that.

"Stronger" tells the true story of Jeff Bauman, one of the survivors of the Boston Marathon bombing in 2013. After losing both legs in the incident, Bauman went on to recover and publish a memoir detailing his experience, which serves as the basis for the film.

The film stars Jake Gyllenhaal as Bauman in what could very well become a career-defining role for the 36-year-old actor. His portrayal is raw and moving, giving audiences a glimpse into the struggles that Bauman endured in his recovery process. While Gyllenhaal's versatility as an actor is not exactly a new concept, this film is unlike anything he has ever done before. It us powerful, convincing and best of all, realistic.

Unlike several other inspirational dramas released in recent years, "Stronger" does not try to make Bauman a hero for the wrong reasons.

While the film addresses his heroism as a survivor of a national hardship able to overcome his challenges, it never paints him to be a perfect person prior to, or after, the bombing. Bauman's lack of self-control, inability to stand up to his overbearing family and occasional laziness emphasize the humanity within his character and ultimately make his story that much more resonant.

Even when given the opportunity, "Stronger" refuses to make Bauman's situation a charity case, as does he. At one point in the film, he even refuses an interview with Oprah Winfrey for this exact reason. The film does not try to glamorize Bauman's circumstances, but instead opts to focus on exactly what its title implies-Bauman's strength.

Additionally, Gyllenhaal's on-screen chemistry with Tatiana Maslany, who plays Bauman's on-again off-again girlfriend Erin Hurley, is remarkable. Both actors offer captivating solitary performances, but the real magic is found in their scenes together, especially during a particularly poignant argument they have towards the film's climax.

The film further details the imperfections of Bauman's situation in Miranda Richardson's portrayal of his drunken, enabling mother. Her character will evoke both sympathy and irritation from audience members, demonstrating the complexity of Bauman's personal relationships, which make his condition even more difficult to cope with.

Overall, "Stronger" is a phenomenally well-crafted film. The acting is superb, the script is beautifully written and the story itself is both heartwarming and emotionally resonant. Its hero finds his own strength in his imperfections and uses the platform he has been given to inspire others as well, a task in which he beyond succeeds in. Despite occasionally graphic imagery, obscene language and heavy themes, Bauman's story is one worth telling. "Stronger" will make audiences unapologetically cry and laugh, but even more importantly, it will make them

If you go see one film this year, this should be it.

Rating: 5/5 stars

Upcoming Fall concerts

Katarina Kovac

Staff Intern

ucky for us, the Detroit area has a lot Lof quality venues to watch live music. From the large Little Caesars Arena to the intimate Masonic Temple and everything in-between, students have an opportunity to see a wide variety of musical acts and genres from alternative favorites to timeless acts and Billboard chart toppers. Keep reading to find the ultimate fall concert roundup!

September

This month we have fan-favorite Ed Sheeran (pop), along with rock favorite Glass Animals, Bob Seger and the Manchester Orchestra. Hip Hop enthusiasts will want to catch ASAP Mob's concert as well to hear from A\$AP Rocky, A\$AP Ferg, ASAP Yams, ASAP Nast and more on their Too Cozy tour.

9/27 Manchester Orchestra @ The Fillmore Detroit

9/27 Ed Sheeran @ Little Caesars Arena 9/28 Sammy Hagar @ DTE Energy Music Theatre

9/29 Glass Animals @ Royal Oak Music Theatre

9/29 ASAP Mob @ Masonic Temple October

The month of October is full of headliners such as popstar Kesha, hip hop extraordinaires Jon Bellion, Tyga and Tee Grizzley and indie favorite Imagine Dragons. Punk rock listeners will want to catch the Plain White T's or Fall Out Boy, and those who appreciate the classics will want to catch Janet Jackson or Paul McCartney. Michigan's Detroit Symphony Orchestra is going to be playing beautiful Beethoven pieces this month as well.

10/01 Tyga @ The Crofoot Ballroom 10/01-10/02 Paul McCartney @ Little Caesars Arena

10/14 Detroit Symphony Orchestra Beethoven @ Orchestra Hall Detroit 10/15 Kesha @ The Fillmore Detroit

10/19 Imagine Dragons @ Little Caesars

10/22 Plain White T'S @ MGM Grand Detroit

10/23 Jon Bellion @ The Fillmore Detroit

10/24 Fall Out Boy @ Little Caesars Arena

10/27 Detroit Symphony Orchestra Star Wars/Star Trek @ Orchestra Hall 10/29 Janet Jackson @ Little Caesars

Arena

10/30 Tee Grizzley @ The Fillmore Detroit

November

November has an AMAZING concert lineup. Those who are fans of The Weeknd's Starboy contemporary R&B album can see him live with special guest Gucci MANE on Nov. 1. Hip Hop icons such as Jay Z, Macklemore and Grizzly Bear are going to be coming to town to debut their current albums, and pop artists Lady Gaga, Tegan and Sara and Halsey are bound to have eclectic shows that keep you on feet for the whole night. Electronic music lovers can get tickets to either Krewella or Odesza for a night to remember.

11/01 The Weeknd @ Little Caesars Arena

11/02 Guns N Roses @ Little Caesars Arena

11/05 Macklemore @ The Fillmore Detroit

11/05 Tegan and Sara @ Masonic Temple Detroit

11/07 Lady Gaga @ Little Caesars Arena 11/10 Needtobreathe @ Royal Oak Music Theatre

11/11 Krewella @ Royal Oak Music

11/14 Odesza @ Masonic Temple

11/18 Jay Z @ Little Caesars Arena

11/21 Halsey @ Little Caesars Arena

11/24 Uncle Kracker @ Royal Oak Music

11/28 Grizzly Bear @ Royal Oak Music

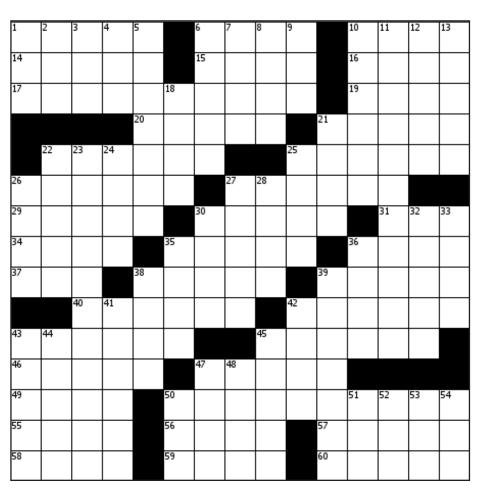
With the passing of The Palace of Auburn Hills' final show on Sept. 23, music fans can look forward to multiple concerts happening at our brand new Little Caesars Arena. Looks like music fans have much to anticipate in the coming

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Puzzles



Across

- 1. Andes ruminant
- 6. "___ Me Nearer"
- 10. Churchill's "__ Country"
- 14. Did routine maintenance
- 15. Justice cover-up?
- 16. It may climb the walls
- 17. Like a fat cat
- 19. "Bus Stop" playwright
- 20. Neatened the lawn, in
- a way
- 21. Blew a gasket
- 22. Refrains from harming
- 25. Metric capacity units
- 26. Angel's abode
- 27. "Stand By Me" director
- 29. Waits at the light
- 30. Calabash
- 31. Women's
- 34. Some black sheep
- 35. Plants considered as a group
- 36. SNL's Carvey
- 37. Naval Academy grad.
- 38. System of principles
- 39. Creator
- 40. Gussies up
- 42. Passenger ships
- 43. Walked purposefully

- 45. Least foolish
- 46. Reprimand mildly
- 47. Fine-feathered specimen
- 49. 1968 Nobel Peace Prize winner Cassin
- 50. Rodgers and Hart
- musical
- 55. Where to see Puppis and Carina
- 56. Baltimore's McHenry, for one
- 57. Au courant
- 58. Dinner at boot camp
- 59. Drifting ice
- 60. Oscar winner Sophia

Down

- 1. Word with down or key
- 2. Bald-faced bit
- 3. Nothing alternative
- 4. Gibson of Hollywood
- 5. Cleaves
- 6. Bottom-of-the-barrel stuff
- 7. Thespian's gig
- 8. Reading position, often
- 9. Tie the knot
- 10. Emulate Wiley Post
- 11. Region of New York
- 12. Get one's dander up
- 13. Wind instruments
- 18. First family's address?

- 21. Coat you throw away without regret
- 22. Coupe alternative
- 23. California resort city
- 24. Roman greetings
- 25. One-time Venetian coin
- 26. Engage one's services
- 27. Crucifixes
- 28. Mark alternative
- 30. "Glengarry ____ Ross"
- 32. Not active
- 33. Denies access to
- 35. Able to act at will
- 36. Great dog
- 38. Yield, as property 39. Dry, cold northerly wind
- 41. Cowboy competitions
- 42. In ____ of (replacing)
- 43. "Shoo!" 44. When repeated, a
- comforting word
- 45. Corresponded
- 47. Organic compound
- 48. Greek diner order
- 50. Inaccurate
- 51. Quarter of eight
- 52. Regatta implement
- 53. Old syllable meaning
- "before"
- 54. Fractional monetary unit
- of Japan

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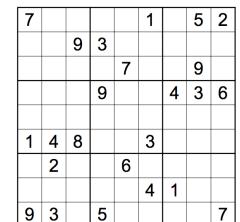
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Sports

Oakland Integrated Dance and cheer team: Where are they now?

Learn about the team who brings school spirit to Oakland

Katie LaDuke Staff Reporter

bout five months have passed since the combination of the cheer and dance teams. Within those five months, two new head coaches were named, tryouts were held, new routines were learned and a new name was appointed to the alternative team.

Head coaches Chelsea Estes and Kayla Peiffer held the first set of tryouts at the end of May and just finished the second set of tryouts on Sept. 11 and 13. As of right now, there is a total of 35 members on the squad.

On June 21, Grizzly Motion was announced as the new name of the squad. The team worked collectively to brainstorm ideas, and both sides came together to vote on the final name.

"I think [picking a name] was the start of really bringing us together as a team," Estes said.

When the team was first announced, there was a lot of confusion for the athletes as well as in the community. Oakland University Athletics has set out to make sure everyone is aware that neither sport is cut nor are the athletes being cross-trained in cheer and dance. Rou-

tines are being choreographed to showcase individual talents as well as having the athletes work together.

"Right now the dancers are working on a hip-hop routine," Estes said. "We're always thinking of ways to incorporate the cheerleaders. We're also working on the fight song. Our fight song is really cool having the cheer and the dance combined."

As Grizzly Motion grows, the main focus is learning. Cheerleaders are learning from dancers just as dancers are learning from cheerleaders. Both sides are choreographing routines and chants, and learning to verbally perform the chants to be a more cohesive unit. Going back to the basics has also been a concern for the team as a whole.

"At first I think [challenges were] just getting the girls used to each other," Peiffer said. "After a few practices, it was easy for them to come together and understand what the division was."

However, coming together as one team is not always as easy as it seems, especially with a slight rivalry between cheer and dance in the past. Now that both sides have adjusted, girls feel that more schools should have a team like this.

"I expected there to be a lot of differ-

ences that our two teams would have to overcome just because cheerleading and dancing are two different styles," freshman dancer Josephine Cipriano said. "So far, there hasn't been anything too difficult for us not to handle."

At the end of last year, there was talk about starting a separate competition team since Grizzly Motion would not be eligible for national competitions. This year the team will not be forming a competition team. Instead, attention will be put on rebuilding, getting stronger and game day performance.

"This was the girl's' decision," Peiffer said. "They realized that this was a good opportunity for them to take a step back and understanding what the game day side is involved with."

Community involvement and engagement has also been stressed since the formation of the new squad. Over the last few months, Grizzly Motion took part in

the Special Olympics, Oakland University Night at Jimmy John's Field, OU Night at Comerica Park and various welcome week events.

There are plans in the works for the squad to take part in the breast cancer awareness walk and to collaborate with the basketball team.

As everyone gets settled into the new school year before the craziness of basketball season starts, many Golden Grizzlies are still unaware of what the new squad is. Grizzly Motion is excited to show off the hard work that has been put into the team and encourages the student body to go see what the new squad is all about.

"It's all been about challenge and change," Estes said. "It's been challenging and a change for us to rethink and rebuild this program. We both have great visions. We know it's going to be a process. It's been a journey, but a fun one."



Nicole Morsfield / The Oakland Post

The Cheer and Dance team performs at Oakland University games and other sporting venues.

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School spirit wins the game



Elyse Gregory / The Oakland Po

Oakland fans gather together to support both university and club teams.

Darcy Dulapa Staff Reporter

Picture yourself playing the sport you love, while sweating and playing your heart out on the field, court or track, only to look up and see the stands full of faithful fans cheering you on. How would that make you feel? Invincible, maybe?

"I always feel more motivated when I see my friends and family in the stands," club baseball pitcher and second baseman, Anthony Alu, said. "I think school spirit is huge."

Oakland University has a variety of sports teams ranging from university athletics to club and intramural teams. No matter the type of sport being played, each athlete agrees upon one important aspect of the game: the power of the fans.

Basketball guard Nick Daniels said that he thinks the importance of school spirit is its ability to make or break a place's atmosphere. He said the O'rena does not feel the same without the crowd rooting he and his team on.

"When I look up it's amazing to see our student section really supporting us," Daniels said. "[It] brings joy to the team and make us want to perform well for them."

First baseman and centerfielder, Kyre Rundell, finds school spirit extremely important, especially when a player is in a funk and having a rough game.

"I find having fans in the stands can also be beneficial for an individual player, especially when they are having a bad game," Rundell said. "Having fans there to show you support when you're having a rough game can help you pick your head up and start turning things around."

Track athlete, Bri Glanda says she does not believe any athlete would be able to perform well without the support of family, friends and peers cheering him or her on.

"Looking up and seeing our stands full just makes us want to perform to the best of our ability and make our school proud," Glanda said. "I'm very proud to represent Oakland University as an athlete, and I wouldn't want it any other way."

Basketball power forward

Jalen Hayes describes school spirit as the sixth man out on the court. He says the energy being given off from the stands has a much bigger impact on their performance than people think. He thinks it can build a team up or tear it down.

"If it wasn't for my peer's school spirit, I would still love the game, but it wouldn't be as fun without them," Hayes said. "So when I'm able to look into the Grizz Gang and actually see a gang of loud, rowdy classmates or just friends in general, it makes the game that much more fun."

The athletes are very fond of the support they have received from peers, faculty, staff, family and friends and believe their ability to perform well has quite a bit to do with the love surrounding them during game time

Oakland club sports highlight: baseball

Darcy Dulapa Staff Reporter

Club Baseball President Gabriel Masek hit a homerun by founding Oakland University's first ever club baseball program last October.

Masek spends a majority of his time studying actuarial science at Oakland, but last year, he started to feel like there was something missing. Playing since the first grade and all through high school, he quickly realized exactly what that void was:

"This club is important to me because Oakland University's baseball team is Division I NCAA," Masek said. "That means it's really hard for any student to walk on."

The process began last October, but the club baseball team did not officially join the National Club Baseball Association until this past summer.

"I really felt the need for a baseball club so I met with Gabby Sokol, the Oakland University Club Director, about starting a new club," Masek said.

From there, he began hanging up signs around campus to find a team.

Shortly after, people started responding and soon, he had his team.

The club baseball team scheduled games last spring but due to scheduling conflicts and bad weather, those games were cancelled. This postponed their first official season until this year.

Given Michigan's four season weather and long winters, the club team splits its season in two; playing half of the games in the fall and the other half in the spring.

Masek's right-hand-man is the team's Vice President Anthony Alu, who joined the team back in March when he saw the posters around campus

"A lot of my responsibilities have been taken off my shoulders with the addition of Anthony Alu as the club's vice president," Masek said.

Alu is a senior studying mechanical engineering and has been playing baseball since he was six years old.

"This club is important for Oakland because it gives people another chance to play the sport they grew up playing," Alu said. "About 3 percent of high school athletes play college ball, so this is another great opportunity to continue playing in a more

relaxed environment."

Senior pre-physical therapy major, Austin Macias plays third base for the club team and occasionally will catch.

Macias said the club has given him the opportunity to meet good friends, all while providing an opportunity to play baseball at a competitive level.

"Although it may not be at the collegiate level, it's still fun to get out there against other club teams from different colleges," Macias said. "I'd say that if anyone were even slightly interested in the club, they shouldn't hesitate to get in touch and ask about it. It truly is a fun club with a great team atmosphere."

First base and center-fielder Kyre Rundell is a senior at Oakland studying criminal justice with a specialization in homeland security. He views the club as a way to get involved around campus, and meet other students who share his love for baseball.

"I see club baseball catching on and becoming fairly popular," Rundell said. "I know a lot of students love baseball and the club gives them an avenue to play for their school without needing to tryout for the school's baseball team." The club receives its funds from member dues as well as team fundraisers.

They practice Mondays and Fridays at 5:30 on the upper fields. The home games are played Saturdays and Sundays at Jaycee Park on Walton Blvd., just a few miles west of campus.

If interested in joining the baseball club, students can contact Gabriel Masek at gmasek@oakland.edu, or Anthony Alu at aralu@oakland.edu.

Below is the club baseball's 2017-2018 schedule:

October 7 @ Wright State

October 14 and 15 @ Adrian

October 28 and 29 @ Eastern

March 17 home vs Toledo

March 24 home vs Washtenaw Community College

April 7 and 8 home vs Wright State

April 14 @ Washtenaw Community College

18 Septmeber 27, 2017 // The Oakland Post

Softball wins first games with new head coach



Sam Boggs / The Oakland Post

New head coach Lauren Cognigni focuses on making aggressive plays each game, and finding out where everyone works best this season.

Katie LaDuke Staff Reporter

raving the recent unusual heat of fall, Oakland University softball played its first games under new head coach Lauren Cognigni on Saturday, Sept. 23. The Golden Grizzlies split the doubleheader with the University of Michigan-Dearborn, falling in the first game 2-3, but coming on top 7-1 in the later game. Oakland will play a total of eight games in the upcoming weeks.

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"I want them to attack mentality whether we're on the mound, at the plate, on defense, every single time the ball is put into play."

Lauren Cognigni Head Coach of Softball

"The competition is good for the kids," Cognigni said. "We're working out some kinks and figuring out who meshes well where and with who."

The majority of the first game was a learning experience to see what was worked on in practice and a way to shake off nerves since it was the first collegiate game for some of the players. Of the team's 25 athletes, nine are

"We have been focusing on being aggressive, making mistakes and making mistakes aggressively," Cognigni

said. "In the first game, I'm not sure we did that as well as we could have. In the second game, we were aggressive, we made some mistakes, but then we also came out on top on some of our aggressiveness. That is part of the reason we were able to come out on top in [the second] game because we weren't afraid to make a mistake."

The biggest adjustment came from the offense in the second game with batters swinging the bat more aggressively. In game one, Cognigni felt that some at bats were passive and not as aggressive as they should be. In the second game, batters did not just hit for contact. Both power hitters and contact hitters got the ball out of the infield.

"I want them to be in an attack mentality whether we're on the mound, at the plate, on defense, every single time the ball is put into play," Cognigni said.

Another main focus of the day was pitching. Some marks were missed that allowed U of M-Dearborn to capitalize

"I think [the pitchers] have a little bit of work to do," senior pitcher Haley Zemmer said. "I think it's just nerves because a lot of [the pitchers] are really new. It was our first fall game, and we learned a lot and have a lot to work on. [Coach's] big thing is attacking the strike zone, so trying to adjust to each umpire."

Beside winning the Horizon League this spring, Cognigni wants to stress the importance of being competitive and putting in the highest amount of effort into every game, no matter the opponent. This means athletes may not

always play their usual position. Infielders might be used in the outfield, an outfielder might be needed behind the plate and a multi-position pitcher might be used as a utility player.

"Right now I feel really good about

putting people in different positions," Cognigni said. "So understanding and being able to put them all in different spots so far has been really great."

In order to have the position switches be effective, communicating and a positive mentality is key. A new coach does not always know where everyone

"Having flexibility and coming on and off the field cheering on your team has been really helpful," Zemmer said. "I think it is huge having personal relationships with your teammates. I think this is a great team. They all seem like they have a lot of heart, so I think we can go really far this year."

In addition to all the work leading up to the season and the Horizon League Tournament, Cognigni wants the team to have fun.

"I am most excited to just go out and play with these guys and give it our all," Cognigni said. "We have a fun group, I don't know if they have always tapped into that fun. I am trying to get them to dance and laugh a little bit more."

The next fall double header will be home against Madonna University on Saturday, Sept. 30 at 12 p.m. and 2 p.m.

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The Drug-Free Schools Workplace Guide for Oakland University **Employees and Students**

https://www2.ed.gov/about/offices/list/oese/oshs/index.html

Oakland University (OU) is committed to providing an environment that is free from the misuse or unlawful possession, use, and abuse of: alcohol, drugs, and prescription drugs. To address these matters, OU is required by law to adopt and implement a program ("Program").

The Program addresses: campus standards of conduct, University sanctions, and legal consequences for violations of local, state, or federal law related to illicit drugs and alcohol, health risks, a description of applicable counseling, treatment, rehabilitation, or re-entry programs; and a biennial review of the program. Pursuant to the law, OU is issuing the statement set forth below.

DRUG & ALCOHOL COUNSELING, TREATMENT, AND REHABILITATION CONTACTS

NOTE: This is a partial list of substance abuse facilities. More programs and centers may be listed in local and other area telephone directories.

On-Campus

Graham Counseling Center (248) 370-3465 Graham Health Center Oakland University Rochester, MI 48309-4401

Local Facilities

AA of Oakland County (248) 332-3521 168 University Drive Pontiac, MI 48342

M.A.D.D. Oakland County

(248) 528-1745 625 E. Big Beaver, #200 Troy, MI 48083

Narcotics Anonymous

(248) 543-7200 726 Livernois St Ferndale, MI 48220

Oakland Family Services (877) 742-8264 (248) 858-7766

114 Orchard Lake Rd Pontiac, MI 48341

St. Joseph Mercy Hospital (248) 858-3000 44405 Woodward Ave. Pontiac, MI 48341

National Hotline Numbers & Assistance Groups

Alcoholics Anonymous (800) 252-6465

Food & Drug Administration (313) 393-8189 (Consumer Complaints)

M.A.D.D. (800) 438-6233

National Cocaine Hot Line (800) 378-4435

S.A.D.D. (508) 481-3568

Oakland County Health Office of Substance Abuse Services (OSAS)

(248) 858-5200 1200 N Telegraph, Bldg. 32 East Pontiac, MI 48341

If treatment for substance abuse is needed, please contact your insurance carrier to obtain proper instructions for seeking treatment. Students covered by University health insurance should contact the Graham Health Center staff for benefit coverage.

If you have questions about any of the issues addressed in the guide, please contact one of the following departments:

Faculty: Office of Academic Affairs (248) 370-2190 Students: Office of Dean of Students (248) 370-3352 Staff: Office of University Human Resources (248) 370-3480

STANDARDS OF CONDUCT:

The unlawful possession, use, or distribution, of illicit drugs and/or alcohol by students or employees and the misuse or abuse of prescription drugs in the workplace, on OU property or as part of a University activity is specifically prohibited by OU Ordinances and/or by state or federal law. The possession of a Michigan marijuana registry identification card does not exempt students or employees from this prohibition. The use and possession of marijuana remains illegal under federal law and, as a recipient of federal funds, Oakland University is subject to the Drug-Free Workplace Act of 1988 and the Drug-Free Schools and Communities Act Amendments of 1989, and could lose federal funding for any violations of these Acts, which require Oakland University to take measures to combat the use of drugs and alcohol. The OU Ordinances governing the use of alcohol and drugs are available in the Student Code of Conduct (www.oakland.edu/studentcodeofconduct) and University Administrative Policies and Procedures, Section # 600, Health and Safety. In addition, the misuse or abuse of prescription drugs is prohibited conduct.

UNIVERSITY SANCTIONS:

OU will impose sanctions for violations of this statement consistent with local, state, and federal law and with applicable collective bargaining agreements, employee handbooks, student handbooks, and University ordinances. Violations by faculty, staff, or students will result in disciplinary action up to and including termination of employment, expulsion, and referral for prosecution. The discipline imposed will depend upon the seriousness of the offense. In addition to, or in lieu of, discipline, violators may be required to complete an appropriate rehabilitation program. Additional information is available in the Student Code of Conduct (www.oakland.edu/studentcodeofconduct), Academic Human Resources, and University Human Resources (http://www.oakland.edu/uhr/).

LEGAL SANCTIONS:

There are legal sanctions under OU Ordinances, and under state and federal law, for the unlawful possession, use, or distribution of illicit drugs and alcohol. Any violation of an OU Ordinance is a misdemeanor punishable by a fine of not more than \$100 or by imprisonment for not more than 90 days or both. Violations under state and federal law may result in punishment for a misdemeanor or felony, depending on the nature of the crime, including fines, imprisonment, and loss of certain licenses and forfeiture of real and/ or personal property. Descriptions of the state and federal sanctions for illegal possession and distribution and, in some cases, use of a controlled substance are included in this guide. Sanctions may change from time to time

HEALTH RISKS:

The psychological and social consequences of illicit drug use and alcohol abuse can be devastating. This can lead to various health and other risks including feelings of depression or anxiety; diminished or impaired work or academic performance; absenteeism; poor decision making; poor morale; low self esteem; financial problems; conflicts with co-workers, classmates, families, friends and others. Loss of job, friends, divorce and the creation of a dysfunctional family system are common consequences of substance abuse. Additional risks include sexual assault or other unplanned sexual relationships; unwanted pregnancies; irreversible drug-induced psychotic state and/or delusions of omnipotence which trigger life-threatening behavior. Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and intellectual disabilities. In addition, research indicates that children of alcoholic parents are at greater risk than other youngsters of becoming alcoholics.

Additional information is available at Graham Counseling Center (http://www.oakland.edu/GHC.) Employees working on federal grants and contracts: As a condition of employment, all employees working on federal grants and contracts must abide by this statement. Such employees must notify their supervisor or department head of any criminal drug statute conviction occurring in the workplace no later than 5 days after the conviction. The supervisor or department head must then promptly report the violation to the Director of Sponsored Research.

EMPLOYEES WORKING ON FEDERAL GRANTS AND CONTRACTS:

As a condition of employment, all employees working on federal grants and contracts must abide by this statement. Such employees must notify their supervisor or department head of any criminal drug statute conviction occurring in the workplace no later than 5 days after the conviction. The supervisor or department heard must then promptly report the violation to the Director of Sponsored Research.